



THE BENDER

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 www.cbiaa.org

*"When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that I am responsible."**



Grace Episcopal Church (213 E Austin Street in Port Lavaca - 2nd Floor) is home of Grupo Nuevo Amanecer. They have meetings in Spanish at 7:00 PM on Mondays, Wednesdays, and Fridays.

Grupo Nuevo Amanecer - reuniones de AA: 7:00 de la noche - lunes, miercoles y viernes.
213 E Austin Street en Port Lavaca. **Se habla español.**



Founded in 1957 (62 years ago), AL-K is one of the oldest groups in the Coastal Bend area. They meet in the Serenity Club (819 N. Third Street in Kingsville). They have open discussion meetings at 8:00 PM seven days a week. They have an open Big Book meeting at noon on Wednesdays and an open discussion meeting at noon on Saturdays.

STEP 4 - COURAGE

Step 4: Made a searching and fearless moral inventory of ourselves.

The principle behind the fourth step is courage. I had to ask God for the courage to look at core beliefs and survival strategies that dated back to childhood. I had to question my sacred cows and take a critical look at the way I had handled situations all my life. That meant digging up all the mistakes I had buried. It was not pretty. I had thought my defects were a well kept secret. In reality, **my shortcomings are what my friends call "the trouble with Rob."** In the first step, I got at the truth about the consequences of my drinking. In the fourth step, I got at the truth about the consequences of all my other behaviors.

My First Time -- The Big Book's 4-Column 4th Step

The most profound thing I can say about Step 4 is that thinking about it was much worse than actually doing it. The longer I procrastinated the more difficult I imagined it would be. After all, if it had been easy, I would have done it long ago. One of my stalling tactics was to do research. I must have found fifty ways to do a fourth step.

My second sponsor said, "You already know more than you will ever use. So **just do the best job you can do for today. Just DO IT! If you miss something, more will be revealed later and you can deal with it then.**" That fourth step was mostly a resentment inventory, as described in the Big Book (page 64 and following). On the front of each sheet, I wrote the name of the person I resented, how they had harmed me, and how it had affected me. That part flowed effortless from my pen. The challenge came when I had to write on the back of the previous sheet my part in each of these situations. I realized that in every case -

- My finger prints were on the knife used to stab me in the back;
- I had provoked their retaliation; or
- I had failed to set a boundary and then played my favorite Irish head game "Guess what I am mad about" when they crossed the imaginary line.

Believing that appearances are everything, I often broke promises and then tried to cover it up. I cut corners and hoped nobody would notice. I let someone else take the blame when things did not work out. I could not stand being wrong. In my longest relationship, I never lost an argument -- even if it took 12 years. I was highly opinionated and often wrong, but never in doubt.

In the process of doing the first fourth step, I realized that every aspect of my life looked the way it did because of choices I had made. I could not blame anybody for anything. That thought made me very uncomfortable. My experience suggests that the truth will set you free, but first it will piss you off. None of the insights into my character that changed my life looked like good news at first. Sometimes I felt like throwing up. AA has made it possible to transform

my rude awakenings to spiritual awakenings. **If I got here by choices I had made, I could make other choices. With that came freedom from being a victim.**

4th Steps Focusing on a Specific Area

Subsequent fourth steps were more specific. After ending a 14-year relationship, I did an inventory on my part in the relationship. Owning my part made it possible for us to remain close friends. A sex inventory revealed that instead of being generous and simply enjoying this gift from God, I had often had an agenda -- to reward or punish ("You will be VERY happy!" or "You will NEVER get laid AGAIN!") A financial inventory revealed that I used money to fund all my other mischief and to cover up my mistakes. Finances is a great way for me to sabotage myself. I used not having enough money as an excuse for not doing things I was afraid to do and ended up not doing things I REALLY wanted to do.

Step Study Group (AWOL) - 12 Friends and over 120 Questions

The most comprehensive and thorough fourth steps I have done were part of step workshops called "AWOLs" (A Way Of Life), which I led for five years. We spent ten weeks on steps 4 and 5: two weeks studying the steps and eight weeks doing them. Each week the homework consisted of answering a lot of provocative and annoying questions in writing and reviewing my answers with my sponsor.

From this approach, **I came to appreciate the value of reviewing my work with my sponsor after I have written a few pages -- rather than waiting until the end.** My work on subsequent questions was informed by my sponsor's comments on my previous work. I also saw the benefit of having some success behind me before I tackled the most difficult issues. I had a relatively happy childhood, so that was a good place for me to start -- before I turned to my traumatic adolescence. Some people who had had a troubled childhood did well to start elsewhere. Finally, **it was helpful to have the pressure of working against an established time line and trying to keep up with about twelve other people.**

And Now - Back to the Big Book with Four 4-Column Forms

My most recent fourth step used four forms designed to match the four parts of the Big Book Fourth Step. Each form had four or five columns as shown below:

- **Resentments**
 - Who do I resent?
 - Why am I angry?
 - What part of self was hurt or threatened?
 - Where was I to blame?
- **Fears**
 - What am I afraid of?
 - Why am I afraid?

- What part of self failed me?
- What part of self does the fear affect?
- **Sex**
 - Who was involved?
 - What did I do?
 - What is the exact nature of my wrong?
 - How did it affect others (*suspicion, jealousy, bitterness*)?
 - Who was harmed?
- **Other Harms**
 - Who did I harm?
 - What did I do or not do?
 - What part of self caused the harm?
 - What is the nature of my wrong?
 - What should I have done instead?

The instructions for the forms say to complete the first column, top to bottom before going on to the second column. Then complete the second column, top to bottom before going on to the third column. In other words, do not work across the form for each person / situation.

My sponsor told me to complete the first two columns (*the who and what columns*) for the first form and then call. We did remaining columns together. If you think about it, there is a finite list of ways things affect me and my part can also be reduced to a finite list.

I have done 10 Fourth Steps over the last 30 years and this one was the most enlightened and the least painful and traumatic. I had no trouble listing who they were and what had happened on my own. But having my sponsor help me with the other two columns kept me objective and prevented me from getting bogged down in my own stuff.

And when we were done we could look down the third and fourth (*and, in some cases fifth*) columns and see the patterns. If my pride was hurt on every resentment and I became frightened and judgmental, that should tell me what I need to work on, with God's help.

As a sponsor, I think anybody wanting my help on a fourth and fifth step in the future will have a very hard time convincing me to do it any other way.

~ Rob M. (2.24.1985) 5th Tradition Group, Corpus Christi, TX

MINUTES

CBIA BOARD OF TRUSTEES MEETING

February 11th 2019

I. OPENING:

- **Gail** opened the meeting with the **Serenity Prayer** at **6:03 PM**.
- **Linda** read the **CBIA Mission Statement**
- **Ron** read the **General Warranties**
- **Enrique** read the **12 Traditions**

II. ATTENDANCE:

- **Gail B.** (*Vice Chair*), **Linda K.** (*Financial Trustee*), **Ann B.** (*Trustee*), **Enrique M.** (*Trustee*), **Ron S.** (*Trustee*), and **Rob M.** (*Office Manager*) were present.
- **Terry M.** (*Chair*), **Rosa T.** (*Trustee*), and **Kelly J.** (*Asst Office Manager*) were not present.

III. MINUTES:

- **Minutes of the Quarterly Meeting of January 28th** were reviewed.
 - **Linda** moved to approve the minutes as read. **Enrique** seconded. Motion carried.

IV. FINANCIAL REPORTS:

- **Linda** (*Financial Trustee*) presented the **January Financial Report**.
 - **Balance Sheet:** Total CBIA funds as of **January 31st** totaled **\$35,649.18**; **\$50.00** in Petty Cash; **\$6,683.40** in Checking; **\$15,609.16** in Prudent Reserve and **\$13,306.62** in the Jamboree Account.
 - **Profit & Loss** for the month of **January:** Group & Individual Contributions **\$4,133.93**; Gross Sales (*Books, Chips & Medallions*): **\$1,175.75** (*less Cost of Goods Sold \$818.65*); Gross Gain for the month was **\$4,491.03**; Total Expenses were **\$3,239.40**; for a Net Gain of **\$1,251.63** for the month.
- **Ron** moved to approve the Financial Report. **Enrique** seconded. Motion carried.

V. SERVICE AREA ASSIGNMENTS: New Trustee (Enrique) **Gail**.

Enrique will be the Trustee for:

- **Bilingual** and
- **Jamboree**

VI. SERVICE AREAS REPORTS

- **12th Step:** **Ron** said there are no problems with the Helpline.
- **Archive:** **Gail** said the Archives will be displayed at Founders Day in June.
- **Bilingual:** **Enrique** said he has done Bilingual service at the Area Level. **Rob** said he and **Rosa** have visited the local Spanish-speaking groups.
- **Coastal Bender:** **Terry** said she reviewed the BENDER before it went out and it looked good.

- **Corrections/Treatment Facilities:** **Linda** said she will speak Monday at the Bookmarks Group in CC about Corrections Service Work. She said she had received 10 Big Books from Hank S. (*Day of AA*) for the Glossbrenner Unit. She plans to attend the Area Corrections Conference next weekend.
- **Jamboree:** **Enrique** said he would attend the final Committee Meeting for the 2019 Jamboree and thank them for all their hard work that gave us a great Jamboree and a donation to CBIA of \$14,513.
- **Nominations:** **Ann** said she would begin recruiting nominees for positions on the board this summer. The next election will be held at the October Quarterly Meeting.
- **Public Information/Cooperation with Professional Community:** **Terry** was not present. Rob said she was making an inventory of pamphlet racks placed in the community in order to re-stock them.
- **Social:** **Rosa** was not present. Rob said the next social event will be Founders' Day in June, probably at All Saints Episcopal Church in CC.

VII. **OFFICE REPORT:**

- A. Office Update – **Rob** said he had nothing to report.

VIII. **OLD BUSINESS:**

- **None.**

IX. **NEW BUSINESS:**

- **Rob - Renewal of CBIA Insurance Policy.** Rob said our comprehensive business policy is up for renewal. While it covers other things, the main need and the biggest share of the premium is for liability coverage for the Jamboree and our social events. He said the past two Treasurers shopped the coverage and found we could not beat the coverage / price.
 1. **Ron** moved to renew the policy for \$1,001. **Ann** seconded. Motion carried.

X. **NEXT MEETING:**

- Next CBIA Board of Trustees meeting will be on Monday, March 11th at 6:00 PM in the CBIA Office.

XI. **NEXT QUARTERLY MEETING:**

- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday, April 29th at All Saints Episcopal Church (*3026 S Staples*).

XII. **CLOSING:** Our Father.

- **Ann** moved to adjourn. **Enrique** seconded. Motion carried.
- **Gail** closed the meeting with prayer at 7:05 PM.

Respectfully submitted,

Rob M.

Office Manager



Bender Bits & Pieces



Special Events

SWTA 68 Pre-General Service Conference (April 5th - 7th in Seguin) *

Southwest Texas Area 68 will hold its annual Pre-General Service Conference in Seguin on April 5th - 7th. If you are a GSR, this is your opportunity to participate in the business of AA at the national level. Our Delegate's votes at the General Service Conference in New York will be informed by votes in Seguin. (*See Flier for details including hotel arrangements.*)

Day of AA in CC (April 13th 9am-10pm in CC)

The annual **Day of AA in Corpus Christi** will be held from 9:00 AM to 10:00 PM on Saturday **April 13th** at **St. John's United Methodist Church** (5300 S Alameda in Corpus Christi - where it was held last year.)

CBIA Founder's Day (Saturday, June 8th in CC)

Save the date. **CBIA Founder's Day** will be Saturday, **June 8th** at **All Saints Episcopal Church** (3026 S. Staples in Corpus Christi). See **Service Opportunities** below for information on participating in the production of this fun event.

2020 Coastal Bend Jamboree (January 23rd - 25th in CC)

Save the date. The 2020 Coastal Bend Jamboree will be January 23rd - 25th in Corpus Christi.



Bender Bits & Pieces



Service Opportunities

Volunteers Needed to Carry the Message in Corrections Facilities

Volunteers are needed to carry the message to alcoholics in corrections facilities. You must be at least 18 years old and not been in trouble with the law (*arrested, incarcerated, pending, etc.*) for at least 18 months.

SATF – Corpus Christi (*See attached application to sponsor at SATF*) *

- **Attend Meetings** to support separate men's and women's meetings at 8:00 PM on alternate Fridays. (NA provides meetings every other Friday.) (New development: prior clearance is now required to attend meetings at SATF.)
- **Activity Sponsors** take people to meetings once a week or so. (*Minimum one year sober and prior clearance*).
- **Step Sponsors** work the steps with people. (Minimum two years sober and prior clearance.)

Avalon (Formerly Reality Ranch) – Corpus Christi

- **Attend Meetings** to support a men's meeting at 8:00 PM every Sunday. (*Prior clearance is required*).

Live Oak County Jail – George West

- **Attend Meetings** to support a men's meeting at 7:00 PM every Wednesday. (*Prior clearance is required*).

If you are interested in any of these service opportunities, call the CBIA Office (361) 992-8911 during business hours (*M-F 7:30 – 11:30 AM and 1:30 – 5:30 PM*)

Where clearance is required, provide us your full name, as it appears on your driver's license, your driver's license number and state and state of issue at least 3 weeks prior to service. You must also indicate which specific meeting(s) you plan to attend.

To volunteer in state prison facilities, you must complete a Department of Criminal Justice training session. This training is very helpful for people who volunteer in any corrections facility, but it is a prerequisite for state jails and prisons. The training is offered in state facilities in Beeville and elsewhere.



Bender Bits & Pieces



Service Opportunities (Continued)

Helpline / 12 Step List

The Helpline is staffed by volunteers who are making sure that the hand of AA is available 24 hours a day in the Coastal Bend area by answering the phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday; or 8 AM Sunday to 8 AM Monday). A minimum of six months sobriety is required to answer the phones. The helpline is pretty well staffed at present.

If someone needs help beyond meeting information, the helpline passes them to someone on the 12-Step List for a longer conversation and maybe a visit to discuss how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12-Step List. We can always use more people on the 12-Step List. We especially need people (*particularly women*) in the surrounding area (*like Beeville and Alice*). If you would like to be on the 12-Step List or on the Helpline, call Rob or Kelly at the CBIA Office (361) 992-8911 or (866) 672-7029.

Local Stories Wanted for the BENDER

Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grandecom.net in a Word document or similar format.

First Meeting - Founder's Day Committee (April 14th in CC)

If you would like to participate in making this fun event happen, CBIA Social Trustee **Rosa T.** (*New Phoenix*) invites you to attend the first committee meeting at 1:15 PM on Sunday April 14th at New Phoenix (5433 S. Staples Suite H in Corpus Christi).



Bender Bits & Pieces



Coastal Bend Area District Meetings

District 7 (Saturday May 18th in Victoria)

District 7's next meeting will be on Saturday, **May 18th** at 9:00 AM at the **Pine Street Community Center (803 E. Pine Street in Victoria)**. The **CBIA Mobile Book Store** will be there.

District 8C (Kingsville Area)

District 8C does not currently have a DCM and no district meetings are scheduled at this time.

District 8D Next Meeting (Saturday, April 20th in CC)

District 8D's next meeting will be at **2:00 PM** on Saturday, **April 20th** at **New Phoenix (5433 S. Staples, Suite H in the Boardwalk in Corpus Christi)**.

District 8E (Saturday, April 13th in Mathis)

District 8E will meet at **1:30 PM** on Saturday, **April 13th** at **First United Methodist Church (420 S. Duval in Mathis)**.

District 15 (Saturday, April 20th in Rockport)

District 15's next district meeting will be at **2:00 PM** on Saturday, **April 20th** at **814 Wharf Street in Rockport**.



Bender Bits & Pieces



Group / Meeting Changes

New Groups / Meetings

Golden Slippers Group - Saturday Mornings in Victoria (1)

The new **Golden Slippers Group** has a Big Book Meeting at **9:00 AM Saturdays** at **Our Lady of Victory Cathedral Center (1508 Airline in Victoria)**.

Discontinued Groups / Meetings

Orange Grove Group - Wednesdays In OG (1)

The **Orange Grove Group** has folded. They were meeting at **7:00 PM** on **Wednesdays** at **Cross Trails Cowboy Church (1911 E FM 624)** in **Orange Grove**.

Sandia - Fridays In Sandia (1)

The **Sandia Group** has folded. They were meeting at **7:00 PM** on **Fridays** at **Sandia Fire House** in **Sandia**.



Bender Bits & Pieces



Save the Dates

(Future Events - Fliers included for events flagged with an *.)

(Fliers are on the area website aa-swta.org if flagged with an @.)

(Fliers / Registration available on aa.org if flagged with a #.)

(Fliers / Registration available at <https://60th.icypaa.org> if flagged with an &)

SWTA 68 Pre-General Service Conference (April 5th - 7th in Seguin)

Day of AA in CC (April 13th 9am-10pm in CC) *

2019 General Service Conference (May 19th -25th in NYC, NY)

Texas State AA Convention (June 7th-9th in Houston)

SWTA 68 Summer Workshop (July 26th-28th in Bastrop)

2019 SWRAASA (Regional Service Assembly) (October 11th-13th in Houston)

SWTA 68 Fall Conference and Voting Assembly (October 18th-20th in San Antonio)

2020 Coastal Bend Jamboree (January 23rd - 25th in CC)

2020 AA International Convention (July 2nd - 5th, 2020 in Detroit, MI) #

AA Meeting Schedules for Our Area

For current AA meeting schedules for areas serviced by the Coastal Bend Intergroup, visit our website cbiaa.org - printable schedules.

AA Meetings in Corpus Christi *

AA Meetings in CC Surrounding Area *

AA Meetings in Victoria & Surrounding Area *

Coastal BENDER Mission Statement

Our primary purpose is to carry the AA message to the still suffering alcoholic. A secondary purpose of The Bender is to keep the CBIA Area of South Texas informed as to the events, meeting changes, Board of Trustee actions / decisions, and other news of interest to AA's in the area. Finally, as a newsletter we provide a forum for the broad spectrum of views held by our members. Publication of any article submitted will be at the discretion of the Bender Editor as advised by the CBIA Board. A controversial subject, as long as it does not concern an outside issue and involves principles and not personalities, will be considered for publication. As a general guideline, any letter or article that is of interest to members of AA and in good taste is worthy of publication. However, an article or letter that advocates ignoring or violating the Traditions, Concepts, or General Service Conference actions will not be considered for publication. All decisions will be made under the direction of God as expressed through our group conscience.



| | | | |
|------------|------------------------|------------|----------|
| Scott A. | Men's Group | 04/01/2005 | 14 Years |
| Gary Mc | Port Aransas | 04/02/2008 | 11 Years |
| Kari Sue P | Mountaintoppers | 04/05/1984 | 35 Years |
| Jeff H. | Oso Group | 04/05/1989 | 30 Years |
| Ash H. | Rodd Field Group | 04/05/2010 | 9 Years |
| Cathy H. | Bookmarks Group | 04/06/1999 | 20 Years |
| Marcia L. | Hilltoppers Group | 04/07/1998 | 21 Years |
| Marlive F. | Mountaintoppers | 04/08/1987 | 31 Years |
| Sandy W. | Victoria Unity Group | 04/15/1989 | 30 Years |
| John L. | Rodd Field Group | 04/17/1994 | 25 Years |
| Kaleen B. | Calallen Group | 04/17/1988 | 31 Years |
| Ed B. | Goliad Open Arms Group | 04/17/1989 | 30 Years |
| Cindy M. | Hilltoppers Group | 04/18/2007 | 12 Years |
| Ron S. | Fifth Tradition Group | 04/22/2010 | 9 Years |
| Tom G. | New Phoenix Group | 04/25/1986 | 33 Years |

March

Year-to-Date

12 Step Calls

6

15

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held Monday April 8th at 6:00 PM in the CBIA Office (3833 S. Staples, Suite S-212).

CBIA Quarterly Association Meeting will be held Monday April 29th at 6:00 PM at All Saints Episcopal Church (3026 S. Staples in CC). Each group gets a vote at this meeting. We will elect four Trustees for two year terms at this meeting.

District Meetings

See Bits & Pieces section for information on district meetings in the Coastal Bend area:

- District 7** (Victoria Area)
- District 8D** (Corpus Christi Area)
- District 8E** (Corpus Christi Area)
- District 15** (Portland, Port A, AP, Rockport Area)

Group Announcements

New Phoenix Group Conscience is held the last Sunday of the month at 1:15 PM. **Birthday Night** is first Saturday of the month at 8:00PM. (5433 S. Staples, Suite F in The Boardwalk.)

Hilltoppers Group Conscience is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

Weber Road Nooners Group Conscience is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are celebrated the first Monday of each month at noon. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

Calallen Group Conscience is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthday Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

Flour Bluff Unity Group Conscience is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

Turning Point Group Conscience is held the 1st Wednesday of each month. **Birthday Meeting** is last Saturday of the month.

| Group Contributions | | |
|---|-----------------|-------------------|
| GROUP NAME | Mar 2019 | YTD 2019 |
| Alice Group | | |
| Anonymous/Individual Contribution | 117.00 | 117.00 |
| Aransas Pass Group | | |
| Beeville-Freedom Group | | |
| Beeville-Hope Group | | |
| Beeville-Serenity Group | | |
| Beeville-Shepherd's Group | | |
| CC-Alanos | | 100.00 |
| CC-Bookmarks Group | | 150.00 |
| CC-Calallen Group | | |
| CC-Clean & Serene Group | | |
| CC-Crosstown Group | | |
| CC-Cullen Mall Group | | 50.00 |
| CC-Day of AA | | |
| CC-Dorothy's Group | | |
| CC-Early Morning Fellowship | | |
| CC-Fellowship Group at Charlie's Place | | |
| CC-Fifth Tradition Group | | |
| CC-Flour Bluff Unity Group | | |
| CC-Friday Night Speaker Meeting | | |
| CC-Grace at 7 | | 50.00 |
| CC-Happy Hour Meeting | | |
| CC-Hilltoppers Group | | 467.37 |
| CC-Humility Group | 100.00 | 100.00 |
| CC-Just for Today Group | | |
| CC-Lucky Ones | | 17.69 |
| CC-Mountain Toppers | | |
| CC-Newcomers Meeting | | |
| CC-New Life Group | | 10.00 |
| CC-New Phoenix Group | 31.50 | 69.00 |
| CC-New Women's Group | 30.96 | 119.15 |
| CC-Oso Group | | 41.96 |
| CC-Rodd Field Group | | |
| CC-Saratoga Group | | |
| CC-Sunset 7 Group (N Padre Island) | | 200.00 |
| CC-Turning Point Group | | |
| CC-Weber Road Nooners Group | | 1,967.40 |
| CC-Wenholz Women's Group | | |
| District7 | 240.00 | 480.00 |
| Falfurrias-2nd Chance Group | | |
| Goliad-Open Arms Group | | |
| Karnes City-Mayfield Group | | |
| Kingsville-AL-K Group | | |
| Moulton Group | | |
| Mathis -Crossroads Group | | |
| Port Aransas Group | | 400.00 |
| Port Lavaca Group | | 324.70 |
| Port O'Connor Group | | 40.00 |
| Portland -Jaywalkers Group | | |
| Portland -Nueces Bay Group | | |
| Quarterly Meeting 7 th Tradition | | |
| Riviera-SASTO Group | 100.00 | 100.00 |
| Robstown Group | | |
| Rockport-Anything Goes Group | | |
| Rockport-Happy Hour Group | | 120.00 |
| Rockport-Fellowship Group | | |
| Sandia Group | | |
| Schulenburg Group | | |
| Sinton-Grupo Secunda Chanza | | |
| Skidmore Group | | |
| Three Rivers-Choke Canyon Group | | |
| Victoria-Airport Group | | |
| Victoria-Back to Basics Group | | 108.24 |
| Victoria-For Sinners Only Group | | 47.00 |
| Victoria-High Nooners Group | | |
| Victoria-Main Stream Group | 25.00 | 50.00 |
| Victoria-Men's Group | | |
| Victoria-Unity Group | | 83.32 |
| Victoria-Women's Group | | 30.00 |
| Yorktown Group | | 173.50 |
| TOTAL | \$644.46 | \$5,416.33 |

Addresses for Group Contributions for 2019-2020

Coastal Bend Intergroup (Suggested 50% *)

CBIA

3833 S. Staples Suite S-212
Corpus Christi, TX 78411

Districts (Suggested 10% *)

District 7 Treasurer

P.O. Box 5324
Victoria, TX 77903

District 8D Treasurer

P.O. Box 61135
Corpus Christi, TX 78466

District 8E Treasurer

% Daniel B.
4025 Sweet Bay Dr.
Corpus Christi, TX 78418

District 15 Treasurer

2402 Twin Oaks Dr.
Portland, TX 78374

Area 68 Southwest Texas (Suggested 10% *)

SWTA 68 Treasurer

P.O. Box 3136
Early, TX 76803

General Service Office (Suggested 30% *)

GSO

P.O. Box 459
New York, NY 10163-0459

‘* Suggested percentages are from AA Pamphlet F-3, **SELF-SUPPORT: Where Money and Spirituality Mix** (Available on our web site: cbiaa.org under DONATE). Group Contributions are always at the discretion of the group conscience.

Coastal Bend Intergroup Association

Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list

whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Services Provided

1. Maintains an office which is open Monday through Friday from 7:30 to 11:30AM and 1:30 to 5:30PM.
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12 Step listing and calls individuals for 12 Step work.
4. Provides an A.A. listing in the Telephone directory.
5. Provides a 24 hour volunteer phone answering during hours when the office is closed.
6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
8. Purchases and sells "CONFERENCE APPROVED' literature, and non-conference approved Anniversary Medallions, Sobriety Chips.
9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
11. Maintains service committees for service work in the Coastal Bend Area.

Asociación Inter-grupo de la Zona Costera

Declaración de Principios

La misión de la asociación inter-grupo de la zona costera es proveer el primer contacto vital al alcohólico en busca de ayuda. La oficina de AIZC [siglas en español, en inglés CBIA], se mantiene para el beneficio de aquellos que siguen sufriendo. Para cumplir con esta tarea tan importante la oficina de CBIA debe:

- Establecer una línea de ayuda las 24 horas
- Imprimir los horarios de las reuniones de AA
- Mantener una lista con los 12 Pasos

Con lo cual Grupos de AA e individuos puedan conducir llamados de los 12 Pasos, esenciales en el crecimiento de AA en la Zona Costera.

Servicios Prestados

1. Horario de oficina, lunes a viernes de 7:30 a 11:30AM y de 1:30 a 5:30PM.
2. Provee información y referencias sobre A.A. .
3. Mantiene una lista de los 12 Pasos y listado de personas para trabajar los 12 pasos.
4. Provee un listado de A.A. en el directorio telefónico.
5. Provee servicio de voluntarios contestando llamadas las 24 horas mientras la oficina esta cerrada.
6. Publica los horarios de todos los grupos en el área costera sin costo.
7. Publica una hoja informativa, la "Coastal Bender", para mantener a los miembros de A.A. informados de los acontecimientos locales y de los eventos especiales A.A..
8. Compra y venta de literatura "Aprobada en Conferencia" ('CONFERENCE APPROVED'), y mercancía no aprobada como Medallones de Aniversario y Monedas de Sobriedad.
9. Conduce reuniones mensuales de fideicomisarios. Todos los miembros de Alcohólicos Anónimos son bienvenidos a estas reuniones asimismo es importante contar con su opinión.
10. Conduce Reuniones cada cuatro meses para evaluar a los grupos en actividades Inter-grupo y para buscar que participen en cuestiones de la CBIA.
11. Mantiene comités de trabajo para servicio en el área de la zona Costera.

Los Grupos Hispánicos

HORARIO

(Rev. 3.1.2019)

Grupos en Corpus Christi

- **Grupo Nueva Esperanza** (552 Old Robstown Road, Corpus Christi) **8:00 De la Noche** (todos los días).
- **Grupo Primer Paso** (1635 18th Street, Corpus Christi) **8:00 De la Noche** (Miercoles); **Mediodía** (Sabado).
- **Grupo Serenidad** (408 Brownlee, Corpus Christi) **8:00 De la Noche** (Martes y Domingo);
- **Grupo Tres Legados** (1019 S. Port, Corpus Christi) **8:00 De la Noche** (Lunes, Martes, Miercoles y Jueves);

Grupo en Flatonia

Grupo Flatonia (208 E. North Main Street, Flatonia) **7:00 De la Noche** (Jueves)

Grupo en Kingsville

Grupo Un Dia a La Vez (819 N. 3rd, Kingsville) **7:00 De la Noche** (Miercoles)

Grupo en Moulton

Grupo Moulton (301 N. Hackberry, Moulton) **7:00 De la Noche** (Lunes)

Grupo en Port Lavaca

Grupo Nuevo Amanecer (213 E. Austin, Port Lavaca) **7:00 De la Noche** (Lunes, Miercoles y Viernes)

Grupo en Schulenberg

Grupo Schulenberg (901 Kallus, Schulenberg) **7:00 De la Noche** (Domingo)

Grupo en Sinton

Grupo Segunda Chance (215 Sodville, Sinton) **8:00 De la Noche** (Martes y Viernes)

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