



"SWTA 68 Summer Workshop"

July 21st-23rd Adams Street Community Center, Brownwood TX (see attached fliers, English and Spanish)

"Cullen Mall Beach Party"

July 29th 2023 at Access Rd 3 on Padre Island starts at 10am Food, Fun, and Fellowship Don't miss the Bonfire meeting at sunset! (see attached flier)

"62nd Annual Lakeside Conference"

September 22nd-24th 9030 Retreat Road, Brownwood, Texas (see attached flier)

Thank you, 2023 Social Committee for hosting such a great Founder's Day event.

It was wonderful to see so many people attend this event, around 130 tickets sold. There was a new table of merchandise to purchase, t-shirts, stickers, etc., how fun! Silent Auction had some very nice items among them were; framed pictures of Stepping Stones, 4 Astro tickets, several potted succulent plants that were a big hit, plus several other items that were bid on during the event. Everyone I spoke to said the food served was wonderful and the bake sale was a hit! The Committee donated \$1271.26 to CBIA and is keeping a prudent reserve to throw more awesome events! Thanks for all your hard work!



LX Asamblea Hispano Del Estado De Texas

The Asamblea was held in Dallas Texas at the hotel Doubletree by Hilton May 26th-28th. The event began on Friday evening with registration running until Midnight on that night.

Registration had already reached 900 Hispano members of Alcoholics Anonymous by 8pm, when the first speaker began. The evening ran very late with the GSR reports from 9pm till midnight. The many Hispano districts from all over the State of Texas meet only once a year; so much was needed to be covered.

Saturday started at 10am with speakers covering both topics of young groups in Alcoholics Anonymous and Public Information. The third speaker was a Grapevine representative from New York. After lunch, workshops were held until dinner. Saturday night dinner was followed by a live band and dancing until 1am!!

Sunday's final count of registered members reached 1400. It was a great event filled with amazing speakers sharing their experience strength and hope, as well as memorable entertainment.



The office will be closed on July 4th CBIA Hours

CBIA PHONE NUMBER- (361) 992-8911 Calls are answered by staff during business hours Monday-Friday and by helpline volunteers at lunch, after hours and on weekends and holidays.

CBIA OFFICE HOURS (*except on Holidays*). We will continue to work 30-hour weeks during 2023 to keep costs down.

Monday-Friday 8:30am–11:30am and 2:00pm–5:00pm

The office is open during these hours to come in and pick up items. If you would like, you can call ahead with your order and we can have it ready for pick up. If we are out of stock, we can let you know at that time.

CBIA HOLIDAYS

JanuaryNew Year's DaySeptemberLabor DayMayMemorial DayNovemberThanksgiving- 2 daysJulyIndependence DayDecemberChristmas Day

Minutes CBIA BOARD OF TRUSTEE MEETING May 8th, 2023

- I. Jim opened the meeting at 6:00PM with Moment of Silence followed by Serenity **Prayer**
 - Paul M. read CBIA Mission Statement
 - Scott M. read General Warranties
 - Scott E. read 12 Traditions
- II. **ATTENDANCE**: Blake (Chair), not present Jim L.(Vice Chair), Parth, Scott M., Scott E., Jennifer, Paul M, Rita S. (Office Manager), Terry M. (Assistant Office Manager)
- MINUTES: Jim L read Minutes of Apr 24th Quarterly Board Meeting. III. Jennifer motioned to accept minutes. Scott E seconded. All approved.
- FINANCIAL REPORTS: All trustees were emailed the financials and reviewed before IV. Board meeting. Scott M asked if there were any questions. None were brought up. Parth motioned to accept and Scott M. seconded. All approved.

April Financials Balance Sheet:

Balance Sheet Apr-23	Total Funds	Profit & Loss Apr-23			
Petty Cash	\$50.00	Contributions	\$2,055.46	Group & Individu	ual (1,150.50-
Checking	\$13,105.81	Gross Sales Jamboree	\$444.18	COGS	706.32)
Prudent Reserve Jamboree	\$ 15,630.30	Income	0.00		
Account	\$3,690.30				
Total Funds	\$32,478.41	Total Funds	\$3,205.96		
		Total Expenses	\$3,435.01		
YTD- Jan-Apr 23		Apr Net Income	\$-935.37		
Contributions	6,826.14				
Jamboree	14,000.00				
Gross Sales	1,653.42				
Total	22,479.36				
YTD Expenses	14,107.81				
YTD Net Income	8,811.80				

V. SERVICE AREAS:

- 12th Step: -Parth stated he is ready to answer calls in May, nothing else to report.
- **<u>Bilingual</u>**: Jennifer reminded us of the Hispanic State Convention to be held in Dallas May 26th-28.
- Social: Jennifer stated she they are selling tickets for Founder's Day event June 17th at All Saints Church. The food committee has a sub-committee to take care of the event.
- Coastal Bender: James L. stated he is still looking for a story for June, asked for anyone's help to recruit a story.
- Corrections and Treatment Facilities: Scott M. spoke with the guy who had tried recently to take meetings into the jail, did not get favorable feedback. Also tried calling the jail to speak to someone and got transferred around. Found out the person to speak to is Patty Bolt, he will keep trying or go in person.

- **Jamboree:** Jim L. stated the Jamboree Committee is on down time until July.
- Public Information/Cooperation with Professional Community: Scott E, had nothing new since last month.
- **Nominations: Scott E.** nothing new at this time.
- **Archives: Paul M**. nothing new to report.

V1. OFFICE REPORT: Rita has nothing new at the office, things are going well. Rita will be gone on June 12th and asked the trustees if we could have our monthly meeting on the 19th. The trustees agreed and we will be able to get an update on the Founder's Day event also at that time. The Trustees, Rita and Terry also discussed July Board meetings. Because of people's schedules, it was decided to have the regular board meeting and Quarterly meeting on the same day in July on the 31st this one time.

VII. OLD BUSINESS: None

VIII . NEW BUSINESS: None

IX. NEXT MEETING:

- Next CBIA Board of Trustees meeting Monday June 19th 2023 at 6:00 PM on Zoom.
- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday July 31st, 2023 on Zoom.
- **X. CLOSING**: **Jim** asked for motion to close the meeting.
 - Parth moved to adjourn.
 - Scott E. seconded. Motion carried
 - Terry closed the meeting with prayer at 6:35 PM.

Respectfully submitted, Rita Standish Office Manager



Speaker Meeting Updates

New Phoenix Speaker Meetings on Saturday at 8PM

July 1st-"Birthday night"

July 8th-Brian G (New Phoenix Grp)

July 15th-Franny D (Lucky Ones)

July 22nd-Pete L (New Phoenix)

July 29th-Roger H (New Phoenix)

****Women's Meeting at New Phoenix is now at 9:30am Sunday Morning!

Alanos Group 1635 18th Street- Friday Night Speaker Meeting-

at 8 pm in the big building. Doors open at 7pm for fellowship. First Friday is a potluck starting at 7pm followed by speaker at 8pm.

July 7th-Dave W (Rockport), July 14th-Rosa T (New Phoenix),

July 21st-Brandy W (New Women's), July 28th-Jim A (New Phoenix) (see attached flier)

AA Meetings on Zoom

Group Name	Zoom ID #	Zoom Password	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Friday Night Speaker	434 708	867742					Last Friday		
Meeting (CC)	8936						Only		
							S 8:00 PM		
New Attitude Group (CC)	714 784	954788	ODN 6:00		ODN 6:00		ODN 6:00 PM		
Hybrid Meetings	969		PM		PM				
New Phoenix Group (CC)	886 9994	336965	OLS 6:30	OLS 6:30	OLS 6:30 AM	OLS 6:30	OLS 6:30 AM	OLS 7:00	OLS 7:00
Hybrid Meetings	6374		AM	AM		AM		AM	AM
New Women's Group (CC)	580 495	NWGroup	WOD 7:00			WOD 7:00		WOD 3:00	
	1776		PM			PM		PM	
Turning Point Group (CC)	677 587	sober			OLS 6:30 PM			OD 6:30	
	2132							PM	
Weber Nooners' Group (CC)	295 538	475272	OD Noon	OD Noon	OD Noon	OD Noon	OD Noon	OD Noon	OD Noon
	7558		BB 7:00 PM						
Clean & Serene Group (CC)	677 587	sober					GLBT/OD 7:30		
	2132						PM		
Rockport Happy Hour Group	817 4546	0164		CD 5:30		CD 5:30 PM			
	8941			PM					
Victoria Back to Basics	662 621	218223	OD 7:00	OD 7:00	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM	OD 7:00	OD 7:00
	1099		PM	PM				PM	PM
Victoria Mainstream	698 545 080	003178			OD Noon				

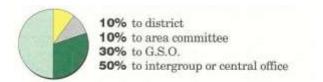


CBIA Appreciates Ongoing Support

Group Contributions

CBIA would like to express their gratitude to the AA Groups that support us all during the year, it is our second biggest source of revenue.

The AA World Service pamphlet, <u>Self-Support: Where Money and Spirituality Mix</u>, <u>suggests</u> that AA Groups in areas served by an intergroup office distribute funds in excess of prudent reserve as shown below.



Thus, it is up to each group conscience to determine what (if anything) it contributes.

Your group might want to re-consider its contribution priorities temporarily. GSO and Intergroup have a bigger slice of the pie because they have much higher overhead (*salaries*, *office space*, *etc.*) than the other service entities. You might want to consider giving more to Intergroup and GSO and less to other service entities. Also, if your group has money earmarked that can be sent in earlier, that would be helpful.

Individual Contributions

We are grateful that individual members of our community have made contributions to Coastal Bend Intergroup. You can donate on the Birthday Club list by just sending in a donation or drop it by the office. We are pleased with how many do send contributions throughout the year and we will continue to hope for ongoing individual support through 2023.

Where Are We Now?	Actual June <u>2023</u>
Contributions	\$25,108.19
Gross Sales	\$6793.61
Cost of Goods Sold	(\$4,546.92)
Gross Gain	\$27,354.88
Total Expenses	\$19,903.74
Interest Income	3.81
	*
Net Gain	\$7,454.95



2023 CBIA Birthday Club

Birthday Club Members are people who have made an individual contribution to CBIA of \$1.00 or more for each year of sobriety during that calendar year. They will be listed in each Bender from the month after the donation to the end of the year. Monthly donors (\$5 or more) and people who contribute \$100 or more will be listed for one additional year. Donations can be made by PayPal under the Donate option on our website (www.cbiaa.org), by Venmo to CoastalBend-Intergroup (For anonymity, is recommended that Venmo settings make the transaction private.) or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. Please indicate Home Group or City and Sobriety Date. Let us know if you do not want your birthday listed in the Bender.

NAME	HOME GROUP	SINCE	YEARS IN 2023
Nancy G.	CC-Turning Point Group	01/01/1983	40 Years
Gail B.	Victoria-Golden Slippers	01/01/2011	12 Years
Terry K.	CC-Sunset 7	01/01/2000	23 Years
Sheila S.	CC-New Phoenix	01/07/2007	16 Years
Charlie B.	Victoria-Golden Slippers	01/09/2006	17 Years
Ceil Mc K.	CC-Hilltoppers Group	01/10/1982	41 Years
Sandra E.	CC-Weber Road Nooners	01/20/2011	12 Years
Rae T.	CC-Happy Hour Group	01/23/2006	17 Years
Tom G.	CC-Turning Point Group	01/26/1984	39 Years
Ernest J.	CC-Flour Bluff Unity Group	02/15/2004	19 Years
Rob M.	Corpus Christi	02/24/1985	38 Years
Mike B.	CC-New Phoenix	03/05/2014	9 Years
Janeen H.	CC-Turning Point Group	03/08/2017	6 Years
Chris N.	CC-Oso Group	03/09/2009	14 Years
Rita S.	CC- Oso Group	03/13/1977	46 Years
Mary C.	CC-Turning Point Group	03/22/1992	31 Years
Bruce R.	CC-New Phoenix Group	03/27/1985	38 Years
Enrique M.	CC-Weber Road Nooners	03/30/2016	7 Years
Phyllis H.	Rockport Fellowship	04/01/2004	19 Years
Cathy H.	New Fairfield, CT	04/06/1999	24 Years
Marlive F.	Corpus Christi	04/08/1987	36 Years
Lisa D.	Austin, TX (18 th St)	04/21/1987	36 Years
Kelly K.	Corpus Christi	04/18/1986	37 Years
Gale S.	Albuquerque, NM	04/23/1994	29 Years
Fred C.	Corpus Christi, TX	05/13/1987	36 Years
Carol D.	CC-Happy Hour Group	05/24/2016	7 Years
Mary H.	CC-Happy Hour Group	05/24/1995	28 Years
Jackie C.	Pleasanton, TX	06/05/2014	9 Years
Gary L.	CC-New Phoenix Group	6/07/2009	14 Years
James M.	Nueces Bay Group	06/13/1993	30 Years

2023 CBIA Birthday Club (Continued)

NAME	HOME GROUP	SINCE	YEARS IN 2023
M	N D C	06/19/1002	21 7/22
Terry M.	Nueces Bay Group	06/18/1992	31 Years
Marie A.	CC-Alanos Group	06/21/1991	32 Years
Robin P.	CC-Hilltoppers Group	06/22/1986	37 Years
Bill Drews	Rockport-Happy Hour	07/16/1981	42 Years
Libby A.	CC-New Women's Group	07/12/1987	36 Years
Tammy B.	CC-Weber Road Nooners	08/11/1989	34 Years
April K.	Corpus Christi, TX	08/20/1984	39 Years
Scott Mc G.	CC-Hilltoppers Group	08/22/2002	21 Years
Pat E.	CC-New Women's Group	08/23/1987	36 Years
Butch R.	CC Weber Road Nooners	08/26/2006	17 Years
Mike Q.	CC- Weber Road Nooners	08/28/2000	23 Years
Fred B.	Aransas Pass Group	09/01/2002	21 Years
Hank S.	CC-Cullen Mall Group	09/07/1993	30 Years
Barb C-S	CC-New Women's Group	09/09/1985	38 Years
Valerie B.	CC-New Phoenix Group	09/13/2017	6 Years
Heather D.	CC-Weber Road Nooners	09/23/2009	14 Years
Dave D.	Rockport Fellowship	10/04/1985	38 Years
Brandelyn M.	CC-New Phoenix Group	10/09/2009	14 Years
Patrick R.	CC-New Phoenix Group	10/09/2009	14 Years
Harold B.	CC-Weber Road Nooners	10/18/2007	16 Years
Arthur A.	CC-Hilltoppers Group	10/19/1998	25 Years
Tim R.	CC-New Phoenix Group	10/21/2011	12 Years
Betsy H.	CC-New Women's Group	10/22/2010	13 Years
Kruger D.	CC-New Phoenix Group	10/23/2009	14 Years
Eddie M.	CC-Weber Road Nooners	10/28/2005	18 Years
Debbie B.	CC-Weber Road Nooners	10/31/2000	23 Years
Mary G.	CC-Hilltoppers Group	11/03/1986	37 Years
Margaret P.	CC-Hilltoppers Group	11/06/2006	17 Years
Loralei D.	CC-New Women's Group	11/06/1984	39 Years
Joanie J.	San Antonio, TX	11/28/2015	8 Years
Larry H.	Rockport Fellowship	12/04/1990	33 Years
Jimmy M.	Port Lavaca Group	12/14/1987	36 Years
James H.	New Fairfield, CT	12/17/1993	30 Years
Joe Mc M.	CC-Hilltoppers Group	12/21/1980	43 Years
Tony P.	CC-Hilltoppers Group	12/23/1978	45 Years
Ron S.	China, TX	12/24/2009	14 Years
John K.	CC-Cullen Mall Group	12/25/1995	28 Years
Lois H.	CC-New Women's Group	12/29/2007	15 Years
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Memorial Contributions

Memorial Donations can be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meeting is not required as long as they died sober. Suggested donation of \$1 per year of sobriety or a minimum of \$5. They will be listed in each Bender from the month after the donation to the end of the year.

Donations can be made by PayPal under the Donate option on our website (www.cbiaa.org), by Venmo to

CoastalBend-Intergroup (For anonymity, it's recommended that Venmo settings make the transaction private.) or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX). Please indicate Home Group or City and date of death year.

Name	Home Group	Departed
Joe C.	Happy Hour Group	09/04/2022
George D.	Port Aransas Group	11/30/2022
Stephanie D.	Georgetown, TX	12/24/2022

Have you heard it through the Grapevine yet?

AA Grapevine has gone social! It has its own podcast! Each week, longtime AA members Don and Sam interview different members about their experience, strength and hope. The half-hour podcast is a casual "meeting after the meeting" with jokes, fun and the typical AA banter. Listening to a few episodes, it's a reminder that alcoholics are not a glum lot.

New episodes are available in English each Monday at 9:00am EST. The hosts interview their guests on getting sober, service, Steps, sponsorship and more. To listen to new or past episodes, visit www.aagrapevine.org/podcast (or wherever you get podcasts). By going to the website, members are able to email, call or leave voice recordings with comments, suggestions, jokes or recovery related questions for the Ask-It-Basket. Our Tradition of anonymity will be respected with all submissions on the show.

Note from our friend Don K (Weber Road Nooners)

I'm experiencing a remarkable serenity about this cancer and my treatment/path to full recovery. Of course, it helps that I have one of the most treatable forms of cancer, squamous cell, and it hasn't traveled through my body, but stayed in my throat and neck and was caught early (stage 1). It also helps that the chemo and radiation (yay, no surgery!) doctors have assured me I will recover, and that the cure rate is in the high 90s. Best of all is that my program, fellowship, and faith are carrying me through without unnecessary worry.

Prayers appreciated but please don't worry!





Helpline / 12 Step List-Help Needed!

More people are needed for "The Helpline". The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday or 8 AM Sunday to 8 AM Monday). A minimum of nine months sobriety is required to answer the phones. If you are available to do this vital volunteer work, please contact CBIA as soon as possible to add your name.

If a caller needs help beyond meeting information, the helpline passes them to someone on the 12-Step List for a longer conversation on how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12 Step List. If interested please call Terry or Rita at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday thru Friday.

Local Stories Wanted For the Coastal BENDER- Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grandecom.net in a Word document or similar format.

Contributions

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held Monday **June 19th** at 6:00 PM on Zoom.

CBIA Quarterly Association Meeting will be held Monday **July 31th 2023** at 6:00 PM on Zoom.

Group Announcements

New Phoenix Group Conscience is held the first Sunday of the month at 1:15 PM. Birthday Night is first Saturday of the month at 8:00PM. (5433 S. Staples, Suite F in The Boardwalk.) park in the rear parking lot off Bonner.

Hilltoppers Group Conscience is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

Weber Road Nooners Group Conscience is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are being celebrated on the 1st Monday of the month following their birthday. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

Calallen Group Conscience is held the 3rd Wednesday of each month following the 6:30PM meeting. Birthday Night is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

Flour Bluff Unity Group Conscience is held the 2nd Sunday of each month at noon. Birthday Night is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday** Meeting at 8:00PM at The Anchor Club (320 Anchor St. in CC).

Turning Point Group Conscience is held the 1st Wednesday of each month.

GROUP NAME	June 2023	YTD 2023
Alice Group Anonymous/Individual Contribution	222.00	1663.00
	22.00	1000100
Aransas Pass Group		
Beeville-Shepherd's Group CC-Alanos	200.00	300.00
CC-Bookmarks Group	20000	200100
CC-Calallen Group		25.00
CC-Crosstown Group CC-Cullen Mall Group		
CC-Day of AA		
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's PLC		
CC-Fifth Tradition Group CC-Flour Bluff Unity Group		
CC-Friday Night Speaker Meeting		
CC-Happy Hour Meeting		
CC-Hilltoppers Group		
CC-Humility Group CC-Just for Today Group		
CC-Lucky Ones		
CC-New Attitude Meeting	113.31	250.39
CC-New Life Group	50.00	400.00
CC-New Phoenix Group	34.00	709.00
CC-New Women's Group CC-Oso Group	400.00	643.06 851.18
CC-Roddfield Group (final dist)	400.00	051.10
CC-Saratoga Group		
CC-Sunset 7 Group (N Padre Island)		824.56
CC-Turning Point Face to Face	100.00	100.00 1100.00
CC-Weber Road Nooners Group District 7		1100.00
District 15		
District 8D		
Cuero-Burning Desire Group	22.25	22.25
Goliad-Open Arms Group Hallettsville Group	33.35	33.35 35.00
Karnes City-Mayfield Group		22.00
Kingsville-AL-K Group		
Moulton Group		100.00
Mathis - Crossroads Group Mathis - Unity Group		100.00
Port Aransas Group		
Port Lavaca Group		
Port O'Connor Group		
Portland -Jaywalkers Group Portland -Nueces Bay Group	10.00	10.00
Quarterly Meeting 7 th Tradition	10.00	10.00
Riviera-SASTO Group		
Robstown Desire Group	100.00	240.00
Rockport-Happy Hour Group Rockport-Fellowship Group	100.00 500.00	340.00 1000.00
Schulenburg Group	200.00	1000.00
Shiner Group	100.00	100.00
Sinton-Grupo Secunda Chanza		
Skidmore Group Three Rivers-Choke Canyon Group		50.00
Victoria-Airport Group		30.00
Victoria-Back to Basics Group	222.88	349.10
Victoria-For Sinners Only Group		25.00
Victoria-Golden Slippers Victoria-High Nooners Group		200.00
Victoria-High Nooners Group Victoria-Main Stream Group		100.00
Victoria-Main Stream Group Victoria-Men's Group		100.00
Victoria-Unity Group		22.29
Victoria-Women's Group	20.00	20.00
Yorktown Group	A = 0 0 =	4 80 0 0
Day of AA TOTAL	150.00 \$,1972.19	150.00 \$9,400.93
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Coastal Bend Intergroup Association Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list

whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Services Provided

- 1. Maintains an office which is open Monday through Friday from 8:30 to 11:30AM and 2:00 to 5:00PM.
- 2. Provides information and referrals for A.A. inquiries.
- 3. Maintains a 12 Step listing and calls individuals for 12 Step work.
- 4. Provides an A.A. listing in the Telephone directory.
- 5. Provides a 24-hour volunteer phone answering during hours when the office is closed.
- 6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
- 7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
- 8. Purchases and sells "CONFERENCE APPROVED' literature, and non-conference approved Anniversary Medallions, Sobriety Chips.
- 9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
- 10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
- 11. Maintains service committees for service work in the Coastal Bend Area.

	Detach here.	
	Free e-Mail Subscription to the BENDER and BITS & PIECES	
NAME:	<u>.</u>	
E-MAIL:	• <u> </u>	

Easy ways to sign up for our two monthly publications:

- Send an email with the above information to cbia@grandecom.net with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.