



THE BENDER

COASTAL BEND INTERGROUP'S MONTHLY NEWSLETTER

3833 S. Staples Suite 212, Corpus Christi, Tx 78411

(361) 992-8911 or toll free (866) 672-7029



*Things My Sponsor
Told Me*



Sponsor: Come and
get in the middle of
AA, we will love you
until you can love
yourself!

Finding Strength in the Twelve Steps



Events & other info

(www.cbiaa.org)

Oct. 16th-18th

SWTA 68 Fall
Assembly
Seguin, TX

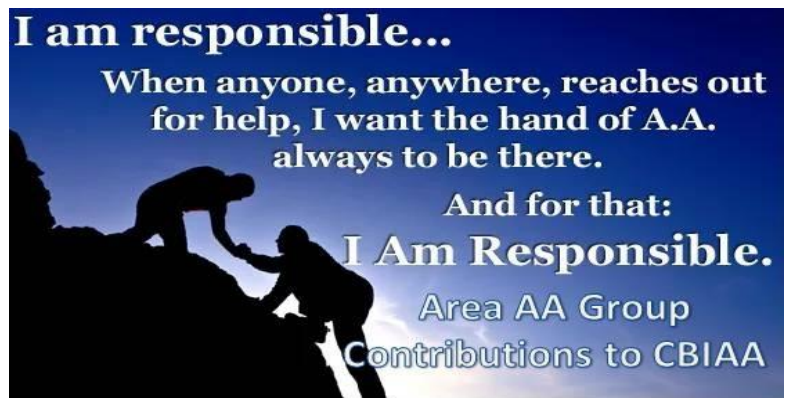
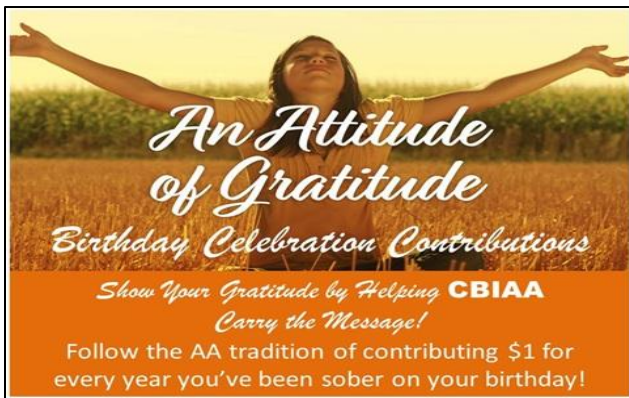
Oct 24th, 2026

Rockport Picnic
1pm-5pm
Memorial Park
Rockport, TX
&

CBIA Halloween
Dinner & Dance
3401 Santa Fe
5PM-9PM
\$10
Kids are Free

The Twelve Steps of Alcoholics Anonymous are often described as the foundation of the program, providing a roadmap for individuals to navigate the complexities of addiction and recovery. These steps are not merely a set of instructions but a deeply personal journey of self-discovery and transformation.

For many AA members, the *Fourth Step* – taking a searching and fearless moral inventory of oneself – is a pivotal moment in their recovery. As John, a long-time AA participant, explains, "The Fourth Step forced me to confront the root causes of my alcoholism, the resentments and character defects that had been holding me back. It was a difficult process, but it ultimately allowed me to let go of the past and focus on building a healthier future."



Celebrant	Sobriety Date	Home Group	Years Sober
Dave D.	10/4/1985	Rockport Fellowship	41
Brandelyn M.	10/9/2009	New Phoenix Group	17
Patrick R.	10/9/2009	New Phoenix Group	17
Harold B.	10/18/2007	Weber Group	19
Tim R.	10/21/2011	New Phoenix Group	15
Kruger D.	10/23/2009	New Phoenix Group	17
Debbie B.	10/31/2000	Weber Group	26

Contributions

GROUP NAME	Sept 2026	YTD 2026
Anonymous/Individual Contributions	77.50	5,000.92
Aransas Pass Group		31.00
CC - A Day of AA In CC		300.00
CC - 5 th Tradition Group		181.00
CC - Alanos Group		500.00
CC - Bookmarks Group		300.00
CC - Broken Chains		
CC - Calallen Group		50.00
CC - Cullen Mall Group		100.50
CC - Flour Bluff Unity Group	15.00	278.00
CC- Grupo Nueva Esperanza		
CC- Grupo Serenidad		
CC - Happy Hour Group	549.67	549.67
CC - Hilltoppers Group		341.60
CC - Humility Group		
CC- Lucky Ones Group		
CC - New Attitude Group	97.68	97.68
CC - New Life Group	100.00	750.00
CC - New Phoenix Group	49.38	1750.41
New Phoenix Prom Night		3012.02
CC - New Women's Group		432.95
CC- No Longer Bound AA Group		
CC - Oso Group		
CC - Rule 62 Group	183.00	183.00
CC- Saratoga Group		200.00
CC - Sunset 7 Group (N Padre Island)		197.80
CC - Turning Point Face-2-Face Grp		75.00
CC - Weber Road Nooners Group		444.00
Goliad Open Arms Group		30.00
Hallettsville Group		158.25
Kingsville AL-K Group		150.00
Mathis Crossroads Group	25.00	225.00
Moulton Group		64.19
Harboring Hope Group (Port Lavaca)		
Port Aransas Group		.40
Portland Noon Meeting		251.00
Portland Nueces Bay Group		1000.00
Rivera-SASTO Group		402.00
Rockport Happy Hour Group		
Rockport Hope In Recovery Group		500.00
Rockport Fellowship Group		750.00
Hope Group (Schulenberg)		
Three Rivers Choke Canyon Group		
Victoria Back to Basics Group		323.89
Victoria For Sinners Only Group		125.00
Victoria Golden Slippers Group		
Victoria High Nooners Group		200.00
Victoria Main Stream Group	100.00	300.00
Victoria Unity Group		113.90
Victoria Women's Group		
TOTAL	\$1,197.23	\$19,369.18

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held on Monday, Oct 12th, 2026, at 6:00 PM on Zoom.

CBIA Quarterly Association Meeting will be held on Monday, Oct 26th, 2026, at 6:00 PM on Zoom.
Election of 4 New Trustees to serve 2027-2028



"It only takes one drink to get me drunk, but I can't remember if it's the eighth or the ninth."



Helpline Volunteers Needed!

- **"CBIA Helpline"**. The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup calls when the office is closed weeknights (5 PM to 7:45 AM) and on weekend nights or holidays (8 AM to 8 AM) **This is a once-per-month commitment**. A minimum of 3 months' sobriety is required to answer calls after office hours. **If you are available to do this vital volunteer work, please contact CBIA as soon as possible to add your name.**
- **Calls taken during the month of Aug by volunteers:**
 - 25- Calls for Meeting Information**
 - 01- Twelve Step Calls**
 - 02- Office Referral/Other Calls**
- **12 Step List**

If a caller needs help beyond meeting information, the helpline volunteer passes them to someone on the **12-Step List** for a longer conversation on how to get sober and stay sober. A minimum of two years' sobriety is required to be on the 12 Step List. If interested, please call Terry or Rita at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday through Friday.

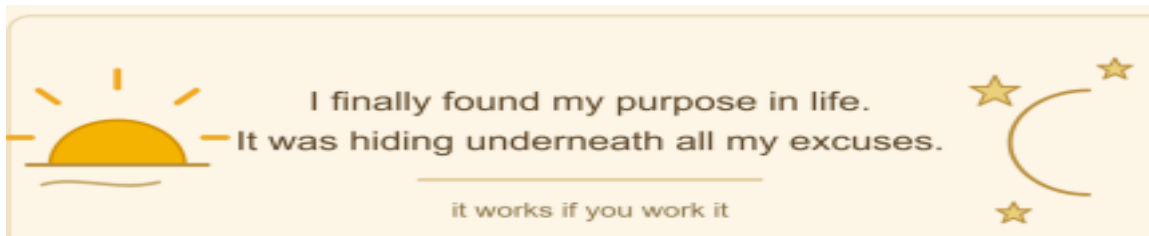
- **District 8D Corrections Committee** could use your help to carry the AA message to the incarcerated alcoholic. There are 12 Step opportunities at the Nueces County Jail, McKinzie Jail Annex, SATF, and TDCJ State Prisons. **(Volunteers must pass a background check.)** You can also consider becoming an AA contact for newly released alcoholics; both men and women are needed for that. Please donate your used Grapevines to the collection box located at New Phoenix Group or CBIA. If you don't have any old issues, back issues can be purchased directly from Grapevine or monetary contributions to the Corrections Committee are also helpful! To volunteer or more information contact Keith S. (361) 226-9343 or Karen S. (362) 980-7412
- **Jamboree Committee** will start meeting again in July. Next meeting is Sept 12th at 9:00am at New Phoenix Group.

Other Opportunities..... Local Stories Wanted for the Coastal BENDER- Consider writing a short recovery story of an event in your sobriety for publication in this newsletter. Submit your short article to cbia@grandecom.net in a Word document or similar format.

New Meetings & Group Announcements

October			New Phoenix		
Alanos Group			Saturday Night Speakers	Date	Name
Friday Night Speakers	Date	Name			
	10/2/2026	Birthday Night		10/3/2026	Birthday Night
	10/9/2026	Pat L		10/10/2026	Doug B.
	10/16/2026	Susan S		10/17/2026	Paul M.
	10/23/2026	Robert W (Houston)		10/24/2026	Open Meeting
	10/30/2026	Liz L		10/31/2026	Arnie W.

Happy Hour Group in Corpus Christi is no longer meeting at First Baptist Church (3115 Ocean Dr) on Wednesdays at 5:30 PM



Gregg W

New Phoenix Group

9/14/2026

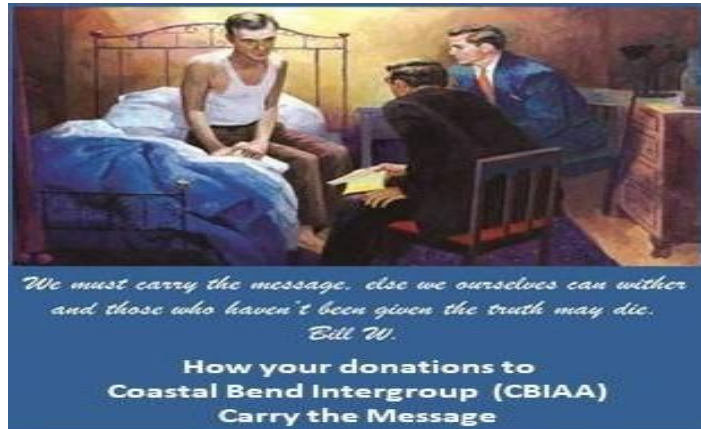
Memorial Donations may be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meetings is not required as long as they died sober. Please indicate their Home Group or City and the date of their death.

Suggested donation of \$1 per year of sobriety like the birthday contributions or a minimum of \$5.

Donations for this or any reason can be made by PayPal or Cash App under the Contribute option on our website (www.cbiaa.org); or by check to CBIA @ 3833 S Staples Suite S-212 Corpus Christi, TX 78411.

Coastal Bend Intergroup Association Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to... Establish a 24-hour helpline; maintain & print meeting schedules; maintain a 12-Step list whereby AA groups and individuals are able to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.



- **CBIA PHONE NUMBER- (361) 992-8911** Calls are answered by staff during business hours Monday-Friday and by helpline volunteers at lunch, after-hours and on weekends and holidays.
- **CBIA OFFICE HOURS (*except on Holidays*)**
- **Monday-Friday**
- **8:30am–11:30am & 2:00pm–5:00pm**
- If you would like, call ahead with your order, we can have it ready for pick up. If we are out of stock, we can let you know.
- at that time.

CBIA HOLIDAYS

January	New Year's Day	September	Labor Day
May	Memorial Day	November	Thanksgiving 2 days
July	Independence Day	December	Christmas Day

Coastal Bend Intergroup Board of Trustees-4 new Trustees will be voted on Oct 26th at the Quarterly Board meeting. If you would like to serve from Jan 2027-Dec 2028, please fill out the form and email it to cbia@grandecom.net

Election (Voting): Monday, October 26, 2026, at the Quarterly Meeting on Zoom
(ID: 256 935 0823, Passcode: OctBdMtg)
The meeting starts at 6:00PM
You must be present to be elected.

Term to Serve: January 2027 – December 2028

All Board of Trustee meetings are held the 2nd Monday of each month @ 6:00PM and Quarterly on the last Monday of the month (Jan, Apr, July, Oct) for that Quarter at 6:00PM on Zoom.
This is an excellent opportunity to give back to the AA community by serving on the board that manages the Coastal Bend Intergroup Association as trusted servants. If interested, fill in the form below which describes the qualifications for the position.

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CBIA Board of Trustee Nomination Information (Please print.)

Name: _____ Phone: (_____) _____

Address: _____ City: _____ Zip: _____

E Mail: _____

Home Group: _____ Sobriety Date: _____

Must be willing to attend monthly meetings, not missing without a valid excuse.

Brief History of Your AA Service Work (Please circle Yes or No.)

A "Yes" to questions 2-6 may disqualify you from consideration.

- | | | |
|--|-----|----|
| 1. Do you have at least two (2) years of continuous sobriety? | Yes | No |
| 2. Are you an employee or member of a governing board or agency licensed for the treatment of alcoholism or other addictive disorder; and/or have you served in education concerning such disorders? | Yes | No |
| 3. Are you a member of an advisory board of any such agency described in question 2? | Yes | No |
| 4. Are you a former trustee of the CBIA Board of Trustees? | Yes | No |
| 5. Is there another member from your home group on the CBIA Board of Trustees? | Yes | No |

Submit this form to: CBIA Nominating Committee, 3833 S. Staples, Ste S-212, Corpus Christi, TX 78411
or email to cbia@grandecom.net.

Jamboree News

The Fellowship of the Spirit Has a New Home — Welcome to CoastalBendJamboree.com

For 73 years, the South Texas Coastal Bend Jamboree has been a beacon of unity, healing, and service — a place where a message of hope is spoken in new ways, where friendships are formed across groups and cities, and where the strength of our shared commitment to sobriety reminds every one of us that we do not walk this road alone.

Today, we're thrilled to share something new that will help carry that message further than ever: **the Jamboree has an official website of its own — coastalbendjamboree.com.**

One place for everything Jamboree

The laughter, the dancing, the heartfelt stories — those moments live in the room with us. But getting *to* the room shouldn't be complicated. The new site puts everything you need in one place:

- **Register** for the Jamboree in just a few minutes
- Learn more **about the event** and this year's theme, *The Fellowship of the Spirit*
- Reserve your **hotel room** at our special group rate
- **Explore Corpus Christi** — where to eat, what to see, how to make a weekend of it
- **Get in touch** with the committee, and stay current through our **blog**

Whether you're an old-timer who's been coming for decades or a newcomer joining us for the very first time, this is your front door.

Mark your calendar — The Fellowship of the Spirit

When February 5–7, 2027
Where Omni Bayfront Hotel · 900 N. Shoreline Blvd, Corpus Christi, TX
Hotel Rate \$140/night (normally \$200+) — Group Code **011827COASTALBE** · reserve at bit.ly/CBJamboree
Tickets \$35 pre-sale — register at coastalbendjamboree.com
Questions (361) 992-8911 · coastalbendintergroup@gmail.com