



THE BENDER

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 www.cbias.org



Happy
New Year

January 6, 2016.

Every morning I wake up, and start my day off with a third step prayer and the seventh step prayer. I almost have pages 86, 87 and 88 memorized by heart and I attempt to recite them as well. When I arrived to Alcoholics Anonymous, this time, I had no idea, how to pray, who God was or wasn't; I did not know what I wanted for my life. I did know that I wanted to die. I knew I hated myself and I was convinced that no one, including my two daughters wanted me around. I had spent many holidays alone. My daughters lived with my parents and tried their best to ignore the things everyone said about their mom. I was not allowed to sleep there and they were not allowed to open the door for me at night. I showed up most mornings to take them to school, trashed, under the influence of whatever kept me up all night. It hurts to say it today but back then no one knew anything different.

My parents had never seen me be a sober or present daughter, my girls had never seen me be a sober and present mom. All any of us ever knew was me drunk, high, wasted and barely holding it together. On January 6, 2016 I went to Charlie's which is now called Cenikor, and it was not the first time, but by that point I knew I did not want to live

anymore and with every attempt I had been given to die, that was not happening either. I knew that I needed to change everything because I had attempted the program before but I had no idea, how that was going to work or how that was going to look. On that day I didn't even believe that it would work, I felt that powerless, hopeless, miserable and desperate. King Alcohol had definitely beaten me!

I arrived at 6am by getting a ride from another AA member. I posted on Facebook, "Starting my new journey", with all the false optimism I could muster up. I was at the end of my rope, the last house on the block. My so-called friends had shunned me and my family had long given up on me. I had nowhere else to go. I did not make the full 30 days of treatment. My delusional thoughts and mental convolution, distorted my reality. I believed things that were not true. I saw things that were not there. Only by the grace of God and good sponsorship did I make it to a sober living home. My emotions were a roller coaster. Thankfully my sponsor kept me on track. She gave me simple instructions; Get on your knees and ask God to keep you sober. Read pages 86, 87 and 88 out of the big book and make a meeting daily. Make a sober phone call daily and then get on your knees at night to thank God for keeping you sober that day. I lived by these suggestions at the beginning and I try my best to do them today! I found a home group. My Home Group is the Hilltoppers group in Corpus Christi, Texas. I should say my home group found me! They opened their ears, their hearts and so many of their arms to me. They hugged me and showed up for me. I learned what unconditional love was in that room. In the beginning I showed up with scrambled emotions, delusions, mentally unstable, a hot mess and most times half dressed. They told me to keep coming back. The women surrounded me. Talk to me after the meetings to give me advise about my children, my parents, my family and even my sober house. They invited me to lunch with them and to their homes for coffee. These women came to my daughter's graduation party to support me and to comfort me. Today I know that it was all through the grace of God. I was meeting with my sponsor weekly. She told me things like, You will find a relationship with a higher power that you will come to rely on to keep you sober by working the steps of Alcoholics Anonymous. She said when you sit across another alcoholic and read the big book God comes and He controls that time. I continued working the steps and today I have the honor and privilege to pass this on to other women.

This year, January 6, 2023, I will have seven years sober. Most days I am absolutely grateful. I have a beautiful life. My daughters are my world and I am theirs. My mom is my best friend. I know today I have a life that I do not deserve. I know so many amazing people that have lost the fight to this disease and my heart breaks every time I think of them. Sometime I wonder, " Why me?"

I get to go out to the treatment centers and spread the message of Alcoholics Anonymous. I get to go out the women's sober homes to pick up the newcomers. I have to tell them what a deadly disease this is and sometimes I have to be a little too serious about AA. That is what was so freely given to me. I love this program! I love how it has absolutely changed my life without my permission and in ways I would have never imagined.

Gratefully yours,
Jennifer R. N.

CBIA Hours

CBIA PHONE NUMBER- (361) 992-8911 Calls are answered by staff during business hours Monday-Friday and by helpline volunteers at lunch, after hours and on weekends and holidays.

CBIA OFFICE HOURS (*except on Holidays*). We will continue to work 30-hour weeks during 2022 to keep costs down.

Monday-Friday

8:30am–11:30am and 2:00pm–5:00pm

The office is open during these hours to come in and pick up items. If you would like, you can call ahead with your order and we can have it ready for pick up. If we are out of stock, we can let you know at that time. (*Face masks are required if you are coming in the building, this is the landlord's decision because it is private property*).

CBIA HOLIDAYS

January

New Year's Day

May

Memorial Day

July

Independence Day

September

Labor Day

November

Thanksgiving- 2 days

December

Christmas Day

Minutes

CBIA BOARD OF TRUSTEE MEETING

Nov 14th, 2022

I. Amy opened the meeting at 6:00PM with Moment of Silence followed by Serenity Prayer

- **Amy** read CBIA Mission Statement
- **Ronnie** read General Warranties
- **Blake** Read 12 Traditions

II. ATTENDANCE: Amy(Chair), Michael B.(Vice Chair), Parth, ,Patrick R.(*not present*), Blake, Jim L., Ronnie B., Rita S., Scott M.(*incoming Trustee*)(Office Manager), Terry M. (Assistant Office Manager) (*not present*)

III. MINUTES: **Amy** read Minutes of Oct 24th Quarterly Board Meeting.

Jim L. motioned to accept minutes as corrected. **Ronnie** seconded. **All approved.**

IV. FINANCIAL REPORTS: **Michael**, (*Financial Trustee*) read **Oct 2022** Financials

Balance Sheet:

Total CBIA funds as of **Oct. 31th** totaled **\$27,675.85** Petty Cash: **\$50.00**, Checking: **\$8,609.44**,

Jamboree, **\$3393.15**, CBIA Social Events: **\$0.00**, Prudent Reserve: **\$15,623.26**.

Profit & Loss for the month of **October**: Group & Individual Contributions: **\$982.68**

Gross Sales (*Books, Chips & Medallions*) **\$753.95**, (*less Cost of Goods Sold \$494.05*),

Jamboree income **\$0.00**, Gross Gain for the month was **\$1,242.58**

Total Expenses were **\$2,558.30**. Net Income for month of September **-\$1,315.72**

Fiscal Year to Date 2022: Group & Individual Contributions Sales **\$13,640.46**

Jamboree Contributions **\$13,000.53** Fundraisers **\$2,067.00**, Gross (*Books, Chips &*

Medallions): **\$7,705.06** (*less Cost of Goods Sold*) **\$5,291.35**, Gross Total expenses year to date:

\$31,277.29 Net Gain for the year to date: **-\$152.64**

Blake motioned to accept.

Ronnie seconded. **All approved.**

V. SERVICE AREAS:

- **12th Step**: **Parth** reported he is still answering the phones once a month and he will be trying find a woman to be added to the 12 Step list from the Victoria area.
- **Archives**: **Amy**-had nothing new to report.
- **Bilingual**: **Jennifer** reported that there were over 600 registered for the Hispanic Assembly at South Padre Island at the Courtyard Marriott last weekend. The delegate from SWTA 68 came and gave her report. Jennifer is working on a flier in Spanish for the 69th Coastal Bend Jamboree.
- **Coastal Bender**: **James L.** said he has Stephanie L. ready to write her story for the December Bender. He also asked if others could help him find people from other groups besides NP. Jennifer N. from Hilltoppers will do her story for the January 2023 Bender.
- **Corrections/Treatment Facilities**: **Ronnie B.** -nothing new to report
- **Jamboree**: **Patrick R.** -not present but Michael said the Voice has been selected and Rita added that she is still waiting on the form for people to be able to mail in their registration to send it out.
- **Nominations**: **Parth** nothing to report
- **Public Information/Cooperation with Professional Community**: **Ronnie B.**-nothing new to report.

Social: **Blake** said all went well with the dance and thanked his committee for the work they did to make the dance a success. Rita reported that they took in \$956 and paid out \$662 for DJ, Church rental and food, prizes and decorations. The dance netted \$294. Rita asked if Blake had made a plan for New Year's Eve dance. Blake will look into a DJ and a place to hold something and let Rita know by Thanksgiving so she can get approval from the board for the cost. Rita will speak to Marie to see if they are doing something at 18th St.

VI. OFFICE REPORT:

Rita reported that Terry and her are cleaning up the schedules and will be working on downsizing the Bender for the year coming up.

VII. **OLD BUSINESS:** None.

VIII. **NEW BUSINESS:** None.

IX. **NEXT MEETING:**

- Next CBIA Board of Trustees meeting Monday **Dec 12th 2022 at 6:00 PM on Zoom.**
- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday **Jan. 30th, 2023 on Zoom.**

X. **CLOSING:** **Amy** asked for motion to close the meeting.

- **Blake** moved to adjourn.
- **Michael** seconded. Motion carried
- **Amy** asked **Parth** to close the meeting with prayer at **6:54 PM.**

Respectfully submitted,

Rita Standish

Office Manager





2023 SWTA 68 Winter Workshop-January 13th-15th Omni Hotel, Corpus Christi, TX (*see attached fliers*)

District 15 Workshop- January 21st at 814 Wharf St in Rockport, TX. Sponsorship and Service at 3pm. (*see attached flier*)

Coastal Bend Jamboree- February 3rd-5th, 2023-Omni Bayfront. Registration is open online and book your room too! (*see attached flier*) Pre-registrations are appreciated (*it helps with expenses before the event*)

Victoria Mainstream	698 545 080	003178			OD Noon				
---------------------	----------------	--------	--	--	---------	--	--	--	--



CBIA Appreciates Ongoing Support

Group Contributions

CBIA would like to express their gratitude to the AA Groups that support us all during the year, it is our second biggest source of revenue. We hope for continued Group Contributions to help support CBIA in 2023.

Individual Contributions

We are grateful that individual members of our community have made contributions to Coastal Bend Intergroup. You can donate on the **Birthday Club** list by just sending in a donation or drop it by the office. We are pleased with how many do send contributions throughout the year and we will continue to hope for ongoing individual support through 2023.

Fundraisers

Texas law allows 501c3 non-profit corporations like CBIA to have only two fundraiser events. The **2022/2023 Coastal Bend Jamboree Committee** will hold their event **February 3th-5th 2023**. We hope that you support this event by attending and participating in the raffles and Silent Auction. Pre-registrations are appreciated since money is needed to prepare for the event. Donations to Silent Auction and to Raffle are a huge help in raising money. Don't forget to donate to Scholarship so that someone less fortunate can experience this great event. A big thank you to the Committee for all the hard work they are doing to make this a successful event.

We look forward to 2023 and whatever other fundraising event happens this year!

CBIA Appreciates Ongoing Support *(Continued)*

Where Are We Now?

	<u>Actual</u> <u>Dec 2022</u>
Contributions	\$31,490.25
Gross Sales	\$9,311.71
Cost of Goods Sold	(\$6,389.94)

Gross Gain	\$34,412.02
Total Expenses	\$36,863.37
Interest Income	6.18

Net Gain	\$-2,445.17

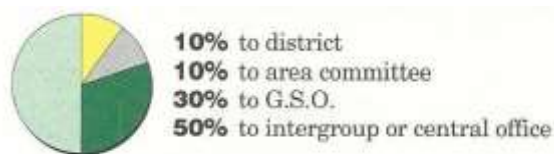
What Has the CBIA Board of Trustees Done?

We continue to work reduced hours at the office to keep costs down. The hours & payroll are reduced by 25% so Terry (AM) and Rita (PM) will work three hours rather than four each workday. Our hours in 2023 continue at this time to be 8:30 – 11:30 AM and 2:00 – 5:00 PM Monday through Friday.

The board did decide after receiving the \$12,875.28 Jamboree contribution to move \$3,000 of that money back to the Prudent Reserve (*Savings*) from the check. The \$3000 was borrowed in the summer of 2020 to keep the office running during the Pandemic.

What Can a Group Do to Help?

The AA World Service pamphlet, [Self-Support: Where Money and Spirituality Mix](#), suggests that AA Groups in areas served by an intergroup office distribute funds in excess of prudent reserve as shown below.



Thus, it is up to each group conscience to determine what (*if anything*) it contributes.

Your group might want to re-consider its contribution priorities temporarily. GSO and Intergroup have a bigger slice of the pie because they have much higher overhead (*salaries, office space, etc.*) than the other service entities. You might want to consider giving more to Intergroup and GSO and less to other service entities. Also, if your group has money earmarked that can be sent in earlier, that would be helpful.



2023 CBIA Birthday Club

Birthday Club Members are people who have made an individual contribution to CBIA of \$1.00 or more for each year of sobriety during that calendar year. They will be listed in each Bender from the month after the donation to the end of the year. Monthly donors (\$5 or more) and people who contribute \$100 or more will be listed for one additional year. Donations can be made by **PayPal** under the Donate option on our website (www.cbiasa.org), by **Venmo** to **CoastalBend-Intergroup** (For anonymity, it is recommended that Venmo settings make the transaction private.) or by **check** to **CBIA**, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. Please indicate Home Group or City and Sobriety Date. Let us know if you do not want your birthday listed in the Bender.

NAME	HOME GROUP	SINCE	YEARS IN 2023
Nancy G.	CC-Turning Point Group	01/01/1983	40 Years
Gail B.	Victoria-Golden Slippers	01/01/2011	12 Years
Terry K.	CC-Sunset 7	01/01/2000	23 Years
Sheila S.	CC-New Phoenix	01/07/2007	16 Years
Charlie B.	Victoria-Golden Slippers	01/09/2006	17 Years
Ceil Mc K.	CC-Hilltoppers Group	01/10/1982	41 Years
Sandra E.	CC-Weber Road Nooners	01/20/2011	12 Years
Rae T.	CC-Happy Hour Group	01/23/2006	17 Years
Tom G.	CC-Turning Point Group	01/26/1984	39 Years
Ernest J.	CC-Flour Bluff Unity Group	02/15/ 2004	19 Years
Rob M.	Corpus Christi	02/24/1985	38 Years
Mike B.	CC-New Phoenix	03/05/2014	9 Years
Janeen H.	CC-Turning Point Group	03/08/2017	6 Years
Chris N.	CC-Oso Group	03/09/2009	14 Years
Rita S.	CC- Oso Group	03/13/1977	46 Years
Mary C.	CC-Turning Point Group	03/22/1992	31 Years
Enrique M.	CC-Weber Road Nooners	03/30/2016	7 Years
Phyllis H.	Rockport Fellowship	04/01/2004	19 Years
Cathy H.	New Fairfield, CT	04/06/1999	24 Years
Marlive F.	Corpus Christi	04/07/1987	36 Years
Lisa D.	Austin, TX (18 th St)	04/21/1987	36 Years
Kelly K.	Corpus Christi	04/18/1986	37 Years
Gale S.	Albuquerque, NM	04/23/1994	29 Years
Fred C.	Corpus Christi, TX	05/13/1987	36 Years
Linda K.	Lake Charles, LA	05/20/1979	44 Years
Carol D.	CC-Happy Hour Group	05/24/2016	7 Years
Mary H.	CC-Happy Hour Group	05/24/1995	28 Years
Jackie C.	Pleasanton, TX	06/05/2014	9 Years
Gary L.	CC-New Phoenix Group	6/07/2009	14 Years
James M.	Nueces Bay Group	06/13/1993	30 Years

2023 CBIA Birthday Club (*Continued*)

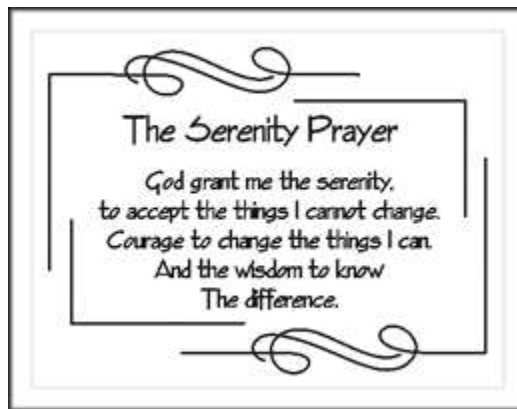
NAME	HOME GROUP	SINCE	YEARS IN 2023
-----	-----	-----	-----
Terry M.	Nueces Bay Group	06/18/1992	31 Years
Marie A.	CC-Alanos Group	06/21/1991	32 Years
Robin P.	CC-Hilltoppers Group	06/22/1986	37 Years
Bill Drews	Rockport-Happy Hour	07/16/1981	42 Years
Libby A.	CC-New Women's Group	07/12/1987	36 Years
Tammy B.	CC-Weber Road Nooners	08/11/1989	34 Years
April K.	Corpus Christi, TX	08/20/1984	39 Years
Scott Mc G.	CC-Hilltoppers Group	08/22/2002	21 Years
Pat E.	CC-New Women's Group	08/23/1987	36 Years
Butch R.	CC Weber Road Nooners	08/26/2006	17 Years
Mike Q.	CC- Weber Road Nooners	08/28/2000	23 Years
Audrey H.	Rockport, TX	09/01/2011	12 Years
Fred B.	Aransas Pass Group	09/01/2002	21 Years
Hank S.	CC-Cullen Mall Group	09/07/1993	30 Years
Barb C-S	CC-New Women's Group	09/09/1985	38 Years
Valerie B.	CC-Weber Road Nooners	09/13/2017	6 Years
Heather D.	CC-Weber Road Nooners	09/23/2009	14 Years
Dave D.	Rockport Fellowship	10/04/1985	38 Years
Brandelyn M.	CC-New Phoenix Group	10/09/2009	14 Years
Patrick R.	CC-New Phoenix Group	10/09/2009	14 Years
Harold B.	CC-Weber Road Nooners	10/18/2007	16 Years
Arthur A.	CC-Hilltoppers Group	10/19/1998	25 Years
Tim R.	CC-New Phoenix Group	10/21/2011	12 Years
Betsy H.	CC-New Women's Group	10/22/2010	13 Years
Kruger D.	CC-New Phoenix Group	10/23/2009	14 Years
Eddie M.	CC-Weber Road Nooners	10/28/2005	18 Years
Debbie B.	CC-Weber Road Nooners	10/31/2000	23 Years
Mary G.	CC-Hilltoppers Group	11/03/1986	37 Years
Margaret P.	CC-Hilltoppers Group	11/06/2006	17 Years
Loralei D.	CC-New Women's Group	11/06/1984	39 Years
Joanie J.	San Antonio, TX	11/28/2015	8 Years
Larry H.	Rockport Fellowship	12/04/1990	33 Years
Jimmy M.	Port Lavaca Group	12/14/1987	36 Years
James H.	New Fairfield, CT	12/17/1993	30 Years
Joe Mc M.	CC-Hilltoppers Group	12/21/1980	43 Years
Tony P.	CC-Hilltoppers Group	12/23/1978	45 Years
Ron S.	China, TX	12/24/2009	14 Years
John K.	CC-Cullen Mall Group	12/25/1995	28 Years
Lois H.	CC-New Women's Group	12/29/2007	15 Years

Memorial Contributions

Memorial Donations can be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meeting is not required as long as they died sober. Suggested donation of \$1 per year of sobriety or a minimum of \$5. They will be listed in each Bender from the month after the donation to the end of the year.

Donations can be made by PayPal under the Donate option on our website (www.cbiala.org), by Venmo to CoastalBend-Intergroup (*For anonymity, it's recommended that Venmo settings make the transaction private.*) or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX). Please indicate Home Group or City and date of death year.

Name -----	Home Group -----	Departed -----
Bernard S.	Weber Group	07/01/2022
Joe C.	Happy Hour Group	09/04/2022
George D.	Port Aransas Group	11/30/2022





TELEPHONE
ANSWERING SERVICE



Get Involved!

Helpline / 12 Step List-Help Needed!

More people are needed for “The Helpline”. The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday or 8 AM Sunday to 8 AM Monday). A minimum of nine months sobriety is required to answer the phones. **If you are available to do this vital volunteer work, please contact CBIA as soon as possible to add your name.**

If a caller needs help beyond meeting information, the helpline passes them to someone on the **12-Step List** for a longer conversation on how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12 Step List. If interested please call Terry or Rita at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday thru Friday.

Local Stories Wanted For the Coastal BENDER- Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grandecom.net in a Word document or similar format.

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held Monday Dec 12th at 6:00 PM on Zoom.

CBIA Quarterly Association Meeting will be held Monday Jan 30th 2023 at 6:00 PM on Zoom.

Group Announcements

New Phoenix Group Conscience is held the first Sunday of the month at 1:15 PM. **Birthday Night** is first Saturday of the month at 8:00PM. (5433 S. Staples, Suite F in The Boardwalk.) park in the rear parking lot off Bonner.

Hilltoppers Group Conscience is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

Weber Road Nooners Group Conscience is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are being celebrated on the 1st Monday of the month following their birthday. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

Calallen Group Conscience is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthday Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

Flour Bluff Unity Group Conscience is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

Turning Point Group Conscience is held the 1st Wednesday of each month. **Birthday Meeting** is last Saturday of the month.

Contributions		
GROUP NAME	Dec 2022	YTD 2022
Alice Group		
Anonymous/Individual Contribution	144.00	2,623.00
Aransas Pass Group		100.00
Beeville-Shepherd's Group		
CC-Alanos		200.00
CC-Bookmarks Group		
CC-Calallen Group		
CC-Crosstown Group		
CC-Cullen Mall Group		50.00
CC-Day of AA		
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's PLC		
CC-Fifth Tradition Group		
CC-Flour Bluff Unity Group		
CC-Friday Night Speaker Meeting		
CC-Happy Hour Meeting		
CC-Hilltoppers Group	697.05	697.05
CC-Humility Group		200.00
CC-Just for Today Group		
CC-Lucky Ones		
CC-New Attitude Meeting		139.18
CC-New Life Group	50.00	485.00
CC-New Phoenix Group	80.31	1,574.45
CC-New Women's Group		1,553.83
CC-Oso Group		517.79
CC-Roddfield Group (final dist)		
CC-Saratoga Group		
CC-Sunset 7 Group (N Padre Island)		791.34
CC-Turning Point Group		175.00
CC-Weber Road Nooners Group		1,518.60
District 7		
District 15		
District 8D		
Cuero-Burning Desire Group		50.00
Goliad-Open Arms Group		114.95
Hallettsville Group		50.00
Karnes City-Mayfield Group		
Kingsville-AL-K Group		49.00
Moulton Group		100.00
Mathis -Crossroads Group		350.00
Mathis - Unity Group		
Port Aransas Group		
Port Lavaca Group		205.00
Port O'Connor Group		56.54
Portland -Jaywalkers Group		
Portland -Nueces Bay Group		
Quarterly Meeting 7 th Tradition		
Riviera-SASTO Group		
Robstown Desire Group		
Rockport-Happy Hour Group		401.00
Rockport-Fellowship Group		2409.40
Schulenburg Group		50.00
Shiner Group		100.00
Sinton-Grupo Secunda Chanza		
Skidmore Group		
Three Rivers-Choke Canyon Group		
Victoria-Airport Group		
Victoria-Back to Basics Group		722.12
Victoria-For Sinners Only Group		25.00
Victoria-Golden Slippers		
Victoria-High Nooners Group		
Victoria-Main Stream Group		125.00
Victoria-Men's Group		
Victoria-Unity Group		116.27
Victoria-Women's Group		
Yorktown Group		230.00
TOTAL	\$971.36	\$15,928.72

**Coastal Bend Intergroup Association
Mission Statement**

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list

whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Services Provided

1. Maintains an office which is open Monday through Friday from 7:30 to 11:30AM and 1:30 to 5:30PM. (normal hours)
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12 Step listing and calls individuals for 12 Step work.
4. Provides an A.A. listing in the Telephone directory.
5. Provides a 24-hour volunteer phone answering during hours when the office is closed.
6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
8. Purchases and sells "CONFERENCE APPROVED" literature, and non-conference approved Anniversary Medallions, Sobriety Chips.
9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
11. Maintains service committees for service work in the Coastal Bend Area.

Detach here.

Free e-Mail Subscription to the BENDER and BITS & PIECES

NAME: _____.

E-MAIL: _____.

Easy ways to sign up for our two monthly publications:

- Send an email with the above information to cbia@grandecom.net with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.