



## "2023 PI/CPC Conference"

Aug 4-5th at McKenna Center 801 W San Antonio St New Braunfels, TX (see attached flier)

"District 8D Pre-Election Workshop" Hosted by Book Marks Group August 19th at 2pm at 4215 S. Staples **District 8D Meeting follows at 3:15pm** 

(see attached flier)

**"62<sup>nd</sup> Annual Lakeside Conference"** September 22<sup>nd</sup>-24<sup>th</sup> 9030 Retreat Road, Brownwood, TX (see attached flier)

## **AA Member's Story**

Well, here goes. It's July 5th and I'm sitting here kind of watching Wimbledon tennis. A good friend of mine came up to me this morning before the meeting to ask me a question. I was going into full panic mode wondering what he wanted to talk about. He asked me if I would write a story for the CBIA Newsletter! I had to say yes. I've been around a long enough to know I need to give back and be of service, not just for my own selfishness, but mainly for others.

My God has a wicked sense of humor. The topic of discussion this morning was about service work and how I needed to get out of my comfort zone. So, after a period of time for my brain to bounce off the walls in utter confusion, I remembered another good friend reminding me that I had a good story to tell.

It actually started around 12 years ago when I fell off a ladder pulling a dumb stunt with a chainsaw and fractured my leg. Foot turned around backwards, bones sticking out. I did it up right. I had managed to let my Higher Power God help me stay sober about 10 years around this time. I had some surgeries and metal plates put in; the whole nine yards. This AA program and my friends and family helped me to not drink through this by the grace of God working through them. I had proven over and over through the years that I couldn't do that on my own willpower. Looking back, I'm amazed the thought of drinking over this continuing saga never occurred to me. AA is really a miracle in progress.

I had some more surgeries and developed a staph infection that nearly took my life. My ortho surgeon eventually told me that my right leg had to be amputated or I would die from the infection. I remember (barely) kind of being in shock and saying to him, 'let's do it and get it over with'. No desire to drink over it, just do it so I can figure out what's next. What a miracle. What a blessing. I got a second opinion from our son's fatherin-law who's also an orthopedic surgeon and the results were the same. So, I had my right leg removed about ten years ago. It wasn't all smooth sailing. I had to deal with a lot of pain meds along the way and I loved pain meds. Almost as much as I loved my cold beer. I've had a number of medical issues in the past decade. They called all of my family in over one of my episodes to advise them I was likely to die. I now have a broken right jaw (where the staph infection reappeared) with a detached metal plate in it that they tried to completely rebuild. It's dead numb among some other issues. I'm still dealing with some side effects of COVID. My lungs are about 45% effective now and I have COPD. I'm also a cancer survivor, although I've ultimately lost all my teeth over time due to the effects of the radiation treatment I received.

I tell all this not for sympathy, because believe me I don't like to draw attention to myself. Left to my own devices, I would withdraw and be a hermit. But God does for me what I can't do for myself or by myself. We've been in Corpus Christi a little over 2 years now and I know as sure as I'm sitting here that my God led me to this AA group and morning meeting that I am a part of now. I know I'm still here because God wants me to share and be of service, even though that is not comfortable for me at all. But I'm still here and God keeps prodding me along.

I truly love my New Phoenix Group of Alcoholics Anonymous and can't imagine my life without my meetings and all my friends. I am truly blessed with my family and AA family. I'll celebrate 23 years continuous sobriety next month. What a miracle. Just as important, my NPG family helps keep me sane. Life would just not be as content without my meeting every day. God bless them all. I'll leave my mental health journey as a story for another time.

> Glenn S NPG Corpus Christi

# **CBIA Hours**

CBIA PHONE NUMBER- (361) 992-8911 Calls are answered by staff during business hours Monday-Friday and by helpline volunteers at lunch, after hours and on weekends and holidays.

**CBIA OFFICE HOURS** (except on Holidays). We will continue to work 30-hour weeks during 2023 to keep costs down.

> **Monday-Friday** 8:30am-11:30am and 2:00pm-5:00pm

The office is open during these hours to come in and pick up items. If you would like, you can call ahead with your order and we can have it ready for pick up. If we are out of stock, we can let you know at that time.

### **CBIA HOLIDAYS**

January **New Year's Day** September **Labor Day** 

**Memorial Day** November Thanksgiving- 2 days May

**Independence Day Christmas Day** July **December** 

## CBIA BOARD OF TRUSTEE MEETING June 19th, 2023

- I. Jim opened the meeting at 6:04PM with Moment of Silence followed by Serenity **Praver** 
  - Paul M. read CBIA Mission Statement
  - Scott M. read General Warranties
  - Scott M. read 12 Traditions
- II. ATTENDANCE: Blake (Chair), not present Jim L.(Vice Chair), Parth not present, Scott M., Scott E., Jennifer, Paul M., Rita S. (Office Manager), Terry M. (Assistant Office Manager)
- MINUTES: Jim L read Minutes of May 8th Board Meeting. III. Jennifer motioned to accept minutes. Scott M. seconded. All approved.
- FINANCIAL REPORTS: All trustees were emailed the financials and reviewed before IV. Board meeting. Scott M asked if there were any questions. None were brought up. Jennifer motioned to accept and Scott E. seconded. All approved.

### **May Financials Balance Sheet:**

Balance Sheet	<b>Total Funds</b>	Profit & Loss		
May-23		May-23		
Petty Cash	\$50.00	Contributions	\$592.60	Group & Individual Total sales-
Checking	\$11,310.29	Gross Sales Jamboree	\$351.26	COGS (898.70-547.44)
Prudent Reserve Jamboree	\$ 15,630.30	Income	0.00	
Account	\$3,690.30			
<b>Total Funds</b>	\$30,680.89	<b>Total Funds</b>	\$943.86	
		<b>Total Expenses</b>	\$2,690.94	
YTD- Jan-May 23		<b>May Net Income</b>	\$-1,739.08	
Contributions	7,428.74			
Jamboree	14,000.00			
<b>Gross Sales</b>	1,864.06			
Total	23,729.04			
YTD Expenses	16,798.75			
YTD Net Income	6,942.10			

### V. SERVICE AREAS:

- 12th Step: -Parth-not present.
- **Bilingual: Jennifer** reported the Spanish meetings are going strong in Corpus. She attended the Hispanic State Convention in Dallas May 26<sup>th</sup>-28 where there were 1200 people in attendance. Delegates from 3 of the Spanish Districts attended the Conference. The Spanish District in Corpus Christi, District 24 will hopefully start up again in January 2024. Jennifer is excited to be a part of that District starting again. There will be another Conference in San Antonio in November, she will send flyer to the office.
- **Social: Jennifer** stated the Founder's Day event was a success. Wrap meeting is Sunday and after all bills are paid, she is sure there will be enough for a prudent reserve for next event and money to donate to CBIA office. Jennifer's home group donated money for scholarship tickets to the Women's Wenholz home and the ladies were very appreciative of being able to attend. Good music, food, presentations of Group histories, were just part of what everyone enjoyed about the event.

- Coastal Bender: James L. stated he is still looking for a story for July, asked for anyone's help to recruit a story.
- Corrections and Treatment Facilities: Scott M. said a woman from his home group took books to the jail. Scott got another name, Robert Leal to speak to about men going into the jail to speak to the male inmates about AA and he will try to contact him.
- **Jamboree:** Jim L. stated first meeting is July 8 at New Phoenix at 9am.
- Public Information/Cooperation with Professional Community: Scott E, nothing
- **Nominations:** Scott E. stated he would like some input when the time gets closer.
- **Archives: Paul M**. nothing new to report.
- V1. OFFICE REPORT: Rita has nothing new at the office. Terry let everyone know that we finally got the small abridged Big Books in, they had been on back order for almost a year.
- VII. OLD BUSINESS: None
- VIII. NEW BUSINESS: None

### IX. <u>NEXT MEETING:</u>

- Next CBIA Board of Trustees meeting Monday July 31st, 2023 at 6:00 PM on Zoom.
- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday **July 31st, 2023 on Zoom.**
- **X. CLOSING**: **Jim** asked for motion to close the meeting.
  - **Jennifer** moved to adjourn.
  - Scott M. seconded. Motion carried
  - **Jim** closed the meeting with prayer at **6:35 PM**.

Respectfully submitted, Rita Standish Office Manager



## **Speaker Meeting Updates**

**New Phoenix Speaker Meetings on Saturday at 8PM** 

Aug 5th-"Birthday night"

Aug 12th-Heather D (New Phoenix Grp)

Aug 19th-Jim L (New Phoenix Grp)

Aug 26th- Franny D (Lucky Ones)

\*\*\*\*Women's Meeting at New Phoenix is now at 9:30am Sunday Morning!

## Alanos Group 1635 18th Street- Friday Night Speaker Meeting-

at 8 pm in the big building. Doors open at 7pm for fellowship. First Friday is a potluck starting at 7pm followed by speaker at 8pm.

Aug 4th-John B (New Phoenix Group), Aug 11th-Carol D (Happy Hour Group), Aug 18th-Paul M (New Attitude), Aug 25th-Holly B. (Weber Nooners) (see attached flier)

## **AA Meetings on Zoom**

Group Name	Zoom ID #	Zoom Password	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Friday Night Speaker Meeting (CC)	434 708 8936	867742					Last Friday Only S 8:00 PM		
New Attitude Group (CC) Hybrid Meetings	714 784 969	954788	ODN 6:00 PM		ODN 6:00 PM		ODN 6:00 PM		
New Phoenix Group (CC) Hybrid Meetings	886 9994 6374	336965	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 7:00 AM	OLS 7:00 AM
New Women's Group (CC)	580 495 1776	NWGroup	WOD 7:00 PM			WOD 7:00 PM		WOD 3:00 PM	
Turning Point Group (CC)	677 587 2132	sober			OLS 6:30 PM			OD 6:30 PM	
Weber Nooners' Group (CC)	295 538 7558	475272	OD Noon BB 7:00 PM	OD Noon	OD Noon	OD Noon	OD Noon	OD Noon	OD Noon
Clean & Serene Group (CC)	677 587 2132	sober					GLBT/OD 7:30 PM		
Rockport Happy Hour Group	817 4546 8941	0164		CD 5:30 PM		CD 5:30 PM			
Victoria Back to Basics	662 621 1099	218223	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM
Victoria Mainstream	698 545 080	003178			OD Noon				

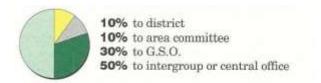


## **CBIA Appreciates Ongoing Support**

### **Group Contributions**

CBIA would like to express their gratitude to the AA Groups that support us all during the year, it is our second biggest source of revenue.

The AA World Service pamphlet, <u>Self-Support: Where Money and Spirituality Mix</u>, <u>suggests</u> that AA Groups in areas served by an intergroup office distribute funds in excess of prudent reserve as shown below.



Thus, it is up to each group conscience to determine what (if anything) it contributes.

Your group might want to re-consider its contribution priorities temporarily. GSO and Intergroup have a bigger slice of the pie because they have much higher overhead (*salaries*, *office space*, *etc.*) than the other service entities. You might want to consider giving more to Intergroup and GSO and less to other service entities. Also, if your group has money earmarked that can be sent in earlier, that would be helpful.

#### **Individual Contributions**

We are grateful that individual members of our community have made contributions to Coastal Bend Intergroup. You can donate on the Birthday Club list by just sending in a donation or drop it by the office. We are pleased with how many do send contributions throughout the year and we will continue to hope for ongoing individual support through 2023.

Where Are We Now?	Actual July <u>2023</u>
Contributions	\$26,387.77
<b>Gross Sales</b>	\$7,617.11
Cost of Goods Sold	(\$5,056.60)
Gross Gain	\$28,948.28
Total Expenses	\$22,522.60
Interest Income	7.75
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Net Gain	\$6,441.43



# 2023 CBIA Birthday Club

Birthday Club Members are people who have made an individual contribution to CBIA of \$1.00 or more for each year of sobriety during that calendar year. They will be listed in each Bender from the month after the donation to the end of the year. Monthly donors (\$5 or more) and people who contribute \$100 or more will be listed for one additional year. Donations can be made by PayPal under the Donate option on our website (www.cbiaa.org), by Venmo to CoastalBend-Intergroup (For anonymity, is recommended that Venmo settings make the transaction private.) or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. Please indicate Home Group or City and Sobriety Date. Let us know if you do not want your birthday listed in the Bender.

NAME	HOME GROUP	SINCE	YEARS IN 2023
Nancy G.	CC-Turning Point Group	01/01/1983	40 Years
Gail B.	Victoria-Golden Slippers	01/01/2011	12 Years
Terry K.	CC-Sunset 7	01/01/2000	23 Years
Sheila S.	CC-New Phoenix	01/07/2007	16 Years
Charlie B.	Victoria-Golden Slippers	01/09/2006	17 Years
Ceil Mc K.	CC-Hilltoppers Group	01/10/1982	41 Years
Sandra E.	CC-Weber Road Nooners	01/20/2011	12 Years
Rae T.	CC-Happy Hour Group	01/23/2006	17 Years
Tom G.	CC-Turning Point Group	01/26/1984	39 Years
Ernest J.	CC-Flour Bluff Unity Group	02/15/2004	19 Years
Rob M.	Corpus Christi	02/24/1985	38 Years
Mike B.	CC-New Phoenix	03/05/2014	9 Years
Janeen H.	CC-Turning Point Group	03/08/2017	6 Years
Chris N.	CC-Oso Group	03/09/2009	14 Years
Rita S.	CC- Oso Group	03/13/1977	46 Years
Mary C.	CC-Turning Point Group	03/22/1992	31 Years
Bruce R.	CC-New Phoenix Group	03/27/1985	38 Years
Enrique M.	CC-Weber Road Nooners	03/30/2016	7 Years
Phyllis H.	Rockport Fellowship	04/01/2004	19 Years
Cathy H.	New Fairfield, CT	04/06/1999	24 Years
Marlive F.	Corpus Christi	04/08/1987	36 Years
Lisa D.	Austin, TX (18th St)	04/21/1987	36 Years
Kelly K.	Corpus Christi	04/18/1986	37 Years
Gale S.	Albuquerque, NM	04/23/1994	29 Years
Fred C.	Corpus Christi, TX	05/13/1987	36 Years
Carol D.	CC-Happy Hour Group	05/24/2016	7 Years
Mary H.	CC-Happy Hour Group	05/24/1995	28 Years
Jackie C.	Pleasanton, TX	06/05/2014	9 Years
Gary L.	CC-New Phoenix Group	6/07/2009	14 Years
James M.	Nueces Bay Group	06/13/1993	30 Years

# 2023 CBIA Birthday Club (Continued)

NAME	HOME GROUP	SINCE	YEARS IN 2023
Terry M.	Nueces Bay Group	06/18/1992	31 Years
Marie A.	CC-Alanos Group	06/21/1991	32 Years
Robin P.	CC-Hilltoppers Group	06/22/1986	37 Years
<b>Bill Drews</b>	Rockport-Happy Hour	07/16/1981	42 Years
Libby A.	CC-New Women's Group	07/12/1987	36 Years
Tammy B.	CC-Weber Road Nooners	08/11/1989	34 Years
April K.	Corpus Christi, TX	08/20/1984	39 Years
Scott Mc G.	CC-Hilltoppers Group	08/22/2002	21 Years
Pat E.	CC-New Women's Group	08/23/1987	36 Years
Butch R.	CC Weber Road Nooners	08/26/2006	17 Years
Mike Q.	CC- Weber Road Nooners	08/28/2000	23 Years
Fred B.	Aransas Pass Group	09/01/2002	21 Years
Hank S.	CC-Cullen Mall Group	09/07/1993	30 Years
Barb C-S	CC-New Women's Group	09/09/1985	38 Years
Valerie B.	CC-New Phoenix Group	09/13/2017	6 Years
Heather D.	CC-Weber Road Nooners	09/23/2009	14 Years
Dave D.	Rockport Fellowship	10/04/1985	38 Years
Brandelyn M.	CC-New Phoenix Group	10/09/2009	14 Years
Patrick R.	CC-New Phoenix Group	10/09/2009	14 Years
Harold B.	CC-Weber Road Nooners	10/18/2007	16 Years
Arthur A.	CC-Hilltoppers Group	10/19/1998	25 Years
Tim R.	CC-New Phoenix Group	10/21/2011	12 Years
Betsy H.	CC-New Women's Group	10/22/2010	13 Years
Kruger D.	CC-New Phoenix Group	10/23/2009	14 Years
Eddie M.	CC-Weber Road Nooners	10/28/2005	18 Years
Debbie B.	CC-Weber Road Nooners	10/31/2000	23 Years
Mary G.	CC-Hilltoppers Group	11/03/1986	37 Years
Margaret P.	CC-Hilltoppers Group	11/06/2006	17 Years
Loralei D.	CC-New Women's Group	11/06/1984	39 Years
Joanie J.	San Antonio, TX	11/28/2015	8 Years
Larry H.	Rockport Fellowship	12/04/1990	33 Years
Jimmy M.	Port Lavaca Group	12/14/1987	36 Years
James H.	New Fairfield, CT	12/17/1993	30 Years
Joe Mc M.	CC-Hilltoppers Group	12/21/1980	43 Years
Tony P.	CC-Hilltoppers Group	12/23/1978	45 Years
Ron S.	China, TX	12/24/2009	14 Years
John K.	CC-Cullen Mall Group	12/25/1995	28 Years
Lois H.	CC-New Women's Group	12/29/2007	15 Years

## **Memorial Contributions**

Memorial Donations can be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meeting is not required as long as they died sober. Suggested donation of \$1 per year of sobriety or a minimum of \$5. They will be listed in each Bender from the month after the donation to the end of the year.

Donations can be made by PayPal under the Donate option on our website (www.cbiaa.org), by Venmo to

CoastalBend-Intergroup (For anonymity, it's recommended that Venmo settings make the transaction private.) or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX). Please indicate Home Group or City and date of death year.

Name	Home Group	Departed
Joe C.	Happy Hour Group	09/04/2022
George D.	Port Aransas Group	11/30/2022
Stephanie D.	Georgetown, TX	12/24/2022

### Have you heard it through the Grapevine yet?

AA Grapevine has gone social! It has its own podcast! Each week, longtime AA members Don and Sam interview different members about their experience, strength and hope. The half-hour podcast is a casual "meeting after the meeting" with jokes, fun and the typical AA banter. Listening to a few episodes, it's a reminder that alcoholics are not a glum lot.

New episodes are available in English each Monday at 9:00am EST. The hosts interview their guests on getting sober, service, Steps, sponsorship and more. To listen to new or past episodes, visit www.aagrapevine.org/podcast (or wherever you get podcasts). By going to the website, members are able to email, call or leave voice recordings with comments, suggestions, jokes or recovery related questions for the Ask-It-Basket. Our Tradition of anonymity will be respected with all submissions on the show.





### **Helpline / 12 Step List-Help Needed!**

More people are needed for "The Helpline". The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday or 8 AM Sunday to 8 AM Monday). A minimum of nine months sobriety is required to answer the phones. If you are available to do this vital volunteer work, please contact CBIA as soon as possible to add your name.

If a caller needs help beyond meeting information, the helpline passes them to someone on the 12-Step List for a longer conversation on how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12 Step List. If interested please call Terry or Rita at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday thru Friday.

**Local Stories Wanted For the Coastal BENDER-** Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to <a href="mailto:cbia@grandecom.net">cbia@grandecom.net</a> in a Word document or similar format.

#### **Contributions**

#### **Intergroup Meetings**

CBIA Board of Trustees Monthly Meeting will be held Monday **June 19th** at 6:00 PM on Zoom.

CBIA Quarterly Association Meeting will be held Monday **July 31<sup>th</sup> 2023** at 6:00 PM on Zoom.

#### **Group Announcements**

New Phoenix Group Conscience is held the first Sunday of the month at 1:15 PM. Birthday Night is first Saturday of the month at 8:00PM. (5433 S. Staples, Suite F in The Boardwalk.) park in the rear parking lot off Bonner.

Hilltoppers Group Conscience is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

Weber Road Nooners Group Conscience is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are being celebrated on the 1st Monday of the month following their birthday. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

Calallen Group Conscience is held the 3rd Wednesday of each month following the 6:30PM meeting. Birthday Night is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

Flour Bluff Unity Group Conscience is held the 2nd Sunday of each month at noon. Birthday Night is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday** Meeting at 8:00PM at The Anchor Club (320 Anchor St. in CC).

**Turning Point Group Conscience** is held the 1<sup>st</sup> Wednesday of each month.

GROUP NAME	July 2023	YTD 2023
Alice Group  Anonymous/Individual Contribution	70.00	1,718.00
		***
Aransas Pass Group Beeville-Shepherd's Group	20.00	20.00
CC-Alanos		300.00
CC-Bookmarks Group		
CC-Calallen Group		25.00
CC-Crosstown Group		
CC-Cullen Mall Group CC-Day of AA		
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's PLC		
CC-Fifth Tradition Group		
CC-Flour Bluff Unity Group CC-Friday Night Speaker Meeting		
CC-Happy Hour Meeting		
CC-Hilltoppers Group		
CC-Humility Group		
CC-Just for Today Group		
CC-Lucky Ones CC-New Attitude Meeting		250.39
CC-New Life Group	50.00	450.00
CC-New Phoenix Group	35.00	744.00
CC-New Women's Group	125.88	768.94
CC-Oso Group		851.18
CC-Roddfield Group (final dist) CC-Saratoga Group		
CC-Sunset 7 Group (N Padre Island)	304.19	1,128.75
CC-Turning Point Face to Face	41.50	141.50
CC-Weber Road Nooners Group	420.00	1520.00
District 7		
District 15 District 8D		
Cuero-Burning Desire Group		
Goliad-Open Arms Group		33.35
Hallettsville Group	32.12	67.12
Karnes City-Mayfield Group Kingsville-AL-K Group		
Moulton Group		
Mathis -Crossroads Group		100.00
Mathis – Unity Group		
Port Lavage Croup		
Port Lavaca Group Port O'Connor Group		
Portland -Jaywalkers Group		
Portland -Nueces Bay Group	10.00	20.00
Quarterly Meeting 7 <sup>th</sup> Tradition		
Riviera-SASTO Group Robstown Desire Group		
Rockport-Happy Hour Group	100.00	440.00
Rockport-Fellowship Group		1000.00
Schulenburg Group		100.00
Shiner Group Sinton-Grupo Secunda Chanza		100.00
Skidmore Group		
Three Rivers-Choke Canyon Group		50.00
Victoria-Airport Group		
Victoria-Back to Basics Group		349.10
Victoria-For Sinners Only Group Victoria-Golden Slippers		25.00
Victoria-Golden Shippers  Victoria-High Nooners Group		200.00
Victoria-Main Stream Group	50.00	150.00
Victoria-Men's Group		
Victoria-Unity Group	20.89	43.18
Victoria-Women's Group		20.00
Yorktown Group		150.00
Day of AA TOTAL	\$1,279.58	\$10,680.51
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#### **Coastal Bend Intergroup Association Mission Statement**

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list

whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

#### Services Provided

- 1. Maintains an office which is open Monday through Friday from 8:30 to 11:30AM and 2:00 to 5:00PM.
- 2. Provides information and referrals for A.A. inquiries.
- 3. Maintains a 12 Step listing and calls individuals for 12 Step work.
- 4. Provides an A.A. listing in the Telephone directory.
- 5. Provides a 24-hour volunteer phone answering during hours when the office is closed.
- 6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
- 7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special
- 8. Purchases and sells "CONFERENCE APPROVED' literature, and non-conference approved Anniversary Medallions, Sobriety Chips.
- 9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
- 10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
- 11. Maintains service committees for service work in the Coastal Bend Area.

	Detach here.	
	Free e-Mail Subscription to the BENDER and BITS & PIECES	
NAME:		
E-MAIL:		

Easy ways to sign up for our two monthly publications:

- Send an email with the above information to cbia@grandecom.net with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.