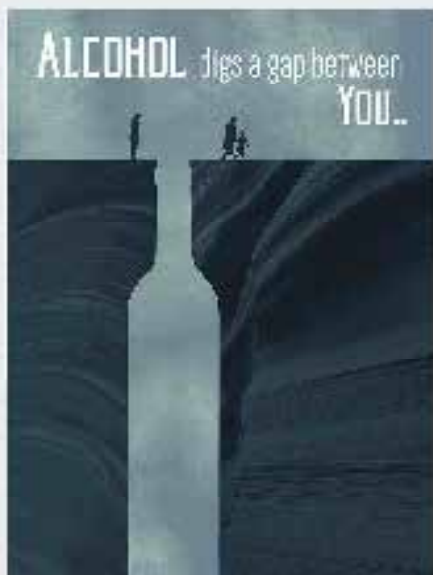


THE BENDER

**“When anyone,
anywhere, reaches out
for help, I want the
hand of AA always to
be there. And for that
I am responsible.”**



**CBIA, 3833 S. Staples Suite
S-212, Corpus Christi, TX
78411**

**(361) 992- 8911 or Toll
Free 1 (866) 672-7029**

**Books and Chips sold by
appointment.**

www.cbiaa.org.

*The mission of the Coastal Bend
Intergroup Association is to provide the
vital first contact to the alcoholic
seeking help.*



Pine Street Community Center (803 E Pine Street, Victoria) is home to the **Back to Basics Group**. They have an open discussion meeting at 7:00 PM on Wednesdays and Fridays. They have a separate daily AA Meeting on Zoom at 7:00pm. ID: 662 621 1099 Password: 218223.

Index: 1.Cove:2.Minding My Own Business
3-4.Minutes:5-6.Qt. Minutes 7.Virus & 7th Tradition:
8.CBIA & Virus: 9-10. Meeting Alternatives.
10.Meeting Changes: 11.Face-To-Face Meetings:
12-13.Virtual AA Meetings: 14.Special Events:
15.Septemberfest: 16.Virtual Book Sale: 17.Service:
18.District Meetings:19.Birthday Club:
20.Memorial Donations: 21-23:CBIA Needs
Help:24.Contributions:25Addresses:
26.Mission:27-28:..Spanish: 29.Bender
Subscriptions.

Minding My Own Business

Nothing makes me crazier than trying to control the uncontrollable. For 20 years I tried to control my drinking, an impossible task because I'm an alcoholic.

Another thing that makes me crazy is manipulating other people to get them to do what I think they should do:

- **Not drink;**
- **Not smoke;**
- **Eat what I think they should eat;**
- **Manage their diabetes;**
- **End a relationship;**
- **Stay in a relationship;**
- **Quit a job;**
- **Not quit a job;**
- **Not feel the way they feel.**

In the big book, Bill Wilson wrote "Don't take the bait." I get tempted because I care about them, because of my relationship to them and my investment in them, as their

- **Spouse;**
- **Son;**
- **Sibling;**
- **Sponsor;**
- **Friend; etc.**

These things are uncontrollable by me because they are none of my business. My sponsor in New England told me that if you have a sufficient relationship with someone, you can tell someone ONCE that you think they should stop smoking (*for example*). If you bring it up again, you are trying to manipulate and control them.

I get led astray because of my judgment that I know what's best for them. The truth is I don't even know what's best for me. I often need help from God and AA to determine the next right thing for me to do. So how can I ever know what's right for someone else.

Whenever I inject myself into somebody else's business I deprive them of the dignity of making their own decisions and solving their own problems and learning from their mistakes. I believe we all have the right to make any mistake we need to make, as many times as we need to make it to learn what we need to learn.

When I don't mind my own business, I get in the way of them finding the solution that's right for them and my own life becomes unmanageable.

- Rob M. (2.24.1985) Weber Road Nooners Group, Corpus Christi, TX

Minutes CBIA Board Of Trustees Meeting

July 13th, 2020

I. OPENING:

- **Gail** opened the meeting with the **Serenity Prayer** at **6:10 PM**.
- **Rob** read the **CBIA Mission Statement**
- **Harry** read the **General Warranties**
- **Linda** read the **12 Traditions**

II. ATTENDANCE:

- **Gail B.** (*Chair*), **Linda K.** (*Financial Trustee*), **Barb C-S.** (*Trustee*), **Harry B.** (*Trustee*), **Ronnie B.** (*Portland – Nueces Bay Group*) and **Rob M.** (*Office Manager*) were present.
- **Enrique M.** (*Vice Chair*), **Anita C.** (*Trustee*), **Judy M.** (*Trustee*), and **Kelly J.** (*Asst Office Manager*) were not present

III. MINUTES:

- Minutes of the Board Meeting of June 9th were reviewed.
- **Barb** moved to approve the minutes as revised. **Linda** seconded. Motion carried.

IV. FINANCIAL REPORTS:

- **Linda** (*Financial Trustee*) presented the **June Financial Report**.
 - **Balance Sheet:** Total CBIA funds as of **June 30th** totaled **\$17,081.74**; **\$50.00** in Petty Cash; **\$3,103.30** in Checking; **\$12,619.05** in Prudent Reserve and **\$1,309.39** in the Jamboree Account. **Profit & Loss** for the month of **June**: Group & Individual Contributions **\$542.41**; Gross Sales (*Books, Chips & Medallions*): **\$532.50** (*less Cost of Goods Sold \$363.39*); Gross Profit for the month was **\$702.32**; Total Expenses were **\$2,634.82** for a Net Loss of **\$1,932.50** for the month.

Harry moved to approve the financial report. Barb seconded. Motion carried.

Rob said after receiving the Jamboree Contribution in February we were down **\$7,500**. Since then we held our own and did not fall farther behind. However, in June, our revenues were **\$2,000** behind budget, so we fell \$2,000 further behind budget, we need to cut expenses.

Barb moved to authorize **Rob** and **Kelly** to negotiate with the landlord to a smaller space / lower rent. **Linda** seconded. Motion carried.

Linda moved to temporarily reduce office hours & salaries by 25% so we will be open 3 hours instead of four hours in the morning and in the afternoon.

Harry seconded. Motion carried.

• V. SERVICE AREA REPORTS

12th Step – **Judy** was not present.

Archives – **Gail** said she had nothing new to report

Bilingual – **Enrique** was not present.

Coastal Bender: **Harry** and **Rob** discussed the redesign of the **BENDER** to make it are still not allowed into corrections facilities to attend AA meetings.

-
-

Minutes CBIA Board Of Trustees Meeting

July 13th, 2020 (*Continued*)

- **Jamboree: Harry** said the Omni would not let us out of our contract for a Jamboree in 2021. They did give us several options for moving it a few months later. The Committee chose to move the 2021 Jamboree from January to March.
 - **Nominations: Open. Rob** said we need to elect four new trustees at the October Quarterly Meeting
 - **Harry** was elected to serve a remaining term of less than a year. He will stand for a full two-year term.
 - **Ronnie** will stand for Trustee.
 - **Gail** will recruit someone from District 7 (*Victoria area*) to stand for Trustee.
 - **Linda** will ask someone from the old District 8C area (*Kingsville, Alice, etc.*) to stand for Trustee.
 - One of the new or continuing trustees will need to be the Financial Trustee.
 - **Public Information/Cooperation with Professional Community: Barb** said she attended District 8D's PI/CPC committee meeting on ZOOM. She said the district is running public service announcements on two radio stations in Corpus Christi. She said they are still pursuing hosting the Area 68 PI/CPC Conference in 2021 or 2022.
 - **Social: Anita** was not present.
- VII. OFFICE REPORT:** Office Update – **Rob** said he had nothing to report.
- VIII. OLD BUSINESS: None.**
- VIII. NEW BUSINESS: None.**
- IX. NEXT MEETING:** Next CBIA Board of Trustees meeting will be on Monday **August 10th** at 6:00 PM on ZOOM.
- X. NEXT QUARTERLY MEETING:** Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday **July 27th** on ZOOM.
- XI. CLOSING:** Our Father.
Linda moved to adjourn. **Harry** seconded. Motion carried.
Gail closed the meeting with prayer at 7:35 PM.

Respectfully submitted,

Rob M.

Office Manager

Minutes CBIA Quarterly Meeting July 27th, 2020

I. OPENING:

- **Gail** opened the meeting with the **Serenity Prayer** at **6:05 PM**.
- **Barb** read the **CBIA Mission Statement**.
- **Linda** read the **General Warranties**.
- **Anita** read the **12 Traditions**.

II. ATTENDANCE:

- **Gail B.** (*Chair*), **Linda K.** (*Financial Trustee*), **Anita C.** (*Trustee*), **Barb C-S.** (*Trustee*), **Harry B.** (*Trustee*), **Judy M.** (*Trustee*), **Rob M.** (*Office Manager*) and **Kelly J.** (*Assistant Office Manager*) were present.
- **Enrique M.** (*Vice Chair*) was not present.
- **Carolyn C.** (*IGR – Weber*) and **Katrina M.** (*IGR – New Women*) and **Ronnie B.** (*Portland, Nueces Bay*) were present.

III. MINUTES:

- Previously approved **Minutes** of the **January Quarterly Meeting** were reviewed.
- **Minutes** of the **Board Meeting of July 13th** were reviewed.
 - **Anita** moved to approve the minutes as read. **Harry** seconded. Motion carried.

IV. FINANCIAL REPORTS:

- **Linda** (*Financial Trustee*) presented the previously approved **June Financial Report**.
 - **Balance Sheet:** Total CBIA funds as of **June 30th** totaled **\$17,081.74**;
 - **\$50.00** in Petty Cash; **\$3,103.30** in Checking; **\$12,619.05** in Prudent Reserve and **\$1,309.39** in the Jamboree Account.
 - **Profit & Loss** for the month of **June:** Group & Individual Contributions **\$542.41**; Gross Sales (*Books, Chips & Medallions*): **\$532.50** (*less Cost of Goods Sold \$363.39*); Gross Profit for the month was **\$702.32**; Total Expenses were **\$2,634.82** for a Net Loss of **\$1,932.50** for the month.
- **Linda & Rob** discussed where we are with our revenue shortfall in 2020.
 - **Total Revenue** through the end of June is **down \$10,637.80** from Budget (*which is based on 2019 Actual income*): **Donations** were **down \$1,570.18**, **Jamboree Revenue** was **down \$7,013.00**, **Social Event Revenue** was **down \$997.00** (*Founders Day was Canceled*), and **Net Sales** (*after adjustment for Cost of Goods Sold*) were **down \$1,057.62**.
 - **Expenses** were **\$256.90** less than budgeted, for a Net of **\$10,380.90** less than budget for the first half of 2020.
 - **Beginning 8/1/2020** we are **reducing hours & salaries by 25%**. **Kelly** will work 3 hours (*8:30 – 11:30 AM M-F*) and **Rob** will work 3 hours in the afternoons (*2:00 - 5:00*). We are in discussions with our landlord about reduced rent / space.

Minutes CBIA Quarterly Meeting July 27th, 2020

V. SERVICE AREA REPORTS:

- **12th Step** – **Judy** said she had nothing new to report.
- **Archives** – **Gail** said she had nothing new to report.
- **Bilingual** – **Enrique** was not present.
- **Coastal BENDER:** **Harry** and **Rob** presented the new format of the July BENDER which is intended to make the newsletter a more appealing read, so more people will subscribe and checkout its content. **Rob** is providing the content and **Harry** is using his design skills to publish a more inviting and more professional-looking newsletter.
- **Corrections/Treatment Facilities:** **Linda** said she had nothing new to report since volunteers are still not allowed in state corrections facilities due to COVID-19.
- **Jamboree:** **Harry** said the Jamboree Committee will begin working on the 2021 Jamboree in **September**, with the event scheduled for **March 19-21, 2021**. Given our contract, the Hotel would not agree to not having a Jamboree in 2021, but agreed to move the Jamboree from January to March 2021 in hopes that the situation with COVID-19 might be more favorable by then.
- **Nominations: Open.** **Rob** said we do not have a Nominations Trustee this rotation, but he and **Linda** and **Gail** have been talking to potential trustees. He said we need to elect **four trustees** at the **Quarterly Meeting on October 26th**. Three people have agreed to stand for Trustee.
- **Public Information/Cooperation with Professional Community:** **Barb** said she has been attending the District 8D PI/CPC committee meetings. They hope to host the Area 68 PI/CPC Convention in 2021 or 2022.
- **Social:** **Anita** said because of COVID-19, we canceled Founder's Day and do not plan on having Halloween or New Years Dances this year. Our one social event will be a hybrid event on September 19th – part Workshop on Zoom and part drive-through pickup. There will be two speakers, a takeout meal, several raffles and a book sale. State law allows us to have only two fund raisers per year. The Jamboree and September Fest will be our only fundraisers in 2020.

VII. OFFICE REPORT:

- **None.**

VIII. NEW BUSINESS:

- **Carolyn C.** (*IGR–Weber Nooners*) said her group had a concern about being able to easily determine from our website which groups are meeting face-to-face and which groups are meeting on Zoom. A Committee was formed to look into this, including **Carolyn, Ronnie, Harry, Rob & Kelly**. They will meet Tuesday August 4th on Zoom.

IX. NEXT MEETING:

- Next **CBIA Board of Trustees Meeting** will be Monday **August 10th** at 6:00 PM on ZOOM.

X. NEXT QUARTERLY MEETING:

- Next **CBIA Quarterly Association Meeting** is scheduled for 6:00 PM on Monday **October 26th** on ZOOM. We will elect four new trustees at that meeting.

XI. CLOSING:

- Our Father.
- **Harry** moved to adjourn. **Linda** seconded. Motion carried.
- **Gail** closed the meeting with prayer at **7:25 PM**.
-

Respectfully submitted,
Rob Marek
Office Manager

Corona Virus Pandemic and our 7th Tradition

7th Tradition During COVID 19 (Sat., Apr.25th)

This year, the challenge is keeping home groups, Districts, Areas, GSO and Intergroup Offices going with reduced revenue from face-to-face meetings. GSO and Intergroup Offices have ongoing overhead for salaries, rent, etc. Individual donations to GSO and CBIA can be made online under the donate tab on our web sites. Some groups and districts can now accept online donations via Venom or Pay Pal.



One Local Group

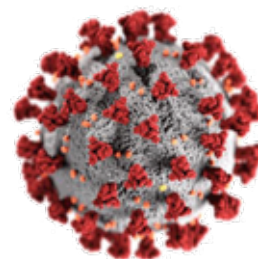
At a recent group conscience, one large local group determined that they would not be able to make donations to service entities until they built back up to their prudent reserve. They suggested that members send a check payable to the group for their No Dues or Fees to the Group Treasurer at his home address. They also suggested that it would be a good idea to send anonymous individual contributions to GSO, the local intergroup office, etc. Those addresses are displayed (using the Share Screen Feature) during the announcements at each of their AA Meetings on Zoom. Donations to GSO or intergroup can made online using the donate button on either web site.

*“**G**od save me from being angry. Thy will be done”.*

***FEAR** – “ We ask Him to remove our fear and direct our attention to what He would have us be.”*

Big Book

CBIA and the Corona Virus Pandemic



The Context

The Center for Disease Control has asked that large gatherings not be held and that we observe personal space of six feet from other people, not touch and frequently wash our hands for 20 seconds, etc. Elderly people and people in other risk groups are asked to stay home. Serving coffee or anything edible is probably not a good idea. Face masks as of Friday, (July 3) Texas Governor, Greg Abbot, has mandated the wearing of masks in buildings open to the public and outdoor public spaces.

CBIA Office

We are keeping the office closed. **Kelly** will work from home in the morning **(8:30-11:30am)** and **Rob** will work from home in the afternoon **(2:00-5:00pm)** Monday thru Friday. The board has determined that while the office is closed, we will sell merchandise (*books, chips, and medallions*) over the phone with pre-arranged curbside pickup available about twice a week (*generally Monday mornings and Wednesday mornings*).

Board Meeting

The Sept. CBIA board meeting will be held on Monday, **Sept 14** on Zoom so we do not have people traveling from Victoria, AP and Kingsville and we aren't assembling 8 people in our small board room.

Quarterly Meetings

The next scheduled Quarterly Meeting is set for **10/26/2020** at 6:00 PM on ZOOM. The Meeting ID: **256 935 0823** and Password: **Quarterly**

Let Us Know About Meetings Temporarily Suspended

Please let us know of changes in the status of meetings - meetings temporarily suspended or meeting again. We are putting the phrase 'Temp Susp' before the name of the group on our printable schedules, on our meeting data base and the smart phone app Meeting Guide to indicate it is temporarily suspended. Also let us know about Zoom meetings if you want them publicized. They must be sponsored by a registered AA Group and conducted as an AA Meeting.

Alternatives to Face-to-Face Meetings

While there is nothing like a face-to-face meeting, many of us need to find other alternatives for the next few weeks or months.

Telephone Calls

Some of us are calling our sponsors or other people in the program more often than we were. Some groups are using telephone trees to stay in touch. Some of us are calling people in the program we were once close to who are now separated by geography.

Email

Some of us are emailing our sponsors or other people in the program more often than we were. Some groups are circulating chain emails. *(Consider submitting something you have written for publication as an article in the BENDER.)*

Listening

to AA Speakers on CD or MP3 files or on web sites like www.aa-speakers.com.

Read

AA Literature The stories in the back of the big book offer some of the benefits of attending a speaker meeting.

On-line or dial-in

There is a link on the CBIA website www.cbiasa.org to the Online Intergroup <http://aa-intergroup.org/>. These meetings were set up for loners – people in remote locations and people who are homebound. Lately, traffic from people who ordinarily attend face-to-face meetings has been overwhelming this facility. Beware of other sites that offer alcoholism recovery meetings that are not traditional AA.

Starting an on-line or dial-in AA meeting is easier than you think. Google Hangout; Zoom or Free Conference Call. Google Hangout and Zoom are slicker, but Free Conference Call might be easier for someone without a lot of technical skills. It would be a good idea to have this sponsored by an established face-to-face meeting and observe all AA Traditions. DJ in Victoria has offered her technical skills to help do this. Call (361) 484-0365.

Read an article in the AA Grapevine.

To give us something to do while we are sheltered at home, the AA Grapevine is allowing free limited access to their web site. This allows you to read any article in any 2020 issue of the Grapevine. To do this, go to www.aagrapevine.org/magazine. Click on the issue you want to read. Then click on Table of Contents. Then click on Read under the article you fancy.

“Almost without exception alcoholics are tortured by loneliness.”

Bill W.



Meeting Changes

Please let us know if your group has temporarily suspended meetings due to the Corona Virus Pandemic. Also let us know if meetings have been restarted.

Face-to-Face AA Meetings

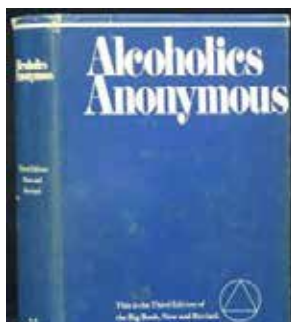
Corpus Christi

The following groups in Corpus Christi have notified CBIA that they are temporarily suspending meetings:

Alanos Group
Courage to Change Group
Cullen Mall Group
Hilltoppers Group
Lucky Ones
New Life Group
New Women's Group
Turning Point Group
Weber Road Nooners

Resumed Face to Face Meetings

Anything Goes Meeting
Bookmarks Group
Calallen Group
Flour Bluff Unity Group
Friday Night Speaker Meeting
Happy Hour Meeting
Newcomers Meeting
Saratoga Group



Mountain Toppers Meeting

(Meeting has Folded)

The Weber Road Nooners Group

has resumed only its 5:30 PM meetings on Tuesday and Thursday and its 10 AM

Saturday Face-to-Face AA meetings.

These meetings are being held in the church courtyard which can be reached through a gate between the Gym and the main building.

Masks and 6' social distancing are required at all times. Bring a chair if desired. Restrooms in the church are not available.

Sunset 7

(N Padre Island) (7 P Mon, Wed, Fri and 8 A Sun.

All meetings are on the beach at Briscoe King Pavilion 15820 Park Rd 22) and 8 A Sun.

“If we still cling to something we will not let go, we ask God to help us be willing.”

Alcoholics Anonymous

“I came to A.A. in order to stop drinking; what I received in return was my life.”

Alcoholics Anonymous

Face-to-Face Meetings

District 15

Portland, Port-A, AP, Rockport Portland

The following groups have temporarily suspended meetings:

Nueces Bay Group

(6:30 PM Mon, Wed, 7pm Thru
at Trident Club)

Jaywalkers Group

(7 PM Tue at Trident Club)

Rockport

The following group has temporarily suspended meetings:

Happy Hour Group

(5:30 PM Meetings Mon, Wed & Fri)

District 7

The City of Victoria

All meetings were temporarily suspended.
The following groups have resumed
face-to-face meetings:

Golden Slippers

(9AM Saturdays. Still at OLV
Cathedral, but different building
1407 Mesquite)

North Loop

(7pm Tues)

Back to Basics

(7pm, Wednesday and Friday)

*“The greatest enemies of us
alcoholics are resentment, jealousy,
envy, frustration,
and fear.”*

Alcoholics Anonymous

Victoria Surrounding Area

All meetings have been temporarily suspended
except for the following groups which are still
meeting or meeting again:

Goliad Open Arms Group

(6 PM Mon & Thu in Goliad)

Moulton Group

(Mondays at 7 PM (Spanish) &
8 PM (English in Moulton)

Palacios Group

(3 PM Sun & 7 PM Thu in
Palacios)

Port Lavaca Group

(7pm Mon, Wed, Fri)

Port O'Connor

(7pm Sat)

Shiner Group

(Mondays at 8 PM in Shiner)

Yoakum Group

(8pm Tues)

Yorktown Group

(6 PM Sun & Wed in Yorktown)

District 8E

Corpus Christi and West

Alice

Recovery Crew

(7 PM Mon thru Thu) this
group has temporarily
suspended face-to-face
meetings in favor of AA
meetings on Zoom.

Inactive Districts

The following groups have suspended
meetings:

George West Hardcore Group

Skidmore Group

Coastal Bend Area AA Meetings on Zoom

Alice-Recovery Crew

7:00 PM Mon thru Thu

Meeting ID: 884 2226 5878,

Password **not required**

CC-Cullen Mall

8 PM, Mon, Wed & Sat.

Meeting ID: 265 788954

Password: 330022

CC-Friday Night Speaker Meeting

8:00p Friday

ID: 939 285 7190

PW: 589028

CC-HillToppers

Mon-Sat 12:00 Noon

ID: 907 402 1032

PW: 450339

CC-Lucky Ones

7P Mon & Thu

Meeting ID: 392 118 784

Password: **not required**

CC-New Attitude Group

Mon,Wed, Fri 6:00 PM

Meeting ID: 714 784 969

Password 954788

CC-New Phoenix Group

Mon thru Fri 630am

ID: 886 9994 6374

PW: 336965

Sat & Sun 7:00am

ID: 962 866 373

WP: 018696

CC-New Women's Group

Mon & Thu 7 PM; Sat 11 AM

Meeting ID: 580 495 1776

Password: NWGroup

CC-Sunset 7 Group

Mon & Wed 7:00 PM

Meeting ID: 837 019 9098

Password: **beach**

CC-Turning Point

Wed & Sat 6:30 PM

Meeting ID: 577 043 944

Password: **sober**

CC-Weber Rd Nooners

12 Noon, Daily Meeting

ID: 260 214 3828

Password: 676271

Portland-Nueces Bay

Mon,Wed &Thr 6:30pm

ID: 914 279 6854

PW: 192648

Rockport-Happy Hour Group

Mon, Wed, Fri 5:30 P

Meeting ID: 392 780 367

Password: **not required**

Victoria-Back to Basics

Daily Meeting, 7pm

ID: 662 621 1099

Password: 218223

Victoria Main Stream Meeting

Daily Noon except Fri and Sun

ID: 698 545 080

PW: 003178

Victoria-Women's Group

Tue 6:00 PM

Meeting ID: 624 847 7889

Password: **Ladiesrock**

Victoria for Sinners Only

Sun. 11:30am

ID: 684 717 620

PW: 4SO#2020

Coastal Bend Area Zello Walkie Talkie Meeting

Why use Zello? It works on Internet connections with limited speed and/or limited data and/or older smartphones.

How To Get Connected

1. Start

by installing the App Link for Android
<https://play.google.com/store/apps/details?id=com.loudtalks>

2. Apple Store

download Free App Zello Walky Talky

3. Create

an Account and Sign in.
(Probably want to use something that meets the 12th Tradition for remaining Anonymous.)

<https://support.zello.com/hc/en-us/articles/230749047-Zello-Android-User-s-Guide->

4. Searching

for channels to add. You can search for channels by using keywords, topics, or a specific name:

5. On the Main Screen

1. Tap Channels Tap to Add Channel icon in the lower right corner
2. Tap Find a channel, Enter the name or keyword for a channel to search on
3. Tap the Search icon See the channel you want?
4. Tap on the name and then tap +ADD to add the channel to your Channels list.

6. Search

for Clean & Serene GBLTQ STR8 Friendly Meeting Friday 8PM” In Keeping with the 3rd Tradition “You are a member when you say you are.”

Clean & Serene is a STR8 - friendly AA Meeting for LGBTQ. Please respect the participants preferred pronouns but everyone must remember that voices can be deceiving. It will normally be set to OPEN but the trusted members will be able to MUTE problem Members.

“I try hard to hold fast to the truth that a full and thankful heart cannot entertain great conceits. When brimming with gratitude, one’s heartbeat must surely result in outgoing love, the finest emotion we can ever know.”

Bill W.

Special Events

CBIA Septemberfest

(Saturday, Sept 19, 2020 in CC).

Due to the Pandemic, CBIA will not have Founders Day or the Halloween or New Years Dances this year. Instead, we will have a hybrid event (part ZOOM Workshop, part drive-through pickup) on Saturday, September 19, 2020 in CC.

Please look over the attached book sale list. Many AA and other recovery books are included. Many interesting titles such as:

- **Lois Wilson an Intimate Conversation.**
- **2018 CB Jamboree all speaker CD's.**
- **Dr Seuss and Philosophy.**
- **Grace Slick: Somebody To Love (Biogr.)**

Southwest Regional AA Service Assembly

(Oct 9-11) in Amarillo

NOTE: This event has been canceled. An event on ZOOM will be held that weekend. Details will follow.

2021 Coastal Bend Jamboree

Due to the pandemic has been moved from Jan to March 19-21, 2021.

Details will follow.

Our very lives, as ex-problem drinkers, depend upon our constant thought of others and how we may help meet their needs. If you are an alcoholic who wants to get over it, you may already be asking-"What do I have to do?"

Pg. 20 Big Book



Septemberfest



The poster features a light beige background with a decorative banner of colorful pennants (red, orange, yellow, green, blue, purple) at the top. The text is arranged in a central, bold, and stylized font. A dark grey banner on the left contains the date and time. On the right, there is a graphic of two overlapping orange tickets. The bottom section includes a detailed schedule and contact information.

CBIA PRESENTS

SEPTEMBERFEST

VIRTUAL

FUNDRAISER

SATURDAY
SEPT. 19TH
10am-2pm

ZOOM ID 256 935 0823
Passcode SeptFest20

LOG ON for FREE!

Schedule: 10am SPEAKER; 11am BOOKSALE ENDS; 12-1pm LUNCH Drive Thru (\$5 DONATION) & BOOK PICK UP @NEW PHOENIX back parking lot (5433 S STAPLES); 1 pm SPEAKER; 2pm Raffle winners drawing LIVE and Wrap up.

CBIA Fundraiser 2020

Accepting PayPal or VENMO payments for this event. ON-LINE Raffles & Book Sale begins 9/16 @5:30pm: 2 RAFFLES, Tickets \$5 each spot & BOOKSALE list on secret Facebook page (Ask & Look for your invitation on 9/14). Your Participation/Donations are much needed and appreciated.

What a deal!

A Virtual BOOK SALE

to benefit C.B.I.A. (Intergroup office)

Starting at 5:30pm Sept. 16, ending at 11am Sept. 19.



Most books only \$1.00 !

*We have well over 100 titles in fine shape,
on subjects ranging from history to crafts to religion to
cooking. And lots of recovery books & CDs
(AA, AlAnon, NA, CODA, OA, etc.)*

Ask to join our special Facebook group & shop to support us.

Service Opportunities

Volunteers Needed to Carry the Message in Corrections Facilities

Note: Facilities are not allowing outside volunteers in due to the Corona Virus Epidemic. It would be a good idea to check with the facility before visiting.

Helpline / 12 Step List

The Helpline is staffed by volunteers who are making sure that the hand of AA is available 24 hours a day in the Coastal Bend area by answering the phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday; or 8 AM Sunday to 8 AM Monday). A minimum of six months sobriety is required to answer the phones. We need a few additional helpline volunteers at present.

If someone needs help beyond meeting information, the helpline passes them to someone on the 12-Step List for a longer conversation and maybe a visit to discuss how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12-Step List. We can always use more people on the 12-Step List. We especially need people (particularly women) in the surrounding area (like Beeville and Alice). If you would like to be on the 12-Step List or on the Helpline, call Rob or Kelly at the CBIA Office (361) 992-8911 or (866) 672-7029 between 8-11 AM or 2-5 PM.

Local Stories Wanted for the BENDER

Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grande.com.net in a Word document or similar format.

CBIA Trustee Election

(October 28th in CC) *

Four trustees will be elected to the Coastal Bend Intergroup Association's board at the Quarterly Meeting at 6:00 PM on Monday, October 26th on Zoom. The new trustees will replace four trustees whose terms expire in January of 2021. The new terms will be from January 2021 to January 2023. By-Laws require that you must be present to be elected. (See attached form for more information.)

Third Step Prayer

"We were now at Step Three Many of us said to our Maker, as we understood Him: "God, I offer myself to Thee—to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life. May I do Thy will always!" We thought well before taking this step making sure we were ready; that we could at last abandon ourselves utterly to Him."

Alcoholics Anonymous

Seventh Step Prayer

My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen.

Coastal Bend Area District Meetings

District 7

(Victoria and Surrounding Area)

The next District 7 Meeting will be at 10 AM on Saturday, **Sept. 19th** on Zoom.

Meeting ID: **662 621 1099**

Password: **218223**

District 8D

(City of Corpus Christi)

The next District 8D Meeting will be at 2 PM on Sunday, **Sept. 20th**, on Zoom.

Meeting ID: **843 0854 7661**

Password: **District8D**

:

District 8E

(Corpus Christi and West)

will be Saturday, **Sept. 12th**, at 9:30am, It will be held at the Calallen Pass It On clubhouse.

District 15

(Northeast of Corpus Christi)

The next District 15 Meeting will be on Zoom at 2:pm on Saturday, **Sept. 12th**.

Meeting: ID: **711 9679 0462**

Password: **D15**

***God, grant me the
Serenity, to accept the things
I can not change, Courage
to change the things I
can, and Wisdom to know the
difference.***



AA History Origins

The origins of Alcoholics Anonymous can be traced to the Oxford Group, a religious movement popular in the United States and Europe in the early 20th century. Members of the Oxford Group practiced a formula of self-improvement by performing self-inventory, admitting wrongs, making amends, using prayer and meditation, and carrying the message to others.

In the early 1930s, a well-to-do Rhode Islander, Rowland H., visited the noted Swiss psychoanalyst Carl Jung for help with his alcoholism. Jung determined that Rowland's case was medically hopeless, and that he could only find relief through a vital spiritual experience. Jung directed him to the Oxford Group.

Rowland later introduced fellow Vermonter Edwin ("Ebby T.") to the group, and the two men along with several others were finally able to keep from drinking by practicing the Oxford Group principles.

One of Ebby's schoolmate friends from Vermont, and a drinking buddy, was Bill W. Ebby sought out his old friend at his home at 182 Clinton Street in Brooklyn, New York, to carry the message of hope.

Bill W. had been a golden boy on Wall Street, enjoying success and power as a stockbroker, but his promising career had been ruined by continuous and chronic alcoholism. Now, approaching 39 years of age, he was learning that his problem was hopeless, progressive, and irreversible. He had sought medical treatment at Towns Hospital in Manhattan, but he was still drinking.

Bill was, at first, unconvinced by Ebby's story of transformation and the claims of the Oxford Group. But in December 1934, after again landing in Towns hospital for treatment, Bill underwent a powerful spiritual experience unlike any he had ever known. His depression and despair were lifted, and he felt free and at peace. Bill stopped drinking, and worked the rest of his life to bring that freedom and peace to other alcoholics. The roots of Alcoholics Anonymous were planted.

2020 CBIA Birthday Club

NAME	HOME GROUP	SINCE	YEARS IN 2020
Gail B.	Victoria-Golden Slippers	01/01/2011	9 Years
Charlie B.	Victoria-Golden Slippers	01/09/2006	14 Years
Ernest J.	CC-Weber Road Nooners	02/15/2004	16 Years
Rob M.	CC-Weber Road Nooners	02/24/1985	35 Years
Joe C.	CC-Hilltoppers Group	03/18/1981	39 Years
Mary C.	CC-Turning Point Group	03/22/1992	28 Years
Enrique M.	CC-Weber Road Nooners	03/30/2016	4 Years
Carol D.	CC-Oso Group Group	04/02/2010	10 Years
Cathy H.	CC-Bookmarks Group	04/06/1999	21 Years
Fred C.	Corpus Christi	05/13/1987	33 Years
Linda K.	Kingsville-Al-K Group	05/20/1979	41 Years
Mary H.	CC-Women's Big Book	05/24/1995	25 Years
Robin P.	CC-Hilltoppers Group	06/22/1986	34 Years
Libby A.	CC-New Women's Group	07/12/1987	33 Years
Pat E.	CC-New Women's Group	08/23/1987	33 Years
Butch R.	CC Weber Road Nooners	08/26/2006	14 Years
Mike Q.	Corpus Christi	08/28/2000	20 Years
Barb C-S	CC-New Women's Group	09/09/1985	35 Years
Valerie B.	CC-Weber Road Nooners	09/13/2017	3 Years
Heather D.	CC-Weber Road Nooners	09/23/2009	11 Years
Brandelyn M.	CC-New Phoenix Group	10/09/2009	11 Years
Patrick R.	CC-New Phoenix Group	10/09/2009	11 Years
Harold B.	CC-Weber Road Nooners	10/18/2007	13 Years
Betsy H.	CC-New Women's Group	10/22/2010	10 Years
Eddie M.	CC-Weber Road Nooners	10/28/2005	15 Years
Debbie B.	CC-Weber Road Nooners	10/31/2000	20 Years
James H.	CC-Bookmarks Group	12/17/1992	27 Years
Lois H.	CC-New Women's Group	12/29/2007	13 Years

Birthday Club Members are people who have made an individual contribution to CBIA of \$1.00 or more for each year of sobriety during that calendar year. They will be listed in each Bender from the month after the donation to the end of the year.

Donations can be made by **PayPal** under the Donate option on our website (www.cbiam.org), by **Venmo** to CoastalBend-Intergroup (For anonymity, it is recommended that Venmo settings make the transaction private.) or by **check** to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX 78411. Please indicate Home Group or City and Sobriety Date. Let us know if you do not want your birthday listed in the Bender.

2020 Memorial Donations

Roger B.	Corpus Christi	01/13/2020
Bobby P.	CC-Mountain Toppers	04/23/2020
Kari Sue P.	CC-Mountain Toppers	05/19/2020
Leo J.	CC-New Phoenix	05/30/2020
Charles K.	CC-Weber Road Nooners	06/15/2020
Paul H.	Karnes City - Mayfield	07/22/2020
Randy F.	Corpus Christi	07/28/2020

Memorial Donations can be made by any AA member in memory of another AA member who died away during the current calendar year. Continuous attendance at meeting is not required as long as they died sober (*with allowance for medically supervised pain meds as under hospice care*). Suggested donation of \$1 per year of sobriety or a minimum of \$5. They will be listed in the newsletter from the month after the donation to the end of the year.

Donations can be made by PayPal under the Donate option on our website (www.cbiala.org), by Venmo to CoastalBend-Intergroup (*For anonymity, it's recommended that Venmo settings make transaction private.*) or by check to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX). Please indicate Home Group or City and date of death.

CBIA Needs Financial Support

What happened?

First Quarter

While our expenses are a little less than last year, our income (*especially Jamboree and Group Contributions*) has decreased significantly. Each year in February or March the net proceeds from the Coastal Bend Jamboree of around \$14,500. (*40% of our annual net revenue*) puts us ahead. By the end of the fourth quarter each year we are just squeaking by (*as a non-profit should*).

Attendance at the 2020 Coastal Bend Jamboree was down sharply because for the first time ever two other **major** AA events (*South Padre Island Jamboree and South East Texas Convention in Houston*) were scheduled in South Texas the same weekend. Hence, very few people from Houston or the Rio Grande Valley attended our event. While that should not happen again in the coming years, it negatively affected revenue for 2020. In addition, many groups elected new treasurers starting in January of 2020, which comes with a learning curve so group contributions were down a bit.

State law allows non-profit 501c(3) organizations like CBIA to hold no more than two fundraisers per year. The Jamboree and Founders Day are our only fundraisers. (*Other CBIA events like our Halloween and New Year's Eve Dances are NOT fundraisers. Our goal is to just break even on those events*).

This year, we will run out of money much earlier - predictably this summer. Our prudent reserve (*which is the equivalent of five months operating expenses*) is considered minimal for an organization like ours (*which is heavily dependent on Jamboree revenues and voluntary contributions*); so we think it would be unwise to deplete that.

Second Quarter

Then the Corona Virus Epidemic came to South Texas. Many AA groups suspended meetings, the remaining face-to-face meetings were more sparsely attended. Other groups went to AA Meetings on Zoom or other internet platforms – which were also more sparsely attended and don't work as well for passing the basket. Hence, group contributions are down further. In addition, we had to cancel our second annual fundraiser, Founder's Day in June which was budgeted to net \$500 in revenue. We are blessed by individual AA members and a few prosperous groups whose generous contributions have buffered the effect of the pandemic.

CBIA Needs Financial Support

Where Are We Now?

	Budget <u>Jan-Jul 2020</u>	Actual <u>Jan-Jul 2020</u>	<u>Difference</u>
Other Income		102.00	+102.00
Donations	\$12,863.32	\$12,750.58	(112.74)
Jamboree	\$14,513.00	\$7,500.00	(\$7,013.00)
Social Events	\$497.00	\$0.00	(\$497.00)
Net Gain on Sales	\$2,708.00	\$1,243.32	(\$1,464.68)
-----	-----	-----	-----
Gross Gain	\$30,581.32	\$21,595.90	(\$8,985.42)
Net Expenses	\$24,820.78	\$24,112.51	(\$708.27)
-----	-----	-----	-----
Net Gain (Loss)	\$5,760.54	(\$2,516.61)	(\$8,277.15)

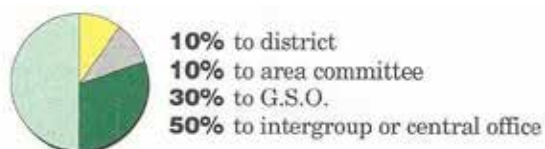
What Has the CBIA Board of Trustees Done?

We determined that we had previously reduced expenses as far as possible without cutting services, and we did not want to do that. We have also decided that to ensure the future of the organization it would be unwise to cover the entire shortfall from our prudent reserve.

However, the board decided to move \$3,000 from Prudent Reserve (*Savings*) to Checking. The board also voted to reduce hours & payroll by 25% so Kelly (*AM*) and Rob (*PM*) will work three hours rather than four each workday. As of August 1st, our hours are 8:30 – 11:30 AM and 2:00 – 5:00 PM Monday through Friday. The board also asked the Office Manager to ask the landlord about a smaller space.

What Can a Group Do to Help?

The AA World Service pamphlet, **Self-Support: Where Money and Spirituality Mix**, suggests that AA Groups in areas served by an intergroup office distribute funds in excess of prudent reserve as shown below.



Thus, it is up to each group conscience to determine what (*if anything*) it gives to these service entities and when.

CBIA Needs Financial Support

What Can a Group Do to Help? *(Continued)*

Your group might want to re-consider its donation priorities temporarily. GSO and Intergroup have a bigger slice of the pie because they have much higher overhead (*salaries, office space, etc.*) than the other service entities. You might want to consider giving more to Intergroup and GSO and less to other service entities.

Also, if your group has money earmarked that can be sent in earlier, that would be helpful.

What Can an Individual AA Member Do to Help?

As an expression of gratitude to AA for our sobriety, some of us give \$1 (*or more*) for each year of sobriety to CBIA in addition to or instead of the traditional birthday donation to GSO. To emphasize this, we will list members of the current year Birthday Club in our monthly newsletter in lieu of the monthly list of birthdays. (*See Birthday Club in this issue.*)

AA

We are also adding a **Memorial List** immediately after the Birthday Club list. Any AA member can donate in memory of any AA member who has died in the current year. (*See Memorial List in this issue.*)

Individual member contributions in any amount (*up to \$3,000 per year*) are always gratefully accepted. To make donation easier we now accept **Venmo** (*CoastalBend-Intergroup*), **PayPal** (*under the Donate tab on our website www.cbiasa.org*), and **Major Credit Cards** as well as **Checks** to CBIA, 3833 S Staples Suite S-212, Corpus Christi, TX 78411.

Finally, you can support our two fundraisers –

- **September Fest** on September 19th. This will be a hybrid event – part workshop on ZOOM with two speakers and part drive-thru pickup with a meal included. We need help with raffle items.
- **2021 Coastal Bend Jamboree** at the Omni March 19-21, 2021 by attending the event and staying in the hotel and participating in the silent auction and raffles.

Group, District & Intergroup Information

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held Monday September 14th at 6:00 PM on Zoom.

CBIA Quarterly Association Meeting will be held Monday October 26th at 6:00 PM on Zoom.

District Meetings

See Bits & Pieces section for information on district meetings in the Coastal Bend area:

District 7 (Victoria Area)

District 8D (Corpus Christi Area)

District 8E (Corpus Christi Area)

District 15 (Portland, Port A, AP, Rockport Area)

Group Announcements

New Phoenix Group Conscience is held the last Sunday of the month at 1:15 PM. **Birthday Night** is first Saturday of the month at 8:00PM. (5433 S. Staples, Suite F in The Boardwalk.)

Hilltoppers Group Conscience is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

Weber Road Nooners Group Conscience is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are celebrated the first Monday of each month at noon. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

Calallen Group Conscience is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthday Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

Flour Bluff Unity Group Conscience is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

Turning Point Group Conscience is held the 1st Wednesday of each month. **Birthday Meeting** is last Saturday of the month.

Group Contributions

GROUP NAME	AUG. 2020	YTD 2020
Alice Group		
Anonymous/Individual Contribution	1,318.00	3,734.00
Aransas Pass Group		
Beeville-Freedom Group		
Beeville-Hope Group		
Beeville-Serenity Group		
Beeville-Shepherd's Group		
CC-Alanos		
CC-Bookmarks Group		
CC-Calallen Group		
CC-Clean & Serene Group		
CC-Cullen Mall Group		50.00
CC-Day of AA		100.00
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's Place		
CC-Fifth Tradition Group		
CC-Flour Bluff Unity Group		
CC-Friday Night Speaker Meeting		
CC-Happy Hour Meeting		
CC-Hilltoppers Group		95.60
CC-Humility Group		
CC-Just for Today Group		
CC-Lucky Ones	18.25	57.12
CC-Mountain Toppers		229.00
CC-New Attitude Meeting		173.79
CC-New Life Group	10.00	80.00
CC-New Phoenix Group	24.00	238.50
CC-New Women's Group	595.00	1,242.79
CC-Oso Group		498.99
CC-Saratoga Group		200.00
CC-Sunset 7 Group (N Padre Island)		2,104.64
CC-Turning Point Group		400.00
CC-Weber Road Nooners Group		804.00
District 8C		676.15
Goliad-Open Arms Group		107.00
Hallettsville Group		25.00
Karnes City-Mayfield Group		
Kingsville-AL-K Group		
Moulton Group		
Mathis -Crossroads Group	50.00	100.00
Mathis - Unity Group	100.00	100.00
Port Aransas Group		400.00
Port Lavaca Group		
Port O'Connor Group		
Portland -Jaywalkers Group		
Portland -Nueces Bay Group	160.00	160.00
Quarterly Meeting 7 th Tradition		20.00
Riviera-SASTO Group		
Robstown Desire Group		
Rockport-Happy Hour Group		240.00
Rockport-Fellowship Group		
Schulenburg Group		
Sinton-Grupo Secunda Chanza		
Skidmore Group		
Three Rivers-Choke Canyon Group		50.00
Victoria-Airport Group		300.00
Victoria-Back to Basics Group		209.00
Victoria-For Sinners Only Group		30.00
Victoria-Golden Slippers		125.00
Victoria-High Nooners Group		
Victoria-Main Stream Group		50.00
Victoria-Men's Group		
Victoria-Unity Group		
Victoria-Women's Group		10.00
Yorktown Group		140.00
TOTAL	\$2,275.25	\$12,750.58

Addresses for Group Contributions for 2020-2022

Coastal Bend Intergroup (Suggested 50% *)

CBIA

3833 S. Staples Suite S-212
Corpus Christi, TX 78411

Districts (Suggested 10% *)

District 7 Treasurer

P.O. Box 5324
Victoria, TX 77903

District 8D Treasurer

P.O. Box 61135
Corpus Christi, TX 78466

District 8E Treasurer

% Dina P.
6013 Liptonshire Drive
Corpus Christi, TX 78415

District 15 Treasurer

% Mike L
511 Gulf
Port Aransas, TX 7837

Area 68 Southwest Texas (Suggested 10% *)

SWTA 68 Treasurer

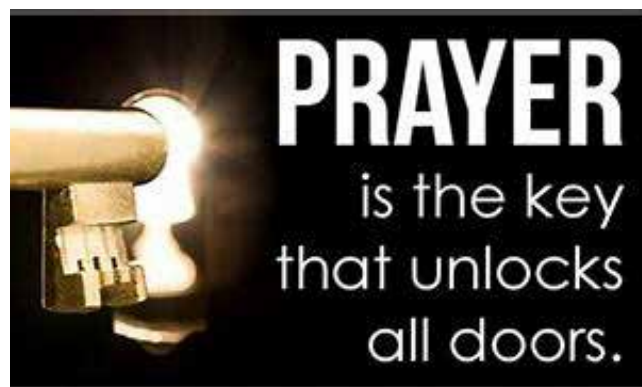
P.O. Box 716
Bastrop, TX 78602

General Service Office (Suggested 30% *)

GSO

P.O. Box 459
New York, NY 10163-0459

Member Gallery



*Suggested percentages are from AA

‘Pamphlet F-3, SELF-SUPPORT: Where Money and Spirituality Mix (Available on our web site: cbiaa.org under DONATE). Group Contributions are always at the discretion of the group conscience.

Coastal Bend Intergroup Association

Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to:

- **Establish a 24-hour help-line**
- **Print meeting schedules**
- **Maintain a 12-Step list**

Whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Services Provided

1. **Maintains** an office which is open Monday through Friday from **8:30 to 11:30AM and 2:00 to 5:00PM**.
2. **Provides** information and referrals for A.A. inquiries.
3. **Maintains** a 12 Step listing and calls individuals for 12 Step work.
4. **Provides** an A.A. listing in the Telephone directory.
5. **Provides** a 24 hour volunteer phone answering during hours when the office is closed.
6. **Publishes** meeting schedules of all groups in the Coastal Bend Area at no charge.
7. **Publishes** a monthly newsletter, the “Coastal Bender”, to keep A.A. members informed of local A.A. affairs and special events.
8. **Purchases and sells** Conference Approved Literature, and non-conference approved Anniversary Medallions and Sobriety Chips.
9. **Conducts monthly Trustee meetings**. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
10. **Conducts Quarterly Meetings** to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
11. **Maintains service committees** for service work in the Coastal Bend Area.

Asociación Inter-grupo de la Zona Costera

Declaración de Principios

La misión de la asociación inter-grupo de la zona costera es proveer el primer contacto vital al alcohólico en busca de ayuda. La oficina de AIZC [siglas en español, en inglés CBIA], se mantiene para el beneficio de aquellos que siguen sufriendo. Para cumplir con esta tarea tan importante la oficina de CBIA debe:

Establecer una línea de ayuda las 24 horas
Imprimir los horarios de las reuniones de AA
Mantener una lista con los 12 Pasos

Con lo cual Grupos de AA e individuos puedan conducir llamados de los 12 Pasos, esenciales en el crecimiento de AA en la Zona Costera.

Servicios Prestados

1. Horario de oficina, lunes a viernes de 7:30 a 11:30AM y de 1:30 a 5:30PM.
2. Provee información y referencias sobre A.A. .
3. Mantiene una lista de los 12 Pasos y listado de personas para trabajar los 12 pasos.
4. Provee un listado de A.A. en el directorio telefónico.
5. Provee servicio de voluntarios contestando llamadas las 24 horas mientras la oficina esta cerrada.
6. Publica los horarios de todos los grupos en el área costera sin costo.
7. Publica una hoja informativa, la "Coastal Bender", para mantener a los miembros de A.A. informados de los acontecimientos locales y de los eventos especiales A.A..
8. Compra y venta de literatura "Aprobada en Conferencia" ('CONFERENCE APPROVED'), y mercancía no aprobada como Medallones de Aniversario y Monedas de Sobriedad.
9. Conduce reuniones mensuales de fideicomisarios. Todos los miembros de Alcohólicos Anónimos son bienvenidos a estas reuniones asimismo es importante contar con su opinión.
10. Conduce Reuniones cada cuatro meses para evaluar a los grupos en actividades Inter-grupo y para buscar que participen en cuestiones de la CBIA.
11. Mantiene comités de trabajo para servicio en el área de la zona Costera.

Los Grupos Hispánicos

Horario *(Rev. 3.1.2019)*

Grupos en Corpus Christi

Grupo Nueva Esperanza (552 Old Robstown Road, Corpus Christi) 8:00 De la Noche (todos los días).

Grupo Primer Paso (1635 18th Street, Corpus Christi) 8:00 De la Noche (Miercoles); Mediodia (Sabado).

Grupo Serenidad (408 Brownlee, Corpus Christi) 8:00 De la Noche (Martes y Domingo);

Grupo Tres Legados (1019 S. Port, Corpus Christi) 8:00 De la Noche (Lunes, Martes, Miercoles y Jueves);

Grupo en Flatonía

Grupo Flatonía (208 E. North Main Street, Flatonía) 7:00 De la Noche (Jueves)

Grupo en Kingsville

Grupo Un Día a La Vez (819 N. 3rd, Kingsville) 7:00 De la Noche (Miercoles)

Grupo en Moulton

Grupo Moulton (301 N. Hackberry. Moulton) 7:00 De la Noche (Lunes)

Grupo en Port Lavaca

Grupo Nuevo Amanecer (213 E. Austin, Port Lavaca) 7:00 De la Noche (Lunes, Miercoles y Viernes)

Grupo en Schulenberg

Grupo Schulenberg (901 Kallus, Schulenberg) 7:00 De la Noche (Domingo)

Grupo en Sinton

Grupo Segunda Chance (215 Sodville, Sinton) 8:00 De la Noche (Martes y Viernes)

Mission Statement Coastal Bender

Our primary purpose is to carry the AA message to the still suffering alcoholic. A secondary purpose of The Bender is to keep the CBIA Area of South Texas informed as to the events, meeting changes, Board of Trustee actions / decisions, and other news of interest to AA's in the area. Finally, as a newsletter we provide a forum for the broad spectrum of views held by our members. Publication of any article submitted will be at the discretion of the Bender Editor as advised by the CBIA Board. A controversial subject, as long as it does not concern an outside issue and involves principles and not personalities, will be considered for publication. As a general guideline, any letter or article that is of interest to members of AA and in good taste is worthy of publication. However, an article or letter that advocates ignoring or violating the Traditions, Concepts, or General Service

Detach here

Free e-Mail Subscription to the BENDER and BITS & PIECES

NAME: _____

e-MAIL: _____

Easy ways to sign up for our two monthly publications:

- Send an email with the above information to cbia@grandecom.net with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.

Detach here

Speacial Thanks to everyone who made contributions to this months BENDER

***Compiled and written by Rob M.
Designed by Harry***