



# THE BENDER

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 [www.chiaa.org](http://www.chiaa.org)

*“When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that I am responsible.”\**



**All Saints Episcopal Church (3026 S. Staples in Corpus Christi)** hosts a number of AA Groups. Several have moved from the **Pantry Building** behind the church into the **Saint Theresa of Calcutta Room (pictured)** inside the church. This includes **Clean & Serene** which has a GLBT meeting at 8:00 PM on **Fridays**; the **Men’s Meeting** has a men’s closed Big Book meeting at 7:00 PM on **Mondays**. **Sanity Foundation** has an Open Discussion meeting at 1:00 PM on **Sundays** and **Turning Point** has an Open Literature Study meeting at 6:30 PM on **Wednesdays** and an Open Discussion Meeting at 6:30 PM on **Saturdays**.

## Step 12

# Service & Community

Step 12: Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs.

**STEP 12 IS ABOUT SERVICE AND COMMUNITY.** It brings an end to isolation and gives me a sense of being a contributing member of society. I'm no longer just visiting this planet.

**I NEEDED TO GET RID OF MY OLD IDEAS ABOUT SERVICE.** I used to serve with an agenda -- to make me look good or to create a debt. "You'll owe me big time for this"; "After all I've done for you the least you could do . . ." Early in recovery, I had an evangelical period where I tried to save people. ("Give me a tambourine and a tent.") I drug a few people to meetings and tried to make them see the light. Trying to help people who didn't want to be helped was like trying to teach a pig to sing. I wasted my time and annoyed the pig. Somebody told me about our tradition of attraction rather than promotion and told me that no matter how many people I brought to the program I would not get a free toaster.

**THE SPIRIT OF STEP 12 SERVICE IS "I'M NOT ESSENTIAL AND I MAKE A DIFFERENCE."** I can be replaced (e.g., when my commitment is up) and the world is a little better place because of my contribution. (At least we had coffee on Tuesday nights.) **STEP 12 SERVICE HAS NO HIDDEN AGENDA:** "You don't owe me anything. Someday you will be able to help somebody else." An exercise that helped me get this was to do something nice for somebody every day and not get found out. If I got found out, I had to do something else.

**HAVING HAD A SPIRITUAL AWAKENING AS A RESULT OF THESE STEPS.** You cannot give away something you do not have. Albert Schweitzer once said "When it comes to influencing other people, example is not the main thing. Example is the only thing." Until I had worked ALL the steps with a sponsor, I really did not know what is available out of working the program or even how it works. This greatly impaired my ability to carry the message. All of my spiritual awakenings, started out as rude awakenings. The truth will set you free, but first it will piss you off. The steps make it possible to transform my rude awakenings into spiritual awakenings.

**WE TRIED TO CARRY THIS MESSAGE TO (ALCOHOLICS).** To keep it you have to give it away. Every time I share my recovery I get it again. I remember where I came from. I remember the things that got me sober, which are the same things that will keep me sober, day by day, year after year. I remember the miracles God has performed in my life. Often when I'm speaking about one of the suggestions of the program, I tell myself "Listen up, Robby. You should be doing that." Then I scramble to have my actions catch up with my words.

## Step 12 - Service & Community (*Continued*)

**DIRECT SERVICE** is sharing my experience, strength and hope with another alcoholic: Speaking at a speaker meeting, sharing at a discussion meeting, talking one-on-one with someone I sponsor; talking with a newcomer after a meeting; etc. More than anything (except for my relationship with God), direct service helps me stay sober. Every time I share my recovery I get it again. I remember where I came from and what happened: how God took me to AA and then how AA took me to God; how the 12 Steps of AA continuously make me available to the Grace of God and make my life worth staying sober for.

**BACKROOM SERVICE** is the behind the scenes work that keeps the program functioning: setting up the room, making coffee, cleaning up after the meeting, serving on a committee or being a treasurer, a Group Service Representative (GSR), a District Committee Member (DCM), or a Delegate. This kind of service has made me feel a part of and made me feel like I've made some progress at paying back AA for what it has done for me. However, this is no substitute for **DIRECT SERVICE** when it comes to keeping me sober.

**WE TRIED TO PRACTICE THESE PRINCIPLES IN ALL OUR AFFAIRS.** It's not enough for me to be the kind of person my dog thinks I am, the person I aspire to be, the person God created me to be **ONLY** in the context of the program. I have to be that way when I'm driving on South Padre Island Drive during the evening rush hour and someone cuts in front of me without signaling. I have to be true to my best self when I'm visiting a relative. I even have to be that way in the express check-out at HEB (a grocery store. I seem to be less often upset since I stopped counting the items in the cart in front of me).

I am an integral, functional part of the whole, a contributing member of society. I try to

- do my share of the chores;
- be a team I player;
- clean up after myself;
- honor my commitments and keep my word.

This has made me a worker among workers, a friend among friends. After all, whatever I do in AA, I will always just be another recovering alcoholic and just another member of the group and just another member of the fellowship. The highest you can go in AA is sober.

Nothing gets me out of my head and takes me away from my obsession with my stuff -- my problems, my issues, and my little plans and designs, like doing service work. It gives me a more realistic and grateful perspective on my own life and frees me up to do the next right thing and allow God's plan to unfold before me, as if by magic.

# MINUTES

## CBIA BOARD OF TRUSTEE MEETING

### October 14<sup>th</sup> 2019

#### I. OPENING: (6:00PM)

- **Terry** opened the meeting with the **Serenity Prayer** at **6:10 PM**.
- **Ann** read the **CBIA Mission Statement**
- **Gail** read the **General Warranties**
- **Linda** read the **12 Traditions**

#### II. ATTENDANCE:

- **Terry M.** (*Chair*), **Gail B.** (*Vice Chair*), **Linda K.** (*Financial Trustee*), **Ann B.** (*Trustee*), **Enrique M.** (*Trustee*), and **Rob M** (*Office Manager*) were present.
- **Ron S.** (*Trustee*), **Rosa T.** (*Trustee*), and **Kelly J.** (*Asst Office Manager*) were not present.

#### III. MINUTES: Review and approve minutes of Board Meeting of **September 9<sup>th</sup>**.

- Minutes of the Board Meeting of September 9<sup>th</sup> were reviewed.
  - **Ann** moved to approve the minutes as submitted. **Gail** seconded. Motion carried.

#### IV. FINANCIAL REPORT:

**Linda** (*Financial Trustee*) presented the **September Financial Report**.

- **Balance Sheet:** Total CBIA funds as of **September 30<sup>th</sup>** totaled **\$23,859.50**; **\$50.00** in Petty Cash; **\$6,381.40** in Checking; **\$15,613.06** in Prudent Reserve and **\$1,815.04** in the Jamboree Account.
- **Profit & Loss** for the month of **September:** Group & Individual Contributions: **\$1,223.94** Gross Sales (*Books, Chips & Medallions*): **\$1,194.50** (*less Cost of Goods Sold \$837.82*); Gross Gain for the month was **\$1,580.62**; Total Expenses were **\$2,616.19**; for a Net Loss of **\$1,035.57** for the month.
  - **Gail** moved to approve the **September** Financial Report. **Enrique** seconded. Motion carried.

#### VI. SERVICE AREA REPORTS

- **12th Step:** **Ron** was not present.
- **Archives:** **Gail** said she had nothing new to report.
- **Bilingual:** **Enrique** asked if we could discuss at our November board meeting adding to the Spanish-language content on the CBIA website. **Terry** agreed to put it on the agenda.
- **Coastal Bender:** **Terry** said the October **BENDER** looked good.
- **Corrections/Treatment Facilities:** **Linda** said in order to do service work in state corrections facilities you need to be certified every two years (*Every other time you can do it online.*) The training/certification will be offered at the Area Corrections

Conference in Corpus Christi next February. **Linda** has been attending an AA meeting at the **Glossbrenner Unit** since 2003. They presented her with a 16-year cake on a recent visit.

- **Jamboree:** **Enrique** said he was not able to attend the October CBJ Committee meeting and had nothing new to report.
- **Nominations:** **Ann** said we have four candidates for three positions.
- **Public Information/Cooperation with Professional Community:** **Terry** said she met the newly-elected **PI/CPC Chair** for **District 15** (*who is also the husband of newly elected District 15 DCM Becky G.*)
- **Social:** **Rosa** was not present. **Rob** said the **Halloween Dance** will be on **Saturday October 26<sup>th</sup>** at **All Saints Episcopal Church**. He said **Rosa** told him the event is coming together nicely.

## **VII. OFFICE REPORT**

- Office Update – **Rob** said he will publish an article on **anonymity in social media** in the November issue of the Coastal BENDER. He said it may be controversial and he plans to ask Past Delegate James H. to review it, in addition to Terry M, Bender Trustee.

## **VIII. OLD BUSINESS:**

- **None.**

## **IX. NEW BUSINESS:**

- Additional **Spanish Content** on the CBIA web site.

## **X. NEXT MEETING:**

- Next CBIA Board of Trustees meeting will be Monday **November 11<sup>th</sup>** at 6:00 PM in the CBIA Office.

## **XI. NEXT QUARTERLY MEETING:**

- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday **October 28<sup>th</sup>** at All Saints Episcopal Church (*3026 S Staples*). Three trustees will be elected at that meeting.

## **XII. CLOSING:** Our Father.

- **Enrique** moved to adjourn.
- **Gail** seconded. Motion carried.
- **Terry** closed the meeting with prayer at **7:30 PM.**

Respectfully submitted,

*Rob M.*

Office Manager

# MINUTES

## Coastal Bend Intergroup Quarterly Meeting October 28<sup>th</sup> 2019

### I. OPENING:

- Terry opened the meeting with the Serenity Prayer at 7:10 PM.
- Bob read the **CBIA Mission Statement**.
- Barb read the **General Warranties**.
- Zach read the **12 Traditions**.

### II. ATTENDANCE:

- Terry M. (*Chair*), Gail B. (*Vice Chair*), Ann B. (*Trustee*), Ron S. (*Trustee*), Rosa T. (*Trustee*), Rob M (*Office Manager*) and Kelly J. (*Asst Office Manager*) were present.
- Anita C. (*NPG*), Barb C. (*IGR - New Women*), Bob M. (*Goliad – Open Arms Group*), Diane N. (*IGR- Port Aransas Group*), Harry B. (*Aransas Pass Group*), and Zach C. (*IGR - Lucky Ones*) were also present
- Linda K. (*Financial Trustee*) and Enrique M. (*Trustee*) were not present.

### III. MINUTES:

- Previously-approved Minutes of **Quarterly Meeting of July 29<sup>th</sup>** were reviewed.
- Minutes of the **Board Meeting of October 14<sup>th</sup>** were reviewed.
  - Ann moved to approve the minutes as read. Gail seconded. Motion carried.

### IV. FINANCIAL REPORTS:

Linda (*Financial Trustee*) was not present. Rob presented the previously-approved **September Financial Report:**

- **Balance Sheet:** Total CBIA funds as of **September 30<sup>th</sup>** totaled **\$23,859.50**; **\$50.00** in Petty Cash; **\$6,381.40** in Checking; **\$15,613.06** in Prudent Reserve and **\$1,815.04** in the Jamboree Account.
- **Profit & Loss** for the month of **September:** Group & Individual Contributions: **\$1,223.94** Gross Sales (*Books, Chips & Medallions*): **\$1,194.50** (*less Cost of Goods Sold \$837.82*); Gross Gain for the month was **\$1,580.62**; Total Expenses were **\$2,616.19**; for a Net Loss of **\$1,035.57** for the month.

### V. TRUSTEE ELECTION Terry (*Chair*)

- Terry conducted the election of trustees following the **Third Legacy Procedure**. Ann B., whose term was not scheduled to expire until January 2021, said she was resigning because she was not able to drive in from Aransas Pass after dark.
  - Bob moved to elect the following candidates by acclimation. Ann seconded. Motion carried:
    - Anita C. – **two-year term** (*January 2020 to January 2022*).
    - Barb C. – **two-year term** (*January 2020 to January 2022*).
    - Judy M. - **two-year term** (*January 2020 to January 2022*).

- **TRUSTEE ELECTION** (*Continued*)
  - **Harry B - one-year term** (*January 2020 to January 2021*), replacing **Ann**.

VI. **SEVENTH TRADITION** Terry (Chair) passed the basket and said “We have no dues or fees but we pay rent to the church.

VII. **SERVICE AREA REPORTS**

- **12th Step**: Ron said “It’s smooth.”
- **Archives**: Gail said she had nothing new to report.
- **Bilingual**: Enrique was not present.
- **Coastal Bender**: Terry said she reviewed the **Bender** and it was good.
- **Corrections/Treatment Facilities**: Linda was not present.
- **Jamboree**: Enrique was not present.
- **Nominations**: Ann left before giving her report. Rob said that with the election of four Trustees, her job is done.
- **Public Information/Cooperation with Professional Community**: Terry said she had nothing new to report.
- **Social**: Rosa said the Halloween Dance was held on Saturday, October 26<sup>th</sup>. While attendance was less than past events due to the Astros World Series Game, this was not a fund raiser and was budgeted to break even. We came within \$15 of breaking even.

VI. **OLD BUSINESS**:

- None.

VIII. **NEW BUSINESS**:

- None.

IX. **NEXT MEETINGS**:

- Next **CBIA Board of Trustees Meeting** will be Monday **November 11<sup>th</sup>** at 6:00 PM in the CBIA Office.
- Next **CBIA Quarterly Association Meeting** is scheduled for 6:00 PM on Monday **January 27<sup>th</sup>** at All Saints Episcopal Church (*3026 S Staples*).

X. **CLOSING**: Our Father.

- Gail moved to adjourn. Rosa seconded. Motion carried.
- Terry closed the meeting with prayer at **7:00 PM**.

Respectfully submitted,

Rob M.

Office Manager



## *Bender Bits & Pieces*



### **Holiday Happenings**

#### **Cullen Mall Holiday Candlelight Gratitude Meeting** *(Wednesday, December 11<sup>th</sup> in CC) \**

The Cullen Mall Group will host its annual Holiday Candlelight Gratitude Meeting at 8:00 PM on Wednesday, December 11<sup>th</sup> in the scout hut behind Parkway Presbyterian Church (3707 Santa Fe at Brawner Parkway in Corpus Christi). Arrive early to get a seat at this popular meeting.

#### **Flour Bluff Unity Group Christmas Day** *(Wednesday, December 25<sup>th</sup> in CC)*

The Flour Bluff Unity Group will have a potluck Christmas Dinner at the Anchor Club (320 Anchor Street in Corpus Christi) on December 25<sup>th</sup>, after the noon meeting.

#### **Humility Group Christmas Day** *(Wednesday, December 25<sup>th</sup> in CC)*

The Humility Group will have a Christmas meal after its noon meeting on December 25<sup>th</sup> at their facility (3061 S. Staples in Corpus Christi). Bring a side dish or dessert if you wish.

#### **Rockport Fellowship Group Christmas Day** *(Wednesday, December 25<sup>th</sup> in Rockport)*

The Rockport Fellowship Group will have its annual Christmas Dinner after the noon meeting on Wednesday, December 25<sup>th</sup> at 814 Wharf Street in Rockport. Bring a side dish or dessert if you wish.

#### **CBIA Office Closed** *(Wednesday, December 25<sup>th</sup> and Wednesday, January 1<sup>st</sup> in CC)*

The Coastal Bend Intergroup Office will be closed Wednesday, December 25<sup>th</sup> and Wednesday, January 1<sup>st</sup> in observation of the Christmas and New Year's Holidays. The helpline committee will answer the phones while the office is closed. The office will re-open at 7:30 AM on Thursday, December 26<sup>th</sup> and January 2<sup>nd</sup> for normal business hours.

#### **Weber Nooners Holiday Meetings at 10:00 AM** *(Wed., Dec. 25<sup>th</sup> and Wed., Jan. 1<sup>st</sup> in CC)*

The Weber Road Nooners Group will have 10:00 AM holiday meetings on Wednesday, December 25<sup>th</sup> and Wednesday, January 1<sup>st</sup> in addition to the regularly scheduled noon meetings on those days.





## *Bender Bits & Pieces*



### **Holiday Happenings (Continued)**

#### **Hilltoppers No Meetings when Church is Closed (Wed., Dec. 25<sup>th</sup> and Wed., Jan. 1<sup>st</sup> in CC)**

The Hilltoppers Group does not have meetings on days when the church is closed for holidays – Wednesday, December 25<sup>th</sup> and Wednesday, January 1<sup>st</sup>. Hilltoppers meets in First Methodist Church (900 S. Shoreline, Room 244).

#### **CBIA New Year's Celebration (Tuesday, December 31<sup>st</sup> in CC) \***

The Coastal Bend Intergroup Association presents a New Year's Celebration from 8:00 PM to 12:00 Midnight on Tuesday December 31<sup>st</sup> at Parkway Presbyterian Church (3707 Santa Fe in Corpus Christi). Admission is \$7 (children under 12 are free). DJ, hors d'oeuvres, fun and fellowship are included.



## *Bender Bits & Pieces*



### Special Events

#### Victoria Unity Day (December 7<sup>th</sup> in Victoria) \*

District 15 is hosting the annual Unity Day in Victoria. The event will be held from 9:00 AM to 2:00 PM at **Grace Presbyterian Church (3604 North Ben Jordan in Victoria)**. (Note: Venue change from St. Francis.). Theme will be AA's Twelve Concepts. (See flier.)

#### Cullen Mall Holiday Candlelight Meeting (December 11<sup>th</sup> in CC) \*

The Cullen Mall Group is hosting its annual **Holiday Candlelight Meeting at 8:00 PM on Wednesday December 11<sup>th</sup>** in the **Scout Hut** behind **Parkway Presbyterian Church (3707 Santa Fe Street in Corpus Christi)**. Arrive early to get a seat at this popular meeting. (See flier.)

#### District 8E Traditions Workshop (December 14<sup>th</sup> in CC)

District 8E is hosting a workshop on the **12 Traditions** from **2 to 4 PM on Saturday December 14<sup>th</sup>** at the **Calallen Pass It on Club (in the Hilltop Community Center at 11425 Leopard in Corpus Christi)**.

#### CBIA New Year's Eve Dance (December 31<sup>st</sup> in CC)

The Coastal Bend Intergroup Association presents a New Year's Celebration from 8:00 PM to 12:00 Midnight on Tuesday December 31<sup>st</sup> at Parkway Presbyterian Church (3707 Santa Fe in Corpus Christi). Admission is \$7 (children under 12 are free). DJ, hors d'oeuvres, fun and fellowship are included.

#### SWTA 68 2020 Winter Workshop (January 17<sup>th</sup> – 19<sup>th</sup> in Port A) \*

The Southwest Texas Area 68 2020 Winter Workshop will be held January 17<sup>th</sup> – 19<sup>th</sup> at the Port Aransas Civic Center (710 W. Avenue A in Port Aransas). The conference hotel is the **Hampton Inn (2208 Highway 361 in Port Aransas)**. The Conference Rate is \$89 / night. (See flier.)



# Bender Bits & Pieces



## Special Events (Continued)

### 2020 Coastal Bend Jamboree (January 24<sup>th</sup> - 26<sup>th</sup> in CC) \*

Save the date. The **2020 Coastal Bend Jamboree** will be **January 24<sup>th</sup> - 26<sup>th</sup>** in Corpus Christi. See jamboree website (<http://www.cbjamboree.org/>) for more information. Online registration is now available. The new flier / registration form is attached if you wish to mail your registration or drop it off at the CBIA Office.

### SWTA 68 2020 Correctional Facility Conference (Feb 21<sup>st</sup> - 23<sup>rd</sup> in CC) \*

Southwest Texas Area 68 will hold its annual Correctional Facility Conference in Corpus Christi on February 21<sup>st</sup> - 23<sup>rd</sup>, 2020. The event will be held at the Emerald Beach Hotel. This is a rare opportunity to attend a Corrections Conference and take the TDCJ Volunteer Training (*required to volunteer in state corrections facilities*) without traveling very far. (*See flier.*) Volunteers are needed to staff the host committee and subcommittees. (*See Service Opportunities below.*)

### 2020 International Convention (July 2-5, 2020 in Detroit, MI) \*

Every five years AA has an international convention. The next one will be in Detroit, MI July 2<sup>nd</sup> thru July 5<sup>th</sup>, 2020.

The four-page registration form provides a wealth of information about the conference, the city and the registration and hotel reservation process. Forms are available in the intergroup office and at some meetings. The registration form is available at the CBIA office and some meetings. On-line registration started on September 9<sup>th</sup> at [www.aa.org](http://www.aa.org). You must register in order to make a hotel reservation at the conference rate. A limited number of hotel rooms have been set aside for this convention. If you know you will be attending, you should register on-line and make hotel reservations as soon as possible in order to reserve a room convenient to the convention.



# Bender Bits & Pieces



## Service Opportunities

### Volunteers Needed to Carry the Message in Corrections Facilities

Volunteers are needed to carry the message to alcoholics in corrections facilities. You must be at least 18 years old and not been in trouble with the law (*arrested, incarcerated, pending, etc.*) for at least 18 months.

#### SATF – Corpus Christi (*See attached application to sponsor at SATF*) \*

- **Attend Meetings** to support separate men's and women's meetings at 8:00 PM on alternate Fridays. (NA provides meetings every other Friday.) (New development: prior clearance is now required to attend meetings at SATF.)
- **Activity Sponsors** take people to meetings once a week or so. (*Minimum one year sober and prior clearance*).
- **Step Sponsors** work the steps with people. (Minimum two years sober and prior clearance.)

#### Avalon (Formerly Reality Ranch) – Corpus Christi

- **Attend Meetings** to support a men's meeting at 8:00 PM every Sunday. (*Prior clearance is required*).

#### Live Oak County Jail – George West

- **Attend Meetings** to support a men's meeting at 7:00 PM every Wednesday. (*Prior clearance is required*).

If you are interested in any of these service opportunities, call the CBIA Office (361) 992-8911 during business hours (*M-F 7:30 – 11:30 AM and 1:30 – 5:30 PM*)

Where clearance is required, provide us your full name, as it appears on your driver's license, your driver's license number and state and state of issue at least 3 weeks prior to service. You must also indicate which specific meeting(s) you plan to attend.

To volunteer in state prison facilities, you must complete a Department of Criminal Justice training session. This training is very helpful for people who volunteer in any corrections facility, but it is a prerequisite for state jails and prisons. The training is offered in state facilities in Beeville and elsewhere.



# Bender Bits & Pieces



## Service Opportunities (Continued)

### Helpline / 12 Step List

The Helpline is staffed by volunteers who are making sure that the hand of AA is available 24 hours a day in the Coastal Bend area by answering the phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday; or 8 AM Sunday to 8 AM Monday). A minimum of six months sobriety is required to answer the phones. The helpline is pretty well staffed at present.

If someone needs help beyond meeting information, the helpline passes them to someone on the 12-Step List for a longer conversation and maybe a visit to discuss how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12-Step List. We can always use more people on the 12-Step List. We especially need people (*particularly women*) in the surrounding area (*like Beeville and Alice*). If you would like to be on the 12-Step List or on the Helpline, call Rob or Kelly at the CBIA Office (361) 992-8911 or (866) 672-7029.

### Local Stories Wanted for the BENDER

Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to [cbia@grandecom.net](mailto:cbia@grandecom.net) in a Word document or similar format.

### SWTA 68 2020 Correctional Facility Conference – Host Committee (December 14<sup>th</sup> in CC)

The next SWTA 68 2020 Correctional Facility Conference planning meeting will be on **Saturday, December 14<sup>th</sup> at 9:30 AM on Saturday December 14<sup>th</sup> at the Calallen Pass It on Club** (*in the Hilltop Community Center at 11425 Leopard in Corpus Christi*).

. Volunteers are needed to staff the host committee.

### Raffle Baskets Needed for Jamboree

Raffle Baskets are needed for the Jamboree in January. Volunteers are needed to sell raffle tickets at the Jamboree. (*See flier for details.*)



## *Bender Bits & Pieces*



### Coastal Bend Area District Meetings

#### District 7 (Saturday December 14<sup>th</sup> in Victoria)

District 7's next meeting will be on Saturday, **December 14<sup>th</sup>** at 9:00 AM at **Christ the Victor Lutheran Church** (202 Stanly in Victoria).

#### District 8C (Kingsville Area)

District 8C does not currently have a DCM and no district meetings are scheduled at this time.

#### District 8D Next Meeting (Saturday, December 21<sup>st</sup> in CC)

District 8D's next meeting will be at **2:00 PM** on Saturday, **December 21<sup>st</sup>** at **New Phoenix** (5433 S. Staples Suite H in the Boardwalk in Corpus Christi).

#### District 8E (Saturday December 28<sup>th</sup> in CC)

District 8E will meet at **1:30 PM** on Saturday, **December 28<sup>th</sup>** at the **Calallen Pass It On Club** (in the Hilltop Community Center at 11425 Leopard in Corpus Christi).

#### District 15 (Saturday, January 4<sup>th</sup> in AP)

District 15's next district meeting will be at **2:00 PM** on Saturday, **January 4<sup>th</sup>** at **202 S. 10<sup>th</sup> Street at Yoakum in Aransas Pass.**



# *Bender Bits & Pieces*



## Group / Meeting Changes

### Discontinued Meetings

#### Grace At 7 (2)

The **Grace at 7 Group** has folded. They were meeting at **7:00 PM** on **Thursdays** at **Grace United Methodist Church** (*14521 Northwest Blvd in Corpus Christi*).

#### Rodd Field Group (1)

The **Rodd Field Group** has folded. They were meeting at Bayview **Behavioral Hospital** (*6629 Wooldridge Rd in Corpus Christi*) on **Sundays, Tuesdays and Fridays**.



# Bender Bits & Pieces



## Save the Dates

*(Future Events - Fliers included for events flagged with an \*.)*

*(Fliers are on the area website aa-swta.org if flagged with an @.)*

*(Fliers / Registration available on aa.org if flagged with a #.)*

*(Fliers / Registration available at <https://60th.icypaa.org> if flagged with an &)*

**Victoria Unity Day** *(December 7<sup>th</sup> in Victoria) \**

**Cullen Mall Holiday Candlelight Meeting** *(December 11<sup>th</sup> in CC) \**

**District 8E Traditions Workshop** *(December 14<sup>th</sup> in CC)*

**CBIA New Year's Eve Dance** *(December 31<sup>st</sup> in CC)*

**SWTA 68 Winter Workshop** *(January 17<sup>th</sup>-19<sup>th</sup> in Port Aransas) \**

**2020 Coastal Bend Jamboree** *(January 24<sup>th</sup> - 26<sup>th</sup> in CC) \**

**SWTA 68 Corrections Conference** *(February 23<sup>rd</sup> - 25<sup>th</sup> in CC) \**

**2020 AA International Convention** *(July 2<sup>nd</sup> - 5<sup>th</sup>, 2020 in Detroit, MI)*

## AA Meeting Schedules for Our Area

For current AA meeting schedules for areas serviced by the Coastal Bend Intergroup, visit our website [cbiaa.org](http://cbiaa.org) - printable schedules.

**AA Meetings in Corpus Christi \***

**AA Meetings in CC Surrounding Area \***

**AA Meetings in Victoria & Surrounding Area \***



## Coastal BENDER Mission Statement

Our primary purpose is to carry the AA message to the still suffering alcoholic. A secondary purpose of **The Bender** is to keep the CBIA Area of South Texas informed as to the events, meeting changes, Board of Trustee actions / decisions, and other news of interest to AA's in the area. Finally, as a newsletter we provide a forum for the broad spectrum of views held by our members. Publication of any article submitted will be at the discretion of the Bender Editor as advised by the CBIA Board. A controversial subject, as long as it does not concern an outside issue and involves principles and not personalities, will be considered for publication. As a general guideline, any letter or article that is of interest to members of AA and in good taste is worthy of publication. However, an article or letter that advocates ignoring or violating the Traditions, Concepts, or General Service Conference actions will not be considered for publication. All decisions will be made under the direction of God as expressed through our group conscience.



Diana M.	Saratoga Group	12/04/1998	21 Years
Jimmy M.	Port Lavaca Group	12/14/1987	32 Years
Bill S.	Corpus Christi	12/15/2005	14 Years
James H.	Bookmarks Group	12/17/1993	26 Years
Barbara J.	New Women's Group	12/17/1988	31 Years
Jane D.	New Life Group	12/20/2008	11 Years
Kym J.	Weber Nooners Group	12/21/1998	21 Years
Joe M.	Portland Nueces Bay Group	12/21/1980	39 Years
Tony P.	Hilltoppers Group	12/23/1978	41 Years
Johnie S.	Port Aransas Group	12/24/2003	16 Years
Russ	Just for Today	12/24/1984	35 Years
Rose R.	Rockport Fellowship	12/26/1984	35 Years
Paul B.	Oso Group	12/27/1989	30 Years
Theresa	Just for Today Group	12/30/2007	12 Years
Tony G.	New Phoenix Group	12/30/1991	28 Years
Dan D.	Weber Nooners	12/31/1972	47 Years

November 2019

YTD

12 Step Calls

4

62

**Intergroup Meetings**

**CBIA Board of Trustees Monthly Meeting** will be held Monday December 9<sup>th</sup> at 6:00 PM in the CBIA Office (3833 S. Staples, Suite S-212).

**CBIA Quarterly Association Meeting** will be held Monday January 27<sup>th</sup> at 6:00 PM at All Saints Episcopal Church (3026 S. Staples in CC).

**District Meetings**

See Bits & Pieces section for information on district meetings in the Coastal Bend area:

**District 7** (Victoria Area)

**District 8D** (Corpus Christi Area)

**District 8E** (Corpus Christi Area)

**District 15** (Portland, Port A, AP, Rockport Area)

**Group Announcements**

**New Phoenix Group Conscience** is held the last Sunday of the month at 1:15 PM. **Birthday Night** is first Saturday of the month at 8:00PM. (5433 S. Staples, Suite F in The Boardwalk.)

**Hilltoppers Group Conscience** is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

**Weber Road Nooners Group Conscience** is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are celebrated the first Monday of each month at noon. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

**Calallen Group Conscience** is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthday Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

**Flour Bluff Unity Group Conscience** is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

**Turning Point Group Conscience** is held the 1<sup>st</sup> Wednesday of each month. **Birthday Meeting** is last Saturday of the month.

<b>Group Contributions</b>		
<b>GROUP NAME</b>	<b>NOV 2019</b>	<b>YTD 2019</b>
Alice Group		
Anonymous/Individual Contribution		467.00
Aransas Pass Group	30.00	30.00
Beeville-Freedom Group		
Beeville-Hope Group		
Beeville-Serenity Group		
Beeville-Shepherd's Group		
CC-Alanos		300.00
CC-Bookmarks Group		200.00
CC-Calallen Group		587.19
CC-Clean & Serene Group		
CC-Crosstown Group		
CC-Cullen Mall Group		100.00
CC-Day of AA		250.00
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's Place		
CC-Fifth Tradition Group		
CC-Flour Bluff Unity Group		
CC-Friday Night Speaker Meeting		
CC-Grace at 7		50.00
CC-Happy Hour Meeting		
CC-Hilltoppers Group		1,154.67
CC-Humility Group		200.00
CC-Just for Today Group		
CC-Lucky Ones		24.65
CC-Mountain Toppers		300.00
CC-New Attitude Meeting		291.33
CC-New Life Group	10.00	90.00
CC-New Phoenix Group	10.50	379.50
CC-New Women's Group	108.00	807.40
CC-Oso Group		462.20
CC-Primary Purpose		178.83
CC-Rodd Field Group		450.00
CC-Saratoga Group		75.00
CC-Sunset 7 Group (N Padre Island)		800.00
CC-Turning Point Group		
CC-Weber Road Nooners Group		4,502.80
District7	480.00	1200.00
Falfurrias-2nd Chance Group		
Goliad-Open Arms Group		74.46
Hallettsville Group		50.00
Karnes City-Mayfield Group		300.00
Kingsville-AL-K Group		
Moulton Group		25.00
Mathis -Crossroads Group		
Port Aransas Group		400.00
Port Lavaca Group		660.86
Port O'Connor Group		40.00
Portland -Jaywalkers Group	200.00	200.00
Portland -Nueces Bay Group		
Quarterly Meeting 7 <sup>th</sup> Tradition		60.00
Riviera-SASTO Group		100.00
Robstown Desire Group		
Rockport-Anything Goes Group		
Rockport-Happy Hour Group		480.00
Rockport-Fellowship Group		53.47
Schulenburg Group		60.76
Sinton-Grupo Secunda Chanza		
Skidmore Group		
Three Rivers-Choke Canyon Group		
Victoria-Airport Group		
Victoria-Back to Basics Group		498.69
Victoria-For Sinners Only Group	25.00	108.75
Victoria-High Nooners Group		
Victoria-Main Stream Group		100.00
Victoria-Men's Group		
Victoria-Unity Group		146.23
Victoria-Women's Group		35.00
Yorktown Group		285.78
<b>TOTAL</b>	<b>863.50</b>	<b>16,601.57</b>

## Addresses for Group Contributions for 2019-2020

### Coastal Bend Intergroup (Suggested 50% \*)

#### **CBIA**

3833 S. Staples Suite S-212  
Corpus Christi, TX 78411

### Districts (Suggested 10% \*)

#### **District 7 Treasurer**

P.O. Box 5324  
Victoria, TX 77903

#### **District 8D Treasurer**

P.O. Box 61135  
Corpus Christi, TX 78466

#### **District 8E Treasurer**

% Daniel B.  
4025 Sweet Bay Dr.  
Corpus Christi, TX 78418

#### **District 15 Treasurer**

2402 Twin Oaks Dr.  
Portland, TX 78374

### Area 68 Southwest Texas (Suggested 10% \*)

#### **SWTA 68 Treasurer**

P.O. Box 3136  
Early, TX 76803

### General Service Office (Suggested 30% \*)

#### **GSO**

**P.O. Box 459**  
**New York, NY 10163-0459**

‘\* Suggested percentages are from AA Pamphlet F-3, **SELF-SUPPORT: Where Money and Spirituality Mix** (Available on our web site: [cbiaa.org](http://cbiaa.org) under *DONATE*). Group Contributions are always at the discretion of the group conscience.

Coastal Bend Intergroup Association

## Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list

whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

## Services Provided

1. Maintains an office which is open Monday through Friday from 7:30 to 11:30AM and 1:30 to 5:30PM.
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12 Step listing and calls individuals for 12 Step work.
4. Provides an A.A. listing in the Telephone directory.
5. Provides a 24 hour volunteer phone answering during hours when the office is closed.
6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
8. Purchases and sells "CONFERENCE APPROVED' literature, and non-conference approved Anniversary Medallions, Sobriety Chips.
9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
11. Maintains service committees for service work in the Coastal Bend Area.

# Asociación Inter-grupo de la Zona Costera

## Declaración de Principios

La misión de la asociación inter-grupo de la zona costera es proveer el primer contacto vital al alcohólico en busca de ayuda. La oficina de AIZC [siglas en español, en inglés CBIA], se mantiene para el beneficio de aquellos que siguen sufriendo. Para cumplir con esta tarea tan importante la oficina de CBIA debe:

- Establecer una línea de ayuda las 24 horas
- Imprimir los horarios de las reuniones de AA
- Mantener una lista con los 12 Pasos

Con lo cual Grupos de AA e individuos puedan conducir llamados de los 12 Pasos, esenciales en el crecimiento de AA en la Zona Costera.

## Servicios Prestados

1. Horario de oficina, lunes a viernes de 7:30 a 11:30AM y de 1:30 a 5:30PM.
2. Provee información y referencias sobre A.A. .
3. Mantiene una lista de los 12 Pasos y listado de personas para trabajar los 12 pasos.
4. Provee un listado de A.A. en el directorio telefónico.
5. Provee servicio de voluntarios contestando llamadas las 24 horas mientras la oficina esta cerrada.
6. Publica los horarios de todos los grupos en el área costera sin costo.
7. Publica una hoja informativa, la "Coastal Bender", para mantener a los miembros de A.A. informados de los acontecimientos locales y de los eventos especiales A.A..
8. Compra y venta de literatura "Aprobada en Conferencia" ('CONFERENCE APPROVED'), y mercancía no aprobada como Medallones de Aniversario y Monedas de Sobriedad.
9. Conduce reuniones mensuales de fideicomisarios. Todos los miembros de Alcohólicos Anónimos son bienvenidos a estas reuniones asimismo es importante contar con su opinión.
10. Conduce Reuniones cada cuatro meses para evaluar a los grupos en actividades Inter-grupo y para buscar que participen en cuestiones de la CBIA.
11. Mantiene comités de trabajo para servicio en el área de la zona Costera.

# Los Grupos Hispánicos

## HORARIO

(Rev. 3.1.2019)

### Grupos en Corpus Christi

- **Grupo Nueva Esperanza** (552 Old Robstown Road, Corpus Christi) **8:00 De la Noche** (todos los días).
- **Grupo Primer Paso** (1635 18<sup>th</sup> Street, Corpus Christi) **8:00 De la Noche** (Miercoles); **Mediodía** (Sabado).
- **Grupo Serenidad** (408 Brownlee, Corpus Christi) **8:00 De la Noche** (Martes y Domingo);
- **Grupo Tres Legados** (1019 S. Port, Corpus Christi) **8:00 De la Noche** (Lunes, Martes, Miercoles y Jueves);

### Grupo en Flatonia

**Grupo Flatonia** (208 E. North Main Street, Flatonia) **7:00 De la Noche** (Jueves)

### Grupo en Kingsville

**Grupo Un Dia a La Vez** (819 N. 3<sup>rd</sup>, Kingsville) **7:00 De la Noche** (Miercoles)

### Grupo en Moulton

**Grupo Moulton** (301 N. Hackberry, Moulton) **7:00 De la Noche** (Lunes)

### Grupo en Port Lavaca

**Grupo Nuevo Amanecer** (213 E. Austin, Port Lavaca) **7:00 De la Noche** (Lunes, Miercoles y Viernes)

### Grupo en Schulenberg

**Grupo Schulenberg** (901 Kallus, Schulenberg) **7:00 De la Noche** (Domingo)

### Grupo en Sinton

**Grupo Segunda Chance** (215 Sodville, Sinton) **8:00 De la Noche** (Martes y Viernes)

**Free e-Mail Subscription to the BENDER and BITS & PIECES**

**NAME:** \_\_\_\_\_.

**e-MAIL:** \_\_\_\_\_.

Easy ways to sign up for our two monthly publications:

- Send an email with the above information to [cbia@grandecom.net](mailto:cbia@grandecom.net) with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.

Detach here.



Detach here