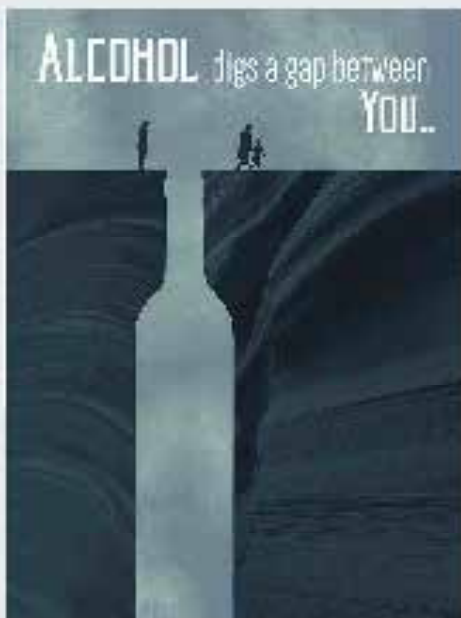




THE BENDER

**“When anyone,
anywhere, reaches out
for help, I want the
hand of AA always to
be there. And for that
I am responsible.”**



**CBIA, 3833 S. Staples Suite
S-212, Corpus Christi, TX
78411**

**(361) 992- 8911 or Toll
Free 1 (866) 672-7029**

**Books and Chips sold by
appointment.
www.cbiaa.org.**

*The mission of the Coastal Bend
Intergroup Association is to provide the
vital first contact to the alcoholic
seeking help.*



3061 S Staples in Corpus Christi is home of the Humility Group. They have face-to-face meetings every day of the week at Noon, 5:30 PM and 8:00 PM. On Saturdays and Sundays they have additional meetings at 7:00 AM and 1:30 PM. On Sundays they have a women's meeting at 3:00 PM.

Index: 1.Cover: 2. Tradition: 3-4. Minutes:
5-6: Qt Meetings: 7. CBIA Hours: 8.Special Events:
9. Face to Face Meeting Changes: 10.AA Meetings on
ZOOM 11. AA on Zello: 12-14: CBIA Needs Help
15-16. Birthday Club 17. Memorial Donations:18. Service
Opportunities:19. **Help Wanted:** 20: District Mtgs
21. Group Contributions: 22. Addresses: 23. Mission
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Tradition 11 Anonymity at the Level of Press, Radio, Film *(and Social Media)*

Tradition 11: Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films. I attended the National Technology Workshop in Round Rock, Texas in September 2018. My main take away involved Tradition 11 as it relates to social media. In an advisory action, the General Service Conference determined that anonymity at the level of Press, Radio and Film includes social media. OMG! I love Facebook. I was one of those people who would “LIKE” your share that you were “celebrating 10 years of sobriety thanks to God and AA.” I would even post a photo of my medallion on my own timeline, but I felt good about never posting a photo of your medallion on your timeline. Sitting in that workshop about a year ago, I had a rude awakening that what I was doing was not good enough in light of the advisory action. I might as well have gone on the 10 o’clock news in February of 2020 and announced that “thanks to God and AA I had been sober for 35 years.” When I was getting sober in the mid-1980’s, the National Inquirer would announce on alternate weeks “Liza’s Drinking Again” or “Liza’s Back in AA”. It gave the casual observer the impression that AA doesn’t work very well. While I have a long history of staying sober and I have a life that supports staying sober, I am not guaranteed to remain sober until I die, in spite of my good intentions.

The facilitator of the workshop said “Announcing your AA birthday to an audience that includes nonmembers is about ego.” While I was thinking about how wrong he was, it occurred to me that many (maybe most) of the people who LIKED such posts on my timeline were non-alcoholics and probably had no idea how I had stayed sober (*White knuckle sobriety - fighting a compulsion to drink for 33 years by heroic will power? Hardly my experience. A triumph of brains and personality? I think not.*). Fortunately, AA gives me the wherewithal to transform rude awakenings into spiritual awakenings. Maya

Angelou once said “Now that you know better, you can do better.” In subsequent years, I have tried to make my Facebook postings more consistent with the advisory action.

- I no longer mention my AA birthday (sobriety date) on my timeline.
- I no longer LIKE a posting about your AA Birthday (sobriety date) on your timeline.

NOTE: I might congratulate you in a private message or email, but not on your timeline.

- I have un-joined AA-oriented ‘PRIVATE’ groups. Membership in these groups is not secret. NOTE: I have joined an AA-oriented ‘SECRET’ group (*The existence of the group and its membership are both secret. You cannot find such a group unless you are invited to join it.*)
- No photographs of people at AA meetings or AA events

Rob M. (2.24.1985), Corpus Christi, TX

Minutes of October Board Meeting

10-12-2020

I. OPENING:

- **Gail** opened the meeting with the **Serenity Prayer** at **6:10 PM**.
- **Judy** read the **CBIA Mission Statement**.
- **Harry** read the **General Warranties**.
- **Linda** read the **12 Traditions**.

II. ATTENDANCE:

- **Gail B.** (*Chair*), **Enrique M.** (*Vice Chair*), **Linda K.** (*Financial Trustee*), **Anita C-B.** (*Trustee*), **Barb C-S.** (*Trustee*), **Harry B.** (*Trustee*), **Judy M.** (*Trustee*), **Butch R.** (*Weber Road Nooners Group*) and **Rob M** (*Office Manager*) were present.
- **Kelly J.** (*Asst Office Manager*) was not present

III. MINUTES:

- Minutes of the **September Board Meeting** were reviewed.
- **Enrique** moved to approve the minutes as revised. **Harry** seconded. Motion carried.

IV. FINANCIAL REPORTS:

- **Linda** (*Financial Trustee*) presented the **September Financial Report**.
 - **Balance Sheet:** Total CBIA funds as of **September 30th** totaled **\$18,934.19**; **\$50.00** in Petty Cash; **\$4,991.43** in Checking; **\$12,619.37** in Prudent Reserve and **\$1,273.39** in the Jamboree Account.
 - **Profit & Loss** for the month of **September:** Group & Individual Contributions **\$2,228.89**; Gross Sales (*Books, Chips & Medallions*): **\$980.25** less *Cost of Goods Sold* **\$726.30**; Gross Gain for the month was **\$4,383.84**; Total Expenses were **\$2,660.71** for a Net Gain of **\$1,723.45** for the month.
 - **Judy** moved to approve the financial report. **Anita** seconded. Motion carried.

V. SERVICE AREA REPORTS:

- **12th Step** – **Judy** said more of us are mastering Zoom.
- **Archives** – **Gail** said she was still going through archival material not in binders.
- **Bilingual** – **Enrique** said he had nothing new to report.
- **Coastal BENDER:** **Harry** said he and **Rob** are getting the new format **BENDER** out earlier each month. He said he would like to have a button on the home page of the website to take you directly to the latest issue of the **Coastal BENDER**.
- **Corrections/Treatment Facilities:** **Linda** said she received an email from the chaplain of the Glossbrenner Unit indicating the agency was now allowing volunteer chaplains into the facility. He expects other volunteers would be next. She said volunteer training is now available online.
- **Jamboree:** **Harry** said he was not able to attend the Jamboree Committee meeting. **Rob** said they are moving forward with planning for the event. Most of the speakers were not able to attend the conference with the new dates. We are getting other speakers - most of them with shorter distances to travel.

Minutes of October Board Meeting

10-12-2020

- **Nominations:** **Open.** **Rob** said we have qualified people willing to stand for each available trustee position at the October Quarterly Meeting.
- **Public Information/Cooperation with Professional Community:** **Barb** said the District 8D PI/CPC committee has not met since our last meeting. She said she passed out the district's new scannable sober contact cards at Septemberfest.
- **Social:** **Anita** thanked everyone for supporting Septemberfest which raised a net of \$1,901 for CBIA. She said **Barb** did a great job with the book sale. **Anita** was in the "War Room" with four volunteers communicating with people participating in the online raffle. The raffle and book sale started on the Wednesday before the event and people continued to make **Septemberfest** donations for a week after the event. 158 people joined the secret Facebook Group. People who did not buy raffle chances donated anyway. **Barb** added that we owed thanks to past Social Trustee **Rosario T.** for the popular pulled pork lunch. Rob said he made a presentation on the event at the National Office Managers Seminar. There was a lot of interest and a lot of questions – particularly about the way Anita did the online raffles with the online Wheel of Names.

VII. OFFICE REPORT:

- Office Update – **Rob** said he had nothing to report.

VIII. OLD BUSINESS:

- **None.**

VIII. NEW BUSINESS:

- **None.**

IX. NEXT MEETING:

- Next CBIA Board of Trustees meeting will be on Monday **November 9th** at 6:00 PM on ZOOM.

X. NEXT QUARTERLY MEETING:

- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday **October 26th** on ZOOM.

XI. CLOSING: Our Father.

- **Enrique** moved to adjourn.
- **Harry** seconded. Motion carried.
- **Gail** closed the meeting with prayer at **6:55 PM.**

Respectfully submitted,

Rob M.

Office Manager

Minutes CBIA Quarterly Meeting

10-26-2020

I. OPENING:

- **Gail** opened the meeting with the **Serenity Prayer at 6:10 PM.**
- **Barb** read the **CBIA Mission Statement**
- **Linda** read the **General Warranties**
- **Ronnie** read the **12 Traditions**

II. ATTENDANCE:

- **Gail B.** (Chair), **Linda K.** (Financial Trustee), **Anita C.** (Trustee), **Barb C-S.** (Trustee), **Harry B.** (Trustee), **Judy M.** (Trustee), **Rob M** (Office Manager). and **Kelly J.** (Asst Office Manager) were present.
- **Butch R.** (Weber Nooners), **George D.** (Portland-Jaywalkers), **James H.** (Bookmarks - Past Delegate), **Katrina M** (IGR – New Women), **Laura G** (Weber Nooners), **Linda M** (Weber Nooners), **Rae T** (IGR-Bookmarks), **Rita S.** (Bookmarks), **Ronnie B.** (Portland-Nueces Bay), **Steve S.** (Weber Nooners), and **Terry M.** (Portland-Jaywalkers) were present.
- **Enrique M.** (Vice Chair) was not present.

III. MINUTES:

- Previously-approved **Minutes of the July Quarterly Meeting** were reviewed.
- **Minutes of the October Board Meeting** were reviewed.
 - **Linda** moved to approve the minutes as read. **Barb** seconded. Motion carried.

IV. FINANCIAL REPORTS:

- **Linda** (Financial Trustee) presented the previously-approved **September Financial Report.**
 - **Balance Sheet:** Total CBIA funds as of **September 30th** totaled **\$18,934.19**; **\$50.00** in Petty Cash; **\$4,991.43** in Checking; **\$12,619.37** in Prudent Reserve and **\$1,273.39** in the Jamboree Account.
 - **Profit & Loss** for the month of **September:** Group & Individual Contributions **\$2,228.89**; Gross Sales (Books, Chips & Medallions): **\$980.25** less Cost of Goods Sold **\$726.30**; Gross Gain for the month was **\$4,383.84**; Total Expenses were **\$2,660.71** for a Net Gain of **\$1,723.45** for the month.

V. TRUSTEE ELECTION

- **Gail** said that in the absence of any last-minute candidates, would someone like to make a motion to elect the Nominations Committee's slate of candidates by acclamation.
- **Rae** moved to elect the Nominations Committee's slate of candidates by acclamation. **Harry** seconded. Motion carried.
- **The following qualified candidates have been elected to two-year terms on the CBIA Board of Trustees starting in January 2020:**
 - **Amy M.** (Weber Nooners)
 - **Harry B.** (Rockport Fellowship)
 - **Michael B.** (New Attitude)
 - **Ronnie B.** (Portland-Nueces Bay)

VI. SERVICE AREA REPORTS:

- Due to a lack of time and in the absence of any compelling issues, **Gail** announced that the **Service Area Reports** would be skipped.

Minutes CBIA Quarterly Meeting

October 26, 2020

VIII. OLD BUSINESS:

- None.

IX. NEW BUSINESS:

- **Butch's Concerns - in summary:**
 - He wants the office open every day all day or he suggests closing it entirely.
 - He does not like the CBIA website. He prefers the \$13,000 Houston Intergroup website. He does not like our newsletter – he thinks newsletters are obsolete technology. He wants the information he wants on a searchable website.
 - He wants anyone to be able to attend CBIA Board Meetings whenever they want.
- **Steve S.** said the intergroup was better run when he was chair of the board; they made some changes to the old html website; he commented that CBIA had reasons for what they couldn't do – nothing about what they could do.
- **CBIA Power Point Slide Show.** In summary:
 - We are now open half a day every day (MWF -AM; TT – PM).
 - We will form a committee to consider revisions to the website.
 - Anybody with an item on the agenda is welcome at board meetings; GSR's and IGR's are always welcome at board meetings.
- **Linda M.** said she thinks CBIA is doing a great job. She has never had a problem getting anything from CBIA.
- **James H.** said
 - He has always been well-served by **Rob** and **Kelly**. And he has always been able to find a meeting in the Coastal Bend area. As a member of a home group, he said it is his responsibility to make sure the Intergroup Office is informed of changes.
 - One of his concerns is that over the past 5 years more and more e-books are being sold. He said it is heartening that individuals and groups have been making up the shortfall.
 - The Intergroup is the front door of Alcoholics Anonymous and a number of other things.
 - The 7th Tradition says we are fully self-supporting. We do not have a money issue in AA. We need to communicate the situation to the membership.
 - In his opinion, the intergroup has functioned very well in trying times. He is grateful to the people keeping it going. We need to trust the board to do their job and honor their right of decision.

X. NEXT MEETING:

- Next **CBIA Board of Trustees Meeting** will be on Monday **November 9th** at 6:00 PM on ZOOM.

XI. NEXT QUARTERLY MEETING:

- Next **CBIA Quarterly Association Meeting** is scheduled for 6:00 PM on Monday **January 25th** on ZOOM.

XII. CLOSING: Our Father.

- **Judy** moved to adjourn. **Linda** seconded. Motion carried.
- **Gail** closed the meeting with prayer at **7:30 PM.**

Respectfully submitted,

Rob M.

Office Manager

CBIA Hours

CBIA OFFICE HOURS

8:30 – 11:30 Monday, Wednesday & Friday Mornings
2:00 – 5:00 Tuesday & Thursday Afternoons

- **The office is open Monday, Wednesday, and Friday Mornings from 8:30 to 11:30 and Tuesday & Thursday Afternoons from 2:00 to 5:00 PM for picking up purchases.** Please let us know what you want so we can put your order together for you, let you know if any items are out of stock, and give you the total. We will bring your purchases out to your car or out to you in the hall.
- **Other times for pickup can be arranged with staff by calling during business hours.**

CBIA BUSINESS HOURS

8:30 – 11:30 AM and 2:00 – 5:00 PM Monday - Friday *(except on Holidays).*

During the pandemic, staff are working from home during Business Hours except when the office is open. *(Hours have been reduced from 40 to 30 hours per week to reduce expenses.)*

CBIA HOLIDAYS

January **New Years Day**
May **Memorial Day**
July **Independence Day**

September **Labor Day**
November **Thanksgiving (2 Days)**
December **Christmas Day**

CBIA PHONE NUMBER

(361) 992-8911

Calls are answered by staff during business hours and by helpline volunteers after hours and on weekends and holidays.

Special Events

District 8E

Step 1, 2 & 3 Workshop

(Wednesday, December 12th)

District 8E will present a workshop on Steps 1, 2 & 3 at 2:00 PM on Saturday, December 12th at the Pass It On Club in Calallen.

Cullen Mall 30th Annual Candlelight Gratitude Mtg

(Wednesday, December 16th)

This popular event will be held at 8:00 PM on Wednesday, December 16th on Zoom. *(See flier for details.)*

Zoom ID: 265 788 954

Password:

SWTA 68 Winter Workshop

(January 29th – 31st in Temple)

With the theme: **The Solution** *(Step into the Book)*, the **Winter Workshop may be held only on ZOOM – details will follow.**

SWTA 68 Correctional Facility Conference

(February 26th – 28th in Round Rock)

The annual Area Corrections Conference may be held only on Zoom - details will follow.

2021 Coastal Bend Jamboree *(Canceled)*

Due to the pandemic, the 2021 Coastal Bend Jamboree has been canceled. **The next Jamboree will be in February of 2022.** *(See flier for details)*

**Staying Sober
One Christmas
At A Time!**



 /watershedrecovery

Face-to-Face Meeting Changes

Alice Recovery Crew (*Mon., Tue., Wed. & Thu. in Alice*)

The Monday meeting is a hybrid: Face-to-Face and on Zoom. Tuesday through Thursday are only on Zoom. All meetings are at 7:00 PM

CC-Humility Group Brings Back Women's Meeting (*Sundays at 3:00 PM*)

The Humility Group has restarted the 3:00 PM Women's Meeting on Sundays. They now have Face-to-Face Meetings at Noon, 5:30 PM and 8:00 PM every day. They also have meetings at 7:00 AM and 1:30 PM on Saturdays and Sundays and a 3:00 PM Women's Meeting on Sundays.

CC-New Freedom (*Mondays at 9:00 AM*) *Temporarily Susp.*

The New Freedom Meeting which was meeting at 9:00 AM on Mondays in St Andrews Park has been temporarily suspended.

CC-Weber Road Nooners Group Adds Face-to-Face Meeting (*Fridays at Noon*)

The Weber Road Nooners' Group has added a face-to-face meeting at noon on Fridays. This will be parallel (concurrent but separate) to their Friday noon AA Meeting on Zoom. They now have face-to-face meetings at 5:30 PM on Tuesday and Thursday; at 10:00 AM on Saturdays and at Noon on Fridays. They also have a Noon AA meeting on Zoom every day. **Face-to-face meetings are held at Travis Baptist Church (5802 Weber at Schanen).**

Victoria Mainstream Group (*Daily Noon Meetings – except Fri & Sun*)

Face-to-Face meetings have resumed at noon every day except Fridays and Sundays at St Francis Episcopal Church. These are hybrid meetings which are also on Zoom.

A Gift To You All (and myself) Is My...



AA Meetings on Zoom

Alice-Recovery Crew,

7:00 PM Mon thru Thu Meeting
ID 825 6450 3417, Password:
123456.

CC-Cullen Mall,

8 PM, Mon, Wed & Sat Meeting
ID: 265 788 954 Password:
330022

CC-Friday Night Speaker Meeting 8 PM

Zoom ID: 538 295 5939

Password: 357766

CC-Recovery Online

(Previously Hilltoppers)

Mon - Sat 12:00 PM Meeting ID:
907 402 1032 Password 450339

CC-New Attitude Group

M, W & F 6:00 PM Meeting ID:
714 784 969 Password 954788

CC-New Phoenix Group

- Mon - Fri 6:30A Meeting
ID: 886 9994 6374
Password: 336965
- Sat - Sun 7:00A Meeting
ID: 962 866 373 Password:
018696
- **Sat 8:00 PM Speaker Mtg**
ID: 827 5449 2847
PW: 545707

CC-New Women's

Mon & Thu 7 PM; Sat 11 AM
Meeting ID: 580 495 1776
Password: NWGroup

CC-Sunset 7 Group

Mon & Wed 7:00 PM Meeting ID:
837 019 9098 Password: beach

CC-Turning Point

Wed & Sat 6:30 PM Meeting ID:
577 043 944 Password: sober

CC-Weber Rd Nooners

12 Noon, Daily Meeting ID: 260
214 3828 Password: 676271

Portland-Nueces Bay

Mon, Wed and Thu 6:30 PM
Meeting ID: 914 279 6854
Password: 192648

Rockport-Happy Hour

Mon, Wed, Fri 5:30 P Meeting ID:
865 7690 4190 Password: 0164

Victoria-Back to Basics

7 PM Daily Meeting ID: 662 621
1099 Password: 218223

Victoria-Mainstream,

Daily except Fri & Sun Noon
Meeting ID: 698 545 080
Password: 003178

Victoria-For Sinners

Only, Sun 11:30 AM Meeting
ID: 684 717 620 Password:
4SO#2020

AA Meetings on a Zello

Why use Zello? It works on Internet connections with limited speed and/or limited data and/or older smartphones.

How To Get Connected

1. Start

by installing the App Link for Android

<https://play.google.com/store/apps/details?id=com.loudtalks>

2. Apple Store

download Free App Zello Walky Talky

3. Create

an Account and Sign in.

(Probably want to use something that meets the 12th Tradition for remaining Anonymous.)

<https://support.zello.com/hc/en-us/articles/230749047-Zello-Android-User-s-Guide->

4. Searching

for channels to add. You can search for channels by using keywords, topics, or a specific name:

5. On the Main Screen

1. Tap Channels Tap to Add Channel icon in the lower right corner

2. Tap Find a channel, Enter the name or keyword for a channel to search on

3. Tap the Search icon See the channel you want?

4. Tap on the name and then tap +ADD to add the channel to your Channels list.

6. Search

for Clean & Serene GBLTQ STR8 Friendly Meeting Friday 8PM” In Keeping with the 3rd Tradition “You are a member when you say you are.”

Clean & Serene is a STR8 - friendly AA Meeting for LGBTQ. Please respect the participants preferred pronouns but everyone must remember that voices can be deceiving. It will normally be set to OPEN but the trusted members will be able to MUTE problem Members.

“Is sobriety all that we are to expect of a spiritual awakening? No, sobriety is only a bare beginning; it is only the first gift of the first awakening. If more gifts are to be received, our awakening has to go on. As it does go on, we find that bit by bit we can discard the old life - the one that did not work - for a new life that can and does work under any conditions whatever.”

Bill W.

CBIA Needs Help

What happened?

First Quarter

While our expenses are a little less than last year, our income (*especially Jamboree and Group Contributions*) has decreased significantly. Each year in February or March the net proceeds from the Coastal Bend Jamboree of around \$14,500. (*40% of our annual net revenue*) puts us ahead. By the end of the fourth quarter each year we are just squeaking by (*as a non-profit should*).

Attendance at the 2020 Coastal Bend Jamboree was down sharply because for the first time ever two other **major** AA events (*South Padre Island Jamboree and South East Texas Convention in Houston*) were scheduled in South Texas the same weekend. Hence, very few people from Houston or the Rio Grande Valley attended our event. While that should not happen again in the coming years, it negatively affected revenue for 2020. In addition, many groups elected new treasurers starting in January of 2020, which comes with a learning curve so group contributions were down a bit.

State law allows non-profit 501c(3) organizations like CBIA to hold no more than two fundraisers per year. The Jamboree and Founders Day are our only fundraisers. (*Other CBIA events like our Halloween and New Year's Eve Dances are NOT fundraisers. Our goal is to just break even on those events*).

This year, we will run out of money much earlier - predictably this summer. Our prudent reserve (*which is the equivalent of five months operating expenses*) is considered minimal for an organization like ours (*which is heavily dependent on Jamboree revenues and voluntary contributions*); so we think it would be unwise to deplete that.

Second Quarter

Then the Corona Virus Epidemic came to South Texas. Many AA groups suspended meetings, the remaining face-to-face meetings were more sparsely attended. Other groups went to AA Meetings on Zoom or other internet platforms – which were also more sparsely attended and don't work as well for passing the basket. Hence, group contributions are down further. In addition, we had to cancel our second annual fundraiser, Founder's Day in June which was budgeted to net \$500 in revenue. We are blessed by individual AA members and a few prosperous groups whose generous contributions have buffered the effect of the pandemic.

CBIA Needs Help

Where Are We Now?

	Budget Jan–Nov 2020	Actual Jan–Nov 2020
Other Income		102.00
Donations	\$16,745.95	\$19,852.30
Jamboree	\$14,513.00	\$7,500.00
Social Event Inc.	\$997.00	\$1,901.00
Social Event Exp.	(\$1,100.00)	(\$20.70)
Net Sales	\$3,716.86	\$2,124.97
-----	-----	-----
Gross Gain	\$34,872.81	\$31,459.57
Net Expenses	\$33,313.20	\$30,944.85
-----	-----	-----
Net Gain (Loss)	\$1,559.61	514.72

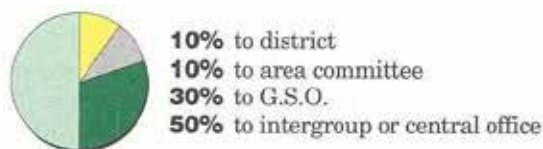
What Has the CBIA Board of Trustees Done?

We determined that we had previously reduced expenses as far as possible without cutting services, and we did not want to do that. We have also decided that to ensure the future of the organization it would be [.]nwise to cover the entire shortfall from our prudent reserve.

However, last summer the board decided it was necessary to move \$3,000 from Prudent Reserve (*Savings*) to Checking. The board also voted to reduce hours & payroll by 25% so Kelly (*AM*) and Rob (*PM*) will work three hours rather than four each workday. As of August 1st, our hours are 8:30 – 11:30 AM and 2:00 – 5:00 PM Monday through Friday. The board also asked the Office Manager to ask the landlord about a smaller space.

What Can a Group Do to Help?

The AA World Service pamphlet, **Self-Support: Where Money and Spirituality Mix**, **suggests** that AA Groups in areas served by an intergroup office distribute funds in excess of prudent reserve as shown below.



Thus, it is up to each group conscience to determine what (*if anything*) it gives to these service entities and when.

CBIA Needs Help



What Can a Group Do to Help? *(Continued)*

Your group might want to re-consider its donation priorities temporarily. GSO and Intergroup have a bigger slice of the pie because they have much higher overhead (*salaries, office space, etc.*) than the other service entities. You might want to consider giving more to Intergroup and GSO and less to other service entities. Also, if your group has money earmarked that can be sent in earlier, that would be helpful.

What Can an Individual AA Member Do to Help?

As an expression of gratitude to AA for our sobriety, some of us give \$1 (*or more*) for each year of sobriety to CBIA in addition to or instead of the traditional birthday donation to GSO. To emphasize this, we will list members of the current year Birthday Club in our monthly newsletter in lieu of the monthly list of birthdays. (*See Birthday Club in this issue.*)

We are also adding a **Memorial List** immediately after the Birthday Club list. Any AA member can donate in memory of any AA member who has died in the current year. (*See Memorial List in this issue.*)

Individual member contributions in any amount (*up to \$5,000 per year*) are always gratefully accepted. To make donation easier, we now accept **Venmo** (*CoastalBend-Intergroup*), **PayPal** (*under the Donate tab on our website www.cbiaa.org*), and **Major Credit Cards** as well as **Checks** to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. **Some members have been using the recurring donation feature in PayPal to have a fixed amount (\$5, \$10, \$20, etc.) automatically donated each month. This is particularly helpful.**

2020 CBIA Birthday Club

NAME -----	HOME GROUP -----	SINCE -----	YEARS IN 2020 -----
Gail B.	Victoria-Golden Slippers	01/01/2011	9 Years
Sheila S.	CC-New Phoenix	01/07/2007	13 Years
Charlie B.	Victoria-Golden Slippers	01/09/2006	14 Years
Janice E.	Hilltoppers Group	01/10/2000	20 Years
Ernest J.	CC-Weber Road Nooners	02/15/2004	16 Years
Rob M.	Corpus Christi	02/24/1985	35 Years
Mike B.	CC-Weber Road Nooners	03/05/2014	6 Years
Joe C.	CC-Hilltoppers Group	03/18/1981	39 Years
Mary C.	CC-Turning Point Group	03/22/1992	28 Years
Enrique M.	CC-Weber Road Nooners	03/30/2016	4 Years
Phyllis H.	Portland-Jaywalkers	04/01/2004	16 Years
Carol D.	CC-Oso Group Group	04/02/2010	10 Years
Cathy H.	CC-Bookmarks Group	04/06/1999	21 Years
Marlive F.	Corpus Christi	04/07/1987	33 Years
Kelly K.	Corpus Christi	04/18/1986	34 Years
Fred C.	Corpus Christi	05/13/1987	33 Years
Linda K.	Kingsville-Al-K Group	05/20/1979	41 Years
Mary H.	CC-Women's Big Book	05/24/1995	25 Years
Jackie C.	Pleasanton	06/05/2014	6 Years
Gary L.	CC-New Phoenix Group	06/07/2009	11 Years
Marie A.	CC-Alanos Group	06/21/1991	29 Years
Robin P.	CC-Hilltoppers Group	06/22/1986	34 Years
Ramona S.	CC-Weber Road Nooners	07/08/2017	3 Years
April K.	Corpus Christi	08/20/1984	36 Years
Scott McG.	CC-Hilltoppers Group	08/22/2002	18 Years
Pat E.	CC-New Women's Group	08/23/1987	33 Years
Butch R.	CC Weber Road Nooners	08/26/2006	14 Years
Mike Q.	Corpus Christi	08/28/2000	20 Years
Bernard S.	CC-Turning Point Group	08/29/1977	43 Years
Audrey H.	CC-Cullen Mall Group	09/01/2011	9 Years
Barb C-S	CC-New Women's Group	09/09/1985	35 Years
Valerie B.	CC-Weber Road Nooners	09/13/2017	3 Years
Heather D.	CC-Weber Road Nooners	09/23/2009	11 Years
Brandelyn M.	CC-New Phoenix Group	10/09/2009	11 Years
Patrick R.	CC-New Phoenix Group	10/09/2009	11 Years
Harold B.	CC-Weber Road Nooners	10/18/2007	13 Years

2020 CBIA Birthday Club

NAME	HOME GROUP	SINCE	YEARS IN 2020
-----	-----	-----	-----
Tim R.	CC-New Phoenix	10/21/2011	9 Years
Betsy H.	CC-New Women's Group	10/22/2010	10 Years
Eddie M.	CC-Weber Road Nooners	10/28/2005	15 Years
Debbie B.	CC-Weber Road Nooners	10/31/2000	20 Years
Mary G.	CC-Hilltoppers Group	11/03/1986	33 Years
Margaret P.	CC-Hilltoppers Group	11/06/2006	14 Years
Loralei D.	CC-New Women's Group	11/06/1984	36 Years
James H.	CC-Bookmarks Group	12/17/1992	27 Years
Tony P.	CC-Hilltoppers Group	12/23/1978	42 Years
John K.	CC-Cullen Mall Group	12/25/1995	25 Years
Lois H.	CC-New Women's Group	12/29/2007	13 Years

Birthday Club Members are people who have made an individual contribution to CBIA of \$1.00 or more for each year of sobriety during that calendar year. They will be listed in each Bender from the month after the donation to the end of the year.

“Honesty with ourselves & others gets us sober, but it is tolerance that keeps us that way.”

Bill W.

“No personal calamity is so crushing that something true and great can't be made of it.”

Bill W.

“It must never be forgotten that the purpose of Alcoholics Anonymous is to sober up alcoholics. There is no religious or spiritual requirement for membership. No demands are made on anyone. An experience is offered which members may accept or reject. That is up to them.”

Bill W.

2020 Memorial Donations

Name	Home Group	Departed
-----	-----	-----
Roger B.	Corpus Christi	01/13/2020
Bobby P.	CC-Mountain Toppers	04/23/2020
Kari Sue P.	CC-Mountain Toppers	05/19/2020
Leo J.	CC-New Phoenix	05/30/2020
Charles K.	CC-Weber Road Nooners	06/15/2020
Paul H.	Karnes City - Mayfield	07/22/2020
Randy F.	Corpus Christi	07/28/2020
John O.	CC-Hilltoppers	11/04/2020
Jorgé T.	CC-New Attitude (prev. Weber Nooners)	11/15/2020

Memorial Donations can be made by any AA member in memory of another AA member who passed away during the current calendar year. Continuous attendance at meeting is not required as long as they died sober (*with allowance for medically supervised pain meds as under hospice care*). Suggested donation of \$1 per year of sobriety or a minimum of \$5. They will be listed in each Bender from the month after the donation to the end of the year.

Donations can be made by PayPal under the Donate option on our website (www.cbiala.org), by Venmo to CoastalBend-Intergroup (*For anonymity, it's recommended that Venmo settings make the transaction private.*) or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX). Please indicate Home Group or City and date of death.

Service Opportunities

Corrections Facilities

Because of the pandemic, facilities are not allowing outside volunteers in. The mandatory Department of Corrections volunteer training is now available online.

Local Stories Wanted For the Coastal BENDER

Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grandecom.net in a Word document or similar format.

Helpline / 12 Step List

The Helpline is staffed by volunteers who make sure the hand of AA is available 24 hours a day by answering the intergroup phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday or 8 AM Sunday to 8 AM Monday). A minimum of six months sobriety is required to answer the phones. We need a few additional helpline volunteers at present.

Helpline / 12 Step List

(Continued)

If a caller needs help beyond meeting information, the helpline passes them to someone on the **12-Step List** for a longer conversation on how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12 Step List. We especially need people (particularly women) in the outlying areas.

If you would like to be on the Helpline or the 12-Step List, call Kelly or Rob at the CBIA office (361) 992-8911 between 8:30-11:30 AM or 2-5 PM Monday thru Friday.

Third Step Prayer

God, I offer myself to Thee – to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties that victory over them may bear witness to those I would help of Thy Power, Thy Love and Thy Way of Life. May I do Thy will always!



Help Wanted

Office Manager Coastal Bend Intergroup

After 12 years at CBIA – 8 years as manager, **Rob M. has decided to retire effective April 7, 2021.**

He has loved the job and loved working with the board, the Assistant Office Manager, the AA groups and individual AA members. However, his age (*74 in January*) has made it increasingly difficult to do the job.

The Job

Reporting to the Chairman of the Board of Trustees, the Office Manager is **responsible for managing the daily operation of the Coastal Bend Intergroup Office.** (*See attached Job Description for details.*)

It requires working **20 hours per week in the afternoon** (*temporarily reduced to 15 hours per week during the pandemic.*) Pay is **\$11 per hour.** Benefits include 2 weeks vacation per year, but no insurance or retirement benefits.

Minimum Requirements

- **Sober more than 5 years**
- **Have a home group and a sponsor.**

Minimum Requirements (Continued)

- **Experience in office supervision or management.**
- **AA Service Positions beyond the group level** (*District, Area, or Intergroup*)
- **Computer Skills** (*Preferably Microsoft Office – Word & Excel; Word Press desirable.*)
- **Accounting Experience** (*Preferably Quick Books*);
- **Good inter-personal skills** (*dealing with difficult people*).

How to Apply

- **Submit the following to the CBIA Office** (*3833 S Staples Suite S-212, Corpus Christi, TX 78411*) **or by email to CBIA@grandecom.net** by **12/18/2020:**
 - **Our Application for Employment.** (*Form is attached.*)
 - **Your Resumé.**
- **Interview with a committee of board members on ZOOM.**

Next Steps

- The committee plans to interview qualified applicants and hire one by **January 10th.**
- The new position will start on Wednesday, **April 7th,** with training prior to that on Zoom.

District Meetings

District 7

(Victoria Area)

The next District 7 meeting will be at **10:00 AM** on Saturday, **December 12th** on Zoom.

Meeting ID: **662 621 1099**

Password: **218223**

District 8D

(Corpus Christi)

The next District 8D meeting will be at **2:00 PM** on Sunday, **December 20th** **only on Zoom.**

Meeting ID: **843 0854 7661**

Password: **District8D**

District 8E

(Corpus Christi and West)

The next District 8E meeting will be at **9:30 AM** on Saturday, **December 5th** at the Calallen Pass It On Club.

District 15

(Northeast of Corpus Christi)

The next District 15 meeting will be at **2:00 PM** on Saturday, **December 19th** on Zoom.

Meeting ID: **711 9679 0462**

Password: **D15**



Group Contributions for 2020-2022

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held Monday **December 14th** at 6:00 PM on Zoom.

CBIA Quarterly Association Meeting will be held Monday **January 25th** at 6:00 PM on Zoom.

District Meetings

See Bits & Pieces section for information on district meetings in the Coastal Bend area:

District 7 (Victoria Area)

District 8D (Corpus Christi Area)

District 8E (Corpus Christi Area)

District 15 (Portland, Port A, AP, Rockport Area)

Group Announcements

New Phoenix Group Conscience is held the last Sunday of the month at 1:15 PM. **Birthday Night** is first Saturday of the month at 8:00PM. (5433 S. Staples, Suite F in The Boardwalk.)

Hilltoppers Group Conscience is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

Weber Road Nooners Group Conscience is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are celebrated the first Monday of each month at noon. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

Calallen Group Conscience is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthday Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

Flour Bluff Unity Group Conscience is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

Turning Point Group Conscience is held the 1st Wednesday of each month. **Birthday Meeting** is last Saturday of the month.

Group Contributions

GROUP NAME	NOV. 2020	YTD 2020
Alice Group		
Anonymous/Individual Contribution	1,290.00	7,291.50
Aransas Pass Group		
Beeville-Freedom Group		
Beeville-Hope Group		
Beeville-Serenity Group		
Beeville-Shepherd's Group		
CC-Alanos		
CC-Bookmarks Group	125.00	125.00
CC-Calallen Group		
CC-Crosstown Group		135.39
CC-Cullen Mall Group		50.00
CC-Day of AA		150.00
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's Place		
CC-Fifth Tradition Group		
CC-Flour Bluff Unity Group		
CC-Friday Night Speaker Meeting		
CC-Happy Hour Meeting		
CC-Hilltoppers Group		95.60
CC-Humility Group		400.00
CC-Just for Today Group		
CC-Lucky Ones		57.12
CC-Mountain Toppers		229.00
CC-New Attitude Meeting		223.79
CC-New Life Group	10.00	120.00
CC-New Phoenix Group	24.52	302.02
CC-New Women's Group	76.00	1,442.79
CC-Oso Group		712.35
CC-Saratoga Group		200.00
CC-Sunset 7 Group (N Padre Island)		2,534.93
CC-Turning Point Group		400.00
CC-Weber Road Nooners Group		1,732.00
District 8C		676.15
Goliad-Open Arms Group		107.00
Hallettsville Group		25.00
Karnes City-Mayfield Group		
Kingsville-AL-K Group		
Moulton Group		
Mathis -Crossroads Group		100.00
Mathis - Unity Group		100.00
Port Aransas Group	300.00	700.00
Port Lavaca Group		
Port O'Connor Group		
Portland -Jaywalkers Group		
Portland -Nueces Bay Group		160.00
Quarterly Meeting 7 th Tradition		20.00
Riviera-SASTO Group		
Robstown Desire Group		
Rockport-Happy Hour Group		240.00
Rockport-Fellowship Group		
Schulenburg Group	20.00	20.00
Sinton-Grupo Secunda Chanza		
Skidmore Group		
Three Rivers-Choke Canyon Group		50.00
Victoria-Airport Group		300.00
Victoria-Back to Basics Group		491.16
Victoria-For Sinners Only Group		30.00
Victoria-Golden Slippers	156.50	406.50
Victoria-High Nooners Group		
Victoria-Main Stream Group		75.00
Victoria-Men's Group		
Victoria-Unity Group		
Victoria-Women's Group		10.00
Yorktown Group		140.00
TOTAL	\$2,002.02	\$19,852.30

Addresses for Group Contributions for 2020-2022

Coastal Bend Intergroup (Suggested 50% *)

CBIA

3833 S. Staples Suite S-212
Corpus Christi, TX 78411

Districts (Suggested 10% *)

District 7 Treasurer

P.O. Box 5324
Victoria, TX 77903

District 8D Treasurer

P.O. Box 61135
Corpus Christi, TX 78466

District 8E Treasurer

% Dina P.
6013 Liptonshire Drive
Corpus Christi, TX 78415

District 15 Treasurer

% Mike L
511 Gulf
Port Aransas, TX 7837

Area 68 Southwest Texas (Suggested 10% *)

SWTA 68 Treasurer

P.O. Box 716
Bastrop, TX 78602

General Service Office (Suggested 30% *)

GSO

P.O. Box 459
New York, NY 10163-0459



*Suggested percentages are from AA

'Pamphlet F-3, SELF-SUPPORT: Where Money and Spirituality Mix (*Available on our web site: cbiaa.org under DONATE*). Group Contributions are always at the discretion of the group conscience.

Coastal Bend Intergroup Association

Mission Statement

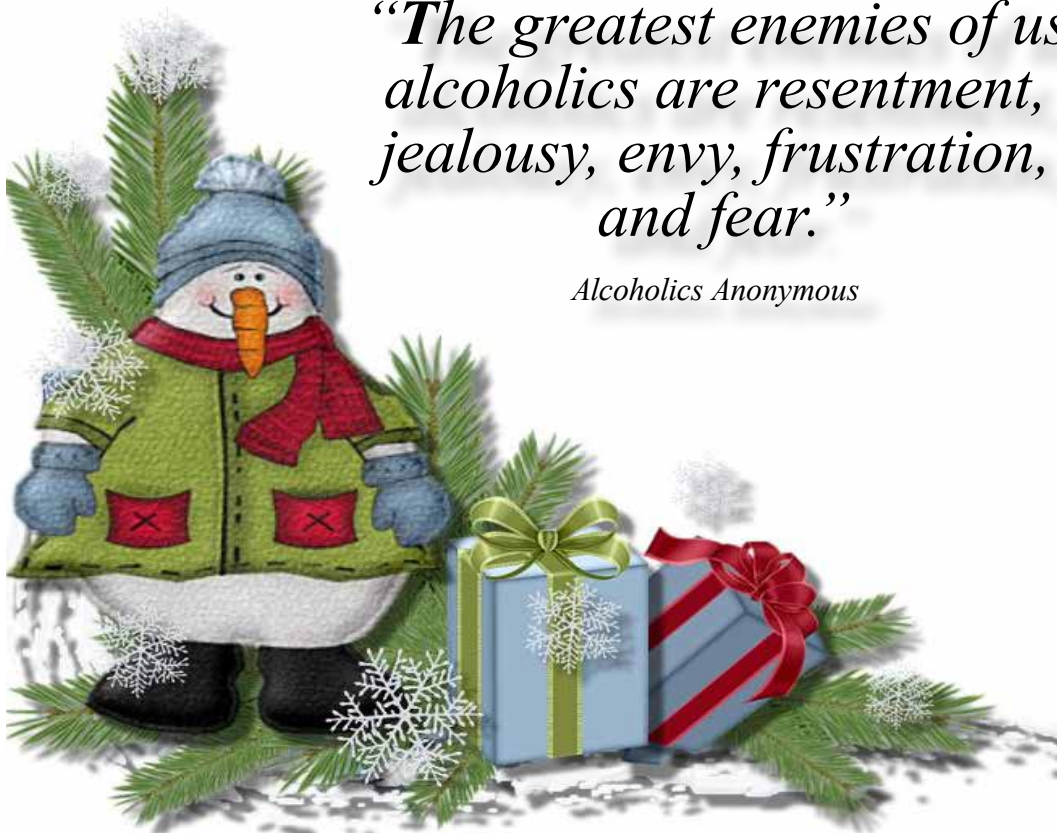
The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to:

- Establish a 24-hour help-line
- Print meeting schedules
- Maintain a 12-Step list

Whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

*“The greatest enemies of us
alcoholics are resentment,
jealousy, envy, frustration,
and fear.”*

Alcoholics Anonymous



Services Provided

1. Maintains business hours Monday through Friday from 8:30 to 11:30AM and 2:00 to 5:00 PM. The office is open during business hours Monday, Wednesday and Friday mornings and Tuesday and Thursday afternoons.
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12-Step List and calls individuals for 12-Step work.
4. Provides a 24-hour helpline manned by volunteers in the evenings and on weekends and holidays.
5. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
6. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
7. Purchases and sells "Conference-Approved" literature, and non-conference-approved Anniversary Medallions and Sobriety Chips.
8. Conducts monthly Trustee meetings. Any member of Alcoholics Anonymous on the agenda is welcome to attend. Group GSR's and IGR's are always welcome to attend.
9. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
10. Maintains service committees for service work in the Coastal Bend Area.
11. Develops and maintains a website.

Asociación Inter-grupo de la Zona Costera

Declaración de Principios

La misión de la asociación inter-grupo de la zona costera es proveer el primer contacto vital al alcohólico en busca de ayuda. La oficina de AIZC [siglas en español, en inglés CBIA], se mantiene para el beneficio de aquellos que siguen sufriendo. Para cumplir con esta tarea tan importante la oficina de CBIA debe:

Establecer una línea de ayuda las 24 horas
Imprimir los horarios de las reuniones de AA
Mantener una lista con los 12 Pasos

Con lo cual Grupos de AA e individuos puedan conducir llamados de los 12 Pasos, esenciales en el crecimiento de AA en la Zona Costera.

Servicios Prestados

1. Horario de oficina, lunes a viernes de 7:30 a 11:30AM y de 1:30 a 5:30PM.
2. Provee información y referencias sobre A.A. .
3. Mantiene una lista de los 12 Pasos y listado de personas para trabajar los 12 pasos.
4. Provee un listado de A.A. en el directorio telefónico.
5. Provee servicio de voluntarios contestando llamadas las 24 horas mientras la oficina esta cerrada.
6. Publica los horarios de todos los grupos en el área costera sin costo.
7. Publica una hoja informativa, la "Coastal Bender", para mantener a los miembros de A.A. informados de los acontecimientos locales y de los eventos especiales A.A..
8. Compra y venta de literatura "Aprobada en Conferencia" ('CONFERENCE APPROVED'), y mercancía no aprobada como Medallones de Aniversario y Monedas de Sobriedad.
9. Conduce reuniones mensuales de fideicomisarios. Todos los miembros de Alcohólicos Anónimos son bienvenidos a estas reuniones asimismo es importante contar con su opinión.
10. Conduce Reuniones cada cuatro meses para evaluar a los grupos en actividades Inter-grupo y para buscar que participen en cuestiones de la CBIA.
11. Mantiene comités de trabajo para servicio en el área de la zona Costera.

Los Grupos Hispánicos

Horario

Grupos en Corpus Christi

Grupo Nueva Esperanza (552 Old Robstown Road, Corpus Christi) 8:00 De la Noche (todos los dias).

Grupo Primer Paso (1635 18th Street, Corpus Christi) 8:00 De la Noche (Miercoles); Mediodia (Sabado).

Grupo Serenidad (408 Brownlee, Corpus Christi) 8:00 De la Noche (Martes y Domingo);

Grupo Tres Legados (1019 S. Port, Corpus Christi) 8:00 De la Noche (Lunes, Martes, Miercoles y Jueves);

Grupo en Flatonía

Grupo Flatonía (208 E. North Main Street, Flatonía) 7:00 De la Noche (Jueves)

Grupo en Kingsville

Grupo Un Dia a La Vez (819 N. 3rd, Kingsville) 7:00 De la Noche (Miercoles)

Grupo en Moulton

Grupo Moulton (301 N. Hackberry. Moulton) 7:00 De la Noche (Lunes)

Grupo en Port Lavaca

Grupo Nuevo Amanecer (213 E. Austin, Port Lavaca) 7:00 De la Noche (Lunes, Miercoles y Viernes)

Grupo en Schulenberg

Grupo Schulenberg (901 Kallus, Schulenberg) 7:00 De la Noche (Domingo)

Grupo en Sinton

Grupo Segunda Chance (215 Sodville, Sinton) 8:00 De la Noche (Martes y Viernes)

Mission Statement Coastal

Our primary purpose is to carry the AA message to the still suffering alcoholic. A secondary purpose of The Bender is to keep the CBIA Area of South Texas informed as to the events, meeting changes, Board of Trustee actions / decisions, and other news of interest to AA's in the area. Finally, as a newsletter we provide a forum for the broad spectrum of views held by our members. Publication of any article submitted will be at the discretion of the Bender Editor as advised by the CBIA Board. A controversial subject, as long as it does not concern an outside issue and involves principles and not personalities, will be considered for publication. As a general guideline, any letter or article that is of interest to members of AA and in good taste is worthy of publication. However, an article or letter that advocates ignoring or violating the Traditions, Concepts, or General Service Conference actions will

Detach here

Free e-Mail Subscription to the BENDER and BITS & PIECES

NAME: _____

e-MAIL: _____

Easy ways to sign up for our two monthly publications:

- Send an email with the above information to cbia@grandecom.net with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.

Detach here

Speacial Thanks to everyone who made contributions to this months BENDER

***Compiled and written by Rob M.
Designed by Harry***