

# THE BENDER

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 [www.cbiaa.org](http://www.cbiaa.org)



## SWTA 68 Winter Workshop

January 9th-11th 2026

“We Are Responsible”

Del Rio, TX

(See flier for more information.)

## 79th Tyler Anniversary

Hilton Garden Inn at 220 E Grande in Tyler, TX

January 9th-11th 2026

“We will know peace”

(See flier for more information.)

## 72nd Coastal Bend Jamboree

Jan. 23rd-25th

Omni Hotel 900 N. Shoreline, Corpus Christi, TX

register online and book your hotel room

[CoastalBendJamboree](http://CoastalBendJamboree) | Coastal Bend Intergroup Association

## **How Attending the 72nd Annual Coastal Bend Jamboree is Empowering Alcoholics Through Community, Learning, and Lasting Change, by Nathan K.**

For over 71 years, attending the Coastal Bend Jamboree has been more than just an event—it's a life-changing opportunity for alcoholics seeking enrichment. The Jamboree can serve as a catalyst for profound personal growth, igniting hope, fostering healing, and propelling individuals toward lasting sobriety. In this supportive environment, attendees open themselves up to powerful change through shared experiences and collective wisdom.

Alcoholism can feel isolating and overwhelming for many, but this event offers a beacon of hope and connection. These gatherings foster genuine support, compassion, and empowerment in a non-judgmental space where stories of struggle and success are shared. The resulting sense of unity empowers alcoholics to move forward with confidence, knowing they are part of a larger movement toward healing.

### **Personal Growth and Lasting Change**

AA events like the Coastal Bend Jamboree are fertile grounds for personal transformation. Exposure to diverse perspectives and recovery strategies spark new ideas and re-energizes participants. This culture of continual learning and open exchange helps individuals break free from limiting beliefs and discovering fresh approaches to overcoming addiction. The insights and practical tools gained during these conventions become essential to the ongoing journey, deepening resilience and adaptability.

### **Fueling Transformation Together**

The true power of The Coastal Bend Jamboree lies in the ability to inspire sustained motivation and collective accountability. Attendees are reminded that they are not alone—everyone's commitment to change is supported and understood by others who have lived similar experiences.

Please register today! Share this article with ALL your AA friends and help make the 72ND Coastal Bend Jamboree the best one yet! REGISTER @

<https://www.cbiaa.org/jamboree/>

## He Had to Learn the 1<sup>st</sup> Step

I was lucky to be steered into AA by a friend. I was sure I didn't need it, but he talked me into it saying things like, "Well, of course, you're much smarter than those people in AA, but you never know, you might pick up a few tips about controlling your drinking." If he had told me that the only benefit, I'd get from AA would only come if I stopped drinking, I would never have gone.

But I did go and I was fascinated. Here were all these people who were talking about and laughing about all the things I spent every waking moment trying to hide. They laughed about getting the shakes, about having to hide the grog and having to lie all the time. They told funny stories about stealing money, drinking out of half-empty beer cans with cigarette butts in them and the difficulties of getting rid of all the empties. I had no idea other people experienced these things. I thought it was only me.

I didn't get sober from my first meeting. It took me well over a year. At first, I was a boundary rider. I came in after the meetings started and left the moment they ended. If I mistimed things and got stuck talking to people, I made sure it was only to people who were sober for a week or two. Talking to someone with years of sobriety seemed too humiliating.

But slowly I came out of my shell. I overcame my fear of joining a group and even of asking a guy to be my sponsor. That was very hard to do. I was sure he wouldn't want to be involved with a guy like me. I even rehearsed what to say when he knocked me back: "Yeah, well, I didn't really want you as a sponsor. I just wanted to see what you'd say." Finally, I plucked up the courage to ask and he said sure, he'd be happy to sponsor me.

So, there I was, I had a sponsor, I was getting to lots of meetings, I belonged to a group, I phoned other members and read lots of literature – but I still couldn't get sober. The longest I could go for was a week or two. I could be sitting at a meeting listening carefully, being a good little AA member, and then the thought would pop into my head: "Mike and Carol are coming for dinner on Friday night...what the hell, I'll have a drink – just to be sociable. Just the one night...it can't do any harm. Just one night off from being good."

Of course, I'd still be drinking on Sunday night vaguely aware of how stupid I had been. Then on Monday morning I'd phone my sponsor, wincing from the expectation that he'd finally lose patience with me and hang up in my ear. But he never did. He'd just patiently say, "We find that people who keep busting like this haven't taken that First Step."

Geez, he was like a parrot about that First Step. Of course I did it. It was perfectly straightforward. It was only twelve simple words. How stupid would you have to be to not understand it? I even went round explaining it to people who are new to AA who had less time in AA than I did. I didn't realize then that there could be a whole different level of

understanding that would release me from my obsession with alcohol. And then one day I was sitting in a group session run by a psychologist at a detox center. I said something along the lines of, "When it comes to alcohol, I'm hopelessly weak." But the psychologist corrected me. "No," he said, "you're not weak when it comes to alcohol – you're incredibly strong. When you want a drink, nothing gets in your way, not your wife, not your kids, not your job, not even lack of money. When you want a drink, you get one, no matter what."

That hit me like a bolt from the blue. It was true. My desire for a drink was an irresistible force. It satisfied something deep inside me. I wasn't weak when it came to alcohol, only when it came to not having alcohol. Alcohol was so important to me I really had no sincere desire to go without it. How could I have not seen this before? How could I have missed such an obvious fact? The next day the group met again, and the psychologist started talking about how alcoholics can't use willpower to overcome their alcoholism. He said alkie are like marathon runners. When a marathon runner is near the end of the race every nerve in his body is screaming out to stop. But willpower (which actually is just the ability to concentrate) can keep him going by focusing on the finishing line. Alkies can do the same – for a while at least. When every nerve in their body is screaming out for a drink, they can concentrate on the need to stay sober. But marathon runners can't run forever. Eventually their concentration falters and they collapse in a heap.

This psychologist said to me that it's the same with alcoholics. The moment they lose concentration the ever-present, deep-seated will to drink is ready to do its work. Suddenly, I could see this was true. I couldn't stop myself drinking. That's what powerless means. It didn't matter how many promises I made; how hard I gritted my teeth or clenched my fists. I couldn't do it. Simple as that. It had me beaten. The First Step had finally got through to me. I realized it was true at a whole new level of understanding.

That was 28 years ago and the obsession with alcohol hasn't come back in all that time. There have been a few times when I felt like a drink and two occasions when I felt quite strongly that I wanted a drink, but the desire lasted only a minute or so and then faded away. I haven't had any desire to drink at all in the last ten or twelve years. There is lots of beer and wine in my refrigerator at home for friends and relatives. There is lots of liquor at work for clients. None of it holds any attraction for me. They're like my wife's cosmetics – they barely register in my awareness because they don't have any interest for me.

The psychologist could see that the First Step had hit me, that I had had a sudden and deep realization. "So," he said, "what are you going to do now?"

"Well," I said, "umm...well, I'll....err..." I was stumped. I didn't know what to do. What could I do? If I was powerless there was nothing I could do was there?

"It's actually pretty simple," he said, "You just do the next eleven Steps. There is no way you can change yourself directly at the deep level that's needed. All you can do is follow a program and let it bring about the changes in you."

So that's what I've done ever since. If there is a Steps Olympics, I'm afraid I won't be winning any gold medals. I have made many, many mistakes. I have misunderstood just about everything about them at one time or another. Even now I have gotten new understandings about the Steps that show me again how I had gotten it wrong before. I have tried to intellectualize the Steps, and I have been lazy and inconsistent in doing them. But that's okay. They still work on me. They still bring about changes.

I've been sober 28 years and I still go to Steps meetings and learn about them – even from people who are new in the program. Often people who are new to AA have fresh insights that add to my understanding. Most of all it's a matter of practicing. No one expects you to be a perfect tennis player the first time you pick up a racquet. You must practice. You must make thousands of mistakes but year after year, you get closer to Wimbledon – provided you keep at it. I have found it's the same with the Steps. It seems you

can't just do them once and forget them. It's a constant process. The moment you stop doing them, you stop getting the benefits.

And the benefits have been many. I was a sad, frightened, lonely miserable person. My life was going down the toilet. I was a hopeless father and husband, totally irresponsible with money, an unreliable worker and a worthless friend. I stayed at home as much as I could or skulked around the streets worried about whom I might run into and what lies I would need to tell them. My whole life had turned into a lie because I was so ashamed of everything about myself.

Slowly, the Steps did their work on me. I fell in love with my wife and children again. I began earning money and even created a successful business. People could rely on me. I turned up on time and stopped running away from problems and discomforts. I turned and faced the world and did the things that were needed. I used to hate the idea of stopping drinking because it seemed all the fun in life would disappear. But it was the misery that disappeared. Laughter, fun and joy came back into my life. I enjoyed the thrill of doing scary things stone-cold sober. I experienced the contentment that I belong in the world and I'm a valued person who brings value to others.

anonymous



## February 1st Literature Price Increase from GSO

See the attached letter with the information from GSO.

## CBIA Hours



**CBIA PHONE NUMBER- (361) 992-8911** Calls are answered by staff during business hours Monday-Friday and by helpline volunteers at lunch, after-hours and on weekends and holidays.

### **CBIA OFFICE HOURS (*except on Holidays*)**

We will continue to work 30-hour weeks during 2025 to keep costs down.

**Monday-Friday**  
**8:30am–11:30am & 2:00pm–5:00pm**

If you would like, you can call ahead with your order, we can have it ready to pick up.  
If we are out of stock, we can let you know at that time.

## CBIA HOLIDAYS

**January**

**New Year's Day**

**May**

**Memorial Day**

**July**

**Independence Day**

**September**

**November**

**December**

**Labor Day**

**Thanksgiving- 2 days**

**Christmas Day**

# Minutes

## CBIA BOARD OF TRUSTEE MEETING

### Nov 11th, 2025

- I.** Carol opened at 6:05PM with **Moment of Silence** followed by **Serenity Prayer**
  - Brian read **CBIA Mission Statement**
  - Dave read **General Warranties**
  - Carolyn read **12 Traditions**
- II.** **ATTENDANCE:** Carol D. (Chair), Jim S. (Vice Chair) not present, Billy E., John K. (not present), Carolyn C., Dave W., Brain R., Rita S. (Office Manager) and Terry M. (Assistant Manager)
- III.** **Minutes and Financials:**

#### Oct Treasurer Report:

Balance Sheet	Total Funds	Profit & Loss		
		Oct 2025		
Petty Cash	\$50.00	Contributions	\$1,767.39	Group & Individual
Checking	\$6,231.08	Gross Sales	\$577.56	COGS (\$1671.03-1093.47)
Prudent Reserve	\$12,661.58	Social Event	\$420.00	(Halloween Donation)
Jamboree Account	\$3,265.71			
<b>Total Funds</b>	<b>\$22,208.37</b>	<b>Gross Profit</b>	<b>\$2,653.85</b>	
		<b>Total Expenses</b>	<b>\$5,921.19</b>	
<b>YTD-Oct 2025</b>		<b>Oct Net income</b>	<b>- \$3267.34</b>	
Contributions	\$17,761.24			
Jamboree	\$8197.00			
Sales Profit	\$2,606.33			
Social Events	\$3720.00			
<b>Total</b>	<b>\$29,750.35</b>			
<b>YTD Expenses</b>	<b>\$35,310.81</b>			
<b>YTD Net Income</b>	<b>-\$2,898.91</b>			

Billy motioned to Accept minutes as corrected. Brian Seconded. Approved  
 Carolyn motioned to Accept financials. Dave Seconded. Approved

- IV. SERVICE AREAS:**
  - **12th Step:** -Dave W. stated all is going well, sorry he won't be here for the Workshop in December to do the 12 Step Skit again.
  - **Archives:** John K-not present
  - **Jamboree:** Rita mentioned the committee did raise the price of tickets online and at the door this year. Also, she emailed the flyer to Austin, San Antonio, Houston and Dallas for the Jamboree to be announced in those areas and in their newsletters. She also registered the information at BOX 459 at GSO to put in their publication that goes out across the country.
  - **Social:** Carolyn C. stated that she got the flyer for the Snack and Learn Workshop on Dec 6<sup>th</sup> and will be happy to help at that event.

- Coastal Bender: Jim S. (not present)
- Corrections/Treatment Facilities: Brian R. says everything with treatment and corrections is going well currently.
- Public Information/Cooperation with Professional Community: Carol D. has not spoken to Keith who is working on this committee for District 8D.
- Nominations: Nothing more this year.
- Bilingual: open

**V. OFFICE REPORT:** Rita reported that she moved the money to pay the IRS late penalty and sent the check on Oct 30<sup>th</sup>. The online tracking shows that it got to the front desk on Nov 8<sup>th</sup> but she has not gotten the return receipt yet.

**VI. OLD BUSINESS: NONE**

**VII. NEW BUSINESS: NONE**

**VIII. NEXT MEETING:**

- Next CBIA Board of Trustees meeting is Monday **Dec 8th**, 2025, at 6:00 PM on Zoom.
- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday **Jan 26th, 2025, on Zoom.**

**IX. Dave** moved to adjourn. **Carolyn** seconded. **Carol** closed the meeting with prayer at 6:24PM

Respectably Submitted,  
Rita Standish  
Office Manager



## Speaker Meeting Updates

## Alanos Group 1635 18<sup>th</sup> Street- “Friday” Night Speaker Meeting at 8PM

Doors open at 7:30pm for fellowship.

## **Jan 2nd- *Birthday Night (Potluck)***

**Jan 9th – Eskimo Dave (*New Phoenix Group*)**

Jan 16th – Rick C. (*New Phoenix Group*)

Jan 23rd – Round Robin Meeting

Jan 30th- Tim R. (*New Phoenix Group*)

## New Phoenix “Saturday” Night Speaker Meeting at 8PM

Jan 3rd - *Birthday Night*

Jan 10th = Eskimo Dave (*New Phoenix Group*)

Jan 16th = ESM

Jan 17th = **TBD**

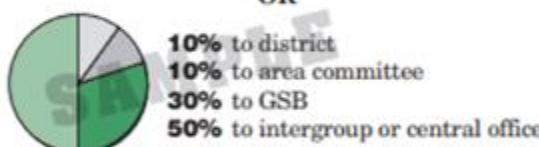
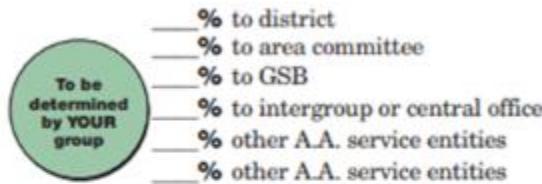
Jan 21st = Open

# AA Meetings on Zoom

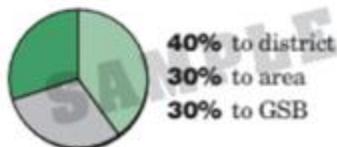
## CBIA Appreciates Ongoing Support

**Group Contributions :** CBIA would like to express their gratitude to the AA Groups that support us all during the year as it is our second biggest source of revenue. Some groups have asked how to make distributions. The pamphlet Where Money and Spiritually Mix is good to review before your group conscience decides. Here are some examples from the pamphlet:

**Samples of Group Contributions to A.A. Service Entities**



If you have no intergroup/central office:



**We are grateful that individual members of our community have made Individual contributions to the Coastal Bend Intergroup.** One way is to donate on the **Birthday Club** list by just sending in a donation or dropping it by the office. We are pleased with how many contributions are sent throughout the year and we will continue to hope for ongoing individual support through **2025**.

Where Are We Now?	Actual thru <u>Dec 2025</u>
Contributions	\$22,153.39
Jamboree	\$8,197.00
Gross Sales	\$12,169.23
Cost of Goods Sold	(-\$8,053.68)
Social Events	2,650.85
Refund	182.26
Interest	11.71
-----	-----
Gross Gain	\$37,299.05
Total Expenses	\$40,897.68
Net Gain	\$-3,586.92



## CBIA Birthday Club

**2026** Birthday Club is for members who wish to contribute to CBIA on their AA birthday: \$1 per year is suggested for each year of sobriety, but members may contribute as little or as much as they wish.

Donations can be made by:

- 1) PayPal under the Donate option on our website ([www.cbiaa.org](http://www.cbiaa.org))
- 2) Cash or check to CBIA @ 3833 S Staples Suite S-212, Corpus Christi, TX 78411

Please indicate your Home Group or City and Sobriety Date. Let us know if you do not want your birthday listed in the Bender.

NAME	HOME GROUP	SINCE	YEARS IN 2026
Gail B.	Victoria Golden Slippers Grp	01/01/2011	15 Years
Terry K.	CC Sunset 7 Group	01/01/2000	26 Years
Sheila S.	CC New Phoenix Group	01/07/2007	19 Years
Charlie B.	Victoria Golden Slippers Grp	01/09/2006	20 Years
Ladara C.	CC New Phoenix Group	01/09/1995	31 Years
Ceil Mc K.	CC Hilltoppers Group	01/10/1982	44 Years
Sandra E.	CC Weber Rd Nooners Group	01/20/2011	15 Years
Pat L.	CC Hilltoppers Group	01/20/2001	25 Years
Rae T.	CC Happy Hour Group	01/23/2006	20 Years
Ernest J.	CC Flour Bluff Unity Group	02/15/2004	22 Years
Rob M.	CC Zoom Turning Point Group	02/24/1985	41 Years
Janeen H.	CC Turning Point Group	03/08/2017	9 Years
Chris N.	CC Oso Group	03/09/2009	17 Years
Rita S.	CC Oso Group	03/13/1977	49 Years
Mary C.	CC Turning Point Group	03/22/1992	34 Years
Bruce R.	CC New Phoenix Group	03/27/1985	41 Years
Phyllis H.	Portland Noon Meeting	04/01/2004	22 Years
Marlive F.	Corpus Christi	04/08/1987	39 Years
Kelly K.	Corpus Christi	04/18/1986	40 Years
Lisa D.	Austin, TX (18 <sup>th</sup> St )	04/21/1987	39 Years
Fred C.	New Phoenix Group	05/13/1987	39 Years
Carol D.	CC Happy Hour Group	05/24/2016	10 Years
Mary H.	CC Happy Hour Group	05/24/1995	31 Years
Jackie C.	Pleasanton, TX	06/05/2014	12 Years
Gary L.	CC New Phoenix Group	06/07/2009	17 Years
James M.	Portland Nueces Bay Group	06/13/1993	33 Years

## 2026 CBIA Birthday Club (*Continued*)

NAME	HOME GROUP	SINCE	YEARS IN 2025
<a href="#">Terry M.</a>	CC New Women's Group	06/18/1992	<a href="#">34 Years</a>
<a href="#">Marie A.</a>	CC Alanos Group	06/21/1991	<a href="#">35 Years</a>
<a href="#">Robin P.</a>	CC Hilltoppers Group	06/22/1986	<a href="#">40 Years</a>
<a href="#">Annette C.</a>	Bookmarks Group	06/24/2012	<a href="#">14 Years</a>
<a href="#">Bill Drews</a>	Rockport Happy Hour Group	07/16/1981	<a href="#">45 Years</a>
<a href="#">Libby A.</a>	CC New Women's Group	07/12/1987	<a href="#">39 Years</a>
<a href="#">Tammy B.</a>	CC Weber Rd Nooners Group	08/11/1989	<a href="#">37 Years</a>
<a href="#">April K.</a>	Corpus Christi, TX	08/20/1984	<a href="#">42 Years</a>
<a href="#">Scott Mc G.</a>	CC Hilltoppers Group	08/22/2002	<a href="#">24 Years</a>
<a href="#">Pat E.</a>	CC New Women's Group	08/23/1987	<a href="#">39 Years</a>
<a href="#">Butch R.</a>	CC Weber Rd Nooners Group	08/26/2006	<a href="#">20 Years</a>
<a href="#">Mike Q.</a>	CC Weber Rd Nooners Group	08/28/2000	<a href="#">26 Years</a>
<a href="#">Fred B.</a>	Aransas Pass Group	09/01/2002	<a href="#">24 Years</a>
<a href="#">Hank S.</a>	CC Cullen Mall Group	09/07/1993	<a href="#">33 Years</a>
<a href="#">Barb C-S</a>	CC New Women's Group	09/09/1985	<a href="#">41 Years</a>
<a href="#">Valerie B.</a>	CC New Phoenix Group	09/13/2017	<a href="#">9 Years</a>
<a href="#">Heather D.</a>	CC Weber Rd Nooners Group	09/23/2009	<a href="#">17 Years</a>
<a href="#">Dave D.</a>	Rockport Fellowship Group	10/04/1985	<a href="#">41 Years</a>
<a href="#">Brandelyn M.</a>	CC New Phoenix Group	10/09/2009	<a href="#">17 Years</a>
<a href="#">Patrick R.</a>	CC New Phoenix Group	10/09/2009	<a href="#">17 Years</a>
<a href="#">Harold B.</a>	CC Weber Rd Nooners Group	10/18/2007	<a href="#">19 Years</a>
<a href="#">Tim R.</a>	CC New Phoenix Group	10/21/2011	<a href="#">15 Years</a>
<a href="#">Betsy H.</a>	CC Hilltopper's Group	10/22/2010	<a href="#">13 Years</a>
<a href="#">Kruger D.</a>	CC New Phoenix Group	10/23/2009	<a href="#">17 Years</a>
<a href="#">Eddie M.</a>	CC Weber Rd Nooners Group	10/28/2005	<a href="#">21 Years</a>
<a href="#">Debbie B.</a>	CC Weber Rd Nooners Group	10/31/2000	<a href="#">26 Years</a>
<a href="#">Loralei D.</a>	CC New Women's Group	11/06/1984	<a href="#">42 Years</a>
<a href="#">Joanie J.</a>	San Antonio, TX	11/28/2015	<a href="#">13 Years</a>
<a href="#">Larry H.</a>	Rockport Fellowship Group	12/04/1990	<a href="#">35 Years</a>
<a href="#">Jimmy M.</a>	Port Lavaca Group	12/14/1987	<a href="#">38 Years</a>
<a href="#">Joe Mc M.</a>	CC Hilltoppers Group	12/21/1980	<a href="#">45 Years</a>
<a href="#">Tony P.</a>	CC Hilltoppers Group	12/23/1978	<a href="#">47 Years</a>
<a href="#">Ron S.</a>	China, TX	12/24/2009	<a href="#">16 Years</a>
<a href="#">John K.</a>	CC Cullen Mall Group	12/25/1995	<a href="#">30 Years</a>
<a href="#">Lois H.</a>	CC New Women's Group	12/29/2007	<a href="#">17 Years</a>

## Memorial Contributions

Memorial Donations can be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meetings is not required as long as they died sober. Suggested donation of \$1 per year of sobriety or a minimum of \$5. They will be listed in each Bender from the month after the donation for a year.

Donations can be made by PayPal under the Donate option on our website ([www.cbiaa.org](http://www.cbiaa.org)); by Venmo to Coastal Bend Intergroup @ CoastalBend-Intergroup; or by check to CBIA @ 3833 S Staples Suite S-212, Corpus Christi, TX 78411.

Please indicate their Home Group or City and the date of their death.

Name	Home Group	Departed
Dan D.	Hilltopper's Group	05/04/2025
Joe T.	Oso Group	05/24/2025
Carmine T.	Weber Group	07/26/2025
Audrey H.	Rockport, TX	08/12/2025
Arthur A.	Nova Scotia, Canada	10/3/2025

## Have you heard it through the Grapevine yet?

AA Grapevine has gone social! It has its own podcast! Each week, longtime AA members Don and Sam interview different members about their experience, strength and hope. The half-hour podcast is a casual “meeting after the meeting” with jokes, fun and the typical AA banter. Listening to a few episodes is a reminder that alcoholics are not a glum lot!

New episodes are available in English each Monday at 9:00am EST. The hosts interview their guests on getting sober, service, Steps, sponsorship and more. To listen to new or past episodes, visit [www.aagrapevine.org/podcast](http://www.aagrapevine.org/podcast) (or wherever you get podcasts). By going to the website, members are able to email, call or leave voice recordings with comments, suggestions, jokes or recovery related questions for the Ask-It-Basket. Our Tradition of anonymity will be respected with all submissions on the show.

*If you are receiving the online version of the Grapevine, be sure and look up a story by Corpus Christi's very own, Valerie E. Valerie has a web story called "In the Middle of the Boat" Enjoy!*

# Service Opportunities



## Helpline Help Needed!

**More people are needed for “The Helpline”.** The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup calls overnight (5 PM to 7:45 AM) and on weekends (8 AM Saturday to 8 AM Sunday or 8 AM Sunday to 7:45 AM Monday). **This is a once-per-month commitment.** A minimum of nine months sobriety is required to answer calls after office hours. **If you are available to do this vital volunteer work, please contact CBIA as soon as possible to add your name.**

## Calls taken during the month of Dec by volunteers:

- 26 - Calls for Meeting Information**
- 3 - Twelve Step Calls**
- 4 - Office Referral/Other Calls**

## 12 Step List

If a caller needs help beyond meeting information, the helpline volunteer passes them to someone on the **12-Step List** for a longer conversation on how to get sober and stay sober. A minimum of two years' sobriety is required to be on the 12 Step List. If interested, please call Terry or Rita at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday through Friday.

**Jamboree Committee** will have their final meeting before Jamboree on Jan 10th at New Phoenix Group at 9 am. If you would like to volunteer, just show up and see what's still available to help with. **They are still looking for Silent Auction donations, raffle donations, scholarships!**

**Local Stories Wanted for the Coastal BENDER-** Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to [cbia@grandecom.net](mailto:cbia@grandecom.net) in a Word document or similar format.

**District 8D Corrections Committee** could use your help to carry the AA message to the incarcerated alcoholic. There are 12 Step opportunities at the Nueces County Jail, Mc Kinzie Jail Annex, SATF, and TDCJ State Prisons. **(Volunteers must pass a background check.)** You can also consider becoming an AA contact for newly released alcoholics, both men and women are needed for that. Please donate your used Grapevines to the collection box located at New Phoenix Group or CBIA. If you don't have any old issues, back issues can be purchased directly from Grapevine or monetary contributions to the Corrections Committee are also helpful! To volunteer or more information contact Keith S. (361) 226-9343 or Karen S. (362) 980-7412.

Contributions		
GROUP NAME	Dec 2025	YTD 2025
Anonymous/Individual Contributions	414.00	8,555.40
Aransas Pass Group		
CC - A Day Of AA In CC	100.00	
CC - 5 <sup>th</sup> Tradition Group	190.00	
CC - Alanos Group	400.00	
CC - Bookmarks Group	160.00	
CC - Calallen Group	50.00	
CC - Cullen Mall Group	100.00	
CC - Flour Bluff Unity Group	549.00	
CC - Happy Hour Group	500.00	
CC - Hilltoppers Group	706.57	1,081.78
CC - Humility Group	200.00	200.00
CC - New Attitude Group	196.83	402.08
CC - New Life Group	75.00	900.00
CC - New Phoenix Group	200.00	1,101.00
CC - New Women's Group	249.00	740.85
CC - Oso Group		252.28
CC - Saratoga Group		200.00
CC - Sunset 7 Group (N Padre Island)		518.69
CC -Turning Point Face-2-Face Grp		35.00
CC - Weber Road Nooners Group		865.00
Goliad Open Arms Group		61.76
Hallettsville Group		40.00
Kingsville AL-K Group	75.00	89.50
Moulton Group		100.00
Mathis Crossroads Group		225.00
Harboring Hope Group (Port Lavaca)	85.00	113.00
Portland Noon Meeting		
Portland Nueces Bay Group		40.00
Rivera-SASTO Group		300.00
Rockport Happy Hour Group		
Rockport Fellowship Group		2000.00
Hope Group (Schulenberg)		760.00
Three Rivers Choke Canyon Group		70.00
Victoria Back to Basics Group		456.22
Victoria For Sinners Only Group		200.00
Victoria Golden Slippers Group		50.00
Victoria High Nooners Group	200.00	400.00
Victoria-Main Stream Group	50.00	200.00
Victoria-Unity Group		106.83
Victoria-Women's Group		25.00
<b>TOTAL</b>	<b>\$2,451.40</b>	<b>\$22,153.39</b>

## Intergroup Meetings

**CBIA Board of Trustees Monthly Meeting** will be held on Monday, **Jan 12th, 2025**, at 6:00 PM on Zoom.

**CBIA Quarterly Association Meeting** will be held on Monday, **Jan 26th, 2026**, at 6:00 PM on Zoom. Electing 3 new Trustees for 2026-2027. GSR's IGR's please attend.

## Group Announcements

### New Phoenix Group

**Group Conscience:** 1<sup>st</sup> Sunday of each month at 1:15 PM

**Birthday Night:** 1<sup>st</sup> Saturday of each month at 8:00 PM

**Location:** 5433 S. Staples, Suite H in the Boardwalk Shopping Center; Park in back lot behind shopping center off Bonner St.

### Hilltoppers Group

**Group Conscience:** 1<sup>st</sup> Tuesday of each month following the noon meeting

**Location:** First United Methodist Church @ 900 S Shoreline Dr, Room 210

### Weber Road Nooners Group

**Group Conscience:** Designated Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00 AM meeting

**Birthdays:** 1<sup>st</sup> Monday of each month at noon

**Location:** Travis Baptist Church @ 5802 Weber Road at Schanen St; Park in lot behind church; meeting upstairs.

### Calallen Group

**Group Conscience:** 3rd Wednesday of each month following the 6:30 PM meeting.

**Birthday Night:** 1<sup>st</sup> Saturday of each month with a **potluck supper** at 6:30 PM & the **birthday meeting** at 8:00 PM

**Location:** The Pass it on Club @ 11425 Leopard St

### Flour Bluff Unity Group

**Group Conscience:** 2nd Sunday of each month at 12:00 noon

**Birthday Night:** 1<sup>st</sup> Saturday of each month with a **potluck supper** at 7:00 PM & the **birthday meeting** at 8:00 PM

**Location:** The Anchor Club @ 320 Anchor St

## **Coastal Bend Intergroup Association Mission Statement**

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to...

- Establish a 24-hour helpline;
- Maintain & print meeting schedules;
- Maintain a 12-Step list whereby AA groups and individuals are able to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

## **Services Provided**

1. Maintains an office open Monday through Friday from 8:30 to 11:30AM and 2:00 to 5:00PM.
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12 Step listing and calls individuals for 12 Step work.
4. Provides an A.A. listing in the telephone directory and on the internet.
5. Provides a 24-hour volunteer helpline during hours when the office is closed.
6. Maintains & publishes current meeting schedules in the Coastal Bend Area.
7. Publishes a monthly newsletter, the "Coastal BENDER," to keep A.A. members informed of local A.A. affairs and special events.
8. Purchases and sells conference-approved literature and non-conference-approved anniversary medallions & sobriety chips.
9. Conducts monthly Board of Trustees meetings.
10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs. All members of Alcoholics Anonymous are welcome at these meetings since group input is essential.
11. Maintains a current website, [cbiaa.org](http://cbiaa.org).
12. Maintains service committees for service work in the Coastal Bend Area.

Detach here.

---

### **Free e-Mail Subscription to the BENDER**

NAME: \_\_\_\_\_

EMAIL: \_\_\_\_\_

Two easy ways to sign up for our monthly publications:

- Send an email with the above information to [cbia@grandecom.net](mailto:cbia@grandecom.net) with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.