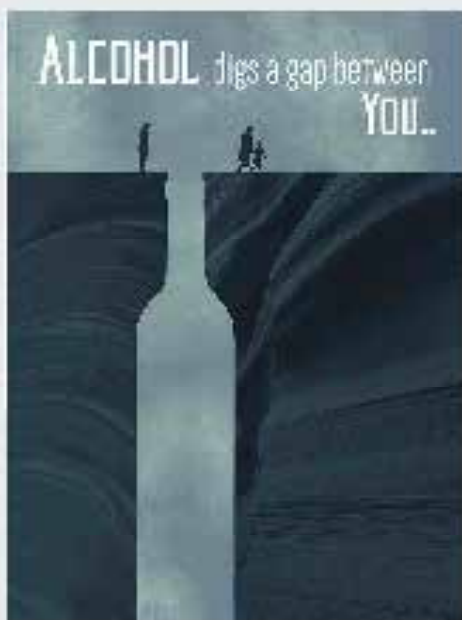




THE BENDER

“When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that I am responsible.”



**CBIA, 3833 S. Staples Suite
S-212, Corpus Christi, TX
78411**

**(361) 992- 8911 or Toll
Free 1 (866) 672-7029**

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help.



The Alanos Cottage (1635 18th Street in Corpus Christi) is home of the:

Alanos Group (The oldest AA Group in Corpus Christi - established in 1950)

Grupo Primer Paso (A Spanish-speaking Group) **and Crosstown Group.**

Index: 1.Cover: 2-3.Step -Honesty: 4-5.Minutes: 6. CBIA Hours: 7.Special Events: 8.Face to Face Meeting Changes: 9.AA Meetings on ZOOM 10.AA on Zello: 11-13.CBIA Needs Ongoing Support: 14-15.Birthday Club: 16.Memorial Donations: 17.Service Opportunities: 18.District Meetings: 19.Group Contributions: 20.Addresses: 21.Mission Statement: 22.Services Provided: 23-24.Spanish: 25.Bender Mission Statement and Bender Subscriptions.

Step 1 - Honesty

Step 1: We admitted we were powerless over alcohol and our lives had become unmanageable.

In over 20 years of drinking, I never once entertained the possibility that I might be an alcoholic – despite overwhelming evidence that I was. I never drank moderately; I drank like a wet and dry shop vacuum from the start.

Then the two-week binge that got me into AA scared the hell out of me. The rate of progression accelerated. I found myself doing things I said I would never do -- drinking in the mornings; missing work because of drinking. Worst of all, in the middle of that binge, alcohol stopped working for me -- it stopped killing the pain and it stopped taking me to oblivion. I was afraid that if I continued drinking I would go crazy and if I stopped I would fly apart. **I was afraid that life as I had known it was about to end and it did. What I did not know is that was a good thing.**

The precursor to Step One is Step Zero: This stuff has to stop. I had that one nailed down before I got here. I was sick of hangovers; sick of blackouts; sick of trying to explain things I could not remember; sick of inexplicable dents in my car; sick of trying to find the damn car for that matter; sick of fights with my ex- about my drinking; sick of the struggle to hide my drinking; sick of hiding bottles and forgetting where I put them; sick and tired of being sick and tired. Without that, I would never have gone to my first meeting. I aspired to be a member of the Farmington Country Club. I did not aspire to be a member of Alcoholics Anonymous. The first step is actually quite simple --

- **Alcoholism is an insidious, incurable, progressive, killer disease and**
- **I have it.**

The first half of step one, “We admitted we were powerless over alcohol” means there is no hope I will ever be able to control my drinking. For 20 years I tried to find a better strategy for managing my drinking. Today I know that thinking you need a strategy for your drinking is a sure sign of an alcoholic. Social drinkers do not need a strategy -- when they start to feel it they stop. I never thought like that. I never even wanted to think like that. Why would you want to stop when it was just getting good?

Step 1 - Honesty (*Continued*)

Being powerless over alcohol means that I cannot safely drink. I believe that for me to start drinking again would set off a chain reaction in my life that would resemble a major train wreck. I believe that for me to drink would be to play Russian Roulette with only one empty chamber.

I had more trouble with the second half of the first step: “We admitted that our lives had become unmanageable.” Do not tell me my life is unmanageable. I had been a professional manager for 15 years. The externals of my life looked great. I had a great job, a corner office, a 10-year-old relationship, a lovely home, a new car and two Pekinese who adored me.

And then it occurred to me that I had surrounded myself with non-alcoholic adult children who were doing for me things I should have done for myself. My spouse got me up, fed, dressed and headed for the office. My secretary told me when it was time to go to a meeting or go home. I had delegated everything to the people who worked for me and then I forgot who I gave it to. I would have foolish staff meetings where I would say things like "Could we have an update on this project?" I had no idea who was working on what. I just hoped somebody was.

I realized I was bankrupt -- spiritually, emotionally, physically, and mentally. I had chug-a-lugged myself into a deep hole that I could not get myself out of. Continuing to hang on as I had been was hopeless. So I decided to surrender.

“Those events that once made me feel ashamed and disgraced now allow me to share with others how to become a useful member of the human race.”

p.492, AA Big Book

Minutes of November Board Meeting 11-9-2020

I. OPENING:

- **Gail** opened the meeting with the **Serenity Prayer** at **6:00 PM**.
- **Linda** read the **CBIA Mission Statement**
- **Barb** read the **General Warranties**
- **Harry** read the **12 Traditions**

II. ATTENDANCE:

- **Gail**, (*Chair*), **Linda K.** (*Financial Trustee*), **Anita C.** (*Trustee*), **Barb C-S.** (*Trustee*), **Harry B.** (*Trustee*), **Judy M.** (*Trustee*), **Rita S.** (*Oso Group*), and **Rob M** (*Office Manager*).
- **Kelly J.** (*Asst Office Manager*) and **Enrique M.** (*Vice Chair*) were not present.

III. MINUTES:

- Minutes of the October Quarterly Meeting were reviewed.
 - **Linda** moved to approve the minutes as revised. **Harry** seconded. Motion carried.

IV. FINANCIAL REPORTS:

- **Linda** (*Financial Trustee*) presented the **October Financial Report**.
 - **Balance Sheet:** Total CBIA funds as of **October 31st** totaled **\$18,076.95**; **\$50.00** in Petty Cash; **\$4,146.19** in Checking; **\$12,619.37** in Prudent Reserve and **\$1,261.39** in the Jamboree Account.
 - **Profit & Loss** for the month of **October:** Group & Individual Contributions: **\$2,870.81**; Gross Sales (*Books, Chips & Medallions*): **\$1,309.50** less *Cost of Goods Sold* **\$889.22**; Gross Gain for the month was **\$3,291.09**; Total Expenses were **\$2,217.37** for a Net Gain of **\$1,073.72** for the month.
- **Linda** and **Rob** discussed where we are with our revenue shortfall in 2020.
 - Net Revenue through the end of October is **\$29,270.83** compared to Budget of **\$33,574.92** (which was based on 2019 Actual Income); Donations were **\$17,850.28** compared to Budget of **\$15,737.9**, Jamboree Revenue was **\$7,500.00** compared to Budget of **\$14,513.00**. Social Event Revenue was **\$1,901.00** compared to Budget of **\$997.00**; Social Event Expenses were **\$20.70** compared to budget of **\$1,100** (*church halls were not rented*) and Net Sales (after reduction for cost of goods sold) were **\$1,938.25**. compared to budget of **\$3,427.00**.
 - Expenses were **\$28,789.68** compared to budget of **\$30,660.21** (*we have reduced hours and payroll by 25% beginning August 1st*)
 - Net Gain was **\$481.15** compared with Budgeted Net Gain of **\$2,914.71**.
- **Barb** moved to approve the financial report. Judy seconded. Motion carried.

V. SERVICE AREA REPORTS:

- **12th Step** – **Judy** said we are working on an updated 12 Step List for January.
- **Archives** – **Gail** said she is getting previously unorganized archival material into binders.
- **Bilingual** – **Enrique** was not present.

Minutes of November Board

11-9-2020

- **Coastal Bender:** **Harry** said he and **Rob** got the Bender out over the weekend. It looks good.
- **Corrections/Treatment Facilities:** **Linda** said she talked to **Bear T.**, Area Corrections Chair. There will be a corrections committee meeting on Zoom the last Saturday of the month at 2:00 PM.
- **Jamboree:** **Harry** said he was unable to attend the Jamboree Committee meeting. **Rita** said she was there. She said the hotel says social distancing limits the capacity of their combined ball rooms to 250 people. The hotel has not had any big events yet – none anywhere near the size of the Jamboree. We will have to see how it unfolds with the Pandemic.
- **Nominations: Open.** **Rob** said we filled the four open trustee positions with qualified people at the Quarterly Meeting on October 26th.
- **Public Information/Cooperation with Professional Community:** **Barb** said public service announcements are running on three radio stations. Television stations will be contacted next.
- **Social:** **Anita** said no more events are planned for 2020. **Rob** said we budgeted \$600 for the New Year's Dance - \$300 to rent the church hall; \$300 for the DJ. We will avoid those expenses by not having the event.

VII. OFFICE REPORT:

- Office Update – **Rob** said he had nothing to report.

VIII. OLD BUSINESS:

- **None.**

VIII. NEW BUSINESS:

Forming a Website Committee. **Rita** will be the chair. **Harry** will send **Rita** and **Rob** documentation on the methodology he wants to use for the project. We want to focus the changes on people who are younger and more newly sober. **Rob** said Oso and Lucky Ones have the youngest membership. **Rob** said he will talk to **Oliver** about people from Lucky Ones who might be interested; **Rita** is a member of Oso and will see about people from that group.

IX. NEXT MEETING:

- Next CBIA Board of Trustees meeting will be on Monday **December 14th** at 6:00 PM on ZOOM.

X. NEXT QUARTERLY MEETING:

- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday **January 25th** on ZOOM.

XI. CLOSING: Our Father.

- **Harry** moved to adjourn. **Linda** seconded. Motion carried.
- **Gail** closed the meeting with prayer at **7:00 PM.**

Respectfully submitted,

Rob M.

Office Manager

CBIA Hours

CBIA OFFICE HOURS

8:30 – 11:30 Monday, Wednesday & Friday Mornings

2:00 – 5:00 Tuesday & Thursday Afternoons

- **The office is open Monday, Wednesday, and Friday Mornings from 8:30 to 11:30 and Tuesday & Thursday Afternoons from 2:00 to 5:00 PM for picking up purchases.** Please let us know what you want so we can put your order together for you, let you know if any items are out of stock, and give you the total. We will bring your purchases out to your car or out to you in the hall.
- **Other times for pickup can be arranged with staff by calling during business hours.**

CBIA BUSINESS HOURS

8:30 – 11:30 AM and 2:00 – 5:00 PM Monday - Friday (*except on Holidays*).

During the pandemic, staff are working from home during Business Hours except when the office is open. (*Hours have been reduced from 40 to 30 hours per week to reduce expenses.*)

CBIA HOLIDAYS

January New Years Day

May Memorial Day

July Independence Day

September Labor Day

November Thanksgiving (2 Days)

December Christmas Day

CBIA PHONE NUMBER

(361) 992-8911

Calls are answered by staff during business hours and by helpline volunteers after hours and on weekends and holidays.

Special Events

SWTA 68 Winter Workshop (January 30th only on Zoom)

With the theme: **The Solution (Step into the Book)**. Zoom details can be obtained from the DCM for your District. **(See Schedule included with email BENDER.)** Schedule can also be found on area website (www.aa-swta.org).

SWTA 68 Correctional Facility Conference

(Saturday February 28th only on Zoom)

Schedule for the event and Zoom details will follow.

“I listened to their stories and found so many areas where we overlapped – not all the deeds, but the feelings of remorse and hopelessness. I learned that alcoholism isn’t a sin, it’s a disease.”

p.344, AA Big Book

2021 Coastal Bend Jamboree (Canceled)

Due to the pandemic, the 2021 Coastal Bend Jamboree has been canceled. **The next Jamboree will be in February of 2022.** (See flier for more information.)

“Men and women drink essentially because they like the effect produced by alcohol. The sensation is so elusive that, while they admit it is injurious, they cannot after a time differentiate the true from the false. To them, their alcoholic life seems the only normal one.”

p.xxvii, AA Big Book

Face-to-Face Meeting Changes

CC-Humility Group Brings Back Women's Meeting

(Sundays at 3:00 PM)

The Humility Group has restarted the 3:00 PM Women's Meeting on Sundays. They now have Face-to-Face Meetings at Noon, 5:30 PM and 8:00 PM every day. They also have meetings at 7:00 AM and 1:30 PM on Saturdays and Sundays and a 3:00 PM Women's Meeting on Sundays.

CC-New Freedom *(Mondays at 9:00 AM) Temporarily Susp.*

The New Freedom Meeting which was meeting at 9:00 AM on Mondays in St Andrews Park has been temporarily suspended.

CC- New Phoenix Adds Women's Meeting *(Sundays at 3:00 PM)*

The New Phoenix Group now offers a Closed Women's Discussion Meeting at 3:00 PM on Sundays at their facility *(5433 S Staples Suite H in Corpus Christi)*.

CC-Weber Road Nooners Group Adds Face-to-Face Meeting *(Fridays at Noon)*

The Weber Road Nooners' Group has added a face-to-face meeting at noon on Fridays. This will be parallel *(concurrent but separate)* to their Friday noon AA Meeting on Zoom. They now have face-to-face meetings at 5:30 PM on Tuesday and Thursday; at 10:00 AM on Saturdays and at Noon on Fridays. They also have a Noon AA meeting on Zoom every day. **Face-to-face meetings are held at Travis Baptist Church (5802 Weber at Schanen).**

Victoria Back to Basics Group Suspends Face-to-Face Meetings

(Daily 7:00 PM Meetings held only on Zoom)

Face-to-Face meetings have been suspended. They continue to have daily meetings at 7:00 PM only on Zoom.



AA Meetings on Zoom

Alice-Recovery Crew,

7:00 PM Mon thru Thu Meeting
ID 825 6450 3417, Password:
123456.

CC-Cullen Mall,

8 PM, Mon, Wed & Sat Meeting
ID: 265 788 954 Password:
330022

CC-Friday Night Speaker Meeting 8 PM

Zoom ID: 538 295 5939
Password: 357766

CC-Lucky Ones

Mon 7:00 PM CBB
Zoom ID: 889 4898 6322
Password: 665854

CC-Recovery Online

(Previously Hilltoppers)

Mon - Sat 12:00 PM Meeting ID:
907 402 1032 Password 450339

CC-New Attitude Group

M, W & F 6:00 PM Meeting ID:
714 784 969 Password 954788

CC-New Phoenix Group

- Mon - Fri 6:30A Meeting
ID: 886 9994 6374
Password: 336965
- Sat - Sun 7:00A Meeting
ID: 962 866 373 Password:
018696

CC-New Women's

Mon & Thu 7 PM; Sat 11 AM
Meeting ID: 580 495 1776
Password: NWGroup

CC-Sunset 7 Group

Mon & Wed 7:00 PM Meeting ID:
837 019 9098 Password: beach

CC-Turning Point

Wed & Sat 6:30 PM Meeting ID:
577 043 944 Password: sober

CC-Weber Rd Nooners

12 Noon, Daily Meeting ID: 260
214 3828 Password: 676271

Portland-Nueces Bay

Mon, Wed and Thu 6:30 PM
Meeting ID: 914 279 6854
Password: 192648

Rockport-Happy Hour

Mon, Wed, Fri 5:30 P Meeting ID:
865 7690 4190 Password: 0164

Victoria-Back to Basics

7 PM Daily Meeting ID: 662 621
1099 Password: 218223

Victoria-Mainstream,

Daily except Fri & Sun Noon
Meeting ID: 698 545 080
Password: 003178

Victoria-For Sinners

Only, Sun 11:30 AM Meeting
ID: 684 717 620 Password:
4SO#2020

AA Meetings on Zello

Why use Zello? It works on Internet connections with limited speed and/or limited data and/or older smartphones.

How To Get Connected

1. Start

by installing the App Link for Android
<https://play.google.com/store/apps/details?id=com.loudtalks>

2. Apple Store

download Free App Zello Walky Talky

3. Create

an Account and Sign in.
(Probably want to use something that meets the 12th Tradition for remaining Anonymous.)

<https://support.zello.com/hc/en-us/articles/230749047-Zello-Android-User-s-Guide->

4. Searching

for channels to add. You can search for channels by using keywords, topics, or a specific name:

5. On the Main Screen

1. Tap Channels Tap to Add Channel icon in the lower right corner
2. Tap Find a channel, Enter the name or keyword for a channel to search on
3. Tap the Search icon See the channel you want?
4. Tap on the name and then tap +ADD to add the channel to your Channels list.

6. Search

for Clean & Serene GBLTQ STR8 Friendly Meeting Friday 8PM” In Keeping with the 3rd Tradition “You are a member when you say you are.”

Clean & Serene is a STR8 - friendly AA Meeting for LGBTQ. Please respect the participants preferred pronouns but everyone must remember that voices can be deceiving. It will normally be set to OPEN but the trusted members will be able to MUTE problem Members.

“Is sobriety all that we are to expect of a spiritual awakening? No, sobriety is only a bare beginning; it is only the first gift of the first awakening. If more gifts are to be received, our awakening has to go on. As it does go on, we find that bit by bit we can discard the old life - the one that did not work - for a new life that can and does work under any conditions whatever.”

Bill W.

CBIA Needs Ongoing Support

Background

Jamboree

Historically, the Coastal Bend Jamboree has provided 40% of CBIA income for the year (about \$15,000).

In 2020, the Jamboree was small due to competition from the S Padre Island Jamboree and the SE Texas Area Convention in Houston which were held the same weekend for the first time. Revenue was about half of previous years. Future CB Jamborees will be held in February to avoid this problem.

Restrictions necessary to avoid having the Jamboree be a super-spreader event have made it not economically viable to have a Jamboree in 2021.

Group Contributions

In the past, CBIA's second biggest source of revenue has been Group Contributions. Since COVID-19 came to this area in March of 2020, **some groups are not meeting at all, others are meeting only on Zoom; and the remaining groups are having smaller face-to-face meetings. Hence, total Group Contributions have been significantly reduced.**

Background (Continued)

Individual Contributions

We are inspired and grateful that individual members of our community have made up for the shortfall in 2020 revenues.

Ongoing donations from April on have sustained us. Large donations in December 2020 and January 2021 (*within the annual limit of \$5,000*) have made us whole for the year. The larger donations are expected to be a one-time thing. And with no Jamboree in 2021 and group contributions expected to continue to be reduced in 2021, **we will need ongoing individual support to make it through 2021.**

Other Fundraisers

Texas law allows 501c3 non-profit corporations like CBIA to have only two fundraiser events. Traditionally, this has been the Jamboree and a second event like Septemberfest, Octoberfest or Founders Day.

In the absence of a Jamboree we plan to have one fundraiser event in the spring and one in the fall of 2021. These will be more like District 7's Unity Day in Port Lavaca and / or CBIA's Septemberfest last year with a hybrid combination of face-to-face and Zoom events.

CBIA Needs Ongoing Support

Where Are We Now?

	Budget Jan–Dec 2020	Actual Jan-Dec 2020
Other Income		102.00
Donations	17,450.95	27,347.30
Jamboree	14,513.00	7,500.00
Social Events	997.00	1,901.00
Cost of Social Events	(1,700.00)	(20.70)
Net Gain on Sales	3,728.33	2,266.72
<hr/>		
Gross Gain	34,989.28	39,096.32
<hr/>		
Net Expenses	36,966.40	33,976.37
<hr/>		
Net Gain (Loss)	(1,977.12)	5,119.95

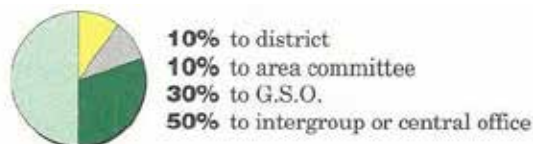
What Has the CBIA Board of Trustees Done?

We determined that we had previously reduced expenses as far as possible without cutting services, and we did not want to do that. We have also decided that to ensure the future of the organization it would be unwise to cover the entire shortfall from our prudent reserve.

However, the board decided to move \$3,000 from Prudent Reserve (*Savings*) to Checking **during the summer of 2020**. The board also voted to reduce hours & payroll by 25% so Kelly (*AM*) and Rob (*PM*) will work three hours rather than four each work day. As of August 1st 2020, our hours are 8:30 – 11:30 AM and 2:00 – 5:00 PM Monday through Friday. The board also asked the Office Manager to ask the landlord about a smaller space / reduced rent. **The landlord will let us know when a smaller space becomes available.**

What Can a Group Do to Help?

The AA World Service pamphlet, **Self-Support: Where Money and Spirituality Mix**, **suggests** that AA Groups in areas served by an intergroup office distribute funds in excess of prudent reserve as shown below.



Thus, it is up to each group conscience to determine what (*if anything*) it gives to

CBIA Needs Ongoing Support

What Can a Group Do to Help? *(Continued)*

Your group might want to re-consider its donation priorities temporarily. GSO and Intergroup have a bigger slice of the pie because they have much higher overhead (*salaries, office space, etc.*) than the other service entities. You might want to consider giving more to Intergroup and GSO and less to other service entities. Also, if your group has money earmarked that can be sent in earlier, that would be helpful.

What Can an Individual AA Member Do to Help?

As an expression of gratitude to AA for our sobriety, some of us give \$1 (*or more*) for each year of sobriety to CBIA in addition to or instead of the traditional birthday donation to GSO. To emphasize this, we will list members of the current year Birthday Club in our monthly newsletter in lieu of the monthly list of birthdays. (*See Birthday Club in this issue.*)

We are also adding a **Memorial List** immediately after the Birthday Club list. Any AA member can donate in memory of any AA member who has died in the current year. (*See Memorial List in this issue.*)

Individual member contributions in any amount (*up to \$5,000 per year*) are always gratefully accepted. To make donation easier, we now accept **Venmo** (*CoastalBend-Intergroup*), **PayPal** (*under the Donate tab on our website www.cbiala.org*), and **Major Credit Cards** as well as **Checks** to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. **Some members have been using the recurring donation feature in PayPal to have a fixed amount (\$5, \$10, \$20, etc.) automatically donated each month. This is particularly helpful.**

“I try hard to hold fast to the truth that a full and thankful heart cannot entertain great conceits. When brimming with gratitude, one’s heartbeat must surely result in outgoing love, the finest emotion we can ever know.”

Bill W.



2021 CBIA Birthday Club

NAME	HOME GROUP	SINCE	YEARS IN 2021
Nancy G.	CC-Turning Point Group	01/01/1983	38 Years
Gail B.	Victoria-Golden Slippers	01/01/2011	10 Years
Sheila S.	CC-New Phoenix	01/07/2007	14 Years
Charlie B.	Victoria-Golden Slippers	01/09/2006	15 Years
Janice E.	CC-Hilltoppers Group	01/10/2000	21 Years
Ceil McK.	CC-Hilltoppers Group	01/10/1982	39 Years
Tom G.	CC-Turning Point Group	01/26/1984	37 Years
Ernest J.	CC-Flour Bluff Unity Group	02/15/2004	17 Years
Rob M.	Corpus Christi	02/24/1985	36 Years
Mike B.	CC-New Phoenix	03/05/2014	7 Years
Janeen H.	CC-Turning Point Group	03/08/2017	4 Years
Rita S.	CC- Oso Group	03/13/1977	44 Years
Joe C.	CC-Hilltoppers Group	03/18/1981	40 Years
Mary C.	CC-Turning Point Group	03/22/1992	29 Years
Enrique M.	CC-Weber Road Nooners	03/30/2016	5 Years
Phyllis H.	Portland-Jaywalkers	04/01/2004	17 Years
Carol D.	CC-Oso Group Group	04/02/2010	11 Years
Cathy H.	CC-Bookmarks Group	04/06/1999	22 Years
Marlive F.	Corpus Christi	04/07/1987	34 Years
Chris N.	CC-Oso Group	04/09/2009	12 Years
Kelly K.	Corpus Christi	04/18/1986	35 Years
Gale S.	Austin, TX	04/23/1994	27 Years
Fred C.	Corpus Christi	05/13/1987	34 Years
Linda K.	Kingsville-Al-K Group	05/20/1979	42 Years
Mary H.	CC-Women's Big Book	05/24/1995	26 Years
Jackie C.	Pleasanton	06/05/2014	7 Years
Gary L.	CC-New Phoenix Group	06/07/2009	12 Years
Marie A.	CC-Alanos Group	06/21/1991	30 Years
Robin P.	CC-Hilltoppers Group	06/22/1986	35 Years
Ramona S.	CC-Weber Road Nooners	07/08/2017	4 Years
Libby A.	CC-New Women's Group	07/12/1987	34 Years
April K.	Corpus Christi	08/20/1984	37 Years
Scott McG.	CC-Hilltoppers Group	08/22/2002	19 Years

2021 CBIA Birthday

NAME	HOME GROUP	SINCE	YEARS IN 2021
Pat E.	CC-New Women's Group	08/23/1987	34 Years
Butch R.	CC Weber Road Nooners	08/26/2006	15 Years
Mike Q.	Corpus Christi	08/28/2000	21 Years
Bernard S.	CC-Turning Point Group	08/29/1977	44 Years
Audrey H.	CC-Cullen Mall Group	09/01/2011	10 Years
Barb C-S	CC-New Women's Group	09/09/1985	36 Years
Valerie B.	CC-Weber Road Nooners	09/13/2017	4 Years
Heather D.	CC-Weber Road Nooners	09/23/2009	12 Years
Dave D.	Rockport Fellowship	10/04/1985	36 Years
Brandelyn M.	CC-New Phoenix Group	10/09/2009	12 Years
Patrick R.	CC-New Phoenix Group	10/09/2009	12 Years
Harold B.	CC-Weber Road Nooners	10/18/2007	14 Years
Arthur A.	CC-Hilltoppers Group	10/19/1998	23 Years
Tim R.	CC-New Phoenix Group	10/21/2011	10 Years
Betsy H.	CC-New Women's Group	10/22/2010	11 Years
Kruger D.	CC-New Phoenix Group	10/23/2009	12 Years
Eddie M.	CC-Weber Road Nooners	10/28/2005	16 Years
Debbie B.	CC-Weber Road Nooners	10/31/2000	21 Years
Mary G.	CC-Hilltoppers Group	11/03/1986	35 Years
Margaret P.	CC-Hilltoppers Group	11/06/2006	15 Years
Loralei D.	CC-New Women's Group	11/06/1984	37 Years
James H.	CC-Bookmarks Group	12/17/1993	28 Years
Joe McM.	CC-Hilltoppers Group	12/21/1980	41 Years
Tony P.	CC-Hilltoppers Group	12/23/1978	43 Years
John K.	CC-Cullen Mall Group	12/25/1995	26 Years
Lois H.	CC-New Women's Group	12/29/2007	14 Years

Birthday Club Members are people who have made an individual contribution to CBIA of \$1.00 or more for each year of sobriety during that calendar year. They will be listed in each Bender from the month after the donation to the end of the year. **Monthly donors (\$5 or more) and people who contribute \$100 or more will be listed for one additional year.**

Donations can be made by **PayPal** under the Donate option on our website (www.cbiam.org), by **Venmo** to CoastalBend-Intergroup (For anonymity, is recommended that Venmo settings make the transaction private.) or by **check** to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. Please indicate Home Group or City and Sobriety Date. Let us know if you do not want your birthday listed in the Bender.

Memorial Donations

Name	Home Group	Departed
Roger B. Bobby P.	Corpus Christi CC-Mountain Toppers	01/13/2020 04/23/2020
Kari Sue P. Tom G.	CC-Mountain Toppers CC-New Phoenix Group	05/19/2020 05/24/2020
Leo J. Charles K.	CC-New Phoenix CC-Weber Road Nooners	05/30/2020 06/15/2020
Randy F. John O.	Corpus Christi CC-Hilltoppers	07/28/2020 11/04/2020
Jorgé T. Philip B.	CC-New Attitude CC-Cullen Mall	11/15/2020 12/17/2020
Zane R.	Laredo (Prev. Weber Nooners)	01/12/2021

Memorial Donations can be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meeting is not required as long as they died sober (*with allowance for medically supervised pain meds as under hospice care*). Suggested donation of \$1 per year of sobriety or a minimum of \$5. They will be listed in each Bender from the month after the donation to the end of the year. **Donations of \$100 or more will be listed for one additional year.**

Donations can be made by PayPal under the Donate option on our website (www.cbiala.org), by Venmo to CoastalBend-Intergroup (*For anonymity, it's recommended that Venmo settings make the transaction private.*) or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX). Please indicate Home Group or City and date of death.

Service Opportunities

Corrections Facilities

Because of the pandemic, facilities are not allowing outside volunteers in. The mandatory Department of Corrections volunteer training is now available online.

Helpline / 12 Step List

The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday or 8 AM Sunday to 8 AM Monday). A minimum of six months sobriety is required to answer the phones. We need a few additional helpline volunteers at present.

If a caller needs help beyond meeting information, the helpline passes them to someone on the **12-Step List** for a longer conversation on how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12 Step List. We especially need people (particularly women) in the outlying areas.

If you would like to be on the Helpline or the 12-Step List, call Kelly or Rob at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday thru Friday.

Local Stories Wanted

For the Coastal BENDER

Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grandecom.net in a Word document or similar format.

New CBIA Office Manager

Rita S. (Oso Group 3-13-1977)

The CBIA Board of Trustees has hired Rita S. of the CC-Oso Group to be the Office Manager effective 4/8/2021. She is retiring after 25 years at Radiology Associates. She will replace Rob M. who is retiring from CBIA.

New CBIA Officers

At its January Board Meeting, the CBIA Board elected the following officers:

- **Anita C-B – Chairperson**
- **Barb C-S – Vice Chairperson**
- **Michael B – Financial Trustee**

New CBIA Trustee

Parth S. (Victoria Main Stream Group 8-17-2018)

The CBIA Board elected a new Trustee, Parth S., to replace Judy McG. who resigned in the second year of her term.

District Meetings

District 7

(Victoria Area)

The next District 7 meeting will be at **10:00 AM** on Saturday, **February 20th** on Zoom.

Meeting ID: **662 621 1099**

Password: **218223**

District 8D

(Corpus Christi)

The next District 8D meeting will be at **2:00 PM** on Sunday, **January 17th** **only on Zoom.**

Meeting ID: **843 0854 7661**

Password: **District8D**

District 8E

(Corpus Christi and West)

The next District 8E meeting will be at **9:30 AM** on Saturday, **January 9th** at the Calallen Pass It On Club.

District 15

(Northeast of Corpus Christi)

The next District 15 meeting will be at **2:00 PM** on Saturday, **January 16th** on Zoom.

Meeting ID: **711 9679 0462**

Password: **D15**

“It must never be forgotten that the purpose of Alcoholics Anonymous is to sober up alcoholics. There is no religious or spiritual requirement for membership. No demands are made on anyone. An experience is offered which members may accept or reject. That is up to them.”

Bill W.



Group Contributions for 2020

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held Monday **February 8th** at 6:00 PM on Zoom.

CBIA Quarterly Association Meeting will be held Monday **January 25th** at 6:00 PM on Zoom.

District Meetings

See Bits & Pieces section for information on district meetings in the Coastal Bend area:

District 7 (Victoria Area)

District 8D (Corpus Christi Area)

District 8E (Corpus Christi Area)

District 15 (Portland, Port A, AP, Rockport Area)

Group Announcements

New Phoenix Group Conscience is held the last Sunday of the month at 1:15 PM. **Birthday Night** is first Saturday of the month at 8:00PM. (5433 S. Staples, Suite F in The Boardwalk.)

Hilltoppers Group Conscience is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

Weber Road Nooners Group Conscience is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are celebrated the first Monday of each month at noon. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

Calallen Group Conscience is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthday Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

Flour Bluff Unity Group Conscience is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **BirthDay Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

Turning Point Group Conscience is held the 1st Wednesday of each month. **BirthDay Meeting** is last Saturday of the month.

Group Contributions		
GROUP NAME	DEC. 2020	YTD 2020
Alice Group		
Anonymous/Individual Contribution	6,646.00	13,937.50
Aransas Pass Group		
Beeville-Freedom Group		
Beeville-Hope Group		
Beeville-Serenity Group		
Beeville-Shepherd's Group		
CC-Alanos	400.00	400.00
CC-Bookmarks Group		125.00
CC-Calallen Group		
CC-Crosstown Group		135.39
CC-Cullen Mall Group		50.00
CC-Day of AA		150.00
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's Place		
CC-Fifth Tradition Group		
CC-Flour Bluff Unity Group		
CC-Friday Night Speaker Meeting		
CC-Happy Hour Meeting		
CC-Hilltoppers Group		95.60
CC-Humility Group		400.00
CC-Just for Today Group		
CC-Lucky Ones		57.12
CC-Mountain Toppers		229.00
CC-New Attitude Meeting		223.79
CC-New Life Group	10.00	130.00
CC-New Phoenix Group	18.00	320.02
CC-New Women's Group	226.00	1,668.79
CC-Oso Group		712.35
CC-Saratoga Group		200.00
CC-Sunset 7 Group (N Padre Island)		2,534.93
CC-Turning Point Group		400.00
CC-Weber Road Nooners Group		1,732.00
District 7	100.00	100.00
District 8C		676.15
Goliad-Open Arms Group		107.00
Hallettsville Group		25.00
Karnes City-Mayfield Group		
Kingsville-AL-K Group		
Moulton Group		
Mathis -Crossroads Group		100.00
Mathis - Unity Group		100.00
Port Aransas Group		700.00
Port Lavaca Group		
Port O'Connor Group		
Portland -Jaywalkers Group		
Portland -Nueces Bay Group		160.00
Quarterly Meeting 7 th Tradition		20.00
Riviera-SASTO Group		
Robstown Desire Group		
Rockport-Happy Hour Group		240.00
Rockport-Fellowship Group		
Schulenburg Group		20.00
Sinton-Grupo Secunda Chanza		
Skidmore Group		
Three Rivers-Choke Canyon Group		50.00
Victoria-Airport Group		300.00
Victoria-Back to Basics Group		491.16
Victoria-For Sinners Only Group		30.00
Victoria-Golden Slippers		406.50
Victoria-High Nooners Group		
Victoria-Main Stream Group	25.00	100.00
Victoria-Men's Group		
Victoria-Unity Group		
Victoria-Women's Group	10.00	20.00
Yorktown Group	60.00	200.00
TOTAL	87,495.00	827,347.30

Addresses for Group Contributions for 2020-2022

Coastal Bend Intergroup (Suggested 50% *)

CBIA

3833 S. Staples Suite S-212
Corpus Christi, TX 78411

Districts (Suggested 10% *)

District 7 Treasurer

P.O. Box 5324
Victoria, TX 77903

District 8D Treasurer

P.O. Box 61135
Corpus Christi, TX 78466

District 8E Treasurer

% Dina P.
6013 Liptonshire Drive
Corpus Christi, TX 78415

District 15 Treasurer

% Mike L
511 Gulf
Port Aransas, TX 7837

Area 68 Southwest Texas (Suggested 10% *)

SWTA 68 Treasurer

P.O. Box 716
Bastrop, TX 78602

General Service Office (Suggested 30% *)

GSO

P.O. Box 459
New York, NY 10163-0459

*“It must never be forgotten
that the purpose of Alcoholics
Anonymous is to sober up
alcoholics. There is no religious
or spiritual requirement for
membership. No demands are
made on anyone. An experience
is offered which members may
accept or reject. That is up to
them.”
Bill W.*

*Suggested percentages are from AA

‘Pamphlet F-3, SELF-SUPPORT: Where Money and Spirituality Mix (Available on our web site: cbiaa.org under DONATE). Group Contributions are always at the discretion of the group conscience.

Coastal Bend Intergroup Association

Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to:

- Establish a 24-hour help-line
- Print meeting schedules
- Maintain a 12-Step list

Whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

“The greatest enemies of us alcoholics are resentment, jealousy, envy, frustration, and fear.”

Alcoholics Anonymous

“When I am willing to do the right thing I am rewarded with an inner peace no amount of liquor could ever provide. When I am unwilling to do the right thing, I become restless, irritable, and discontent. It is always my choice.”

p.317, AA Big Book

Services Provided

1. Maintains business hours Monday through Friday from 8:30 to 11:30AM and 2:00 to 5:00 PM. The office is open during business hours Monday, Wednesday and Friday mornings and Tuesday and Thursday afternoons.
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12-Step List and calls individuals for 12-Step work.
4. Provides a 24-hour helpline manned by volunteers in the evenings and on weekends and holidays.
5. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
6. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
7. Purchases and sells "Conference-Approved" literature, and non-conference-approved Anniversary Medallions and Sobriety Chips.
8. Conducts monthly Trustee meetings. Any member of Alcoholics Anonymous on the agenda is welcome to attend. Group GSR's and IGR's are always welcome to attend.
9. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
10. Maintains service committees for service work in the Coastal Bend Area.
11. Develops and maintains a website.

Asociación Inter-grupo de la Zona Costera

Declaración de Principios

La misión de la asociación inter-grupo de la zona costera es proveer el primer contacto vital al alcohólico en busca de ayuda. La oficina de AIZC [siglas en español, en inglés CBIA], se mantiene para el beneficio de aquellos que siguen sufriendo. Para cumplir con esta tarea tan importante la oficina de CBIA debe:

Establecer una línea de ayuda las 24 horas
Imprimir los horarios de las reuniones de AA
Mantener una lista con los 12 Pasos

Con lo cual Grupos de AA e individuos puedan conducir llamados de los 12 Pasos, esenciales en el crecimiento de AA en la Zona Costera.

Servicios Prestados

1. Horario de oficina, lunes a viernes de 7:30 a 11:30AM y de 1:30 a 5:30PM.
2. Provee información y referencias sobre A.A. .
3. Mantiene una lista de los 12 Pasos y listado de personas para trabajar los 12 pasos.
4. Provee un listado de A.A. en el directorio telefónico.
5. Provee servicio de voluntarios contestando llamadas las 24 horas mientras la oficina esta cerrada.
6. Publica los horarios de todos los grupos en el área costera sin costo.
7. Publica una hoja informativa, la "Coastal Bender", para mantener a los miembros de A.A. informados de los acontecimientos locales y de los eventos especiales A.A..
8. Compra y venta de literatura "Aprobada en Conferencia" ('CONFERENCE APPROVED'), y mercancía no aprobada como Medallones de Aniversario y Monedas de Sobriedad.
9. Conduce reuniones mensuales de fideicomisarios. Todos los miembros de Alcohólicos Anónimos son bienvenidos a estas reuniones asimismo es importante contar con su opinión.
10. Conduce Reuniones cada cuatro meses para evaluar a los grupos en actividades Inter-grupo y para buscar que participen en cuestiones de la CBIA.
11. Mantiene comités de trabajo para servicio en el área de la zona Costera.

Los Grupos Hispánicos

Horario

Grupos en Corpus Christi

Grupo Nueva Esperanza (552 Old Robstown Road, Corpus Christi) 8:00 De la Noche (todos los dias).

Grupo Primer Paso (1635 18th Street, Corpus Christi) 8:00 De la Noche (Miercoles);
Mediodia (Sabado).

Grupo Serenidad (408 Brownlee, Corpus Christi) 8:00 De la Noche (Martes y Domingo);

Grupo Tres Legados (1019 S. Port, Corpus Christi) 8:00 De la Noche (Lunes, Martes, Miercoles y Jueves);

Grupo en Flatonía

Grupo Flatonía (208 E. North Main Street, Flatonía) 7:00 De la Noche (Jueves)

Grupo en Kingsville

Grupo Un Dia a La Vez (819 N. 3rd, Kingsville) 7:00 De la Noche (Miercoles)

Grupo en Moulton

Grupo Moulton (301 N. Hackberry. Moulton) 7:00 De la Noche (Lunes)

Grupo en Port Lavaca

Grupo Nuevo Amanecer (213 E. Austin, Port Lavaca) 7:00 De la Noche
(Lunes, Miercoles y Viernes)

Grupo en Schulenberg

Grupo Schulenberg (901 Kallus, Schulenberg) 7:00 De la Noche (Domingo)

Grupo en Sinton

Grupo Segunda Chance (215 Sodville, Sinton) 8:00 De la Noche (Martes y Viernes)

Coastal BENDER Mission

Our primary purpose is to carry the AA message to the still suffering alcoholic. A secondary purpose of The Bender is to keep the CBIA Area of South Texas informed as to the events, meeting changes, Board of Trustee actions / decisions, and other news of interest to AA's in the area. Finally, as a newsletter we provide a forum for the broad spectrum of views held by our members. Publication of any article submitted will be at the discretion of the Bender Editor as advised by the CBIA Board. A controversial subject, as long as it does not concern an outside issue and involves principles and not personalities, will be considered for publication. As a general guideline, any letter or article that is of interest to members of AA and in good taste is worthy of publication. However, an article or letter that advocates ignoring or violating the Traditions, Concepts, or General Service Conference actions will

Detach here

Free e-Mail Subscription to the BENDER and BITS & PIECES

NAME: _____

e-MAIL: _____

Easy ways to sign up for our two monthly publications:

- Send an email with the above information to cbia@grandecom.net with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.

Detach here

Special Thanks to everyone who made contributions to this months BENDER

*Compiled and written by Rob M.
Designed by Harry*