



THE BENDER

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 www.cbiala.org

*“When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that I am responsible.”**



Coastal Bend
Intergroup Association

CBIA

40th Anniversary

New Year's Day

1979-2019



The 2019 CBIA New Year's Dance was held at Grace Presbyterian Church (6301 Yorktown Blvd at Cimarron, Corpus Christi, TX) from 8:00 PM to Midnight on December 31st, 2018. About 100 people attended this event which also marked the 40th Anniversary of the Coastal Bend Intergroup Association.



The CBIA Office sells **AA Grapevine literature** and **AA Conference-Approved Literature** as well as bronze **Medallions** commemorating years of sobriety and aluminum **Chips** for milestones in the first year.



The **CBIA Board of Trustees** meets in the Board Room the second Monday of each month at 6:00 PM.



The Coastal Bend Intergroup Office is located in **Office Park South** (3833 S. Staples, Suite S-212, Corpus Christi, TX 78411).

The First Issue of The Coastal Bender

Published January 4, 1979

Happy New Year!! Now that each of us has survived the anxieties, hurrying-worrying, joys and celebrations of the holiday season, it is back to business as normal.

With that in mind, we thought it an appropriate time to bring you up to date on the progress of your intergroup office—the Coastal Bend Intergroup Association, Inc. (“CBIA”).

On Sunday, December 3, 1978, a meeting of the CBIA was held at the La Quinta Royale. Roy M. presided as chairman for the infant organization. All temporary trustees were present as well as representatives from nine local and three out-of-town AA groups. H.P. (that’s short for Higher Power!) and four other guests were also present. George P., acting secretary, read minutes from previous CBIA meetings and advised every one of all actions taken to date.

In review, Articles of Incorporation had been filed and the CBIA became a Texas non-profit corporation on November 6, 1978. Temporary trustees and officers had been elected. An answering service was being secured, a bank account had been established, and advertising alternatives were being considered. Post office box 3204, Corpus Christi, TX 78404 had been secured for CBIA and a committee had begun the collection of AA names available for Twelfth Step calls coming to us from the CBIA answering service. The treasurer’s report was read: \$440.00 had been received in original donations; \$120.00 had been received in monthly pledges; \$65.00 had been expended primarily on organizational fees, etc. Cash on hand at December 3 was \$495.00.

Discussions were had regarding nominations and qualifications of trustees and officers, the Articles of Incorporation, and the Bylaws (the governing rules of the corporation).

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It was decided that committees be elected to handle the drafting of CBIA’s Bylaws and selection of a slate of candidates to serve as permanent trustees. It was moved, seconded, discussed, and unanimously agreed that Jerry C., Eve S., and Sue M. be elected to serve as members of a Bylaws Committee. This committee is to review other intergroups’ Bylaws, consult GSO guidelines, and prepare a preliminary draft of CBIA Bylaws for final review by the entire organization at its next meeting. Anyone desiring to make suggestions regarding the Bylaws’ contents is asked to submit their ideas in writing to Bylaws Committee, P.O. Box 3204, Corpus Christi, TX 78404. The final Bylaws will be ratified by a majority of CBIA representatives as dictated within such Bylaws.

A nominating committee was also elected after such motion was made, seconded, and discussed, Jeanelle R., Gus C., and Eloise Y. were chosen to bring before all intergroup representatives as list of as many qualified persons as are needed for the ballot and who are willing to serve as permanent trustees/officers, if elected. Alternatives to this committee are Carl P., Erie E., and Peggy D. This slate of candidates will be presented for vote to all CBIA representatives after the Bylaws are ratified.

As stressed in previous communications, CBIA was created to be a vehicle whereby AA groups and individuals my “carry the message to sick alcoholics” within the framework of the Twelve Traditions of Alcoholics Anonymous. All AA Groups in Districts 8-A, B and C, as well as any other interested AA groups in the Coastal Bend area are urged to elect an intergroup representative and alternate to attend CBIA meetings and become the voice/vote of his/her group. Financial commitment is not a qualification for membership. It would be appreciated if each so-elected representative would assemble from his/her group a list of AA names available for Twelfth Step calls. These names should be mailed to the above post office box or called in to Earl D. (937-2244).

The CBIA 24-hour answering service is now a reality. We will be listed in the May, 1979 Corpus Christi telephone directory as:

AA- Alcoholics Anonymous Information 24 hour answering service
1209 McKinney 883-5331

The answering service has a “patch-in” service whereby AA volunteers may have the answering service switched over to their home phones at night, on weekends, and on holidays. Each AA volunteer will be trained as to phone procedures and Twelfth Step names will be made available to such volunteers. The telephone number is noted above. Monthly charges for this service total \$52.00.

OUR GOAL—to carry the message—has already become a reality though this answering service. Literature has been requested on several occasions and at least one known “pigeon” now attends meetings as a result of his call to CBIA!!!!

A newspaper ad setting forth our service runs daily in the Corpus Christi papers and may be found under PERSONALS. This monthly expenditure totals \$25.80. Ad Sack will publish the same ad as often as desired at no cost to CBIA.

Interest in CBIA is increasing as more AA members become involved in Twelfth Step work. Six Corpus Christi AA groups have made over \$700 in original contributions to CBIA and have cumulatively committed themselves to ongoing monthly pledges of approximately \$120. A savings account has been opened so that any existing excess funds may accumulate interest for CBIA. Plans for future expenditures include the purchase of AA-approved literature for distribution to interested parties, a radio spot, and T.V. advertisement. These goals will be accomplished only as funds become available.

The next meeting of CBIA will be held in late January, at which time the draft Bylaws will be presented to all intergroup representatives for their review, discussion, and approval. Once again, we urge each group in the Coastal Bend Area to elect an intergroup representative so that your group will be represented at that meeting. A notice will be forwarded shortly to each group confirming the date of such meeting. In the meantime, if you have an questions or care to discuss progress to date, please write or call us.

We are grateful for the enthusiasm and support shown for this vital organization thus far. Many thanks to each of you. May peace and serenity be yours one day at a time throughout 1979.

~ Coastal Bend Intergroup Association
Temporary Trustees

Step 1 - Honesty

Step 1: We admitted we were powerless over alcohol and our lives had become unmanageable.

In over 20 years of drinking, I never once entertained the possibility that I might be an alcoholic -- in spite of overwhelming evidence that I was. I never drank moderately; I drank like a wet and dry shop vacuum from the start.

Then the two week binge that got me into AA scared the hell out of me. The rate of progression accelerated. I found myself doing things I said I would never do -- drinking in the morning; missing work because of drinking. Worst of all, in the middle of that binge, alcohol stopped working for me -- it stopped killing the pain and it stopped taking me to oblivion. I was afraid that if I continued drinking I would go crazy and if I stopped I would fly apart. I was afraid that life as I had known it was about to end and it did. What I did not know is that was a good thing.

The precursor to Step One is Step Zero: This stuff has to stop. I had that one nailed down before I got here. I was sick of hangovers; sick of blackouts; sick of trying to explain things I could not remember; sick of inexplicable dents in my car; sick of trying to find the damn car for that matter; sick of fights with my ex- about my drinking; sick of the struggle to hide my drinking; sick of hiding bottles and forgetting where I put them; sick and tired of being sick and tired. Without that, I would never have gone to my first meeting. I aspired to be a member of the Farmington Country Club. I did not aspire to be a member of Alcoholics Anonymous.

The first step is actually quite simple --

- Alcoholism is an insidious, incurable, progressive, killer disease and
- I have it.

Step 1 – Honesty (*Continued*)

The first half of step one, “We admitted we were powerless over alcohol” means there is no hope I will ever be able to control my drinking. For 20 years I tried to find a better strategy for managing my drinking. Today I know that thinking you need a strategy for your drinking is a sure sign of an alcoholic. Social drinkers do not need a strategy -- when they start to feel it they stop. I never thought like that. I never even wanted to think like that. Why would you want to stop when it was just getting good?

Being powerless over alcohol means that I cannot safely drink. I believe that for me to start drinking again would set off a chain reaction in my life that would resemble a major train wreck. I believe that for me to drink would be to play Russian Roulette with only one empty chamber.

I had more trouble with the second half of the first step: “We admitted that our lives had become unmanageable.” Do not tell me my life is unmanageable. I had been a professional manager for 15 years. The externals of my life looked great. I had a great job, a corner office, a 10-year-old relationship, a lovely home, a new car and two Pekinese who adored me.

And then it occurred to me that I had surrounded myself with non-alcoholic adult children who were doing for me things I should have done for myself. My ex- got me up, fed, dressed and headed for the office. My secretary told me when it was time to go to a meeting or go home. I had delegated everything to the people who worked for me and then I forgot who I gave it to. I would have foolish staff meetings where I would say things like "Could we have an update on this project?" I had no idea who was working on what. I just hoped somebody was.

I realized I was bankrupt -- spiritually, emotionally, physically, and mentally. I had chug-a-lugged myself into a deep hole that I could not get myself out of. Continuing to hang on as I had been was hopeless. So I decided to surrender.

~ Rob M. (2.24.1985) Weber Road Nooners Group, Corpus Christi, TX

MINUTES

CBIA BOARD OF TRUSTEES MEETING

November 12th 2018

I. OPENING:

- **Jimmy** opened the meeting with the Serenity Prayer at **6:05 PM**.
- **Ron** read the **CBIA Mission Statement**.
- **Linda** read the **General Warranties**.
- **Harold** read the **12 Traditions**.

II. ATTENDANCE:

- **Jimmy V. (Chair)**, **Franny J. (Vice Chair)**, **Harold B. (Financial Trustee)**, **Linda K. (Trustee)**, **Ron S. (Trustee)**, **Terry M. (Trustee)** and **Rob M (Office Manager)** were present.
- **Rosa T. (Trustee)** and **Kelly J. (Asst Office Manager)** were not present.

III. MINUTES:

- Minutes of the **Quarterly Meeting of October 29th** were reviewed.
 - **Ron** moved to approve the minutes as read. **Linda** seconded. Motion carried.

IV. FINANCIAL REPORTS:

- **Harold (Financial Trustee)** presented the **October Financial Report**.
 - **Balance Sheet:** Total CBIA funds as of October 31st totaled \$25,093.69 ; \$50.00 in Petty Cash; \$7,135.51 in Checking; \$15,607.21 in Prudent Reserve and \$2,300.97 in the Jamboree Account.
 - **Profit & Loss** for the month of October: Group & Individual Contributions \$2,022.14; Gross Sales (*Books, Chips & Medallions*): \$1,169.75 (*less Cost of Goods Sold \$825.00*); 316.00 in Social Event Revenue (*less Social Event Expenses \$356.00*) less 7.00 in Returned Check Charges. Gross Gain for the month was \$2,105.89 ; Total Expenses were \$3,203.44; for a Net Loss of \$1,097.55 for the month.

While YTD expenses are very close to budget: \$32,771.18 spent vs. \$33,863.74 budgeted, we are falling behind in terms of YTD Actual Vs Budgeted Revenue (*which was based on last year's actual revenue*).

- YTD Group Contributions are down \$4,004.71
- YTD Social Event Revenue is down \$1,499.00
- YTD Net Sales (Books, etc) is down \$ 677.35
- -----
- YTD Net Revenue is down \$6,181.06

Fortunately, we have a prudent reserve.

- **Linda** moved to approve the **October Financial Report**. **Terry** seconded. Motion carried.

VI. SERVICE AREA REPORTS

- **12th Step:** **Ron** said the helpline is well staffed and running smoothly.
- **Archives:** **Jimmy** said the CBIA archives will be displayed at the Jamboree in January.
- **Bilingual:** **Rosario** was not present.
- **Coastal Bender:** **Terry** said **she** reviewed the **Bender** before it was published. It went out on time and looked good.
- **Corrections:** **Linda** said Glassbrenner doesn't have a Chaplin which prevents taking books into the facility and clearing new volunteers for service work there.

- **Jamboree:** Franny said the **Jamboree Committee** has chosen the **voice: Larry L.** (*Victoria - Main Stream Group*) and the **local speaker: James H.** (*CC - Bookmarks*) for the **2019 Jamboree.**
- **Nominations:** Franny said **Enrique** (*CC - Weber Nooners Group*) and possibly **Judy M.** (*Goliad - Open Arms Group*) will stand for the open trustee position at the **January Quarterly Meeting.**
- **PI/CPC:** Terry M. said she had nothing new to report.
- **Social:** **Rosario** was not present. **Rob said**
 - All Saints will rent us the Labyrinth Room on Saturday January 29th for \$300. (*The church uses the Labyrinth on New Year's Eve.*)
 - Other venues available on December 31st want around \$500.Consensus was that New Year's Eve party has to be on New Year's Eve. We will check out more venues. Terry will ask Grace Presbyterian and Franny will ask Christ the King RCC.

VI. **OFFICE REPORT:**

- **Rob** said **Kelly** worked two hours this morning to see how she did. She has an appointment with her neurosurgeon tomorrow. She will ask him if she can return to work tomorrow with no restrictions.
- **Rob** said should celebrate the **40th Anniversary of CBIA** which was established **January 1st, 1979.** Consensus was -
 - We will make an announcement and have a cake at the **New Year's Dance.**
 - We will make an announcement and have a cake at the **Jamboree.**
 - We will have a CBIA 40 Years (*1979 - 2019*) Banner at both events.
 - The January Bender will include an article.
- For info - Father Jonathan said the All Saints vestry wants to install security cameras to address problems primarily with homeless people. Only church staff would be able to see the video which will be erased after a week or two if there were no incidents. He was concerned with anonymity of AA members. Rob told him it was a security matter and, as such, the church's business. Past Delegate James Hurst said he agrees with Rob that this is a security issue for the church and not an anonymity issue for AA.

VII. **OLD BUSINESS:**

- **None.**

VIII. **NEW BUSINESS:**

- **None.**

IX. **NEXT MEETING:**

- Next CBIA Board of Trustees meeting will be on Monday December 10th at 6:00 PM in the CBIA Office.

X. **NEXT QUARTERLY MEETING:**

- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday **January 28th** at **All Saints Episcopal Church** (*3026 S Staples*). We will elect a trustee to fill the remaining vacancy on the board at that meeting.

XI. **CLOSING:** Our Father.

- **Franny** moved to adjourn. **Ron** seconded. Motion carried.
- **Jimmy** closed the meeting with prayer at **7:15 PM.**

Respectfully submitted,

Rob M.

Office Manager



Bender Bits & Pieces



Temporary CBIA Office Hours Have Ended

CBIA Assistant Office Manager Kelly J. has recovered from neurosurgery and returned to work and Office Manager Rob M. has completed his vacation time off. Normal Office Hours have resumed, Monday thru Friday:

7:30 - 11:30 AM	Kelly J., Asst. Ofc. Mgr.
1:30 - 5:30 PM	Rob M. Office Manager

If traveling some distance, it is always a good idea to make sure the office will be open when you arrive and that the items you need are in stock.



Bender Bits & Pieces



Special Events

Rockport Happy Hour Annual Gratitude Potluck (Friday, January 11th - in Rockport) *

The Rockport Happy Hour Group is holding its annual **Gratitude Potluck** after the 5:30 meeting on **Friday, January 11th at Peace Lutheran Church (1302 W. Market Street in Rockport)**. (See flier for details.)

SWTA68 Winter Workshop (January 18th - 20th 2019 in Uvalde) @

The Southwest Texas Area 68 Winter Workshop will be held January 18th - 20th in Uvalde.

Coastal Bend Jamboree (January 25th - 27th 2019 in Corpus Christi) *

The 65th annual Coastal Bend Jamboree will be held January 25th to 27th 2019 at the Omni Hotel in Corpus Christi. A registration form is attached with the roster of speakers and the information you need to make hotel reservations. Online registration is now available at www.cbjamboree.org.

HOTEL Reservations

The event will again be held at the Omni Hotel in Corpus Christi. Attached is the registration form. Below is the Omni Hotel information with the code for making phone reservations and the link for making on line reservations. Call the number 1-800-843-6664 (Omni Central Reservations #) and **give group code number** below.

Group Block Name	Group Code	Reservation Dates	Rate/Night	Parking Rate	Deadline for Reservations
2019 Coastal Bend Jamboree	14500813555	Thu., Jan. 24 th – Sun., Jan. 27 th	\$123	Current Self Parking - \$12.00 Guests receive 50% Discount	Thursday December 27th, 2018

<https://www.omnihotels.com/hotels/corpus-christi/meetings/2019-coastal-bend-jamboree>

Event Registration is now available online at (<http://www.cbjamboree.org/>). The registration form is attached.



Bender Bits & Pieces



Special Events (Continued)

2018 Coastal Bend Jamboree (Continued) *

Hotel Reservations

The hotel has extended the discounted rate of \$123.00 to January 3rd, 2019. We do not expect it to be extended again. As of December 27th there were 12 rooms available at that rate. Staying at the hotel (*using the Group Code*) helps with the finances of the Jamboree by reducing the rate we pay for use of the third floor facilities. If you should reserve a room after the deadline date at a different rate, please let the Omni Hotel know that you are there for the Jamboree to help fill our block of rooms.

Committee Meetings

The final Jamboree Committee meeting will be at 9:30 AM on Saturday, January 12th at the Alanos Cottage (*1635 18th Street at Fig in Corpus Christi*). In addition, there will be a kick off / walk-through meeting at the hotel at 6:00 PM on Thursday, January 24th.

Jamboree Raffle Donations

The Jamboree Committee is looking for donations to be used in making raffle baskets for the Coastal Bend Jamboree. They need new or re-gift items, gift cards or monetary donations. (*See attached flier for details.*)

Silent Auction Donations

The Jamboree Committee is looking for donations to be used in the Silent Auction at the Coastal Bend Jamboree. They are looking for new, like-new, and re-gift-able items as well as donated services and/or gift cards. (*See attached flier for details.*)

Flag Ceremony

The popular Flag Ceremony will be at 7:30 on Friday January 25th. To be in the ceremony, your group's flag and flag-bearer must be at the Omni before 6:30 that day.



Bender Bits & Pieces



Special Events (*Continued*)

2018 Coastal Bend Jamboree (*Continued*) *

Flag Ceremony (*Continued*)

If your group's flag has not been in the flag ceremony before, let us know as soon as possible. Please send a one sentence description of your group to cbia@grandecom.net. For example,

The Bookmarks Group was founded in 2009 and holds literature study meetings at 6:00 PM on Mondays and Thursdays at Covenant Church (7001 Williams Drive in Corpus Christi.)



Bender Bits & Pieces



Service Opportunities

Volunteers Needed to Carry the Message in Corrections Facilities

Volunteers are needed to carry the message to alcoholics in corrections facilities. You must be at least 18 years old and not been in trouble with the law (*arrested, incarcerated, pending, etc.*) for at least 18 months.

SATF – Corpus Christi (*See attached application to sponsor at SATF*) *

- **Attend Meetings** to support separate men's and women's meetings at 8:00 PM on alternate Fridays. (NA provides meetings every other Friday.) (New development: prior clearance is now required to attend meetings at SATF.)
- **Activity Sponsors** take people to meetings once a week or so. (*Minimum one year sober and prior clearance*).
- **Step Sponsors** work the steps with people. (Minimum two years sober and prior clearance.)

Avalon (Formerly Reality Ranch) – Corpus Christi

- **Attend Meetings** to support a men's meeting at 8:00 PM every Sunday. (*Prior clearance is required*).

Live Oak County Jail – George West

- **Attend Meetings** to support a men's meeting at 7:00 PM every Wednesday. (*Prior clearance is required*).

If you are interested in any of these service opportunities, call the CBIA Office (361) 992-8911 during business hours (*M-F 7:30 – 11:30 AM and 1:30 – 5:30 PM*)

Where clearance is required, provide us your full name, as it appears on your driver's license, your driver's license number and state and state of issue at least 3 weeks prior to service. You must also indicate which specific meeting(s) you plan to attend.

To volunteer in state prison facilities, you must complete a Department of Criminal Justice training session. This training is very helpful for people who volunteer in any corrections facility, but it is a prerequisite for state jails and prisons. The training is offered in state facilities in Beeville and elsewhere.



Bender Bits & Pieces



Service Opportunities (Continued)

Helpline / 12 Step List

The Helpline is staffed by volunteers who are making sure that the hand of AA is available 24 hours a day in the Coastal Bend area by answering the phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday; or 8 AM Sunday to 8 AM Monday). A minimum of six months sobriety is required to answer the phones. The helpline is pretty well staffed at present.

If someone needs help beyond meeting information, the helpline passes them to someone on the 12-Step List for a longer conversation and maybe a visit to discuss how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12-Step List. We can always use more people on the 12-Step List. We especially need people (*particularly women*) in the surrounding area (*like Beeville and Alice*). If you would like to be on the 12-Step List or on the Helpline, call Rob or Kelly at the CBIA Office (361) 992-8911 or (866) 672-7029.

Local Stories Wanted for the BENDER

Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grandecom.net in a Word document or similar format.

CBIA Quarterly Association Meeting (Monday, January 28th in Corpus Christi)

The Coastal Bend Intergroup Association is holding its Quarterly Association on Monday, January 28th at All Saints Episcopal Church (3026 S Staples in Corpus Christi). We will be electing a new trustee for a term from February 2019 to January 2021. A Trustee Nomination Form is enclosed if you are interested in serving on our board.



Bender Bits & Pieces



Coastal Bend Area District Meetings

District 7 (Saturday February 16th in Port Lavaca)

District 7's next meeting will be on Saturday, **February 16th** at 9:00 AM at **Grace Episcopal Church** (219 E Austin Street in Port Lavaca)

District 8C (Kingsville Area)

District 8C does not currently have a DCM and no district meetings are scheduled at this time.

District 8D Next Meeting (Saturday, January 12th in CC)

District 8D's next meeting will be at **2:00 PM** on Saturday, **January 12th** at **New Phoenix** (5433 S. Staples, Suite H, in Corpus Christi).

District 8E (Saturday, January 5th in Kingsville)

District 8E will meet at **1:30 PM** on Saturday, **January 5th** at **The Serenity Club** (819 N. Third Street in Kingsville)

District 15 (Saturday, January 12th in Port A.)

District 15's next district meeting will be at **2:00 PM** on Saturday, **January 12th** at **Trinity by the Sea Episcopal Church** (433 Trojan in Port Aransas).



Bender Bits & Pieces



Group / Meeting Changes

Groups / Meetings That Have Folded

Stay Thirsty (Mondays and Wednesdays in CC) (2)

Stay Thirsty met at **noon** on **Mondays** and **Wednesdays** at **Coastal Bend Wellness (5633 S Staples, Suite 700 in Corpus Christi)**.

Groups / Meetings That Have Changed Meeting Times

Port Aransas Group (Daily at 7:00PM; Previously at 8:00 PM) (1)

The daily meetings of the Port Aransas Group now start at **7:00 PM**. They previously started at 8:00 PM. They meet behind **Trinity by the Sea Episcopal Church (433 Trojan in Port Aransas)**.

Port Lavaca Group & Nuevo Amanecer (7:00 PM Mon., Wed., and Fri.; Previously at 8:00 PM) (1)

Monday, Wednesday and **Friday** meetings of the **Port Lavaca Group** and **Grupo Nuevo Amanecer** will start at **7:00 PM**. (They previously started at 8:00 PM.) Nuevo Amanecer meetings will last for 90 minutes, while Port Lavaca Group meetings will last for one hour. All meetings are held at **Grace Episcopal Church (213 E Austin in Port Lavaca)**.



Bender Bits & Pieces



Save the Dates

(Future Events - Fliers included for events flagged with an *.)

(Fliers are on the area website aa-swta.org if flagged with an @.)

(Fliers / Registration available on aa.org if flagged with a #.)

(Fliers / Registration available at <https://60th.icypaa.org> if flagged with an &)

Rockport Happy Hour Gratitude Potluck (January 11th in Rockport) *

SWTA68 Winter Workshop (January 18th - 20th 2019 in Uvalde) @

2019 Coastal Bend Jamboree (January 25th - 27th 2019 in Corpus Christi) *

2019 SWTA 68 Correctional Facility Conference (Feb 15th - 17th 2019 in Killeen)@

2020 AA International Convention (July 2nd - 5th, 2020 in Detroit, MI) #

AA Meeting Schedules for Our Area

For current AA meeting schedules for areas serviced by the Coastal Bend Intergroup, visit our website cbiaa.org - printable schedules.

AA Meetings in Corpus Christi *

AA Meetings in CC Surrounding Area *

AA Meetings in Victoria & Surrounding Area *

Los Grupos Hispánicos *

Coastal BENDER Mission Statement

Our primary purpose is to carry the AA message to the still suffering alcoholic. A secondary purpose of The Bender is to keep the CBIA Area of South Texas informed as to the events, meeting changes, Board of Trustee actions / decisions, and other news of interest to AA's in the area. Finally, as a newsletter we provide a forum for the broad spectrum of views held by our members. Publication of any article submitted will be at the discretion of the Bender Editor as advised by the CBIA Board. A controversial subject, as long as it does not concern an outside issue and involves principles and not personalities, will be considered for publication. As a general guideline, any letter or article that is of interest to members of AA and in good taste is worthy of publication. However, an article or letter that advocates ignoring or violating the Traditions, Concepts, or General Service Conference actions will not be considered for publication. All decisions will be made under the direction of God as expressed through our group conscience.



Terry H.	Just For Today Group	01/01/2002	7 Years
Terry K.	Sunset Seven Group	01/01/2000	19 Years
Franz W.	New Life Group	01/01/1983	36 Years
Merced P.	New Phoenix Group	01/01/1986	33 Years
Nancy G	Turning Point Group	01/01/1983	36 Years
CeCe P.	Bookmarks Group	01/04/2000	19 Years
Frank A.	Hilltoppers Group	01/07/1985	34 Years
John H.	New Phoenix Group	01/07/1985	34 Years
Bobby W.	Weber Nooners Group	01/07/2006	13 Years
Ceil Mc K.	Nueces Bay Group	01/11/1982	37 Years
Doreen H.	Weber Nooners Group	01/11/2006	13 Years
Brad W.	Weber Nooners Group	01/14/1978	41 Years
Franny J.	Lucky Ones Group	01/15/2008	11 Years
Randy F.	New Life Group	01/20/1999	20 Years
Pat L.	Hilltoppers Group	01/20/2001	18 Years
Sandra E .	Alanos Group	01/20/2011	8 Years
Michael A.	Calallen Group	01/22/2006	13 Years
George F.	Weber Nooners Group	01/23/1972	47 Years
Jackie B.	Portland Jaywalkers	01/23/1988	31 Years
Rae T.	Bookmarks Group	01/23/2006	13 Years
Pam D.	Hilltoppers Group	01/24/2009	10 Years
Linda M.	Weber Nooners Group	01/25/1991	28 Years
Tom G.	Turning Point	01/26/1984	35 Years
Daniel B.	New Life Group	01/28/2011	8 Years

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held Monday January 14th at 6:00 PM in the CBIA Office (3833 S. Staples, Suite S-212).

CBIA Quarterly Association Meeting will be held Monday January 28th at 6:00 PM at All Saints Episcopal Church (3026 S. Staples in CC). Each group gets a vote at this meeting. We will elect four Trustees for two year terms at this meeting.

District Meetings

See Bits & Pieces section for information on district meetings in the Coastal Bend area:

- District 7** (Victoria Area)
- District 8D** (Corpus Christi Area)
- District 8E** (Corpus Christi Area)
- District 15** (Portland, Port A, AP, Rockport Area)

Group Announcements

New Phoenix Group Conscience is held the last Sunday of the month at 2:00PM. **Birthday Night** is first Saturday of the month at 8:00PM. **Potluck Supper** is second Saturday of the month at 7:00 PM. (5433 S. Staples, Suite F in The Boardwalk.)

Hilltoppers Group Conscience is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

Weber Road Nooners Group Conscience is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are celebrated the first Monday of each month at noon. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

Calallen Group Conscience is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthday Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

Flour Bluff Unity Group Conscience is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

Turning Point Group Conscience is held the 1st Wednesday of each month. **Birthday Meeting** is last Saturday of the month.

Group Contributions		
GROUP NAME	Dec. 2018	YTD 2018
Alice Group		
Anonymous/Individual Contribution	4.00	287.75
Aransas Pass Group		
Beeville-Freedom Group		
Beeville-Hope Group		
Beeville-Serenity Group		
Beeville-Shepherd's Group		
CC-Alanos		100.00
CC-Bookmarks Group		80.00
CC-Calallen Group		581.08
CC-Clean & Serene Group		
CC-Crosstown Group		
CC-Cullen Mall Group		200.00
CC-Day of AA		200.00
CC-Dorothy's Group		
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's Place		
CC-Fifth Tradition Group		
CC-Flour Bluff Unity Group		100.00
CC-Friday Night Speaker Meeting		
CC-Grace at 7		50.00
CC-Happy Hour Meeting		
CC-Hilltoppers Group		120.00
CC-Humility Group		100.00
CC-Just for Today Group		
CC-Lucky Ones	14.77	97.17
CC-Mountain Toppers		
CC-Newcomers Meeting		
CC-New Life Group		80.00
CC-New Phoenix Group	37.50	536.32
CC-New Women's Group	125.39	1,090.67
CC-Oso Group		325.65
CC-Rodd Field Group		600.00
CC-Saratoga Group		200.00
CC-Sunset 7 Group (N Padre Island)		193.16
CC-Turning Point Group		
CC-Weber Road Nooners Group		4624.00
CC-Wenholz Women's Group		
District7		720.00
Falfurrias-2nd Chance Group		10.50
Goliad-Open Arms Group		
Karnes City-Mayfield Group		300.00
Kingsville-AL-K Group		
Moulton Group		50.00
Mathis -Crossroads Group		130.00
Port Aransas Group		400.00
Port Lavaca Group		45.13
Port O'Connor Group		
Portland -Jaywalkers Group		300.00
Portland -Nueces Bay Group		
Quarterly Meeting 7 th Tradition		60.00
Riviera-SASTO Group		
Robstown Group		
Rockport-Anything Goes Group		
Rockport-Happy Hour Group		480.00
Rockport-Fellowship Group		549.27
Sandia Group		
Schulenburg Group		
Sinton-Grupo Secunda Chanza		
Skidmore Group		12.00
Three Rivers-Choke Canyon Group		
Victoria-Airport Group	50.00	347.00
Victoria-Back to Basics Group	158.25	988.07
Victoria-For Sinners Only Group		361.00
Victoria-High Nooners Group		
Victoria-Main Stream Group		100.00
Victoria-Men's Group		25.00
Victoria-Unity Group		69.08
Victoria-Women's Group		60.00
Yorktown Group		120.00
TOTAL	\$389.91	\$14,692.85

Addresses for Group Contributions for 2018-2020

Coastal Bend Intergroup (Suggested 50% *)

CBIA

3833 S. Staples Suite S-212
Corpus Christi, TX 78411

Districts (Suggested 10% *)

District 7 Treasurer

P.O. Box 5324
Victoria, TX 77903

District 8D Treasurer

P.O. Box 61135
Corpus Christi, TX

District 8E Treasurer

% Daniel B.
4025 Sweet Bay Dr.
Corpus Christi, TX 78418

District 15 Treasurer

2402 Twin Oaks Dr.
Portland, TX 78374

Area 68 Southwest Texas (Suggested 10% *)

SWTA 68 Treasurer

P.O. Box 3136
Early, TX 76803

General Service Office (Suggested 30% *)

GSO

P.O. Box 459
New York, NY 10163-0459

‘* Suggested percentages are from AA Pamphlet F-3, **SELF-SUPPORT: Where Money and Spirituality Mix** (Available on our web site: cbiaa.org under DONATE). Group Contributions are always at the discretion of the group conscience.

Coastal Bend Intergroup Association

Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list

whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Services Provided

1. Maintains an office which is open Monday through Friday from 7:30 to 11:30AM and 1:30 to 5:30PM.
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12 Step listing and calls individuals for 12 Step work.
4. Provides an A.A. listing in the Telephone directory.
5. Provides a 24 hour volunteer phone answering during hours when the office is closed.
6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
8. Purchases and sells "CONFERENCE APPROVED' literature, and non-conference approved Anniversary Medallions, Sobriety Chips.
9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
11. Maintains service committees for service work in the Coastal Bend Area.

Asociación Inter-grupo de la Zona Costera

Declaración de Principios

La misión de la asociación inter-grupo de la zona costera es proveer el primer contacto vital al alcohólico en busca de ayuda. La oficina de AIZC [siglas en español, en inglés CBIA], se mantiene para el beneficio de aquellos que siguen sufriendo. Para cumplir con esta tarea tan importante la oficina de CBIA debe:

- Establecer una línea de ayuda las 24 horas
- Imprimir los horarios de las reuniones de AA
- Mantener una lista con los 12 Pasos

Con lo cual Grupos de AA e individuos puedan conducir llamados de los 12 Pasos, esenciales en el crecimiento de AA en la Zona Costera.

Servicios Prestados

1. Horario de oficina, lunes a viernes de 7:30 a 11:30AM y de 1:30 a 5:30PM.
2. Provee información y referencias sobre A.A. .
3. Mantiene una lista de los 12 Pasos y listado de personas para trabajar los 12 pasos.
4. Provee un listado de A.A. en el directorio telefónico.
5. Provee servicio de voluntarios contestando llamadas las 24 horas mientras la oficina esta cerrada.
6. Publica los horarios de todos los grupos en el área costera sin costo.
7. Publica una hoja informativa, la "Coastal Bender", para mantener a los miembros de A.A. informados de los acontecimientos locales y de los eventos especiales A.A..
8. Compra y venta de literatura "Aprobada en Conferencia" ('CONFERENCE APPROVED'), y mercancía no aprobada como Medallones de Aniversario y Monedas de Sobriedad.
9. Conduce reuniones mensuales de fideicomisarios. Todos los miembros de Alcohólicos Anónimos son bienvenidos a estas reuniones asimismo es importante contar con su opinión.
10. Conduce Reuniones cada cuatro meses para evaluar a los grupos en actividades Inter-grupo y para buscar que participen en cuestiones de la CBIA.
11. Mantiene comités de trabajo para servicio en el área de la zona Costera.

Los Grupos Hispánicos

HORARIO

(Rev. 1.1.2019)

Grupos en Corpus Christi

- **Grupo Nueva Esperanza** (552 Old Robstown Road, Corpus Christi) **8:00 De la Noche** (todos los días).
- **Grupo Primer Paso** (1635 18th Street, Corpus Christi) **8:00 De la Noche** (Miercoles); **Mediodía** (Sabado).
- **Grupo Serenidad** (408 Brownlee, Corpus Christi) **8:00 De la Noche** (Martes y Domingo);
- **Grupo Tres Legados** (1019 S. Port, Corpus Christi) **8:00 De la Noche** (Lunes, Martes, Miercoles y Jueves);

Grupo en Flatonia

Grupo Flatonia (208 E. North Main Street, Flatonia) **7:00 De la Noche** (Jueves)

Grupo en Kingsville

Grupo Un Dia a La Vez (819 N. 3rd, Kingsville) **7:00 De la Noche** (Miercoles)

Grupo en Moulton

Grupo Moulton (301 N. Hackberry, Moulton) **7:00 De la Noche** (Lunes)

Grupo en Port Lavaca

Grupo Nuevo Amanecer (213 E. Austin, Port Lavaca) **7:00 De la Noche** (Lunes, Miercoles y Viernes)

Grupo en Schulenberg

Grupo Schulenberg (901 Kallus, Schulenberg) **7:00 De la Noche** (Domingo)

Grupo en Sinton

Grupo Segunda Chance (215 Sodville, Sinton) **8:00 De la Noche** (Martes y Viernes)