

THE BENDER

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 www.cbiala.org



CBIA Helpline Workshop
10 am on Saturday May 4th
3707 Santa Fe St. (where Cullen Mall meets)
Refreshments provided

2nd Annual Unity Day
Hosted by District 8D & 8E on May 25, 2024
9708 Up River Rd, West Guth Park, CC, TX

CBIA Founder's Day (Free Event)
Sunday June 9th 11:30am-3pm
Music, Speaker, Food, Door Prizes
1635 18th St @ Alanos Club House

SWTA 68
Summer Workshop-"Sunlight of the Spirit"
July 19th-21st at Westin North SA @ 9821 Colonnade Blvd
San Antonio, TX 78230

"Save the Date"
2025 International AA Convention
July 3rd-6th 2025
Vancouver, BC, Canada

CBIA Hours

Office will be closed Monday May 27th for Memorial Day

CBIA PHONE NUMBER- (361) 992-8911 Calls are answered by staff during business hours Monday-Friday and by helpline volunteers at lunch, after hours and on weekends and holidays.

CBIA OFFICE HOURS (*except on Holidays*). We will continue to work 30-hour weeks during 2024 to keep costs down.

Monday-Friday

8:30am–11:30am and 2:00pm–5:00pm

The office is open during these hours to come in and pick up items. If you would like, you can call ahead with your order and we can have it ready for pick up. If we are out of stock, we can let you know at that time.

CBIA HOLIDAYS

January

New Year's Day

September

Labor Day

May

Memorial Day

November

Thanksgiving- 2 days

July

Independence Day

December

Christmas Day



My name is Danny and I'm an alcoholic. And I sure love AA. When they tell you in AA that you're on a journey, they really mean it. I realize that I could be a fortune-teller. When newcomers in AA come to me and tell me they want to drink again; I can tell them their future. I can tell them, "You're going to lose your spouse, you're going to lose your family, lose your job, lose your driver's license, go to jail", and on and on. And then when that stuff starts happening -because it will - then they think, "Wow, that guy really knew what he was taking about". And I know from experience what happens when someone who is exposed to AA and needs it, but ignores it. They go back to using and drinking.

The first time I was ever in an Alcoholics Anonymous meeting was 1959. I was in East Los Angeles where I grew up, and there were about twenty of us cruising around our neighborhood, a whole carload, and we saw about thirty cars parked in front of this old run-down building on a corner. We thought it was a party on our turf and they hadn't invited us! So, we stopped and went to the trunk to get the tools needed to crash the party – tire irons, a couple of chains, piece of pipe. I had a case of beer, three bottles of wine, a pint of whiskey, and I was already loaded on reds. We went to the door, kicked it in, and rushed inside. We were expecting everyone inside to rush to other side of the room and surrender the party to us, or to rush to our side. That's what the tire irons and chains were for. So, we come in ready for a fight and the first thing we see is a big sign that says, "We Care". We had just crashed the Friday night speaker's meeting of Alcoholics Anonymous - the We Care group. All of a sudden, we had all these people coming up to us with their hands out, saying, "Hi, I'm Bob". Hi, "I'm Joe". And I had trained my troops that when we crashed an event, the first thing to do is stay together in a group. But these AA people did the divide and conquer thing. I turned around to get my guys out of there, and they had them all in little groups of three and four, giving them the AA pitch. This guy comes up to me, but I had it figured out really quick. I saw the baskets, and baskets meant church. And church meant anything that was fun was a sin. If you even thought about it, it was a venial sin. If you actually did something that was fun, that was a mortal sin. Either way you're going straight to hell. I had turned away from church early on. So, I'm trying to get out of there now and I've got this case of beer, and three bottles of wine, and this guy comes up to me, introduces himself and I know him from the neighborhood. He says, "Danny, why don't you put that stuff outside and join us". This is 1959 and he offered me the program. He whispered the curse of AA to me that night. At an

early age I heard it, "Danny, if you keep on the way you're going, you will die, go insane, or go to jail. Maybe all three". It seemed like the room got quiet for a second and I felt a little chill. That was the voodoo of AA. He put it on me. I didn't get sober then, and I don't remember anybody else from that night, but I remember that guy. Because he's the one who told my future. And that curse makes a lot of sense. When later on I'd be driving, and I knew I was drunk, I knew I was loaded, knew my car was full of illegal substances, and all of a sudden- BAM!! -those lights go on, those lights that make the whole world go orange. Those lights were saying to me, "Die. Go insane, go to jail. Die. Go insane, go to jail". When I would come home and my wife had put everything I owned in the front yard and she and the kids were gone, I would hear the curse, "Die. Go insane, go to jail. Die. Go insane, go to jail".

Now I have been sober for over 40 years, and I can say this from my own experience and from watching hundreds of people leave the program: If you are an alcoholic like me, and after the first drink you can't control or predict when you'll stop, then the only alternatives you have if you leave the program are to die, go insane, or go to jail. Or all three. In all these years I've not once had someone who left this program to go back to drinking and using call me with some good news. Instead, I get calls from people who call me crying. And there are usually kids crying in the background, and a spouse yelling, "Tell him to come get you, I want you out of here". It says in the big book, "If you can drink like a normal person, our hats are off to you". Well, it's not going to happen. This is a disease, and the disease takes the drink. It's not a decision or a choice. It's usually something that started three weeks ago, or three months ago, a resentment or a disappointment of some kind. Resentments are like me taking poison, hoping you die. I used resentments and anger and violence to stay loaded for the next 15 years. I turned down the program that night and shortly after went to prison for the first of three times. Each time I got out I tried to stay clean and sober. But my family always had a party for me when I got out, and my grandmother would say, "Have a beer Danny, but only two". Because Mexican men are supposed to drink, and to her two was none.

The disease of alcoholism is cunning, baffling, and powerful. My body is allergic to alcohol and my mind is obsessed with it. The disease talks to me. It wakes up 45 minutes before I do and is already talking when I open my eyes. It tells me, "You can't keep a job, you can't keep a

relationship, and don't think I forgot what you did when you were five." It says, "You can have two beers. It's alright because men are supposed to drink". That's when somebody shows up with a drink, and I'm ready. But when I go to an AA meeting and listen, and talk to a newcomer about his problems, or when I talk to my sponsor about working the 12 steps, then my mind has to shut up. All of a sudden, the disease is asleep, and I'm free, as long as I stay close to my recovery program. Even when my life seems like it's falling apart and nothing seems to be going my way. No matter what I'm going through, all I have to do is walk into a room of Alcoholics Anonymous. All I have to do is call up a newcomer. All of a sudden everything shifts. I'm sober. I've got a job. I've got a place to live, and I have keys in my pocket. Keys to my house, keys to my car. When I was in prison for 11 years, I missed keys. Now they remind me that I'm doing alright as long as I do the things, I need to do to stay sober. Like doing nice things for other people without them knowing I did it. When I got out of prison the last time and was staying sober, I tried to start a lawn care business with a friend. There was an old lady in the neighborhood who couldn't get around too well and her yard looked pretty sad. We started mowing her lawn for free. One day her next-door neighbor came over and told us if we mowed his yard every two weeks, he would give us all the tools in his garage. We looked and he had lawn mowers, edgers, rakes, shovels, wheelbarrows, brooms, everything we needed to get our business going. It seemed like a miracle and it was. And it wasn't the last miracle. Everything good that has happened to me has been a direct result of helping someone else. A direct result of the things I learned in AA, like how to be courteous, kind, sharing, caring. How to be a better person. How to do stuff for other people and not expect any reward. This program will not only save our lives, it will save our kids live. It will save our families' lives.

My son was running around going crazy, doing every drug known to man. And his sister was following him. I was going crazy, too. Trying to get him to go to meetings. I didn't know what to do. One day I lost my temper with him, and I grabbed him and started yelling violently. I heard my dad's voice coming out of me. I heard my grandfather's voice coming out of me and I stopped. I knew that didn't work. I let him go and I walked away. I said, "Son, I love you. I hope you're OK." I called a sober friend of mine, ex-Mexican mafia guy. I told him I'm a fraud. Here I am speaking at AA meetings and schools and jails like I know how to stay sober and help people, and my kids are dying. I can't do it anymore. He said, "Oh, now you're playing God, huh? All you have to do is your work, and leave God's work to Him". So, I went to a meeting. I sat there and they called on me. I mumbled something and sat back down. After the meeting this kid comes up to me.

He had four earrings in each ear, had his nose pierced, had his eyebrows pierced, had his tongue pierced. He said, "Hey, will you be my sponsor?" I started taking him to meetings. Meanwhile, my son is going downhill fast. One day this kid Johnny was with me because I was going to a court date with him. We stopped by my house around noon and my son was just getting up. I go upstairs to shower and Johnny and my son started talking. When I came down, my son said, "Hey Dad. Can I go to a meeting with Johnny?" All of a sudden, he's going to meetings. Pretty soon my daughter starts going to meetings. Now they're both sober and clean. I'm blessed, even when the rest of my life is a mess. If you're a newcomer, take these two words out of your vocabulary. "I know". Whenever anyone tries to tell an alcoholic anything, the disease says, "Oh, I already know". So, take the words "I know" out of your vocabulary, and then you can listen. This program saves entire families. If you stay here and do what's suggested your life will get better, and better, if you learn to be of service. Because in Alcoholics Anonymous, no matter how smart you get, the highest thing you can strive for is to be chief servant. And all I have to do is stay clean and stay sober one day at a time. When asked to be of service in AA, say yes if you can but if you're overcommitted, feel free to say no. Living in the steps, I am truly and completely blessed!



Minutes

CBIA BOARD OF TRUSTEE MEETING

Mar 11th, 2024

- I. **Don** opened the meeting with **Moment of Silence** followed by **Serenity Prayer @ 6:02pm**
 - **Scott** read **CBIA Mission Statement**
 - **Carol** read **General Warranties**
 - **Jim** read **12 Traditions**
- II. **ATTENDANCE:** Don K. (Chair), Paul M.(Vice Chair) not present, Jim S, Jennifer N.(not present), Carol D, Scott M, Dave W., Rita S. (Office Manager) and Terry M.(Assistant Manager)
- III. **Don** read Minutes of **Feb 12th Board Meeting**.
Scott motioned to accept. **Jim** seconded. **All approved.**
- IV. **FINANCIAL REPORTS:** **Scott** had no comment on financials
Don asked if there were any questions or discussion pertaining to them? Rita said an issue came up when she was trying to reconcile the bank statement, so they may be a slight change to them.

Feb Financials Balance Sheet:

Balance Sheet	Total Funds	Profit & Loss		
Feb 2024		Feb 2024		
Petty Cash	\$50.00	Contributions	\$1697.34	Group & Individual
Checking	\$5,968.73	Gross Sales	\$600.87	COGS (\$1,468.60-\$867.73)
Prudent Reserve	\$ 15,642.12			
Jamboree				
Account	\$3,215.36			
Total Funds	\$24,876.21	Gross Profit	\$1,998.97	
		Total Expenses	\$2,637.17	
YTD- Feb 2024		Feb Net Income	-\$638.20	
Contributions	\$2,960.44			
Jamboree	0.00			
Social Event	0.00			
Gross Sales	\$2117.15			
Total	\$5,222.22			
YTD Expenses	\$5,567.86			
YTD Net Income	-\$1615.15			

Carol motioned to accept. **Scott** seconded. **All approved.**

- V. **SERVICE AREAS: Assignments for incoming Trustees**
 - **12th Step:** -Dave W. had nothing new to report.
 - **Archives:** Paul M. (not present)
 - **Bilingual:** Jennifer N.(not present)
 - **Social:** Jennifer N. (not present)
 - **Coastal Bender:** Jim S. said he would have another story in time for the April Bender.
 - **Corrections/Treatment Facilities:** Scott M. said he thinks if anyone wants to help with helping others at the jail to call ahead and make sure they can get in. The District’s committee focus is on Treatment centers and not the jail.

- **Jamboree: Don K.** said he got a phone update as he was not able to attend the wrap up meeting on Saturday. The Committee donated a check for \$9968.52. Rita said they talked about a committee to check other hotels to hold the event. There was much more discussion about many things that came up during the event and what to do better or different next year.
- **Public Information/Cooperation with Professional Community:** Carol D. said she was inspired by the group of people who attended the District PI/CPC meeting at Weber on Sunday and all that they are trying to do. All were given cards to distribute around town for meetings. They are also looking into putting ads in Local magazines and papers. Carol asked Don to talk about his experience speaking to the Christus Student Chaplains about what AA is.
- **Nominations:** Committee will form in August/Don mentioned to keep in mind any people we might like to ask for next year.

VI. OFFICE REPORT:

- A. Office Update -**Rita** discussed the operating expense from Landlord Resources for 2023 went up to \$2429.29. Talked about discussing with the landlord smaller spaces to reduce rent, was given the go ahead to do that. Terry talked about trying to find a place for the Helpline workshop, she is wanting to do May 11th or maybe May 4th.

VII. OLD BUSINESS: NONE

VIII. NEW BUSINESS: NONE

IX. NEXT MEETING:

- Next CBIA Board of Trustees meeting Monday **Apr 8th 2024** at 6:00 PM on Zoom.
- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday **Apr 29th, 2024 on Zoom.**

X. CLOSING: Our Father.

- **Dave** moved to adjourn.
- **Jim** seconded. Motion carried.
- **Don** closed the meeting with prayer at **6:46 PM.**

Respectfully submitted,

Rita Standish

Office Manager



Speaker Meeting Updates

New Phoenix Speaker Meetings on Saturday at 8PM

May 4th-*“Birthday night”*

May 11th-**Pat M.** (*Rockport Fellowship Group*)

May 18th- **Raul R** (*New Phoenix Group*)

May 25th-**Kruger D.**(*New Phoenix Group*)

Alanos Group 1635 18th Street- Friday Night Speaker Meeting-
at 8 pm in the big building. Doors open at 7:30pm for fellowship.

May 3rd- *Birthday night*, May 10th-**Nancy B.** (**New Phoenix**),

May 17th-**Teresa M.** (**New Phoenix**), May 24th- **Tina T.** (**Hilltoppers**),

May 31st- **Mando P.** (**New Phoenix**)

AA Meetings on Zoom

Group Name	Zoom ID #	Zoom Password	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Friday Night Speaker Meeting (CC)	434 708 8936	867742					Last Friday Only S 8:00 PM		
New Attitude Group (CC) <i>Hybrid Meetings</i>	451 546 1004	HP2016	ODN 6:00 PM		ODN 6:00 PM		ODN 6:00 PM		
New Phoenix Group (CC) <i>Hybrid Meetings</i>	886 9994 6374	336965	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 7:00 AM	OLS 7:00 AM
New Women’s Group (CC)	580 495 1776	NWGroup	WOD 7:00 PM					WOD 3:00 PM	
Turning Point Group (CC)	677 587 2132	sober			OLS 6:30 PM			OD 6:30 PM	
Weber Nooners’ Group (CC)	295 538 7558	475272	OD Noon BB 5:00 PM	OD Noon	OD Noon	OD Noon	OD Noon	OD Noon	OD Noon
Clean & Serene Group (CC)	677 587 2132	sober					GLBT/OD 7:30 PM		
Rockport Happy Hour Group	817 4546 8941	0164		CD 5:30 PM		CD 5:30 PM			
Victoria Back to Basics	662 621 1099	218223	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM
Victoria Mainstream	698 545 080	003178			OD Noon				
Hope, God, Love, Farm.	885 2263 8498	No Passcode					OBB 8:00 AM		

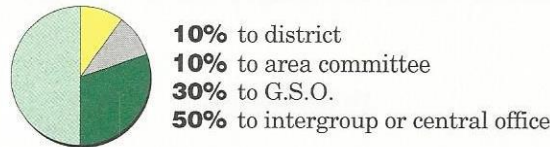


CBIA Appreciates Ongoing Support

Group Contributions

CBIA would like to express their gratitude to the AA Groups that support us all during the year, it is our second biggest source of revenue.

The AA World Service pamphlet, [Self-Support: Where Money and Spirituality Mix](#), suggests that AA Groups in areas served by an intergroup office distribute funds in excess of prudent reserve as shown below.



Thus, it is up to each group conscience to determine what (*if anything*) it contributes.

Your group might want to re-consider its contribution priorities temporarily. GSO and Intergroup have a bigger slice of the pie because they have much higher overhead (*salaries, office space, etc.*) than the other service entities. You might want to consider giving more to Intergroup and GSO and less to other service entities. Also, if your group has money earmarked that can be sent in earlier, that would be helpful.

Individual Contributions

We are grateful that individual members of our community have made contributions to Coastal Bend Intergroup. You can donate on the **BirthDay Club** list by just sending in a donation or drop it by the office. We are pleased with how many do send contributions throughout the year and we will continue to hope for ongoing individual support through 2023.

Where Are We Now?

Actual
April 2024

Contributions	\$20,248.75
Gross Sales	\$3,900.39
Refund	\$144.63
Cost of Goods Sold	(\$1682.58)

Gross Gain	\$22,017.71
Total Expenses	\$14,302.68
Other Income	3.90

Net Gain	\$7,718.93



2024 CBIA Birthday Club

The Birthday Plan is for members who wish to contribute to CBIA on their A.A. birthday. \$1 per year is suggested for each year of sobriety, but members may contribute as little or as much as they wish up to \$5,000. Donations can be made by PayPal under the Donate option on our website (www.cbiaa.org) or by Venmo to CoastalBend-Intergroup. (For anonymity, it is recommended that Venmo settings make the transaction private.) or donate by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. Please indicate Home Group or City and Sobriety Date. Let us know if you do not want your birthday listed in the Bender

NAME	HOME GROUP	SINCE	YEARS IN 2023
Nancy G.	CC-Turning Point Group	01/01/1983	41 Years
Gail B.	Victoria-Golden Slippers	01/01/2011	13 Years
Terry K.	CC-Sunset 7	01/01/2000	24 Years
Sheila S.	CC-New Phoenix	01/07/2007	17 Years
Charlie B.	Victoria-Golden Slippers	01/09/2006	18 Years
Ceil Mc K.	CC-Hilltoppers Group	01/10/1982	42 Years
Sandra E.	CC-Weber Road Nooners	01/20/2011	13 Years
Pat L.	CC-Hilltoppers Group	01/20/2001	23 Years
Rae T.	CC-Happy Hour Group	01/23/2006	18 Years
Tom G.	CC-Turning Point Group	01/26/1984	40 Years
Ernest J.	CC-Flour Bluff Unity Group	02/15/ 2004	20 Years
Rob M.	Corpus Christi	02/24/1985	39 Years
Mike B.	CC-New Phoenix	03/05/2014	10 Years
Janeen H.	CC-Turning Point Group	03/08/2017	7 Years
Chris N.	CC-Oso Group	03/09/2009	15 Years
Rita S.	CC- Oso Group	03/13/1977	47 Years
Mary C.	CC-Turning Point Group	03/22/1992	32 Years
Bruce R.	CC-New Phoenix Group	03/27/1985	39 Years
Enrique M.	CC-Weber Road Nooners	03/30/2016	8 Years
Phyllis H.	Rockport Fellowship	04/01/2004	20 Years
Marlive F.	Corpus Christi	04/08/1987	37 Years
Lisa D.	Austin, TX (18 th St)	04/21/1987	37 Years
Kelly K.	Corpus Christi	04/18/1986	38 Years
Gale S.	Albuquerque, NM	04/23/1994	30 Years
Fred C.	Corpus Christi, TX	05/13/1987	37 Years
Carol D.	CC-Happy Hour Group	05/24/2016	8 Years
Mary H.	CC-Happy Hour Group	05/24/1995	29 Years
Jackie C.	Pleasanton, TX	06/05/2014	10 Years
Gary L.	CC-New Phoenix Group	6/07/2009	15 Years
James M.	Nueces Bay Group	06/13/1993	31 Years

2024 CBIA Birthday Club (*Continued*)

NAME	HOME GROUP	SINCE	YEARS IN 2023
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Terry M.	Nueces Bay Group	06/18/1992	32 Years
Marie A.	CC-Alanos Group	06/21/1991	33 Years
Robin P.	CC-Hilltoppers Group	06/22/1986	38 Years
Bill Drews	Rockport-Happy Hour	07/16/1981	43 Years
Libby A.	CC-New Women's Group	07/12/1987	37 Years
Tammy B.	CC-Weber Road Nooners	08/11/1989	35 Years
April K.	Corpus Christi, TX	08/20/1984	40 Years
Scott Mc G.	CC-Hilltoppers Group	08/22/2002	22 Years
Pat E.	CC-New Women's Group	08/23/1987	37 Years
Butch R.	CC Weber Road Nooners	08/26/2006	18 Years
Mike Q.	CC- Weber Road Nooners	08/28/2000	24 Years
Fred B.	Aransas Pass Group	09/01/2002	22 Years
Hank S.	CC-Cullen Mall Group	09/07/1993	31 Years
Barb C-S	CC-New Women's Group	09/09/1985	39 Years
Valerie B.	CC-New Phoenix Group	09/13/2017	7 Years
Heather D.	CC-Weber Road Nooners	09/23/2009	15 Years
Dave D.	Rockport Fellowship	10/04/1985	39 Years
Brandelyn M.	CC-New Phoenix Group	10/09/2009	15 Years
Patrick R.	CC-New Phoenix Group	10/09/2009	15 Years
Harold B.	CC-Weber Road Nooners	10/18/2007	17 Years
Arthur A.	CC-Hilltoppers Group	10/19/1998	26 Years
Tim R.	CC-New Phoenix Group	10/21/2011	13 Years
Betsy H.	CC-New Women's Group	10/22/2010	14 Years
Kruger D.	CC-New Phoenix Group	10/23/2009	15 Years
Eddie M.	CC-Weber Road Nooners	10/28/2005	19 Years
Debbie B.	CC-Weber Road Nooners	10/31/2000	24 Years
Margaret P.	CC-Hilltoppers Group	11/06/2006	18 Years
Loralei D.	CC-New Women's Group	11/06/1984	40 Years
Joanie J.	San Antonio, TX	11/28/2015	9 Years
Larry H.	Rockport Fellowship	12/04/1990	34 Years
Jimmy M.	Port Lavaca Group	12/14/1987	38 Years
Joe Mc M.	CC-Hilltoppers Group	12/21/1980	44 Years
Tony P.	CC-Hilltoppers Group	12/23/1978	46 Years
Ron S.	China, TX	12/24/2009	15 Years
John K.	CC-Cullen Mall Group	12/25/1995	29 Years
Lois H.	CC-New Women's Group	12/29/2007	16 Years

Memorial Contributions

Memorial Donations can be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meeting is not required as long as they died sober. Suggested donation of \$1 per year of sobriety or a minimum of \$5. They will be listed in each Bender from the month after the donation to the end of the year.

Donations can be made by PayPal under the Donate option on our website (www.cbiala.org), by Venmo to CoastalBend-Intergroup (*For anonymity, it's recommended that Venmo settings make the transaction private.*) or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX). Please indicate Home Group or City and date of death year.

Name -----	Home Group -----	Departed -----
Hugh P.	(Arizona) Corpus Christi	12/07/2023
Bill M.	(Arizona) Hilltoppers	12/26/2023
Richard F.	Portland Noon Meeting	01/24/2024
Gill S.	(Former Hilltoppers)	03/24/2024

Have you heard it through the Grapevine yet?

AA Grapevine has gone social! It has its own podcast! Each week, longtime AA members Don and Sam interview different members about their experience, strength and hope. The half-hour podcast is a casual “meeting after the meeting” with jokes, fun and the typical AA banter. Listening to a few episodes, it’s a reminder that alcoholics are not a glum lot.

New episodes are available in English each Monday at 9:00am EST. The hosts interview their guests on getting sober, service, Steps, sponsorship and more. To listen to new or past episodes, visit www.aagrapevine.org/podcast (or wherever you get podcasts). By going to the website, members are able to email, call or leave voice recordings with comments, suggestions, jokes or recovery related questions for the Ask-It-Basket. Our Tradition of anonymity will be respected with all submissions on the show.



Treatment and Facilities Committee meets the second Saturday of each month at the New Phoenix Group at 5433 S. Staples Ste H, in Corpus Christi, TX at 2pm. Everyone is welcome, including newcomers. You might find that you would like to be of service but you will find it very informative even if you don't commit.

TELEPHONE
ANSWERING SERVICE



Get Involved!

Helpline / 12 Step List Help Needed!

More people are needed for "The Helpline". The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday or 8 AM Sunday to 8 AM Monday). A minimum of nine months sobriety is required to answer the phones. **If you are available to do this vital volunteer work, please contact CBIA as soon as possible to add your name.**

If a caller needs help beyond meeting information, the helpline passes them to someone on the **12-Step List** for a longer conversation on how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12 Step List. If interested please call Terry or Rita at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday thru Friday.

Local Stories Wanted For the Coastal BENDER- Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grandecom.net in a Word document or similar format.

Contributions

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held Monday **May 13th, 2024** at 6:00 PM on Zoom.

CBIA Quarterly Association Meeting will be held Monday **July 29th, 2024** at 6:00 PM on Zoom.

Group Announcements

New Phoenix Group Conscience is held the first Sunday of the month at 1:15 PM. **Birthday Night** is first Saturday of the month at 8:00PM. (5433 S. Staples, Suite F in The Boardwalk.) park in the rear parking lot off Bonner.

Hilltoppers Group Conscience is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

Weber Road Nooners Group Conscience is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are being celebrated on the 1st Monday of the month following their birthday. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.) The Saturday noon meeting has been cancelled.

Calallen Group Conscience is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthday Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

Flour Bluff Unity Group Conscience is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

GROUP NAME	April 2024	YTD 2024
Alice Group		
Anonymous/Individual Contribution	204.00	6,932.00
Aransas Pass Group		
Beeville-Shepherd's Group		
CC-Alanos		
CC-Bookmarks Group		
CC-Broken Chains		5.00
CC-Calallen Group		
CC-Crosstown Group		
CC-Cullen Mall Group		100.00
CC-Day of AA		
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's PLC		
CC-Flour Bluff Unity Group		44.80
CC-Happy Hour Meeting		
CC-Hilltoppers Group		
CC-Humility Group		
CC-Lucky Ones		
CC-New Attitude Meeting		
CC-New Life Group	50.00	200.00
CC-New Phoenix Group		39.00
CC-New Women's Group	402.96	594.96
CC-Oso Group		
CC-Saratoga Group		
CC-Sunset 7 Group (N Padre Island)		142.51
CC-Weber Road Nooners Group	300.00	452.50
CC-Turning Point Face to Face		
District 7		
District 15		
Cuero-Burning Desire Group		
Goliad-Open Arms Group		70.60
Hallettsville Group		40.00
Karnes City-Mayfield Group		
Kingsville-AL-K Group		9.00
Moulton Group		
Mathis -Crossroads Group	25.00	25.00
Mathis - Unity Group		
Port Aransas Group		
Port Lavaca Group		
Port O'Connor Group		86.00
Portland Jaywalkers Group		
Portland -Nueces Bay Group	10.00	30.00
Quarterly Meeting 7 th Tradition		
Riviera-SASTO Group		
Robstown Desire Group		
Rockport-Happy Hour Group		100.00
Rockport-Fellowship Group		
Schulenburg Group		
Shiner Group		
Sinton-Grupo Secunda Chanza		
Skidmore Group		
George West Hardcore Group		
Three Rivers-Choke Canyon Group		
Victoria-Airport Group		
Victoria-Back to Basics Group		44.84
Victoria-For Sinners Only Group		25.00
Victoria-Golden Slippers		247.50
Victoria-High Nooners Group		
Victoria-Main Stream Group		50.00
Victoria-Men's Group		
Victoria-Unity Group		15.50
Victoria-Women's Group		10.00
Yorktown Group		204.00
Day of AA		
TOTAL	\$1,770.79	\$10,280.23

Coastal Bend Intergroup Association
Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
Print meeting schedules; and
Maintain a 12-Step list whereby AA groups and individuals are able to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Services Provided

- Maintains an office which is open Monday through Friday from 8:30 to 11:30AM and 2:00 to 5:00PM.
Provides information and referrals for A.A. inquiries.
Maintains a 12 Step listing and calls individuals for 12 Step work.
Provides an A.A. listing in the Telephone directory.
Provides a 24-hour volunteer phone answering during hours when the office is closed.
Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
Purchases and sells "CONFERENCE APPROVED" literature, and non-conference approved Anniversary Medallions, Sobriety Chips.
Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
Maintains service committees for service work in the Coastal Bend Area.

Detach here.

Free e-Mail Subscription to the BENDER

NAME: _____.

E-MAIL: _____.

Easy ways to sign up for our two monthly publications:

- Send an email with the above information to cbia@grandecom.net with the caption "ADD TO BENDER DIST."
Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.