



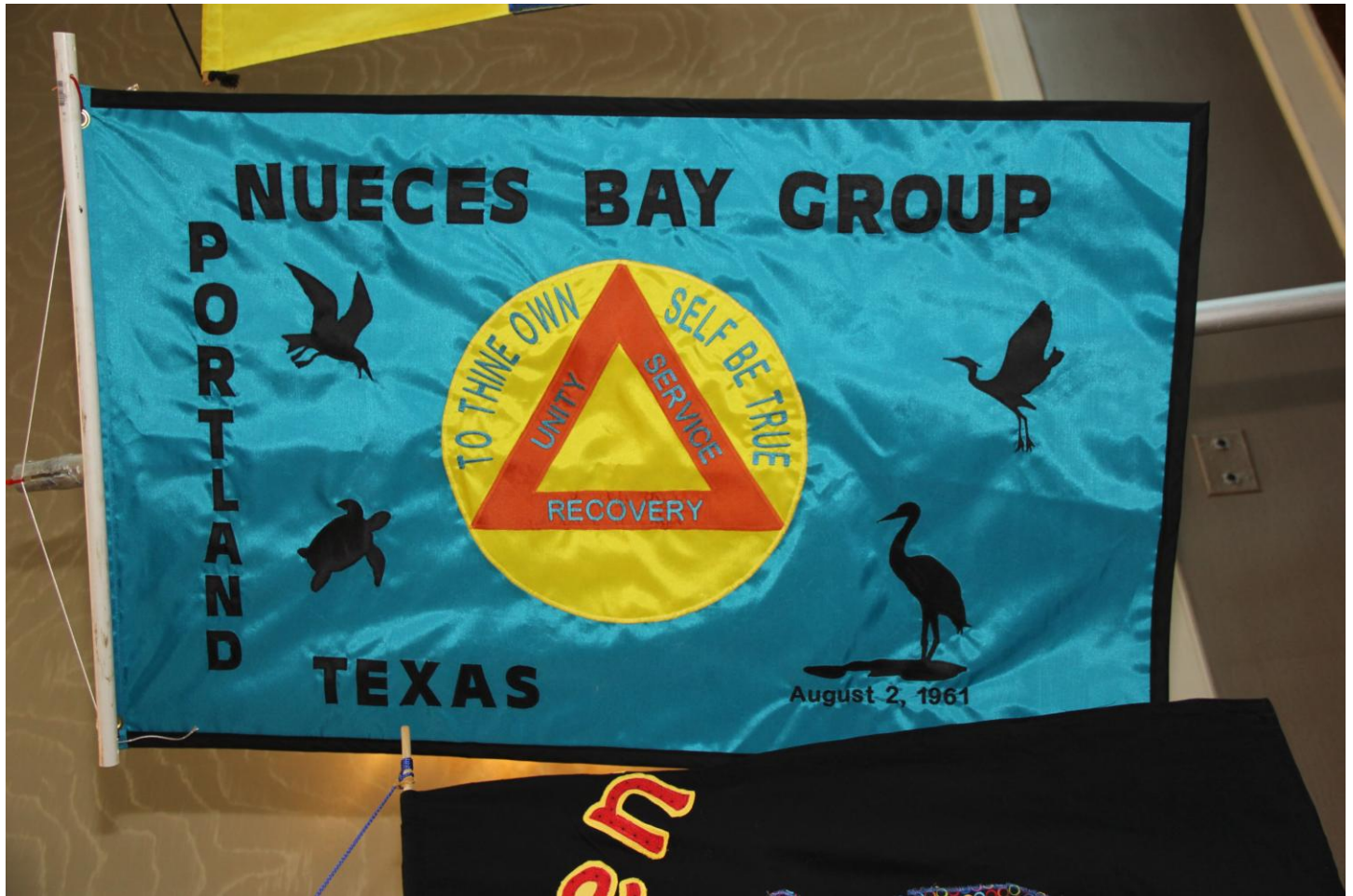
THE BENDER

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 www.cbiaa.org

*“When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that I am responsible.”**



The Primary Purpose Group meets at 6:00 PM on Sundays at Wenzholz House (1200 10th Street in Corpus Christi).



The **Nueces Bay Group** meets at **The Trident Club** (822 Denver Street in Portland). They have meetings at **6:30 PM** on **Mondays** and **Wednesdays** and **7:00 PM** on **Thursdays**.

Maintaining / Re-building

MAINTAINING

I got sober in Connecticut where I attended the state AA Convention every year. One of my favorite things was the Old Timer Panel. Every time, the message I got was **“Do what you did in the beginning. The simple little things that got you sober will keep you sober, day by day, year after year.”**

When I was 17 years sober, I retired from a corporate job and eventually returned to Corpus Christi, Texas where I grew up. Here, I heard about five daily things. While not an official AA suggestion, they provide a useful structure for maintaining my spiritual condition and getting my daily reprieve. The five daily things:

- **Ask God to help me stay sober today.** *(This is part of my morning prayer and meditation.)*
- **Go to meetings.** *(I have a weekly regimen of meetings I attend. If it's Monday, I go to Weber at noon. I do better if I don't think about “Do I feel like going to a meeting? What meeting do I fancy today?” I just go.)*
- **Make a sober contact.** *(Sometimes I call my sponsor (at least once a week). Sometimes I talk to one of the people I sponsor. Sometimes I talk to another member of the fellowship. But every day I tell someone how it's going and how I'm doing – either can be off.)*
- **Read AA Conference-Approved Literature.** *(I like to read today's page in **Daily Reflections** and something in the **Big Book**.)*
- **Thank God for helping me stay sober.** *(This is part of my evening prayer and meditation.)*

It is also very important for me to do a 10th Step Inventory every evening. I review my calendar and task list for the day and ask myself, “Did I keep my promises? What could I have done better? Was I kind to everyone? Do I owe amends?”

REBUILDING

When I retired, I bought an Airstream travel trailer and traveled a lot the first year. I attended an Airstream Rally in Tucson, AZ *(near the Mexican border)* and another rally in Burlington, VT *(near the Canadian border)* and I explored a lot between here and there. I spent a month in Tucson and the first thing I did was find the meetings I would attend, the pharmacy and super market I would frequent, etc. My dog and I settled into a new routine – our new normal. I repeated that everywhere we went.

Towards the end of the first year we settled in Corpus Christi. I identified my HEB and my Walgreen's and I picked Weber as my home group. In the beginning, I was there every time they had a meeting. I went to lunch with people after the noon meetings.

After a while, I realized that I needed a local sponsor – someone I saw on a regular basis and could have lunch or coffee with. When my first and second sponsors in Corpus Christi died, it was important for me to get another sponsor and build a relationship with them. When my third sponsor moved away, again I needed to get another sponsor.

~ Rob M. (2.24.1985) Weber Road Nooners Group, Corpus Christi, TX

MINUTES

CBIA BOARD OF TRUSTEES MEETING

October 8th 2018

I. OPENING:

- **Franny** opened the meeting with the **Serenity Prayer** at 6:10 PM.
- **Rosa** read the **CBIA Mission Statement**.
- **Terry** read the **General Warranties**.
- **Harold** read the **12 Traditions**.

II. ATTENDANCE:

- **Franny J.** (*Vice Chair*), **Harold B.** (*Financial Trustee*), **Linda K.** (*Trustee*), **Rosa T.** (*Trustee*), **Terry M.** (*Trustee*) and **Rob M.** (*Office Manager*) were present.
- **Jimmy V.** (*Chair*), **Ron S.** (*Trustee*), and **Kelly J.** (*Asst Office Manager*) were not present.

III. MINUTES:

- Minutes of the Board Meeting of **September 10th** were reviewed.
 - Harold moved to approve the minutes as read. **Rosa** seconded. Motion carried.

IV. FINANCIAL REPORTS:

- **Harold B.** (*Financial Trustee*) presented the **September Financial Report**.
 - **Balance Sheet:** Total CBIA funds as of **September 30th** totaled \$26,604.59 ; \$50.00 in Petty Cash; \$8,831.43 in Checking; \$15,607.21 in Prudent Reserve and \$2,115.95 in the Jamboree Account.
 - **Profit & Loss** for the month of **September:** Group & Individual Contributions \$1,151.05; Gross Sales (*Books, Chips & Medallions*): \$1,086.00 (*less Cost of Goods Sold \$752.54*); Gross Gain for the month was \$1,484.51; Total Expenses were \$2,807.80; Interest Income was \$1.97 for a Net Loss of \$1,321.32 for the month.

While YTD expenses are under budget: \$29,568.61 spent vs. \$30,618.74 budgeted, we are falling behind in terms of YTD Actual VS Budgeted Revenue.

- YTD Group Contributions are down \$1,971.85
- YTD Social Event Revenue is down \$1,759.00
- YTD Net Sales (Books, etc) is down \$ 606.25

YTD Net Revenue is down \$4,337.10

- **Linda** moved to approve the May Financial Report. **Terry** seconded. Motion carried.

VI. SERVICE AREA REPORTS

- **12th Step:** **Ron** was not present.
- **Archives:** **Jimmy** was not present.
- **Bilingual:** **Rosa** asked **Terry** to translate the Halloween flier into Spanish. **Rob** asked for a copy of the translated flier by October 15th so he can include it with Bits & Pieces. **Rob** said he was attending **District 7's** meeting in **Schulenburg** at 9:00 AM on Saturday, **October 20th**. There is a Spanish-speaking meeting in the same facility. **Rosa** is welcome to go along if she wants. He plans to leave CC at 6:30 AM on the 20th.
- **Coastal Bender:** **Terry** said she reviewed the **Bender** before it was published. It went out on time and it looked great.

- **Corrections:** **Linda** said she will attend the state volunteer training at the Glassbrenner Unit in San Diego this weekend so she can be re-certified. She said she was taking another case of big books to the San Diego facility this week. She said lately inmates who cannot speak English have been sharing in Spanish at the AA meeting at this facility.
- **Jamboree:** **Franny** said the **CBJ Committee** met on **September 8th**. She said **Rita S.** has stepped up to be the **Registrar** (*the previous Registrar resigned*). They will be selecting the **Voice** and the **Local Speaker** at their next meeting on **October 13th**.
- **Nominations:** **Franny** said we have two nominees to stand for Trustee at the Quarterly Meeting on October 29th. Two more are needed. **Linda** said she would ask **Rose** from Alice. **Terry** said she would ask **Ann** from the Nueces Bay Group.
- **PI/CPC:** **Terry** said **District 8D** had a booth at the **ROSC Recovery Fest** which was not well attended. We loaned them a rack of pamphlets. Rob said they gave away three pamphlets. Terry asked Rob to store the rack in the office. He agreed.
- **Social:** **Rosa** said the **Halloween Dance** is coming together nicely. She asked **Franny** to borrow / bring the **podium** from the Friday Night Speaker Meeting. **Rosa** said the decorators want to begin decorating at 4:30 so they have enough time to change into their costumes. **Rob** said he would deliver the rent check to All Saints and would ask **Janine** if the decorators can start an hour earlier than originally planned.

VI. OFFICE REPORT:

- **Rob** said **Kelly** (*Assistant Manager*) will have neurosurgery for an aneurism on Friday, October 12th. Her neurosurgeon estimates she will be out six to eight weeks. Rob said he can work 40 hours a week, but not for two weeks back to back. We have trained helpline volunteers who can fill in for a few hours here and there but not this much.
 - **Rosa** moved to have **Rob** work 40 hours every other week for normal office hours. On alternate weeks **Rob** will work 20 hours and the office will be open only from 1:30 to 5:30 until **Kelly** returns to work. Helpline volunteers will answer the phone on mornings when the office is closed.

VII. OLD BUSINESS:

- None.

VIII. NEW BUSINESS

- None.

IX. NEXT MEETING:

- Next CBIA Board of Trustees meeting will be on **Monday November 12th** at 6:00 PM in the CBIA Office.

X. NEXT QUARTERLY MEETING:

- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on **Monday October 29th** at All Saints Episcopal Church (*3026 S Staples*). We will elect trustees to replace the people rotating off the board at that meeting.

XI. CLOSING: Our Father.

- **Harold** moved to adjourn. **Linda** seconded. Motion carried.
- **Franny** closed the meeting with prayer at 7:25 PM.

Respectfully submitted,

Rob M.

Office Manager

Minutes

CBIA QUARTERLY MEETING

October 29th 2018

I. OPENING:

- **Jimmy** opened the meeting with a Moment of Silence followed by Serenity Prayer at 6:04 PM.
- **Franny** read the CBIA Mission Statement.
- **Ann** read the General Warranties.
- **Ron** read the 12 Traditions.

II. ATTENDANCE:

- **Jimmy V.** (*Chair*), **Franny J.** (*Vice Chair*), **Linda K.** (*Trustee*), **Ron S.** (*Trustee*), **Rosa T.** (*Trustee*), **Terry M.** (*Trustee*) and **Rob M.** (*Office Manager*) were present.
- **Barb C.** (*IGR-New Women's Group*), **Conrad C.** (*IGR-District 8D*), **Rae T.** (*IGR - Bookmarks*), and **Johnny** (*Lucky Ones*) were also present.
- **Harold B.** (*Financial Trustee*), and **Kelly J.** (*Asst Office Manager*) were not present.

III. MINUTES:

- **Previously-Approved Minutes of the Quarterly Meeting of July 30th** were reviewed.
- **Minutes of the Board Meeting of October 8th** were reviewed.
 - **Franny** moved to approve the minutes as submitted. **Terry** seconded. Motion carried.

IV. FINANCIAL REPORTS:

- **Rob** (*Office Manager*) presented the *previously-approved September Financial Report*.
 - **Balance Sheet:** Total CBIA funds as of September 30th totaled \$26,604.59 ; \$50.00 in Petty Cash; \$8,831.43 in Checking; \$15,607.21 in Prudent Reserve and \$2,115.95 in the Jamboree Account.
 - **Profit & Loss** for the month of September: Group & Individual Contributions \$1,151.05; Gross Sales (*Books, Chips & Medallions*): \$1,086.00 (*less Cost of Goods Sold \$752.54*); Gross Gain for the month was \$1,484.51; Total Expenses were \$2,807.80; Interest Income was \$1.97 for a Net Loss of \$1,321.32 for the month.

While YTD expenses are very close to budget: \$29,568.61 spent vs. \$30,618.74 budgeted, we are falling behind in terms of YTD ACTUAL VS BUDGETED REVENUE (*which was based on last year's revenue*).

- YTD Group Contributions are down \$1,971.85
- YTD Social Event Revenue is down \$1,759.00
- YTD Net Sales (Books, etc) is down \$ 606.25

 YTD Net Revenue is down \$4,337.10

Fortunately, we have a prudent reserve.

V. TRUSTEE ELECTION

- **Jimmy** followed the Third Legacy Procedure to elect three new trustees. Three qualified candidates were present.
- **Rae** moved elect the three candidates by acclamation. **Barb** seconded. Motion carried, electing:
 - **A. Gail B.** (*Victoria - Unity Group*)
 - **B. Linda K.** (*Kingsville - Al-K Group*) and
 - **C. Ann B.** (*Aransas Pass Group*)
 to the CBIA Board of trustees for two year terms starting in January 2019 and ending in January 2021.

- A fourth Trustee will be elected to the remaining open position at the Quarterly Association Meeting on January 28, 2019.

VI. SEVENTH TRADITION. Jimmy said We have no dues or fees but we pay rent to the church.

VII. COMMITTEE REPORTS (*If time permits. If not, at least Social.*)

- **12th Step:** Ron said the Helpline was running smoothly.
- **Archives:** Jimmy said the **CBIA Archives** will be displayed at the Jamboree in January.
- **Bilingual:** Rosario said she had nothing new to report.
- **Coastal Bender:** Terry said the October newsletter was groovy and went out on time.
- **Corrections:** Linda said she just completed the state volunteer training program at the Glossbrenner Unit in San Diego. She said until they have a new chaplin at the facility, she cannot bring in books or start new volunteers.
- **Jamboree:** Franny said everything was going well with the Jamboree. All chair positions have been filled.
- **Nominations:** Franny said three of the open trustee positions were filled tonight and the fourth will be filled at the January Quarterly Meeting.
- **PI/CPC:** Terry said she had nothing new to report.
- **Social:** Rosario said the Halloween Party was a lot of fun and we met our goal of breaking even on the event. CBIA had budgeted paying the rent to the church (\$300). The event raised enough money to cover the rent with a next profit of \$16. Our next social event will be a New Years' Party.

VIII. OFFICE REPORT:

- Rob said **Assistant Manager Kelly J.** will have a follow visit with her surgeon on Tuesday, November 13th. She will ask if she can go back to work on Wednesday, November 14th.

IX. OLD BUSINESS:

- None.

X. NEW BUSINESS:

- None.

XI. NEXT BOARD MEETING:

- Next CBIA Board of Trustees meeting Monday November 12th at 6:00 PM in the CBIA Office.

XII. NEXT QUARTERLY MEETING:

- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday January 28th at All Saints Episcopal Church (3026 S Staples).

XIII. CLOSING:

- Rae moved to adjourn. Rosa seconded. Motion carried.
- Jimmy closed the meeting with prayer at **6:45 PM.**

Respectfully submitted,

Rob M.

Office Manager



Bender Bits & Pieces



Temporary CBIA Office Hours Have Ended

CBIA Assistant Office Manager Kelly J. has recovered from neurosurgery and returned to work. Normal Office Hours have resumed, Monday thru Friday:

7:30 - 11:30 AM Kelly J., Asst. Ofc. Mgr.
1:30 - 5:30 PM Rob M. Office Manager

If traveling some distance, it is always a good idea to make sure the office will be open when you arrive and that the items you need are in stock.



Bender Bits & Pieces



Holiday Happenings

Cullen Mall Holiday Candlelight Gratitude Meeting (*Wed., December 12th in CC*) *

The Cullen Mall Group will host its annual Holiday Candlelight Gratitude Meeting at 8:00 PM on Wednesday, December 12th in the scout hut behind Parkway Presbyterian Church (3707 Santa Fe at Brawner Parkway in Corpus Christi). Arrive early to get a seat at this popular meeting.

Shiner Speaker Meeting (*Wednesday, December 12th in Shiner*)

The Shiner Group will have a speaker meeting at 8:00 PM on Wednesday, December 12th at St Paul High School Cafeteria (424 St. Ludmila Street Shiner). Social and snacks at 7:30. This is a special event, not a regularly scheduled speaker meeting. (*See enclosed flier.*)

Flour Bluff Unity Group Christmas Day (*Tuesday, December 25th in CC*)

The Flour Bluff Unity Group will have a potluck Christmas Dinner at the Anchor Club (320 Anchor Street in Corpus Christi) on December 25th, after the noon meeting.

Humility Group Christmas Day (*Tuesday, December 25th in CC*)

The Humility Group will have a Christmas meal after its noon meeting on December 25th at their facility (3061 S. Staples in Corpus Christi). Bring a side dish or dessert if you wish.

Rockport Fellowship Group Christmas Day (*Tuesday, December 25th in Rockport*)

The Rockport Fellowship Group will have its annual Christmas Dinner after the noon meeting on Sunday, December 25th at 814 Wharf Street in Rockport. Bring a side dish or dessert if you wish.

CBIA Office Closed (*Tuesday, December 25th and Tuesday, January 1st in CC*)

The Coastal Bend Intergroup Office will be closed Tuesday, December 25th and Tuesday, January 1st in observation of the Christmas and New Year's Holidays. The helpline committee will answer the phones while the office is closed. The office will re-open at 7:30 AM on Wednesday, December 26th and January 2nd for normal business hours.



Bender Bits & Pieces



Holiday Happenings *(Continued)*

Weber Nooners Holiday Meetings at 10:00 AM *(Tues., Dec. 25th and Tues., Jan. 1st in CC)*

The Weber Road Nooners Group will have 10:00 AM holiday meetings on Tuesday, December 25th and Tuesday, January 2nd in addition to the regularly scheduled noon and 5:30 PM meetings on those days.

Hilltoppers No Meetings when Church is Closed *(Tues. Dec. 25th and Tues, Jan. 2nd in CC)*

The Hilltoppers Group does not have meetings on days when the church is closed for holidays – Tuesday, December 25th and Tuesday, January 1st. Hilltoppers meets in First Methodist Church (900 S. Shoreline, Room 244).

CBIA New Year's Celebration *(Monday, December 31st in CC) **

The Coastal Bend Intergroup Association presents a New Year's Celebration from 8:00 PM to 12:00 Midnight on Monday December 31st at Grace Presbyterian Church (6301 Yorktown Blvd in Corpus Christi). Admission is \$7 (children under 12 are free). DJ, Hors d'oeuvres, Fun and Fellowship are included. (See enclosed flier.)



Bender Bits & Pieces



Special Events

District 8E Step Workshop (December 8th in CC)

District 15 is hosting a **Step Workshop** on Saturday **December 8th** from **1:30 to 5:30 PM** at the **Pass It On Club** (11425 Leopard in the Calallen area of Corpus Christi). A panel of distinguished speakers will introduce the steps. (See enclosed flier for details.)

CBIA New Year's Eve Dance (Monday, December 31st in CC) *

The Coastal Bend Intergroup Association presents a New Year's Eve Dance from 8:00 PM to 12:00 Midnight on Monday December 31st at Grace Presbyterian Church (6301 Yorktown Blvd in Corpus Christi). Admission is \$7 (children under 12 are free). DJ, Hors d'oeuvres, Fun and Fellowship are included. (See enclosed flier.)

Coastal Bend Jamboree (January 25th - 27th 2019 in Corpus Christi) *

The 65th annual Coastal Bend Jamboree will be held January 25th to 27th 2019 at the Omni Hotel in Corpus Christi. A registration form is attached with the roster of speakers and the information you need to make hotel reservations. Online registration is now available at www.cbjamboree.org.



Bender Bits & Pieces



Service Opportunities

Volunteers Needed to Carry the Message in Corrections Facilities

Volunteers are needed to carry the message to alcoholics in corrections facilities. You must be at least 18 years old and not been in trouble with the law (*arrested, incarcerated, pending, etc.*) for at least 18 months.

SATF – Corpus Christi (*See attached application to sponsor at SATF*) *

- **Attend Meetings** to support separate men's and women's meetings at 8:00 PM on alternate Fridays. (NA provides meetings every other Friday.) (New development: prior clearance is now required to attend meetings at SATF.)
- **Activity Sponsors** take people to meetings once a week or so. (*Minimum one year sober and prior clearance*).
- **Step Sponsors** work the steps with people. (Minimum two years sober and prior clearance.)

Avalon (Formerly Reality Ranch) – Corpus Christi

- **Attend Meetings** to support a men's meeting at 8:00 PM every Sunday. (*Prior clearance is required*).

Live Oak County Jail – George West

- **Attend Meetings** to support a men's meeting at 7:00 PM every Wednesday. (*Prior clearance is required*).

If you are interested in any of these service opportunities, call the CBIA Office (361) 992-8911 during business hours (*M-F 7:30 – 11:30 AM and 1:30 – 5:30 PM*)

Where clearance is required, provide us your full name, as it appears on your driver's license, your driver's license number and state and state of issue at least 3 weeks prior to service. You must also indicate which specific meeting(s) you plan to attend.

To volunteer in state prison facilities, you must complete a Department of Criminal Justice training session. This training is very helpful for people who volunteer in any corrections facility, but it is a prerequisite for state jails and prisons. The training is offered in state facilities in Beeville and elsewhere.



Bender Bits & Pieces



Service Opportunities (Continued)

Helpline / 12 Step List

The Helpline is staffed by volunteers who are making sure that the hand of AA is available 24 hours a day in the Coastal Bend area by answering the phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday; or 8 AM Sunday to 8 AM Monday). A minimum of six months sobriety is required to answer the phones. The helpline is pretty well staffed at present.

If someone needs help beyond meeting information, the helpline passes them to someone on the 12-Step List for a longer conversation and maybe a visit to discuss how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12-Step List. We can always use more people on the 12-Step List. We especially need people (*particularly women*) in the surrounding area (*like Beeville and Alice*). If you would like to be on the 12-Step List or on the Helpline, call Rob or Kelly at the CBIA Office (361) 992-8911 or (866) 672-7029.

Local Stories Wanted for the BENDER

Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grandecom.net in a Word document or similar format.

CBIA New Years Eve Dance Committee Meeting (Sunday December 9th in CC)

What could be more fun than planning a New Year's Party Next meeting will be at 1:15 PM on Sunday, December 8th at New Phoenix (5433 S. Staples in Corpus Christi). Many service opportunities are available.

Monthly Meeting for 2019 Jamboree Committee (Saturday December 8th in CC)

Planning the 2019 Coastal Bend Jamboree, the Jamboree Committee will meet at 9:30 AM on Saturday, December 8th at the Alanos Cottage (1635 18th Street in Corpus Christi). Service opportunities are still available.



Bender Bits & Pieces



Coastal Bend Area District Meetings

District 7 (Saturday December 15th in Victoria)

District 7's next meeting will be on Saturday, **December 15th** at 9:00 AM at **Christ the Victor Lutheran Church** (202 Stanly in Victoria).

District 8C (Kingsville Area)

District 8C does not currently have a DCM and no district meetings are scheduled at this time.

District 8D Next Meeting (Saturday, December 15th in CC)

District 8D's next meeting will be at **2:00 PM** on Saturday, **December 15th** at **New Phoenix** (5433 S. Staples, Suite H, in Corpus Christi).

District 8E (Saturday, December 22nd in Mathis)

District 8E will meet at **1:30 PM** on Saturday, **December 22nd** at **First Methodist Church** (420 S. Duval in Mathis).

District 15 (Saturday, December 15th in Rockport)

District 15's next district meeting will be at **2:00 PM** on Saturday, **December 15th** at **Peace Lutheran Church** (1302 W. Market Street in Rockport).



Bender Bits & Pieces



Group / Meeting Changes

AL-K Group Adds 5 Meetings at 8:00 PM and Discontinues a Noon Meeting (in Kingsville) (2)

The **AL-K Group** has added **8:00 PM** meetings on **Tuesdays, Wednesdays, Fridays, Saturdays and Sundays**. They have discontinued a **Noon** meeting on **Tuesdays**. The new schedule has an 8:00 PM meeting every day of the week and Noon meetings on Wednesdays and Saturdays. All this is happening at the Serenity Club (819 N. Third Street in Kingsville).

FBUG Group Adds 6 PM Smoking Meeting on Thursdays (in CC) (2)

The **Flour Bluff Unity Group** has added a **6:00 PM Smoking Meeting** on **Thursdays** at the **Anchor Club** (320 Anchor Street in the Flour Bluff area of Corpus Christi). Smoking is only allowed on the side porch where this meeting is held.

Groups / Meetings That Have Folded

Stay Thirsty (Mondays and Wednesdays in CC)

Stay Thirsty met at **noon** on **Mondays** and **Wednesdays** at **Coastal Bend Wellness** (5633 S Staples, Suite 700 in Corpus Christi).



Bender Bits & Pieces



Save the Dates

(Future Events - Fliers included for events flagged with an *.)

(Fliers are on the area website aa-swta.org if flagged with an @.)

(Fliers / Registration available on aa.org if flagged with a #.)

(Fliers / Registration available at <https://60th.icypaa.org> if flagged with an &)

Holiday Stuff (*December 25th, December 31st & January 1st everywhere*)

District 8E Step Workshop (*December 8th in CC*) *

Shiner Speaker Event (*December 12th in Shiner*) *

CBIA New Year's Eve Dance (*December 31st in CC*) *

SWTA68 Winter Workshop (*January 18th - 20th 2019 in Uvalde*) @

2019 Coastal Bend Jamboree (*January 25th - 27th 2019 in Corpus Christi*) *

2019 SWTA 68 Correctional Facility Conference (*Feb 15th - 17th 2019 in Killeen*)@

2020 AA International Convention (*July 2nd - 5th, 2020 in Detroit, MI*) #

AA Meeting Schedules for Our Area

For current AA meeting schedules for areas serviced by the Coastal Bend Intergroup, visit our website cbiaa.org - printable schedules.

AA Meetings in Corpus Christi *

AA Meetings in CC Surrounding Area *

AA Meetings in Victoria & Surrounding Area *

Los Grupos Hispánicos *

Coastal BENDER Mission Statement

Our primary purpose is to carry the AA message to the still suffering alcoholic. A secondary purpose of The Bender is to keep the CBIA Area of South Texas informed as to the events, meeting changes, Board of Trustee actions / decisions, and other news of interest to AA's in the area. Finally, as a newsletter we provide a forum for the broad spectrum of views held by our members. Publication of any article submitted will be at the discretion of the Bender Editor as advised by the CBIA Board. A controversial subject, as long as it does not concern an outside issue and involves principles and not personalities, will be considered for publication. As a general guideline, any letter or article that is of interest to members of AA and in good taste is worthy of publication. However, an article or letter that advocates ignoring or violating the Traditions, Concepts, or General Service Conference actions will not be considered for publication. All decisions will be made under the direction of God as expressed through our group conscience.



Diana M.	Saratoga Group	12/04/1998	20 Years
Jimmy M.	Port Lavaca Group	12/14/1987	31 Years
Bill S.	Corpus Christi	12/15/2005	13 Years
James H.	Bookmarks Group	12/17/1993	25 Years
Barbara J.	New Women's Group	12/17/1988	30 Years
Jane D.	New Life Group	12/20/2008	10 Years
Kym J.	Weber Nooners Group	12/21/1998	20 Years
Joe M.	Portland Nueces Bay Group	12/21/1980	38 Years
Tony P.	Hilltoppers Group	12/23/1978	40 Years
Johnie S.	Port Aransas Group	12/24/2003	15 Years
Russ	Just For Today	12/24/1984	34 Years
Rose R.	Rockport Fellowship	12/26/1984	34 Years
Paul B.	Oso Group	12/27/1989	29 Years
Theresa	Just For Today Group	12/30/2007	11 Years
Tony G.	New Phoenix Group	12/30/1991	27 Years
Dan D.	Weber Nooners	12/31/1972	46 Years

Don't see your birthdays? For best results e-mail your birthday to CBIA at cbia@grandecom.net.

NOVEMBER 2018

	<u>OFFICE HOURS</u> /Dist. 7		<u>AFTER HOURS</u>	<u>YEAR TO DATE</u>
12 TH STEP CALLS	4	0	0/0	65/7
INFORMATIONAL CALLS	76	9	<i>After Hours only tracks 12th Step calls.</i>	

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held Monday December 10th at 6:00 PM in the CBIA Office (3833 S. Staples, Suite S-212).

CBIA Quarterly Association Meeting will be held Monday January 28th at 6:00 PM at All Saints Episcopal Church (3026 S. Staples in CC). Each group gets a vote at this meeting. We will elect four Trustees for two year terms at this meeting.

District Meetings

See Bits & Pieces section for information on district meetings in the Coastal Bend area:

- District 7** (Victoria Area)
- District 8D** (Corpus Christi Area)
- District 8E** (Corpus Christi Area)
- District 15** (Portland, Port A, AP, Rockport Area)

Group Announcements

New Phoenix Group Conscience is held the last Sunday of the month at 2:00PM. **Birthday Night** is first Saturday of the month at 8:00PM. **Potluck Supper** is second Saturday of the month at 7:00 PM. (5433 S. Staples, Suite F in The Boardwalk.)

Hilltoppers Group Conscience is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

Weber Road Nooners Group Conscience is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are celebrated the first Monday of each month at noon. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

Calallen Group Conscience is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthday Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

Flour Bluff Unity Group Conscience is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

Turning Point Group Conscience is held the 1st Wednesday of each month. **Birthday Meeting** is last Saturday of the month.

Group Contributions		
GROUP NAME	Nov. 2018	YTD 2018
Alice Group		
Anonymous/Individual Contribution	250.00	283.75
Aransas Pass Group		
Beeville-Freedom Group		
Beeville-Hope Group		
Beeville-Serenity Group		
Beeville-Shepherd's Group		
CC-Alanos		100.00
CC-Bookmarks Group		80.00
CC-Calallen Group	344.48	581.08
CC-Clean & Serene Group		
CC-Crosstown Group		
CC-Cullen Mall Group		200.00
CC-Day of AA		200.00
CC-Dorothy's Group		
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's Place		
CC-Fifth Tradition Group		
CC-Flour Bluff Unity Group		100.00
CC-Friday Night Speaker Meeting		
CC-Grace at 7		50.00
CC-Happy Hour Meeting		
CC-Hilltoppers Group		120.00
CC-Humility Group		100.00
CC-Just for Today Group		
CC-Lucky Ones	21.47	82.40
CC-Mountain Toppers		
CC-Newcomers Meeting		
CC-New Life Group	10.00	80.00
CC-New Phoenix Group	49.50	498.82
CC-New Women's Group	175.20	965.28
CC-Oso Group		325.65
CC-Rodd Field Group		600.00
CC-Saratoga Group		200.00
CC-Sunset 7 Group (N Padre Island)		193.16
CC-Turning Point Group		
CC-Weber Road Nooners Group		4624.00
CC-Wenholz Women's Group		
District7		720.00
Falfurrias-2nd Chance Group		10.50
Goliad-Open Arms Group		
Karnes City-Mayfield Group		300.00
Kingsville-AL-K Group		
Moulton Group		50.00
Mathis -Crossroads Group		130.00
Port Aransas Group		400.00
Port Lavaca Group		45.13
Port O'Connor Group		
Portland -Jaywalkers Group	300.00	300.00
Portland -Nueces Bay Group		
Quarterly Meeting 7 th Tradition		60.00
Riviera-SASTO Group		
Robstown Group		
Rockport-Anything Goes Group		
Rockport-Happy Hour Group		480.00
Rockport-Fellowship Group		549.27
Sandia Group		
Schulenburg Group		
Sinton-Grupo Secunda Chanza		
Skidmore Group		12.00
Three Rivers-Choke Canyon Group		
Victoria-Airport Group		297.00
Victoria-Back to Basics Group		829.82
Victoria-For Sinners Only Group		361.00
Victoria-High Nooners Group		
Victoria-Main Stream Group	25.00	100.00
Victoria-Men's Group		25.00
Victoria-Unity Group		69.08
Victoria-Women's Group		60.00
Yorktown Group		120.00
TOTAL	\$1,175.65	\$14,302.94

Addresses for Group Contributions for 2018-2020

Coastal Bend Intergroup (Suggested 50% *)

CBIA

3833 S. Staples Suite S-212
Corpus Christi, TX 78411

Districts (Suggested 10% *)

District 7 Treasurer

P.O. Box 5324
Victoria, TX 77903

District 8D Treasurer

P.O. Box 61135
Corpus Christi, TX

District 8E Treasurer

% Daniel B.
4025 Sweet Bay Dr.
Corpus Christi, TX 78418

District 15 Treasurer

2402 Twin Oaks Dr.
Portland, TX 78374

Area 68 Southwest Texas (Suggested 10% *)

SWTA 68 Treasurer

P.O. Box 3136
Early, TX 76803

General Service Office (Suggested 30% *)

GSO

P.O. Box 459
New York, NY 10163-0459

‘* Suggested percentages are from AA Pamphlet F-3, **SELF-SUPPORT: Where Money and Spirituality Mix** (Available on our web site: cbiaa.org under DONATE). Group Contributions are always at the discretion of the group conscience.

Coastal Bend Intergroup Association

Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list

whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Services Provided

1. Maintains an office which is open Monday through Friday from 7:30 to 11:30AM and 1:30 to 5:30PM.
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12 Step listing and calls individuals for 12 Step work.
4. Provides an A.A. listing in the Telephone directory.
5. Provides a 24 hour volunteer phone answering during hours when the office is closed.
6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
8. Purchases and sells "CONFERENCE APPROVED" literature, and non-conference approved Anniversary Medallions, Sobriety Chips.
9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
11. Maintains service committees for service work in the Coastal Bend Area.

Asociación Inter-grupo de la Zona Costera

Declaración de Principios

La misión de la asociación inter-grupo de la zona costera es proveer el primer contacto vital al alcohólico en busca de ayuda. La oficina de AIZC [siglas en español, en inglés CBIA], se mantiene para el beneficio de aquellos que siguen sufriendo. Para cumplir con esta tarea tan importante la oficina de CBIA debe:

- Establecer una línea de ayuda las 24 horas
- Imprimir los horarios de las reuniones de AA
- Mantener una lista con los 12 Pasos

Con lo cual Grupos de AA e individuos puedan conducir llamados de los 12 Pasos, esenciales en el crecimiento de AA en la Zona Costera.

Servicios Prestados

1. Horario de oficina, lunes a viernes de 7:30 a 11:30AM y de 1:30 a 5:30PM.
2. Provee información y referencias sobre A.A. .
3. Mantiene una lista de los 12 Pasos y listado de personas para trabajar los 12 pasos.
4. Provee un listado de A.A. en el directorio telefónico.
5. Provee servicio de voluntarios contestando llamadas las 24 horas mientras la oficina esta cerrada.
6. Publica los horarios de todos los grupos en el área costera sin costo.
7. Publica una hoja informativa, la "Coastal Bender", para mantener a los miembros de A.A. informados de los acontecimientos locales y de los eventos especiales A.A..
8. Compra y venta de literatura "Aprobada en Conferencia" ('CONFERENCE APPROVED'), y mercancía no aprobada como Medallones de Aniversario y Monedas de Sobriedad.
9. Conduce reuniones mensuales de fideicomisarios. Todos los miembros de Alcohólicos Anónimos son bienvenidos a estas reuniones asimismo es importante contar con su opinión.
10. Conduce Reuniones cada cuatro meses para evaluar a los grupos en actividades Inter-grupo y para buscar que participen en cuestiones de la CBIA.
11. Mantiene comités de trabajo para servicio en el área de la zona Costera.

Los Grupos Hispánicos

HORARIO

(Rev. 3.1.2018)

Grupos en Corpus Christi

- **Grupo Nueva Esperanza** (552 Old Robstown Road, Corpus Christi) **8:00 De la Noche** (todos los días).
- **Grupo Primer Paso** (1635 18th Street, Corpus Christi) **8:00 De la Noche** (Miercoles); **Mediodía** (Sabado).
- **Grupo Serenidad** (408 Brownlee, Corpus Christi) **8:00 De la Noche** (Martes y Domingo);
- **Grupo Tres Legados** (1019 S. Port, Corpus Christi) **8:00 De la Noche** (Lunes, Martes, Miercoles y Jueves);

Grupo en Flatonia

Grupo Flatonia (208 E. North Main Street, Flatonia) **7:00 De la Noche** (Jueves)

Grupo en Kingsville

Grupo Un Dia a La Vez (819 N. 3rd, Kingsville) **7:00 De la Noche** (Miercoles)

Grupo en Moulton

Grupo Moulton (301 N. Hackberry, Moulton) **7:00 De la Noche** (Lunes)

Grupo en Port Lavaca

Grupo Nuevo Amanecer (213 E. Austin, Port Lavaca) **8:00 De la Noche** (Lunes, Miercoles y Viernes)

Grupo en Schulenberg

Grupo Schulenberg (901 Kallus, Schulenberg) **7:00 De la Noche** (Domingo)

Grupo en Sinton

Grupo Segunda Chance (215 Sodville, Sinton) **8:00 De la Noche** (Martes y Viernes)