

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992-8911 or Toll Free 1 (866) 672-7029 www.cbiaa.org Hi, my name is Rey R. and I'm an alcoholic. My sobriety date is September 28 1991.

Alcoholics Anonymous has been a blessing in my life for the last 30 years. My life changed to a better way of life! I grew up with a single mom and drinking was a weekly thing with my family and the drama that came with the environment. So, I became the product of my own environment with drinking at an early age gave me a feeling of joy. I continue to drink and at age 18 I got married and had a family, but continued to drink on a daily basis. Alcohol destroyed my marriage and my relationship with my children. On my last day of drinking 15 years later, I was alone with the feeling of hopelessness and suicidal thoughts. I was desperate looking for a solution to feel better. Alcohol and drugs no longer gave me the joy that I look for. I would sit there night after night drinking and feeling hopeless. Then on the last night of my drinking, I got home and fell on my knees crying and called on God to help me. Something happened that night, that I cannot explain. The following morning, when I woke up, I didn't have the desire to drink. Two days later I walked into a treatment center looking for help for my suicidal thoughts, and the counselor there admitted me to the chemical dependency unit but I told her that I didn't have a problem with alcohol. But I was admitted for the next 28 days and that's where I was introduced to Alcoholics Anonymous.

I didn't want to be a member or have anything to do with A. A. I kept hearing get a sponsor and work the steps, but I would sit there and tell myself I don't have a problem. All I'm looking for is to be okay. At my first meeting I was greeted and told to keep coming back and that I would be ok. I kept coming back because I felt comfort for that one hour. I continued to go to meetings with the denial of being an alcoholic until I heard someone share when they pick up a drink they didn't know how to stop and that got my attention. Around 8 months the wall of my denial finally came down, with all the stories I'd heard, I had a glimpse that alcohol had taken control of my life and that nothing else mattered. I continued to go meetings with the hope that my life would get better. I wanted my wife and daughter back and at that point that's all I cared about. We got back together for about a year. We moved to Victoria and I continue to go to meetings. At about 13 months I've found myself at a 5:30 meeting asking myself what am I still doing here. I was still irritable, restless and discontent and doubting the program and wondering why It wasn't working, I thought that just not drinking was going to better my life. The meetings got old to me but I decided to get a sponsor and try to work the steps. I got me a sponsor named Rick and he told me that day that the only thing he could do for me was take me through the book and steps and that the solution to all my problems were on the 164 pages of the big book. I wondered how can that be? I continue to work the steps and on my first fourth step I kept writing and justifying why I treated people the way I did because of what they did to me. My I sponsor kept telling me to look at my part. That was a rude awakening when I did that. I discovered the truth of the person I really was and how delusional my thinking was. I had another problem; I did not want to share my 4th step with my sponsor. He said for me to do my fourth step with a priest so that's what I did. Then, I got stuck on Nine step, not wanting to make amends. I continued to pray and ask God for help to help me be willing to make the amends and forgive myself and others I harm. One day the feeling of willingness was there for me to continue and I did. I continued with my steps and service work and expecting everything to get better in my life but I was in for more rude awakenings throughout my journey until I discovered that I needed to develop a relationship with a higher power that I choose to call God that I could trust and rely upon.

Throughout my journey I've hit plenty more bottoms without a drink, that's where I discover that alcohol was not all the cause of my problems and that my thinking and behaviors were the roots of my problems. I was needing to surrender To God again. I discovered that every time I surrender to God, I would experience a "Wow" moment with peace and comfort. I wanted more and discovered in order to get more I needed to keep applying this discipline in my life. Living a better way of life with the principles of the program was hard for me because I want what I want and like doing what I want. I learned that I can live this way and when I don't the consequences are the same with a drink or without. The only way I would have any peace of mind and acceptance is to not allow fear to dictate how I live. I've learned to step out in faith and experience the outcome. I was starting to see that God would do for me when I couldn't do for myself. I learned that the program is a spiritual program and if I want change in my life then I need to change my behaviors and attitude. This practice helped me develop a new character. With the help of God and the people in the rooms of Alcoholics Anonymous I was able to be shown a more positive direction. Not everyone in the rooms is there to help me but I have learned too, that I don't need to be afraid. When I do wrong, I admit my faults and try not to repeat the behavior. I try to live and practice the Saint Francis Prayer on a daily basis, some days are better than others. As long I am willing, I've discovered It's a lot better than not trying. The program has not only kept me from picking up a drink, but it's helped me see that there is a better way of living. I can accept me for who I am and not be ashamed of who I was.

The blessing of this program is that I have been given a life and I no longer feel hopeless. Because I have lost that defiant attitude, I have been able to listen to what the program had to offer. I thank God and Alcoholics Anonymous for helping me be more honest within myself and today I definitely understand that I cannot live on both sides of the road. I must continue to trust God no matter how I feel or how things look but I do believe that things are going to be "OK", no matter what happens today! I can say that because of my experiences I have gone through in recovery, "the good and bad", I've learned to embrace it all. I do not need to be afraid because today! I believe as long as I keep doing what the program and God has taught me that life doesn't have to work out the way I think it should. I have learned that I can still live like I used to live and have the drama in my life without a drink. Nothing changes if I'm not willing to change. I can stop being delusional and start getting honest with myself. If I continue to speak the truth and not seek attention, I will be ok knowing the truth. It's not always comfortable knowing the truth but it has given me a better way of life. I can say that not drinking and just doing service work and not practicing the program would have not changed me to be the person that I am today. What I discovered on my journey was to learn to follow direction and ask for help. Trying to do it alone without the help didn't work for me it kept me. I just stayed angry and discontent in early recovery but thank God that I was able to stay to see the miracle happen in my life! Today I can say that I am so grateful for the suffering and desperation that got me here to be able to ask for help. Working this program of Alcoholics Anonymous, I can I thank my God for the peace and serenity that I found in this program! It has helped me stay strong even when things look bad. Yeah, I know, that a drink will not make it better, that I must continue to work this program one day at a time and that God will continue to use me to share my experience, strength and hope with others that are suffering like I did. One day at a time and speak the truth because it does work for anyone that wants to stay stop and live a new way of life.

God be with us as we trudge the road of happy destiny.

Minutes

CBIA BOARD OF TRUSTEE MEETING

July 11th, 2022 (approved)

- I. Amy opened the meeting at 6:00PM with Moment of Silence followed by Serenity Prayer
 - Blake read CBIA Mission Statement
 - Michael read General Warranties
 - Ronnie Read 12 Traditions
- II. <u>ATTENDANCE</u>: Amy(Chair), Michael B.(Vice Chair), Parth ,Patrick R., Blake, Jim L., Ronnie B., Rita S. (Office Manager), Terry M. (Assistant Office Manager)
- **III. MINUTES: Amy** read Minutes of **June 13th** Board Meeting.

Jim motioned to accept minutes as read. Blake seconded. All approved.

IV. FINANCIAL REPORTS: Michael, (Financial Trustee) read June 2022 Financials **Balance Sheet:**

Total CBIA funds as of June 30th totaled \$31,988.81 Petty Cash: \$50.00, Checking: \$13,365.55,

Jamboree, \$2952.00, CBIA Social Events: \$1750.00, Prudent Reserve: \$15,621.26.

Profit & Loss for the month of June: Group & Individual Contributions: \$682.95

Gross Sales (Books, Chips & Medallions) \$901.50, (less Cost of Goods Sold \$629.93),

Jamboree income \$00.00, Gross Gain for the month was \$2704.52

Total Expenses were \$2,927.75. Net Income for month of June -\$223.23

Fiscal Year to Date 2022: Group & Individual Contributions Sales \$8,145.93

Jamboree Contributions \$12,875.28 Fundraisers \$2,067.00, Gross (Books, Chips &

Medallions): \$4,850.25 (less Cost of Goods Sold \$3,449.57), Gross Total expenses year to date:

\$19,169.16 Net Gain for the year to date: \$5,320.68.

Jim motioned to accept.

Ronnie seconded. All approved.

SERVICE AREAS:

- 12th Step: Parth-is still answering the phones monthly and is still looking for women for the 12 step list in his area as well as a couple of more men in that area.
- Archives: Amy said she has talked with Brenda who is going to do District Archives and is excited to get started. They will meet soon.
- **<u>Bilingual</u>: Amy** that Jennifer is still getting the word out to the Bilingual meetings that we are here to help they are in need.
- Coastal Bender: James L. said he was working on getting birthday stories. Amy said Ray R had volunteered to do Sept. Jim will contact Ray.
- Corrections/Treatment Facilities: Ronnie B. had nothing new to report.
- **Jamboree:** Patrick R. held 1st meeting for 2023 Jamboree Saturday July 9th. Well attended and all committee positions got filled. Patrick asked if Amy if she thought Jennifer might be interested in Co-Chairing with Rosa for Bilingual, he will ask her. Patrick's Co-chair, Teresa M. has lined up her Co-Chair Jim L. and Programs Teresa S. has her Co-Chair Jeff P. Jimmy M. will do Silent Auction with John W. as Co-Chair. Annette will be Co-Chair for Raffles. Diane L, is going to do registration again. Rick L. and Stephanie will do Scholarship.
- **Nominations: Parth-**nothing new to report.
- Public Information/Cooperation with Professional Community: Ronnie B. didn't have anything to report. Blake asked when the PICPC Conference will be held in Corpus, Glad to hear it was in Aug and he had not missed it.
- **Social:** Blake had no news for the moment and will be looking at when to have the next event.

V1. OFFICE REPORT:

A. Office Update **-Rita** said she had paid for the tickets for Terry and her for Denver for Office Manager Conference in Sept. She also said that she had been out for a week with sick and that Terry had worked all week. Terry was also able to train the temp employee, Micaela. Micaela covered for 2 days after the 4th for both Terry and Rita. All went well. We will be using her again in the future.

VII. OLD BUSINESS: None

VIII. <u>NEW BUSINESS</u>: Rita asked if the Board wanted to consider an in person Quarterly Board meeting in Oct. There will elections for 4 new trustees. It was talked about doing it Hybrid style. We also talked about changing the date from Oct 31st to Oct 24^{th.} We will discuss at the Quarterly meeting in July to get the groups input.

IX. NEXT MEETING:

- Next CBIA Board of Trustees meeting Monday Aug 8th 2022 at 6:00 PM on Zoom.
- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday July 25th, 2022 on Zoom.
- X. CLOSING: Amy asked for motion to close the meeting.
 - Ronnie moved to adjourn.
 - Patrick seconded. Motion carried
 - Amy asked Patrick to close the meeting with prayer at 6:48 PM.

Respectfully submitted,
Rita Standish
Office Manager

Minutes

Coastal Bend Intergroup Quarterly Association Meeting July 25, 2022

I. <u>OPENING</u>:

- Amy opened the meeting with moment of silence followed by the Serenity Prayer at 6:00pm
- Patrick read the CBIA MISSION STATEMENT.
- Blake read the GENERAL WARRANTIES
- **Parth** read the **12 TRADITIONS**.

II. ATTENDANCE:

• Amy (Chair), Michael, (Vice Chair), Patrick R., Blake B., Ronnie B., Parth S, Jim L., Rita (Office Manager) Terry M, (Assistant Office Manager), Teri H. (GSR New Women's Group)

III. MINUTES:

- Amy read the approved Minutes of the last Quarterly Meeting (April 25th 2022).
- Amy read and asked for motion to approve Minutes of the July 11th Board Meeting Ronnie made motion to approve as corrected. Patrick seconded. All approved.

IV. FINANCIALS

Michael (Financial Trustee) asked if there are any question about the

June Financial Report as read in the July minutes.

Balance Sheet:

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Medallions): \$4,850.25 (less Cost of Goods Sold \$3,449.57), Gross Total expenses year to date:

\$19,169.16 Net Gain for the year to date: \$5,320.68.

No questions

Patrick motioned to accept and Jim L. seconded. All approved.

V. SERVICE AREAS

- 12th Step: Parth. (Victoria) Looking forward to answering the Helpline in Aug and still working on getting more ladies and men for 12 Step in the Victoria area.
- Archives: Amy M. (CC-Weber Nooners Group) Nothing to report. As the Area Archives person, she attended the Area Summer Workshop in Victoria, they had presentation on the history of meeting in Victoria and also included Corpus Christi.
- Bilingual: Amy M. (CC-Weber Nooners Group) Jennifer brought 4 people from the Spanish meetings in Corpus Christi with her to Area Summer Workshop, Jennifer continues to attend and get others involved in service. Rita got call from Marcella/she is working with the International Women's Conference for 2023 in Addison, TX. Wanted a bilingual contact, will send Jennifer the
- Coastal BENDER: Jim L. (CC- New Phoenix Group) Will have story from Ray ready for Sept. Bender and is working on October.
- Corrections / Treatment: Ronnie B. (Portland-Nueces Bay Group) Nothing to report.
- Jamboree: Patrick R. Asked if Jennifer would be interested in being Chair of Bilingual for 2023 Jamboree/Amy will contact Jennifer or send contact information.
 - Nominations: Parth Still working on lining up a couple candidates from Victoria area.
- PI/CPC: Ronnie B. (Portland-Nueces Bay Group) Nothing new to report

• Social: Blake B. (CC – New Phoenix Group) Asked about when to have Halloween dance and where. Suggested Oct 29th and he will check with St. John's and All Saints to see if available. Needs DJ contact information. Discussed time, 7pm if having Speaker, dance 8pm-Midnight. Asked about Flier, Rita said she would check at office, Blake with check with Anita.

V. Old Business:

Talked about having a hybrid meeting for the Oct Quarterly meeting which is an election meeting for 4 new Trustees. Question as to why we would want to do that since Zoom will allow most to show up no matter where they are. Only 1 GSR at meeting, when asking Teri, she said she felt hybrid meetings are hard to hear everyone. There was some further discussion and the Trustees will ask their home groups if they have a preference. Michael made a motion to discuss further at regular board meeting after getting more information and Ronnie seconded, all approved.

VI. New Business:

- Nothing was brought up.
- **VII.** Office Report: 18th St donated an office chair for the office, we are still cleaning up, got rid of old chairs. Quarterly donations from the groups have been good in July.

VIII. NEXT MEETINGS:

- **Board of Trustees Meeting: Monday, Aug 8th** at **6:00 PM** on Zoom.
- Quarterly Association Meeting: Monday, Oct 24th or 31st at 6:00PM Hybrid or on Zoom.

IX. Closing:

Patrick made motion to close

Blake seconded All approved. Amy closed the meeting with Lord's Prayer at 6:49pm.

Respectfully submitted,
Rita Standish
Office Manager



CBIA Hours

CBIA PHONE NUMBER- (361) 992-8911 Calls are answered by staff during business hours Monday-Friday and by helpline volunteers at lunch, after hours and on weekends and holidays.

CBIA OFFICE HOURS (except on Holidays). We will continue to work 30-hour weeks during 2022 to keep costs down.

Monday-Friday 8:30am-11:30am and 2:00pm-5:00pm

The office is open during these hours to come in and pick up items. If you would like, you can call ahead with your order and we can have it ready for pick up. If we are out of stock, we can let you know at that time. (Face masks are required if you are coming in the building, this is the landlord's decision because it is private property).

CBIA HOLIDAYS

January New Year's Day September Labor Day

May Memorial Day November Thanksgiving- 2 days
July Independence Day December Christmas Day



40th Heart to Heart Women's Conference Oct 14th-16th at Camp Olympia in East Texas near Trinity (see attached flier)

69th Annual Coastal Bend Jamboree-Feb. 3rd-5th at Omni Hotel in Corpus Christi, TX. "Save the date" (see attached flier). Planning meetings are the 2rd Sat of each month at 9am at New Phoenix Group if you are interested in volunteering.

Face-to-Face Meeting Updates

New Phoenix Speaker Meetings on Saturday at 8PM

Sept 10th-Larry C. (New Phoenix)

Sept 17th-Steven S. (Rockport Group)

Sept 24th-Harold B. (Weber Group)

Alice Recovery Crew-Face to face meetings at 200 N. Wright St in Alice, TX.

Mon-Steps 1/2/3 @ 7pm

Tues-OD @ 7pm

Thurs-BB @ Noon

Thurs- SS @7pm

Zoom Meetings continue on Mon and Wed at 7pm

New Attitude Group-Meeting place has changed to Grace Presbyterian Church at 6301 Yorktown CC, TX starting Aug 1st. Meetings continue to be on Mon. and Wed. and Friday at 6pm. Meetings are also continuing on Zoom.

AA Meetings on Zoom

Coastal Bend Area AA Meetings on Zoom

Alice-Recovery Crew, 7:00 PM Mon and Wed Meeting ID 825 6450 3417, Password 123456

CC-Friday Night Speaker Meeting, Last Friday of the month at 8 PM Meeting ID: 434 708 8936 Password:867742 (In person meeting still suspended).

Clean & Serene Group (LBGT) Friday 7:30 pm Meeting ID: 677 587 2132 Password: sober (no longer on Zello).

CC-New Attitude Group Hybrid Meeting M, W & F 6:00 PM Meeting ID: 714 784 969 Password 954788 https://us04web.zoom.us/j/714784969

CC-New Phoenix Group Mon - Fri 6:30A Meeting ID: 886 9994 6374 Password: 336965 Sat - Sun 7:00A Meeting ID: 886 9994 6374 Password: 336965

CC-New Women's Group, Mon & Thu 7 PM; (new time)**Sat 3pm** Meeting ID: 580 495 1776 Password: NWGroup https://us02web.zoom.us/j/5804951776?pwd=K04zVDhDZDBQMmdleWliUVJXSINodz09

CC-Turning Point Wed & Sat 6:30 PM Meeting ID: 677 587 2132 Password: sober

CC-Weber Rd Nooners 12 Noon, Daily Meeting ID: 260 214 3828 Password: 676271 https://us04web.zoom.us/j/2602143828

Rockport-Happy Hour Group Zoom, Tues and Thursday 5:30 P Meeting ID: 817 4546 8941 Password: 0164

Victoria-Back to Basics 7 PM Daily Meeting ID: 662 621 1099 Password: 218223 https://zoom.us/j/6626211099 (This has concurrent but separate face-to-face meetings on Wed and Fri at 7pm)

Victoria-Mainstream, **Wed only Zoom Meeting at Noon Meeting. ID**: 698 545 080 **Password**: 003178 https://us04web.zoom.us/j/698545080 (face to face Mon-Thurs and Sat at Noon)



CBIA Appreciates Ongoing Support

Group Contributions

In the past, CBIA's second biggest source of revenue has been Group Contributions. Since COVID-19 came to this area in March of 2020, we have some groups that are starting to meet in person, others are still meeting only on Zoom; and the remaining groups are still not meeting. All Group Contributions are appreciated and we hope for continuing support in 2022.

Individual Contributions

We were inspired and grateful that individual members of our community have made up for the shortfall in 2021 revenues. A large contribution in January 2021 (within the annual limit of \$5,000) helped us to stay solvent for that year. The larger contributions are expected to be a one-time thing. You can donate on the Birthday club list or just send in a donation. We are pleased with how many do send contributions throughout the year and we will continue to hope for ongoing individual support to make it through 2022.

Fundraisers

Texas law allows 501c3 non-profit corporations like CBIA to have only two fundraiser events. The **2022 Coastal Bend Jamboree Committee** held their event February 4th-6th and donated \$12,875.28 to CBIA on March 12 at their wrap up meeting. 553 people attended the Jamboree event including scholarships. A big thank you to the Committee for such a successful event and all their hard work. They will start in July to plan 2023 Jamboree.

Founder's Day was held by the Social Committee, June 11th in Corpus Christi, at St. John's Church at 5300 S. Alameda from 9-4. There were 70-80 people in attendance during the day with 2 great speakers. There was also a great bake sale, lunch, raffles, and silent auction items. Thanks to wonderful donations and sales the event made \$1764.00. Thanks to all who attended and donated, we couldn't do this without you!

CBIA Appreciates Ongoing Support (Continued)

Where Are We Now?

	Actual Au <u>g 2022</u>
Contributions	\$26,756.97
Gross Sales	\$6,411.51
Cost of Goods Sold	(\$4,451.17)
Gross Gain	\$28,717.31
Total Expenses	\$25,350.60
Interest Income	1.34
Net Gain	\$3,368.05
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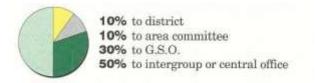
What Has the CBIA Board of Trustees Done?

We continue to work reduced hours at the office to keep costs down. The hours & payroll are reduced by 25% so Terry (AM) and Rita (PM) will work three hours rather than four each workday. Our hours in 2022 continue at this time to be 8:30-11:30 AM and 2:00-5:00 PM Monday through Friday.

The board did decide after receiving the \$12,875.28 Jamboree contribution to move \$3,000 of that money back to the Prudent Reserve (Savings) from the check. The \$3000 was borrowed in the summer of 2020 to keep the office running during the Pandemic.

What Can a Group Do to Help?

The AA World Service pamphlet, <u>Self-Support: Where Money and Spirituality Mix</u>, <u>suggests</u> that AA Groups in areas served by an intergroup office distribute funds in excess of prudent reserve as shown below.



Thus, it is up to each group conscience to determine what (if anything) it contributes.

Your group might want to re-consider its contribution priorities temporarily. GSO and Intergroup have a bigger slice of the pie because they have much higher overhead (*salaries*, *office space*, *etc*.) than the other service entities. You might want to consider giving more to Intergroup and GSO and less to other service entities. Also, if your group has money earmarked that can be sent in earlier, that would be helpful.



2022 CBIA Birthday Club

Birthday Club Members are people who have made an individual contribution to CBIA of \$1.00 or more for each year of sobriety during that calendar year. They will be listed in each Bender from the month after the donation to the end of the year. Monthly donors (\$5 or more) and people who contribute \$100 or more will be listed for one additional year. Donations can be made by **PayPal** under the Donate option on our website (www.cbiaa.org), by **Venmo** to **CoastalBend-Intergroup** (For anonymity, is recommended that Venmo settings make the transaction private.) or by **check** to **CBIA**, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. Please indicate Home Group or City and Sobriety Date. Let us know if you do not want your birthday listed in the Bender.

NAME	HOME GROUP	SINCE	YEARS IN 2022
Nancy G.	CC-Turning Point Group	01/01/1983	39 Years
Gail B.	Victoria-Golden Slippers	01/01/2011	11 Years
Terry K.	CC-Sunset 7	01/01/2000	22 Years
Sheila S.	CC-New Phoenix	01/07/2007	15 Years
Charlie B.	Victoria-Golden Slippers	01/09/2006	16 Years
Ceil Mc K.	CC-Hilltoppers Group	01/10/1982	40 Years
Sandra E.	CC-Weber Road Nooners	01/20/2011	11 Years
Rae T.	CC-Happy Hour Group	01/23/2006	16 Years
Tom G.	CC-Turning Point Group	01/26/1984	38 Years
Ernest J.	CC-Flour Bluff Unity Group	02/15/2004	18 Years
Rob M.	Corpus Christi	02/24/1985	37 Years
Mike B.	CC-New Phoenix	03/05/2014	8 Years
Janeen H.	CC-Turning Point Group	03/08/2017	5 Years
Chris N.	CC-Oso Group	03/09/2009	13 Years
Rita S.	CC- Oso Group	03/13/1977	45 Years
Joe C.	CC-Happy Hour Group	03/18/1981	41 Years
Mary C.	CC-Turning Point Group	03/22/1992	30 Years
Enrique M.	CC-Weber Road Nooners	03/30/2016	6 Years
Phyllis H.	Rockport Fellowship	04/01/2004	18 Years
Cathy H.	New Fairfield, CT	04/06/1999	23 Years
Marlive F.	Corpus Christi	04/07/1987	35 Years
Lisa D.	Austin, TX (18th St)	04/21/1987	35 Years
Kelly K.	Corpus Christi	04/18/1986	36 Years
Gale S.	Albuquerque, NM	04/23/1994	28 Years
Fred C.	Corpus Christi, TX	05/13/1987	35 Years
Linda K.	Lake Charles, LA	05/20/1979	43 Years
Carol D.	CC-Happy Hour Group	05/24/2016	6 Years
Mary H.	CC-Happy Hour Group	05/24/1995	27 Years
Jackie C.	Pleasanton, TX	06/05/2014	8 Years
Gary L.	CC-New Phoenix Group	6/07/2009	13 Years
James M.	Nueces Bay Group	06/13/1993	29 Years

2022 CBIA Birthday Club (Continued)

	HOME CROUP	CINCE	YEARS
NAME	HOME GROUP	SINCE	IN 2022
Terry M.	Nueces Bay Group	06/18/1992	30 Years
Marie A.	CC-Alanos Group	06/21/1991	31 Years
Robin P.	CC-Hilltoppers Group	06/22/1986	36 Years
Bill Drews	Rockport-Happy Hour	07/16/1981	41 Years
Libby A.	CC-New Women's Group	07/12/1987	35 Years
Tammy B.	CC-Weber Road Nooners	08/11/1989	33 Years
April K.	Corpus Christi, TX	08/20/1984	38 Years
Scott Mc G.	CC-Hilltoppers Group	08/22/2002	20 Years
Pat E.	CC-New Women's Group	08/23/1987	35 Years
Butch R.	CC Weber Road Nooners	08/26/2006	16 Years
Mike Q.	CC- Weber Road Nooners	08/28/2000	22 Years
Audrey H.	Rockport, TX	09/01/2011	11 Years
Fred B.	Aransas Pass Group	09/01/2002	20 Years
Hank S.	CC-Cullen Mall Group	09/07/1993	29 Years
Barb C-S	CC-New Women's Group	09/09/1985	37 Years
Valerie B.	CC-Weber Road Nooners	09/13/2017	5 Years
Heather D.	CC-Weber Road Nooners	09/23/2009	13 Years
Dave D.	Rockport Fellowship	10/04/1985	37 Years
Brandelyn M.	CC-New Phoenix Group	10/09/2009	13 Years
Patrick R.	CC-New Phoenix Group	10/09/2009	13 Years
Harold B.	CC-Weber Road Nooners	10/18/2007	15 Years
Arthur A.	CC-Hilltoppers Group	10/19/1998	24 Years
Tim R.	CC-New Phoenix Group	10/21/2011	11 Years
Betsy H.	CC-New Women's Group	10/22/2010	12 Years
Kruger D.	CC-New Phoenix Group	10/23/2009	13 Years
Eddie M.	CC-Weber Road Nooners	10/28/2005	17 Years
Debbie B.	CC-Weber Road Nooners	10/31/2000	22 Years
Mary G.	CC-Hilltoppers Group	11/03/1986	36 Years
Margaret P.	CC-Hilltoppers Group	11/06/2006	16 Years
Loralei D.	CC-New Women's Group	11/06/1984	38 Years
Joanie J.	San Antonio, TX	11/28/2015	7 Years
Larry H.	Rockport Fellowship	12/04/1990	32 Years
Jimmy M.	Port Lavaca Group	12/14/1987	35 Years
James H.	New Fairfield, CT	12/17/1993	29 Years
Joe Mc M.	CC-Hilltoppers Group	12/21/1980	42 Years
Tony P.	CC-Hilltoppers Group	12/23/1978	44 Years
Ron S.	China, TX	12/24/2009	13 Years
John K.	CC-Cullen Mall Group	12/25/1995	27 Years
Lois H.	CC-New Women's Group	12/29/2007	14 Years

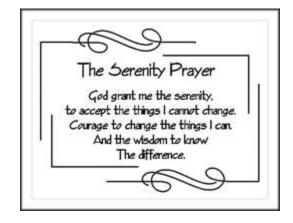
Memorial Contributions

Memorial Donations can be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meeting is not required as long as they died sober. Suggested donation of \$1 per year of sobriety or a minimum of \$5. They will be listed in each Bender from the month after the donation to the end of the year.

Donations can be made by PayPal under the Donate option on our website (www.cbiaa.org), by Venmo to

CoastalBend-Intergroup (For anonymity, it's recommended that Venmo settings make the transaction private.) or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX). Please indicate Home Group or City and date of death year.

Name	Home Group	Departed
Gary S.	Hilltoppers	07/08/2021
Billy (Tiger) O.	Alanos Group	07/29/2021
Billy Ray S.	Pass It On Group	08/27/2021
Steve S.	Weber Group	09/10/2021
Jay E.	Hilltoppers	12/16/2021
Ann F.	5 th Tradition Group	12/20/2021
Bernard S.	Weber Group	07/01/2022
Joe C.	Happy Hour Group	09/04/2022





Volunteers Needed to Carry the Message in Corrections Facilities

Corrections Facilities

Some of the correction facilities are starting to open back up. Volunteers are needed to carry the message to alcoholics in corrections facilities. You must be at least 18 years old and not been in trouble with the law (arrested, incarcerated, pending, etc.) for at least 18 months. Contact Ronnie B. at ronniebesco@hotmail.com

Helpline / 12 Step List-Help Needed!

More people are needed for "The Helpline". The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday or 8 AM Sunday to 8 AM Monday). A minimum of nine months sobriety is required to answer the phones. We need a few additional helpline volunteers at present. If you are available to do this vital volunteer work, please contact CBIA as soon as possible to add your name.

If a caller needs help beyond meeting information, the helpline passes them to someone on the 12-Step List for a longer conversation on how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12 Step List. We especially need people (particularly women) in the outlying areas.

If you would like to be on the Helpline or the 12-Step List, call Kelly or Rita at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday thru Friday.

Local Stories Wanted For the Coastal BENDER

Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grandecom.net in a Word document or similar format.

District Meetings

District 7

(Victoria Area)

The next District Meeting will be at held at 9:30AM on Saturday Sept 17th hosted by Port O'Connor Group.

District 8D

(Corpus Christi)

The next District 8D meeting will be at 2:00 PM on Saturday, Sept 17th at New Phoenix Club.

District 8E

(Corpus Christi and West)

The next District 8E meeting will be at 1:30 PM on Saturday, Sept 10th at the Calallen Pass It on Club.

District 15

(Northeast of Corpus Christi)

The next District 15 meeting will be at 2:00 PM on Saturday, Sept 10th in Port Aransas at 433 Trojan St.

Addresses for Group Contributions

Coastal Bend Intergroup (Suggested 50%*)

CBIA

3833 S. Staples Suite S-212 Corpus Christi, TX 78411

Districts (Suggested 10% *)

District 7 TreasurerP.O. Box 5324

District 8D Treasurer
P.O. Box 61135

Victoria, TX 77903 Corpus Christi, TX 78466

District 8E Treasurer District 15 Treasurer

% Dina P. % Mike L.

6013 Liptonshire Drive 511 Gulf Corpus Christi, TX 78415 Port Aransas, TX 78373

Area 68 Southwest Texas (Suggested 10% *)

SWTA 68 Treasurer

P.O. Box 830195 San Antonio, TX 78283

General Service Office (Suggested 30% *)

GSO

P.O. Box 459

New York, NY 10163-0459

'* Suggested percentages are from AA Pamphlet F-3, **SELF-SUPPORT: Where Money and Spirituality Mix** (Available on our web site: cbiaa.org under DONATE). Group

Contributions are always at the discretion of the group conscience.

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held Monday **Aug 9th** at 6:00 PM on Zoom.

CBIA Quarterly Association Meeting will be held Monday **July 26**th at 6:00 PM on Zoom.

Group Announcements

New Phoenix Group Conscience is held the first Sunday of the month at 1:15 PM. Birthday Night is first Saturday of the month at 8:00PM. (5433 S. Staples, Suite F in The Boardwalk.)

Hilltoppers Group Conscience is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

Weber Road Nooners Group Conscience is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are being celebrated on the day of the birthday for now. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

Calallen Group Conscience is held the 3rd Wednesday of each month following the 6:30PM meeting. Birthday Night is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

Flour Bluff Unity Group Conscience is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday** Meeting at 8:00PM at The Anchor Club (320 Anchor St. in CC).

Turning Point Group Conscience is held the 1st Wednesday of each month. Birthday Meeting is last Saturday of the month.

Contributions			
GROUP NAME	Aug 2022	YTD 2022	
Alice Group	(0.5)	2 201 57	
Anonymous/Individual Contribution Aransas Pass Group	69.56	2,291.56 100.00	
Beeville-Shepherd's Group			
CC-Alanos	200.00	200.00	
CC-Bookmarks Group CC-Calallen Group			
CC-Crosstown Group			
CC-Cullen Mall Group			
CC-Day of AA CC-Early Morning Fellowship			
CC-Fellowship Group at Charlie's PLC			
CC-Fifth Tradition Group			
CC-Flour Bluff Unity Group CC-Friday Night Speaker Meeting			
CC-Happy Hour Meeting			
CC-Hilltoppers Group		200.00	
CC-Humility Group CC-Just for Today Group		200.00	
CC-Lucky Ones			
CC-New Attitude Meeting		139.18	
CC-New Life Group	50.00	260.00	
CC-New Phoenix Group CC-New Women's Group	538.92	1124.82 947.43	
CC-Oso Group		517.79	
CC-Roddfield Group (final dist)			
CC-Saratoga Group CC-Sunset 7 Group (N Padre Island)		456.88	
CC-Turning Point Group		175.00	
CC-Weber Road Nooners Group		1,114.20	
District 7 District 15			
District 8D			
Goliad-Open Arms Group		32.71	
Hallettsville Group		50.00	
Karnes City-Mayfield Group Kingsville-AL-K Group		49.00	
Moulton Group			
Mathis -Crossroads Group	100.00	250.00	
Mathis – Unity Group			
Port Aransas Group Port Lavaca Group	205.00	205.00	
Port O'Connor Group	200100	56.54	
Portland -Jaywalkers Group			
Portland -Nueces Bay Group Quarterly Meeting 7 th Tradition			
Riviera-SASTO Group			
Robstown Desire Group			
Rockport-Happy Hour Group Rockport-Fellowship Group	120.00	401.00 2409.40	
Schulenburg Group		2402,40	
Shiner Group		100.00	
Sinton-Grupo Secunda Chanza Skidmore Group			
Three Rivers-Choke Canyon Group			
Victoria-Airport Group			
Victoria-Back to Basics Group	27.00	487.80	
Victoria-For Sinners Only Group Victoria-Golden Slippers	25.00	25.00	
Victoria-High Nooners Group			
Victoria-Main Stream Group		75.00	
Victoria-Men's Group Victoria-Unity Group		66.38	
Victoria-Unity Group Victoria-Women's Group		00.00	
Yorktown Group		80.00	
TOTAL	\$1,308.48	\$11,814.69	

Coastal Bend Intergroup Association Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list

whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Services Provided

- 1. Maintains an office which is open Monday through Friday from 7:30 to 11:30AM and 1:30 to 5:30PM. (normal hours)
- 2. Provides information and referrals for A.A. inquiries.
- 3. Maintains a 12 Step listing and calls individuals for 12 Step work.
- 4. Provides an A.A. listing in the Telephone directory.
- 5. Provides a 24-hour volunteer phone answering during hours when the office is closed.
- 6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
- 7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
- 8. Purchases and sells "CONFERENCE APPROVED' literature, and non-conference approved Anniversary Medallions, Sobriety Chips.
- 9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
- 10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
- 11. Maintains service committees for service work in the Coastal Bend Area.

Detach here.	
Free e-Mail Subscription to the BENDER and BITS & PIECES	
NAME:	
E-MAIL:	

Easy ways to sign up for our two monthly publications:

- Send an email with the above information to cbia@grandecom.net with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.

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Asociación Inter-grupo de la Zona Costera

Declaración de Principios

La misión de la asociación inter-grupo de la zona costera es proveer el primer contacto vital al alcohólico en busca de ayuda. La oficina de AIZC [siglas en español, en inglés CBIA], se mantiene para el beneficio de aquellos que siguen sufriendo. Para cumplir con esta tarea tan importante la oficina de CBIA debe:

- Establecer una linea de ayuda las 24 horas
- Imprimir los horarios de las reuniones de AA
- Mantener una lista con los 12 Pasos

Con lo cual Grupos de AA e individuos puedan conducir llamados de los 12 Pasos, esenciales en el crecimiento de AA en la Zona Costera.

Servicios Prestados

- 1. Horario de oficina, lunes a viernes de 7:30 a 11:30AM y de 1:30 a 5:30PM.
- 2. Provee información y referencias sobre A.A. .
- 3. Mantiene una lista de los 12 Pasos y listado de personas para trabajar los 12 pasos.
- 4. Provee un listado de A.A. en el directorio telefónico.
- 5. Provee servicio de voluntarios contestando llamadas las 24 horas mientras la oficina esta cerrada.
- 6. Publica los horarios de todos los grupos en el área costera sin costo.
- 7. Publica una hoja informativa, la "Coastal Bender", para mantener a los miembros de A.A. informados de los acontecimientos locales y de los eventos especiales A.A..
- 8. Compra y venta de literatura "Aprobada en Conferencia" ('CONFERENCE APPROVED'), y mercancía no aprobada como Medallones de Aniversario y Monedas de Sobriedad.
- 9. Conduce reuniones mensuales de fideicomisarios. Todos los miembros de Alcohólicos Anónimos son bienvenidos a estas reuniones asimismo es importante contar con su opinión.
- 10. Conduce Reuniones cada cuatro meses para evaluar a los grupos en actividades Inter-grupo y para buscar que participen en cuestiones de la CBIA.
- 11. Mantiene comités de trabajo para servicio en el área de la zona Costera.

Los Grupos Hispaños HORARIO

(Rev. 3.1.2019)

Grupos en Corpus Christi

- Grupo Nueva Esperanza (552 Old Robstown Road, Corpus Christi) 8:00 De la Noche (todos los dias).
- Grupo Primer Paso (1635 18th Street, Corpus Christi) 8:00 De la Noche (Miercoles); Mediodia (Sabado).
- Grupo Serenidad (408 Brownlee, Corpus Christi) 8:00 De la Noche (Martes y Domingo);
- Grupo Tres Legados (1019 S. Port, Corpus Christi) 8:00 De la Noche (Lunes, Martes, Miercoles y Jueves);

Grupo en Flatonia

Grupo Flatonia (208 E. North Main Street, Flatonia) 7:00 De la Noche (Jueves)

Grupo en Kingsville

Grupo Un Dia a La Vez (819 N. 3rd, Kingsville) 7:00 De la Noche (Miercoles)

Grupo en Moulton

Grupo Moulton (301 N. Hackberry. Moulton) **7:00 De la Noche** (Lunes)

Grupo en Port Lavaca

Grupo Nuevo Amanecer (213 E. Austin, Port Lavaca) **7:00 De la Noche** (Lunes, Miercoles y Viernes)

Grupo en Schulenberg

Grupo Schulenberg (901 Kallus, Schulenberg) 7:00 De la Noche (Domingo)

Grupo en Sinton

Grupo Segunda Chance (215 Sodville, Sinton) 8:00 De la Noche (Martes y Viernes)