

THE BENDER

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 www.cbiaa.org

“When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that I am responsible.”



The Rockport Fellowship Group meets at the Rockport Friends Club House (814 Wharf Street in Rockport).

Step 4 - Courage

Step 4: Made a searching and fearless moral inventory of ourselves.

The principle behind the fourth step is courage. I had to ask God for the courage to look at core beliefs and survival strategies that dated back to childhood. I had to question my sacred cows and take a critical look at the way I had handled situations all my life. That meant digging up all the mistakes I had buried. It was not pretty. I had thought my defects were a well kept secret. In reality, **my shortcomings are what my friends call "the trouble with Rob."** In the first step, I got at the truth about the consequences of my drinking. In the fourth step, I got at the truth about the consequences of all my other behaviors.

My First Time -- The Big Book's 4-Column 4th Step

The most profound thing I can say about Step 4 is that thinking about it was much worse than actually doing it. The longer I procrastinated the more difficult I imagined it would be. After all, if it had been easy, I would have done it long ago. One of my stalling tactics was to do research. I must have found fifty ways to do a fourth step.

My second sponsor said, "You already know more than you will ever use. So **just do the best job you can do for today. Just DO IT! If you miss something, more will be revealed later and you can deal with it then.**" That fourth step was mostly a resentment inventory, as described in the Big Book (page 64 and following). On the front of each sheet, I wrote the name of the person I resented, how they had harmed me, and how it had affected me. That part flowed effortless from my pen. The challenge came when I had to write on the back of the previous sheet my part in each of these situations. I realized that in every case -

- My finger prints were on the knife used to stab me in the back;
- I had provoked their retaliation; or
- I had failed to set a boundary and then played my favorite Irish head game "Guess what I am mad about" when they crossed the imaginary line.

Step 4 - Courage (*Continued*)

4th Steps Focusing on a Specific Area

Subsequent fourth steps were more specific. After ending a 14-year relationship, I did an inventory on my part in the relationship. Owning my part made it possible for us to remain close friends. A sex inventory revealed that instead of being generous and simply enjoying this gift from God, I had often had an agenda -- to reward or punish ("You will be VERY happy!" or "You will NEVER get laid AGAIN!") A financial inventory revealed that I used money to fund all my other mischief and to cover up my mistakes. Finances is a great way for me to sabotage myself. I used not having enough money as an excuse for not doing things I was afraid to do and ended up not doing things I REALLY wanted to do.

Step Study Group (AWOL) - 12 Friends and over 120 Questions

The most comprehensive and thorough fourth steps I have done were part of step workshops called "AWOLs" (A Way Of Life), which I led for five years. We spent ten weeks on steps 4 and 5: two weeks studying the steps and eight weeks doing them. Each week the homework consisted of answering a lot of provocative and annoying questions in writing and reviewing my answers with my sponsor.

From this approach, **I came to appreciate the value of reviewing my work with my sponsor after I have written a few pages -- rather than waiting until the end.** My work on subsequent questions was informed by my sponsor's comments on my previous work. I also saw the benefit of having some success behind me before I tackled the most difficult issues. I had a relatively happy childhood, so that was a good place for me to start -- before I turned to my traumatic adolescence. Some people who had had a troubled childhood did well to start elsewhere. Finally, **it was helpful to have the pressure of working against an established time line and trying to keep up with about twelve other people.**

Step 4 - Courage (*Continued*)

And Now - Back to the Big Book with Four 4-Column Forms

My most recent fourth step used four forms designed to match the four parts of the Big Book Fourth Step. Each form had four or five columns as shown below:

- **Resentments**
 - Who do I resent?
 - Why am I angry?
 - What part of self was hurt or threatened?
 - Where was I to blame?
- **Fears**
 - What am I afraid of?
 - Why am I afraid?
 - What part of self failed me?
 - What part of self does the fear affect?
- **Sex**
 - Who was involved?
 - What did I do?
 - What is the exact nature of my wrong?
 - How did it affect others (*suspicion, jealousy, bitterness*)?
 - Who was harmed?
- **Other Harms**
 - Who did I harm?
 - What did I do or not do?
 - What part of self caused the harm?
 - What is the nature of my wrong?
 - What should I have done instead?

The instructions for the forms say to complete the first column, top to bottom before going on to the second column. Then complete the second column, top to bottom before going on to the third column. In other words, do not work across the form for each person / situation.

Step 4 - Courage (*Continued*)

My sponsor told me to complete the first two columns (*the who and what columns*) for the first form and then call. We did remaining columns together. If you think about it, there is a finite list of ways things affect me and my part can also be reduced to a finite list.

I have done 10 Fourth Steps over the last 36 years and this one was the most enlightened and the least painful and traumatic. I had no trouble listing who they were and what had happened on my own. But having my sponsor help me with the other two columns kept me objective and prevented me from getting bogged down in my own stuff.

And when we were done we could look down the third and fourth (*and, in some cases fifth*) columns and see the patterns. If my pride was hurt on every resentment and I became frightened and judgmental, that should tell me what I need to work on, with God's help.

As a sponsor, I think anybody wanting my help on a fourth and fifth step in the future will have a very hard time convincing me to do it any other way.

~ Rob M. (2.24.1985), Corpus Christi, TX

Minutes – CBIA Board of Trustees Meeting

February 8th, 2021

I. OPENING:

- **Anita** opened the meeting with the **Serenity Prayer** at 6:02 PM.
- **Parth** read the **CBIA Mission Statement**.
- **Barb** read the **General Warranties**.
- **Ronnie** read the **12 Traditions**.

II. ATTENDANCE:

- **Anita C-B** (*Chair*), **Barb C-S** (*Vice Chair*), **Michael B.** (*Financial Trustee*), **Amy M.** (*Trustee*), **Harry B.** (*Trustee*), **Ronnie B.** (*Trustee*), **Parth** (*Trustee*), **Rob M** (*Outgoing Office Manager*) and **Rita S.** (*Incoming Office Manager*) were present.
- **Kelly J.** (*Asst Office Manager*) was not present.

III. MINUTES:

- **Rob** read the minutes of the **Quarterly Meeting of January 25th**.
 - **Harry** moved to approve the minutes as read.
 - **Michael** seconded. Motion carried.

IV. FINANCIAL REPORTS:

- **Michael** (*Financial Trustee*) presented the **January Financial Report**.
 - **Balance Sheet:**
Total CBIA funds as of **January 31st** totaled **\$23,719.85**.
Petty Cash: **\$50.00**,
Checking: **\$13,458.82**,
Prudent Reserve: **\$12,619.68**, and
Jamboree Account: **\$1,105.99**
 - **Profit & Loss** for the month of **January:**
Group & Individual Contributions: **\$6,778.57**,
Gross Sales (*Books, Chips & Medallions*): **\$610.50**,
(*less Cost of Goods Sold \$404.89*),
Gross Gain for the month was **\$6,984.23**,
Total Expenses were **\$2,421.84**,
Net Gain for the month was **\$4,562.39**.
 - **Proposed Budget** for the **Fiscal Year 2021:**
Group & Individual Contributions **\$26,889.00**
Jamboree Contributions **\$0.00** (*No Jamboree in 2021*)
Spring Fundraiser **\$3,000.00**
Fall Fundraiser: **\$2,000.00**
Gross Sales (*Books, Chips & Medallions*): **\$6,996.00**,
(*less Cost of Goods Sold \$4,782.00*),
Gross Gain for the year: **\$34,103.00**,
Total Expenses: **\$36,543.00**.
Net loss for the year: **\$2,440.00**.
 - **Amy** moved to approve the **February Financial Report** and the **2021 Budget**. **Parth** seconded. Motion carried.

Minutes – CBIA Board of Trustees Meeting

February 8th, 2021 (*Continued*)

VII. SERVICE AREA REPORTS

- **12th Step- Parth** said he is on the schedule for February 26th. He also said he would speak to Rob about getting more volunteers for the 12-Step List from the rural areas.
Archives: Amy said she missed the Area Archive workshop. She talked about contacting Gail in Victoria to meet up with her to pick up the archives that Gail has at her home and work on getting that organized. Rob said the Archives in the office are organized in binders. She also talked about checking into how to keep the Archives safe from fire and hurricane
- **Bilingual – Open**
- **Coastal Bender Harry** said that he and Rob were working on the Bender to be out soon and he questioned what would happen when Rob leaves as Office Manager.
- **Corrections/Treatment Facilities: Ronnie** said he would have his credentials renewed to be able to go in the facilities and that he will work doing that.
- **Jamboree: Harry** has nothing to report, meetings for 2022 will not start until July.
- **Nominations: Michael** had nothing to report.
- **Public Information/Cooperation with Professional Community: Barb**-had nothing new to report.
- **Social: Anita** had nothing new to report.

VIII. OFFICE REPORT: Rob

- **Renewal of Insurance Policy. Rob** said we received an “As Is” renewal of our business insurance policy for **\$802 per year**. Last year it cost \$815. Under Texas law unpaid trustees of non-profits are exempt from liability in civil action as long as the company has liability insurance as provided by this policy. We shopped the coverage about three years ago. The lowest bid was over \$2,000 a year.
 - **Barb** moved to approve renewing our insurance policy for \$802. per year. **Ronnie** seconded; Motion carried.
- **Training: Rob** said training was going well. He has been able to show **Rita** how many of the tasks are done.

IX. OLD BUSINESS:

- **Spring Fundraiser Update. Rita** said the next Committee meeting is **Feb. 18th**. She is going to go to **South Shores Christian Church** to fill out paperwork for the date of **April 17, 2021** for the event. The committee is talking about drive through food and speakers on Zoom and on TV for people attending in person. Plenty of room for social distancing and gathering raffle and silent auction items.
- **Website Committee. Rita** said they had their seconded meeting, **Harry** and **Nic** are working on some ideas. Next Meeting is **February 24th at 7pm**.

X. NEW BUSINESS:

- None

XI. NEXT MEETING:

- Next **CBIA Board of Trustees meeting** will be on Monday **March 8th** at **6:00 PM** on Zoom.
- Next **CBIA Quarterly Association meeting** is scheduled for 6:00 PM on Monday **April 26th** on Zoom.

XII. CLOSING:

- **Parth** moved to adjourn. **Harry** seconded; Motion carried.
- **Anita** closed the meeting with prayer at **7:10 PM**.

Respectfully submitted,

Rob M.

Office Manager

CBIA Hours

CBIA BUSINESS HOURS

8:30 – 11:30 AM and 2:00 – 5:00 PM Monday - Friday (*except on Holidays*).

We will be continuing with a 30 hour week during 2021.

CBIA OFFICE HOURS

8:30 – 11:30 Monday, Wednesday, Thursday and Friday Mornings

2:00 – 5:00 Tuesday through Friday Afternoons

- **The office is open during these hours for picking up purchases.** Call ahead with your order and we can have it ready for pick up. If we are out of stock, we can let you know at that time. We can bring your purchases out to your car or out to you in the hall if you prefer. **Face masks are required if you are coming in the office, covering your nose and mouth at all times. This is a business decision which supersedes state and local government regulations.**
- **If these hours don't work for you, pickup can be arranged with staff by calling during business hours.**
- **CBIA PHONE NUMBER- (361) 992-8911** Calls are answered by staff during business hours and by helpline volunteers at lunch, after hours and on weekends and holidays.

CBIA HOLIDAYS

January **New Years Day**
May **Memorial Day**
July **Independence Day**

September **Labor Day**
November **Thanksgiving (2 Days)**
December **Christmas Day**

Special Events

SWTA 68 Pre-General Service Conference Assembly (*April 10 @ 9:00 AM - 4:30 PM*) Schedule for the event and Zoom details will be on Area Website just before the event or ask GSR or DCM in your area.

CBIA “Hand of AA” Fundraiser (*April 17th, 2021 on Zoom and face to face in CC*) Speakers on Zoom, Raffle and Silent Auction on Secret Facebook page has already started taking bids and selling tickets. Food, fun, and fellowship! (*See revised detail flyer attached*)

New Phoenix Group Anniversary (*May 1st 2021 at New Phoenix Club*) Fellowship, Food and Live Music, starts at 1pm. (*see attached flyer*)

Texas State AA Convention

(June 11-13, 2021 in Fort Worth)

Flyer is attached. Website is www.txaaconvention.org

Face-to-Face Meeting Changes

Meeting updates for F2F meetings.

If you would like to share your group's experience briefly in a paragraph, sharing what your meeting is doing during the pandemic and how it is working for your group, please feel free to send that to coastalbendintergroup@gmail.com and we will post here.

Aransas Pass Group adds new meetings.

Aransas Pass Group has added two new closed discussion meetings, a Women's Meeting on Wednesday at 6pm and a meeting for Newcomers on Sunday at 4:pm.

CC-Anything Goes changes Monday Meeting to 6:30P

Anything Goes will have meetings at 6:30 PM on Mondays and 7:00 PM on Thursdays at the Unitarian Universalist Church of Corpus Christi (6901 Holly).

CC-Bookmarks New Meeting Location

The Bookmarks Group has moved to **First Baptist Church** (3115 Ocean Dr. Room 268 CC, TX). They meet at 6pm on Mondays and Thursdays.

CC-Hilltoppers Meeting

The Hilltoppers meeting will start meeting back to face to face meetings Monday-Friday at noon on April 1st. **CC-Hilltoppers (Recovery on Line)** will be continuing on Zoom, see Zoom meetings.

CC-New Life Group will resume face to face on Thursday April 8th at 8pm at Most Precious Blood Family Center, Room 2-C.

Mathis Unity Group on Wednesday at 7pm. has changed their name to Mathis Crossroads.

Victoria-Back to Basics at 803 E Pine St. will be opening back up on to Face to Face meetings on Wednesday and Friday nights at 7pm. Doors open at 6:30pm for fellowship before the regular meeting. Daily 7pm meeting on Zoom will continue.

AA Meetings on Zoom

Alice-Recovery Crew,

7:00 PM Mon thru Thu Meeting ID 825 6450 3417, Password: 123456.

CC-Cullen Mall,

8 PM, Mon, Wed & Sat Meeting ID: 265 788 954 Password: 330022

CC-Friday Night Speaker Meeting

8 PM, Fri, Zoom ID: 538 295 5939 Password: 357766 **Now only on Zoom**

CC-Lucky Ones

Mon 7:00 PM Zoom ID: 889 4898 6322 Password: 665854

CC-Recovery Online (*Previously Hilltoppers*)

Mon - Sat 12:00 PM Meeting ID: 907 402 1032 Password 450339

CC-New Attitude Group

M, W & F 6:00 PM Meeting ID: 714 784 969 Password 954788

CC-New Phoenix Group

- Mon - Fri 6:30A Meeting ID: 886 9994 6374 Password: 336965
- Sat - Sun 7:00A Meeting ID: 962 866 373 Password: 018696

CC-New Women's

Mon & Thu 7 PM; Sat 11 AM Meeting ID: 580 495 1776 Password: NWGroup

CC-Sunset 7 Group

Mon & Wed 7:00 PM Meeting ID: 837 019 9098 Password: beach

CC-Turning Point

Wed & Sat 6:30 PM Meeting ID: 677 587 2132 Password: sober

CC-Weber Rd Nooners

12 Noon, Daily Meeting ID: 260 214 3828 Password: 676271

Portland-Nueces Bay

Mon, Wed and Thu 6:30 PM Meeting ID: 914 279 6854 Password: 192648

Rockport-Happy Hour

Mon, Wed, Fri 5:30 P Meeting ID: 865 7690 4190 Password: 0164

Victoria-Back to Basics

7 PM Daily Meeting ID: 662 621 1099 Password: 218223

Victoria-Mainstream,

Daily except Fri & Sun Noon Meeting ID: 698 545 080 Password: 003178

Victoria-For Sinners Only,

Sun 11:30 AM Meeting ID: 684 717 620 Password: 4SO#2020

AA Meetings on Zello

Why use Zello? It works on internet connections with limited speed and/or limited data and/or older smartphones.

HOW TO GET CONNECTED

Start by installing the APP Link for **Android**

<https://play.google.com/store/apps/details?id=com.loudtalks>

Apple Store download **FREE APP ZELLO WALKY TALKY**

Create an Account and sign in. (Probably want to use something that meets the 12th Tradition for remaining Anonymous.)

<https://support.zello.com/hc/en-us/articles/230749047-Zello-Android-User-s-Guide->

Searching for channels to add You can search for channels by using keywords, topics, or a specific name:

On the Main Screen, tap **CHANNELS** Tap the **Add Channel** icon in the lower right corner tap **Find a channel** Enter the name or keyword for a channel to search on Tap the Search icon See the channel you want? Tap on the name and then tap +ADD to add the channel to your Channels list. Search for "**CLEAN & SERENE GBLTQ STR8 FRIENDLY MEETING FRIDAY 8PM**" In Keeping with the 3rd Tradition "You are a member when you say you are."

Clean & Serene is a Str8 friendly AA Meeting for LGBTQ. Please respect the participants preferred pronouns but everyone must remember that voices can be deceiving. It will normally be set to OPEN but the trusted members will be able to MUTE problem Members.

CBIA Needs Ongoing Support

Background

Jamboree

Historically, the Coastal Bend Jamboree has provided 40% of CBIA income for the year (about \$15,000).

In 2020, the Jamboree was small due to competition from the S Padre Island Jamboree and the SE Texas Area Convention in Houston which were held the same weekend for the first time. Revenue was about half of previous years. Future CB Jamborees will be held in February to avoid this problem.

Restrictions necessary to avoid having the Jamboree be a super-spreader event have made it not economically viable to have a Jamboree in 2021.

Group Contributions

In the past, CBIA's second biggest source of revenue has been Group Contributions. Since COVID-19 came to this area in March of 2020, **some groups are not meeting at all, others are meeting only on Zoom; and the remaining groups are having smaller face-to-face meetings. Hence, total Group Contributions have been significantly reduced.**

Individual Contributions

We are inspired and grateful that individual members of our community have made up for the shortfall in 2020 revenues. Ongoing contributions from April on have sustained us. Large contributions in December 2020 and January 2021 (*within the annual limit of \$5,000*) have made us whole for the year. The larger contributions are expected to be a one-time thing. And with no Jamboree in 2021 and group contributions expected to continue to be reduced in 2021, **we will need ongoing individual support to make it through 2021.**

Other Fundraisers

Texas law allows 501c3 non-profit corporations like CBIA to have only two fundraiser events. Traditionally, this has been the Jamboree and a second event like Septemberfest, Octoberfest or Founders Day.

In the absence of a Jamboree we plan to have one fundraiser event in the spring and one in the fall of 2021. These will be more like District 7's Unity Day in Port Lavaca and / or CBIA's Septemberfest last year with a hybrid combination of face-to-face and Zoom events.

CBIA Needs Ongoing Support (*Continued*)

Where Are We Now?

	<u>Actual March 2021</u>
Contributions	10,997.06
Gross Sales	2,275.92
Cost of Goods Sold	(1493.86)

Gross Gain	11,779.12
Total Expenses	9203.25
Interest Income	.31

Net Gain	2,576.18

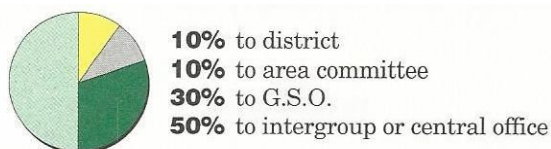
What Has the CBIA Board of Trustees Done?

We determined that we had previously reduced expenses as far as possible without cutting services, and we did not want to do that. We have also decided that to ensure the future of the organization it would be unwise to cover the entire shortfall from our prudent reserve.

However, the board decided to **move \$3,000 from Prudent Reserve (*Savings*) to Checking during the summer of 2020**. The board also voted to reduce hours & payroll by 25% so Kelly (*AM*) and Rob (*PM*) will work three hours rather than four each workday. As of August 1st, 2020, our hours are 8:30 – 11:30 AM and 2:00 – 5:00 PM Monday through Friday. The board also asked the Office Manager to ask the landlord about a smaller space / reduced rent. **The landlord will let us know when a smaller space becomes available.**

What Can a Group Do to Help?

The AA World Service pamphlet, **Self-Support: Where Money and Spirituality Mix, suggests** that AA Groups in areas served by an intergroup office distribute funds in excess of prudent reserve as shown below.



Thus, it is up to each group conscience to determine what (*if anything*) it contributes.

CBIA Needs Ongoing Support (*Continued*)

What Can a Group Do to Help? (*Continued*)

Your group might want to re-consider its contribution priorities temporarily. GSO and Intergroup have a bigger slice of the pie because they have much higher overhead (*salaries, office space, etc.*) than the other service entities. You might want to consider giving more to Intergroup and GSO and less to other service entities. Also, if your group has money earmarked that can be sent in earlier, that would be helpful.

What Can an Individual AA Member Do to Help?

As an expression of gratitude to AA for our sobriety, some of us give \$1 (*or more*) for each year of sobriety to CBIA in addition to or instead of the traditional birthday contribution to GSO. To emphasize this, we will list members of the current year Birthday Club in our monthly newsletter in lieu of the monthly list of birthdays. (*See Birthday Club in this issue.*)

We are also adding a **Memorial List** immediately after the Birthday Club list. Any AA member can contribute in memory of any AA member who has died in the current year. (*See Memorial List in this issue.*)

Individual member contributions in any amount (*up to \$5,000 per year*) are always gratefully accepted. To make contribution easier, we now accept **Venmo** (*CoastalBend-Intergroup*), **PayPal** (*under the Donate tab on our website www.cbiam.org*), and **Major Credit Cards** as well as **Checks** to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. **Some members have been using the recurring donation feature in PayPal to have a fixed amount (\$5, \$10, \$20, etc.) automatically donated each month. This is particularly helpful.**

2021 CBIA Birthday Club

NAME -----	HOME GROUP -----	SINCE -----	YEARS IN 2021 -----
Nancy G.	CC-Turning Point Group	01/01/1983	38 Years
Gail B.	Victoria-Golden Slippers	01/01/2011	10 Years
Terry K.	CC-Sunset 7	01/01/2000 [^]	21 Years
Sheila S.	CC-New Phoenix	01/07/2007	14 Years
Charlie B.	Victoria-Golden Slippers	01/09/2006	15 Years
Janice E.	CC-Hilltoppers Group	01/10/2000	21 Years
Ceil Mc K.	CC-Hilltoppers Group	01/10/1982	39 Years
Sandra E.	CC-Weber Road Nooners	01/20/2011	10 Years
Tom G.	CC-Turning Point Group	01/26/1984	37 Years
Ernest J.	CC-Flour Bluff Unity Group	02/15/2004	17 Years
Rob M.	Corpus Christi	02/24/1985	36 Years
Mike B.	CC-New Phoenix	03/05/2014	7 Years
Janeen H.	CC-Turning Point Group	03/08/2017	4 Years
Chris N.	CC-Oso Group	03/09/2009	12 Years
Rita S.	CC- Oso Group	03/13/1977	44 Years
Joe C.	CC-Hilltoppers Group	03/18/1981	40 Years
Mary C.	CC-Turning Point Group	03/22/1992	29 Years
Enrique M.	CC-Weber Road Nooners	03/30/2016	5 Years
Phyllis H.	Portland-Jaywalkers	04/01/2004	17 Years
Carol D.	CC-Oso Group Group	04/02/2010	11 Years
Cathy H.	CC-Bookmarks Group	04/06/1999	22 Years
Marlive F.	Corpus Christi	04/07/1987	34 Years
Kelly K.	Corpus Christi	04/18/1986	35 Years
Gale S.	Austin, TX	04/23/1994	27 Years
Fred C.	Corpus Christi	05/13/1987	34 Years
Linda K.	Kingsville-Al-K Group	05/20/1979	42 Years
Mary H.	CC-Women's Big Book	05/24/1995	26 Years
Jackie C.	Pleasanton	06/05/2014	7 Years
Gary L.	CC-New Phoenix Group	06/07/2009	12 Years
Marie A.	CC-Alanos Group	06/21/1991	30 Years
Robin P.	CC-Hilltoppers Group	06/22/1986	35 Years
Ramona S.	CC-Weber Road Nooners	07/08/2017	4 Years
Libby A.	CC-New Women's Group	07/12/1987	34 Years
April K.	Corpus Christi	08/20/1984	37 Years

2021 CBIA Birthday Club (*Continued*)

NAME	HOME GROUP	SINCE	YEARS IN 2021
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Scott McG.	CC-Hilltoppers Group	08/22/2002	19 Years
Pat E.	CC-New Women's Group	08/23/1987	34 Years
Butch R.	CC Weber Road Nooners	08/26/2006	15 Years
Mike Q.	Corpus Christi	08/28/2000	21 Years
Bernard S.	CC-Turning Point Group	08/29/1977	44 Years
Audrey H.	CC-Cullen Mall Group	09/01/2011	10 Years
Barb C-S	CC-New Women's Group	09/09/1985	36 Years
Valerie B.	CC-Weber Road Nooners	09/13/2017	4 Years
Heather D.	CC-Weber Road Nooners	09/23/2009	12 Years
Dave D.	Rockport Fellowship	10/04/1985	36 Years
Brandelyn M.	CC-New Phoenix Group	10/09/2009	12 Years
Patrick R.	CC-New Phoenix Group	10/09/2009	12 Years
Harold B.	CC-Weber Road Nooners	10/18/2007	14 Years
Arthur A.	CC-Hilltoppers Group	10/19/1998	23 Years
Tim R.	CC-New Phoenix Group	10/21/2011	10 Years
Betsy H.	CC-New Women's Group	10/22/2010	11 Years
Kruger D.	CC-New Phoenix Group	10/23/2009	12 Years
Eddie M.	CC-Weber Road Nooners	10/28/2005	16 Years
Debbie B.	CC-Weber Road Nooners	10/31/2000	21 Years
Mary G.	CC-Hilltoppers Group	11/03/1986	35 Years
Margaret P.	CC-Hilltoppers Group	11/06/2006	15 Years
Loralei D.	CC-New Women's Group	11/06/1984	37 Years
Joanie J.	CC-Bookmarks Group	11/28/2015	11 Years
Larry H.	Rockport Fellowship	12/04/1990	31 Years
James H.	CC-Bookmarks Group	12/17/1993	28 Years
Joe Mc M.	CC-Hilltoppers Group	12/21/1980	41 Years
Tony P.	CC-Hilltoppers Group	12/23/1978	43 Years
John K.	CC-Cullen Mall Group	12/25/1995	26 Years
Lois H.	CC-New Women's Group	12/29/2007	14 Years

Birthday Club Members are people who have made an individual contribution to CBIA of \$1.00 or more for each year of sobriety during that calendar year. They will be listed in each Bender from the month after the donation to the end of the year. Monthly donors (\$5 or more) and people who contribute \$100 or more will be listed for one additional year. Donations can be made by **PayPal** under the Donate option on our website (www.cbiam.org), by **Venmo** to **CoastalBend-Intergroup** (For anonymity, it is recommended that Venmo settings make the transaction private.) or by **check** to **CBIA**, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. Please indicate Home Group or City and Sobriety Date. Let us know if you do not want your birthday listed in the Bender.

Memorial Contributions

Name -----	Home Group -----	Departed -----
Roger B.	Corpus Christi	01/13/2020
Bobby P.	CC-Mountain Toppers	04/23/2020
Kari Sue P.	CC-Mountain Toppers	05/19/2020
Tom G.	CC-New Phoenix Group	05/24/2020
Leo J.	CC-New Phoenix	05/30/2020
Charles K.	CC-Weber Road Nooners	06/15/2020
Randy F.	Corpus Christi	07/28/2020
John O.	CC-Hilltoppers	11/04/2020
Jorgé T.	CC-New Attitude	11/15/2020
Philip B.	CC-Cullen Mall	12/17/2020
Zane R.	Laredo (<i>Prev. Weber Nooners</i>)	01/12/2021
Marsha R.	CC-New Women's Group	01/15/2021
John L.	Corpus Christi (<i>Rodd Field Alum.</i>)	02/06/2021
Lupé M.	CC-Grupo Tres Legados	02/23/2021

Memorial Donations can be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meeting is not required as long as they died sober (*with allowance for medically supervised pain meds as under hospice care*). Suggested donation of \$1 per year of sobriety or a minimum of \$5. They will be listed in each Bender from the month after the donation to the end of the year. Donations of \$100 or more will be listed for one additional year.

Donations can be made by PayPal under the Donate option on our website (www.cbiala.org), by Venmo to CoastalBend-Intergroup (*For anonymity, it's recommended that Venmo settings make the transaction private.*) or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX). Please indicate Home Group or City and date of death.

Service Opportunities

Corrections Facilities

Because of the pandemic, facilities are not allowing outside volunteers in. The mandatory Department of Corrections volunteer training is now available online.

Helpline / 12 Step List

The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday or 8 AM Sunday to 8 AM Monday). A minimum of six months sobriety is required to answer the phones. We need a few additional helpline volunteers at present.

If a caller needs help beyond meeting information, the helpline passes them to someone on the **12-Step List** for a longer conversation on how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12 Step List. We especially need people (particularly women) in the outlying areas.

If you would like to be on the Helpline or the 12-Step List, call Kelly or Rob at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday thru Friday.

Local Stories Wanted For the Coastal BENDER

Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grandecom.net in a Word document or similar format.

District Meetings

District 7

(Victoria Area)

The next District 7 meeting will be at 10:00 AM on Saturday, **May 22nd** on Zoom Meeting.

Meeting ID: **662 621 1099**

Password: **218223**

District 8D

(Corpus Christi)

The next District 8D meeting will be at **2:00 PM** on **Saturday, April 24th on Zoom and at New Phoenix Club.**

Meeting ID: **843 0854 7661**

Password: **District8D**

District 8E

(Corpus Christi and West)

The next District 8E meeting will be at **9:30 AM** on Saturday, **April 17th** at the Calallen Pass It on Club.

District 15

(Northeast of Corpus Christi)

The next District 15 meeting will be at **2:00 PM** on Saturday, **April 24th** on **Zoom.**

Meeting ID: **711 9679 0462**

Password: **D15**

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held Monday **April 12th** at 6:00 PM on Zoom.

CBIA Quarterly Association Meeting will be held Monday **April 26th** at 6:00 PM on Zoom.

District Meetings

See Bits & Pieces section for information on district meetings in the Coastal Bend area:

District 7 (Victoria Area)

District 8D (Corpus Christi Area)

District 8E (Corpus Christi Area)

District 15 (Portland, Port A, AP, Rockport Area)

Group Announcements

New Phoenix Group Conscience is held the first Sunday of the month at 1:15 PM. **Birthday Night** is first Saturday of the month at 8:00PM. (5433 S. Staples, Suite F in The Boardwalk.)

Hilltoppers Group Conscience is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

Weber Road Nooners Group Conscience is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are celebrated the first Monday of each month at noon. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

Calallen Group Conscience is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthday Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

Flour Bluff Unity Group Conscience is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

Turning Point Group Conscience is held the 1st Wednesday of each month. **Birthday Meeting** is last Saturday of the month.

Contributions

GROUP NAME	Mar 2021	YTD 2021
Alice Group		
Anonymous/Individual Contribution	458.00	6218.00
Aransas Pass Group		
Beeville-Shepherd's Group		
CC-Alanos		
CC-Bookmarks Group		
CC-Calallen Group		
CC-Crosstown Group		
CC-Cullen Mall Group		
CC-Day of AA		
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's Place		
CC-Fifth Tradition Group		517.50
CC-Flour Bluff Unity Group		
CC-Friday Night Speaker Meeting		
CC-Happy Hour Meeting		88.00
CC-Hilltoppers Group		100.00
CC-Humility Group		
CC-Just for Today Group		
CC-Lucky Ones		
CC-Mountain Toppers		
CC-New Attitude Meeting		
CC-New Life Group	10.00	30.00
CC-New Phoenix Group	31.50	57.00
CC-New Women's Group	100.00	336.00
CC-Oso Group		222.32
CC-Roddfield Group (final dist)		500.00
CC-Saratoga Group		
CC-Sunset 7 Group (N Padre Island)		380.25
CC-Turning Point Group		222.00
CC-Weber Road Nooners Group		
District 7		
District 8C		
Goliad-Open Arms Group		65.50
Hallettsville Group	10.00	10.00
Karnes City-Mayfield Group		
Kingsville-AL-K Group		
Moulton Group		
Mathis -Crossroads Group	50.00	100.00
Mathis - Unity Group		
Port Aransas Group		
Port Lavaca Group		
Port O'Connor Group		
Portland -Jaywalkers Group		
Portland -Nueces Bay Group		
Quarterly Meeting 7 th Tradition		
Riviera-SASTO Group		
Robstown Desire Group		
Rockport-Happy Hour Group		
Rockport-Fellowship Group	1000.00	1000.00
Schulenburg Group		
Shiner Group		120.64
Sinton-Grupo Secunda Chanza		
Skidmore Group		
Three Rivers-Choke Canyon Group	50.00	50.00
Victoria-Airport Group		
Victoria-Back to Basics Group	832..77	832.77
Victoria-For Sinners Only Group		45.00
Victoria-Golden Slippers		77.00
Victoria-High Nooners Group		
Victoria-Main Stream Group	25.00	25.00
Victoria-Men's Group		
Victoria-Unity Group		
Victoria-Women's Group		
Yorktown Group		
TOTAL	2,567.27	10,997.06

Addresses for Group Contributions

Coastal Bend Intergroup (Suggested 50% *)

CBIA

3833 S. Staples Suite S-212
Corpus Christi, TX 78411

Districts (Suggested 10% *)

District 7 Treasurer

P.O. Box 5324
Victoria, TX 77903

District 8D Treasurer

P.O. Box 61135
Corpus Christi, TX 78466

District 8E Treasurer

% Dina P.
6013 Liptonshire Drive
Corpus Christi, TX 78415

District 15 Treasurer

% Mike L.
511 Gulf
Port Aransas, TX 78373

Area 68 Southwest Texas (Suggested 10% *)

SWTA 68 Treasurer

P.O. Box 716
Bastrop, TX 78602

General Service Office (Suggested 30% *)

GSO

P.O. Box 459
New York, NY 10163-0459

“* Suggested percentages are from AA Pamphlet F-3, **SELF-SUPPORT: Where Money and Spirituality Mix** (Available on our web site: cbiaa.org under DONATE). Group Contributions are always at the discretion of the group conscience.

Coastal Bend Intergroup Association MISSION STATEMENT

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list

whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Coastal Bend Intergroup Association SERVICES PROVIDED

1. Maintains a physical office. Maintains business hours from 8:30 to 11:30AM and 2:00 to 5:00 PM.
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12 Step listing and calls individuals for 12 Step work.
4. Provides a 24 hour helpline manned by volunteers in the evenings and on weekends.
5. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
6. Publishes a monthly newsletter, the Coastal BENDER, to keep A.A. members informed of local A.A. affairs and special events.
7. Purchases and sells Conference-Approved literature, and non-conference approved Anniversary Medallions and Sobriety Chips.
8. Conducts monthly Trustee meetings. Any member of Alcoholics Anonymous on the agenda is welcome to attend. Group GSR's and IGR's are always welcome to attend.
9. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
11. Develops and maintains a website.

Asociación Inter-grupo de la Zona Costera Declaración de Principios

La misión de la asociación inter-grupo de la zona costera es proveer el primer contacto vital al alcohólico en busca de ayuda. La oficina de AIZC [siglas en español, en inglés CBIA], se mantiene para el beneficio de aquellos que siguen sufriendo. Para cumplir con esta tarea tan importante la oficina de CBIA debe:

- Establecer una línea de ayuda las 24 horas
- Imprimir los horarios de las reuniones de AA
- Mantener una lista con los 12 Pasos

Con lo cual Grupos de AA e individuos puedan conducir llamados de los 12 Pasos, esenciales en el crecimiento de AA en la Zona Costera.

Asociación Inter-grupo de la Zona Costera

SERVICIOS PRESTADOS

1. Horario de oficina, lunes a viernes de 7:30 a 11:30AM y de 1:30 a 5:30PM.
2. Provee información y referencias sobre A.A. .
3. Mantiene una lista de los 12 Pasos y listado de personas para trabajar los 12 pasos.
4. Provee un listado de A.A. en el directorio telefónico.
5. Provee servicio de voluntarios contestando llamadas las 24 horas mientras la oficina esta cerrada.
6. Publica los horarios de todos los grupos en el área costera sin costo.
7. Publica una hoja informativa, la "Coastal Bender", para mantener a los miembros de A.A. informados de los acontecimientos locales y de los eventos especiales A.A..
8. Compra y venta de literatura “Aprobada en Conferencia” (‘CONFERENCE APPROVED'), y mercancía no aprobada como Medallones de Aniversario y Monedas de Sobriedad.
9. Conduce reuniones mensuales de fideicomisarios. Todos los miembros de Alcohólicos Anónimos son bienvenidos a estas reuniones asimismo es importante contar con su opinión.
10. Conduce Reuniones cada cuatro meses para evaluar a los grupos en actividades Inter-grupo y para buscar que participen en cuestiones de la CBIA.
11. Mantiene comités de trabajo para servicio en el área de la zona Costera.

Los Grupos Hispaños HORARIO

Grupos en Corpus Christi

- **Grupo Nueva Esperanza** (552 Old Robstown Road, Corpus Christi) **8:00 De la Noche** (todos los dias).
- **Grupo Primer Paso** (1635 18th Street, Corpus Christi) **8:00 De la Noche** (Miercoles); **Mediodia** (Sabado).
- **Grupo Serenidad** (408 Brownlee, Corpus Christi) **8:00 De la Noche** (Martes y Domingo);
- **Grupo Tres Legados** (1019 S. Port, Corpus Christi) **8:00 De la Noche** (Lunes, Martes, Miercoles y Jueves);

Grupo en Flatonia

Grupo Flatonia (208 E. North Main Street, Flatonia) **7:00 De la Noche** (Jueves)

Grupo en Kingsville

Grupo Un Dia a La Vez (819 N. 3rd, Kingsville) **7:00 De la Noche** (Miercoles)

Grupo en Moulton

Grupo Moulton (301 N. Hackberry, Moulton) **7:00 De la Noche** (Lunes)

Grupo en Port Lavaca

Grupo Nuevo Amanecer (213 E. Austin, Port Lavaca) **7:00 De la Noche** (Lunes, Miercoles y Viernes)

Grupo en Schulenberg

Grupo Schulenberg (901 Kallus, Schulenberg) **7:00 De la Noche** (Domingo)

Grupo en Sinton

Grupo Segunda Chance (215 Sodville, Sinton) **8:00 De la Noche** (Martes y Viernes)

Free email Subscription to Coastal BENDER

NAME: _____

EMAIL: _____

Easy ways to sign up for a free email subscription to the Coastal BENDER:

- Send an e-mail with the above information to cbia@grandecom.net with the caption "ADD TO BENDER DIST."
- Detach a mail to or drop off at the CBIA Office (3833 S Staples Suite S-212, Corpus Christi, TX 78411).

Detach here.

Detach here.

Coastal BENDER MISSION STATEMENT

Our primary purpose is to carry the AA message to the still suffering alcoholic. A secondary purpose of **The Bender** is to keep the CBIA Area of South Texas informed as to the events, meeting changes, Board of Trustee actions / decisions, and other news of interest to AA's in the area. Finally, as a newsletter we provide a forum for the broad spectrum of views held by our members. Publication of any article submitted will be at the discretion of the Bender Editor as advised by the CBIA Board. A controversial subject, as long as it does not concern an outside issue and involves principles and not personalities, will be considered for publication. As a general guideline, any letter or article that is of interest to members of AA and in good taste is worthy of publication. However, an article or letter that advocates ignoring or violating the Traditions, Concepts, or General Service Conference actions will not be considered for publication. All decisions will be made under the direction of God as expressed through our group conscience.