



# THE BENDER

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CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 [www.cbiam.org](http://www.cbiam.org)  
*"When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that I am responsible"*

**Happy Thanksgiving everyone!**

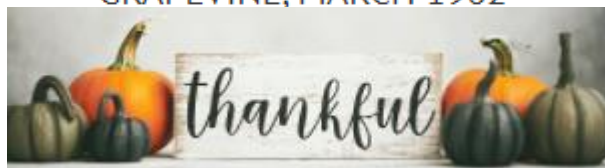
## A Full And Thankful Heart – As Bill Sees It Page 37

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One exercise that I practice is to try for a full inventory of my blessings and then for a right acceptance of the many gifts that are mine—both temporal and spiritual. Here I try to achieve a state of joyful gratitude. When such a brand of gratitude is repeatedly affirmed and pondered, it can finally displace the natural tendency to congratulate myself on whatever progress I may have been enabled to make in some areas of living.

I try hard to hold fast to the truth that a full and thankful heart cannot entertain great conceits. When brimming with gratitude, one's heartbeat must surely result in outgoing love, the finest emotion that we can ever know.

GRAPEVINE, MARCH 1962



**You can't have a good day with a bad attitude, and you can't have a bad day with a good attitude.**

# Step 11 – Prayer & Meditation

Step 11: Sought through prayer and meditation to improve our conscious contact with God as we understood Him, asking only for knowledge of His will for us and the power to carry that out.

## Prayer is talking to God.

I believe there are two kinds of prayer:

- **HELP and**
- **THANK YOU.**

### Help Prayers

- I ask God to keep me sober today each morning.
- I ask Him to bless each of the people in my life and anyone I am concerned about with health and happiness, peace and prosperity. I do not ask Him to make them well; I do not ask Him to get them to do what I think they should do; -- just to bless them as He sees fit. *(If I cannot control myself and feel I really must ask for something specific, I add 'If it be Your will.')*
- I ask Him to let me know what He wants me to do; to give me the desire and the discipline to carry it out; to provide me whatever resources I need; and to remove any character defects that get in the way.

My experience suggests that God does not go where He is not invited. If I do not invite God into my day, I am on my own and that is not pretty. Before long I have got my knickers in a twist.

### Thank You Prayers

- I thank God for keeping me sober each night.
- I thank God for the things on my standing gratitude list -- for things like sobriety and AA and the people in my life. The things I can be grateful for every day.
- Then I do a few minutes of gratitude du jour. I have learned to go quickly here -- if I dawdle, my mind can turn something new and good into something old and bad. Instead of just appreciating my 'new' car, my mind can head south and dwell on what happened to the 'old' car.

## Meditation is listening to God.

This can be a guided meditation -- like something somebody reads to me in a workshop or an inspiring piece I read, a page in DAILY REFLECTIONS.

Or it can be a freestyle meditation where I quiet my mind so I can hear the quiet, gentle voice. BE STILL AND KNOW THAT I AM GOD. This is easiest to do this when I first awaken -- before my mind is off and running. Later in the day I need to work at quieting my mind with something like Yoga, progressive relaxation or deep breathing exercises. Then I just let the thoughts drift through my mind without evaluating them and write them down as they occur. When the thoughts stop, I look over what I've written, deleting any selfish or self-seeking thoughts my ego slipped in. If it's really important or if I am confused about something, I discuss it with somebody else who meditates. This is so productive I can't tell you why I don't do it every day, but I don't.

I believe this step comes where it does, because I needed to clear away the wreckage of the past and the wreckage of the past day before I had a quiet mind. Until then, the voice of my disease was screaming too loud to hear the quiet, gentle voice of my Higher Power. I don't have to go to a silent monastery and walk the cloisters. In the words of the Desiderata, Step 11 makes it possible to "Go placidly amid the noise and haste."

I used to think having balance in my life meant rotating my obsessions. Now I think balance means having a quiet center.

The way I have most often sabotaged the eleventh Step is by worrying. I believe that all thought is prayer and therefore worry is a prayer for something I don't want. When I pray and worry about something, I am giving God mixed messages and clogging the channel. If you are going to pray, why worry? If you are going to worry, why pray? More often these days, I choose to pray and not worry.

~ Rob M. (2.24.1985), Corpus Christi, TX

# Minutes (approved)

## CBIA BOARD OF TRUSTEES MEETING

### Sept 13th, 2021

#### I. OPENING:

- **Anita** opened the meeting with the Serenity Prayer at 6:00 PM.
- **Michael** read the CBIA Mission Statement.
- **Parth** read the General Warranties.
- **Anita** read the 12 Traditions.

#### II. ATTENDANCE:

- **Anita C-B** (Chair) present
- **Barb C-S.** (Vice Chair), present
- **Michael B.** (Financial Trustee), present
- **Amy M.** (Trustee), present
- **Patrick R.** (Trustee). Not present
- **Ronnie B.** (Trustee), present
- **Parth** (Trustee), present
- **Rita S.** (Office Manager) present.
- **Kelly J.** (Asst Office Manager) present

#### III. MINUTES:

**Minutes** of the **August Board Meeting** were read.

**Ronnie** made motion to approve.

**Parth** seconded and all approved.

#### IV. FINANCIAL REPORTS: **Michael** (Financial Trustee) presents the **August Financials**

##### • **Balance Sheet:**

Total CBIA funds as of **August 31st** totaled **\$30,090.22** Petty Cash: **\$50.00**, Checking: **\$15,297.92**, Prudent Reserve: **\$12,620.31**, Jamboree Account: **\$2121.99**.

##### ○ **Profit & Loss** for the month of **June:**

Group & Individual Contributions: **\$1749.00**, Gross Sales (Books, Chips & Medallions): **\$552.17**, (less Cost of Goods Sold **373.68**), Gross Gain for the month was **\$227.02**. Total Expenses were **\$2800.47**.

- **Fiscal Year to Date 2021:** Group & Individual Contributions **\$21,338.91**, Jamboree Contributions **\$1100.000** Spring Fundraiser **\$5707.00**, Fall Fundraiser: **\$0.0**, Gross Sales (Books, Chips & Medallions): **\$6970.55** (less Cost of Goods Sold **\$4929.26**), Gross Total expenses year to date: **\$23,555.35**, Net Gain for the year to date: **\$6658.19**.

**Ronnie** made a motion to approve.

**Amy** seconded and all approved.

#### V. SERVICE AREA REPORTS

**12th Step Parth** stated that he answered the CBIA calls Sunday, there were 9 calls for meeting times but no 12 Step calls

- **Archives** Amy stated the Archives Workshop in San Antonio she had planned to attend has been cancelled. She has been working on printing minutes and agendas for this year to archive.
- **Bilingual – Open**
- **Coastal Bender** – Barb had nothing new to report, still dealing with sporadic issues with getting the Bender pages but working through it.
- **Corrections/Treatment Facilities:** Ronnie said he attended the Area Corrections monthly meeting with Bear. Good and interesting discussion and plans to keep attending.
- **Jamboree – Patrick-not present.** Rita reported that Glenn had been able to take down the Jamboree website and it was his recommendation that CBIA continue to host the Jamboree page on their website rather than spending money for a new web site builder and paying for the domain name, the board agreed. Michael and Rita also added that the link and the flyer are available to add to the Jamboree page.

- **Nominations:** Michael said that he was aware of 4 people who are interested in being on the CBIA Board of Trustees and are available for Oct. election.
- **Public Information/Cooperation with Professional Community:** Barb had nothing new to report, meeting was cancelled due to a conflict in scheduling.
- **Social:** Anita said that the Committee is meeting on Sunday and she will pick up the tickets they will be selling. Barb asked about when there would be a fund raiser if this was a dance. Anita and Rita talked about getting together raffle baskets that would on the Secret FB page used for Hand of AA event but now going to be used to sell raffle tickets for baskets during the month of October to be raffled after the Speaker on Zoom just before the dance starts.

**VI. OFFICE REPORT:** Kelly is working from home in the mornings for a couple of weeks.

**VII. OLD BUSINESS:** Nothing

**VIII. NEW BUSINESS:**

- None

**IX. NEXT MEETINGS:**

- Next **CBIA Board of Trustees Meeting** will be on Monday **Oct 11th** at **6:00 PM** on Zoom.
- Next **CBIA Quarterly Association Meeting** is scheduled for **6:00 PM** on Monday **Oct 25<sup>th</sup>** on Zoom.

**X. CLOSING:**

Amy moved to adjourn.

Barb seconded. Motion carried.

Anita closed the meeting with **“Our Father”** prayer at 6:40 PM.

Respectfully submitted,

Rita Standish

Office Manager



# Minutes *(approved)*

## CBIA BOARD OF TRUSTEES MEETING

### Oct 11th, 2021

#### I. OPENING:

- **Barb** opened the meeting with the Serenity Prayer at **6:05 PM**.
- **Patrick** read the CBIA Mission Statement.
- **Michael** read the General Warranties.
- **Parth** read the 12 Traditions.

#### II. ATTENDANCE:

- **Anita C-B** (*Chair*) *not present*
- **Barb C-S**. (*Vice Chair*), *present*
- **Michael B.** (*Financial Trustee*), *present*
- **Amy M.** (*Trustee*), *present*
- **Patrick R.** (*Trustee*). *present*
- **Ronnie B.** (*Trustee*), *not present*
- **Parth** (*Trustee*) *present*
- **Rita S.** (*Office Manager*) *present*.
- **Kelly J.** (*Asst Office Manager*) *present*

#### III. MINUTES:

- Minutes of the **Sept Board Meeting** were read.
- **Michael** Motioned to approve as corrected.
- **Patrick** Seconded and all approved.

#### IV. FINANCIAL REPORTS: **Michael** (*Financial Trustee*) presents the **September Financials Balance Sheet:**

Total CBIA funds as of **Sept 30th** totaled **\$28,214.19** Petty Cash: **\$50.00**, Checking: **\$13,433.89**, Prudent Reserve: **\$12,620.31**, Jamboree Account: **\$2109.99**.

**Profit & Loss** for the month of **September:** Group & Individual Contributions: **\$1322.53**, Gross Sales (*Books, Chips & Medallions*)

**\$796.16**, (*less Cost of Goods Sold 619.71*), Gross Gain for the month was **\$1,498.98**.

Total Expenses were **\$3482.72**.

**Fiscal Year to Date 2021:** Group & Individual Contributions Sales **\$22,661.44**,

Jamboree Contributions **\$1100.00** Spring Fundraiser **\$5707.00**, Gross (*Books, Chips & Medallions*): **\$7730.71** (*less Cost of Goods Sold \$5523.90*), Gross Total expenses year to date:

**\$27,038.07** Net Gain for the year to date: **\$4652.89**.

**Patrick** made a motion to approve.

**Parth** seconded and all approved.

#### V. SERVICE AREA REPORTS

- **12th Step Parth** stated he answered calls the day before, only had 6 and they were for meetings in Corpus. All is going well with the list.
- **Archives Amy** stated nothing new still working on minutes and trying to stay current.
- **Bilingual – Open**
- **Coastal Bender – Barb** stated that Rita sends her pages for the Bender and she is having less to edit. All is going well.
- **Corrections/Treatment Facilities: Ronnie** (*not present*)

- **Jamboree – Patrick** stated they just had a meeting Sat. He was able to get a new Co-chair, Theresa M. and a new Scholarship Chair, Steve S., Brandi had to step down. Eventzilla link for the Jamboree is on the CBIA website and he encouraged everyone to pre-register. They also elected the Voice for the event during that meeting.
- **Nominations: Michael** stated he has 3 people that are willing to serve as Trustees 2022-2024. Election will be at the Quarterly meeting on Oct. 25<sup>th</sup>, 2021.
- **Public Information/Cooperation with Professional Community: Barb** stated that the District PICPC committee is distributing the “Find a Meeting” cards with the QR code to local hotels and getting a good response that they will be happy to give out that information when asked.
- **Social: Anita (not present)** Kelly stated that the planning committee meetings for the Halloween Dance are going well. They are getting donations for door prizes and food. The speaker has been picked, Jimmy M. The DJ has been hired and there will be a costume contest and cake walk.

**VI. OFFICE REPORT: Rita** stated that the office is ordering and selling a great deal of literature. All is going well.

**VII. OLD BUSINESS: None**

**VIII. NEW BUSINESS: None**

**IX. NEXT MEETINGS:**

- Next **CBIA Board of Trustees Meeting** will be on Monday **Nov 8th** at **6:00 PM** on Zoom.
- Next **CBIA Quarterly Association Meeting** is scheduled for **6:00 PM** on Monday **Oct 25<sup>th</sup>** on Zoom.

**X. CLOSING:**

- **Patrick** moved to adjourn the meeting.
- **Parth** seconded. Motion carried.
- **Barb** adjourned the meeting at 6:38pm.
- **Patrick closed with “Our Father” prayer.**

Respectfully submitted,

*Rita Standish*

Office Manager

# CBIA Hours

**Thanksgiving Hours:** We are closed Nov. 25<sup>th</sup> and 26<sup>th</sup> for Thanksgiving. There will be someone answering the help line all day Thursday and Friday while we are closed.

**CBIA PHONE NUMBER- (361) 992-8911** Calls are answered by staff during business hours Monday-Friday and by helpline volunteers at lunch, after hours and on weekends and holidays.

**CBIA OFFICE HOURS** (*except on Holidays*). We continue to work 30-hour weeks during 2021 to keep costs down.

**Monday, Wednesday, and Friday**

**8:30am–11:30am and 2:00pm–5:00pm**

- **The office is open during these hours for picking up purchases.** If you would like, you can call ahead with your order and we can have it ready for pick up. If we are out of stock, we can let you know at that time. We can bring your purchases out to your car or out to you in the hall if you prefer. (*Face masks are required if you are coming in the office, covering your nose and mouth at all times. This is the landlord's decision because it is private property*).

**Tuesday and Thursday during 8:30-11:30 and 2p-5p please call 992-8911 to arrange a time for pickups. We can have any order ready for you and meet you there.**

## CBIA HOLIDAYS

**January**

**New Year's Day**

**September**

**Labor Day**

**May**

**Memorial Day**

**November**

**Thanksgiving- 2 days**

**July**

**Independence Day**

**December**

**Christmas Day**





## Thank you

A big Thank You goes out to the Social Committee and their Chairperson, Anita C-B. for a wonderful Halloween event. The dance was held at Grace Presbyterian Church on Yorktown in Corpus Christi on Oct 30<sup>th</sup>, 2021. It was a fun full festive time for all who attended. There were such creative costumes worn by most that attended. Jimmy M. was the speaker at 7pm. Food, soda, water, and assorted finger foods were provided. Delicious cakes were awarded to the people who participated in the cake walks. The online raffles were a big hit, and the winners were more than excited with their prizes. Costume prizes were given, as well as door prizes. Lots of pictures were taken in front of the beautiful balloon arch made by Jennifer N. There were 144 tickets sold, and \$1412 total raised for the event. Thank you to all who participated in any way to make this a successful event!

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### Coastal Bend Jamboree “The Premier AA Fundraiser event in Corpus Christi supporting CBIA Feb 4th-6<sup>th</sup>, 2022

For pre-registration and hotel information check out the CBIA website. <https://www.cbiam.org>

Click on the box for Jamboree that will take you to those links. Registration forms are also there with all the speaker information.

Please consider preregistering as soon as possible. Your preregistration provides funding needed in advance of the event. (There is a bit of savings on price for preregistration vs onsite registration). If you end up not being able to attend you are able to pass on your registration to someone else, such as a friend, a sponsee or consider it a donation.

The Committee would like to remind everyone to please consider adding extra for Scholarships, those donations are so appreciated. We have in the past we have had over 250 people at the event who needed scholarships to cover all or part of their registration fees.

The Jamboree wouldn't be possible without the support of the area AA members who provide donated items, contributions, and service. All your help is needed and so appreciated! We have great speakers lined up, silent auction, raffles and entertainment that you won't want to miss. We look forward to seeing everyone again in February! Flyer for the event is attached.

Sincerely,

**68<sup>th</sup> Annual Jamboree Committee**

**Call the office at 992-8911 if you have any questions or items that you wish to donate!**

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## Face-to-Face Meeting Changes

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### Meeting updates for F2F meetings.

#### Cullen Mall Group

Due to the recent decline in new COVID-19 cases in Corpus Christi, the Cullen Mall Group has voted to rescind the health/safety protocols that had been restored in August. Effective 10/20/21 (today), face masks and social distancing will no longer be required in our meetings. Mondays and Wednesdays at 8:00 P.M. and Sundays at 7:00 P.M. in the Scout Hut behind Parkway Presbyterian Church. The practice of sharing food before our monthly A.A. Birthday Nights will be resumed.

#### Alice Recovery Crew Group

**Mon and Tues** are face to face only meetings at 200 S Wright St at 7pm.

**Wed and Thurs** are Zoom only at 7pm.

**Zoom ID:** 825 6450 3417

**Password:** 123456

#### Mission 911

**Friday** New meeting, Big Book Study at 911 Park Ave, Corpus Christi at 6pm. Please come out and support.



## AA Meetings on Zoom

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### Coastal Bend Area AA Meetings on Zoom (\*\*means recent change)

**\*\* Alice-Recovery Crew, 7:00 PM Wed and Thurs Meeting ID 825 6450 3417, Password 123456**

**\*\* CC-Friday Night Speaker Meeting, Last Friday of the month at 8 PM  
Meeting ID: 434 708 8936 Password:867742 (In person meeting still suspended).**

**\*\* Clean & Serene Group (LBGT) Friday 7:30 pm Meeting ID: 677 587 2132 Password: sober  
(no longer on Zello).**

**CC-New Attitude Group Hybrid Meeting M, W & F 6:00 PM Meeting ID: 714 784 969  
Password 954788 <https://us04web.zoom.us/j/714784969>**

**CC-New Phoenix Group Mon - Fri 6:30A Meeting ID: 886 9994 6374 Password: 336965  
Sat - Sun 7:00A Meeting ID: 962 866 373 Password: 018696**

**CC-New Women's Group, Mon & Thu 7 PM; Sat 11 AM Meeting ID: 580 495 1776 Password:  
NWGroup <https://us02web.zoom.us/j/5804951776?pwd=K04zVDhDZDBQMmdleWliUVJXSINodz09>**

**CC-Turning Point Wed & Sat 6:30 PM Meeting ID: 677 587 2132 Password: sober**

**CC-Weber Rd Nooners 12 Noon, Daily Meeting ID: 260 214 3828 Password: 676271  
<https://us04web.zoom.us/j/2602143828>**

**Rockport-Happy Hour Group Zoom, Tues and Thursday 5:30 P Meeting ID: 817 4546 8941  
Password: 0164**

**Victoria-Back to Basics 7 PM Daily Meeting ID: 662 621 1099 Password: 218223  
<https://zoom.us/j/6626211099> (This has concurrent but separate face-to-face meetings on Wed and Fri at 7pm)**

**Victoria-Mainstream, **Wed only Zoom Meeting at Noon Meeting. ID: 698 545 080 Password:**  
003178 <https://us04web.zoom.us/j/698545080> (face to face Mon-Thurs and Sat at Noon)**

**\*\*Saturday Morning Terminally Self-Reliant Group-Closed AA –Saturday at 10am  
Meeting ID 863 5000 4853 Passcode:342368  
<https://us06web.zoom.us/j/86350004853?pwd=QmNxakkvOTB4cld2b1laVTAyY0hoQT09>**



## CBIA Appreciates Ongoing Support

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### Group Contributions

In the past, CBIA's second biggest source of revenue has been Group Contributions. Since COVID-19 came to this area in March of 2020, we have some groups that are starting to meet in person, others are still meeting only on Zoom; and the remaining groups are still not meeting. Total Group Contributions are starting to increase and we appreciate all the contributions being made so far this year and hope for continuing support.

### Individual Contributions

We are inspired and grateful that individual members of our community have made up for the shortfall in 2020 revenues in 2020 and early 2021. The large contributions in December 2020 and January 2021 (*within the annual limit of \$5,000*) helped to make us solvent for the year. The larger contributions are expected to be a one-time thing. The "Hand of AA" event was a great success, and we will have an online raffle with a few baskets to raise money at the Halloween fundraiser event. This being said, we know that fund raising and group contributions may still be reduced in 2021.

**We continue to hope for ongoing individual support to make it through 2021.**

### Fundraisers

Texas law allows 501c3 non-profit corporations like CBIA to have only two fundraiser events. This year's The Hand of AA spring fund raiser and the upcoming Halloween Dance with raffles will be held to help support CBIA during 2021. We look forward to Jamboree again in 2022-February 4<sup>rd</sup>-6<sup>th</sup> at the Omni Hotel in Corpus Christi.

# CBIA Appreciates Ongoing Support *(Continued)*

## Where Are We Now?

|                    | <u>Actual<br/>Oct 2021</u> |
|--------------------|----------------------------|
| Contributions      | <b>\$30,346.40</b>         |
| Gross Sales        | <b>\$8734.96</b>           |
| Cost of Goods Sold | <b>(6,272.26)</b>          |
| -----              |                            |
| Gross Gain         | <b>\$34,884.80</b>         |
| <br>               |                            |
| Total Expenses     | <b>\$29,419.12</b>         |
| Interest Income    | <b>.63</b>                 |
| -----              |                            |
| Net Gain           | <b>\$5,199.96</b>          |

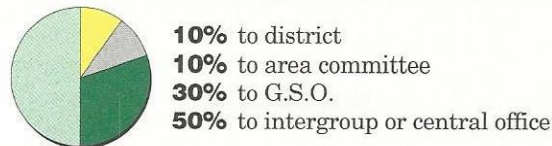
## What Has the CBIA Board of Trustees Done?

We determined that we had previously reduced expenses as far as possible without cutting services, and we did not want to do that. We have also decided that to ensure the future of the organization it would be unwise to cover the entire shortfall from our prudent reserve.

However, the board decided to **move \$3,000 from Prudent Reserve (Savings) to Checking during the summer of 2020**. The board also voted to reduce hours & payroll by 25% so Kelly (AM) and Rita (PM) will work three hours rather than four each workday. As of April 7th, 2021, our hours are 8:30 – 11:30 AM and 2:00 – 5:00 PM Monday through Friday.

## What Can a Group Do to Help?

The AA World Service pamphlet, [Self-Support: Where Money and Spirituality Mix](#), suggests that AA Groups in areas served by an intergroup office distribute funds in excess of prudent reserve as shown below.



Thus, it is up to each group conscience to determine what *(if anything)* it contributes.

Your group might want to re-consider its contribution priorities temporarily. GSO and Intergroup have a bigger slice of the pie because they have much higher overhead (*salaries, office space, etc.*) than the other service entities. You might want to consider giving more to Intergroup and GSO and less to other service entities. Also, if your group has money earmarked that can be sent in earlier, that would be helpful.



## 2021 CBIA Birthday Club

**Birthday Club Members** are people who have made an individual contribution to CBIA of \$1.00 or more for each year of sobriety during that calendar year. They will be listed in each Bender from the month after the donation to the end of the year. Monthly donors (\$5 or more) and people who contribute \$100 or more will be listed for one additional year. Donations can be made by **PayPal** under the Donate option on our website ([www.cbiam.org](http://www.cbiam.org)), by **Venmo** to **CoastalBend-Intergroup** (For anonymity, it is recommended that Venmo settings make the transaction private.) or by **check** to **CBIA**, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. Please indicate Home Group or City and Sobriety Date. Let us know if you do not want your birthday listed in the Bender.

| NAME       | HOME GROUP                 | SINCE       | YEARS IN 2021 |
|------------|----------------------------|-------------|---------------|
| Nancy G.   | CC-Turning Point Group     | 01/01/1983  | 38 Years      |
| Gail B.    | Victoria-Golden Slippers   | 01/01/2011  | 10 Years      |
| Terry K.   | CC-Sunset 7                | 01/01/2000  | 21 Years      |
| Sheila S.  | CC-New Phoenix             | 01/07/2007  | 14 Years      |
| Charlie B. | Victoria-Golden Slippers   | 01/09/2006  | 15 Years      |
| Janice E.  | CC-Hilltoppers Group       | 01/10/2000  | 21 Years      |
| Ceil Mc K. | CC-Hilltoppers Group       | 01/10/1982  | 39 Years      |
| Sandra E.  | CC-Weber Road Nooners      | 01/20/2011  | 10 Years      |
| Rae T.     | CC-Bookmarks Group         | 01/23/2006  | 15 Years      |
| Tom G.     | CC-Turning Point Group     | 01/26/1984  | 37 Years      |
| Ernest J.  | CC-Flour Bluff Unity Group | 02/15/ 2004 | 17 Years      |
| Rob M.     | Corpus Christi             | 02/24/1985  | 36 Years      |
| Mike B.    | CC-New Phoenix             | 03/05/2014  | 7 Years       |
| Janeen H.  | CC-Turning Point Group     | 03/08/2017  | 4 Years       |
| Chris N.   | CC-Oso Group               | 03/09/2009  | 12 Years      |
| Rita S.    | CC- Oso Group              | 03/13/1977  | 44 Years      |
| Joe C.     | CC-Hilltoppers Group       | 03/18/1981  | 40 Years      |
| Mary C.    | CC-Turning Point Group     | 03/22/1992  | 29 Years      |
| Enrique M. | CC-Weber Road Nooners      | 03/30/2016  | 5 Years       |
| Phyllis H. | Portland-Jaywalkers        | 04/01/2004  | 17 Years      |
| Cathy H.   | CC-Bookmarks Group         | 04/06/1999  | 22 Years      |
| Marlive F. | Corpus Christi             | 04/07/1987  | 34 Years      |
| Kelly K.   | Corpus Christi             | 04/18/1986  | 35 Years      |
| Gale S.    | Austin, TX                 | 04/23/1994  | 27 Years      |
| Fred C.    | Corpus Christi             | 05/13/1987  | 34 Years      |
| Linda K.   | Kingsville-Al-K Group      | 05/20/1979  | 42 Years      |
| Carol D.   | CC-Oso Group               | 05/24/2016  | 5 Years       |
| Mary H.    | CC-Women's Big Book        | 05/24/1995  | 26 Years      |
| Jackie C.  | Pleasanton                 | 06/05/2014  | 7 Years       |

## 2021 CBIA Birthday Club (*Continued*)

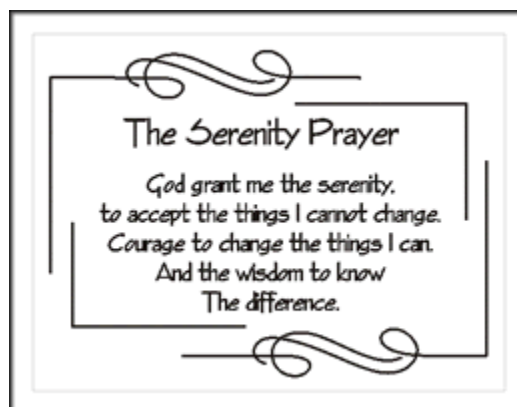
| NAME                | HOME GROUP             | SINCE      | YEARS<br>IN 2021 |
|---------------------|------------------------|------------|------------------|
| <b>Gary L.</b>      | CC-New Phoenix Group   | 06/07/2009 | <b>12 Years</b>  |
| <b>Marie A.</b>     | CC-Alanos Group        | 06/21/1991 | <b>30 Years</b>  |
| <b>Robin P.</b>     | CC-Hilltoppers Group   | 06/22/1986 | <b>35 Years</b>  |
| <b>Libby A.</b>     | CC-New Women's Group   | 07/12/1987 | <b>34 Years</b>  |
| <b>Tammy B.</b>     | CC-Weber Road Nooners  | 08/11/1989 | <b>32 Years</b>  |
| <b>April K.</b>     | Corpus Christi         | 08/20/1984 | <b>37 Years</b>  |
| <b>Scott Mc G.</b>  | CC-Hilltoppers Group   | 08/22/2002 | <b>19 Years</b>  |
| <b>Pat E.</b>       | CC-New Women's Group   | 08/23/1987 | <b>34 Years</b>  |
| <b>Butch R.</b>     | CC Weber Road Nooners  | 08/26/2006 | <b>15 Years</b>  |
| <b>Mike Q.</b>      | Corpus Christi         | 08/28/2000 | <b>21 Years</b>  |
| <b>Bernard S.</b>   | CC-Turning Point Group | 08/29/1977 | <b>44 Years</b>  |
| <b>Audrey H.</b>    | CC-Cullen Mall Group   | 09/01/2011 | <b>10 Years</b>  |
| <b>Hank S.</b>      | CC-Cullen Mall Group   | 09/07/1993 | <b>28 Years</b>  |
| <b>Barb C-S</b>     | CC-New Women's Group   | 09/09/1985 | <b>36 Years</b>  |
| <b>Valerie B.</b>   | CC-Weber Road Nooners  | 09/13/2017 | <b>4 Years</b>   |
| <b>Heather D.</b>   | CC-Weber Road Nooners  | 09/23/2009 | <b>12 Years</b>  |
| <b>Dave D.</b>      | Rockport Fellowship    | 10/04/1985 | <b>36 Years</b>  |
| <b>Brandelyn M.</b> | CC-New Phoenix Group   | 10/09/2009 | <b>12 Years</b>  |
| <b>Patrick R.</b>   | CC-New Phoenix Group   | 10/09/2009 | <b>12 Years</b>  |
| <b>Harold B.</b>    | CC-Weber Road Nooners  | 10/18/2007 | <b>14 Years</b>  |
| <b>Arthur A.</b>    | CC-Hilltoppers Group   | 10/19/1998 | <b>23 Years</b>  |
| <b>Tim R.</b>       | CC-New Phoenix Group   | 10/21/2011 | <b>10 Years</b>  |
| <b>Betsy H.</b>     | CC-New Women's Group   | 10/22/2010 | <b>11 Years</b>  |
| <b>Kruger D.</b>    | CC-New Phoenix Group   | 10/23/2009 | <b>12 Years</b>  |
| <b>Eddie M.</b>     | CC-Weber Road Nooners  | 10/28/2005 | <b>16 Years</b>  |
| <b>Debbie B.</b>    | CC-Weber Road Nooners  | 10/31/2000 | <b>21 Years</b>  |
| <b>Mary G.</b>      | CC-Hilltoppers Group   | 11/03/1986 | <b>35 Years</b>  |
| <b>Margaret P.</b>  | CC-Hilltoppers Group   | 11/06/2006 | <b>15 Years</b>  |
| <b>Loralei D.</b>   | CC-New Women's Group   | 11/06/1984 | <b>37 Years</b>  |
| <b>Joanie J.</b>    | CC-Bookmarks Group     | 11/28/2015 | <b>6 Years</b>   |
| <b>Larry H.</b>     | Rockport Fellowship    | 12/04/1990 | <b>31 Years</b>  |
| <b>James H.</b>     | CC-Bookmarks Group     | 12/17/1993 | <b>28 Years</b>  |
| <b>Joe Mc M.</b>    | CC-Hilltoppers Group   | 12/21/1980 | <b>41 Years</b>  |
| <b>Tony P.</b>      | CC-Hilltoppers Group   | 12/23/1978 | <b>43 Years</b>  |
| <b>Ron S.</b>       | CC-New Phoenix Group   | 12/24/2009 | <b>12 Years</b>  |
| <b>John K.</b>      | CC-Cullen Mall Group   | 12/25/1995 | <b>26 Years</b>  |
| <b>Lois H.</b>      | CC-New Women's Group   | 12/29/2007 | <b>14 Years</b>  |

## Memorial Contributions

Memorial Donations can be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meeting is not required as long as they died sober. Suggested donation of \$1 per year of sobriety or a minimum of \$5. They will be listed in each Bender from the month after the donation to the end of the year.

Donations can be made by PayPal under the Donate option on our website ([www.cbiala.org](http://www.cbiala.org)), by Venmo to CoastalBend-Intergroup (*For anonymity, it's recommended that Venmo settings make the transaction private.*) or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX). Please indicate Home Group or City and date of death year.

| Name                    | Home Group                                 | Departed          |
|-------------------------|--|-------------------|
| <b>John O.</b>          | CC-Hilltoppers                             | <b>11/04/2020</b> |
| <b>Jorgé T.</b>         | CC-New Attitude                            | <b>11/15/2020</b> |
| <b>Philip B.</b>        | CC-Cullen Mall                             | <b>12/17/2020</b> |
| <b>Zane R.</b>          | Laredo ( <i>Prev. Weber Nooners</i> )      | <b>01/12/2021</b> |
| <b>Marsha R.</b>        | CC-New Women's Group                       | <b>01/15/2021</b> |
| <b>John L.</b>          | Corpus Christi ( <i>Rodd Field Alum.</i> ) | <b>02/06/2021</b> |
| <b>Lupé M.</b>          | CC-Grupo Tres Legados                      | <b>02/23/2021</b> |
| <b>Gerry K.</b>         | Bookmarks Group                            | <b>05/05/2021</b> |
| <b>Skip T.</b>          | Rockport Fellowship                        | <b>05/25/2021</b> |
| <b>Shirley B.</b>       | Hilltoppers                                | <b>06/09/2021</b> |
| <b>Gary S.</b>          | Hilltoppers                                | <b>07/08/2021</b> |
| <b>Billy (Tiger) O.</b> | Alanos Group                               | <b>07/29/2021</b> |
| <b>Billy Ray S.</b>     | Pass It On Group                           | <b>08/27/2021</b> |
| <b>Steve S.</b>         | Weber Group                                | <b>09/10/2021</b> |







## Volunteers Needed to Carry the Message in Corrections Facilities

### Corrections Facilities

Some of the correction facilities are starting to open back up. Volunteers are needed to carry the message to alcoholics in corrections facilities. You must be at least 18 years old and not been in trouble with the law (*arrested, incarcerated, pending, etc.*) for at least 18 months. Contact Ronnie B. at [ronniebesco@hotmail.com](mailto:ronniebesco@hotmail.com)

### Helpline / 12 Step List-Help Needed! We are short people to answer the phones for the Helpline!

**More people are needed for "The Helpline".** The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday or 8 AM Sunday to 8 AM Monday). A minimum of six months sobriety is required to answer the phones. We need a few additional helpline volunteers at present. **If you are available to do this vital volunteer work, please contact CBIA as soon as possible to add your name.**

If a caller needs help beyond meeting information, the helpline passes them to someone on the **12-Step List** for a longer conversation on how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12 Step List. We especially need people (particularly women) in the outlying areas.

If you would like to be on the Helpline or the 12-Step List, call Kelly or Rita at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday thru Friday.

### Local Stories Wanted For the Coastal BENDER

Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to [cbia@grandecom.net](mailto:cbia@grandecom.net) in a Word document or similar format.

**Jamboree Planning Meetings** for Jamboree, Feb 4<sup>th</sup>-6<sup>th</sup> 2022 are the 2<sup>nd</sup> Sat of each month at 9am at New Phoenix (5433 S Staples Suite H) until January. If you would like to volunteer, please show up.

# District Meetings

## District 7

*(Victoria Area)*

The next District 7 meeting will be in person **Saturday, November 20<sup>th</sup>** at 9:30am.

## District 8D

*(Corpus Christi)*

The next District 8D meeting will be at **2:00 PM** on **Saturday, November 20<sup>th</sup>** on Zoom and at New Phoenix Club.

Meeting ID: **843 0854 7661**

Password: **District8D**

## District 8E

*(Corpus Christi and West)*

The next District 8E meeting will be at **9:30 AM** on **Saturday, November 13<sup>th</sup>** at the Calallen Pass It on Club.

## District 15

*(Northeast of Corpus Christi)*

The next District 15 meeting will be at **2:00 PM** on **Saturday, November 13<sup>th</sup>** via Zoom.

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## Addresses for Group Contributions

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### Coastal Bend Intergroup (Suggested 50% \*)

#### **CBIA**

3833 S. Staples Suite S-212  
Corpus Christi, TX 78411

### Districts (Suggested 10% \*)

#### **District 7 Treasurer**

P.O. Box 5324  
Victoria, TX 77903

#### **District 8E Treasurer**

% Dina P.  
6013 Liptonshire Drive  
Corpus Christi, TX 78415

#### **District 8D Treasurer**

P.O. Box 61135  
Corpus Christi, TX 78466

#### **District 15 Treasurer**

% Mike L.  
511 Gulf  
Port Aransas, TX 78373

### Area 68 Southwest Texas (Suggested 10% \*)

#### **SWTA 68 Treasurer**

P.O. Box 716  
Bastrop, TX 78602

### General Service Office (Suggested 30% \*)

#### **GSO**

P.O. Box 459  
New York, NY 10163-0459

\* Suggested percentages are from AA Pamphlet F-3, **SELF-SUPPORT: Where Money and Spirituality Mix** (Available on our web site: [cbiaa.org](http://cbiaa.org) under DONATE). Group

Contributions are always at the discretion of the group conscience.

**Intergroup Meetings**

**CBIA Board of Trustees Monthly Meeting** will be held Monday Aug 9<sup>th</sup> at 6:00 PM on Zoom.

**CBIA Quarterly Association Meeting** will be held Monday July 26<sup>th</sup> at 6:00 PM on Zoom.

**Group Announcements**

**New Phoenix Group Conscience** is held the first Sunday of the month at 1:15 PM. **Birth Night** is first Saturday of the month at 8:00PM. (5433 S. Staples, Suite F in The Boardwalk.)

**Hilltoppers Group Conscience** is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

**Weber Road Nooners Group Conscience** is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are being celebrated on the day of the birthday for now. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

**Calallen Group Conscience** is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birth Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

**Flour Bluff Unity Group Conscience** is held the 2nd Sunday of each month at noon. **Birth Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birth Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

**Turning Point Group Conscience** is held the 1<sup>st</sup> Wednesday of each month. **Birth Meeting** is last Saturday of the month.

| Contributions                               |                   |                    |
|---|-------------------|--------------------|
| GROUP NAME                                  | Oct 2021          | YTD 2021           |
| Alice Group                                 |                   |                    |
| <b>Anonymous/Individual Contribution</b>    | <b>190.00</b>     | <b>7619.75</b>     |
| Aransas Pass Group                          |                   | 216.00             |
| Beeville-Shepherd's Group                   |                   |                    |
| CC-Alanos                                   |                   |                    |
| CC-Bookmarks Group                          |                   | 235.00             |
| CC-Calallen Group                           |                   |                    |
| CC-Crosstown Group                          |                   |                    |
| CC-Cullen Mall Group                        |                   | 200.00             |
| CC-Day of AA                                |                   |                    |
| CC-Early Morning Fellowship                 |                   |                    |
| CC-Fellowship Group at Charlie's PLC        |                   |                    |
| <b>CC-Fifth Tradition Group</b>             |                   | <b>517.50</b>      |
| CC-Flour Bluff Unity Group                  |                   |                    |
| CC-Friday Night Speaker Meeting             |                   | 250.00             |
| CC-Happy Hour Meeting                       |                   |                    |
| <b>CC-Hilltoppers Group</b>                 |                   | <b>467.00</b>      |
| CC-Humility Group                           |                   | 200.00             |
| CC-Just for Today Group                     |                   |                    |
| CC-Lucky Ones                               |                   |                    |
| CC-New Attitude Meeting                     |                   | 494.70             |
| <b>CC-New Life Group</b>                    | <b>25.00</b>      | <b>205.00</b>      |
| <b>CC-New Phoenix Group</b>                 | <b>288.65</b>     | <b>3087.76</b>     |
| <b>CC-New Women's Group</b>                 | <b>134.20</b>     | <b>1327.66</b>     |
| <b>CC-Oso Group</b>                         | <b>154.89</b>     | <b>831.65</b>      |
| <b>CC-Roddfield Group (final dist)</b>      |                   | <b>500.00</b>      |
| CC-Saratoga Group                           |                   | 170.00             |
| <b>CC-Sunset 7 Group (N Padre Island)</b>   | <b>450.63</b>     | <b>1478.40</b>     |
| <b>CC-Turning Point Group</b>               |                   | <b>222.00</b>      |
| CC-Weber Road Nooners Group                 |                   | 1058.60            |
| District 7                                  |                   | 1000.00            |
| District 15                                 |                   | 500.00             |
| District 8D                                 |                   |                    |
| <b>Goliad-Open Arms Group</b>               |                   | <b>65.50</b>       |
| Hallettsville Group                         |                   | 35.00              |
| Karnes City-Mayfield Group                  |                   |                    |
| Kingsville-AL-K Group                       |                   |                    |
| Moulton Group                               |                   | 112.80             |
| <b>Mathis -Crossroads Group</b>             |                   | <b>275.00</b>      |
| Mathis - Unity Group                        |                   |                    |
| Port Aransas Group                          | <b>100.00</b>     | <b>300.00</b>      |
| Port Lavaca Group                           |                   |                    |
| Port O'Connor Group                         |                   |                    |
| Portland -Jaywalkers Group                  |                   |                    |
| Portland -Nueces Bay Group                  |                   |                    |
| Quarterly Meeting 7 <sup>th</sup> Tradition |                   |                    |
| Riviera-SASTO Group                         |                   |                    |
| Robstown Desire Group                       |                   |                    |
| Rockport-Happy Hour Group                   |                   |                    |
| Rockport-Fellowship Group                   |                   | 1000.00            |
| Schulenburg Group                           |                   |                    |
| Shiner Group                                |                   | 120.64             |
| Sinton-Grupo Secunda Chanza                 |                   |                    |
| Skidmore Group                              |                   |                    |
| Three Rivers-Choke Canyon Group             |                   | 50.00              |
| Victoria-Airport Group                      |                   |                    |
| Victoria-Back to Basics Group               | <b>331.67</b>     | <b>1509.44</b>     |
| Victoria-For Sinners Only Group             |                   | 45.00              |
| Victoria-Golden Slippers                    |                   | 77.08              |
| Victoria-High Nooners Group                 |                   |                    |
| Victoria-Main Stream Group                  | <b>75.00</b>      | <b>175.00</b>      |
| Victoria-Men's Group                        |                   |                    |
| Victoria-Unity Group                        | <b>17.92</b>      | <b>17.92</b>       |
| Victoria-Women's Group                      |                   | 15.00              |
| Yorktown Group                              |                   | 50.00              |
| <b>TOTAL</b>                                | <b>\$1,767.96</b> | <b>\$24,429.40</b> |

**Coastal Bend Intergroup Association  
Mission Statement**

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list

whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

**Services Provided**

1. Maintains an office which is open Monday through Friday from 7:30 to 11:30AM and 1:30 to 5:30PM. (normal hours)
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12 Step listing and calls individuals for 12 Step work.
4. Provides an A.A. listing in the Telephone directory.
5. Provides a 24-hour volunteer phone answering during hours when the office is closed.
6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
8. Purchases and sells "CONFERENCE APPROVED" literature, and non-conference approved Anniversary Medallions, Sobriety Chips.
9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
11. Maintains service committees for service work in the Coastal Bend Area.

**Detach here.**

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**Free e-Mail Subscription to the BENDER and BITS & PIECES**

**NAME:** \_\_\_\_\_.

**E-MAIL:** \_\_\_\_\_.

Easy ways to sign up for our two monthly publications:

- Send an email with the above information to [cbia@grandecom.net](mailto:cbia@grandecom.net) with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.

# Asociación Inter-grupo de la Zona Costera

## Declaración de Principios

La misión de la asociación inter-grupo de la zona costera es proveer el primer contacto vital al alcohólico en busca de ayuda. La oficina de AIZC [siglas en español, en inglés CBIA], se mantiene para el beneficio de aquellos que siguen sufriendo. Para cumplir con esta tarea tan importante la oficina de CBIA debe:

- Establecer una línea de ayuda las 24 horas
- Imprimir los horarios de las reuniones de AA
- Mantener una lista con los 12 Pasos

Con lo cual Grupos de AA e individuos puedan conducir llamados de los 12 Pasos, esenciales en el crecimiento de AA en la Zona Costera.

## Servicios Prestados

1. Horario de oficina, lunes a viernes de 7:30 a 11:30AM y de 1:30 a 5:30PM.
2. Provee información y referencias sobre A.A. .
3. Mantiene una lista de los 12 Pasos y listado de personas para trabajar los 12 pasos.
4. Provee un listado de A.A. en el directorio telefónico.
5. Provee servicio de voluntarios contestando llamadas las 24 horas mientras la oficina esta cerrada.
6. Publica los horarios de todos los grupos en el área costera sin costo.
7. Publica una hoja informativa, la "Coastal Bender", para mantener a los miembros de A.A. informados de los acontecimientos locales y de los eventos especiales A.A..
8. Compra y venta de literatura "Aprobada en Conferencia" ('CONFERENCE APPROVED'), y mercancía no aprobada como Medallones de Aniversario y Monedas de Sobriedad.
9. Conduce reuniones mensuales de fideicomisarios. Todos los miembros de Alcohólicos Anónimos son bienvenidos a estas reuniones asimismo es importante contar con su opinión.
10. Conduce Reuniones cada cuatro meses para evaluar a los grupos en actividades Inter-grupo y para buscar que participen en cuestiones de la CBIA.
11. Mantiene comités de trabajo para servicio en el área de la zona Costera.

# Los Grupos Hispaños

## HORARIO

(Rev. 3.1.2019)

### Grupos en Corpus Christi

- **Grupo Nueva Esperanza** (552 Old Robstown Road, Corpus Christi) **8:00 De la Noche** (todos los días).
- **Grupo Primer Paso** (1635 18<sup>th</sup> Street, Corpus Christi) **8:00 De la Noche** (Miercoles); **Mediodia** (Sabado).
- **Grupo Serenidad** (408 Brownlee, Corpus Christi) **8:00 De la Noche** (Martes y Domingo);
- **Grupo Tres Legados** (1019 S. Port, Corpus Christi) **8:00 De la Noche** (Lunes, Martes, Miercoles y Jueves);

### Grupo en Flatonia

**Grupo Flatonia** (208 E. North Main Street, Flatonia) **7:00 De la Noche** (Jueves)

### Grupo en Kingsville

**Grupo Un Dia a La Vez** (819 N. 3<sup>rd</sup>, Kingsville) **7:00 De la Noche** (Miercoles)

### Grupo en Moulton

**Grupo Moulton** (301 N. Hackberry, Moulton) **7:00 De la Noche** (Lunes)

### Grupo en Port Lavaca

**Grupo Nuevo Amanecer** (213 E. Austin, Port Lavaca) **7:00 De la Noche** (Lunes, Miercoles y Viernes)

### Grupo en Schulenberg

**Grupo Schulenberg** (901 Kallus, Schulenberg) **7:00 De la Noche** (Domingo)

### Grupo en Sinton

**Grupo Segunda Chance** (215 Sodville, Sinton) **8:00 De la Noche** (Martes y Viernes)