

v



# THE BENDER

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 [www.cbiala.org](http://www.cbiala.org)

*“When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that I am responsible.”\**



**The Hilltoppers Group** meets at **First United Methodist Church** (900 S Shoreline, Room 210). Before meetings were temporarily suspended, they had **noon** meetings **Monday through Friday**. They also had a meeting at **5:30 PM** on **Mondays**.

While face-to-face meetings are suspended, they have **Zoom meetings** at **Noon Monday thru Saturday**.

## Working the 12 Steps Every Day

When I first saw the 12 Steps, they were on the wall at my first meeting. I thought they were like Pool Rules, displayed beside the swimming pool at the Country Club, mainly there to limit the club's liability for accidents.

After a few more meetings I had heard people talk about the steps and my thinking evolved to "12 Steps; 12 Weeks; All Better." I thought if I applied myself and did them right (*with my engineering background*), I would only have to work them once and then I could put them behind me and get on with my life. 35 years later I am still not through and the end is nowhere in sight.

Early on, a wise old timer told me "Instead of trying to put the program into your life, it would work better to put your life into the program." Did I mention that I believe the steps are the program. (*It comes with a lovely fellowship, but the 12 steps are the program of recovery.*) When I came to Texas from Connecticut to visit my parents in 1985, I heard a cowboy say, "If you haven't worked all 12 Steps with a sponsor, you're walking around with an untreated case of alcoholism." The steps have become the way I do life.

And if I want to stay sober, I think I had better work all 12 Steps every day. This is not as daunting as it seems.

My morning / evening prayers and meditation cover steps 1 – 3 and 11.

- When I ask God to keep me sober in the morning and thank him at night, I'm working Step 1 and 2 again.
- When I say the Third Step Prayer, I am working Step 3.
- All my prayers and transcendental meditation covers Step 11.

My daily 10th Step inventory (*review my day, admit where I was wrong and do what I need to do to make things right*) covers Steps 4 – 10.

Step 12 involves carrying the message to others and everything else I do in my daily life (*practicing these principles in all my affairs.*)

Working all 12 steps with adult supervision from a sponsor is what taught me how to do this and laid the groundwork for my daily spiritual practices.

- Rob M. (2.24.1985) Weber Road Nooners Group, Corpus Christi, TX

# MINUTES

## CBIA BOARD OF TRUSTEES MEETING

### March 9<sup>th</sup>, 2020

#### I. OPENING:

- **Gail** opened the meeting with the **Serenity Prayer** at **6:10 PM**.
- **Anita** read the **CBIA Mission Statement**
- **Enrique** read the **General Warranties**
- **Harry** read the **12 Traditions**

#### II. ATTENDANCE:

- **Gail B.** (*Chair*), **Enrique M.** (*Vice Chair*), **Linda K.** (*Financial Trustee*), **Anita C.** (*Trustee*), **Barb C-S.** (*Trustee*), **Harry B.** (*Trustee*), and **Rob M** (*Office Manager*) were present.
- **Judy M.** (*Trustee*) and **Kelly J.** (*Asst Office Manager*) were not present

#### III. MINUTES:

- Minutes of the Board Meeting of February 10<sup>th</sup> were reviewed.
  - **Enrique** moved to approve the minutes as read. **Harry** seconded. Motion carried.

#### IV. FINANCIAL REPORTS:

- **Linda** (*Financial Trustee*) presented the **February Financial Report**.
  - **Balance Sheet:** Total CBIA funds as of **February 29<sup>th</sup>** totaled **\$33,732.76**; **\$50.00** in Petty Cash; **\$7,414.76** in Checking; **\$15,616.98** in Prudent Reserve and **\$10,651.02** in the Jamboree Account.
  - **Profit & Loss** for the month of **February:** Group & Individual Contributions **\$469.29**; Jamboree Contributions: \$7,500.00 Gross Sales (*Books, Chips & Medallions*): **\$1,149.25 less Cost of Goods Sold \$776.81**; Gross Gain for the month was **\$8,443.73**; Total Expenses were **\$2,779.99** for a Net Gain of **\$5,561.74** for the month.
  - **Enrique** moved to approve the financial report. **Barb** seconded. Motion carried.
- **Linda** (*Financial Trustee*) presented the **2020 Budget** which provided for annual revenue equal to actual revenue in 2019 at **\$35,409.51** and total expenses of **\$37,932.71**. Due to significant reduction in jamboree revenue and Group Contributions, we are already behind budget. Depending on how the year unfolds, we will likely have to draw money out of Prudent Reserve savings to stay afloat.
  - **Barb** moved to approve the budget. **Enrique** seconded. Motion carried.
  - **Jackie B.** (*Past CBIA Chair*) talked about visiting the groups during the recovery from a financial crisis in the early 1990's. What they did / did not do: they talked about the services that we provide, and they talked about our current financial situation. They did not ask for money – they made clear that is up to each group conscience.

#### V. SERVICE AREA REPORTS:

- **12th Step** – **Judy** as not present.
- **Archives** – **Gail** said she was taking the overflow archives (*not organized for display at Founders Day or the Jamboree*) home to organize it.
- **Bilingual** – **Enrique** said he had nothing new to report.

- **Coastal Bender:** **Anita** said she reviewed the March BENDER prior to publication. It looked good and went out on time. **Harry** said he would work on improvements to the format of the BENDER.
- **Corrections/Treatment Facilities:** **Linda** said the Area Corrections Conference was held in Corpus Christi. She said 150-200 people registered for the conference which was very well received. She continues to attend meetings at the state Glossbrenner Unit in San Diego, TX. She shared a letter (*minus identifying information*) from an inmate on how AA in prison had helped him.
- **Jamboree:** **Harry** said the Jamboree Committee will be on hiatus until July of this year.
- **Nominations:** **Open.**
- **Public Information/Cooperation with Professional Community:** **Barb** said she had nothing new to report.
- **Social:** **Anita** said Founders Day will be June 6<sup>th</sup> at All Saints from 9 AM to 5 PM. Barb will organize a book sale. There will be entertainment, a meal and speakers ending with an open AA meeting.

## VII. **OFFICE REPORT:**

- Office Update – **Rob**
  - **Renewal of Liability Insurance Policy** – **Rob** said Premium has dropped from \$1,000 to \$815.55 per year. He asked for a motion to pay this bill.
    - **Enrique** moved to pay the insurance bill. **Anita** seconded. Motion carried
  - **Payment of Annual Rent Adjustment** – **Rob** said the annual Rent Adjustment also went down to \$827.00 He asked for a motion to pay this bill.
    - **Enrique** moved to pay the Annual Rent Adjustment. **Barb** seconded. Motion carried.

## VIII. **OLD BUSINESS:**

- **None.**

## VIII. **NEW BUSINESS:**

- **None**

## IX. **NEXT MEETING:**

- Next CBIA Board of Trustees meeting will be on Monday **April 13<sup>th</sup>** at 6:00 PM in the CBIA Office.

## X. **NEXT QUARTERLY MEETING:**

- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday **April 27<sup>th</sup>** at All Saints Episcopal Church (*3026 S Staples*).

## XI. **CLOSING:** Our Father.

- **Enrique** moved to adjourn. **Linda** seconded. Motion carried.
- **Gail** closed the meeting with prayer at 7:35 PM.

Respectfully submitted,

*Rob*

Office Manager



## *Bender Bits & Pieces*



### **7<sup>th</sup> Tradition and the Corona Virus Pandemic**

#### **Zoom Workshop – 7<sup>th</sup> Tradition During COVID 19 (Sat., Apr.25<sup>th</sup>)**

Attached is a recap of a Zoom Workshop on 7<sup>th</sup> Tradition During COVID 19 which was held on Saturday, April 25<sup>th</sup>. A carefully selected panel discussed keeping home groups, Districts, Areas, GSO and Intergroup Offices going without revenue from face-to-face meetings.

#### **One Local Group**

At its last group conscience, one large local group determined that they would not be able to make donations to service entities until they built back up to their prudent reserve. They suggested that members send a check payable to the group for their No Dues or Fees to the Group Treasurer at his home address. They also suggested that it would be a good idea to send anonymous individual contributions to GSO, the local intergroup office, etc. Those addresses are displayed (*using the Share Screen Feature*) during the announcements at each Zoom Meeting. Donations to GSO or intergroup can made online using the donate button on either web site.



# *Bender Bits & Pieces*



## **CBIA and the Corona Virus Pandemic**

### **THE CONTEXT**

The President and the Center for Disease Control have asked that gatherings of more than 10 people not be held and that we observe personal space of six feet from other people, not touch and frequently wash our hands for 20 seconds, etc. Elderly people and people in other risk groups are asked to stay home. Serving coffee or anything edible is probably not a good idea. Face masks are a good idea any time you will be around other people.

### **(1) CBIA OFFICE**

**We are closing the office until 5/12/2020**, when we will hold our next board meeting. Kelly will work from home in the morning and Rob work from home in the afternoon Monday thru Friday. The board has determined that we will not sell merchandise (books, chips, etc.) while the office is closed. The volunteer helpline will answer the phones during the lunch hour, overnight, and on weekends as usual.

### **(2) BOARD MEETING**

**The May CBIA board meeting will be held on Zoom** so we don't have people traveling from Victoria, AP and Kingsville and we aren't assembling 8 people in our small board room.

### **(3) QUARTERLY MEETINGS**

**The April Quarterly meeting has been canceled.** The next scheduled Quarterly Meeting is set for 7/27/2020.

### **(4) LET US KNOW ABOUT MEETINGS TEMPORARILY SUSPENDED**

**Please let us know of changes in the status of meetings** – meetings temporarily suspended or meeting again. We are putting the phrase 'Temp Susp' before the name of the group on our printable schedules, on our meeting data base and the smart phone app Meeting Guide to indicate it is temporarily suspended. Also let us know about Zoom meetings if you want them publicized. They must be sponsored by a registered AA Group and conducted as an AA Meeting.





# Bender Bits & Pieces



## Alternatives to Face-to-Face Meetings

While there is nothing like a face-to-face meeting, many of us need to find other alternatives for the next few weeks or months.

- **Telephone Calls** – Some of us are calling our sponsors or other people in the program more often than we were. Some groups are using telephone trees to stay in touch. Some of us are calling people in the program we were once close to who are now separated by geography.
- **Email** – Some of us are emailing our sponsors or other people in the program more often than we were. Some groups are circulating chain emails. (*Consider submitting something you have written for publication as an article in the **BENDER**.*)
- **Listening to AA Speakers** on CD or MP3 files or on web sites like [www.aa-speakers.com](http://www.aa-speakers.com)
- **Read AA Literature** – The stories in the back of the big book offer some of the benefits of attending a speaker meeting.
- **Attending an on-line or dial-in AA meeting.** There is a link on the CBIA website [www.cbiala.org](http://www.cbiala.org) to the Online Intergroup <http://aa-intergroup.org/>. These meetings were set up for loners – people in remote locations and people who are homebound. *Lately, traffic from people who ordinarily attend face-to-face meetings has been overwhelming this facility.* Beware of other sites that offer alcoholism recovery meetings that are not traditional AA.
- **Starting an on-line or dial-in AA meeting.** It is easier than you think to start an on-line or dial-in meeting. This link <https://www.nyintergroup.org/remote-meeting-listing/help-setting-up-online-meetings/> provides all the instructions you need to start a meeting with **Google Hangout; Zoom** or **Free Conference Call**. Google Hangout and Zoom are slicker, but Free Conference Call might be easier for someone without a lot of technical skills. It would be a good idea to have this sponsored by an established face-to-face meeting and observe all AA Traditions. DJ in Victoria has offered her technical skills to help do this. Call (361) 484-0365.
- **Read an article in the AA Grapevine.** To give us something to do while we are sheltered at home, **the AA Grapevine is allowing free limited access to their web site.** This allows you to read any article in any 2020 issue of the Grapevine. To do this, go to [www.aagrapevine.org/magazine](http://www.aagrapevine.org/magazine). Click on the issue you want to read. Then click on **Table of Contents**. Then click on **Read** under the article you fancy.



# Bender Bits & Pieces



## Meeting Changes

*Please let us know if your group has temporarily suspended meetings due to the Corona Virus Pandemic. Also let us know if meetings have been restarted.*

## Face-to-Face Meetings

### Corpus Christi

#### NUECES COUNTY (including Corpus Christi) STAY HOME ORDER

Nueces County Judge Barbara Canales issued a “Stay At Home” order beginning at **11:59p tonight** (Thursday, March 26, 2020), **running two weeks until midnight, Wednesday, April 8<sup>th</sup>**. Not as restrictive as a “Shelter in Place” order but it will still impact local AA meetings. The following groups in Corpus Christi have notified CBIA that they are temporarily suspending meetings:

- Alanos Group
- Calallen Group
- Courage to Change Group
- Cullen Mall Group
- Happy Hour Group
- Hilltoppers Group
- Lucky Ones
- Mountain Toppers
- New Freedom
- New Life Group
- New Women’s Group
- Turning Point Group
- Weber Road Nooners Group

*Note: The Flour Bluff Unity Group, the 5<sup>th</sup> Tradition Group, the Bookmarks Group, and the Saratoga Group have resumed face-to-face meetings. The Bookmarks Group has stopped their Zoom Meetings. The New Phoenix Group had previously resumed face-to-face meetings and they have added an additional overflow meeting at 1:15 PM every day.*

The following additional developments are happening:

**All Saints Episcopal Church (3026 S Staples)**, as part of the Episcopal Diocese of West Texas, cannot have any gatherings – church, AA, etc. – on church property.  
**Monday Women’s Big Book (7 PM Mon temp. at Jenny Craig, 1406 Airline)**  
**Sunset 7 (N Padre Island) (7 P Mon Wed Fri and 8 A Sun. All meetings are on the beach at Briscoe King Pavilion 15820 Park Rd 22)**



## Face-to-Face Meetings

### District 15 – Portland, Port-A, AP, Rockport

#### Portland

The following groups have temporarily suspended meetings:

**Nueces Bay Group** (6:30 PM Mon, Wed, & 7 PM Thu at Trident Club)

**Jaywalkers Group** (7 PM Tue at Trident Club)

#### Rockport

The following group has temporarily suspended meetings:

**Happy Hour Group** (5:30 PM Meetings Mon, Wed & Friday at Peace Lutheran)

### District 7 – Victoria & Surrounding Area

#### Victoria

All meetings were temporarily suspended. The following group has resumed face-to-face meetings:

- **Golden Slippers** (9 AM Saturdays at OLV Cathedral Center)

#### Victoria Surrounding Area

All meetings have been temporarily suspended except for the following group which is still meeting:

**Palacios Group** (3 PM Sun & 7 PM Thu at Public Library in Palacios)



Please let us know if your group is sponsoring a ZOOM meeting not listed here and the Group Conscience wants it listed. To be listed, it must be sponsored by a registered AA Group and be run as AA meeting with an AA Meeting format, etc.

### Coastal Bend Area Zoom Meetings

- **CC-Calallen Group**, Daily Noon Meeting ID: 474 200 886 Daily 7:00 PM Meeting ID 849 922 728
- **CC-Cullen Mall**, 8 PM, Mon, Wed & Sat Meeting ID: 265 788 954 Password: 330022  
<https://zoom.us/j/265788954?pwd=UE96c2wwL2hLRGc1VlB5dkvZDhYZz09>
- **CC Lucky Ones Group** 7P Mon & Thu Meeting ID: 392 118 784 Password: not required  
<https://us04web.zoom.us/j/392118784>
- **CC-Friday Night Speaker Meeting 8 P Fri** Meeting ID: 939 285 7190 Password: 589028  
<https://us04web.zoom.us/j/9392857190>
- **CC-Happy Hour Group** Wed 5:30 PM Meeting ID: 679 202 864 Password 683319  
<https://us04web.zoom.us/j/679202864>
- **CC-Hilltoppers Group** Mon - Sat 12:00 PM Meeting ID: 907 402 1032 Password 450339  
<https://us04web.zoom.us/j/9074021032>
- **CC-New Attitude Group** M & W 6:00 PM Meeting ID: 714 784 969 Password 954788  
<https://us04web.zoom.us/j/714784969>
- **CC-New Phoenix Group** Mon - Fri 6:30A Sat - Sun 7:00A Meeting ID: 478 114 528  
<https://us04web.zoom.us/j/478114528?pwd=S094TytTMElia1NWUWdNY2NkVW5Fdz09>
- **CC-New Women's Group**, Mon & Thu 7 PM; Sat 11 AM Meeting ID: 580 495 1776 Password: NWGroup  
<https://us02web.zoom.us/j/5804951776?pwd=K04zVDhDZDBQMmdleWliUVJXSINodz09>
- **CC-Sunset 7 Group** Mon & Wed 7:00 PM Meeting ID: 837 019 9098 Password: beach
- **CC-Turning Point** Wed & Sat 6:30 PM Meeting ID: 577 043 944 Password: sober  
<https://us04web.zoom.us/j/577043944>
- **CC-Weber Rd Nooners** 12 Noon, Daily Meeting ID: 260 214 3828 Password: 676271  
<https://us04web.zoom.us/j/2602143828>
- **Port Lavaca Group** Mon, Wed and Fri 7 PM Meeting ID: 542 057 034 Password: easydoesit  
<https://us04web.zoom.us/j/542057034>
- **Rockport-Happy Hour Group**, Mon, Wed, Fri 5:30 P Meeting ID: 392 780 367 Password: not req  
<https://zoom.us/j/392780367>
- **Victoria-Back to Basics** 7P, Daily Meeting ID: 662 621 1099 Password: 218223  
<https://zoom.us/j/6626211099>



# Bender Bits & Pieces



## Coastal Bend Area Zoom Meetings (Continued)

- **Victoria-Mainstream**, Daily except Fri & Sun Noon Meeting ID: 698 545 080 Password: 003178  
<https://us04web.zoom.us/j/698545080>
- **Victoria-For Sinners Only**, Sun 11:30 AM Meeting ID: 684 717 620 Password: 4SO#2020  
<https://us04web.zoom.us/j/684717620>
- **Victoria-Women's Group**, Tue 6:00 PM Meeting ID: 624 847 7889 Password: ladiesrock  
<https://us04web.zoom.us/j/6248477889>

***NOTE: CC-Bookmarks** returned to Face-to-Face Meetings and discontinued their Zoom meetings. As of 5/9/2020, the **CC-New Women's Group** will have three Zoom meetings using the Meeting ID and Password above and eliminate the previous Thursday Zoom Meeting and the Monday and Saturday Conference Call Meetings.*

## **CB Area Google Hangout Meetings**

*(Works with any phone – incl. flip/land phones)*



# **New Phoenix Virtual AA Meetings Information**




### **Noon Meeting Log-In Info.**

Join Hangouts Meet w/Video

*\*Requires you to download the Google Meets App*

Web Address/Meeting ID: [meet.google.com/pwq-bsew-gxy](https://meet.google.com/pwq-bsew-gxy)

Join by phone

 (650)-597-2922

**PIN: 411 659 586#**




### **Six O'clock Meeting Log-In Info.**

Join Hangouts Meet w/Video

*\*Requires you to download the Google Meets App*

Web Address/Meeting ID: [meet.google.com/uki-vfae-yki](https://meet.google.com/uki-vfae-yki)

Join by phone

 (314)-666-3196

**PIN: 448 014 770#**

## Coastal Bend Area Zello Walkie Talkie Meeting

### **CLEAN & SERENE GBLTQ STR8 FRIENDLY MEETING FRIDAY 8PM**

**Why use Zello?** It works on internet connections with limited speed and/or limited data and/or older smartphones.

### **HOW TO GET CONNECTED**

Start by installing the APP Link for **Android**

<https://play.google.com/store/apps/details?id=com.loudtalks>

**Apple Store** download **FREE APP ZELLO WALKY TALKY**

Create an Account and sign in. (Probably want to use something that meets the 12th Tradition for remaining Anonymous.)

<https://support.zello.com/hc/en-us/articles/230749047-Zello-Android-User-s-Guide->

Searching for channels to add You can search for channels by using keywords, topics, or a specific name:

On the Main Screen, tap **CHANNELS** Tap the **Add Channel** icon in the lower right corner tap **Find a channel** Enter the name or keyword for a channel to search on Tap the Search icon See the channel you want? Tap on the name and then tap +ADD to add the channel to your Channels list. Search for "**CLEAN & SERENE GBLTQ STR8 FRIENDLY MEETING FRIDAY 8PM**" In Keeping with the 3rd Tradition "You are a member when you say you are."

**Clean & Serene** is a Str8 friendly AA Meeting for LGBTQ. Please respect the participants preferred pronouns but everyone must remember that voices can be deceiving. It will normally be set to OPEN but the trusted members will be able to MUTE problem Members.



# Bender Bits & Pieces



## Special Events

### Sunset 7 – Day of AA in Corpus Christi (April 18<sup>th</sup> in CC) \*

The **Sunset 7 Group** presents the 23<sup>rd</sup> Celebration of **A Day of AA in Corpus Christi**.

*This event has been canceled. Organizers expect to reschedule later in the year*

### Re-Opening AA Workshop (May 9<sup>th</sup> on Zoom)

This panel presentation and workshop will be held on Zoom at 2 PM on Saturday May 9<sup>th</sup>. (Flier included with email BENDER)

### 2020 Texas State AA Convention (June 2020 in Fort Worth)

*This event has been postponed to 2021.*

### 2020 International AA Convention (July 2-5, 2020 in Detroit, MI)

Every five years AA has an international convention.

*This event has been canceled.*

### Area 68 Summer Workshop Assembly (July 31<sup>st</sup> -August 2<sup>nd</sup> in Marble Falls)

The **Area 68 Summer Workshop** will be held July 31<sup>st</sup> – August 2<sup>nd</sup> at the **Lakeside Pavilion** (307 Buena Vista in Marble Falls, TX 78654). The conference hotel will be the **Hampton Inn** (704 1<sup>st</sup> ST in Marble Falls, TX 78654 – with conference rates of \$139-\$159). (Flier included with the email BENDER or on Area website [www.aa-swta.org](http://www.aa-swta.org))

### Area 68 PI/CPC Conference (August 21<sup>st</sup> – 22<sup>nd</sup> in Austin)

The **Area 68 Public Information / Cooperation with the Professional Community Conference** will be held the **Omni Southpark Hotel** (4140 Governors Row in Austin, TX 78744 with a conference rate of \$119 using Group Code SWTA68) on August 21<sup>st</sup> – 22<sup>nd</sup>. Registration is \$15 and the Luncheon with Professionals is \$25. (Flier included with email BENDER and on the Area website [www.aa-swta.org](http://www.aa-swta.org))

### SW Regional AA Service Assembly 2020 (October 9<sup>th</sup>-11<sup>th</sup> in Amarillo)

The **Southwest Regional AA Service Assembly** will be held October 9<sup>th</sup> – 11<sup>th</sup> in Amarillo at the Embassy Suites Hotel (550 S. Buchanan Street, Amarillo, TX 79101). The conference rate will be \$135 per night. Registration si \$15.00. (Flier included with email BENDER and on the Area website [www.aa-swta.org](http://www.aa-swta.org))





# *Bender Bits & Pieces*



## Service Opportunities

### Volunteers Needed to Carry the Message in Corrections Facilities

*Note: Facilities are not allowing outside volunteers in due to the Corona Virus Epidemic. It would be a good idea to check with the facility before visiting.*

### Helpline / 12 Step List

The Helpline is staffed by volunteers who are making sure that the hand of AA is available 24 hours a day in the Coastal Bend area by answering the phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday; or 8 AM Sunday to 8 AM Monday). A minimum of six months sobriety is required to answer the phones. The helpline is rather well staffed at present.

If someone needs help beyond meeting information, the helpline passes them to someone on the 12-Step List for a longer conversation and maybe a visit to discuss how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12-Step List. We can always use more people on the 12-Step List. We especially need people (*particularly women*) in the surrounding area (*like Beeville and Alice*). If you would like to be on the 12-Step List or on the Helpline, call Rob or Kelly at the CBIA Office (361) 992-8911 or (866) 672-7029.

### Local Stories Wanted for the BENDER

Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to [cbia@grandecom.net](mailto:cbia@grandecom.net) in a Word document or similar format.



# *Bender Bits & Pieces*



## **Coastal Bend Area District Meetings**

### **District 7 (Victoria and Surrounding Area)**

*District Meetings have been canceled and are expected to resume on Zoom in May.*

### **District 8D Next Meeting (City of Corpus Christi)**

*District Meetings are held on Zoom.*

### **District 8E (Corpus Christi and West)**

*District Meetings have been canceled and will resume in May.*

### **District 15 (Northeast of Corpus Christi)**

*District Meetings are being held on Zoom.*



# Bender Bits & Pieces



## Save the Dates

*(Future Events - Fliers included for events flagged with an \*.)*

*(Fliers are on the area website aa-swta.org if flagged with an @.)*

*(Fliers / Registration available on aa.org if flagged with a #.)*

*(Fliers / Registration available at <https://60th.icypaa.org> if flagged with an &)*

**Sunset 7 – Day of AA in Corpus Christi** *(April 18<sup>th</sup> in CC) \**

*Note: This event has been canceled, to be rescheduled.*

**Re-Opening AA Workshop** *(May 9<sup>th</sup> on Zoom)*

**Texas State AA Convention** *(June 12-14 in Fort Worth)*

*Note: This event has been postponed to 2021*

**2020 AA International Convention** *(July 2<sup>nd</sup> - 5<sup>th</sup>, 2020 in Detroit, MI)*

*Note: This event has been canceled.*

**Area 68 Summer workshop** *(July 31<sup>st</sup> – Aug 2<sup>nd</sup> in Marble Falls)*

**Area 68 PI/CPC Conference** *(August 21<sup>st</sup> – 22<sup>nd</sup> in Austin)*

**SW Regional AA Service Assembly 2020** *(October 9<sup>th</sup>-11<sup>th</sup> in Amarillo)*

## AA Meeting Schedules for Our Area \*

For current AA meeting schedules for areas serviced by the Coastal Bend Intergroup, visit our website [cbiaa.org](http://cbiaa.org) – **Printable Schedules** under **Find a Meeting**. The only schedule with extensive changes (*AA Meetings in City of Corpus Christi*) is attached to the email Bender.

## Coastal BENDER Mission Statement

Our primary purpose is to carry the AA message to the still suffering alcoholic. A secondary purpose of **The Bender** is to keep the CBIA Area of South Texas informed as to the events, meeting changes, Board of Trustee actions / decisions, and other news of interest to AA's in the area. Finally, as a newsletter we provide a forum for the broad spectrum of views held by our members. Publication of any article submitted will be at the discretion of the Bender Editor as advised by the CBIA Board. A controversial subject, as long as it does not concern an outside issue and involves principles and not personalities, will be considered for publication. As a general guideline, any letter or article that is of interest to members of AA and in good taste is worthy of publication. However, an article or letter that advocates ignoring or violating the Traditions, Concepts, or General Service Conference actions will not be considered for publication. All decisions will be made under the direction of God as expressed through our group conscience.



Sarah C.	Hilltoppers	05/01/2006	14 Years
Karen J.	Rockport Fellowship	05/05/1991	29 Years
Mike M.	Hilltoppers	05/05/1982	38 Years
John J.	Rockport Fellowship	05/11/1987	33 Years
Fred C.	Corpus Christi	05/13/1987	33 Years
Carole M	Rockport Fellowship	05/13/1996	24 Years
Kathy O.	Saratoga Group	05/14/1978	42 Years
Franny J.	The Lucky Ones	05/15/2008	12 Years
Tracie S.	Fifth Tradition	05/17/2010	10 Years
Judy M.	Goliad Open Arms	05/20/1989	31 Yers
Linda K.	Kingsville AL-K	05/20/1979	41 Years
Laura G.	Weber Nooners	05/23/2001	19 Years
Debra F.	Hilltoppers	05/24/1982	38 Years
Mary H.	Fifth Tradition	05/24/1995	25 Years
Heather N.	Turning Point	05/24/2007	13 Years
Beth M.	Rockport Fellowship	05/26/2008	12 Years
Nancy C.	Corpus Christi	05/28/2004	16 Years
Kelly H.	Oso Group	05/31/1987	33 Years

**APRIL 2020                      YTD**

**12 STEP CALLS**

**5**

**25**

**Intergroup Meetings**

**CBIA Board of Trustees Monthly Meeting** will be held Monday May 12<sup>th</sup> at 6:00 PM in the CBIA Office (3833 S. Staples, Suite S-212).

**CBIA Quarterly Association Meeting** will be held Monday July 27<sup>th</sup> at 6:00 PM at All Saints Episcopal Church (3026 S. Staples in CC).

**District Meetings**

See Bits & Pieces section for information on district meetings in the Coastal Bend area:

**District 7** (Victoria Area)

**District 8D** (Corpus Christi Area)

**District 8E** (Corpus Christi Area)

**District 15** (Portland, Port A, AP, Rockport Area)

**Group Announcements**

**New Phoenix Group Conscience** is held the last Sunday of the month at 1:15 PM. **Birthday Night** is first Saturday of the month at 8:00PM. (5433 S. Staples, Suite F in The Boardwalk.)

**Hilltoppers Group Conscience** is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

**Weber Road Nooners Group Conscience** is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are celebrated the first Monday of each month at noon. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

**Calallen Group Conscience** is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthday Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

**Flour Bluff Unity Group Conscience** is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

**Turning Point Group Conscience** is held the 1<sup>st</sup> Wednesday of each month. **Birthday Meeting** is last Saturday of the month.

Group Contributions		
GROUP NAME	APR 2020	YTD 2020
Alice Group		
Anonymous/Individual Contribution	965.00	1065.00
Aransas Pass Group		
Beeville-Freedom Group		
Beeville-Hope Group		
Beeville-Serenity Group		
Beeville-Shepherd's Group		
CC-Alanos		
CC-Bookmarks Group		
CC-Calallen Group		
CC-Clean & Serene Group		
CC-Crosstown Group		
CC-Cullen Mall Group		50.00
CC-Day of AA		
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's Place		
CC-Fifth Tradition Group		
CC-Flour Bluff Unity Group		
CC-Free Thinkers Group		
CC-Friday Night Speaker Meeting		
CC-Grace at 7		
CC-Happy Hour Meeting		
CC-Hilltoppers Group		95.60
CC-Humility Group		
CC-Just for Today Group		
CC-Lucky Ones		
CC-Mountain Toppers		
CC-New Attitude Meeting		173.79
CC-New Life Group	10.00	40.00
CC-New Phoenix Group	55.50	133.50
CC-New Women's Group	167.40	269.19
CC-Oso Group	114.09	207.30
CC-Primary Purpose		
CC-Rodd Field Group		
CC-Saratoga Group		100.00
CC-Sunset 7 Group (N Padre Island)	379.43	1522.81
CC-Turning Point Group	400.00	400.00
CC-Weber Road Nooners Group		804.00
District7		
District 8C	676.15	676.15
Goliad-Open Arms Group		107.00
Hallettsville Group		25.00
Karnes City-Mayfield Group		
Kingsville-AL-K Group		
Moulton Group		
Mathis -Crossroads Group		
Port Aransas Group		400.00
Port Lavaca Group		
Port O'Connor Group		
Portland -Jaywalkers Group		
Portland -Nueces Bay Group		
Quarterly Meeting 7 <sup>th</sup> Tradition		20.00
Riviera-SASTO Group		
Robstown Desire Group		
Rockport-Anything Goes Group		
Rockport-Happy Hour Group		120.00
Rockport-Fellowship Group		
Schulenburg Group		
Sinton-Grupo Secunda Chanza		
Skidmore Group		
Three Rivers-Choke Canyon Group		50.00
Victoria-Airport Group		300.00
Victoria-Back to Basics Group		
Victoria-For Sinners Only Group		15.00
Victoria-Golden Slippers		25.00
Victoria-High Nooners Group		
Victoria-Main Stream Group		25.00
Victoria-Men's Group		
Victoria-Unity Group		
Victoria-Women's Group		10.00
Yorktown Group		70.00
<b>TOTAL</b>	<b>2,767.57</b>	<b>6,704.34</b>

## Addresses for Group Contributions for 2020-2022

### Coastal Bend Intergroup (Suggested 50% \*)

#### **CBIA**

3833 S. Staples Suite S-212  
Corpus Christi, TX 78411

### Districts (Suggested 10% \*)

#### **District 7 Treasurer**

P.O. Box 5324  
Victoria, TX 77903

#### **District 8D Treasurer**

P.O. Box 61135  
Corpus Christi, TX 78466

#### **District 8E Treasurer**

% Dina P.  
6013 Liptonshire Drive  
Corpus Christi, TX 78415

#### **District 15 Treasurer**

% Mike L.  
511 Gulf  
Port Aransas, TX 78373

### Area 68 Southwest Texas (Suggested 10% \*)

#### **SWTA 68 Treasurer**

P.O. Box 716  
Bastrop, TX 78602

### General Service Office (Suggested 30% \*)

#### **GSO**

P.O. Box 459  
New York, NY 10163-0459

‘\* Suggested percentages are from AA Pamphlet F-3, **SELF-SUPPORT: Where Money and Spirituality Mix** (Available on our web site: [cbiaa.org](http://cbiaa.org) under DONATE). Group Contributions are always at the discretion of the group conscience.



## Coastal Bend Intergroup Association

## Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list

whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

## Services Provided

1. Maintains an office which is open Monday through Friday from 7:30 to 11:30AM and 1:30 to 5:30PM.
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12 Step listing and calls individuals for 12 Step work.
4. Provides an A.A. listing in the Telephone directory.
5. Provides a 24 hour volunteer phone answering during hours when the office is closed.
6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
8. Purchases and sells "CONFERENCE APPROVED' literature, and non-conference approved Anniversary Medallions, Sobriety Chips.
9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
11. Maintains service committees for service work in the Coastal Bend Area.

# Asociación Inter-grupo de la Zona Costera

## Declaración de Principios

La misión de la asociación inter-grupo de la zona costera es proveer el primer contacto vital al alcohólico en busca de ayuda. La oficina de AIZC [siglas en español, en inglés CBIA], se mantiene para el beneficio de aquellos que siguen sufriendo. Para cumplir con esta tarea tan importante la oficina de CBIA debe:

- Establecer una línea de ayuda las 24 horas
- Imprimir los horarios de las reuniones de AA
- Mantener una lista con los 12 Pasos

Con lo cual Grupos de AA e individuos puedan conducir llamados de los 12 Pasos, esenciales en el crecimiento de AA en la Zona Costera.

## Servicios Prestados

1. Horario de oficina, lunes a viernes de 7:30 a 11:30AM y de 1:30 a 5:30PM.
2. Provee información y referencias sobre A.A. .
3. Mantiene una lista de los 12 Pasos y listado de personas para trabajar los 12 pasos.
4. Provee un listado de A.A. en el directorio telefónico.
5. Provee servicio de voluntarios contestando llamadas las 24 horas mientras la oficina esta cerrada.
6. Publica los horarios de todos los grupos en el área costera sin costo.
7. Publica una hoja informativa, la "Coastal Bender", para mantener a los miembros de A.A. informados de los acontecimientos locales y de los eventos especiales A.A..
8. Compra y venta de literatura "Aprobada en Conferencia" ('CONFERENCE APPROVED'), y mercancía no aprobada como Medallones de Aniversario y Monedas de Sobriedad.
9. Conduce reuniones mensuales de fideicomisarios. Todos los miembros de Alcohólicos Anónimos son bienvenidos a estas reuniones asimismo es importante contar con su opinión.
10. Conduce Reuniones cada cuatro meses para evaluar a los grupos en actividades Inter-grupo y para buscar que participen en cuestiones de la CBIA.
11. Mantiene comités de trabajo para servicio en el área de la zona Costera.

# Los Grupos Hispánicos

## HORARIO

(Rev. 3.1.2019)

### Grupos en Corpus Christi

- **Grupo Nueva Esperanza** (552 Old Robstown Road, Corpus Christi) **8:00 De la Noche** (todos los días).
- **Grupo Primer Paso** (1635 18<sup>th</sup> Street, Corpus Christi) **8:00 De la Noche** (Miercoles); **Mediodia** (Sabado).
- **Grupo Serenidad** (408 Brownlee, Corpus Christi) **8:00 De la Noche** (Martes y Domingo);
- **Grupo Tres Legados** (1019 S. Port, Corpus Christi) **8:00 De la Noche** (Lunes, Martes, Miercoles y Jueves);

### Grupo en Flatonia

**Grupo Flatonia** (208 E. North Main Street, Flatonia) **7:00 De la Noche** (Jueves)

### Grupo en Kingsville

**Grupo Un Dia a La Vez** (819 N. 3<sup>rd</sup>, Kingsville) **7:00 De la Noche** (Miercoles)

### Grupo en Moulton

**Grupo Moulton** (301 N. Hackberry, Moulton) **7:00 De la Noche** (Lunes)

### Grupo en Port Lavaca

**Grupo Nuevo Amanecer** (213 E. Austin, Port Lavaca) **7:00 De la Noche** (Lunes, Miercoles y Viernes)

### Grupo en Schulenberg

**Grupo Schulenberg** (901 Kallus, Schulenberg) **7:00 De la Noche** (Domingo)

### Grupo en Sinton

**Grupo Segunda Chance** (215 Sodville, Sinton) **8:00 De la Noche** (Martes y Viernes)

**Free e-Mail Subscription to the BENDER and BITS & PIECES**

**NAME:** \_\_\_\_\_.

**e-MAIL:** \_\_\_\_\_.

Easy ways to sign up for our two monthly publications:

- Send an email with the above information to [cbia@grandecom.net](mailto:cbia@grandecom.net) with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.

Detach here.



Detach here