



# THE BENDER

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 [www.cbiala.org](http://www.cbiala.org)



- **“Recovery in Music”**

Every 3rd Saturday Monthly at 9 am (April 15, 2023) at New Phoenix Group  
This will be a comfortable informal gathering that people feel free to participate or not.  
*(See attachment for details.)*

- **“Day of AA” in Corpus Christi, April 15<sup>th</sup>**

St John’s Methodist Church, 5200 S. Alameda St. CC, TX.  
Starts 9am-10pm with speakers, lunch, a skit, music and fellowship.  
*(See attachment for details.)*

*(This planning committee is holding meetings on the 2<sup>nd</sup> Saturday of the month at 1:15pm at New Phoenix  
If you want to be part of the skit either acting or crew, they meet on the last Saturday of the month at 1:15pm.)*

- **New Phoenix Group 19<sup>th</sup> Anniversary April 29<sup>th</sup>**

5433 S. Staples from 1pm-6pm Food, fun, and fellowship

- **“76<sup>th</sup> Annual Texas State Convention”**

June 9<sup>th</sup>-11<sup>th</sup> in San Antonio at the Westin San Antonio North, 9821 Colonnade Blvd., San Antonio, TX.  
Early online registration is \$25 and at the door \$30  
*Visit the website <https://txaaconvention.org> for updates agenda and registration.*

**\*\* Remember the 1st Friday night Speaker meeting at the Alanos Group at 18<sup>th</sup> Street of the month is potluck at 7pm followed by speaker at 8pm.**

## A Member's Coastal Bender Story

I had been to AA the year before my current sobriety date. I went for 60 days, to get my wife (at the time) off my back and to learn to drink responsibly. Neither worked, but there were a couple things that occurred which remained with me. Probably the most poignant was walking into the "literature" room at 18<sup>th</sup> Street and grabbing a pamphlet that had a self-diagnostic test to determine your "drinking status". A couple of the questions were "do you drink in the morning", "do you drink alone", "do you think about drinking when you're not drinking", etc. I remember answering "no" to most questions, with an occasional yes thrown in and when the test was done, I thought I probably scored pretty well. Turning the pamphlet over, it said if you've answered yes to ANY of these questions you might have a drinking problem (it might have even said you might be an alcoholic). This was probably the earliest I can recall reality getting in the way of my denial. I used to say I was so far in denial I could see the pyramids, but the reality of that test remained. I tried some controlled drinking that year, unsuccessfully as it turned out. As the year wound down, my wife stayed on my butt about quitting and on the last day of the year, I was fired from a good oilfield job I'd held for 4 years. I showed up drunk at a job that day and ended up passing out in my truck and they couldn't wake me up when they were ready for my services. I was devastated and humiliated at being fired but that didn't stop me from drinking for almost 4 more months.

I found a menial job with some guys that pretty much drank and partied like I did, but my wife stayed on my back with the threat that she was about done and ready to hit the road. I remember sitting on my back porch steps and telling her I'd go to a meeting if she'd roll me a joint and bring me a tall Bud. She did both and after I continued my buzz, I looked up the AA intergroup hotline number, called and asked where there was a meeting that night. The address was a church off Santa Fe and my wife went with me (I can't recall if I wanted her support, or if she wanted to ensure I actually went to the meeting). The meeting must have been the Oso Group, however a twist of fate occurred that evening. At the time, when you walked into the hallway, there was a basketball court on the left and a cafeteria on the other side of a glass wall. I saw a group of people in a big circle and having been to AA the year before, I knew that was the meeting and we went in and sat down. During the meeting, I was hearing "easy does it" and "one day at a time", so I knew I was in the right place. I was also hearing PDAP and I thought maybe that was a saying I didn't hear the year before, but I soon found out otherwise. A guy came up after the meeting and asked if it was our first Palmer Drug Abuse Program meeting? I told him I thought we were in an AA meeting and he said he no, but asked me to come by his office that next day and asked if I thought I could stay sober until then. I told him I could and the following day I met him in his office, sober. He was a counselor with PDAP, about my same age and while I sat there in his office bawling my eyes out, he pretty much told my story. He suggested 90 meetings in 90 days and since PDAP only had two meetings a week, he suggested I find an AA group.

I had just begun a new job in the oilfield and it allowed me the time to attend AA meetings daily. I often made three meetings a day, thinking I'd do AA like I did drugs, double the dose in

*(A Member's Coastal Bender Story continued)*

half the time. Although early sobriety was a blur, I felt for the first time that I had an idea of why I was the way I was, I was an alcoholic. In a weird way it was a relief to be able to give it a name. Early sobriety was pretty magical for me, at least after 30 days when I had to throw our mattress away because I had sweated out all the nasty stuff that accumulates after years of alcohol abuse. One of the early miracles in sobriety was not waking up full of guilt and remorse about closing the bar down the night before and swearing I'd never ever drink again. Never ever lasts until about 5PM, when I was just going to have a couple and go home, only to repeat the cycle again and again. AA taught me the principal of "one day at a time" or one hour, or 5 minutes, as opposed to never ever and it works so much better. I got a sponsor, went to meetings and my sponsor started having me do service work; first emptying ashtrays and making coffee, then picking up some guys from a local halfway house and taking them to meetings. He even had me elected assistant treasurer of the group and to the best of my knowledge I didn't steal anything from them. Sponsors are pretty smart folks (maybe it's God that's pretty smart and puts the sponsors we need in our lives). About this time, I actually started liking myself and it wasn't so painful to look into a mirror. I was fortunate to be involved with a home group (and with PDAP) and they had a lot of sober parties, campouts and coffee after almost every meeting. There was a restaurant in town and most nights @9PM the local recovery community would pretty much outnumber the other patrons; it was a blast.

I don't go to many late evening meetings, so I'm rarely at any late evening coffee houses. I have a home group and I attend meetings regularly. There have been times I've gone to lots more and lots less. I have a sponsor and I use him. The steps continue to work in my life and I continue to hear the message of recovery at meetings. The newcomer is still the most important person at the meeting, although my ego thinks otherwise on occasion. I love the life AA and God has given me, it has truly been a gift, one I wasn't searching for but grateful for having found it. My first sober day, the day I walked into the counselor's office, March 27, 1985 and I haven't had a drink (or a joint) since.

Bruce R

# CBIA Hours

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**CBIA PHONE NUMBER- (361) 992-8911** Calls are answered by staff during business hours Monday-Friday and by helpline volunteers at lunch, after hours and on weekends and holidays.

**CBIA OFFICE HOURS** (*except on Holidays*). We will continue to work 30-hour weeks during 2022 to keep costs down.

**Monday-Friday**

**8:30am–11:30am and 2:00pm–5:00pm**

**The office is open during these hours to come in and pick up items.** If you would like, you can call ahead with your order and we can have it ready for pick up. If we are out of stock, we can let you know at that time. (*A face masks sign is on the doorr if you are coming in the building, this is the landlord's decision because it is private property*).

## CBIA HOLIDAYS

**January**

**New Year's Day**

**May**

**Memorial Day**

**July**

**Independence Day**

**September**

**Labor Day**

**November**

**Thanksgiving- 2 days**

**December**

**Christmas Day**

# Minutes

## CBIA BOARD OF TRUSTEE MEETING Feb 13th, 2023

- I. **Jim L.** opened the meeting at **6:02PM** with **Moment of Silence** followed by **Serenity Prayer**
- **Paul M.** read **CBIA Mission Statement**
  - **Parth** read **General Warranties**
  - **Scott E.** read **12 Traditions**
- II. **ATTENDANCE:** Blake (Chair), Jim L.(Vice Chair), Parth, Scott M.( not present), Scott E., Jennifer (not present), Paul M., Rita S. (Office Manager), Terry M. (Assistant Office Manager)
- III. **MINUTES:** **Blake** read Minutes of **Jan 24<sup>th</sup> Quarterly Board Meeting**. **Jim L.** motioned to accept minutes. **Blake** seconded. **All approved.**
- IV. **FINANCIAL REPORTS:** All trustees were emailed the financials and reviewed before Board meeting. **Scott E. motioned to accept and Jim L. seconded. All approved.**
- Jan Financials Balance Sheet:**  
Total CBIA funds as of **Jan 31st** totaled **\$32,493.05** Petty Cash: **\$50.00**, Checking: **\$6,040.03**, Jamboree, **\$10,776.53**, Prudent Reserve: **\$15,623.49**.  
**Profit & Loss** for the month of **Jan:** Group & Individual Contributions: **\$2,149.99**  
Gross Sales (*Books, Chips & Medallions*) **\$1,245.70**, (*less Cost of Goods Sold \$826.65*), Jamboree income **\$0.00**, Gross Gain for the month was **\$2,669.04**  
Total Expenses were **\$2,838.51**. Net Income for month of **Jan -\$169.47**  
**Fiscal Year to Date 2023:** Group & Individual Contributions **\$2,149.99**  
Jamboree Contributions **\$0.00** Fundraisers **\$0.00**, Gross (*Books, Chips & Medallions*): **\$1,245.70** (*less Cost of Goods Sold*) **\$826.65**, Gross Total expenses year to date: **\$2,838.51** Net Gain for the year to date: **-\$-169.47**
- V. **SERVICE AREAS:**
- **12th Step:** **-Parth** stated he had answered calls in Jan and will do so again in Feb.
  - **Bilingual:** **Jennifer** (*not present*)
  - **Social:** **Jennifer** (*not present*)
  - **Coastal Bender:** **James L.** stated Rita is going to use a Jamboree story given to her by James M. from Louisiana. He will work on getting a story for April Bender.
  - **Jamboree:** **Jim L.** said he would give Jamboree updates this year since he will be serving as Co-Chair of Jamboree. He will give up update of wrap up meeting from Mar. 4<sup>th</sup> at the next Board meeting.
  - **Public Information/Cooperation with Professional Community:** **Scott E.** stated he was able to get with Harold who helped he get information on this committee and suggested that he attend a District Meeting to get familiar with what they are working on for PICPC. this committee and he will talk with Harold about what they have been doing for PICPC.
  - **Nominations:** **Scott E.** *nothing at this time*
  - **Archives:** **Paul M.** stated that he was able to attend the Jamboree on Saturday the 4<sup>th</sup> and met with Dave C who went over the diagrams of how the Archive room is set up for Jamboree. He will continue to work with Amy on working on the archives for CBIA.
  - **Corrections/Treatment Facilities:** **Scott M.** (*not present*)
- VI. **OFFICE REPORT:** **Rita** reported that a few Silent Auction Items have come back to the office and Terry and her are working on getting those items picked up.
- VII. **OLD BUSINESS:** **Blake** asked for discussion on whether to keep Board meetings on Zoom

*(February 13<sup>th</sup> Board Minutes continued)*

for the next year. Terry M. suggested it might be a good idea to at least have the Quarterly Meetings in person, it might generate more participation from groups. Scott E. spoke that it is more efficient to do business meetings on Zoom, stating that business can be conducted quicker. Jim L. totally agreed with Scott. Parth stated he would only be able to attend Zoom as he works 60-hour weeks and needs the efficiency that Zoom provides him as well. **Jim L.** motioned to continue all CBIA Board meetings on Zoom and **Scott E.** seconded. **All approved.**

**VIII. NEW BUSINESS:** None

**IX. NEXT MEETING:**

- Next CBIA Board of Trustees meeting Monday **Mar 13<sup>th</sup> 2023 at 6:00 PM on Zoom.**
- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday **Apr. 24<sup>th</sup>, 2023 on Zoom.**

**X. CLOSING:** **Blake** asked for motion to close the meeting.

- **Jim L.** moved to adjourn.
- **Scott E.** seconded. Motion carried
- **Blake** closed the meeting with prayer at **6:38 PM.**

Respectfully submitted,

*Rita Standish*

Office Manager



# Face-to-Face Meeting Updates

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## New Phoenix Speaker Meetings on Saturday at 8PM

Apr. 1<sup>st</sup>-*“Birthday night”*

Apr. 8<sup>th</sup>-Paul R. (*Lucky Ones*)

Apr. 15<sup>th</sup>-Dave D. (*Eskimo*) *New Phoenix*

Apr. 22<sup>rd</sup>-Dane V. (*New Phoenix*)

Apr. 29<sup>th</sup>-Teresa S. (*Weber Nooners*)

## Alanos Group 1635 18<sup>th</sup> Street- Friday Night Speaker Meeting-

at 8 pm in the big building. Doors open at 7pm for fellowship. First Friday is a potluck starting at 7pm followed by speaker at 8pm. **Apr. 7<sup>th</sup>-Wally B.**

**Apr. 14<sup>th</sup>- Dale W., Apr. 21<sup>st</sup>-Carl H., Apr. 28<sup>th</sup>-Johanna V.**

## AA Meetings on Zoom

Group Name	Zoom ID #	Zoom Password	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Alice Recovery Crew	825 6450 3417	123456	SS 7:00 PM		OD 7:00 PM				
Friday Night Speaker Meeting (CC)	434 708 8936	867742					Last Friday Only S 8:00 PM		
New Attitude Group (CC) <i>Hybrid Meetings</i>	714 784 969	954788	ODN 6:00 PM		ODN 6:00 PM		ODN 6:00 PM		
New Phoenix Group (CC) <i>Hybrid Meetings</i>	886 9994 6374	336965	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 6:30 AM	OLS 7:00 AM	OLS 7:00 AM
New Women’s Group (CC)	580 495 1776	NWGroup	WOD 7:00 PM			WOD 7:00 PM		WOD 3:00 PM	
Turning Point Group (CC)	677 587 2132	sober			OLS 6:30 PM			OD 6:30 PM	
Weber Nooners’ Group (CC)	260 214 3828	676271	OD Noon	OD Noon	OD Noon	OD Noon	OD Noon	OD Noon	OD Noon
Clean & Serene Group (CC)	677 587 2132	sober					GLBT/OD 7:30 PM		
Rockport Happy Hour Group	817 4546 8941	0164		CD 5:30 PM		CD 5:30 PM			
Victoria Back to Basics	662 621 1099	218223	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM	OD 7:00 PM
Victoria Mainstream	698 545 080	003178			OD Noon				



## CBIA Appreciates Ongoing Support

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Thank you to the 2023 Jamboree Committee and all their hard work. The Committee did an outstanding job again this year. Thanks to all who donated money, items, time and effort to having another successful event. CBIA depends on this event to fund the support of the office throughout the year. We are feeling the pinch of bills increasing as well as everyone else, so we are extremely grateful for the dedication of this Committee to continue to raise money every year!

The CBIA office provides for the sale of literature, pamphlets, chips and medallions to individuals and groups in our area. Our mission is to be the 1<sup>st</sup> vital contact for alcoholic seeking help by maintaining a 24-hour helpline and providing schedules to alcoholics seeking a meeting. We cannot do this without the help of the entire area fellowship.

The 2023 Jamboree Committee was able to donate to CBIA this year  
\$14,000.00.

### Individual Contributions

We are grateful that individual members of our community have made contributions to Coastal Bend Intergroup. You can donate on the **BirthDay Club** list by just sending in a donation or drop it by the office. We are pleased with how many do send contributions throughout the year and we will continue to hope for ongoing individual support through 2023.

#### Where Are We Now?

Actual  
Mar 2023

Contributions	\$18,770.68
Gross Sales	\$3,902.54
Cost of Goods Sold	(\$2,693.30)
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Gross Gain	\$19,979.92
Total Expenses	\$10,638.36
Interest Income	0.00
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Net Gain	\$9,341.56





## 2023 CBIA Birthday Club

**Birthday Club Members** are people who have made an individual contribution to CBIA of \$1.00 or more for each year of sobriety during that calendar year. They will be listed in each Bender from the month after the donation to the end of the year. Monthly donors (\$5 or more) and people who contribute \$100 or more will be listed for one additional year. Donations can be made by **PayPal** under the Donate option on our website ([www.cbiaa.org](http://www.cbiaa.org)), by **Venmo** to **CoastalBend-Intergroup** (For anonymity, it is recommended that Venmo settings make the transaction private.) or by **check** to **CBIA**, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. Please indicate Home Group or City and Sobriety Date. Let us know if you do not want your birthday listed in the Bender.

<b>NAME</b>	<b>HOME GROUP</b>	<b>SINCE</b>	<b>YEARS IN 2023</b>
Nancy G.	CC-Turning Point Group	01/01/1983	<b>40 Years</b>
Gail B.	Victoria-Golden Slippers	01/01/2011	<b>12 Years</b>
Terry K.	CC-Sunset 7	01/01/2000	<b>23 Years</b>
Sheila S.	CC-New Phoenix	01/07/2007	<b>16 Years</b>
Charlie B.	Victoria-Golden Slippers	01/09/2006	<b>17 Years</b>
Ceil Mc K.	CC-Hilltoppers Group	01/10/1982	<b>41 Years</b>
Sandra E.	CC-Weber Road Nooners	01/20/2011	<b>12 Years</b>
Rae T.	CC-Happy Hour Group	01/23/2006	<b>17 Years</b>
Tom G.	CC-Turning Point Group	01/26/1984	<b>39 Years</b>
Ernest J.	CC-Flour Bluff Unity Group	02/15/ 2004	<b>19 Years</b>
Rob M.	Corpus Christi	02/24/1985	<b>38 Years</b>
Mike B.	CC-New Phoenix	03/05/2014	<b>9 Years</b>
Janeen H.	CC-Turning Point Group	03/08/2017	<b>6 Years</b>
Chris N.	CC-Oso Group	03/09/2009	<b>14 Years</b>
Rita S.	CC- Oso Group	03/13/1977	<b>46 Years</b>
Mary C.	CC-Turning Point Group	03/22/1992	<b>31 Years</b>
Bruce R.	CC-New Phoenix Group	03/27/1985	<b>38 Years</b>
Enrique M.	CC-Weber Road Nooners	03/30/2016	<b>7 Years</b>
Phyllis H.	<b>Rockport Fellowship</b>	<b>04/01/2004</b>	<b>19 Years</b>
Cathy H.	<b>New Fairfield, CT</b>	<b>04/06/1999</b>	<b>24 Years</b>
Marlive F.	<b>Corpus Christi</b>	<b>04/08/1987</b>	<b>36 Years</b>
Lisa D.	<b>Austin, TX (18<sup>th</sup> St )</b>	<b>04/21/1987</b>	<b>36 Years</b>
Kelly K.	<b>Corpus Christi</b>	<b>04/18/1986</b>	<b>37 Years</b>
Gale S.	<b>Albuquerque, NM</b>	<b>04/23/1994</b>	<b>29 Years</b>
Fred C.	Corpus Christi, TX	05/13/1987	<b>36 Years</b>
Carol D.	CC-Happy Hour Group	05/24/2016	<b>7 Years</b>
Mary H.	CC-Happy Hour Group	05/24/1995	<b>28 Years</b>
Jackie C.	Pleasanton, TX	06/05/2014	<b>9 Years</b>
Gary L.	CC-New Phoenix Group	6/07/2009	<b>14 Years</b>
James M.	Nueces Bay Group	06/13/1993	<b>30 Years</b>

## 2023 CBIA Birthday Club (*Continued*)

<b>NAME</b>	<b>HOME GROUP</b>	<b>SINCE</b>	<b>YEARS IN 2023</b>
<b>Terry M.</b>	Nueces Bay Group	06/18/1992	<b>31 Years</b>
<b>Marie A.</b>	CC-Alanos Group	06/21/1991	<b>32 Years</b>
<b>Robin P.</b>	CC-Hilltoppers Group	06/22/1986	<b>37 Years</b>
<b>Bill Drews</b>	Rockport-Happy Hour	07/16/1981	<b>42 Years</b>
<b>Libby A.</b>	CC-New Women's Group	07/12/1987	<b>36 Years</b>
<b>Tammy B.</b>	CC-Weber Road Nooners	08/11/1989	<b>34 Years</b>
<b>April K.</b>	Corpus Christi, TX	08/20/1984	<b>39 Years</b>
<b>Scott Mc G.</b>	CC-Hilltoppers Group	08/22/2002	<b>21 Years</b>
<b>Pat E.</b>	CC-New Women's Group	08/23/1987	<b>36 Years</b>
<b>Butch R.</b>	CC Weber Road Nooners	08/26/2006	<b>17 Years</b>
<b>Mike Q.</b>	CC- Weber Road Nooners	08/28/2000	<b>23 Years</b>
<b>Fred B.</b>	Aransas Pass Group	09/01/2002	<b>21 Years</b>
<b>Hank S.</b>	CC-Cullen Mall Group	09/07/1993	<b>30 Years</b>
<b>Barb C-S</b>	CC-New Women's Group	09/09/1985	<b>38 Years</b>
<b>Valerie B.</b>	CC-Weber Road Nooners	09/13/2017	<b>6 Years</b>
<b>Heather D.</b>	CC-Weber Road Nooners	09/23/2009	<b>14 Years</b>
<b>Dave D.</b>	Rockport Fellowship	10/04/1985	<b>38 Years</b>
<b>Brandelyn M.</b>	CC-New Phoenix Group	10/09/2009	<b>14 Years</b>
<b>Patrick R.</b>	CC-New Phoenix Group	10/09/2009	<b>14 Years</b>
<b>Harold B.</b>	CC-Weber Road Nooners	10/18/2007	<b>16 Years</b>
<b>Arthur A.</b>	CC-Hilltoppers Group	10/19/1998	<b>25 Years</b>
<b>Tim R.</b>	CC-New Phoenix Group	10/21/2011	<b>12 Years</b>
<b>Betsy H.</b>	CC-New Women's Group	10/22/2010	<b>13 Years</b>
<b>Kruger D.</b>	CC-New Phoenix Group	10/23/2009	<b>14 Years</b>
<b>Eddie M.</b>	CC-Weber Road Nooners	10/28/2005	<b>18 Years</b>
<b>Debbie B.</b>	CC-Weber Road Nooners	10/31/2000	<b>23 Years</b>
<b>Mary G.</b>	CC-Hilltoppers Group	11/03/1986	<b>37 Years</b>
<b>Margaret P.</b>	CC-Hilltoppers Group	11/06/2006	<b>17 Years</b>
<b>Loralei D.</b>	CC-New Women's Group	11/06/1984	<b>39 Years</b>
<b>Joanie J.</b>	San Antonio, TX	11/28/2015	<b>8 Years</b>
<b>Larry H.</b>	Rockport Fellowship	12/04/1990	<b>33 Years</b>
<b>Jimmy M.</b>	Port Lavaca Group	12/14/1987	<b>36 Years</b>
<b>James H.</b>	New Fairfield, CT	12/17/1993	<b>30 Years</b>
<b>Joe Mc M.</b>	CC-Hilltoppers Group	12/21/1980	<b>43 Years</b>
<b>Tony P.</b>	CC-Hilltoppers Group	12/23/1978	<b>45 Years</b>
<b>Ron S.</b>	China, TX	12/24/2009	<b>14 Years</b>
<b>John K.</b>	CC-Cullen Mall Group	12/25/1995	<b>28 Years</b>
<b>Lois H.</b>	CC-New Women's Group	12/29/2007	<b>15 Years</b>

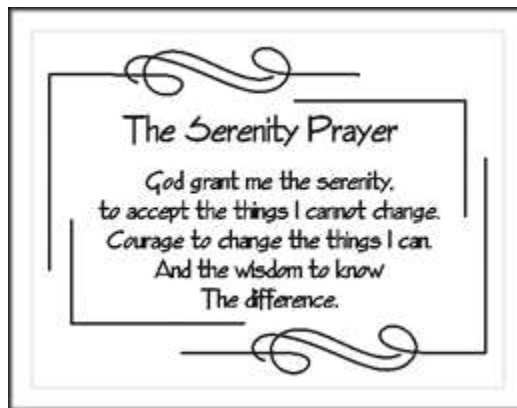
# Memorial Contributions

Memorial Donations can be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meeting is not required as long as they died sober. Suggested donation of \$1 per year of sobriety or a minimum of \$5. They will be listed in each Bender from the month after the donation to the end of the year.

Donations can be made by PayPal under the Donate option on our website ([www.cbiala.org](http://www.cbiala.org)), by Venmo to CoastalBend-Intergroup (*For anonymity, it's recommended that Venmo settings make the transaction private.*) or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX). Please indicate Home Group or City and date of death year.

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Name -----	Home Group -----	Departed -----
<b>Bernard S.</b>	Weber Group	<b>07/01/2022</b>
<b>Joe C.</b>	Happy Hour Group	<b>09/04/2022</b>
<b>George D.</b>	Port Aransas Group	<b>11/30/2022</b>
<b>Stephanie D.</b>	Georgetown, TX	<b>12/24/2022</b>





TELEPHONE  
ANSWERING SERVICE



Get Involved!

**Helpline / 12 Step List-Help Needed!**

**More people are needed for “The Helpline”.** The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday or 8 AM Sunday to 8 AM Monday). A minimum of nine months sobriety is required to answer the phones. **If you are available to do this vital volunteer work, please contact CBIA as soon as possible to add your name.**

If a caller needs help beyond meeting information, the helpline passes them to someone on the **12-Step List** for a longer conversation on how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12 Step List. If interested please call Terry or Rita at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday thru Friday.

**Local Stories Wanted For the Coastal BENDER-** Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to [cbia@grandecom.net](mailto:cbia@grandecom.net) in a Word document or similar format.

**Contributions**

**Intergroup Meetings**

**CBIA Board of Trustees Monthly Meeting** will be held Monday Dec 12<sup>th</sup> at 6:00 PM on Zoom.

**CBIA Quarterly Association Meeting** will be held Monday Jan 30<sup>th</sup> 2023 at 6:00 PM on Zoom.

**Group Announcements**

**New Phoenix Group Conscience** is held the first Sunday of the month at 1:15 PM. **Birthdays Night** is first Saturday of the month at 8:00PM. (5433 S. Staples, Suite F in The Boardwalk.) park in the rear parking lot off Bonner.

**Hilltoppers Group Conscience** is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

**Weber Road Nooners Group Conscience** is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are being celebrated on the 1st Monday of the month following their birthday. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

**Calallen Group Conscience** is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthdays Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

**Flour Bluff Unity Group Conscience** is held the 2nd Sunday of each month at noon. **Birthdays Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthdays Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

**Turning Point Group Conscience** is held the 1<sup>st</sup> Wednesday of each month. **Birthdays Meeting** is last Saturday of the month.

GROUP NAME	Mar 2023	YTD 2023
Alice Group		
<b>Anonymous/Individual Contribution</b>	<b>559.00</b>	<b>1179.00</b>
Aransas Pass Group		
Beeville-Shepherd's Group		
CC-Alanos		<b>100.00</b>
CC-Bookmarks Group		
CC-Calallen Group		
CC-Crosstown Group		
CC-Cullen Mall Group		
CC-Day of AA		
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's PLC		
<b>CC-Fifth Tradition Group</b>		
CC-Flour Bluff Unity Group		
CC-Friday Night Speaker Meeting		
CC-Happy Hour Meeting		
<b>CC-Hilltoppers Group</b>		
CC-Humility Group		
CC-Just for Today Group		
CC-Lucky Ones		
CC-New Attitude Meeting		<b>137.08</b>
<b>CC-New Life Group</b>	<b>50.00</b>	<b>250.00</b>
<b>CC-New Phoenix Group</b>	<b>120.00</b>	<b>599.00</b>
<b>CC-New Women's Group</b>	<b>250.61</b>	<b>535.81</b>
<b>CC-Oso Group</b>		<b>252.00</b>
<b>CC-Roddfield Group (final dist)</b>		
CC-Saratoga Group		
<b>CC-Sunset 7 Group (N Padre Island)</b>		<b>378.46</b>
<b>CC-Turning Point Group</b>		
CC-Weber Road Nooners Group		
District 7		
District 15		
District 8D		
<b>Cuero-Burning Desire Group</b>		
<b>Goliad-Open Arms Group</b>		
Hallettsville Group		<b>35.00</b>
Karnes City-Mayfield Group		
Kingsville-AL-K Group		
Moulton Group		
<b>Mathis -Crossroads Group</b>	<b>100.00</b>	<b>100.00</b>
Mathis - Unity Group		
Port Aransas Group		
Port Lavaca Group		
Port O'Connor Group		
Portland -Jaywalkers Group		
Portland -Nueces Bay Group		
Quarterly Meeting 7 <sup>th</sup> Tradition		
Riviera-SASTO Group		
Robstown Desire Group		
Rockport-Happy Hour Group		<b>240.00</b>
Rockport-Fellowship Group		<b>500.00</b>
Schulenburg Group		
Shiner Group		
Sinton-Grupo Secunda Chanza		
Skidmore Group		
Three Rivers-Choke Canyon Group	<b>50.00</b>	<b>50.00</b>
Victoria-Airport Group		
Victoria-Back to Basics Group		<b>126.22</b>
Victoria-For Sinners Only Group	<b>25.00</b>	<b>20.00</b>
Victoria-Golden Slippers		
Victoria-High Nooners Group	<b>200.00</b>	<b>200.00</b>
Victoria-Main Stream Group		<b>50.00</b>
Victoria-Men's Group		
Victoria-Unity Group		<b>13.11</b>
Victoria-Women's Group		
Yorktown Group		
<b>TOTAL</b>	<b>\$1,354.61</b>	<b>\$4,770.68</b>

**Coastal Bend Intergroup Association  
Mission Statement**

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list

whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

**Services Provided**

1. Maintains an office which is open Monday through Friday from 8:30 to 11:30AM and 2:00 to 5:00PM.
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12 Step listing and calls individuals for 12 Step work.
4. Provides an A.A. listing in the Telephone directory.
5. Provides a 24-hour volunteer phone answering during hours when the office is closed.
6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
8. Purchases and sells "CONFERENCE APPROVED" literature, and non-conference approved Anniversary Medallions, Sobriety Chips.
9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
11. Maintains service committees for service work in the Coastal Bend Area.

**Detach here.**

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**Free e-Mail Subscription to the BENDER and BITS & PIECES**

**NAME:** \_\_\_\_\_.

**E-MAIL:** \_\_\_\_\_.

Easy ways to sign up for our two monthly publications:

- Send an email with the above information to [cbia@grandecom.net](mailto:cbia@grandecom.net) with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.