

THE BENDER

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 www.cbiala.org



Being back at an Area Convention for Alcoholics Anonymous was very exciting. The different speaker's topics were an experience of a young person in AA, an experience of a woman in AA, and an experience of a Professional in AA.

A woman from Cuba was chosen to speak of her experience of being a woman in AA. Her sobriety story began in Cuba. It was very moving and inspiring. She is a great example of how the program works for women.

Estar de regreso en una convención de área para Alcohólicos Anónimos fue muy emocionante. Los diferentes temas de los disertantes fueron La Experiencia de una Persona Joven en AA, la experiencia de una mujer en AA y la experiencia e una Profesional en AA. Una mujer de Cuba fue elegida para hablar y compartió su experiencia de ser mujer en AA. Su historia comenzó en Cuba. Fue muy conmovedor e inspirador. Ella es un gran ejemplo de cómo funciona el programa para las mujeres.

Written by Mercedes.

Hi I'm Ronnie B. and I'm a grateful recovering alcoholic. Through the grace of God, this fellowship, and because I've had a desire not to, I haven't had a drink today nor have I had a one since the 19th day of July 1982 and for that I am very grateful.

First, I want to make it clear to anyone wanting to stop drinking, they can! No matter what you are going through you don't need to drink. We have all experienced great sorrows as well as great joys in sobriety. To stay sober during these periods most of us spend even more time with God, and our sponsors. We go to more meetings and get more involved with service work. Doing these things will help ensure our continue sobriety.

Now with almost 40 years of sobriety I would like to take this opportunity to tell you how I did it as well as share a few lessons I learned along the way. I would also like to thank those people who helped make this journey possible.

First, I thank God. Without his strength and guidance none of this could have happen. Next, I want to say thank you to my three sponsors. Wayne C. who introduced me to AA, Ted D. who taught me how to enjoy my sobriety and last but not least Tom D. who taught me how to protect my sobriety through service work (using the AA service manual the 12 steps, 12 traditions, and the 12 concepts for world service).

Maybe the most important folks were the hundreds of newcomers attending their first AA meeting or the inmates behind prison walls because of their addictions. These inmates and newcomers were and still are my lifeline to this wonderful life I have found in AA. I have no greater joy in my life than sharing my recovery with them and then seeing them grab ahold of this program to become sober, useful members of society. I don't know if I would still be sober today if it wasn't for the service work, I have done and continue to do.

More about Service Work

Words of wisdom from my sponsor: If you are not grateful, or enjoying your sobriety, try service work! Newcomers with as little as a few days of sobriety can start service work by helping put out the tables and chairs, passing out the books or just by taking out the trash. Yes, I did this as a newcomer and still do it today.

Once I got a few years in AA, my service work increased. Here is just some of the jobs I've preformed. Some are as simple as unlocking the doors, leading the meetings, maintaining a 12 step/phone list, or acting as the group treasurer to collect money to cover group expenses. I also had positions such as public information (PI/CPC), a Group Service Representative (GSR), and a Correctional Facility Liaison taking the AA message behind the prison walls and into treatment centers etc.... Your help is needed in every level of the AA structure. The rewards for me and I had peaceful and contented sobriety knowing I've done all I can do.

My story as of today:

I'm retired with 42 years of military service. Due to my drinking the first 10 years was anything but honorable. After 2 years of sobriety, I was transferred overseas where I spent the remainder of my military career. This provided a great opportunity to do AA service work at every level. *(continued on next page)*

(Ronnie B. story continued)

In the last 40 years I have regained everything that alcohol took from me. I have the love of my children, live in a beautiful home and I'm in a loving relationship with a wonderful woman who has 24 years in this program. All made possible because of God and AA.

If you want to stop the chaos that drinking has caused in your life, here are some lessons I have learned.

1. God gave you and me free will and he will never bother you until you ask him for help. So, ask him! Ask God each morning to help you make it through the day without drinking and thank him each night.

God has three answers to all my questions,
YES, NO, and if you Absolutely insist go ahead, but you will pay the price!

2. Get a sponsor that you can connect with and start working the 12 steps with him or her.

3. Meetings. The idea of 90 meetings in 90 days for newcomers is awesome. It gives the newcomer a great foundation to build a new life at least it did for me. For the record I attended two meetings a day for my first 6 months. I still attend 3 or more meetings a week. I heard there was only two times you need to go to a meeting - when you want to and when you don't!!

4. Don't practice the 12 steps LIVE THEM. They are principles for personal recovery.

5. Study and practice the 12 traditions as they will ensure AA unity. Without AA we will surely die.

6. DON'T STOP THERE. We have a service manual which gives us guidance for service positions along with the 12 Concepts for World Service.

Traveling through Germany on a military assignment, events happen which caused me to miss my plane. Missing that plane was going to have a negative impact on my career. Knowing this I became desperate to get to a meeting. With a few phone calls I found a guy with 5 years in the program to give me a ride to the meeting. The man was very reluctant and hesitated at first but I'm sure he could hear the desperation in my voice. So, he picked me up and off to the meeting we went.

On the way to the meeting, and during the meeting, as well as on the way back to my hotel, I kept asking why did these events happen to me. What lesson was I to learn? I know that nothing happens in God's world by mistake. So, what was the lesson?

Well, the man must have had enough of my whining as he pulled the car over and said the answer was in his trunk. He opened the trunk and there was a case of booze. He picked it up and threw it in the trash can. He then explained that he had just bought the booze and planned on going out on a week-long drunk before I called him.

I'll leave you with this thought:

The point of gratitude is not to just feel it; it's to show it.

Minutes

CBIA BOARD OF TRUSTEE MEETING

May 9th, 2022 (approved)

- I. **Amy** opened Meeting with **Moment of Silence** followed by **Serenity Prayer** (6:02PM)
Michael read **CBIA Mission Statement**
Michael read **General Warranties**
Ronnie read **12 Traditions**
- II. **ATTENDANCE: Amy, Parth, Blake, Jim (not present), Patrick (not present), Michael, Ronnie, Rita, Office Manager, Terry, Assistant Office Manager (not present)**
- III. **Amy** read Minutes of April 25th Quarterly Board Meeting.
Ronnie motioned to approved minutes and **Blake** seconded. **All approved.**
- IV. **Michael** read **April 2022 Financial Reports** and asked for questions.
- V. **Balance Sheet:**
Total CBIA funds as of **Apr 30th** totaled **\$34,638.75** Petty Cash: **\$50.00**, Checking: **\$15,991.49**, Jamboree, **\$2976.00**, Prudent Reserve: **\$15,621.26**.
Profit & Loss for the month of **April:** Group & Individual Contributions: **\$1,954.62**, Gross Sales (*Books, Chips & Medallions*) **\$669.00**, (*less Cost of Goods Sold \$404.33*), Jamboree income **\$00.00**, Gross Gain for the month was **\$2,249.29**
Total Expenses were **\$4,258.15**. Net Income for month of April **-1,960.86**
Fiscal Year to Date 2022: Group & Individual Contributions Sales **\$7,142.59**, Jamboree Contributions **\$12,875.28** Fundraisers **\$303.00**, Gross (*Books, Chips & Medallions*): **\$2,796.25** (*less Cost of Goods Sold \$2,049.58*), Gross Total expenses year to date: **\$13,543.69** Net Gain for the year to date: **\$ 7,524.80**.
Ronnie motioned to approve **Financials** and **Blake** seconded. **All approved.**
- VI. **SERVICE AREA REPORTS:**
- **12th Step: Parth**-answered phones Sunday, volume was 6-7 calls.
 - **Archives: Amy** and Annette (District 8D Archives) and Brenda met at CBIA to look at and work on the Archives recently. They are working on archives that have last names and producing copies that are anonymous while keeping originals. Annette is continuing to research and find out more info on the people who started AA in Corpus. They will meet again shortly
 - **Bilingual: Amy** said Jennifer gave the Spanish meetings some information that they thanked her for. She will continue to reach out. Jennifer sent a flier to CBIA for Hispanic Conference in Houston in May.
 - **Coastal Bender: Jim L. not present**-sent an email to ask for help for another story, short list of birthdays for July. Ronnie B.(Trustee) said he has 40 years in July and he would write a story. Rita will let Jim know.
 - **Corrections/Treatment Facilities: Ronnie B.** nothing new to report
 - **Social: Blake** said the food was taken care of for Founder's day. He has someone getting people to do baked goods for the bake sale. He has most of the speakers taken care. Rita said Weber might do a basket if Amy helped. Rita also said she spoke with Debbie and Nick and have some items lined up for raffle and silent auction.
 - **Nominations: Parth** said it is looking good for October elections for the Board.
 - **Public Information/Cooperation with Professional Community: Ronnie B** -nothing new to report.
 - **Jamboree: Patrick R.** -not present
- VII. **OFFICE REPORT:**
- A. Office Update -**Rita** said training with Terry has gone well and continue to do more. Rita said they are cleaning up the office and rearranging some stuff and it is better organized.

VIII. OLD BUSINESS: None.

IX. NEW BUSINESS: **Rita** said she got an email for the Office Manager Conference in Greenwood Village, CO for Sept 1st-5th. Airfare is extremely high but driving and hotel stay would be about \$1100-\$1200. **Amy** made a motion to send staff to the Conference in Sept. **Ronnie** seconded. **All approved.**

X. NEXT MEETINGS:

- Next **CBIA Board of Trustees** meeting Monday **June 13th 2022** at 6:00 PM on Zoom.
- Next **CBIA Quarterly Association** meeting is scheduled for 6:00 PM on Monday **July 25th, 2022 on Zoom.**

XI. CLOSING: **Ronnie** motioned to close the meeting and **Blake** seconded. All approved. **Amy** asked **Ronnie** to close the meeting with the Our Father Prayer at 7:02 pm.

Respectfully submitted,

Rita Standish

Office Manager



CBIA Hours

We will be closed July 4th for the Holiday; calls will be answered by a Helpline volunteer.

CBIA PHONE NUMBER- (361) 992-8911 Calls are answered by staff during business hours Monday-Friday and by helpline volunteers at lunch, after hours and on weekends and holidays.

CBIA OFFICE HOURS (*except on Holidays*). We will continue to work 30-hour weeks during 2022 to keep costs down.

Monday-Friday

8:30am–11:30am and 2:00pm–5:00pm

The office is open during these hours to come in and pick up items. If you would like, you can call ahead with your order and we can have it ready for pick up. If we are out of stock, we can let you know at that time. (*Face masks are required if you are coming in the building, this is the landlord's decision because it is private property*).

CBIA HOLIDAYS

January

New Year's Day

September

Labor Day

May

Memorial Day

November

Thanksgiving- 2 days

July

Independence Day

December

Christmas Day



Cullen Mall Group- Sunday July 10th is celebrating 30 years group anniversary at 7:00pm. Please come and join them. **Beach Party has been cancelled until 2023.**

SWTA 68 Summer Workshop-July 22nd-24th. Hilton Garden Inn, Victoria, TX

(see attached flier)

August

18th Street Group- will be hosting a Round Robin with speakers, food, and fellowship all day Aug 6th in the Old Clubhouse next door (1633-1635 18th Street) Corpus Christi, TX 78404. *(see attached flier)*

SWTA 68 PI/CPC Conference-Aug 26th-27th-in Corpus Christi at St. John's Methodist Church 5300 S Alameda St. *(flier and registration attached)*

Face-to-Face Meeting Updates

New Phoenix Speaker Meetings on Saturday at 8PM

July 9th- Stewart S. (NPG)

July 16th- Dave R. (NPG)

July 23th- Blake B. (NPG)

July 30th- John W. (Weber)

Courage to Change-Mother Teresa's at 513 Sam Rankin St, Corpus Christi, TX 78401 is starting back up on Tues, Thurs, and Friday's. Beginner's Big Book study at 7am.

Bookmarks Group-Meeting time has been changed to 5:30pm. Meetings are Mon and Thurs at 4215 S. Staples St, CC.



AA Meetings on Zoom

Coastal Bend Area AA Meetings on Zoom

Alice-Recovery Crew, 7:00 PM Mon and Wed Meeting ID 825 6450 3417, Password 123456

CC-Friday Night Speaker Meeting, Last Friday of the month at 8 PM

Meeting ID: 434 708 8936 Password:867742 *(In person meeting still suspended).*

Clean & Serene Group (LBGT) Friday 7:30 pm Meeting ID: 677 587 2132 Password: sober
(no longer on Zello).

CC-New Attitude Group Hybrid Meeting M, W & F 6:00 PM Meeting ID: 714 784 969
Password 954788 <https://us04web.zoom.us/j/714784969>

CC-New Phoenix Group Mon - Fri 6:30A Meeting ID: 886 9994 6374 Password: 336965
Sat - Sun 7:00A Meeting ID: 886 9994 6374 Password: 336965

CC-New Women's Group, Mon & Thu 7 PM; Sat 11 AM Meeting ID: 580 495 1776 Password:
NWGroup <https://us02web.zoom.us/j/5804951776?pwd=K04zVDhDZDBQMmdleWliUVJXSINodz09>

CC-Turning Point Wed & Sat 6:30 PM Meeting ID: 677 587 2132 Password: sober

CC-Weber Rd Nooners 12 Noon, Daily Meeting ID: 260 214 3828 Password: 676271
<https://us04web.zoom.us/j/2602143828>

Rockport-Happy Hour Group Zoom, Tues and Thursday 5:30 P Meeting ID: 817 4546 8941
Password: 0164

Victoria-Back to Basics 7 PM Daily Meeting ID: 662 621 1099 Password: 218223

<https://zoom.us/j/6626211099> *(This has concurrent but separate face-to-face meetings on Wed and Fri at 7pm)*

Victoria-Mainstream, Wed only Zoom Meeting at Noon Meeting. ID: 698 545 080 Password:
003178 <https://us04web.zoom.us/j/698545080> *(face to face Mon-Thurs and Sat at Noon)*



CBIA Appreciates Ongoing Support

Group Contributions

In the past, CBIA's second biggest source of revenue has been Group Contributions. Since COVID-19 came to this area in March of 2020, we have some groups that are starting to meet in person, others are still meeting only on Zoom; and the remaining groups are still not meeting. All Group Contributions are appreciated and we hope for continuing support in 2022.

Individual Contributions

We were inspired and grateful that individual members of our community have made up for the shortfall in 2021 revenues. A large contribution in January 2021 (*within the annual limit of \$5,000*) helped us to stay solvent for that year. The larger contributions are expected to be a one-time thing. You can donate on the Birthday club list or just send in a donation. We are pleased with how many do send contributions throughout the year and we will continue to hope for ongoing individual support to make it through 2022.

Fundraisers

Texas law allows 501c3 non-profit corporations like CBIA to have only two fundraiser events. The **2022 Coastal Bend Jamboree Committee** held their event February 4th-6th and donated \$12,875.28 to CBIA on March 12 at their wrap up meeting. 553 people attended the Jamboree event including scholarships. A big thank you to the Committee for such a successful event and all their hard work. They will start in July to plan 2023 Jamboree.

Founder's Day was held by the Social Committee, June 11th in Corpus Christi, at St. John's Church at 5300 S. Alameda from 9-4. There were 70-80 people in attendance during the day with 2 great speakers. There was also a great bake sale, lunch, raffles, and silent auction items. Thanks to wonderful donations and sales the event made \$1764.00. Thanks to all who attended and donated, we couldn't do this without you!

CBIA Appreciates Ongoing Support (*Continued*)

Where Are We Now?

	Actual June 2022
Contributions	\$23,088.23 (includes fundraisers)
Gross Sales	\$4,850.25
Cost of Goods Sold	(\$3,205.75)

Gross Gain	\$24,488.89
Total Expenses	\$19,169.16
Interest Income	1.34

Net Gain	\$5,321.07

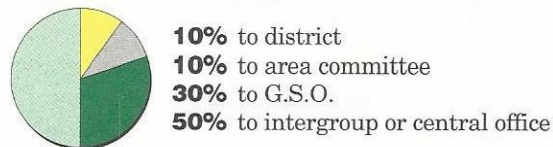
What Has the CBIA Board of Trustees Done?

We continue to work reduced hours at the office to keep costs down. The hours & payroll are reduced by 25% so Terry (AM) and Rita (PM) will work three hours rather than four each workday. Our hours in 2022 continue at this time to be 8:30 – 11:30 AM and 2:00 – 5:00 PM Monday through Friday.

The board did decide after receiving the \$12,875.28 Jamboree contribution to move \$3,000 of that money back to the Prudent Reserve (*Savings*) from the check. The \$3000 was borrowed in the summer of 2020 to keep the office running during the Pandemic.

What Can a Group Do to Help?

The AA World Service pamphlet, [Self-Support: Where Money and Spirituality Mix](#), suggests that AA Groups in areas served by an intergroup office distribute funds in excess of prudent reserve as shown below.



Thus, it is up to each group conscience to determine what (*if anything*) it contributes.

Your group might want to re-consider its contribution priorities temporarily. GSO and Intergroup have a bigger slice of the pie because they have much higher overhead (*salaries, office space, etc.*) than the other service entities. You might want to consider giving more to Intergroup and GSO and less to other service entities. Also, if your group has money earmarked that can be sent in earlier, that would be helpful.



2022 CBIA Birthday Club

Birthday Club Members are people who have made an individual contribution to CBIA of \$1.00 or more for each year of sobriety during that calendar year. They will be listed in each Bender from the month after the donation to the end of the year. Monthly donors (\$5 or more) and people who contribute \$100 or more will be listed for one additional year. Donations can be made by **PayPal** under the Donate option on our website (www.cbiasa.org), by **Venmo** to **CoastalBend-Intergroup** (For anonymity, it is recommended that Venmo settings make the transaction private.) or by **check** to **CBIA**, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. Please indicate Home Group or City and Sobriety Date. Let us know if you do not want your birthday listed in the Bender.

NAME	HOME GROUP	SINCE	YEARS IN 2022
Nancy G.	CC-Turning Point Group	01/01/1983	39 Years
Gail B.	Victoria-Golden Slippers	01/01/2011	11 Years
Terry K.	CC-Sunset 7	01/01/2000	22 Years
Sheila S.	CC-New Phoenix	01/07/2007	15 Years
Charlie B.	Victoria-Golden Slippers	01/09/2006	16 Years
Janice E.	CC-Hilltoppers Group	01/10/2000	22 Years
Ceil Mc K.	CC-Hilltoppers Group	01/10/1982	40 Years
Sandra E.	CC-Weber Road Nooners	01/20/2011	11 Years
Rae T.	CC-Happy Hour Group	01/23/2006	16 Years
Tom G.	CC-Turning Point Group	01/26/1984	38 Years
Ernest J.	CC-Flour Bluff Unity Group	02/15/ 2004	18 Years
Rob M.	Corpus Christi	02/24/1985	37 Years
Mike B.	CC-New Phoenix	03/05/2014	8 Years
Janeen H.	CC-Turning Point Group	03/08/2017	5 Years
Chris N.	CC-Oso Group	03/09/2009	13 Years
Rita S.	CC- Oso Group	03/13/1977	45 Years
Joe C.	CC-Happy Hour Group	03/18/1981	41 Years
Mary C.	CC-Turning Point Group	03/22/1992	30 Years
Enrique M.	CC-Weber Road Nooners	03/30/2016	6 Years
Phyllis H.	Rockport Fellowship	04/01/2004	18 Years
Cathy H.	New Fairfield, CT	04/06/1999	23 Years
Marlive F.	Corpus Christi	04/07/1987	35 Years
Lisa D.	Austin, TX (18 th St)	04/21/1987	35 Years
Kelly K.	Corpus Christi	04/18/1986	36 Years
Gale S.	Albuquerque, NM	04/23/1994	28 Years
Fred C.	Corpus Christi, TX	05/13/1987	35 Years
Linda K.	Lake Charles, LA	05/20/1979	43 Years
Carol D.	CC-Happy Hour Group	05/24/2016	6 Years
Mary H.	CC-Happy Hour Group	05/24/1995	27 Years
Jackie C.	Pleasanton, TX	06/05/2014	8 Years

2022 CBIA Birthday Club (Continued)

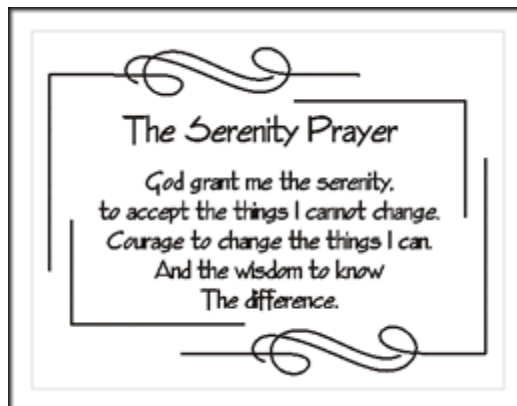
NAME	HOME GROUP	SINCE	YEARS IN 2022
Gary L.	CC-New Phoenix Group	06/07/2009	13 Years
Marie A.	CC-Alanos Group	06/21/1991	31 Years
Robin P.	CC-Hilltoppers Group	06/22/1986	36 Years
Libby A.	CC-New Women's Group	07/12/1987	35 Years
Tammy B.	CC-Weber Road Nooners	08/11/1989	33 Years
April K.	Corpus Christi, TX	08/20/1984	38 Years
Scott Mc G.	CC-Hilltoppers Group	08/22/2002	20 Years
Pat E.	CC-New Women's Group	08/23/1987	35 Years
Butch R.	CC Weber Road Nooners	08/26/2006	16 Years
Mike Q.	CC- Weber Road Nooners	08/28/2000	22 Years
Bernard S.	CC-Turning Point Group	08/29/1977	45 Years
Audrey H.	Rockport, TX	09/01/2011	11 Years
Fred B.	Aransas Pass Group	09/01/2002	20 Years
Hank S.	CC-Cullen Mall Group	09/07/1993	29 Years
Barb C-S	CC-New Women's Group	09/09/1985	37 Years
Valerie B.	CC-Weber Road Nooners	09/13/2017	5 Years
Heather D.	CC-Weber Road Nooners	09/23/2009	13 Years
Dave D.	Rockport Fellowship	10/04/1985	37 Years
Brandelyn M.	CC-New Phoenix Group	10/09/2009	13 Years
Patrick R.	CC-New Phoenix Group	10/09/2009	13 Years
Harold B.	CC-Weber Road Nooners	10/18/2007	15 Years
Arthur A.	CC-Hilltoppers Group	10/19/1998	24 Years
Tim R.	CC-New Phoenix Group	10/21/2011	11 Years
Betsy H.	CC-New Women's Group	10/22/2010	12 Years
Kruger D.	CC-New Phoenix Group	10/23/2009	13 Years
Eddie M.	CC-Weber Road Nooners	10/28/2005	17 Years
Debbie B.	CC-Weber Road Nooners	10/31/2000	22 Years
Mary G.	CC-Hilltoppers Group	11/03/1986	36 Years
Margaret P.	CC-Hilltoppers Group	11/06/2006	16 Years
Loralei D.	CC-New Women's Group	11/06/1984	38 Years
Joanie J.	San Antonio, TX	11/28/2015	7 Years
Larry H.	Rockport Fellowship	12/04/1990	32 Years
Jimmy M.	Port Lavaca Group	12/14/1987	35 Years
James H.	New Fairfield, CT	12/17/1993	29 Years
Joe Mc M.	CC-Hilltoppers Group	12/21/1980	42 Years
Tony P.	CC-Hilltoppers Group	12/23/1978	44 Years
Ron S.	China, TX	12/24/2009	13 Years
John K.	CC-Cullen Mall Group	12/25/1995	27 Years
Lois H.	CC-New Women's Group	12/29/2007	14 Years

Memorial Contributions

Memorial Donations can be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meeting is not required as long as they died sober. Suggested donation of \$1 per year of sobriety or a minimum of \$5. They will be listed in each Bender from the month after the donation to the end of the year.

Donations can be made by PayPal under the Donate option on our website (www.cbiala.org), by Venmo to CoastalBend-Intergroup (*For anonymity, it's recommended that Venmo settings make the transaction private.*) or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX). Please indicate Home Group or City and date of death year.

Name -----	Home Group -----	Departed -----
Shirley B.	Hilltoppers	06/09/2021
Gary S.	Hilltoppers	07/08/2021
Billy (Tiger) O.	Alanos Group	07/29/2021
Billy Ray S.	Pass It On Group	08/27/2021
Steve S.	Weber Group	09/10/2021
Jay E.	Hilltoppers	12/16/2021
Ann F.	5 th Tradition Group	12/20/2021





Volunteers Needed to Carry the Message in Corrections Facilities

Corrections Facilities

Some of the correction facilities are starting to open back up. Volunteers are needed to carry the message to alcoholics in corrections facilities. You must be at least 18 years old and not been in trouble with the law (*arrested, incarcerated, pending, etc.*) for at least 18 months. Contact Ronnie B. at ronniebesco@hotmail.com

Helpline / 12 Step List-Help Needed!

More people are needed for "The Helpline". The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday or 8 AM Sunday to 8 AM Monday). A minimum of nine months sobriety is required to answer the phones. We need a few additional helpline volunteers at present. **If you are available to do this vital volunteer work, please contact CBIA as soon as possible to add your name.**

If a caller needs help beyond meeting information, the helpline passes them to someone on the **12-Step List** for a longer conversation on how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12 Step List. We especially need people (particularly women) in the outlying areas.

If you would like to be on the Helpline or the 12-Step List, call Kelly or Rita at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday thru Friday.

Local Stories Wanted For the Coastal BENDER

Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grandecom.net in a Word document or similar format.

District Meetings

District 7

(Victoria Area)

The next District Meeting will be at held in August, will be at Area 68 Summer Workshop in July.

District 8D

(Corpus Christi)

The next District 8D meeting will be at **2:00 PM** on **Saturday, July 16th** at New Phoenix Club.

District 8E

(Corpus Christi and West)

The next District 8E meeting will be at **1:30 PM** on **Saturday, July 9th** at the Calallen Pass It on Club.

District 15

(Northeast of Corpus Christi)

The next District 15 meeting will be at **2:00 PM** on **Saturday, July 9th** in Portland at 822 Denver St..

Addresses for Group Contributions

Coastal Bend Intergroup (Suggested 50% *)

CBIA

3833 S. Staples Suite S-212
Corpus Christi, TX 78411

Districts (Suggested 10% *)

District 7 Treasurer

P.O. Box 5324
Victoria, TX 77903

District 8D Treasurer

P.O. Box 61135
Corpus Christi, TX 78466

District 8E Treasurer

% Dina P.
6013 Liptonshire Drive
Corpus Christi, TX 78415

District 15 Treasurer

% Mike L.
511 Gulf
Port Aransas, TX 78373

Area 68 Southwest Texas (Suggested 10% *)

SWTA 68 Treasurer

P.O. Box 830195
San Antonio, TX 78283

General Service Office (Suggested 30% *)

GSO

P.O. Box 459
New York, NY 10163-0459

*Suggested percentages are from AA Pamphlet F-3, **SELF-SUPPORT: Where Money and Spirituality Mix** (Available on our web site: cbiaa.org under DONATE). Group

Contributions are always at the discretion of the group conscience.

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held Monday Aug 9th at 6:00 PM on Zoom.

CBIA Quarterly Association Meeting will be held Monday July 26th at 6:00 PM on Zoom.

Group Announcements

New Phoenix Group Conscience is held the first Sunday of the month at 1:15 PM. **Birthdays Night** is first Saturday of the month at 8:00PM. (5433 S. Staples, Suite F in The Boardwalk.)

Hilltoppers Group Conscience is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

Weber Road Nooners Group Conscience is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are being celebrated on the day of the birthday for now. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

Calallen Group Conscience is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthdays Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

Flour Bluff Unity Group Conscience is held the 2nd Sunday of each month at noon. **Birthdays Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthdays Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

Turning Point Group Conscience is held the 1st Wednesday of each month. **Birthdays Meeting** is last Saturday of the month.

Contributions		
GROUP NAME	June 2022	YTD 2022
Alice Group		
Anonymous/Individual Contribution	205.00	1971.00
Aransas Pass Group		100.00
Beeville-Shepherd's Group		
CC-Alanos		
CC-Bookmarks Group		
CC-Calallen Group		
CC-Crosstown Group		
CC-Cullen Mall Group		
CC-Day of AA		
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's PLC		
CC-Fifth Tradition Group		
CC-Flour Bluff Unity Group		
CC-Friday Night Speaker Meeting		
CC-Happy Hour Meeting		
CC-Hilltoppers Group		
CC-Humility Group		
CC-Just for Today Group		
CC-Lucky Ones		
CC-New Attitude Meeting		139.18
CC-New Life Group	35.00	160.00
CC-New Phoenix Group	76.07	547.08
CC-New Women's Group	172.75	804.68
CC-Oso Group		429.29
CC-Roddfield Group (final dist)		
CC-Saratoga Group		
CC-Sunset 7 Group (N Padre Island)		380.57
CC-Turning Point Group		175.00
CC-Weber Road Nooners Group		862.00
District 7		
District 15		
District 8D		
Goliad-Open Arms Group		32.71
Hallettsville Group		25.00
Karnes City-Mayfield Group		
Kingsville-AL-K Group	25.00	25.00
Moulton Group		
Mathis -Crossroads Group		150.00
Mathis - Unity Group		
Port Aransas Group		
Port Lavaca Group		
Port O'Connor Group		56.54
Portland -Jaywalkers Group		
Portland -Nueces Bay Group		
Quarterly Meeting 7 th Tradition		
Riviera-SASTO Group		
Robstown Desire Group		
Rockport-Happy Hour Group		240.00
Rockport-Fellowship Group		1281.00
Schulenburg Group		
Shiner Group		100.00
Sinton-Grupo Secunda Chanza		
Skidmore Group		
Three Rivers-Choke Canyon Group		
Victoria-Airport Group		
Victoria-Back to Basics Group	144.13	487.80
Victoria-For Sinners Only Group		
Victoria-Golden Slippers		
Victoria-High Nooners Group		
Victoria-Main Stream Group	25.00	75.00
Victoria-Men's Group		
Victoria-Unity Group		48.88
Victoria-Women's Group		
Yorktown Group		55.00
TOTAL	\$682.95	\$8,145.93

**Coastal Bend Intergroup Association
Mission Statement**

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list

whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Services Provided

1. Maintains an office which is open Monday through Friday from 7:30 to 11:30AM and 1:30 to 5:30PM. (normal hours)
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12 Step listing and calls individuals for 12 Step work.
4. Provides an A.A. listing in the Telephone directory.
5. Provides a 24-hour volunteer phone answering during hours when the office is closed.
6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
8. Purchases and sells "CONFERENCE APPROVED" literature, and non-conference approved Anniversary Medallions, Sobriety Chips.
9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
11. Maintains service committees for service work in the Coastal Bend Area.

Detach here.

Free e-Mail Subscription to the BENDER and BITS & PIECES

NAME: _____.

E-MAIL: _____.

Easy ways to sign up for our two monthly publications:

- Send an email with the above information to cbia@grandecom.net with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.

Asociación Inter-grupo de la Zona Costera

Declaración de Principios

La misión de la asociación inter-grupo de la zona costera es proveer el primer contacto vital al alcohólico en busca de ayuda. La oficina de AIZC [siglas en español, en inglés CBIA], se mantiene para el beneficio de aquellos que siguen sufriendo. Para cumplir con esta tarea tan importante la oficina de CBIA debe:

- Establecer una línea de ayuda las 24 horas
- Imprimir los horarios de las reuniones de AA
- Mantener una lista con los 12 Pasos

Con lo cual Grupos de AA e individuos puedan conducir llamados de los 12 Pasos, esenciales en el crecimiento de AA en la Zona Costera.

Servicios Prestados

1. Horario de oficina, lunes a viernes de 7:30 a 11:30AM y de 1:30 a 5:30PM.
2. Provee información y referencias sobre A.A. .
3. Mantiene una lista de los 12 Pasos y listado de personas para trabajar los 12 pasos.
4. Provee un listado de A.A. en el directorio telefónico.
5. Provee servicio de voluntarios contestando llamadas las 24 horas mientras la oficina esta cerrada.
6. Publica los horarios de todos los grupos en el área costera sin costo.
7. Publica una hoja informativa, la "Coastal Bender", para mantener a los miembros de A.A. informados de los acontecimientos locales y de los eventos especiales A.A..
8. Compra y venta de literatura "Aprobada en Conferencia" ('CONFERENCE APPROVED'), y mercancía no aprobada como Medallones de Aniversario y Monedas de Sobriedad.
9. Conduce reuniones mensuales de fideicomisarios. Todos los miembros de Alcohólicos Anónimos son bienvenidos a estas reuniones asimismo es importante contar con su opinión.
10. Conduce Reuniones cada cuatro meses para evaluar a los grupos en actividades Inter-grupo y para buscar que participen en cuestiones de la CBIA.
11. Mantiene comités de trabajo para servicio en el área de la zona Costera.

Los Grupos Hispánicos

HORARIO

(Rev. 3.1.2019)

Grupos en Corpus Christi

- **Grupo Nueva Esperanza** (552 Old Robstown Road, Corpus Christi) **8:00 De la Noche** (todos los días).
- **Grupo Primer Paso** (1635 18th Street, Corpus Christi) **8:00 De la Noche** (Miercoles); **Mediodia** (Sabado).
- **Grupo Serenidad** (408 Brownlee, Corpus Christi) **8:00 De la Noche** (Martes y Domingo);
- **Grupo Tres Legados** (1019 S. Port, Corpus Christi) **8:00 De la Noche** (Lunes, Martes, Miercoles y Jueves);

Grupo en Flatonia

Grupo Flatonia (208 E. North Main Street, Flatonia) **7:00 De la Noche** (Jueves)

Grupo en Kingsville

Grupo Un Dia a La Vez (819 N. 3rd, Kingsville) **7:00 De la Noche** (Miercoles)

Grupo en Moulton

Grupo Moulton (301 N. Hackberry, Moulton) **7:00 De la Noche** (Lunes)

Grupo en Port Lavaca

Grupo Nuevo Amanecer (213 E. Austin, Port Lavaca) **7:00 De la Noche** (Lunes, Miercoles y Viernes)

Grupo en Schulenberg

Grupo Schulenberg (901 Kallus, Schulenberg) **7:00 De la Noche** (Domingo)

Grupo en Sinton

Grupo Segunda Chance (215 Sodville, Sinton) **8:00 De la Noche** (Martes y Viernes)