

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992-8911 or Toll Free 1 (866) 672-7029 www.cbiaa.org "When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that I am responsible"



'Tis the Season

The holidays used to be the hardest time of year for me. Once it gets dark and cold, I start to isolate. Throw in bad memories of holidays in the past, company parties, better known as 'drunk fests and a general feeling of loneliness and feeling out of place, and things can get ugly.

That first year I had just started a new job when the holidays rolled around. I came to work one day to find a tiny bottle of vanilla vodka in my box. I love vanilla and vodka had become my most recent favorite drink, when I had stopped drinking. I was totally freaked out by the bottle. I didn't have a compulsion to drink, but I think just being around people that didn't know me well enough to not do anything like that, and finding something that was so outwardly appealing scared me.

About a week later we had our big company party. It was about what I expected, free drinks and everyone was taking advantage. I felt like I needed to go because I was just getting to know these people, but I was scared. I'm always scared when I'm walking into drinking situations.

I did what I usually do, and planned the entire thing out. I talked about it in meetings, had my sobriety coin in hand, and gave myself a good excuse to not stick around long. I went to the party right after work and left less than an hour later because I had to go home and let the dog out. Such a great excuse!

The holidays have gotten easier every year since I've been sober and this year seems to be the best one yet. I'm still using a lot of the tricks I've found over the years. I've doubled up my meetings and rather than try and celebrate the way I think I'm supposed to, I do my own thing. I have never (even as a kid) enjoyed the holidays, so rather than trying to make an unhappy event into something fun and happy (I always fail at that) I just skip them. I work really hard on not isolating, even though it takes me way out of my comfort zone. This year, I seem to be focused more on how I can be of service to other people, rather than putting all my energy into boycotting the holidays. So far it seems to be working out pretty well.

I have that same company party again this year and I'll still be going. Not because I want everyone to like me, but because I happen to know that's when they hand out bonuses. But this year, everyone knows I don't drink and a lot of them know I'm a recovering alcoholic, which is helpful. Rather than make up excuses for not sticking around long, I'll be able to be honest about it. Chances are good that there won't be any vodka in my box this year. (Thank goodness!)

So that's the long and the short of my experience of getting through the holidays sober and somewhat (a little bit) sane.

Anonymous, Champaign IL

"God, I offer myself to Theeto build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life. May I do Thy will always." Alcoholics Anonymous pg. 63

Step 12 **Service & Community**

Step 12: Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs.

STEP 12 IS ABOUT SERVICE AND COMMUNITY. It brings an end to isolation and gives me a sense of being a contributing member of society. I'm no longer just visiting this planet.

I NEEDED TO GET RID OF MY OLD IDEAS ABOUT SERVICE. I used to serve with an agenda -- to make me look good or to create a debt. "You'll owe me big time for this"; "After all I've done for you the least you could do . . ." Early in recovery, I had an evangelical period where I tried to save people. ("Give me a tambourine and a tent.") I drug a few people to meetings and tried to make them see the light. Trying to help people who didn't want to be helped was like trying to teach a pig to sing. I wasted my time and annoyed the pig. Somebody told me about our tradition of attraction rather than promotion and told me that no matter how many people I brought to the program I would not get a free toaster.

THE SPIRIT OF STEP 12 SERVICE IS "I'M NOT ESSENTIAL AND I MAKE A **DIFFERENCE.**" I can be replaced (e.g., when my commitment is up) and the world is a little better place because of my contribution. (At least we had coffee on Tuesday nights.) STEP 12 SERVICE HAS NO HIDDEN AGENDA: "You don't owe me anything. Someday you will be able to help somebody else." An exercise that helped me get this was to do something nice for somebody every day and not get found out. If I got found out, I had to do something else.

HAVING HAD A SPIRITUAL AWAKENING AS A RESULT OF THESE STEPS. You cannot give away something you do not have. Albert Schweitzer once said "When it comes to influencing other people, example is not the main thing. Example is the only thing." Until I had worked ALL the steps with a sponsor, I really did not know what is available out of working the program or even how it works. This greatly impaired my ability to carry the message. All of my spiritual awakenings, started out as rude awakenings. The truth will set you free, but first it will piss you off. The steps make it possible to transform my rude awakenings into spiritual awakenings.

WE TRIED TO CARRY THIS MESSAGE TO (ALCOHOLICS). To keep it you have to give it away. Every time I share my recovery, I get it again. I remember where I came from. I remember the things that got me sober, which are the same things that will keep me sober, day by day, year after year. I remember the miracles God has performed in my life. Often when I'm speaking about one of the suggestions of the program, I tell myself "Listen up, Robby. You should be doing that." Then I scramble to have my actions catch up with my words.

Step 12 - Service & Community (Continued)

DIRECT SERVICE is sharing my experience, strength and hope with another alcoholic: Speaking at a speaker meeting, sharing at a discussion meeting, talking one-on-one with someone I sponsor; talking with a newcomer after a meeting; etc. More than anything (except for my relationship with God), direct service helps me stay sober. Every time I share my recovery, I get it again. I remember where I came from and what happened: how God took me to AA and then how AA took me to God; how the 12 Steps of AA continuously make me available to the Grace of God and make my life worth staying sober for.

BACKROOM SERVICE is the behind the scenes work that keeps the program functioning: setting up the room, making coffee, cleaning up after the meeting, serving on a committee or being a treasurer, a Group Service Representative (GSR), a District Committee Member (DCM), or a Delegate. This kind of service has made me feel a part of and made me feel like I've made some progress at paying back AA for what it has done for me. However, this is no substitute for DIRECT SERVICE when it comes to keeping me sober.

WE TRIED TO PRACTICE THESE PRINCIPLES IN ALL OUR AFFAIRS. It's not enough for me to be the kind of person my dog thinks I am, the person I aspire to be, the person God created me to be ONLY in the context of the program. I have to be that way when I'm driving on South Padre Island Drive during the evening rush hour and someone cuts in front of me without signaling. I have to be true to my best self when I'm visiting a relative. I even have to be that way in the express check-out at HEB (a grocery store. I seem to be less often upset since I stopped counting the items in the cart in front of me).

I am an integral, functional part of the whole, a contributing member of society. I try to

- do my share of the chores;
- be a team player;
- clean up after myself;
- honor my commitments and keep my word.

This has made me a worker among workers, a friend among friends. After all, whatever I do in AA, I will always just be another recovering alcoholic and just another member of the group and just another member of the fellowship. The highest you can go in AA is sober.

Nothing gets me out of my head and takes me away from my obsession with my stuff -- my problems, my issues, and my little plans and designs, like doing service work. It gives me a more realistic and grateful perspective on my own life and frees me up to do the next right thing and allow God's plan to unfold before me, as if by magic.

Minutes

Coastal Bend Intergroup Quarterly Association Meeting (approved) October 25th 2021

- Anita Opened meeting with a moment of silence followed by the Serenity Prayer at 6:08PM I.
 - **Roy** read the **CBIA MISSION STATEMENT**.
 - **Barb** read the **GENERAL WARRANTIES**
 - **Blake** read the **12 TRADITIONS**.

II. ATTENDANCE:

• Anita took attendance. Anita C-B., Jim L., Blake B., Roy V., Barb C-S., Parth S., Patrick R., Michael B., Amy M., Rita S, and Kelly J. were present.

III. MINUTES:

- **Anita** read for review the *previously-approved* minutes of the last Quarterly Meeting (July 26^{th}).
- Anita read the minutes of the Board of Trustees Meeting (*Oct 11th*).
- Patrick motioned to approve the minutes as read.
- Michael seconded and all approved.

IV. <u>FINANCIALS</u> – Michael (Financial Trustee)

- Michael asked if there are any questions on the Approved September Financial Report as read in **minutes.** There were no questions.
- Michael moved that the financials be accepted as read in the minutes. Amy seconded and all approved.

V. TRUSTEE ELECTION: Anita (Chair)

- Election of three Trustees to two-year terms starting in January 2022.
- Candidates were Jim L. (New Phoenix Grp) Blake B. (New Phoenix Grp), and Roy V. (Pass it On *Grp*) Candidates introduced themselves and stated they would be happy to serve. Michael moved to elect the candidates by acclimation. **Barb** seconded and all approved.

VI.COMMITTEE REPORTS

- 12th Step: Parth (Victoria Main Stream Group) stated he would be answering the phones in November and had nothing new to report.
- Archives: Amy M. (CC-Weber Nooners Group) nothing new to report.
- Bilingual: Open
- **Corrections: Ronnie B.** (Portland-Nueces Bay Group) (not present)
- Nominations: Michael B. (CC-New Attitude Group) Congratulations to the new Trustees, his job is done.
- PI/CPC: Barb C-S. (CC New Women's Group) stated that District PI/CPC Committee has donated a Big Book to one of the branch Public Library that didn't have one. They are also wanting to donate 12x12's to each branch of the Corpus Public libraries. They took the meeting QR code cards to local hotels along SPID and most were willing to display those. They also took one to the Visitor Center who was appreciative to get that information. They are also in the process of taking PSA's to local TV stations.
- Social: Anita C-B. (CC New Phoenix Group) stated her committee is ready for the Halloween Dance on Oct 30th at Grace Presbyterian, speaker is at 7pm (Jimmy M.) Dance from 8pm-12am. Online raffles have been slow but expect to sell at event and do drawing early. They have a DJ and prizes for costumes and cake walks. Set up is at 3pm. The event will be on Zoom and in person.
- Coastal BENDER: Barb C-S. (CC-New Women's Group) Nothing new to report.
- Jamboree: Patrick R. (New Attitude Group) Voice has been voted on and accepted. George and Patrick are working with the hotel. Jamboree will have a table at the Halloween dance with registration forms.

VII. Old Business:

• None

VIII. New Business:

• Open forum to introduce New Business for the next Quarterly Meeting.

IX. NEXT MEETINGS:

- Board of Trustees Meeting: Monday, November 8th at 6:00 PM on Zoom.
- Quarterly Association Meeting: Monday, January 31st, 2022 at 6:00PM on Zoom.

X. CLOSING

Amy made a motion to close the meeting.

Kelly J. seconded the motion and all approved.

Anita Closed with Lord's Prayer at 6:47 pm.

Respectfully submitted, Rita Standish Office Manager





CBIA Hours

Christmas and New Year's Hours: We will be closed Dec. 24th and Dec. 31st for upcoming holidays. We will continue to have someone answering the Help line all day each Friday while we are closed.

CBIA PHONE NUMBER- (361) 992-8911 Calls are answered by staff during business hours Monday-Friday and by helpline volunteers at lunch, after hours and on weekends and holidays.

> CBIA OFFICE HOURS (except on Holidays). We continue to work 30-hour weeks during 2021 to keep costs down.

Monday, Wednesday, and Friday 8:30am-11:30am and 2:00pm-5:00pm

• The office is open during these hours for picking up purchases. If you would like, you can call ahead with your order and we can have it ready for pick up. If we are out of stock, we can let you know at that time. We can bring your purchases out to your car or out to you in the hall if you prefer. (Face masks are required if you are coming in the office, covering your nose and mouth at all times. This is the landlord's decision because it is private property).

Tuesday and Thursday during 8:30-11:30 and 2p-5p please call 992-8911 to arrange a time for pickups. We can have any order ready for you and meet vou there.

CBIA HOLIDAYS

January **New Year's Day** September **Labor Day**

May **Memorial Day November** Thanksgiving- 2 days

Independence Day December July **Christmas Day**

Wed Dec 15th-Hilltoppers Group is having a Christmas party before, during and after their noon meeting. (See attached flyer)



New Year's Eve dance

December 31st at "All Saints Episcopal Church at 3026 S Staples St, Corpus Christi, TX 78404. Tickets will be on sale before the event and at the door for \$7.00. Dance is from 8pm till Midnight. Come join your friends and bring in the New Year 2022! (see attached flyer)

Coastal Bend Jamboree "The Premier AA Fundraiser event in Corpus Christi supporting CBIA Feb 4th-6th, 2022

We want to thank those who have taken the time to pre-register and get hotel reservations. If you have not done this yet, please check out the CBIA website. https://www.cbiaa.org

Click on the box for Jamboree that will take you to those links. Registration forms are also there with all the speaker information.

Your preregistration provides funding needed in advance of the event. (There is a bit of savings on price for preregistration vs onsite registration). If you end up not being able to attend you are able to pass on your registration to someone else, such as a friend, a sponsee or consider it a donation.

The Committee would like to remind and thank everyone who considers adding extra for Scholarships, those donations are so appreciated. We have in the past we have had over 250 people at the event who needed scholarships to cover all or part of their registration fees.

The Jamboree is not possible without the support of the area AA members who provide donated items, contributions, and service. All your help is needed and so appreciated! We have great speakers lined up (one recent change in the lineup), along with our great Silent Auction, Raffle baskets and entertainment that you won't want to miss. We look forward to seeing everyone again in February! Flyer for the event is attached.

Sincerely,

68th Annual Jamboree Committee. Call the office at 992-8911 if you have any questions or items that you wish to donate!

Face-to-Face Meeting Changes

Meeting updates for F2F meetings.

Weber Road Nooners Group

No mask requirement at any of this group's meetings except Saturday morning 10am.

Alice Recovery Crew Group

Mon and Tues are face to face only meetings at 200 S Wright St at 7pm. Wed and Thurs are Zoom only at 7pm.

Zoom ID: 825 6450 3417 Password: 123456

Mission 911

Friday New meeting, Big Book Study at 911 Park Ave, Corpus Christi at 6pm. Please come out and support.



AA Meetings on Zoom

Coastal Bend Area AA Meetings on Zoom (**means recent change)

- **Alice-Recovery Crew, 7:00 PM Wed and Thurs Meeting ID 825 6450 3417, Password 123456
- **CC-Friday Night Speaker Meeting, Last Friday of the month at 8 PM Meeting ID: 434 708 8936 Password:867742 (In person meeting still suspended).
- **Clean & Serene Group (LBGT) Friday 7:30 pm Meeting ID: 677 587 2132 Password: sober (no longer on Zello).

CC-New Attitude Group Hybrid Meeting M, W & F 6:00 PM Meeting ID: 714 784 969 Password 954788 https://us04web.zoom.us/j/714784969

CC-New Phoenix Group Mon - Fri 6:30A Meeting ID: 886 9994 6374 Password: 336965 Sat - Sun 7:00A Meeting ID: 962 866 373 Password: 018696

CC-New Women's Group, Mon & Thu 7 PM; Sat 11 AM Meeting ID: 580 495 1776 Password: NWGroup https://us02web.zoom.us/j/5804951776?pwd=K04zVDhDZDBQMmdleWliUVJXSINodz09

CC-Turning Point Wed & Sat 6:30 PM Meeting ID: 677 587 2132 Password: sober

CC-Weber Rd Nooners 12 Noon, Daily Meeting ID: 260 214 3828 Password: 676271 https://us04web.zoom.us/j/2602143828

Rockport-Happy Hour Group Zoom, Tues and Thursday 5:30 P Meeting ID: 817 4546 8941 Password: 0164

Victoria-Back to Basics 7 PM Daily Meeting ID: 662 621 1099 Password: 218223 https://zoom.us/j/6626211099 (This has concurrent but separate face-to-face meetings on Wed and Fri at 7pm)

Victoria-Mainstream, **Wed only Zoom Meeting at Noon Meeting. ID**: 698 545 080 **Password**: 003178 https://us04web.zoom.us/j/698545080 (face to face Mon-Thurs and Sat at Noon)

H.A.L.T.

Don't get too hungry.
Don't get too angry.
Don't get too lonely.
Don't get too tired.



CBIA Appreciates Ongoing Support

Group Contributions

In the past, CBIA's second biggest source of revenue has been Group Contributions. Since COVID-19 came to this area in March of 2020, we have some groups that are starting to meet in person, others are still meeting only on Zoom; and the remaining groups are still not meeting. Total Group Contributions are starting to increase and we appreciate all the contributions being made so far this year and hope for continuing support.

Individual Contributions

We are inspired and grateful that individual members of our community have made up for the shortfall in 2020 revenues in 2020 and early 2021. The large contributions in December 2020 and January 2021 (within the annual limit of \$5,000) helped to make us solvent for the year. The larger contributions are expected to be a one-time thing. The "Hand of AA" event was a great success, and we will have an online raffle with a few baskets to raise money at the Halloween fundraiser event. This being said, we know that fund raising and group contributions may still be reduced in 2021.

We continue to hope for ongoing individual support to make it through 2021.

Fundraisers

Texas law allows 501c3 non-profit corporations like CBIA to have only two fundraiser events. This year's The Hand of AA spring fund raiser and the Halloween Dance with raffles were be held to help support CBIA. We look forward to Jamboree again in 2022-February 4rd-6th at the Omni Hotel in Corpus Christi.

The recent Halloween dance raised \$1412.00 and a great time was had by everyone. 144 tickets were sold. There was lots of fun costumes, yummy food, raffle baskets, dancing, and cake walks! What a great turnout! Thanks to all of you!

CBIA is grateful for all the wonderful donations and participation throughout the 2021 year. We are looking forward to serving you another year! Thank you!

CBIA Appreciates Ongoing Support (Continued)

Where Are We Now?		
	Actual	
	Nov 2021	
Contributions	\$34,560.93	
Gross Sales	\$10,060.21	
Cost of Goods Sold	(\$7,188.25)	
Gross Gain	\$37,432.89	
Total Expenses	\$32,487.15	
Interest Income	.63	
Net Gain	\$4,946.74	

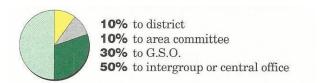
What Has the CBIA Board of Trustees Done?

We determined that we had previously reduced expenses as far as possible without cutting services, and we did not want to do that. We have also decided that to ensure the future of the organization it would be unwise to cover the entire shortfall from our prudent reserve.

However, the board decided to **move \$3,000 from Prudent Reserve** (*Savings*) **to Checking during the summer of 2020.** The board also voted to reduce hours & payroll by 25% so Kelly (AM) and Rita (PM) will work three hours rather than four each workday. As of April 7th, 2021, our hours are 8:30 – 11:30 AM and 2:00 – 5:00 PM Monday through Friday.

What Can a Group Do to Help?

The AA World Service pamphlet, <u>Self-Support: Where Money and Spirituality Mix</u>, <u>suggests</u> that AA Groups in areas served by an intergroup office distribute funds in excess of prudent reserve as shown below.



Thus, it is up to each group conscience to determine what (if anything) it contributes.

Your group might want to re-consider its contribution priorities temporarily. GSO and Intergroup have a bigger slice of the pie because they have much higher overhead (*salaries*, *office space*, *etc*.) than the other service entities. You might want to consider giving more to Intergroup and GSO and less to other service entities. Also, if your group has money earmarked that can be sent in earlier, that would be helpful.



2021 CBIA Birthday Club

Birthday Club Members are people who have made an individual contribution to CBIA of \$1.00 or more for each year of sobriety during that calendar year. They will be listed in each Bender from the month after the donation to the end of the year. Monthly donors (\$5 or more) and people who contribute \$100 or more will be listed for one additional year. Donations can be made by **PayPal** under the Donate option on our website (www.cbia.org), by **Venmo** to **CoastalBend-Intergroup** (For anonymity, is recommended that Venmo settings make the transaction private.) or by **check** to **CBIA**, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. Please indicate Home Group or City and Sobriety Date. Let us know if you do not want your birthday listed in the Bender.

NAME	HOME GROUP	SINCE	YEARS IN 2021
Nancy G.	CC-Turning Point Group	01/01/1983	38 Years
Gail B.	Victoria-Golden Slippers	01/01/2011	10 Years
Terry K.	CC-Sunset 7	01/01/2000	21 Years
Sheila S.	CC-New Phoenix	01/07/2007	14 Years
Charlie B.	Victoria-Golden Slippers	01/09/2006	15 Years
Janice E.	CC-Hilltoppers Group	01/10/2000	21 Years
Ceil Mc K.	CC-Hilltoppers Group	01/10/1982	39 Years
Sandra E.	CC-Weber Road Nooners	01/20/2011	10 Years
Rae T.	CC-Bookmarks Group	01/23/2006	15 Years
Tom G.	CC-Turning Point Group	01/26/1984	37 Years
Ernest J.	CC-Flour Bluff Unity Group	02/15/2004	17 Years
Rob M.	Corpus Christi	02/24/1985	36 Years
Mike B.	CC-New Phoenix	03/05/2014	7 Years
Janeen H.	CC-Turning Point Group	03/08/2017	4 Years
Chris N.	CC-Oso Group	03/09/2009	12 Years
Rita S.	CC- Oso Group	03/13/1977	44 Years
Joe C.	CC-Hilltoppers Group	03/18/1981	40 Years
Mary C.	CC-Turning Point Group	03/22/1992	29 Years
Enrique M.	CC-Weber Road Nooners	03/30/2016	5 Years
Phyllis H.	Portland-Jaywalkers	04/01/2004	17 Years
Cathy H.	CC-Bookmarks Group	04/06/1999	22 Years
Marlive F.	Corpus Christi	04/07/1987	34 Years
Kelly K.	Corpus Christi	04/18/1986	35 Years
Gale S.	Austin, TX	04/23/1994	27 Years
Fred C.	Corpus Christi	05/13/1987	34 Years
Linda K.	Kingsville-Al-K Group	05/20/1979	42 Years
Carol D.	CC-Oso Group	05/24/2016	5 Years
Mary H.	CC-Women's Big Book	05/24/1995	26 Years
Jackie C.	Pleasanton	06/05/2014	7 Years

2021 CBIA Birthday Club (Continued)

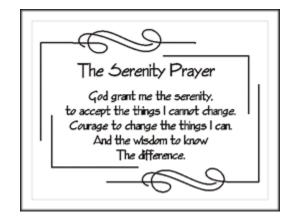
NAME 	HOME GROUP	SINCE	YEARS IN 2021
Gary L.	CC-New Phoenix Group	06/07/2009	12 Years
Marie A.	CC-Alanos Group	06/21/1991	30 Years
Robin P.	CC-Hilltoppers Group	06/22/1986	35 Years
Libby A.	CC-New Women's Group	07/12/1987	34 Years
Tammy B.	CC-Weber Road Nooners	08/11/1989	32 Years
April K.	Corpus Christi	08/20/1984	37 Years
Scott Mc G.	CC-Hilltoppers Group	08/22/2002	19 Years
Pat E.	CC-New Women's Group	08/23/1987	34 Years
Butch R.	CC Weber Road Nooners	08/26/2006	15 Years
Mike Q.	Corpus Christi	08/28/2000	21 Years
Bernard S.	CC-Turning Point Group	08/29/1977	44 Years
Audrey H.	CC-Cullen Mall Group	09/01/2011	10 Years
Hank S.	CC-Cullen Mall Group	09/07/1993	28 Years
Barb C-S	CC-New Women's Group	09/09/1985	36 Years
Valerie B.	CC-Weber Road Nooners	09/13/2017	4 Years
Heather D.	CC-Weber Road Nooners	09/23/2009	12 Years
Dave D.	Rockport Fellowship	10/04/1985	36 Years
Brandelyn M.	CC-New Phoenix Group	10/09/2009	12 Years
Patrick R.	CC-New Phoenix Group	10/09/2009	12 Years
Harold B.	CC-Weber Road Nooners	10/18/2007	14 Years
Arthur A.	CC-Hilltoppers Group	10/19/1998	23 Years
Tim R.	CC-New Phoenix Group	10/21/2011	10 Years
Betsy H.	CC-New Women's Group	10/22/2010	11 Years
Kruger D.	CC-New Phoenix Group	10/23/2009	12 Years
Eddie M.	CC-Weber Road Nooners	10/28/2005	16 Years
Debbie B.	CC-Weber Road Nooners	10/31/2000	21 Years
Mary G.	CC-Hilltoppers Group	11/03/1986	35 Years
Margaret P.	CC-Hilltoppers Group	11/06/2006	15 Years
Loralei D.	CC-New Women's Group	11/06/1984	37 Years
Joanie J.	CC-Bookmarks Group	11/28/2015	6 Years
Larry H.	Rockport Fellowship	12/04/1990	31 Years
James H.	CC-Bookmarks Group	12/17/1993	28 Years
Joe Mc M.	CC-Hilltoppers Group	12/21/1980	41 Years
Tony P.	CC-Hilltoppers Group	12/23/1978	43 Years
Ron S.	CC-New Phoenix Group	12/24/2009	12 Years
John K.	CC-Cullen Mall Group	12/25/1995	26 Years
Lois H.	CC-New Women's Group	12/29/2007	14 Years

Memorial Contributions

Memorial Donations can be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meeting is not required as long as they died sober. Suggested donation of \$1 per year of sobriety or a minimum of \$5. They will be listed in each Bender from the month after the donation to the end of the year.

Donations can be made by PayPal under the Donate option on our website (www.cbiaa.org), by Venmo to CoastalBend-Intergroup (For anonymity, it's recommended that Venmo settings make the transaction private.) or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX). Please indicate Home Group or City and date of death year.

Name	Home Group	Departed
Philip B.	CC-Cullen Mall	12/17/2020
Zane R. Marsha R.	Laredo (<i>Prev. Weber Nooners</i>) CC-New Women's Group	01/12/2021 01/15/2021
John L. Lupé M.	Corpus Christi (Rodd Field Alum.) CC-Grupo Tres Legados	02/06/2021 02/23/2021
Gerry K. Skip T.	Bookmarks Group Rockport Fellowship	05/05/2021 05/25/2021
Shirley B.	Hilltoppers	06/09/2021
Gary S. Billy (Tiger) O. Billy Ray S. Steve S.	Hilltoppers Alanos Group Pass It On Group Weber Group	07/08/2021 07/29/2021 08/27/2021 09/10/2021





Volunteers Needed to Carry the Message in Corrections Facilities

Corrections Facilities

Some of the correction facilities are starting to open back up. Volunteers are needed to carry the message to alcoholics in corrections facilities. You must be at least 18 years old and not been in trouble with the law (arrested, incarcerated, pending, etc.) for at least 18 months. Contact Ronnie B. at ronniebesco@hotmail.com

Helpline / 12 Step List-Help Needed! We are short people to answer the phones for the Helpline!

More people are needed for "The Helpline". The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday or 8 AM Sunday to 8 AM Monday). A minimum of six months sobriety is required to answer the phones. We need a few additional helpline volunteers at present. If you are available to do this vital volunteer work, please contact CBIA as soon as possible to add your name.

If a caller needs help beyond meeting information, the helpline passes them to someone on the 12-Step List for a longer conversation on how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12 Step List. We especially need people (particularly women) in the outlying areas.

If you would like to be on the Helpline or the 12-Step List, call Kelly or Rita at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday thru Friday.

Local Stories Wanted For the Coastal BENDER

Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grandecom.net in a Word document or similar format.

Jamboree Planning Meetings for Jamboree, Feb 4th-6th 2022 are the 2nd Sat of each month at 9am at New Phoenix (5433 S Staples Suite H) until January. If you would like to volunteer, please show up.

District Meetings

District 7

(Victoria Area)

The next District 7 meeting is **December 11th** at **9:30 AM** on Pine St in Victoria.

District 8D

(Corpus Christi)

The next District 8D meeting will be at 2:00 PM on Saturday, December 18thth on Zoom and at New Phoenix Club.

Meeting ID: 843 0854 7661 Password: District8D

District 8E

(Corpus Christi and West)

The next District 8E meeting will be at 9:30 AM on Saturday, December 11th at the Calallen Pass It on Club.

District 15

(Northeast of Corpus Christi)

The next District 15 meeting will be at 2:00 PM on Saturday, December 11th in Portland.

Addresses for Group Contributions

Coastal Bend Intergroup (Suggested 50% *)

CBIA

3833 S. Staples Suite S-212 Corpus Christi, TX 78411

Districts (Suggested 10% *)

District 8D Treasurer District 7 Treasurer

P.O. Box 5324 P.O. Box 61135 Victoria, TX 77903 Corpus Christi, TX 78466

District 8E Treasurer District 15 Treasurer

% Dina P. % Mike L.

6013 Liptonshire Drive 511 Gulf

Corpus Christi, TX 78415 Port Aransas, TX 78373

Area 68 Southwest Texas (Suggested 10% *)

SWTA 68 Treasurer

P.O. Box 716 Bastrop, TX 78602

General Service Office (Suggested 30% *)

GSO

P.O. Box 459

New York, NY 10163-0459

6* Suggested percentages are from AA Pamphlet F-3, SELF-SUPPORT: Where Money and Spirituality Mix (Available on our web site: cbiaa.org under DONATE). Group

Contributions are always at the discretion of the group conscience.

175.00

17.92

15.00

50.00

\$25,291.23

\$861.83

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held Monday Aug 9th at 6:00 PM on Zoom.

CBIA Quarterly Association Meeting will be held Monday **July 26**th at 6:00 PM on Zoom.

Group Announcements

New Phoenix Group Conscience is held the first Sunday of the month at 1:15 PM. Birthday Night is first Saturday of the month at 8:00PM. (5433 S. Staples, Suite F in The Boardwalk.)

Hilltoppers Group Conscience is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

Weber Road Nooners Group Conscience is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are being celebrated on the day of the birthday for now. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

Calallen Group Conscience is held the 3rd Wednesday of each month following the 6:30PM meeting. Birthday Night is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

Flour Bluff Unity Group Conscience is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with Potluck Supper at 7:00 PM and Birthday Meeting at 8:00PM at The Anchor Club (320 Anchor St. in CC).

Turning Point Group Conscience is held the 1st Wednesday of each month. Birthday Meeting is last Saturday of the month.

Contributions GROUP NAME Nov 2021 YTD 2021 Anonymous/Individual Contribution 70.00 7689.75 216.00 Aransas Pass Group Beeville-Shepherd's Group 200.00 CC-Alanos 200.00 CC-Bookmarks Group 235.00 CC-Calallen Group CC-Crosstown Group CC-Cullen Mall Group 200.00 CC-Day of AA CC-Early Morning Fellowship CC-Fellowship Group at Charlie's PLC 517.50 **CC-Fifth Tradition Group** CC-Flour Bluff Unity Group CC-Friday Night Speaker Meeting 250.00 CC-Happy Hour Meeting 467.00 CC-Hilltoppers Group CC-Humility Group 200.00 CC-Just for Today Group CC-Lucky Ones CC-New Attitude Meeting 494.70 CC-New Life Group 25.00 205.00 CC-New Phoenix Group 291.65 3379.41 CC-New Women's Group 161.86 1489.52 CC-Oso Group 831.65 CC-Roddfield Group (final dist) 500.00 170.00 CC-Saratoga Group CC-Sunset 7 Group (N Padre Island) 1478.40 **CC-Turning Point Group** 222.00 1058.60 CC-Weber Road Nooners Group 1000.00 District 7 District 15 500.00 District 8D Goliad-Open Arms Group 89.60 155.10 35.00 Hallettsville Group Karnes City-Mayfield Group Kingsville-AL-K Group 112.80 Moulton Group **Mathis - Crossroads Group** 275.00 Mathis - Unity Group 300.00 Port Aransas Group Port Lavaca Group Port O'Connor Group Portland -Jaywalkers Group Portland -Nueces Bay Group Ouarterly Meeting 7th Tradition Riviera-SASTO Group Robstown Desire Group Rockport-Happy Hour Group Rockport-Fellowship Group 1000.00 23.72 23.72 Schulenburg Group Shiner Group 120.64 Sinton-Grupo Secunda Chanza Skidmore Group Three Rivers-Choke Canyon Group **50.0**0 Victoria-Airport Group 1509.44 Victoria-Back to Basics Group 45.00 Victoria-For Sinners Only Group 77.08 Victoria-Golden Slippers Victoria-High Nooners Group

Victoria-Main Stream Group Victoria-Men's Group

Victoria-Unity Group Victoria-Women's Group

Yorktown Group

TOTAL

Coastal Bend Intergroup Association Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list

whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Services Provided

- 1. Maintains an office which is open Monday through Friday from 7:30 to 11:30AM and 1:30 to 5:30PM. (normal hours)
- 2. Provides information and referrals for A.A. inquiries.
- 3. Maintains a 12 Step listing and calls individuals for 12 Step work.
- 4. Provides an A.A. listing in the Telephone directory.
- 5. Provides a 24-hour volunteer phone answering during hours when the office is closed.
- 6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
- 7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
- 8. Purchases and sells "CONFERENCE APPROVED' literature, and non-conference approved Anniversary Medallions, Sobriety Chips.
- 9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
- 10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
- 11. Maintains service committees for service work in the Coastal Bend Area.

Detach here.			
	Free e-Mail Subscription to the BENDER and BITS & PIECES		
NAME:	.		
E-MAIL:	· .		

Easy ways to sign up for our two monthly publications:

- Send an email with the above information to cbia@grandecom.net with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.

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Asociación Inter-grupo de la Zona Costera

Declaración de Principios

La misión de la asociación inter-grupo de la zona costera es proveer el primer contacto vital al alcohólico en busca de ayuda. La oficina de AIZC [siglas en español, en inglés CBIA], se mantiene para el beneficio de aquellos que siguen sufriendo. Para cumplir con esta tarea tan importante la oficina de CBIA debe:

- Establecer una linea de ayuda las 24 horas
- Imprimir los horarios de las reuniones de AA
- Mantener una lista con los 12 Pasos

Con lo cual Grupos de AA e individuos puedan conducir llamados de los 12 Pasos, esenciales en el crecimiento de AA en la Zona Costera.

Servicios Prestados

- 1. Horario de oficina, lunes a viernes de 7:30 a 11:30AM y de 1:30 a 5:30PM.
- 2. Provee información y referencias sobre A.A. .
- 3. Mantiene una lista de los 12 Pasos y listado de personas para trabajar los 12 pasos.
- 4. Provee un listado de A.A. en el directorio telefónico.
- 5. Provee servicio de voluntarios contestando llamadas las 24 horas mientras la oficina esta cerrada.
- 6. Publica los horarios de todos los grupos en el área costera sin costo.
- 7. Publica una hoja informativa, la "Coastal Bender", para mantener a los miembros de A.A. informados de los acontecimientos locales y de los eventos especiales A.A..
- 8. Compra y venta de literatura "Aprobada en Conferencia" ('CONFERENCE APPROVED'), y mercancía no aprobada como Medallones de Aniversario y Monedas de Sobriedad.
- 9. Conduce reuniones mensuales de fideicomisarios. Todos los miembros de Alcohólicos Anónimos son bienvenidos a estas reuniones asimismo es importante contar con su opinión.
- 10. Conduce Reuniones cada cuatro meses para evaluar a los grupos en actividades Inter-grupo y para buscar que participen en cuestiones de la CBIA.
- 11. Mantiene comités de trabajo para servicio en el área de la zona Costera.

Los Grupos Hispaños **HORARIO**

(Rev. 3.1.2019)

Grupos en Corpus Christi

- Grupo Nueva Esperanza (552 Old Robstown Road, Corpus Christi) 8:00 De la Noche (todos los dias).
- Grupo Primer Paso (1635 18th Street, Corpus Christi) 8:00 De la Noche (Miercoles); Mediodia (Sabado).
- Grupo Serenidad (408 Brownlee, Corpus Christi) 8:00 De la Noche (Martes y Domingo);
- Grupo Tres Legados (1019 S. Port, Corpus Christi) 8:00 De la Noche (Lunes, Martes, *Miercoles y Jueves)*;

Grupo en Flatonia

Grupo Flatonia (208 E. North Main Street, Flatonia) 7:00 De la Noche (Jueves)

Grupo en Kingsville

Grupo Un Dia a La Vez (819 N. 3rd, Kingsville) 7:00 De la Noche (Miercoles)

Grupo en Moulton

Grupo Moulton (301 N. Hackberry, Moulton) 7:00 De la Noche (Lunes)

Grupo en Port Lavaca

Grupo Nuevo Amanecer (213 E. Austin, Port Lavaca) 7:00 De la Noche (Lunes, Miercoles y Viernes)

Grupo en Schulenberg

Grupo Schulenberg (901 Kallus, Schulenberg) 7:00 De la Noche (Domingo)

Grupo en Sinton

Grupo Segunda Chance (215 Sodville, Sinton) **8:00 De la Noche** (Martes y Viernes)