



THE BENDER

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 www.cbiala.org



CBIA Workshop

Snack and Learn about CBIA and General Service

Dec. 6th at New Phoenix Group at 5433 S Staples, Corpus Christi, TX

9:30am-11:00am (See flier for more information.)

Cullen Mall Candlelight Gratitude Meeting

3707 Santa Fe Parkway Presbyterian Church in the Scout Hut

Wednesday Dec. 10th, 2025, at 7:00PM

Snacks to share after the meeting with everyone, bring your favorite if you like!

79th Tyler Anniversary

Hilton Garden Inn at 220 E Grande in Tyler, TX

January 9th-11th 2026

“We will know peace”

(See flier for more information.)



72nd Coastal Bend Jamboree

Jan. 23rd-25th

Omni Hotel 900 N. Shoreline, Corpus Christi, TX

register online and book your hotel room

[Coastal Bend Jamboree | Coastal Bend Intergroup Association](#)
or print the form and mail in by Jan. 15th

The monthly meeting for the Jamboree Committee is Dec. 13th at 9am at the New Phoenix Group. The raffle committee is looking for donations for the raffle baskets. New items, gift cards and money are appreciated for helping with the baskets.

Silent Auction is looking for new items, re-gifts, gift cards, or services to be donated to be auctioned off during the event. If you have something that needs to be picked up, please call the office, and we will let them know to arrange a pickup. (361-992-8911)

Your donations make the event even more successful and help us keep the doors open at Coastal Bend Intergroup Association.

Thank you for all your support.

Merry Christmas and Happy New Year!

Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.



1 Line up extra AA activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.



2 Be host to AA friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.



3 Keep your AA telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an AA.



4 Find out about the special holiday parties, meetings, or other celebrations

given by groups in your area, and go. If you're timid, take someone newer than you are.



5 Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.



6 If you have to go to a drinking party and can't take an AA with you, keep some candy handy.



7 Don't think you have to stay late. Plan in advance an "important date" you have to keep.



8 Worship in your own way.



9 Don't sit around brooding. Catch up on those books, museums, walks, and letters.



10 Don't start now getting worked up about all those holiday temptations. Remember—"one day at a time."



11 Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.



12 "Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.

CBIA Hours



CBIA PHONE NUMBER- (361) 992-8911 Calls are answered by staff during business hours Monday-Friday and by helpline volunteers at lunch, after-hours and on weekends and holidays.

CBIA OFFICE HOURS *(except on Holidays)*

We will continue to work 30-hour weeks during 2025 to keep costs down.

Monday-Friday

8:30am–11:30am & 2:00pm–5:00pm

If you would like, you can call ahead with your order, we can have it ready to pick up.

If we are out of stock, we can let you know at that time.

CBIA HOLIDAYS

January

May

July

New Year's Day

Memorial Day

Independence Day

September

November

December

Labor Day

Thanksgiving- 2 days

Christmas Day

Minutes

CBIA BOARD OF TRUSTEE MEETING Oct 13th, 2025

I. Carol opened the Meeting with a moment of silence followed by Serenity Prayer @ 6:02

- Jim read CBIA Mission Statement
- John read General Warranties
- Brian read 12 Traditions

II. ATTENDANCE: Carol D. (Chair), Jim S.(Vice Chair), Billy E., John K., Carolyn C.(not present), Dave W.(not present), Brain R., Rita S. (Office Manager) and Terry M. (Assistant Manager)

III. Minutes and Financials: Both were emailed. There were no questions or corrections.

Sept Treasurer Report:

Balance Sheet Sept 2025	Total Funds	Profit & Loss Sept 2025		
Petty Cash	\$50.00	Contributions	\$518.00	Group & Individual
Checking	\$5,212.72	Gross Sales	\$312.55	COGS (\$1069.43-756.88)
Prudent Reserve Jamboree Account	\$15,666.58	Social Event	\$200.00	n Donation)
	\$3,265.71			
	\$24,195.01			
Total Funds	1	Gross Profit	\$1,139.58	
		Total Expenses	\$3,553.91	
		Sept Net income	-	
YTD-Sept 2025			\$2,414.33	
Contributions	\$15,993.85			
Jamboree	\$8197.00			
Sales Profit	\$2,139.87			
Social Events	\$3300.00			
	\$29,750.35			
Total	5			
	\$29,389.68			
YTD Expenses	8			
YTD Net Income	\$368.43			

John motion to accept the Minutes. Billy seconded. All approved.
Brian motion to accept the Financials. Jim seconded. All approved.

IV. SERVICE AREAS:

- 12th Step: -Dave W. not present

- **Archives: John K.** Talked about taking pictures at events like Jamboree and having them in the archives to be displayed over the years but with no names. Billy was asked, and he said he felt it would be something that could be off putting to newcomers who are wanting to stay anonymous. The discussion was tabled and it was suggested that we email GSO, to see if they have any input on this.
- **Jamboree: John K.** Stated that the Voice had been voted on for the event. Publicity is doing well getting the word out.
- **Social: Carolyn C. (not present)** Rita said that she had a committee of people interested in helping with the Halloween dance on Oct 25th and they are going to meet on Wed on Zoom to go over details.
- **Coastal Bender: Jim S.** Stated he would be getting a new story to Rita for the November Bender.
- **Corrections/Treatment Facilities: Brian R.** Stated all is going well at the facilities with volunteers showing up.
- **Public Information/Cooperation with Professional Community: Carol D.** No news on this Committee currently.
- **Nominations: Carol stated that we are to vote at the Quarterly on Oct 27th. Nancy B, New Phoenix, Amanda T., Nueces Bay Group, and Frank W., Cullen Mall Group have volunteered to stand and asked is there anyone else? No one else's name came up.**
- **Bilingual:** No news on this Committee currently.

V. **OFFICE REPORT: Rita** suggested after going to the Office Manger meeting in Memphis that it might be a good idea to have a What does CBIA Do Workshop in Dec? It will be an informative workshop about the Mission Statement of CBIA, Helpline, Jamboree, Meet the Trustees and what they do, etc. After discussion we decided on Dec 6th with a place and time to be determined. Hope to have a brief format by the Quarterly meeting.
Rita also went over financials and that the bank account is getting low and the possible need to transfer money from Prudent Reserve. We will address that when the balance reaches \$3500.00.

VI. OLD BUSINESS: NONE

VII. NEW BUSINESS: After checking the bylaws, would like the Trustees to vote on carrying a limited number of non-conference books that are often asked for at the office. 24 Hour Book, Little Red Book, Drop the Rock, New Pair of Glasses.

VIII. NEXT MEETING:

- Next CBIA Board of Trustees meeting is Monday **Nov 10th, 2025**, at 6:00 PM on Zoom.
- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday **Oct 27th, 2025, on Zoom.**

IX. CLOSING.

Billy moved to adjourn. **Jim** seconded. Motion carried. **Carol** closed the meeting with prayer at 6:42pm

**Respectably Submitted,
Rita Standish
Office Manager**



Speaker Meeting Updates

Alanos Group 1635 18th Street- “Friday” Night Speaker Meeting at 8PM

Doors open at 7:30pm for fellowship.

Dec 5th - *Birthday Night (Potluck)*

Dec 12th – *Bill J. (Calallen Group)*

Dec 19th – *Ryan W. (Calallen Group)*

Dec 26th – *Marcie B. (New Attitude Group)*

New Phoenix “Saturday” Night Speaker Meeting at 8PM

Dec 6th - *Birthday Night*

Dec 13th – *TBD*

Dec 20th – *Liz L. (Turning Point Group)*

Dec 27th – *Open Discussion Meeting*

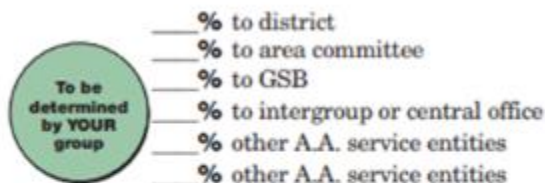
AA Meetings on Zoom

Group Name	Zoom ID #	Zoom Password	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Attitude Group (CC) <i>Hybrid Meetings</i>	451 546 1004	HP2016	ODN 6:00 PM		ODN 6:00 PM		ODN 6:00 PM		
New Phoenix Group (CC) <i>Hybrid Meetings</i>	886 9994 6374	336965	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 7:00 AM	OLS 7:00 AM
New Women’s Group (CC)	580 495 1776	NWGroup	WOD 7:00 PM					WOD 3:00 PM	
Turning Point Group (CC)	677 587 2132	sober			OLS 6:30 PM			OD 6:30 PM	
Weber Nooners’ Group (CC)	295 538 7558	475272	OD Noon	OD Noon	OD Noon	OD Noon	OBB Noon	OD Noon	OD Noon
Clean & Serene Group (CC)	677 587 2132	sober					GLBT/OD 7:30 PM		
Rockport Happy Hour Group	886 6340 4648	613766		CD 5:30 PM		CD 5:30 PM			
Victoria Back to Basics	662 621 1099	218223	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM		OD 7:00 PM	OD 7:00 PM	OD 7:00 PM

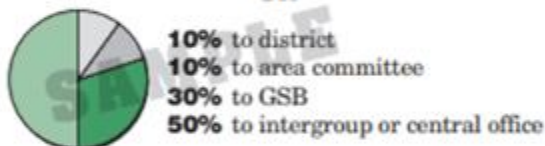
CBIA Appreciates Ongoing Support

Group Contributions : CBIA would like to express their gratitude to the AA Groups that support us all during the year as it is our second biggest source of revenue. Some groups have asked how to make distributions. The pamphlet [Where Money and Spiritually Mix](#) is good to review before your group conscience decides. Here are some examples from the pamphlet:

Samples of Group Contributions to A.A. Service Entities

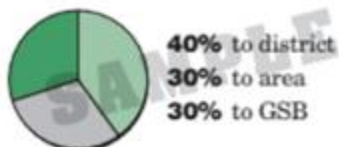


OR



OR

If you have no intergroup/central office:



We are grateful that individual members of our community have made Individual contributions to the Coastal Bend Intergroup. One way is to donate on the **Birthday Club** list by just sending in a donation or dropping it by the office. We are pleased with how many contributions are sent throughout the year and we will continue to hope for ongoing individual support through 2025.

Where Are We Now?	Actual thru <u>Nov 2025</u>
Contributions	\$19,701.99
Jamboree	\$8,197.00
Gross Sales	\$11,134.01
Cost of Goods Sold	(-\$7,255.31)
Social Events	2,650.85
Refund	119.63
Interest	11.71
<hr style="border-top: 1px dashed black;"/>	
Gross Gain	\$34,559.88
Total Expenses	\$37,961.04
Net Gain	\$-3,401.16



CBIA Birthday Club

The Birthday Club is for members who wish to contribute to CBIA on their AA birthday: \$1 per year is suggested for each year of sobriety, but members may contribute as little or as much as they wish.

Donations can be made by:

- 1) PayPal under the Donate option on our website (www.cbiala.org)
- 2) Cash or check to CBIA @ 3833 S Staples Suite S-212, Corpus Christi, TX 78411

Please indicate your Home Group or City and Sobriety Date. Let us know if you do not want your birthday listed in the Bender.

NAME	HOME GROUP	SINCE	YEARS IN 2025
Gail B.	Victoria Golden Slippers Group	01/01/2011	14 Years
Terry K.	CC Sunset 7 Group	01/01/2000	25 Years
Sheila S.	CC New Phoenix Group	01/07/2007	18 Years
Charlie B.	Victoria Golden Slippers Group	01/09/2006	19 Years
Ladara C.	CC New Phoenix Group	01/09/1995	30 Years
Ceil Mc K.	CC Hilltoppers Group	01/10/1982	43 Years
Sandra E.	CC Weber Rd Nooners Group	01/20/2011	14 Years
Pat L.	CC Hilltoppers Group	01/20/2001	24 Years
Rae T.	CC Happy Hour Group	01/23/2006	19 Years
Ernest J.	CC Flour Bluff Unity Group	02/15/2004	21 Years
Rob M.	CC Zoom Turning Point Group	02/24/1985	40 Years
Janeen H.	CC Turning Point Group	03/08/2017	8 Years
Chris N.	CC Oso Group	03/09/2009	16 Years
Rita S.	CC Oso Group	03/13/1977	48 Years
Mary C.	CC Turning Point Group	03/22/1992	33 Years
Bruce R.	CC New Phoenix Group	03/27/1985	40 Years
Phyllis H.	Portland Noon Meeting	04/01/2004	21 Years
Marlive F.	Corpus Christi	04/08/1987	38 Years
Kelly K.	Corpus Christi	04/18/1986	39 Years
Lisa D.	Austin, TX (18 th St)	04/21/1987	38 Years
Fred C.	New Phoenix Group	05/13/1987	38 Years
Carol D.	CC Happy Hour Group	05/24/2016	9 Years
Mary H.	CC Happy Hour Group	05/24/1995	30 Years
Jackie C.	Pleasanton, TX	06/05/2014	11 Years
Gary L.	CC New Phoenix Group	06/07/2009	16 Years
James M.	Portland Nueces Bay Group	06/13/1993	32 Years

2025 CBIA Birthday Club (Continued)

NAME	HOME GROUP	SINCE	YEARS IN 2025
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Terry M.	CC New Women's Group	06/18/1992	33 Years
Marie A.	CC Alanos Group	06/21/1991	34 Years
Robin P.	CC Hilltoppers Group	06/22/1986	39 Years
Annette C.	Bookmarks Group	06/24/2012	13 Years
Bill Drews	Rockport Happy Hour Group	07/16/1981	44 Years
Libby A.	CC New Women's Group	07/12/1987	38 Years
Tammy B.	CC Weber Rd Nooners Group	08/11/1989	36 Years
April K.	Corpus Christi, TX	08/20/1984	41 Years
Scott Mc G.	CC Hilltoppers Group	08/22/2002	23 Years
Pat E.	CC New Women's Group	08/23/1987	38 Years
Butch R.	CC Weber Rd Nooners Group	08/26/2006	19 Years
Mike Q.	CC Weber Rd Nooners Group	08/28/2000	25 Years
Fred B.	Aransas Pass Group	09/01/2002	23 Years
Hank S.	CC Cullen Mall Group	09/07/1993	32 Years
Barb C-S	CC New Women's Group	09/09/1985	40 Years
Valerie B.	CC New Phoenix Group	09/13/2017	8 Years
Heather D.	CC Weber Rd Nooners Group	09/23/2009	16 Years
Dave D.	Rockport Fellowship Group	10/04/1985	40 Years
Brandelyn M.	CC New Phoenix Group	10/09/2009	16 Years
Patrick R.	CC New Phoenix Group	10/09/2009	16 Years
Harold B.	CC Weber Rd Nooners Group	10/18/2007	18 Years
Arthur A.	Nova Scotia, Canada	10/19/1998	27 Years
Tim R.	CC New Phoenix Group	10/21/2011	14 Years
Betsy H.	CC Hilltopper's Group	10/22/2010	12 Years
Kruger D.	CC New Phoenix Group	10/23/2009	16 Years
Eddie M.	CC Weber Rd Nooners Group	10/28/2005	20 Years
Debbie B.	CC Weber Rd Nooners Group	10/31/2000	25 Years
Loralei D.	CC New Women's Group	11/06/1984	41 Years
Joanie J.	San Antonio, TX	11/28/2015	10 Years
Larry H.	Rockport Fellowship Group	12/04/1990	35 Years
Jimmy M.	Port Lavaca Group	12/14/1987	38 Years
Joe Mc M.	CC Hilltoppers Group	12/21/1980	45 Years
Tony P.	CC Hilltoppers Group	12/23/1978	47 Years
Ron S.	China, TX	12/24/2009	16 Years
John K.	CC Cullen Mall Group	12/25/1995	30 Years
Lois H.	CC New Women's Group	12/29/2007	17 Years

Memorial Contributions

Memorial Donations can be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meetings is not required as long as they died sober. Suggested donation of \$1 per year of sobriety or a minimum of \$5. They will be listed in each Bender from the month after the donation for a year.

Donations can be made by PayPal under the Donate option on our website (www.cbiala.org); by Venmo to Coastal Bend Intergroup @ CoastalBend-Intergroup; or by check to CBIA @ 3833 S Staples Suite S-212, Corpus Christi, TX 78411.

Please indicate their Home Group or City and the date of their death.

Name	Home Group	Departed
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Dan D.	Hilltopper's Group	05/04/2025
Joe T.	Oso Group	05/24/2025
Carmin T.	Weber Group	07/26/2025
Audrey H.	Rockport, TX	08/12/2025
Arthur A.	Nova Scotia, Canada	10/3/2025

Have you heard it through the Grapevine yet?

AA Grapevine has gone social! It has its own podcast! Each week, longtime AA members Don and Sam interview different members about their experience, strength and hope. The half-hour podcast is a casual “meeting after the meeting” with jokes, fun and the typical AA banter. Listening to a few episodes is a reminder that alcoholics are not a glum lot!

New episodes are available in English each Monday at 9:00am EST. The hosts interview their guests on getting sober, service, Steps, sponsorship and more. To listen to new or past episodes, visit www.aagrapevine.org/podcast (or wherever you get podcasts). By going to the website, members are able to email, call or leave voice recordings with comments, suggestions, jokes or recovery related questions for the Ask-It-Basket. Our Tradition of anonymity will be respected with all submissions on the show.

If you are receiving the online version of the Grapevine, be sure and look up a story by Corpus Christi's very own, Valerie E. Valerie has a web story called "In the Middle of the Boat" Enjoy!



Helpline Help Needed!

More people are needed for “The Helpline”. The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup calls overnight (5 PM to 7:45 AM) and on weekends (8 AM Saturday to 8 AM Sunday or 8 AM Sunday to 7:45 AM Monday). **This is a once-per-month commitment.** A minimum of nine months sobriety is required to answer calls after office hours. **If you are available to do this vital volunteer work, please contact CBIA as soon as possible to add your name.**

Calls taken during the month of Sept by volunteers:

32 - Calls for Meeting Information

1- Twelve Step Calls

7 - Office Referral/Other Calls

12 Step List

If a caller needs help beyond meeting information, the helpline volunteer passes them to someone on the **12-Step List** for a longer conversation on how to get sober and stay sober. A minimum of two years' sobriety is required to be on the 12 Step List. If interested, please call Terry or Rita at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday through Friday.

Jamboree Committee meets the 2nd Sat of each month now until Jan 2026 at New Phoenix Group at 9 am. If you would like to volunteer, just show up and see what's still available to help with.

Local Stories Wanted for the Coastal BENDER- Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grandecom.net in a Word document or similar format.

District 8D Corrections Committee could use your help to carry the AA message to the incarcerated alcoholic. There are 12 Step opportunities at the Nueces County Jail, Mc Kinzie Jail Annex, SATF, and TDCJ State Prisons. *(Volunteers must pass a background check.)* You can also consider becoming an AA contact for newly released alcoholics, both men and women are needed for that. Please donate your used Grapevines to the collection box located at New Phoenix Group or CBIA. If you don't have any old issues, back issues can be purchased directly from Grapevine or monetary contributions to the Corrections Committee are also helpful! To volunteer or more information contact Dan G. (361) 900-7890 or Karen S. (362) 980-7412.

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held on Monday, **Dec 8th, 2025**, at 6:00 PM on Zoom.

CBIA Quarterly Association Meeting will be held on Monday, **Jan 26th, 2026**, at 6:00 PM on Zoom. Electing 3 new Trustees for 2026-2027. GSR's IGR's please attend.

Group Announcements

New Phoenix Group

Group Conscience: 1st Sunday of each month at 1:15 PM
Birthday Night: 1st Saturday of each month at 8:00 PM
Location: 5433 S. Staples, Suite H in the Boardwalk Shopping Center; Park in back lot behind shopping center off Bonner St.

Hilltoppers Group

Group Conscience: 1st Tuesday of each month following the noon meeting
Location: First United Methodist Church @ 900 S Shoreline Dr, Room 210

Weber Road Nooners Group

Group Conscience: Designated Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00 AM meeting
Birthdays: 1st Monday of each month at noon
Location: Travis Baptist Church @ 5802 Weber Road at Schanen St; Park in lot behind church; meeting upstairs.

Calallen Group

Group Conscience: 3rd Wednesday of each month following the 6:30 PM meeting.
Birthday Night: 1st Saturday of each month with a **potluck supper** at 6:30 PM & the **birthday meeting** at 8:00 PM
Location: The Pass it on Club @ 11425 Leopard St

Flour Bluff Unity Group

Group Conscience: 2nd Sunday of each month at 12:00 noon
Birthday Night: 1st Saturday of each month with a **potluck supper** at 7:00 PM & the **birthday meeting** at 8:00 PM
Location: The Anchor Club @ 320 Anchor St

Contributions

GROUP NAME	Nov 2025	YTD 2025
Anonymous/Individual Contributions	270.00	8,141.40
Aransas Pass Group		
CC - A Day Of AA In CC		100.00
CC - 5 th Tradition Group		190.00
CC - Alanos Group		400.00
CC - Bookmarks Group		160.00
CC - Calallen Group		50.00
CC - Cullen Mall Group		100.00
CC - Flour Bluff Unity Group		549.00
CC - Happy Hour Group		500.00
CC - Hilltoppers Group		375.21
CC - Humility Group		
CC - New Attitude Group		205.25
CC - New Life Group	75.00	825.00
CC - New Phoenix Group		901.00
CC - New Women's Group		491.85
CC - Oso Group	100.75	252.28
CC - Saratoga Group		200.00
CC - Sunset 7 Group (N Padre Island)		518.69
CC - Turning Point Face-2-Face Grp	35.00	35.00
CC - Weber Road Nooners Group		865.00
Goliad Open Arms Group		61.76
Hallettsville Group		40.00
Kingsville AL-K Group		14.50
Moulton Group		100.00
Mathis Crossroads Group	25.00	225.00
Harboring Hope Group (Port Lavaca)		28.00
Portland Noon Meeting		
Portland Nueces Bay Group		40.00
Rivera-SASTO Group		300.00
Rockport Happy Hour Group		
Rockport Fellowship Group	1000.00	2000.00
Hope Group (Schulenberg)	380.00	760.00
Three Rivers Choke Canyon Group	40.00	70.00
Victoria Back to Basics Group		456.22
Victoria For Sinners Only Group		200.00
Victoria Golden Slippers Group		50.00
Victoria High Nooners Group		200.00
Victoria-Main Stream Group		150.00
Victoria-Unity Group		106.83
Victoria-Women's Group		25.00
TOTAL	\$1,940.75	\$19,701.99

Coastal Bend Intergroup Association Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to...

- Establish a 24-hour helpline;
- Maintain & print meeting schedules;
- Maintain a 12-Step list whereby AA groups and individuals are able to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Services Provided

1. Maintains an office open Monday through Friday from 8:30 to 11:30AM and 2:00 to 5:00PM.
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12 Step listing and calls individuals for 12 Step work.
4. Provides an A.A. listing in the telephone directory and on the internet.
5. Provides a 24-hour volunteer helpline during hours when the office is closed.
6. Maintains & publishes current meeting schedules in the Coastal Bend Area.
7. Publishes a monthly newsletter, the "Coastal BENDER," to keep A.A. members informed of local A.A. affairs and special events.
8. Purchases and sells conference-approved literature and non-conference-approved anniversary medallions & sobriety chips.
9. Conducts monthly Board of Trustees meetings.
10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs. All members of Alcoholics Anonymous are welcome at these meetings since group input is essential.
11. Maintains a current website, cbiaa.org.
12. Maintains service committees for service work in the Coastal Bend Area.

Detach here.

Free e-Mail Subscription to the BENDER

NAME: _____

EMAIL: _____

Two easy ways to sign up for our monthly publications:

- Send an email with the above information to cbia@grandecom.net with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.