THE BENDER

COASTAL BEND INTERGROUP'S MONTHLY NEWSLETTER
3833 S. Staples Suite 212, Corpus Christi, Tx 78411
(361) 992-8911 or toll free (866) 672-7029





Happy Thanksgiving



Events & fliers (www.cbiaa.org)

Nov. 20th—22nd Annual Fall Campout Goose Island

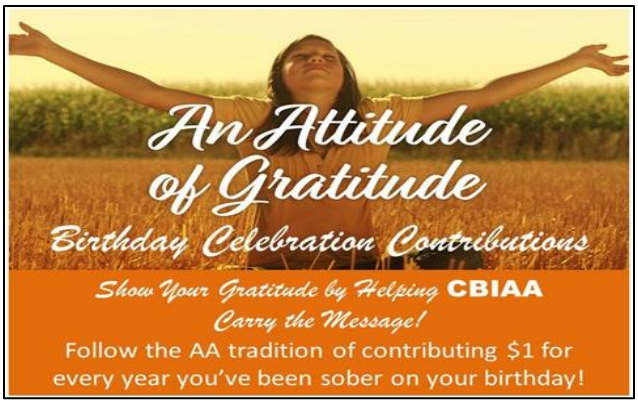
Nov 21st District 8D Workshop "Make your Home Group Strong" 11AM-1PM Alanos Club 1633 18th St

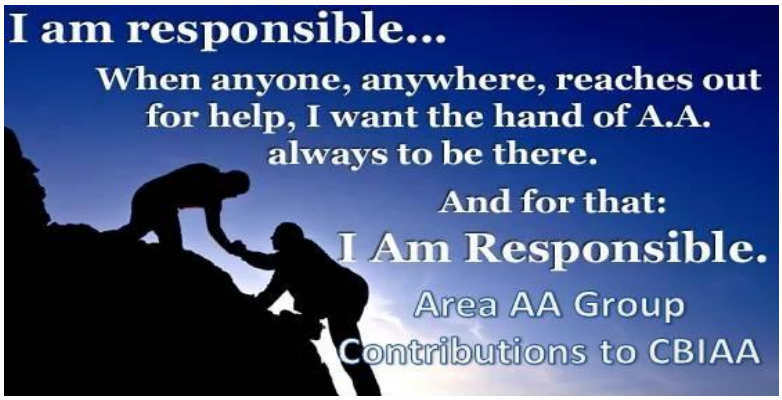
Alanos Group Thanksgiving Day Nov 26th 11am Meeting and Potluck Thanksgiving Lunch at Noon

Noon Meeting at New Phoenix Thanksgiving Potluck Lunch at 1PM

Achieving sobriety is just the beginning of the journey; **the real challenge lies in embracing a new, sober lifestyle and finding fulfillment without the crutch of alcohol.** AA members are encouraged to explore hobbies, develop healthy coping mechanisms, and surround themselves with a supportive network of sober friends and mentors.

*As **David**, a long-time AA member, reflects:* "At first, I was terrified of the idea of living a sober life. I had spent so many years using alcohol to cope with my problems, and the thought of facing them head-on was daunting. But as I immersed myself in the AA community and discovered new passions and interests, I realized that sobriety offered a level of clarity and purpose that I had never experienced before."





Celebrant	Sobriety Date	Home Group	Years Sober
Keith S.	11/4/2020	New Attitude Group	6
Loralei D.	11/6/1984	New Women's Group	42
Joanie J.	11/25/2015	San Antonio	11

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held on Monday, **Nov 9th, 2026,** at 6:00 PM on Zoom.

CBIA Quarterly Association Meeting will be held on Monday, **Dec 14th, 2026,** at 6:00 PM on Zoom. **Election of 4 New Trustees to serve 2027-2028**



"If you join alcoholics anonymous - do you have to drink under an assumed name?"

Contributions

GROUP NAME	OCT 2026	YTD 2026
Anonymous/Individual Contributions	134.50	5,135.42
Aransas Pass Group		31.00
CC - A Day of AA In CC		300.00
CC - 5th Tradition Group		181.00
CC - Alanos Group		500.00
CC - Bookmarks Group		300.00
CC -Broken Chains		
CC - Calallen Group		50.00
CC - Cullen Mall Group		100.50
CC - Flour Bluff Unity Group		278.00
CC- Grupo Nueva Esperanza		
CC- Grupo Serenidad		
CC - Happy Hour Group		549.67
CC - Hilltoppers Group		341.60
CC - Humility Group		
CC- Lucky Ones Group		
CC - New Attitude Group		97.68
CC - New Life Group	100.00	850.00
CC - New Phoenix Group	52.75	1803.16
New Phoenix Prom Night		3012.02
CC - New Women's Group	376.69	809.64
CC- No Longer Bound AA Group		
CC - Oso Group		
CC - Rule 62 Group		183.00
CC- Saratoga Group		200.00
CC - Sunset 7 Group (N Padre Island)		197.80
CC -Turning Point Face-2-Face Grp	66.82	141.82
CC - Weber Road Nooners Group	310.00	754.00
Goliad Open Arms Group	15.00	45.00
Hallettsville Group		158.25
Kingsville AL-K Group		150.00
Mathis Crossroads Group	25.00	250.00
Moulton Group		64.19
Harboring Hope Group (Port Lavaca)		
Port Aransas Group		.40
Portland Noon Meeting	226.25	477.25
Portland Nueces Bay Group		1000.00
Rivera-SASTO Group		402.00
Rockport Happy Hour Group		
Rockport Hope In Recovery Group		500.00
Rockport Fellowship Group		750.00
Hope Group (Schulenberg)		
Three Rivers Choke Canyon Group		
Victoria Back to Basics Group	57.75	381.64
Victoria For Sinners Only Group		125.00
Victoria Golden Slippers Group		
Victoria High Nooners Group	200.00	400.00
Victoria Main Stream Group		300.00
Victoria Unity Group		113.90
Victoria Women's Group		
TOTAL	$1,564.76	$20,933.94



Helpline Volunteers Needed!

- **"CBIA Helpline".** The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup calls when the office is closed weeknights (5 PM to 7:45 AM) and on weekend nights or holidays (8 AM to 8 AM) **This is a once-per-month commitment**. A minimum of 3 months' sobriety is required to answer calls after office hours. **If you are available to do this vital volunteer work, please contact CBIA as soon as possible to add your name.**
- **Calls taken during the month of Aug by volunteers:**
  - **18 -Calls for Meeting Information**
  - **01 -Twelve Step Calls**
  - **0 - Office Referral/Other Calls**
- **12 Step List**

If a caller needs help beyond meeting information, the helpline volunteer passes them to someone on the **12-Step List** for a longer conversation on how to get sober and stay sober. A minimum of two years' sobriety is required to be on the 12 Step List. If interested, please call Terry or Rita at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday through Friday.

- **District 8D Corrections Committee** could use your help to carry the AA message to the incarcerated alcoholic. There are 12 Step opportunities at the Nueces County Jail, McKinzie Jail Annex, SATF, and TDCJ State Prisons. ***(Volunteers must pass a background check.)*** You can also consider becoming an AA contact for newly released alcoholics; both men and women are needed for that. Please donate your used Grapevines to the collection box located at New Phoenix Group or CBIA. If you don't have any old issues, back issues can be purchased directly from Grapevine or monetary contributions to the Corrections Committee are also helpful! To volunteer or more information contact Keith S. (361) 226-9343 or Karen S. (362) 980-7412

- **Jamboree Committee** will start meeting again in July. Next meeting is Nov 14th at 9:00am at New Phoenix Group.

Other Opportunities….. **Local Stories Wanted for the Coastal BENDER-** Consider writing a short recovery story of an event in your sobriety for publication in this newsletter. Submit your short article to cbia@grandecom.net in a Word document or similar format.

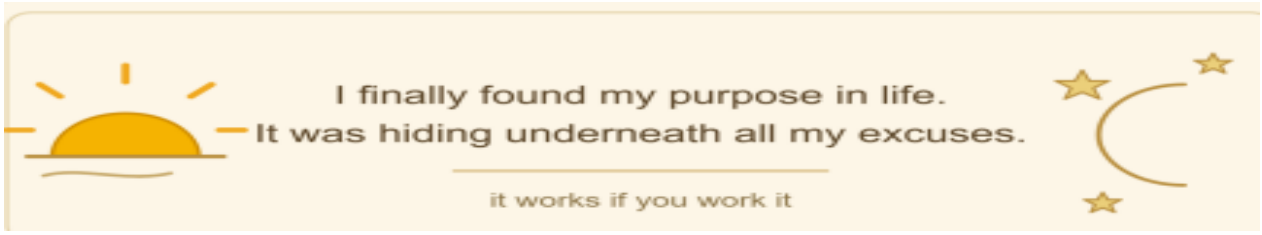
New Meetings & Group Announcements

November		
Alanos Group		
Friday Night Speakers	Date	Name
	11/6/2026	Birthday Night
	11/13/2026	Diana R.
	11/20/2026	Heather D.
	11/27/2026	Jeff P.

November		
New Phoenix		
Saturday Night Speakers	Date	Name
	11/7/2026	Birthday Night
	11/14/2026	Michael B.
	11/21/2026	Earnest L.
	11/28/2026	Tammy B.

****New time for Alanos Friday Night Speaker Meeting -7PM**

Happy Hour Group in Corpus Christi is no longer meeting at First Baptist Church (3115 Ocean Dr) on Wednesdays at 5:30 PM





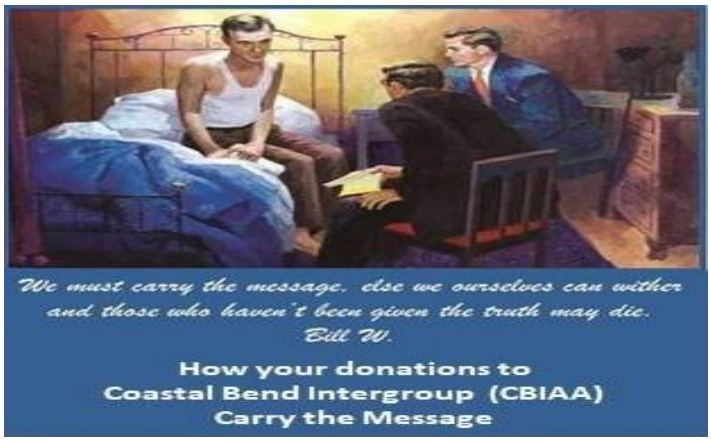
Memorial Donations may be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meetings is not required as long as they died sober. Please indicate their Home Group or City and the date of their death.

Suggested donation of $1 per year of sobriety like the birthday contributions or a minimum of $5.

Donations for this or any reason can be made by PayPal or Cash App under the Contribute option on our website (www.cbiaa.org); or by check to CBIA @ 3833 S Staples Suite S-212 Corpus Christi, TX 78411.

Coastal Bend Intergroup Association Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to… Establish a 24-hour helpline; maintain & print meeting schedules; maintain a 12-Step list whereby AA groups and individuals are able to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.



- **CBIA PHONE NUMBER- (361) 992-8911** Calls are answered by staff during business hours Monday-Friday and by helpline volunteers at lunch, after-hours and on weekends and holidays.

Office will be closed Thurs. and Fri. Nov. 26th and 27th

- **CBIA OFFICE HOURS *(except on Holidays)***
- **Monday-Friday**
- **8:30am–11:30am & 2:00pm–5:00pm**
- If you would like, call ahead with your order, we can have it ready for pick up. If we are out of stock, we can let you know.

CBIA HOLIDAYS

January	New Year's Day	September	Labor Day
May	Memorial Day	November	Thanksgiving 2 days
July	Independence Day	December	Christmas Day

Coastal Bend Intergroup Board of Trustees-4 new Trustees will be voted on Dec. 14th at the Quarterly Board meeting. If you would like to serve from Jan 2027-Dec 2028, please fill out the form and email it to cbia@grandecom.net

Election (Voting): Monday, December 14, 2026 at the Quarterly Meeting on Zoom:
ID: 256 935 0823 / Passcode: DecBdMtg
The meeting starts at 6:00PM
You must be present to be elected.

Term to Serve: January 2027 – December 2028

All Board of Trustee meetings are held the 2nd Monday of each month @ 6:00PM and Quarterly on the last Monday of the month (Jan, Apr, July, Oct) for that Quarter at 6:00PM on Zoom.
This is an excellent opportunity to give back to the AA community by serving on the board that manages the Coastal Bend Intergroup Association as trusted servants. If interested, fill in the form below which describes the qualifications for the position.

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CBIA Board of Trustee Nomination Information (*Please print.*)

Name: _____ Phone: (_____) _____

Address: _____ City: _____ Zip: _____

E Mail: _____

Home Group: _____ Sobriety Date: _____

Must be willing to attend monthly meetings, not missing without a valid excuse.

Brief History of Your AA Service Work

Please circle Yes or No. A "Yes" to questions 2-5 may disqualify you from consideration.

1. Do you have at least two (2) years of continuous sobriety? Yes No
2. Are you an employee or member of a governing board or agency licensed for the treatment of alcoholism or other addictive disorder; and/or have you served in education concerning such disorders? Yes No
3. Are you a member of an advisory board of any such agency described in question 2? Yes No
4. Are you a former trustee of the CBIA Board of Trustees? Yes No
5. Is there another member from your home group on the CBIA Board of Trustees? Yes No

Holiday News

- CBIA Halloween Party was a huge success. Over 100 tickets sold.
  Dinner, dancing, cake walk, costume contest with prizes and bragging rights.
  Wonderful door prizes were given out.

A Big Thank You to the Committee for doing a great job, thanks to all who attended and wearing all the wonderful costumes, it was good to see so many!

- Hilltoppers Candlelight Meeting and Dinner
  Friday Nov. 20th Dinner @6:00PM-Meeting @7PM
  See flier to RSVP

- No Noon meeting- Nov. 26th and 27th
  Hilltoppers Group @ First United Methodist Church (church is closed)

- CBIA office is closed Nov. 26th and 27th

- Thanksgiving Thursday

Weber Nooners: 10am Meeting (no Noon Meeting)

New Phoenix Group is having an "Alcathon" Nov 26th Thursday 12am-12am Friday (volunteers needed)

Thursday Noon meeting -followed with a Thanksgiving Potluck! (meat provided)

The Alanos Group on Nov. 26th Meeting at 11am followed with a Thanksgiving Potluck (turkey and dressing provided)