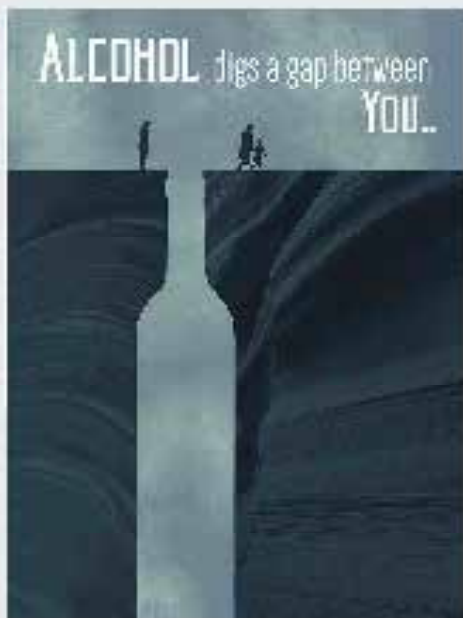




# THE BENDER

**“When anyone,  
anywhere, reaches out  
for help, I want the  
hand of AA always to  
be there. And for that  
I am responsible.”**



**CBIA, 3833 S. Staples Suite  
S-212, Corpus Christi, TX  
78411**

**(361) 992- 8911 or Toll  
Free 1 (866) 672-7029**

**[www.cbiaa.org](http://www.cbiaa.org)**

*The mission of the Coastal Bend  
Intergroup Association is to provide the  
vital first contact to the alcoholic  
seeking help.*



**All Saints Episcopal Church** (3026 S. Staples in Corpus Christi) hosts **Turning Point** which has an Open Literature Study meeting at **6:30 PM** on **Wednesdays** and an Open Discussion Meeting at **6:30 PM** on **Saturdays**. During the COVID19 Pandemic, all meetings are **only on Zoom**.

***We were grateful that Reason had brought  
us so far.***

***BB We Agnostics, p.53***

**CONTENTS. 1 – Cover, 2-4 – Step 3 (Faith), 5 – 6 Minutes (Jan. Board Meeting), 7–8 Minutes (Jan. Quarterly Meeting) 9 – CBIA Hours, 10 – Special Events, 11 – Face-to-Face Meeting Changes, 12 – AA Meetings on Zoom, 13 – AA Meetings on Zello, 14-16 CBIA Needs Ongoing Support, 17-18 Birthday Club, 19 – Memorials, 20 – Service Opportunities, 21 – District Meetings, 22 – Group Contributions, 23-Addresses for Contributions, 24 – Mission Statement, 25 – Services Provided, 26-27 Spanish Pages, 28 – Bender Subscription Form.**

## Step 3 - Faith

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### Step 3: Made a decision to turn our will and our lives over to the care of God as we understood him.

I'm a photographer and I think like one. When it comes to running my own life, I have the perspective of someone looking at a photograph taken with a macro close-up lens, focused on a single leaf. Not only can't I see the forest, I can't even see the tree. I'm also limited in time (*the moment the photo was taken*), so I can't see the tree grow and change through the four seasons. I need guidance from someone whose perspective is not limited in time and space, like mine. Hence, my need to rely on God.

Life happens in the present, in what my friend the late Eve Smith called 'this red hot moment'. While life has to be lived moving forward, it can only be understood looking back. God's guidance only comes when I'm moving forward. So I have to row the boat trusting that God will guide me. I've learned that not much happens unless I do some rowing (*God don't row.*)

I've also learned that if I ask, God will steer. God does not help those who help themselves, as I was told as a child. God helps those who ask and then cooperate with him. He may not always take me to the destination I had in mind, but He will always take me where I need to be. When I look back at some of the tricky places we've come through, I can see that God guided me through it all, doing for me what I could not do for myself.

When I'm on the right track, sometimes God's guidance comes with doors opening, as if by magic. I get little signs like a rainbow or a perfect parking space or an amazing coincidence. That tells me to keep going. When I'm off track, nothing I do works, I feel like I'm swimming upstream. Doors close and lock. That tells me I need to stop and ask for directions. Step 3 is about choosing to live my life this way, with God's guidance. A good Step 3 prayer is to ask God to "Bless it or block it."

*Imagine life without faith!*

*BB We Agnostics, p.54*

## Step 3 - Faith *(Continued)*

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When my friend in Boston was in a stroke rehab, I sometimes went with him to doctor appointments in a wheelchair van. The drivers, some of whom had very little sense of direction, were directed by a GPS system. They punched in our destination. By satellite, the navigation system knew where we were and would tell the driver the next right thing to do. For example, "Bear right onto Storrow Drive - Inbound." When the driver instead went left onto Storrow Drive - Outbound," my first thought was "You idiot. You can't get downtown on the outbound parkway." By contrast, the GPS said "Re-calculating. Exit Storrow Drive at Kenmore . . ." There was no judgment, no punishment, just the next right thing, given where you are now. My higher power's guidance is like that -- no judgment, no punishment, just the next right thing, given where I am now. It's never too late to get on track.

I had spent most of my life before I got sober trying to manipulate other people into doing my foot work, while I tried to force the result I wanted. In other words, I was turning my job over to other people and trying to do God's job myself. As far as my foot work is concerned, I've learned that if people do it FOR you, they will do it TO you. As far as God's job is concerned, when I get my knickers in a twist, it's usually because I have been entertaining the possibility that this time Rob's will, not God's, will be done. In 28 years, that has not happened yet.

There was a specific moment in my recovery when I made a decision to put my life and will in God's hands. *(It had previously been in the hands of an alcoholic idiot.)* This was a commitment I made to God, to myself and to my sponsor. After that, I am out of integrity any time I take it back. Today when I'm huffing and puffing and struggling to get the result I want, I just need someone to remind me, "I thought you made a decision." My reply is always, "I forgot." Any time I want to know whether something was my will or God's will, I just need to ask myself, "Did I make it happen or did I let it happen?" If I made it happen, it was my will. If I let it happen, it was God's will.

One way this step has been significant in my recovery is that it represents an implicit commitment to do all of the remaining steps. As a recovering alcoholic, I believe it is God's will for me to work the steps, in order, as prescribed in the Big Book and the 12 & 12, with the guidance of a sponsor. *(This is not a self-help program. I have needed adult supervision all along the way.)* Without doing that work, I would be pretty much useless to myself and to others. Before taking the third step, I resisted the suggestions of the program. I had to be persuaded to go to 90 meetings in 90 days *(I was too busy for that.)*, to get a sponsor *(I thought I could figure it out for myself.)*. After taking the third step, they just had to say "I thought you made a decision."

## Step 3 - Faith *(Continued)*

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Saying the Third Step Prayer every morning is a great way to remind myself of this decision; to recommit on a daily basis:

"God I offer myself to You, to build with me and to do with me as You will. Relieve me of the bondage of self, that I may better do your will. Take away my difficulties, that victory over them may bear witness to those I would help of Your Power, Your Love and Your Way of Life. May I do your will always."

Sometimes I put this in my own words and say, "Let me know what you want me to do today. Give me the desire and the discipline to do that and only that. Remove any obstacles, including my defects, that get in the way."

One area where I have gone astray with this step involves falling in love. (*Benjamin Franklin once said that "Falling in love is a grave mental illness."*) I would think, "This is the one, the chance of a lifetime, so I'd better make it happen." One of my friends says, "The opportunity of a lifetime comes around about once every six weeks." Several years ago, I began saying this prayer whenever I find myself obsessing about another person:

Take my thoughts and feelings for \_\_\_\_\_ and use them for your purposes. Allow this to unfold according to your plan.

This has prevented me from obsessing and has made it possible for me to play it out and let it unfold as it was meant to unfold (*or, more often, NOT*).

The principle behind Step 3 is FAITH. It is the faith that God will not give me more than I can handle today, with His help and the help of this program. It is trusting that if I seek His will and do my best to carry it out on a daily basis, the future will work out as it's supposed to. It is the certainty that however things unfold, I will be all right. My job is to tend my garden and let God take care of everything else. My biggest challenge is to let other people be just as they are. When I do these simple things, life unfolds before me as if by magic.

If you do the Third Step properly, your own life is none of your business. That means I can live my life fully and enjoy each moment without worrying about the future.

~ Rob M. (2.24.1985) Corpus Christi, TX

# Minutes January Board Meeting 1-11-2021

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## I. OPENING:

- **Gail** opened the meeting with the **Serenity Prayer** at **6:02 PM**.
- **Parth** read the **CBIA Mission Statement**.
- **Amy** read the **General Warranties**.
- **Linda** read the **12 Traditions**.

## II. ATTENDANCE:

- **Gail B.** (*Chair*), **Enrique M.** (*Vice Chair*), **Linda K.** (*Financial Trustee*), **Amy M.** (*Trustee*), **Anita C-B** (*Trustee*), **Barb C-S.** (*Trustee*), **Michael B.** (*Trustee*), **Ronnie B.** (*Trustee*), **Parth S.** (*Victoria Main Stream*), **Rita S.** (*Incoming Office Manager*) and **Rob M.** (*Outgoing Office Manager*) were present.
- **Harry B.** (*Trustee*) and **Kelly J.** (*Asst Office Manager*) were not present.

## III. MINUTES:

- Minutes of the **Board Meeting** of **December 14<sup>th</sup>** were reviewed.
  - **Linda** moved to approve the minutes as read. **Enrique** seconded. Motion carried.

## IV. FINANCIAL REPORTS:

- **Linda** (*Financial Trustee*) presented the **December Financial Report**.
  - **Balance Sheet:**  
Total CBIA funds as of **December 31<sup>st</sup>** totaled **\$23,719.85**; **\$50.00** in Petty Cash; **\$9,932.18** in Checking; **\$12,619.68** in Prudent Reserve; and **\$1,117.99** in the Jamboree Account.  
**Profit & Loss for the month of December:** Group & Individual Contributions **\$7,495.00**; Gross Sales (*Books, Chips & Medallions*): **\$468.50**; (*less Cost of Goods Sold \$326.75*); Gross Gain for the month was **\$7,636.75**; Total Expenses were **\$3,031.52**; for a Net Ordinary Income of **\$4,605.23** for the month; Interest Income was **\$0.31**; For a Net Profit of **\$4,605.54** for the month.
  - **Profit & Loss for the Year of 2020:**  
Miscellaneous Income/Refunds was **\$102.00**; Group & Individual Contributions **\$27,347.30**; Jamboree Contributions **\$7,500.00**; Social Events Income was **\$1,901.00**; (*less cost of Social Events \$20.70*); Gross Sales (*Books, Chips & Medallions*): **\$7,272.24**; (*less Cost of Goods Sold \$5,005.52*); Gross Gain for the year was **\$39,096.32**; Total Expenses were **\$33,976.37**; for Ordinary Income of **\$5,119.95** for the year; Miscellaneous Expenses were **\$102.00**; Interest Income was **\$2.32**; for a net profit of **\$5,020.27** for the year.
- **Enrique** moved to approve the **December Financial Report**. **Barb** seconded. Motion carried.

## V. ELECTION OF TRUSTEE (*Replacing Judy McG*) (**Gail**)

- **Linda** moved to elect **Parth to the Board of Trustees** by acclamation. **Amy** seconded. Motion carried.

## VI. ELECTION OF OFFICERS For 2020 (**Gail**)

- **Linda** moved to elect **Anita** to be **Chair**, **Barb** to be **Vice Chair** and o be **Financial Trustee** by acclamation. **Ronnie** seconded. Motion carried.



# Minutes January Board Meeting 1-11-2021

**Rob** said **Outgoing Trustees** have now completed their service commitments. Thank you for your service.

- **Gail** (*Chair of the Board and Archives Trustee from the Victoria Golden Slippers Group*)
- **Enrique** (*Vice Chair & Bilingual Trustee from the Corpus Christi Weber Nooners Group*) and
- **Linda** (*Financial Trustee and Corrections & Treatment Trustee from the Kingsville AL-K Group*)

## VII. SERVICE AREA ASSIGNMENTS for 2020 (Anita)

- 12th Step for 2021: Parth
- Archives for 2021: Amy
- Bilingual for 2021 - Open
- Coastal Bender for 2021: Harry
- Corrections/Treatment Facilities for 2021: Ronnie
- Jamboree for 2021: Harry
- Nominations for 2021: Michael
- Public Information/Cooperation with Professional Community for 2021: Barb
- Social for 2021: Anita

## VIII. OFFICE REPORT:

- Office Update – **Rob** said **Rita** has started training with **Kelly** on Friday mornings and with **Rob** on Friday afternoons.

## IX. OLD BUSINESS:

- **Spring Fundraiser Update.** **Rita** said the Spring Fundraiser will probably be a hybrid event. We have a committee working on it.
- **Update of Social Events for 2020.** **Anita** said we will have only one social event – a fundraiser in the fall, like we did last year.
- **Website Committee.** **Rita** said the first committee meeting went well (*Harry, Rob, Nick G., Michael H., and Rita attended.*) We discussed objectives, **Harry** presented his project methodology, and everyone is tasked with checking out AA and non-AA websites for ideas before our next meeting, which will be **February 3<sup>rd</sup>**.

## X. NEW BUSINESS:

- None

## XI. NEXT BOARD MEETING:

- Next CBIA Board of Trustees meeting will be on Monday **February 8<sup>th</sup>** at **6:00 PM** on **ZOOM**.

## XII. NEXT QUARTERLY MEETING:

- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday **January 25<sup>th</sup>** on **ZOOM**.

## XIII. CLOSING: Our Father.

- **Amy** moved to adjourn. **Parth** seconded. Motion carried.
- **Anita** closed the meeting with prayer at **7:16 PM**.

Respectfully submitted,

**Rob M.**

Office Manager

# CBIA Quarterly Meeting

## 1-25-2021

---

### I. OPENING:

- **Anita** opened the meeting with the **Serenity Prayer** at **6:00 PM**.
- **Rae** read the **CBIA Mission Statement**.
- **Barb** read the **General Warranties**.
- **Ronnie** read the **12 Traditions**.

### II. ATTENDANCE:

- **Anita C-B.** (Chair), **Barb C-S** (Vice Chair), **Michael B.** (Financial Trustee), **Amy M.** (Trustee), **Harry B.** (Trustee), **Parth S.** (Trustee), **Ronnie B.** (Trustee), **Rob M.** (Outgoing Office Manager), **Rita S.** (Incoming Office Manager), and **Kelly J.** (Asst Office Manager) were present.
- **Butch** (Weber), **Carolyn C.** (IGR – Weber), and **Rae T.** (IGR – Bookmarks) were present.

### III. MINUTES:

- Previously approved **minutes of the last Quarterly Meeting** were reviewed.
- **Minutes of the last Board Meeting** were reviewed.
  - **Michael** moved to approve the minutes as read. **Barb** seconded. Motion carried.

### IV. FINANCIAL REPORTS:

- **Michael** (Financial Trustee) presented the previously-approved **December Financial Report:**
- **Balance Sheet:**
  - Total CBIA funds as of **December 31<sup>st</sup>** totaled **\$23,719.85**.
  - \$50.00** in Petty Cash
  - \$9,932.18** in Checking
  - \$12,619.68** in Prudent Reserve and
  - \$1,117.99** in the Jamboree Account.
- **Profit & Loss** for the month of **December:**
  - Group & Individual Contributions: **\$7,495.00**
  - Gross Sales (Books, Chips & Medallions): **\$468.50**
  - (less Cost of Goods Sold: **\$326.75**)
  - Gross Gain for the month was **\$7,636.75**.
  - Total Expenses were: **\$3,031.52**,
  - for a Net Ordinary Income of **\$4,605.23** for the month.
  - Interest Income was **31 cents**
  - For a Net Profit of **\$4,605.54** for the month.
- **Profit & Loss for the Year of 2020:**
  - Miscellaneous Income/Refunds was **\$102.00**
  - Group & Individual Contributions: **\$27,347.30**
  - Jamboree Contributions: **\$7,500.00**
  - Social Events Income was **\$1,901.00**
  - (less cost of Social Events **\$20.70**)
  - Gross Sales (Books, Chips & Medallions): **\$7,272.24**
  - (less Cost of Goods Sold **\$5,005.52**)
  - Gross Gain for the year was **\$39,096.32**.
  - Total Expenses were **\$33,976.37**.
  - For Ordinary Income of **\$5,119.95** for the year.
  - Miscellaneous Expenses were **\$102.00**.
  - Interest Income was **\$2.32**.
  - For a net profit of **\$5,020.27** for the year.

### V. Acknowledgement of Outgoing Trustees – **Anita** thanked outgoing trustees for their service:

- **Gail B.** (Victoria–Golden Slippers) – **Chair. Archives Trustee & Nominations Trustee**
- **Enrique M.** (CC – Weber Nooners) – **Vice Chair & Bi-Lingual Trustee**
- **Judy Mc G.** (Goliad – Open Arms) – **12 Step Trustee.**

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# CBIA Quarterly Meeting

## 1-25-2021

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### VI. SERVICE AREA REPORTS

- 12th Step – **Parth** said he has joined the Helpline Committee and will begin answering the phones after hours once a month starting in February.
- Archives – **Amy** said she will attend the Archives session at the Winter Workshop.
- Bilingual – **Open**. **Rob** said if anyone is willing to be the Bilingual Trustee they can recruit a Committee Chair who speaks Spanish.
- Coastal Bender: **Harry** said he and **Rob** got out the Bender a little late this month, but it looked good.
- Corrections/Treatment Facilities: **Ronnie** said he has been doing Corrections service work in Europe and in the United States for many years. He looks forward to Texas state corrections facilities allowing outsiders in for AA Meetings.
- Jamboree: **Harry** (*on Hiatus until work begins next summer for the 2022 Jamboree*).
- Nominations: **Michael**. **Rob** said next summer we will need to start recruiting candidates to stand for Trustee at the October 2021 Quarterly Meeting.
- Public Information/Cooperation with Professional Community: **Barb** said the Committee has started contacting television stations about running our PSA's.
- Social: **Anita** said we plan to have an event similar to last year's Septemberfest in the Fall.

### VII. OFFICE REPORT:

- Office Update – **Rob** said Rita has been training with Kelly Friday mornings and with him Friday afternoons. Training is going very well.

### VIII. OLD BUSINESS:

- Website Committee – **Rita** said the Committee met last Wednesday. They talked about objectives. The next meeting will be on February 3<sup>rd</sup>. Members will look at other websites to come up with ideas.

### IX. NEW BUSINESS:

- **Rae** congratulated **Rita** on being hired as Office Manager. She said the board made a great choice.
- **Rae** said in our publications it would be better to refer to Group and Individual **Contributions** as opposed to **Donations**. In the AA vernacular, Contributions suggests an act of participation while Donations suggests a gift.
- **Rae** said the Bookmarks Group is concerned that **the Website Committee should spend no out-of-pocket money on enhancements** to the website in our current financial situation. Minor changes that make it more useful to newcomers are OK, but no major changes at this time. **Rob** said Amen.

### X. NEXT MEETING:

- Next **CBIA Board of Trustees Meeting** will be on Monday **February 8<sup>th</sup>** at 6:00 PM on ZOOM.
- Next **CBIA Quarterly Association Meeting** is scheduled for 6:00 PM on Monday **April 26<sup>th</sup>** on ZOOM.

### XI. CLOSING: Our Father.

- **Rae** moved to adjourn.
- **Rita** seconded. Motion carried.
- **Anita** closed the meeting with prayer at **6:40 PM**.

Respectfully submitted,

**Rob M.**

Office Manager



# CBIA Hours

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## CBIA OFFICE HOURS

**8:30 – 11:30 Monday, Wednesday & Friday Mornings**

**2:00 – 5:00 Tuesday & Thursday Afternoons**

- **The office is open Monday, Wednesday, and Friday Mornings from 8:30 to 11:30 and Tuesday & Thursday Afternoons from 2:00 to 5:00 PM for picking up purchases.** Please let us know what you want so we can put your order together for you, let you know if any items are out of stock, and give you the total. We will bring your purchases out to your car or out to you in the hall.
- **Other times for pickup can be arranged with staff by calling during business hours.**

## CBIA BUSINESS HOURS

**8:30 – 11:30 AM and 2:00 – 5:00 PM Monday - Friday** *(except on Holidays).*

**During the pandemic, staff are working from home during Business Hours except when the office is open.** *(Hours have been reduced from 40 to 30 hours per week to reduce expenses.)*

## CBIA HOLIDAYS

**January New Years Day**  
**May Memorial Day**  
**July Independence Day**

**September Labor Day**  
**November Thanksgiving (2 Days)**  
**December Christmas Day**

## CBIA PHONE NUMBER

**(361) 992-8911**

**Calls are answered by staff during business hours and by helpline volunteers after hours and on weekends and holidays.**

# Special Events

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## SWTA 68 Pre-General Service Conference

**Assembly** *(April 9-11 on Zoom)*

Schedule for the event and Zoom details will be on Area Website just before the event or ask GSR or DCM in your area.

## CBIA “Hand of AA”

**Fundraiser** *(April 17<sup>th</sup>, 2021 on Zoom and face to face in CC)*

Speakers on Zoom, Raffle and Silent Auction on Secret Facebook page. Food, fun, and fellowship! (See flyer attached)

## Texas State AA Convention

*(June 11-13, 2021 in Fort Worth)*

Flier is attached. Website is [www.txaaconvention.org](http://www.txaaconvention.org)

## 2021 Coastal Bend Jamboree *(Canceled)*

Due to the pandemic, the 2021 Coastal Bend Jamboree has been canceled. **The next Jamboree will be in February of 2022.** *(See flier for more information.)*



# Face-To-Face Meeting Changes

## CC-Anything Goes Adds Meeting Mondays at 6:00P

Anything Goes will have meetings at 6:00 PM on Mondays and 7:00 PM on Thursdays at the Unitarian Universalist Church of Corpus Christi (6901 Holly).

## CC-Bookmarks New Meeting Location

The Bookmarks Group has moved to **First Baptist Church** (3115 Ocean Dr. Room 268 CC, TX). They meet at 6pm on Mondays and Thursdays.

## CC-Friday Night Speaker Meeting (Fridays at 8:00 PM) Is Temporarily Suspended.

The Friday Night Speaker Meeting is suspending its Face-to-Face meeting at South Shore Christian Church. The last meeting was on February 5<sup>th</sup>. Their AA Meeting on Zoom will continue with the same ID and Passcode.

## CC-Oso Group Changes Start Time for Its Sunday Meeting to 7:00 PM

The Oso Group now has three meetings at **7:00 PM** on **Sunday**, Tuesday, and Thursday at First Christian Church (3401 Santa Fe at Sinclair).

## George West Hardcore Group (Meeting Face-to-Face Again Tues 7 PM)

The George West Hardcore Group has restarted Face-to-Face meetings at 7:00 PM on Tuesdays at 807 N San Antonio Group in George West. Masks are required.



*“The idea that somehow, someday he will control and enjoy his drinking is the great obsession of every abnormal drinker.”*

p.30 AA Big Book

# AA Meetings on ZOOM

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## **Alice-Recovery Crew,**

7:00 PM Mon thru Thu Meeting  
ID 825 6450 3417, Password:  
123456.

## **CC-Cullen Mall,**

8 PM, Mon, Wed & Sat Meeting  
ID: 265 788 954 Password:  
330022

## **CC-Friday Night Speaker Meeting 8 PM**

Zoom ID: 538 295 5939

Password: 357766

Now only on Zoom

## **CC-Lucky Ones**

Mon 7:00 PM CBB  
Zoom ID: 889 4898 6322  
Password: 665854

## **CC-Recovery Online**

*(Previously Hilltoppers)*

Mon - Sat 12:00 PM Meeting ID:  
907 402 1032 Password 450339

## **CC-New Attitude Group**

M, W & F 6:00 PM Meeting ID:  
714 784 969 Password 954788

## **CC-New Phoenix Group**

- Mon - Fri 6:30A Meeting  
ID: 886 9994 6374  
Password: 336965
- Sat - Sun 7:00A Meeting  
ID: 962 866 373 Password:  
018696

## **CC-New Women's**

Mon & Thu 7 PM; Sat 11 AM  
Meeting ID: 580 495 1776  
Password: NWGroup

## **CC-Sunset 7 Group**

Mon & Wed 7:00 PM Meeting ID:  
837 019 9098 Password: beach

## **CC-Turning Point**

Wed & Sat 6:30 PM Meeting ID:  
577 043 944 Password: sober

## **CC-Weber Rd Nooners**

12 Noon, Daily Meeting ID: 260  
214 3828 Password: 676271

## **Portland-Nueces Bay**

Mon, Wed and Thu 6:30 PM  
Meeting ID: 914 279 6854  
Password: 192648

0

## **Rockport-Happy Hour**

Mon, Wed, Fri 5:30 P Meeting ID:  
865 7690 4190 Password: 0164

## **Victoria-Back to Basics**

7 PM Daily Meeting ID: 662 621  
1099 Password: 218223

## **Victoria-Mainstream,**

Daily except Fri & Sun Noon  
Meeting ID: 698 545 080  
Password: 003178

## **Victoria-For Sinners**

**Only**, Sun 11:30 AM Meeting  
ID: 684 717 620 Password:  
4SO#2020

# AA Meetings on Zello

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**Why use Zello?** It works on Internet connections with limited speed and/or limited data and/or older smartphones.

## How To Get Connected

### 1. Start

by installing the App Link for Android

<https://play.google.com/store/apps/details?id=com.loudtalks>

### 2. Apple Store

download Free App Zello Walky Talky

### 3. Create

an Account and Sign in.

*(Probably want to use something that meets the 12th Tradition for remaining Anonymous.)*

<https://support.zello.com/hc/en-us/articles/230749047-Zello-Android-User-s-Guide->

### 4. Searching

for channels to add. You can search for channels by using keywords, topics, or a specific name:

### 5. On the Main Screen

1. Tap Channels Tap to Add Channel icon in the lower right corner
2. Tap Find a channel, Enter the name or keyword for a channel to search on
3. Tap the Search icon See the channel you want?
4. Tap on the name and then tap +ADD to add the channel to your Channels list.

### 6. Search

for Clean & Serene GBLTQ STR8 Friendly Meeting Friday 8PM” In Keeping with the 3rd Tradition “You are a member when you say you are.”

**Clean & Serene** is a STR8 - friendly AA Meeting for LGBTQ. Please respect the participants preferred pronouns but everyone must remember that voices can be deceiving. It will normally be set to OPEN but the trusted members will be able to MUTE problem Members.

*“The idea that somehow, someday he will control and enjoy his drinking is the great obsession of every abnormal drinker.”*

p.30 AA Big Book



# CBIA Needs Ongoing Support

---

## Background

### Jamboree

**Historically, the Coastal Bend Jamboree has provided 40% of CBIA income for the year (about \$15,000).**

In 2020, the Jamboree was small due to competition from the S Padre Island Jamboree and the SE Texas Area Convention in Houston which were held the same weekend for the first time. Revenue was about half of previous years. Future CB Jamborees will be held in February to avoid this problem.

**Restrictions necessary to avoid having the Jamboree be a super-spreader event have made it not economically viable to have a Jamboree in 2021.**

### Group Contributions

In the past, CBIA's second biggest source of revenue has been Group Contributions. Since COVID-19 came to this area in March of 2020, **some groups are not meeting at all, others are meeting only on Zoom; and the remaining groups are having smaller face-to-face meetings. Hence, total Group Contributions**

## Background (Continued)

### Individual Contributions

**We are inspired and grateful that individual members of our community have made up for the shortfall in 2020 revenues.** Ongoing contributions from April on have sustained us. Large contributions in December 2020 and January 2021 (*within the annual limit of \$5,000*) have made us whole for the year. The larger contributions are expected to be a one-time thing. And with no Jamboree in 2021 and group contributions expected to continue to be reduced in 2021, **we will need ongoing individual support to make it through 2021.**

### Other Fundraisers

Texas law allows 501c3 non-profit corporations like CBIA to have only two fundraiser events. Traditionally, this has been the Jamboree and a second event like Septemberfest, Octoberfest or Founders Day.

**In the absence of a Jamboree we plan to have one fundraiser event in the spring and one in the fall of 2021.** These will be more like District 7's Unity Day in Port Lavaca and / or CBIA's Septemberfest last year with a

# CBIA Needs Ongoing Support

## Where Are We Now?

	<u>Actual</u> <u>Feb 2021-YTD</u>
Contributions	8,429.79
Gross Sales	1,138.67
Cost of Goods Sold	(736.53)
-----	
Gross Gain	8,831.93
Total Expenses	4,859.49
-----	
Net Gain	3,972.44



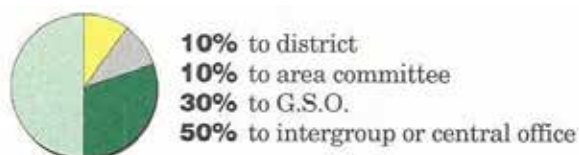
## What Has the CBIA Board of Trustees Done?

We determined that we had previously reduced expenses as far as possible without cutting services, and we did not want to do that. We have also decided that to ensure the future of the organization it would be unwise to cover the entire shortfall from our prudent reserve.

However, the board decided to **move \$3,000 from Prudent Reserve (Savings) to Checking during the summer of 2020.** The board also voted to reduce hours & payroll by 25% so Kelly (*AM*) and Rob (*PM*) will work three hours rather than four each workday. As of August 1<sup>st</sup>, 2020, our hours are 8:30 – 11:30 AM and 2:00 – 5:00 PM Monday through Friday. The board also asked the Office Manager to ask the landlord about a smaller space / reduced rent. **The landlord will let us know when a smaller space becomes available.**

## What Can a Group Do to Help?

The AA World Service pamphlet, **Self-Support: Where Money and Spirituality Mix, suggests** that AA Groups in areas served by an intergroup office distribute funds in excess of prudent reserve as shown below.



Thus, it is up to each group conscience to determine what (*if anything*) it contributes.

# CBIA Needs Ongoing Support

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## What Can a Group Do to Help? (Continued)

Your group might want to re-consider its contribution priorities temporarily. GSO and Intergroup have a bigger slice of the pie because they have much higher overhead (*salaries, office space, etc.*) than the other service entities. You might want to consider giving more to Intergroup and GSO and less to other service entities. Also, if your group has money earmarked that can be sent in earlier, that would be helpful.

## What Can an Individual AA Member Do to Help?

As an expression of gratitude to AA for our sobriety, some of us give \$1 (*or more*) for each year of sobriety to CBIA in addition to or instead of the traditional birthday contribution to GSO. To emphasize this, we will list members of the current year Birthday Club in our monthly newsletter in lieu of the monthly list of birthdays. (*See Birthday Club in this issue.*)

We are also adding a **Memorial List** immediately after the Birthday Club list. Any AA member can contribute in memory of any AA member who has died in the current year. (*See Memorial List in this issue.*)

Individual member contributions in any amount (*up to \$5,000 per year*) are always gratefully accepted. To make contribution easier, we now accept **Venmo** (*CoastalBend-Intergroup*), **PayPal** (*under the Donate tab on our website [www.cbiaa.org](http://www.cbiaa.org)*), and **Major Credit Cards** as well as **Checks** to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. **Some members have been using the recurring donation feature in PayPal to have a fixed amount (\$5, \$10, \$20, etc.) automatically donated each month. This is particularly helpful.**



*“I try hard to hold fast to the truth that a full and thankful heart cannot entertain great conceits. When brimming with gratitude, one’s heartbeat must surely result in outgoing love, the finest emotion we can ever know.”*

*Bill W.*

## 2021 CBIA Birthday Club

NAME -----	HOME GROUP -----	SINCE -----	YEARS IN 2021 -----
Nancy G.	CC-Turning Point Group	01/01/1983	38 Years
Gail B.	Victoria-Golden Slippers	01/01/2011	10 Years
Terry K.	CC-Sunset 7	01/01/2000	21 Years
Sheila S.	CC-New Phoenix	01/07/2007	14 Years
Charlie B.	Victoria-Golden Slippers	01/09/2006	15 Years
Janice E.	CC-Hilltoppers Group	01/10/2000	21 Years
Ceil Mc K.	CC-Hilltoppers Group	01/10/1982	39 Years
Sandra E.	CC-Weber Road Nooners	01/20/2011	10 Years
Tom G.	CC-Turning Point Group	01/26/1984	37 Years
Ernest J.	CC-Flour Bluff Unity Group	02/15/2004	17 Years
Rob M.	Corpus Christi	02/24/1985	36 Years
Mike B.	CC-New Phoenix	03/05/2014	7 Years
Janeen H.	CC-Turning Point Group	03/08/2017	4 Years
Rita S.	CC- Oso Group	03/13/1977	44 Years
Joe C.	CC-Hilltoppers Group	03/18/1981	40 Years
Mary C.	CC-Turning Point Group	03/22/1992	29 Years
Enrique M.	CC-Weber Road Nooners	03/30/2016	5 Years
Phyllis H.	Portland-Jaywalkers	04/01/2004	17 Years
Carol D.	CC-Oso Group Group	04/02/2010	11 Years
Cathy H.	CC-Bookmarks Group	04/06/1999	22 Years
Marlive F.	Corpus Christi	04/07/1987	34 Years
Chris N.	CC-Oso Group	04/09/2009	12 Years
Kelly K.	Corpus Christi	04/18/1986	35 Years
Gale S.	Austin, TX	04/23/1994	27 Years
Fred C.	Corpus Christi	05/13/1987	34 Years
Linda K.	Kingsville-Al-K Group	05/20/1979	42 Years
Mary H.	CC-Women's Big Book	05/24/1995	26 Years
Jackie C.	Pleasanton	06/05/2014	7 Years
Gary L.	CC-New Phoenix Group	06/07/2009	12 Years
Marie A.	CC-Alanos Group	06/21/1991	30 Years
Robin P.	CC-Hilltoppers Group	06/22/1986	35 Years
Ramona S.	CC-Weber Road Nooners	07/08/2017	4 Years
Libby A.	CC-New Women's Group	07/12/1987	34 Years
April K.	Corpus Christi	08/20/1984	37 Years

## 2021 CBIA Birthday Club

NAME	HOME GROUP	SINCE	YEARS IN 2021
-----	-----	-----	-----
<b>Scott McG.</b>	CC-Hilltoppers Group	08/22/2002	<b>19 Years</b>
<b>Pat E.</b>	CC-New Women's Group	08/23/1987	<b>34 Years</b>
<b>Butch R.</b>	CC Weber Road Nooners	08/26/2006	<b>15 Years</b>
<b>Mike Q.</b>	Corpus Christi	08/28/2000	<b>21 Years</b>
<b>Bernard S.</b>	CC-Turning Point Group	08/29/1977	<b>44 Years</b>
<b>Audrey H.</b>	CC-Cullen Mall Group	09/01/2011	<b>10 Years</b>
<b>Barb C-S</b>	CC-New Women's Group	09/09/1985	<b>36 Years</b>
<b>Valerie B.</b>	CC-Weber Road Nooners	09/13/2017	<b>4 Years</b>
<b>Heather D.</b>	CC-Weber Road Nooners	09/23/2009	<b>12 Years</b>
<b>Dave D.</b>	Rockport Fellowship	10/04/1985	<b>36 Years</b>
<b>Brandelyn M.</b>	CC-New Phoenix Group	10/09/2009	<b>12 Years</b>
<b>Patrick R.</b>	CC-New Phoenix Group	10/09/2009	<b>12 Years</b>
<b>Harold B.</b>	CC-Weber Road Nooners	10/18/2007	<b>14 Years</b>
<b>Arthur A.</b>	CC-Hilltoppers Group	10/19/1998	<b>23 Years</b>
<b>Tim R.</b>	CC-New Phoenix Group	10/21/2011	<b>10 Years</b>
<b>Betsy H.</b>	CC-New Women's Group	10/22/2010	<b>11 Years</b>
<b>Kruger D.</b>	CC-New Phoenix Group	10/23/2009	<b>12 Years</b>
<b>Eddie M.</b>	CC-Weber Road Nooners	10/28/2005	<b>16 Years</b>
<b>Debbie B.</b>	CC-Weber Road Nooners	10/31/2000	<b>21 Years</b>
<b>Mary G.</b>	CC-Hilltoppers Group	11/03/1986	<b>35 Years</b>
<b>Margaret P.</b>	CC-Hilltoppers Group	11/06/2006	<b>15 Years</b>
<b>Loralei D.</b>	CC-New Women's Group	11/06/1984	<b>37 Years</b>
<b>Joanie J.</b>	CC-Bookmarks Group	11/28/2015	<b>11 Years</b>
<b>James H.</b>	CC-Bookmarks Group	12/17/1993	<b>28 Years</b>
<b>Joe Mc M.</b>	CC-Hilltoppers Group	12/21/1980	<b>41 Years</b>
<b>Tony P.</b>	CC-Hilltoppers Group	12/23/1978	<b>43 Years</b>
<b>John K.</b>	CC-Cullen Mall Group	12/25/1995	<b>26 Years</b>
<b>Lois H.</b>	CC-New Women's Group	12/29/2007	<b>14 Years</b>

**Birthday Club Members** are people who have made an individual contribution to CBIA of \$1.00 or more for each year of sobriety during that calendar year. They will be listed in each Bender from the month after the donation to the end of the year. Monthly donors (\$5 or more) and people who contribute \$100 or more will be listed for one additional year. Donations can be made by **PayPal** under the Donate option on our website ([www.cbiam.org](http://www.cbiam.org)), by **Venmo** to **CoastalBend-Intergroup** (For anonymity, is recommended that Venmo settings make the transaction private.) or by **check** to **CBIA**, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. Please indicate Home Group or City and Sobriety Date. Let us know if you do not want your birthday listed in the Bender.



# Memorial Contributions

Name	Home Group	Departed
-----	-----	-----
<b>Roger B.</b>	Corpus Christi	<b>01/13/2020</b>
<b>Bobby P.</b>	CC-Mountain Toppers	<b>04/23/2020</b>
<b>Kari Sue P.</b>	CC-Mountain Toppers	<b>05/19/2020</b>
<b>Tom G.</b>	<b>CC-New Phoenix Group</b>	<b>05/24/2020</b>
<b>Leo J.</b>	CC-New Phoenix	<b>05/30/2020</b>
<b>Charles K.</b>	CC-Weber Road Nooners	<b>06/15/2020</b>
<b>Randy F.</b>	Corpus Christi	<b>07/28/2020</b>
<b>John O.</b>	CC-Hilltoppers	<b>11/04/2020</b>
<b>Jorgé T.</b>	CC-New Attitude	<b>11/15/2020</b>
<b>Philip B.</b>	<b>CC-Cullen Mall</b>	<b>12/17/2020</b>
<b>Zane R.</b>	<b>Laredo (Prev. Weber Nooners)</b>	<b>01/12/2021</b>
<b>Marsha R.</b>	<b>CC-New Women's Group</b>	<b>01/15/2021</b>
<b>John L.</b>	<b>Corpus Christi (Rodd Field Alum.)</b>	<b>02/06/2021</b>
<b>Lupé M.</b>	<b>CC-Grupo Tres Legados</b>	<b>02/23/2021</b>

Memorial Donations can be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meeting is not required as long as they died sober (*with allowance for medically supervised pain meds as under hospice care*). Suggested donation of \$1 per year of sobriety or a minimum of \$5. They will be listed in each Bender from the month after the donation to the end of the year. Donations of \$100 or more will be listed for one additional year.

Donations can be made by PayPal under the Donate option on our website ([www.cbiasa.org](http://www.cbiasa.org)), by Venmo to CoastalBend-Intergroup (*For anonymity, it's recommended that Venmo settings make the transaction private.*) or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX). Please indicate Home Group or City and date of death.

# Service Opportunities

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## Helpline / 12 Step List

**The Helpline** is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday or 8 AM Sunday to 8 AM Monday). A minimum of six months sobriety is required to answer the phones. We need a few additional helpline volunteers at present.

If a caller needs help beyond meeting information, the helpline passes them to someone on the **12-Step List** for a longer conversation on how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12 Step List. We especially need people (particularly women) in the outlying areas.

If you would like to be on the Helpline or the 12-Step List, call Kelly or Rob at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday thru Friday.

## Corrections Facilities

Because of the pandemic, facilities are not allowing outside volunteers in. The mandatory Department of Corrections volunteer training is now available online.

## Local Stories Wanted For the Coastal BENDER

Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to [cbia@grandecom.net](mailto:cbia@grandecom.net) in a Word document or similar format.



# District Meetings

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## District 7

*(Victoria Area)*

The next District 7 meeting will be at **10:00 AM** on Saturday, **March 20<sup>th</sup>** on Zoom.

Meeting ID: **662 621 1099**

Password: **218223**

## District 8D

*(Corpus Christi)*

The next District 8D meeting will be at **2:00 PM** on Sunday, **March 21<sup>st</sup> only on Zoom.**

Meeting ID: **843 0854 7661**

Password: **District8D**

## District 8E

*(Corpus Christi and West)*

The next District 8E meeting will be at **9:30 AM** on Saturday, **March 13<sup>th</sup>** at the Calallen Pass It On Club.

## District 15

*(Northeast of Corpus Christi)*

The next District 15 meeting will be at **2:00 PM** on Saturday, **March 20<sup>th</sup>** on Zoom.

Meeting ID: **711 9679 0462**

Password: **D15**

*“It must never be forgotten that the purpose of Alcoholics Anonymous is to sober up alcoholics. There is no religious or spiritual requirement for membership. No demands are made on anyone. An experience is offered which members may accept or reject. That is up to them.”*

*Bill W.*



# Group Contributions for 2020

## Intergroup Meetings

**CBIA Board of Trustees Monthly Meeting** will be held Monday **March 8<sup>th</sup>** at 6:00 PM on Zoom.

**CBIA Quarterly Association Meeting** will be held Monday **April 26<sup>th</sup>** at 6:00 PM on Zoom.

## District Meetings

See Bits & Pieces section for information on district meetings in the Coastal Bend area:

**District 7** (Victoria Area)

**District 8D** (Corpus Christi Area)

**District 8E** (Corpus Christi Area)

**District 15** (Portland, Port A, AP, Rockport Area)

## Group Announcements

**New Phoenix Group Conscience** is held the **first** Sunday of the month at 1:15 PM. **Birthday Night** is first Saturday of the month at 8:00PM. (5433 S. Staples, Suite F in The Boardwalk.)

**Hilltoppers Group Conscience** is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

**Weber Road Nooners Group Conscience** is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are celebrated the first Monday of each month at noon. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

**Calallen Group Conscience** is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthday Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).)

**Flour Bluff Unity Group Conscience** is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

**Turning Point Group Conscience** is held the 1<sup>st</sup> Wednesday of each month. **Birthday Meeting** is last Saturday of the month.

Contributions		
GROUP NAME	Feb 2021	YTD 2021
Alice Group		
<b>Anonymous/Individual Contribution</b>	<b>121.00</b>	<b>5760.00</b>
Aransas Pass Group		
Beeville-Shepherd's Group		
CC-Alanos		
CC-Bookmarks Group		
CC-Calallen Group		
CC-Crosstown Group		
CC-Cullen Mall Group		
CC-Day of AA		
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's Place		
<b>CC-Fifth Tradition Group</b>	<b>517.50</b>	<b>517.50</b>
CC-Flour Bluff Unity Group		
<b>CC-Friday Night Speaker Meeting</b>	<b>88.00</b>	<b>88.00</b>
CC-Happy Hour Meeting		
CC-Hilltoppers Group		100.00
CC-Humility Group		
CC-Just for Today Group		
CC-Lucky Ones		
CC-Mountain Toppers		
CC-New Attitude Meeting		
<b>CC-New Life Group</b>	<b>10.00</b>	<b>20.00</b>
<b>CC-New Phoenix Group</b>	<b>15.00</b>	<b>25.50</b>
<b>CC-New Women's Group</b>	<b>157.00</b>	<b>236.00</b>
<b>CC-Oso Group</b>		<b>222.32</b>
<b>CC-Roddfield Group (final dist)</b>	<b>500.00</b>	<b>500.00</b>
CC-Saratoga Group		
<b>CC-Sunset 7 Group (N Padre Island)</b>		<b>380.25</b>
<b>CC-Turning Point Group</b>		<b>222.00</b>
CC-Weber Road Nooners Group		
District 7		
District 8C		
<b>Goliad-Open Arms Group</b>		<b>65.50</b>
Hallettsville Group		
Karnes City-Mayfield Group		
Kingsville-AL-K Group		
Moulton Group		
<b>Mathis -Crossroads Group</b>		<b>50.00</b>
Mathis - Unity Group		
Port Aransas Group		
Port Lavaca Group		
Port O'Connor Group		
Portland -Jaywalkers Group		
Portland -Nueces Bay Group		
Quarterly Meeting 7 <sup>th</sup> Tradition		
Riviera-SASTO Group		
Robstown Desire Group		
Rockport-Happy Hour Group		
Rockport-Fellowship Group		
Schulenburg Group		
<b>Shiner Group</b>	<b>120.64</b>	<b>120.64</b>
Sinton-Grupo Secunda Chanza		
Skidmore Group		
Three Rivers-Choke Canyon Group		
Victoria-Airport Group		
Victoria-Back to Basics Group		
<b>Victoria-For Sinners Only Group</b>	<b>45.00</b>	<b>45.00</b>
<b>Victoria-Golden Slippers</b>	<b>77.08</b>	<b>77.08</b>
Victoria-High Nooners Group		
Victoria-Main Stream Group		
Victoria-Men's Group		
Victoria-Unity Group		
Victoria-Women's Group		
Yorktown Group		
TOTAL	<b>1651.22</b>	<b>8429.79</b>

# Addresses for Group Contributions for 2021

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## Coastal Bend Intergroup (Suggested 50% \*)

### CBIA

3833 S. Staples Suite S-212  
Corpus Christi, TX 78411

## Districts (Suggested 10% \*)

### District 7 Treasurer

P.O. Box 5324  
Victoria, TX 77903

### District 8D Treasurer

P.O. Box 61135  
Corpus Christi, TX 78466

### District 8E Treasurer

% Dina P.  
6013 Liptonshire Drive  
Corpus Christi, TX 78415

### District 15 Treasurer

% Mike L  
511 Gulf  
Port Aransas, TX 7837

## Area 68 Southwest Texas (Suggested 10% \*)

### SWTA 68 Treasurer

P.O. Box 716  
Bastrop, TX 78602

## General Service Office (Suggested 30% \*)

### GSO

P.O. Box 459  
New York, NY 10163-0459

*“It must never be forgotten that the purpose of Alcoholics Anonymous is to sober up alcoholics. There is no religious or spiritual requirement for membership. No demands are made on anyone. An experience is offered which members may accept or reject. That is up to them.”*

*Bill W.*

\*Suggested percentages are from AA

‘Pamphlet F-3, SELF-SUPPORT: Where Money and Spirituality Mix (Available on our web site: [cbiaa.org](http://cbiaa.org) under DONATE). Group Contributions are always at the discretion of the group conscience.



# Coastal Bend Intergroup Association

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## Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to:

- Establish a 24-hour help-line
- Print meeting schedules
- Maintain a 12-Step list

Where by AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

*“The greatest enemies of us alcoholics are  
resentment, jealousy, envy, frustration,  
and fear.”*

*Alcoholics Anonymous*

*“When I am willing to do the right thing I am  
rewarded with an inner peace no amount of  
liquor could ever provide. When I am unwilling  
to do the right thing, I become restless, irritable,  
and discontent. It is always my choice.”*

*p.317, AA Big Book*

## Services Provided

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1. Maintains business hours Monday through Friday from 8:30 to 11:30AM and 2:00 to 5:00 PM. The office is open during business hours Monday, Wednesday and Friday mornings and Tuesday and Thursday afternoons.
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12-Step List and calls individuals for 12-Step work.
4. Provides a 24-hour helpline manned by volunteers in the evenings and on weekends and holidays.
5. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
6. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
7. Purchases and sells "Conference-Approved" literature, and non-conference-approved Anniversary Medallions and Sobriety Chips.
8. Conducts monthly Trustee meetings. Any member of Alcoholics Anonymous on the agenda is welcome to attend. Group GSR's and IGR's are always welcome to attend.
9. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
10. Maintains service committees for service work in the Coastal Bend Area.
11. Develops and maintains a website.

# Asociación Inter-grupo de la Zona Costera

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## Declaración de Principios

*La misión de la asociación inter-grupo de la zona costera es proveer el primer contacto vital al alcohólico en busca de ayuda. La oficina de AIZC [siglas en español, en inglés CBIA], se mantiene para el beneficio de aquellos que siguen sufriendo. Para cumplir con esta tarea tan importante la oficina de CBIA debe:*

**Establecer una línea de ayuda las 24 horas**  
**Imprimir los horarios de las reuniones de AA**  
**Mantener una lista con los 12 Pasos**

*Con lo cual Grupos de AA e individuos puedan conducir llamados de los 12 Pasos, esenciales en el crecimiento de AA en la Zona Costera.*

## Servicios Prestados

1. Horario de oficina, lunes a viernes de 7:30 a 11:30AM y de 1:30 a 5:30PM.
2. Provee información y referencias sobre A.A. .
3. Mantiene una lista de los 12 Pasos y listado de personas para trabajar los 12 pasos.
4. Provee un listado de A.A. en el directorio telefónico.
5. Provee servicio de voluntarios contestando llamadas las 24 horas mientras la oficina esta cerrada.
6. Publica los horarios de todos los grupos en el área costera sin costo.
7. Publica una hoja informativa, la "Coastal Bender", para mantener a los miembros de A.A. informados de los acontecimientos locales y de los eventos especiales A.A..
8. Compra y venta de literatura "Aprobada en Conferencia" ('CONFERENCE APPROVED'), y mercancía no aprobada como Medallones de Aniversario y Monedas de Sobriedad.
9. Conduce reuniones mensuales de fideicomisarios. Todos los miembros de Alcohólicos Anónimos son bienvenidos a estas reuniones asimismo es importante contar con su opinión.
10. Conduce Reuniones cada cuatro meses para evaluar a los grupos en actividades Inter-grupo y para buscar que participen en cuestiones de la CBIA.
11. Mantiene comités de trabajo para servicio en el área de la zona Costera.

Los Grupos Hispánicos

# Los Grupos Hispanos Horario

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## Grupos en Corpus Christi

**Grupo Nueva Esperanza** (552 Old Robstown Road, Corpus Christi) 8:00 De la Noche (todos los dias).

**Grupo Primer Paso** (1635 18th Street, Corpus Christi) 8:00 De la Noche (Miercoles); Mediodia (Sabado).

**Grupo Serenidad** (408 Brownlee, Corpus Christi) 8:00 De la Noche (Martes y Domingo);

**Grupo Tres Legados** (1019 S. Port, Corpus Christi) 8:00 De la Noche (Lunes, Martes, Miercoles y Jueves);

## Grupo en Flatonia

**Grupo Flatonia** (208 E. North Main Street, Flatonia) 7:00 De la Noche (Jueves)

## Grupo en Kingsville

**Grupo Un Dia a La Vez** (819 N. 3rd, Kingsville) 7:00 De la Noche (Miercoles)

## Grupo en Moulton

**Grupo Moulton** (301 N. Hackberry. Moulton) 7:00 De la Noche (Lunes)

## Grupo en Port Lavaca

**Grupo Nuevo Amanecer** (213 E. Austin, Port Lavaca) 7:00 De la Noche (Lunes, Miercoles y Viernes)

## Grupo en Schulenberg

**Grupo Schulenberg** (901 Kallus, Schulenberg) 7:00 De la Noche (Domingo)

## Grupo en Sinton

**Grupo Segunda Chance** (215 Sodville, Sinton) 8:00 De la Noche (Martes y Viernes)

# Coastal BENDER Mission

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Our primary purpose is to carry the AA message to the still suffering alcoholic. A secondary purpose of The Bender is to keep the CBIA Area of South Texas informed as to the events, meeting changes, Board of Trustee actions / decisions, and other news of interest to AA's in the area. Finally, as a newsletter we provide a forum for the broad spectrum of views held by our members. Publication of any article submitted will be at the discretion of the Bender Editor as advised by the CBIA Board. A controversial subject, as long as it does not concern an outside issue and involves principles and not personalities, will be considered for publication. As a general guideline, any letter or article that is of interest to members of AA and in good taste is worthy of publication. However, an article or letter that advocates ignoring or violating the Traditions, Concepts, or General Service Conference actions will

Detach here

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Free e-Mail Subscription to the BENDER and BITS & PIECES

NAME: \_\_\_\_\_

e-MAIL: \_\_\_\_\_

Easy ways to sign up for our two monthly publications:

- Send an email with the above information to [cbia@grandecom.net](mailto:cbia@grandecom.net) with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.

Detach here

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***Speacial Thanks to everyone who made contributions to this months BENDER***

***Compiled and written by Rob M.  
Designed by Harry***