

THE BENDER

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 www.cbiala.org



Hallettsville's July Speaker Meeting

July 11th at 6:30 pm Potluck

Speaker, David P. from Houston at 7:30 pm

101 N Market St (St Peter Lutheran Church), Hallettsville, TX

SWTA 68

Summer Workshop-"Sunlight of the Spirit"

July 19th-21st at Westin North SA @ 9821 Colonnade Blvd

San Antonio, TX 78230

Cullen Mall Beach Party

Saturday July 27th 10am till bonfire meeting

Access Rd 3???

District 7 Service Fair

August 3, 2024 at 10:30am

102 Live Oak St

Grace Episcopal Church, Cuero, TX 77954

Sponsorship Workshop

August 31st 1:00 pm -3:00 pm

Bring a dish, Potluck Lunch with Speakers

Pass it On Club at 11425 Leopard St Corpus Christi, TX 78410

Hope everyone enjoyed the 4th of July!!!

CBIA Hours

CBIA PHONE NUMBER- (361) 992-8911 Calls are answered by staff during business hours Monday-Friday and by helpline volunteers at lunch, after hours and on weekends and holidays.

CBIA OFFICE HOURS (*except on Holidays*). We will continue to work 30-hour weeks during 2024 to keep costs down.

Monday-Friday

8:30am–11:30am and 2:00pm–5:00pm

The office is open during these hours to come in and pick up items. If you would like, you can call ahead with your order and we can have it ready for pick up. If we are out of stock, we can let you know at that time.

CBIA HOLIDAYS

January

New Year's Day

September

Labor Day

May

Memorial Day

November

Thanksgiving- 2 days

July

Independence Day

December

Christmas Day



Sober School's in Session

1. You are enrolled in a full-time informal school called "Sober Life on planet Earth."
2. Each day you will be given lessons to learn.
3. There are no mistakes — only lessons.
4. "Failed experiments" are part of the lesson, as much as what ultimately "works."
Once learned, you may go on to the next lesson. If you forget what you learned, the lesson will be repeated. It may be harder upon repetition.
5. School does not end; if you are alive, there are still lessons to learn.
6. Everyone is your teacher, whether you like them or not.
7. Every circumstance is a classroom where you can experiment and learn.
8. Pay attention. (Pain is one tool Life uses to get your attention.)
9. The answers to all your questions are already within you.
10. You already knew all of this. You may forget it. You can remember anytime you wish.

Author unknown



Minutes

CBIA BOARD OF TRUSTEE MEETING

May 13th, 2024

- I. Don opened the meeting at 6:02pm with a Moment of Silence followed by Serenity Prayer
 - Jim read CBIA Mission Statement
 - Paul read General Warranties
 - Scott read 12 Traditions
- II. **ATTENDANCE:** Don K. (Chair), Paul M.(Vice Chair), Jim S, Jennifer N., Carol D (not present), Scott M, Dave W (not present)., Rita S. (Office Manager) and Terry M.(Assistant Manager)
- III. **MINUTES:** Don read minutes of Apr 29th Quarterly Board Meeting. Jim motioned to accept. Scott seconded. Motion carried.
- IV. **FINANCIAL REPORTS:**
The Apr 2024 Financials were emailed, there were no questions or comments.

Apr Financials Balance Sheet:

Balance Sheet	Total Funds	Profit & Loss		
Apr 2024		Apr 2024		
Petty Cash	\$50.00	Contributions	\$1,770.79	Group & Individual
Checking	\$14,888.30	Gross Sales	\$270.01	COGS (\$863.49-\$593.48)
Prudent Reserve	\$ 15,646.02			
Jamboree Account	\$4,000.00			
Total Funds	\$34,584.32	Gross Profit	\$2,040.80	
		Total Expenses	\$3,762.62	
YTD- Apr 2024		Apr Net income	-\$1721.82	
Contributions	\$10,280.23			
Jamboree	\$9,968.52			
Refund	\$144.63			
Gross Sales	\$3,900.39			
Total	\$24,293.77			
YTD Expenses	\$14,328.10			
YTD Net Income	\$7,689.61			

Scott motioned to accept. Paul seconded. Motion carried.

V. **SERVICE AREAS: Assignments for incoming Trustees**

- **12th Step:** -Dave W. (not present)
- **Archives:** Paul M. nothing new to report.
- **Bilingual:** Jennifer N. stated she had not gotten a copy of the TX Hispanic Assembla flier to bring to the office, she will continue to try to get a copy.
- **Social:** Jennifer N. stated the Founder’s Day Committee is asking groups to donate food. Carolyn and Rosa are in charge of getting a speaker and music for the event. They will meet this Thursday and every other Thursday until the event.
- **Coastal Bender:** Jim S. stated he will have another story for the June bender.

- **Corrections/Treatment Facilities: Scott M.** nothing new to report.
- **Jamboree: Don K.** nothing new to report Committee still on hiatus.
- **Public Information/Cooperation with Professional Community: Carol D.** (not present)
- **Nominations:** no report/committee will form in August, keep thinking of people to ask.

VI. OFFICE REPORT:

- A. Office Update -**Rita** stated all is going well and that they purchased plane tickets for Office Manager Conference in August.

VII. OLD BUSINESS: NONE

VIII. NEW BUSINESS: NONE

IX. NEXT MEETING:

- Next CBIA Board of Trustees meeting Monday **June 10th 2024** at 6:00 PM on Zoom.
- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday **July 29th, 2024 on Zoom.**

X. CLOSING: Our Father.

- **Jim** moved to adjourn.
- **Paul** seconded. Motion carried.
- **Don** closed the meeting with prayer at **6:25 PM.**

Respectfully submitted,
Rita Standish
Office Manager



Speaker Meeting Updates

Alanos Group 1635 18th Street- **Friday Night Speaker Meeting at 8PM**

Doors open at 7:30pm for fellowship.

July 5th- *Birthday night*

July 12th- *Ladera D.*

July 19th- *Jeff Jackson (Flour Bluff Unity Group)*

July 26th- *Jimmy M. (Port Lavaca/New Phoenix)*

New Phoenix Speaker Meetings on **Saturday at 8PM**

July 6th-*“Birthday night”*

July 13th- *Karen S. (Happy Hour Group CC)*

July 20th- *TBA*

July 27th- *Linda M. (New Phoenix Group)*

AA Meetings on Zoom

Group Name	Zoom ID #	Zoom Password	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Friday Night Speaker Meeting (CC)	434 708 8936	867742					Last Friday Only S 8:00 PM		
New Attitude Group (CC) <i>Hybrid Meetings</i>	451 546 1004	HP2016	ODN 6:00 PM		ODN 6:00 PM		ODN 6:00 PM		
New Phoenix Group (CC) <i>Hybrid Meetings</i>	886 9994 6374	336965	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 7:00 AM	OLS 7:00 AM
New Women’s Group (CC)	580 495 1776	NWGroup	WOD 7:00 PM					WOD 3:00 PM	
Turning Point Group (CC)	677 587 2132	sober			OLS 6:30 PM			OD 6:30 PM	
Weber Nooners’ Group (CC)	295 538 7558	475272	OD Noon	OD Noon	OD Noon	OD Noon	OBB Noon	OD Noon	OD Noon
Clean & Serene Group (CC)	677 587 2132	sober					GLBT/OD 7:30 PM		
Rockport Happy Hour Group	817 4546 8941	0164		CD 5:30 PM		CD 5:30 PM			
Victoria Back to Basics	662 621 1099	218223	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM		OD 7:00 PM	OD 7:00 PM	OD 7:00 PM
Victoria Mainstream	698 545 080	003178			OD Noon				

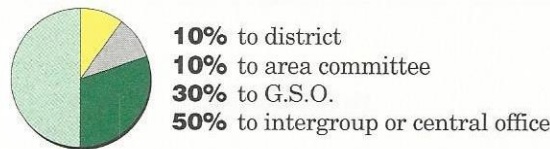


CBIA Appreciates Ongoing Support

Group Contributions

CBIA would like to express their gratitude to the AA Groups that support us all during the year, it is our second biggest source of revenue.

The AA World Service pamphlet, [Self-Support: Where Money and Spirituality Mix](#), suggests that AA Groups in areas served by an intergroup office distribute funds in excess of prudent reserve as shown below.



Thus, it is up to each group conscience to determine what (*if anything*) it contributes.

Your group might want to re-consider its contribution priorities temporarily. GSO and Intergroup have a bigger slice of the pie because they have much higher overhead (*salaries, office space, etc.*) than the other service entities. You might want to consider giving more to Intergroup and GSO and less to other service entities. Also, if your group has money earmarked that can be sent in earlier, that would be helpful.

Individual Contributions

We are grateful that individual members of our community have made contributions to Coastal Bend Intergroup. You can donate on the **Birthday Club** list by just sending in a donation or drop it by the office. We are pleased with how many do send contributions throughout the year and we will continue to hope for ongoing individual support through 2023.

Where Are We Now?	Actual thru <u>June 2024</u>
Contributions	\$22,991.47
Gross Sales	\$6,622.73
Refund	\$144.63
Cost of Goods Sold	(\$4,076.33)

Gross Gain	\$25,682.50
Total Expenses	\$20,640.83
Other Income	7.80

Net Gain	\$5,049.47



2024 CBIA Birthday Club

The Birthday Plan is for members who wish to contribute to CBIA on their A.A. birthday. \$1 per year is suggested for each year of sobriety, but members may contribute as little or as much as they wish up to \$5,000. Donations can be made by PayPal under the Donate option on our website (www.cbiam.org) or by Venmo to CoastalBend-Intergroup. (For anonymity, it is recommended that Venmo settings make the transaction private.) or donate by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. Please indicate Home Group or City and Sobriety Date. Let us know if you do not want your birthday listed in the Bender

NAME	HOME GROUP	SINCE	YEARS IN 2023
Nancy G.	CC-Turning Point Group	01/01/1983	41 Years
Gail B.	Victoria-Golden Slippers	01/01/2011	13 Years
Terry K.	CC-Sunset 7	01/01/2000	24 Years
Sheila S.	CC-New Phoenix	01/07/2007	17 Years
Charlie B.	Victoria-Golden Slippers	01/09/2006	18 Years
Ceil Mc K.	CC-Hilltoppers Group	01/10/1982	42 Years
Sandra E.	CC-Weber Road Nooners	01/20/2011	13 Years
Pat L.	CC-Hilltoppers Group	01/20/2001	23 Years
Rae T.	CC-Happy Hour Group	01/23/2006	18 Years
Tom G.	CC-Turning Point Group	01/26/1984	40 Years
Ernest J.	CC-Flour Bluff Unity Group	02/15/ 2004	20 Years
Rob M.	CC-Turning Point Group (Zoom)	02/24/1985	39 Years
Mike B.	CC-New Phoenix	03/05/2014	10 Years
Janeen H.	CC-Turning Point Group	03/08/2017	7 Years
Chris N.	CC-Oso Group	03/09/2009	15 Years
Rita S.	CC-Oso Group	03/13/1977	47 Years
Mary C.	CC-Turning Point Group	03/22/1992	32 Years
Bruce R.	CC-New Phoenix Group	03/27/1985	39 Years
Enrique M.	CC-Weber Road Nooners	03/30/2016	8 Years
Phyllis H.	Rockport Fellowship Group	04/01/2004	20 Years
Marlive F.	Corpus Christi	04/08/1987	37 Years
Lisa D.	Austin, TX (18 th St)	04/21/1987	37 Years
Kelly K.	Corpus Christi	04/18/1986	38 Years
Fred C.	Corpus Christi, TX	05/13/1987	37 Years
Carol D.	CC-Happy Hour Group	05/24/2016	8 Years
Mary H.	CC-Happy Hour Group	05/24/1995	29 Years
Jackie C.	Pleasanton, TX	06/05/2014	10 Years
Gary L.	CC-New Phoenix Group	6/07/2009	15 Years
James M.	Nueces Bay Group	06/13/1993	31 Years

2024 CBIA Birthday Club (Continued)

NAME	HOME GROUP	SINCE	YEARS IN 2023
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Terry M.	Nueces Bay Group	06/18/1992	32 Years
Marie A.	CC-Alanos Group	06/21/1991	33 Years
Robin P.	CC-Hilltoppers Group	06/22/1986	38 Years
Bill Drews	Rockport-Happy Hour	07/16/1981	43 Years
Libby A.	CC-New Women's Group	07/12/1987	37 Years
Tammy B.	CC-Weber Road Nooners	08/11/1989	35 Years
April K.	Corpus Christi, TX	08/20/1984	40 Years
Scott Mc G.	CC-Hilltoppers Group	08/22/2002	22 Years
Pat E.	CC-New Women's Group	08/23/1987	37 Years
Butch R.	CC Weber Road Nooners	08/26/2006	18 Years
Mike Q.	CC- Weber Road Nooners	08/28/2000	24 Years
Fred B.	Aransas Pass Group	09/01/2002	22 Years
Hank S.	CC-Cullen Mall Group	09/07/1993	31 Years
Barb C-S	CC-New Women's Group	09/09/1985	39 Years
Valerie B.	CC-New Phoenix Group	09/13/2017	7 Years
Heather D.	CC-Weber Road Nooners	09/23/2009	15 Years
Dave D.	Rockport Fellowship	10/04/1985	39 Years
Brandelyn M.	CC-New Phoenix Group	10/09/2009	15 Years
Patrick R.	CC-New Phoenix Group	10/09/2009	15 Years
Harold B.	CC-Weber Road Nooners	10/18/2007	17 Years
Arthur A.	CC-Hilltoppers Group	10/19/1998	26 Years
Tim R.	CC-New Phoenix Group	10/21/2011	13 Years
Betsy H.	CC-New Women's Group	10/22/2010	14 Years
Kruger D.	CC-New Phoenix Group	10/23/2009	15 Years
Eddie M.	CC-Weber Road Nooners	10/28/2005	19 Years
Debbie B.	CC-Weber Road Nooners	10/31/2000	24 Years
Margaret P.	CC-Hilltoppers Group	11/06/2006	18 Years
Loralei D.	CC-New Women's Group	11/06/1984	40 Years
Joanie J.	San Antonio, TX	11/28/2015	9 Years
Larry H.	Rockport Fellowship	12/04/1990	34 Years
Jimmy M.	Port Lavaca Group	12/14/1987	38 Years
Joe Mc M.	CC-Hilltoppers Group	12/21/1980	44 Years
Tony P.	CC-Hilltoppers Group	12/23/1978	46 Years
Ron S.	China, TX	12/24/2009	15 Years
John K.	CC-Cullen Mall Group	12/25/1995	29 Years
Lois H.	CC-New Women's Group	12/29/2007	16 Years

Memorial Contributions

Memorial Donations can be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meeting is not required as long as they died sober. Suggested donation of \$1 per year of sobriety or a minimum of \$5. They will be listed in each Bender from the month after the donation to the end of the year.

Donations can be made by PayPal under the Donate option on our website (www.cbiala.org), by Venmo to CoastalBend-Intergroup (*For anonymity, it's recommended that Venmo settings make the transaction private.*) or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX). Please indicate Home Group or City and date of death year.

Name -----	Home Group -----	Departed -----
Hugh P.	(Arizona) Corpus Christi	12/07/2023
Bill M.	(Arizona) Hilltoppers	12/26/2023
Richard F.	Portland Noon Meeting	01/24/2024
Gill S.	(Former Hilltoppers)	03/24/2024
Gale S.	(Former New Phoenix Group)	06/01/2024

Have you heard it through the Grapevine yet?

AA Grapevine has gone social! It has its own podcast! Each week, longtime AA members Don and Sam interview different members about their experience, strength and hope. The half-hour podcast is a casual “meeting after the meeting” with jokes, fun and the typical AA banter. Listening to a few episodes, it’s a reminder that alcoholics are not a glum lot.

New episodes are available in English each Monday at 9:00am EST. The hosts interview their guests on getting sober, service, Steps, sponsorship and more. To listen to new or past episodes, visit www.aagrapevine.org/podcast (or wherever you get podcasts). By going to the website, members are able to email, call or leave voice recordings with comments, suggestions, jokes or recovery related questions for the Ask-It-Basket. Our Tradition of anonymity will be respected with all submissions on the show.



Treatment and Facilities Committee meets the second Saturday of each month at the New Phoenix Group at 5433 S. Staples Ste H, in Corpus Christi, TX at 2pm. Everyone is welcome, including newcomers. You might find that you would like to be of service but you will find it very informative even if you don't commit.

Helpline Help Needed!

More people are needed for "The Helpline". The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup calls overnight (5 PM to 7:45 AM) and on weekends (8 AM Saturday to 8 AM Sunday or 8 AM Sunday to 7:45 AM Monday). **This is a once-per-month commitment**. A minimum of nine months sobriety is required to answer calls after office hours. **If you are available to do this vital volunteer work, please contact CBIA as soon as possible to add your name.**

12 Step List

If a caller needs help beyond meeting information, the helpline volunteer passes them to someone on the **12-Step List** for a longer conversation on how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12 Step List. If interested please call Terry or Rita at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday thru Friday.

Calls taken during the month of June by volunteers.....

- 50-** Calls for meeting information
- 8-** Twelve step Calls
- 8-** Office Referral/Other Calls

Local Stories Wanted For the Coastal BENDER- Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grandecom.net in a Word document or similar format.

Contributions

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held Monday **July 8th, 2024** at 6:00 PM on Zoom.

CBIA Quarterly Association Meeting will be held Monday **July 29th, 2024** at 6:00 PM on Zoom.

Group Announcements

New Phoenix Group Conscience is held the first Sunday of the month at 1:15 PM. **Birthday Night** is first Saturday of the month at 8:00PM. (5433 S. Staples, Suite F in The Boardwalk.) park in the rear parking lot off Bonner.

Hilltoppers Group Conscience is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

Weber Road Nooners Group Conscience is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are being celebrated on the 1st Monday of the month following their birthday. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.) **The Saturday noon meeting has been cancelled.**

Calallen Group Conscience is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthday Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

Flour Bluff Unity Group Conscience is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

GROUP NAME	June 2024	YTD 2024
Alice Group		
Anonymous/Individual Contribution	365.00	7,230.00
Aransas Pass Group		
Beeville-Shepherd's Group		
CC-Alanos		200.00
CC-Bookmarks Group		
CC-Broken Chains		5.00
CC-Calallen Group		
CC-Crosstown Group		
CC-Cullen Mall Group		100.00
CC-Day of AA		
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's PLC		
CC-Flour Bluff Unity Group		44.80
CC-Happy Hour Meeting		
CC-Hilltoppers Group		
CC-Humility Group		
CC-Lucky Ones		
CC-New Attitude Meeting	177.42	177.42
CC-New Life Group	50.00	300.00
CC-New Phoenix Group		39.00
CC-New Women's Group		594.96
CC-Oso Group		
CC-Saratoga Group		
CC-Sunset 7 Group (N Padre Island)		142.51
CC-Weber Road Nooners Group		452.50
CC-Turning Point Face to Face		
District 7		
District 15		
Cuero-Burning Desire Group		
Goliad-Open Arms Group		70.60
Hallettsville Group		40.00
Karnes City-Mayfield Group		
Kingsville-AL-K Group		9.00
Moulton Group		
Mathis -Crossroads Group		25.00
Mathis - Unity Group		
Port Aransas Group		
Port Lavaca Group		
Port O'Connor Group		86.00
Portland Jaywalkers Group		
Portland -Nueces Bay Group	10.00	50.00
Quarterly Meeting 7 th Tradition		
Riviera-SASTO Group		
Robstown Desire Group		
Rockport-Happy Hour Group		100.00
Rockport-Fellowship Group	1200.00	1200.00
Schulenburg Group		
Shiner Group		
Sinton-Grupo Secunda Chanza		
Skidmore Group		
George West Hardcore Group		
Three Rivers-Choke Canyon Group		
Victoria-Airport Group		
Victoria-Back to Basics Group		210.46
Victoria-For Sinners Only Group		125.00
Victoria-Golden Slippers		247.50
Victoria-High Nooners Group		200.00
Victoria-Main Stream Group		100.00
Victoria-Men's Group		
Victoria-Unity Group		37.18
Victoria-Women's Group		10.00
Yorktown Group		204.00
Woodsboro Group		33.19
Day of AA		
TOTAL	\$1,802.42	\$13,022.95

**Coastal Bend Intergroup Association
Mission Statement**

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list whereby AA groups and individuals are able to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Services Provided

1. Maintains an office which is open Monday through Friday from 8:30 to 11:30AM and 2:00 to 5:00PM.
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12 Step listing and calls individuals for 12 Step work.
4. Provides an A.A. listing in the Telephone directory.
5. Provides a 24-hour volunteer phone answering during hours when the office is closed.
6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
8. Purchases and sells "CONFERENCE APPROVED' literature, and non-conference approved Anniversary Medallions, Sobriety Chips.
9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
11. Maintains service committees for service work in the Coastal Bend Area.

Detach here.

Free e-Mail Subscription to the BENDER

NAME: _____.

E-MAIL: _____.

Easy ways to sign up for our two monthly publications:

- Send an email with the above information to cbia@grandecom.net with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.