



CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 [www.cbiasa.org](http://www.cbiasa.org)

*“When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that I am responsible.”\**

## The Twelve Traditions

*This was a talk delivered at the Southwest Regional Forum on October 10<sup>th</sup>, 2015.*

Good morning. My name is James and I am an alcoholic, sober since December 17, 1993, a member of the Bookmarks Group in Corpus Christi, serving as Delegate from Area 68, Southwest Texas. I thank my friend Yoli, our Southwest Regional Trustee, for her loving invitation to share my experience, strength, and hope with our great A.A.

### Twelve Traditions

Every bit three months sober, my first service commitment was with the Clean Air Group, making coffee and setting up tables and chairs each Friday evening. Every week the topic rotated: from step, to tradition, to discussion, and then speaker. I noticed that in the weeks when a tradition was to be read and discussed, attendance shrunk by a third or more. I even overheard some members grumbling about tradition meetings.

Today, I find this negative attitude ironic in light of this passage from the Forward of the Twelve Steps and Twelve Traditions – “A.A.’s Twelve Traditions apply to the life of the Fellowship itself. They outline the means by which A.A. maintains its unity and relates itself to the world about, the way it lives and grows.” I am grateful for the old-timers like Eve S. who knew about our great A.A. Traditions and encouraged us newbies to learn about A.A. history. She told me, “It’s important to know why A.A. works the way it does.

Just like in our personal recovery, our movement’s past has led us to where we are today, and holds the key to where the Fellowship is headed in the future.”

For me, I don’t think we can ever talk too much about A.A.’s Twelve Traditions. District meetings and area assemblies back home often devote agenda time to presentations on traditions. This is good. But what about ‘open’ A.A. discussion meetings? Isn’t one purpose of ‘open’ meetings to allow observers to learn about Alcoholics Anonymous? What better way to show visitors what we are than by discussing A.A. Traditions? Is simply reading the short form of the twelve traditions in the opening format of a meeting doing much to teach our guests, or our members?

Time does not permit me to cover each tradition in depth. I will attempt to summarize them in a minute. Before then, I want to share with you a few resources I find helpful. First, the long form of the traditions, printed in the back of every ‘Big Book’ is a good place to start. Also, I recommend two pamphlets which I use regularly. The first is “A.A. Tradition – How It Developed”, in which Bill W. reminds us, “...May we never forget that without

permanent unity we can offer little lasting relief to those scores of thousands yet to join us in their quest for freedom...”

The second pamphlet is “Twelve Traditions Illustrated.” Several years ago a DCM asked me to facilitate a workshop on the Traditions. Prior to my 2pm workshop, I attended the group’s noon open discussion meeting, followed at 1p by a group conscience meeting. The group heatedly grappled with whether a non-alcoholic doctor should be allowed to be the speaker at their regularly scheduled Saturday night speaker meeting. A.A. Traditions came to life as several self-proclaimed ‘experts’ shared their opinions. Eventually the informed group conscience, guided by a loving God, emerged.

Thankfully I was armed with a stack of “Twelve Traditions Illustrated” and the proceeding workshop was one of the better attended and discussed ones I have facilitated.

I highly recommend several A.A. conference-approved books. Pass It On and Dr. Bob and the Good Old Timers gives the reader a sense of what our society was like during the ‘flying blind’ period, before the Twelve Traditions were formulated. In A.A. Comes of Age, Bill W. writes...“For the sake of the welfare of our entire society, the Traditions asks that every individual and every group and every area in AA shall lay aside all desires, ambitions, and untoward actions that could bring serious division among us or lose for us the confidence of the world at large. The 12 Traditions of A.A. symbolize the sacrificial character of our life together and they are the greatest force for unity that we know.”

My favorite resource to better understand the traditions has to be Language of the Heart, the compilation of all the Grapevine articles written by Bill. He wrote two sets of essays each describing the history and meaning of each tradition. A couple of years ago my home group set aside one night each week to read and discuss this fascinating book.

To sum up A.A.’s Twelve Traditions, in my simple own way – we need each other, we seek God’s direction, we walk with all seeking sobriety from alcoholism, to remember that you might be right, to stick with A.A.’s message of hope and recovery, no side deals are needed, only A.A.’s own Alcoholics Anonymous, we give freely of what we found, we serve without any need to police, we mind our own business, we have nothing to sell, and say ‘thank you’ often.

I once met a minister of a large church at an event hosted by local A.A. members. The purpose of the event was to introduce Alcoholics Anonymous to the local professional community. The minister, having read some of the materials provided, remarked how he wished his faith had something similar to A.A.’s Twelve Traditions. He immediately recognized their power.

As members of Alcoholics Anonymous, the Twelve Traditions are part of our inheritance, one of our three legacies. They are a treasure passed down from our founding members, forged on their sometimes painful experience, tempered with an inner strength to survive, and the hope that you and I will carefully guard this treasure for those who will follow. It is a responsibility I have grown to love.

~ Past Delegate James H. (12/17/1993) Bookmarks Group, Corpus Christi, TX

### **Local Stories Wanted for the BENDER**

Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to [cbia@grandecom.net](mailto:cbia@grandecom.net) in a Word document or similar format.

# MINUTES

## CBIA BOARD OF TRUSTEE MEETING

### January 11<sup>th</sup> 2016

#### I. OPENING: (6:00PM)

- **Johnie** opened the meeting with prayer at 6:00 PM.
- **Joe** read the CBIA Mission Statement
- **Jimmy** read the 12 Traditions

#### II. ATTENDANCE:

- **Johnie S.** (*Outgoing Chair*), **Joe R.** (*Outgoing Vice Chair*), **Tom K.** (*Treasurer*), **Ed B.** (*Trustee*), **Ginger S.** (*Trustee*), **Hud H.** (*Incoming Trustee*), **Jimmy M.** (*Trustee*), **Phyllis H.** (*Outgoing Trustee*) and **Rob M.** (*Office Manager*) were present.
- **L.J. D.** (*Incoming Trustee*), **Laurie H.** (*Incoming Trustee*), and **Kelly J.** (*Asst Office Manager*) were not present.

#### III. MINUTES: Minutes of Board Meeting of December 14<sup>th</sup> 2015 were reviewed.

- **Tom** moved to approve the minutes as read. Ginger seconded. Motion carried.

#### IV. FINANCIAL REPORTS: Tom presented the Financial Report.

- **December 2015**
  - **Balance Sheet:** Total CBIA funds as of 12.31.2015 were \$18909.23: \$50 in Petty Cash; \$1747.66 in Checking; \$12601.51 in Prudent Reserve and \$4509.86 in the Jamboree Account.
  - **Profit & Loss:**
    - **Group & Individual Contributions \$565.73**

**Note:** 14 of 33 local (Corpus Christi) groups contributed to CBIA. YTD 38 of 113 groups contributed to CBIA.
    - **Sales:** (*Books, Chips & Medallions*) \$1039.00 (*less cost of Goods Sold \$742.40*) Gain for books etc. for Dec. \$296.60.
    - **Social Events:** Total Income \$50.00. Expenses were \$320.00 for a Net Loss of \$270.00

*Note:* New Year's Dance income will be reported in January 2016 while some costs are reported in December 2015.
    - **Gross Gain:** Sales & Social Events & Contributions: \$592.33
    - **Total Expenses:** \$3076.61.
    - **Net Loss for the month of December 2015:** \$2484.28.
- **Annual Profit & Loss for 2015:**
  - **Total CBIA Income for 2015** was \$48501.70. Contributions: \$13693.06 – Miscellaneous Income: \$82.77 – Jamboree Contribution: \$14739.00 – Social Events: \$3236.24 – Sales: \$16750.63.
    - **Sales:** (*Books, Chips & Medallions*): 16750.53 (*less cost of goods sold \$11985.31*); Gain for Books, etc. for 2015: \$4765.32.
    - **Social Events:** Total Income: \$3236.24; Less Expense of \$1145.00 for a Net Gain of \$2091.24
  - **Total Income:** \$48501.70
  - **Total Cost of Goods Sold:** \$13294.31
  - **Total Expenses:** \$35330.74
  - **Net Loss for 2015:** \$122.09
    - **Phyllis** moved to approve the financial report as presented. **Ginger** seconded. Motion carried.

- V. **Elections:** **Johnie** conducted the election of the new Chairperson and Vice Chairperson.
- **Ed B.** will be Chairperson for 2016.
  - **Ginger S.** will be Vice Chairperson.
- V. **COMMITTEES:** **Ed** presided over selection of committee trustees for 2016
- **12-Step:** **L.J.**
  - **Archives:** **Ginger**
  - **Bilingual:** **Hud**
  - **Coastal Bender:** **Ed**
  - **Corrections/Treatment Facilities:** **Hud**
  - **Group Outreach:** **Tom**
  - **Jamboree:** **Jimmy**
  - **Nominations:** **Jimmy**
  - **Public Information/Cooperation with Professional Community:** **Ginger**
  - **Social:** **Laurie**
  - **Web Site:** **Tom**
    - **Tom** moved to approve the committee assignments by acclamation. **Jimmy** seconded. Motion carried.
- VI. **OFFICE REPORT:**
- A. Office Update – Rob indicated he had nothing to report.
- VII. **OLD BUSINESS:**
- **New Year's Eve Dance.** **Ginger** said the dance was a great success and made a profit of \$1,016.63.
  - **Jamboree Committee.** **Jimmy** said everything was coming together for the Jamboree January 22<sup>nd</sup> – 24<sup>th</sup>.
  - **Literature Contributions to Jamboree.** **Rob** said we have historically contributed books to the Jamboree for raffle baskets (*2 baskets of books with a retail value of \$65.00 each*) and Big Books for the Sobriety Countdown (*3 hardcover big books with a retail value of \$11.00 each*).
    - **Tom** moved to approve giving \$163.00 of AA & Grapevine Literature to the Jamboree. **Jimmy** seconded. Motion carried.
- VIII. **NEW BUSINESS:**
- NONE
- IX. **NEXT MEETING:**
- Next CBIA Board of Trustees meeting Monday February 8<sup>th</sup> at 6:00 PM in the CBIA Office.
- X. **NEXT QUARTERLY MEETING:**
- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday January 25th at All Saints Episcopal Church (*3026 S Staples*).
- XI. **CLOSING:** Our Father.
- **Jimmy** moved to adjourn. **Tom** seconded. Motion carried.
  - **Ed** closed the meeting with prayer at **7:20 PM**.

Respectfully submitted,

***Rob M.***

Office Manager

# MINUTES

## Coastal Bend Intergroup Quarterly Association Meeting

### 25 January 2016

#### I. OPENING: (6:00PM)

- Ed opened the meeting with a Moment of Silence followed by Serenity Prayer
- Jackie read the CBIA Mission Statement
- Kelly read the 12 Traditions

#### II. ATTENDANCE:

- Ed B. (Chair), Ginger S. (Vice Chair), Tom K. (Treasurer), Laurie H. (Trustee), Taylor H. (Trustee), Rob M. (Office Manager), Kelly J. (Asst Office Manager), James H. (Bookmarks), Eileen H. (Cullen Mall), and Sharon S. (New Women) were present.
- Jimmy M. (Trustee) and L. J. H. (Trustee) were not present.

#### III. MINUTES:

- Approved minutes of the last Quarterly Meeting (October 26<sup>th</sup> 2015) were reviewed.
- Minutes of the last Board of Trustees meeting (January 11<sup>th</sup> 2016) were reviewed.
  - Tom said the minutes should be modified to note he brought up at the January Board Meeting that his motion to add Web Site and Outreach Committees was omitted from the minutes of the March Board Meeting and should be included here.
  - Minutes of the March 2015 Board of Trustees Meeting are hereby amended to say that Tom moved to add an Outreach Committee and a Web Site Committee with Tom as Trustee for both. Motion was seconded and carried.
  - Tom moved to approve the minutes as modified. Ginger seconded. Motion carried.

#### IV. FINANCIAL REPORT: Tom presented the approved Financial Report for December and 2015:

- December 2015
  - Balance Sheet: Total CBIA funds as of 12.31.2015 were \$18909.23: \$50 in Petty Cash; \$1747.66 in Checking; \$12601.51 in Prudent Reserve and \$4509.86 in the Jamboree Account.
  - Profit & Loss:
    - Group & Individual Contributions \$565.73  
**Note: 14 of 33 local (Corpus Christi) groups contributed to CBIA. YTD 38 of 113 groups contributed to CBIA.**
    - Sales: (Books, Chips & Medallions) \$1039.00 (less cost of Goods Sold \$742.40) Gain for books etc. for Dec. \$296.60.
    - Social Events: Total Income \$50.00. Expenses were \$320.00 for a Net Loss of \$270.00  
**Note: New Year's Dance income will be reported in January 2016 while some costs are reported in December 2015.**
    - Gross Gain: Sales & Social Events & Contributions: \$592.33
    - Total Expenses: \$3076.61.
    - Net Loss for the month of December 2015: \$2484.28.
- Annual Profit & Loss for 2015:
  - Total CBIA Income for 2015 was \$48501.70. Contributions: \$13693.06 – Miscellaneous Income: \$82.77 – Jamboree Contribution: \$14739.00 – Social Events: \$3236.24 – Sales: \$16750.63.
    - Sales: (Books, Chips & Medallions): 16750.53 (less cost of goods sold \$11985.31); Gain for Books, etc. for 2015: \$4765.32.
    - Social Events: Total Income: \$3236.24; Less Expense of \$1145.00 for a Net Gain of \$2091.24
  - Total Income: \$48501.70
  - Total Cost of Goods Sold: \$13294.31
  - Total Expenses: \$35330.74
  - Net Loss for 2015: \$122.09

**V. TRANSITIONS:**

- **Ed** expressed gratitude and thanks to **Johnie S.** outgoing Chairperson and PI/CPC and Archives Trustee and our outgoing trustees: **Joe R.** (*Vice Chair and Corrections and Bilingual Trustee*) and **Phyllis H.** (*12 Step Trustee*). Service well done.
- **Ed** introduced himself as our newly elected CBIA Chairperson – **Ed B.** (*Goliad Open Arms Group*); Vice Chairperson – **Ginger S.** (*CC-Cullen Mall Group*); and newly elected trustees: **Hud H.** (*Beeville Shepherd's Group*), **L.J. D.** (*Falfurrias 2<sup>nd</sup> Chance Group*), and **Laurie H.** (*CC-Flour Bluff Unity Group*).

**VI. Introductions of Committee Trustees:**

- **12th Step:** **L.J.** was not present.
- **Archives:** **Ginger** said Hank S. asked her to contact Marie A. about some archival material he had given her. Our next Archives display will be at Founders Day.
- **Bilingual:** **Hud** had nothing to report.
- **Coastal Bender:** **Ed** said the January Bender went out on time and looked good to him.
- **Corrections Facilities:** **Hud** said he attended the San Antonio Central Service Office's bi-monthly Corrections Conference. He continues to support the Friday meeting at the state prison in Beeville. He said he would attend meetings past Corrections Trustee Joe R. supported. He will attend the Area 68 Corrections Conference on February 19-21 in S. Padre Island. Rob said he would provide Hud phone numbers for DCM's in the Coastal Bend area.
- **Jamboree:** **Jimmy** was not present. Rob said the Jamboree was a spectacular success with 797 people registered.
- **Nominations:** **Jimmy** was not present. Potential trustees will be needed for election at the October Quarterly Meeting.
- **Outreach:** **Tom** said about 30% of groups in the coastal bend area contribute to CBIA. He said he has formed a committee of six people to divide up and contact groups. They will meet again on February 7<sup>th</sup>. He said he will write up proposed standing rules. Eileen asked why there are not more groups at quarterly meetings. Tom said you have to ask people to participate in service work.
- **PI/CPC:** **Ginger** said having a booth at the Nueces County Medical Society's annual health fair was under consideration, although they have moved the event from August to January.
- **Social:** **Laurie** said the next social event is Founder's Day. She said she would contact All Saints to schedule their Labyrinth Room for the event.
- **Web Site:** **Tom** said we are close to implementing the new web site, which will have a DONATE function allowing one-time and recurring contributions and a robust meeting finder function. It will be compatible with mobile devices. Tom said he was considering putting Jamboree and other speaker MP3's on the web site. Rob said the board and maybe the association need to vote on that, because of anonymity concerns. James said you should contact GSO for collective experience with this. Rob said CBIA lets AA members check out Jamboree Speaker CD's.

**VII. Old Business:**

None.

**VIII. New Business:**

- None.

**IX. NEXT MEETINGS:**

- **Board of Trustees Meeting:** Monday March 14<sup>th</sup> 2016 at 6:00PM at the CBIA Office.
- **Quarterly Coastal Bend Intergroup Association Meeting:** April 25<sup>th</sup> 2016 at 6:00PM at All Saints Episcopal Church (*3026 S. Staples in Corpus Christi*)

**X. CLOSING**

- **Eileen** moved to adjourn. **Tom** seconded. Motion carried.
- **Ed** closed the meeting with prayer at 7:00 PM.

Respectfully submitted,

**Rob M.**

Office Manager



# *Bender Bits & Pieces*



## **Special Events**

### **SW Texas Area 68 Pre-General Serv. Conf. Voting Assembly (Apr 8-10 in Kerrville)\***

If you are a General Service Representative (GSR) you should consider attending this voting assembly in Kerrville. Each group gets a vote in the business of AA. (See attached flier for details.)

### **Founders Day (Saturday June 11th in CC)**

This popular event will again be held at All Saints Episcopal Church (3026 S Staples in Corpus Christi) on Saturday, June 11<sup>th</sup>. As in the past, there will be a lunch, a book, CD, and DVD sale, a skit and speakers. Save the date – a flier is not yet available.

### **2016 Texas State AA Convention (June 24<sup>th</sup> – 26<sup>th</sup> 2016 in Austin) \***

The Texas State AA Convention will be held June 24<sup>th</sup> – 26<sup>th</sup> in Austin. (See attached flier for details.)



# *Bender Bits & Pieces*



## **Service Opportunities**

### **CBIA Trustee Election** (*Monday, April 25<sup>th</sup> in CC*) \*

CBIA is looking for a minimum of three nominees to choose from to replace one Trustee who has left the board. Voting for the new incoming trustee will take place at the April 25<sup>th</sup> Quarterly Association Meeting at All Saints Episcopal Church (3026 S Staples in Corpus Christi). If you are interested or know of someone who is, please fill out the attached nomination form and return it to the CBIA office or you can show up and fill out a form at the Quarterly Association Meeting. Essentially, we are looking for someone –

- Sober for two years or more;
- Who has not previously served on the board; and
- Who does not have a conflict of interest (*employee or board member of an organization in the field of alcoholism*)

For further information on what is required of a Trustee contact the CBIA Office. Each group (*IGR or GSR*) and each CBIA Trustee get one vote at this meeting.

### **Volunteers Needed for CBIA Founder's Day**

Get in on the ground floor of producing this fun event (*described above under EVENTS*). The initial organizational meeting of the 2016 Founder's Day Team will be 2:00-3:00 PM on Saturday March 12<sup>th</sup> at New Phoenix (5433 S. Staples, Suite H in the Boardwalk in Corpus Christi). Diverse service opportunities are available including people to help plan speaker meetings, a sobriety skit, lunch, entertainment and more.

Donations of used books, CD's (speaker or music), and DVD's are needed, as well as stuff for raffle baskets. Donated items can be dropped off at the CBIA office (3833 S. Staples, Suite S-212 in Corpus Christi).

### **Local Stories Wanted for the BENDER**

Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to [cbia@grandecom.net](mailto:cbia@grandecom.net) in a Word document or similar format.





# *Bender Bits & Pieces*



## Service Opportunities (Continued)

### Helpline / 12 Step List

The Helpline is staffed by volunteers who are making sure that the hand of AA is available 24 hours a day in the Coastal Bend area by answering the phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday; or 8 AM Sunday to 8 AM Monday). A minimum of six months sobriety is required to answer the phones. The helpline is pretty well staffed at present.

If someone needs help beyond meeting information, the helpline passes them to someone on the 12-Step List for a longer conversation and maybe a visit to discuss how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12-Step List. We can always use more people on the 12-Step List. We especially need people (*particularly women*) in the surrounding area (*like Beeville and Alice*). If you would like to be on the 12-Step List or on the Helpline, call Rob or Kelly at the CBIA Office (361) 992-8911 or (866) 672-7029.



# Bender Bits & Pieces



## Service Opportunities (Continued)

### Volunteers Needed to Carry the Message in Corrections Facilities

Volunteers are needed to carry the message to alcoholics in corrections facilities. You must be at least 18 years old and not been in trouble with the law (*arrested, incarcerated, pending, etc.*) for at least 18 months. Men work with men and women work with women.

#### SATF – Corpus Christi

- **Attend Meetings** to support separate men's and women's meetings at 8:00 PM on alternate Fridays. (*NA provides meetings every other Friday.*) (*New development: prior clearance is now required to attend meetings at SATF.*)
- **Activity Sponsors** take people to meetings once a week or so. (*Minimum one year sober and prior clearance.*)
- **Step Sponsors** work the steps with people. (*Minimum two years sober and prior clearance.*)

#### Avalon (Formerly Reality Ranch) – Corpus Christi

- **Attend Meetings** to support a men's meeting at 8:00 PM every Sunday. (*Prior clearance is required.*)

#### Live Oak County Jail – George West

- **Attend Meetings** to support a men's meeting at 7:00 PM every Wednesdays. (*Prior clearance is required.*)

If you are interested in any of these service opportunities, call the CBIA Office (361) 992-8911 during business hours (*M-F 7:30 – 11:30 AM and 1:30 – 5:30 PM*)

Where clearance is required, provide us your full name, as it appears on your driver's license and your driver's license number and state at least a week prior to service.



# *Bender Bits & Pieces*



## District Meetings

### District 7 (Saturday, March 19<sup>th</sup> in Victoria)

District 7's next meeting will be on Saturday, March 19<sup>th</sup> at 9:00 AM at Christ the Victor Church (202 Stanly in Victoria).

### District 8C Next Meeting (Saturday, March 19<sup>th</sup> in Kingsville)

District 8C's next meeting will be on Saturday, March 19<sup>th</sup> at 1:30 PM. The meeting will be held at the Serenity Club (819 N. Third Street in Kingsville).

### District 8D Next Meeting (Saturday March 19<sup>th</sup> in CC)

District 8D's next meeting will be at 2:00 PM on Saturday, March 19<sup>th</sup> at New Phoenix (5433 S. Staples, Suite F, in Corpus Christi).

### District 8E (Saturday, March 19<sup>th</sup> in CC)

District 8E will meet at 2:00 PM on Saturday, March 19<sup>th</sup> at the Anchor Club (320 Anchor St. in Corpus Christi).

### District 15 Next Meeting (Saturday, March 19<sup>th</sup>)

District 15's next meeting will be at 2:00 PM on Saturday, March 19<sup>th</sup>, at 814 Wharf Street in Rockport.



# *Bender Bits & Pieces*



## **Group / Meeting Changes**

### **Just for Today Group Relocates** *(New Location in Corpus Christi) (2)*

The Just for Today Group has relocated from 4610 Kostoryz to 3309A Ayers (*next to Tim's Market*) in Corpus Christi. They have meetings at 5:30 and 8:00 PM Monday thru Friday. On Saturday, they have meetings at 2:00, 8:00 and 10:00 PM. (*10 PM is a candle light meeting.*). They have a 1:00 PM meeting on Sunday.

### **Port A Daytrippers** *(New Location in Port Aransas) (2)*

The Port A Daytrippers has relocated from 100 N. Station Street to 113 S. Alister Street (*Community Presbyterian Church Annex*) in Port Aransas. They have noon meetings Monday through Friday.

### **The Lucky Ones** *(New Format for Monday Night in CC) (2)*

The Lucky Ones has changed the format of its 7:00 PM Monday night meeting to Closed Big Book (*CBB*). They also have Open Discussion (*OD*) meetings at 7:00 PM on Tuesdays and Thursdays. They meet at the Community of Faith Church in Room 16 (*6606 Weber Road at Saratoga in Corpus Christi*).



# *Bender Bits & Pieces*



## Addresses for Group Contributions for 2016-2018

### Coastal Bend Intergroup (Suggested 50% \*)

#### **CBIA**

3833 S. Staples Suite S-212  
Corpus Christi, TX 78411

### Districts (Suggested 10% \*)

#### **District 7 Treasurer**

P.O. Box 5324  
Victoria, TX 77903

#### **District 8C Treasurer**

P.O. Box 821  
Kingsville, TX 78364

#### **District 8D Treasurer**

P.O. Box 61135  
Corpus Christi, TX 78466

#### **District 8E Treasurer**

5757 S. Staples #820  
Corpus Christi, TX 78413

#### **District 15 Treasurer**

406 Cascades Dr.  
Rockport, TX 78382

### Area 68 Southwest Texas (Suggested 10% \*)

#### **SWTA 68 Treasurer**

P.O. Box 720651  
McAllen, TX 78504

### General Service Office (Suggested 30% \*)

#### **GSO**

**P.O. Box 459**  
**New York, NY 10163-0459**

\* Suggested percentages are from AA Pamphlet F-3, **SELF-SUPPORT: Where Money and Spirituality Mix** (Available on our web site: [cbiaa.org](http://cbiaa.org) under DONATE). Group Contributions are always at the discretion of the group conscience.



# Bender Bits & Pieces



## Save the Dates

*(Future Events - Fliers included for events flagged with an \*.)*

**2016 SW Texas Area 68 Pre-GSC Assembly** (April 8<sup>th</sup> -10<sup>th</sup> in Kerrville) \*

**2016 CBIA Founders Day** (Saturday June 11th in CC)

**2016 Texas State AA Convention** (June 24<sup>th</sup> – 26<sup>th</sup> 2016 in Austin) \*

**2016 SW Texas Area 68 Summer Workshop** (July 8<sup>th</sup> - 10<sup>th</sup> in Round Rock)

**2016 SW Texas Area 68 Fall Voting Assembly** (October 7<sup>th</sup> - 9<sup>th</sup> in Corpus Christi)

**2017 Coastal Bend Jamboree** (January 20<sup>th</sup> – 22<sup>nd</sup> 2017 in Corpus Christi)

## AA Meeting Schedules for Our Area

Current AA meeting schedules for areas serviced by the Coastal Bend Intergroup are attached:

- **AA Meetings in Corpus Christi \***
- **AA Meetings in CC Surrounding Area \***
- **AA Meetings in Victoria & Surrounding Area \***

**Coastal BENDER Mission Statement**

Our primary purpose is to carry the AA message to the still suffering alcoholic. A secondary purpose of The Bender is to keep the CBIA Area of South Texas informed as to the events, meeting changes, Board of Trustee actions / decisions, and other news of interest to AA's in the area. Finally, as a newsletter we provide a forum for the broad spectrum of views held by our members. Publication of any article submitted will be at the discretion of the Bender Editor as advised by the CBIA Board. A controversial subject, as long as it does not concern an outside issue and involves principles and not personalities, will be considered for publication. As a general guideline, any letter or article that is of interest to members of AA and in good taste is worthy of publication. However, an article or letter that advocates ignoring or violating the Traditions, Concepts, or General Service Conference actions will not be considered for publication. All decisions will be made under the direction of God as expressed through our group conscience.



|            |                     |            |          |
|------------|---------------------|------------|----------|
| Michael S. | Hilltoppers         | 03/01/1989 | 27 Years |
| Ramon M.   | New Life Group      | 03/03/1981 | 35 Years |
| Walter B.  | Just for Today      | 03/03/1983 | 33 Years |
| John W.    | Weber Nooners Group | 03/04/2000 | 16 Years |
| Kelly J.   | New Phoenix Group   | 03/04/2006 | 10 Years |
| Carole     | District 15         | 03/05/2005 | 11 Years |
| Milt Y.    | Hilltoppers         | 03/09/1989 | 27 Years |
| Rogers B.  | Turning Point       | 03/09/1998 | 18 Years |
| Rita S.    | Bookmarks           | 03/13/1977 | 39 Years |
| Maggie S.  | District 15         | 03/17/1976 | 40 Years |
| Lenny G.   | District 15         | 03/17/1982 | 34 Years |
| John R.    | District 15         | 03/17/1987 | 29 Years |
| Joe C.     | Hilltoppers         | 03/18/1981 | 35 Years |
| Ramsey     | District 15         | 03/20/1978 | 38 Years |
| Mary C.    | New Women's Grp     | 03/22/1992 | 24 Years |
| Elise      | District 15         | 03/24/1985 | 31 Years |
| Steve S.   | District 15         | 03/27/2008 | 8 Years  |
| Leah S.B.  | Sunset 7            | 03/30/2006 | 10 Years |

Don't see your group's birthdays? For best results e-mail your birthday to CBIA at [cbia@grandecom.net](mailto:cbia@grandecom.net).

**February 2016**

|                             | <b><u>OFFICE HOURS/Dist. 7</u></b> | <b><u>AFTER HOURS</u></b> | <b><u>YEAR TO DATE</u></b> |
|-----------------------------|------------------------------------|---------------------------|----------------------------|
| 12 <sup>TH</sup> STEP CALLS | 4                                  | 0/0                       | 7/1                        |
| INFORMATIONAL CALLS         | 125                                |                           |                            |

*After Hours only tracks 12th Step calls.*

### Intergroup Meetings

**CBIA Board of Trustees Monthly Meeting** will be held Monday March 14<sup>th</sup> at 6:00 PM in the CBIA Office (3833 S. Staples, Suite S-212).

**CBIA Quarterly Association Meeting** will be held Monday April 25<sup>th</sup> 2016 at 6:00 PM at All Saints Episcopal Church (3026 S. Staples in CC). Each group gets a vote at this meeting.

### District Meetings

See Bits & Pieces section for information on district meetings in the Coastal Bend area:

- District 7** (Victoria Area)
- District 8C** (Kingsville - Alice Area)
- District 8D** (Corpus Christi Area)
- District 8E** (Corpus Christi Area)
- District 15** (Portland, Port A, AP, Rockport Area)

### Group Announcements

**New Phoenix Group Conscience** is held the last Sunday of the month at 2:00PM. **Birthday Night** is first Saturday of the month at 8:00PM. **Potluck Supper** is second Saturday of the month at 7:00 PM. (5433 S. Staples, Suite F in The Boardwalk.)

**Hilltoppers Group Conscience** is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

**Weber Road Nooners Group Conscience** is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are celebrated the first Monday of each month at noon. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

**Calallen Group Conscience** is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthday Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

**Flour Bluff Unity Group Conscience** is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

**Turning Point Group Conscience** is held the 1<sup>st</sup> Wednesday of each month. **Birthday Meeting** is last Saturday of the month.

| Group Contributions                      |           |            |
|--|-----------|------------|
| GROUP NAME                               | Feb. 2016 | YTD 2016   |
| Alice Group                              |           |            |
| Anonymous/Individual Contribution        | 16.00     | 21.59      |
| Aransas Pass Group                       |           |            |
| Beeville-Freedom Group                   |           |            |
| Beeville-Hope Group                      |           |            |
| Beeville-Serenity Group                  |           |            |
| Beeville-Shepherd's Group                |           |            |
| CC-Alanos                                |           |            |
| CC-Bookmarks Group                       |           |            |
| CC-Calallen Group                        |           |            |
| CC-Clean & Serene Group                  |           |            |
| CC-Crosstown Group                       |           |            |
| CC-Cullen Mall Group                     |           |            |
| CC-Daily Reprieve Group                  |           |            |
| CC-Day of AA                             |           |            |
| CC-Early Morning Fellowship              |           |            |
| CC-Fellowship Group at Charlie's Place   |           |            |
| CC-Fifth Tradition Group                 |           |            |
| CC-Flour Bluff Unity Group               |           |            |
| CC-Friday Night Speaker Meeting          |           |            |
| CC-Hilltoppers Group                     |           |            |
| CC-Humility Group                        |           |            |
| CC-Just for Today Group                  |           |            |
| CC-Mountain Toppers                      | 50.00     | 50.00      |
| CC-Newcomers Meeting                     |           |            |
| CC-New Life Group                        |           |            |
| CC-New Phoenix Group                     | 32.00     | 60.50      |
| CC-New Women's Group                     | 51.22     | 123.76     |
| CC-Oso Group                             |           |            |
| CC-Primary Purpose Group                 |           |            |
| CC-Rodd Field Group                      |           |            |
| CC-Sunset 7 Group (N Padre Island)       |           | 150.62     |
| CC-Turning Point Group                   |           |            |
| CC-Weber Road Nooners Group              |           | 490.97     |
| CC-Wenholz Women's Group                 |           |            |
| CC-Young & Restless (Final Distribution) |           | 163.00     |
| District7                                |           |            |
| Falfurrias-2nd Chance Group              |           | 30.00      |
| Goliad-Open Arms Group                   | 45.83     | 45.83      |
| Ingleside-Living Sober Group             |           |            |
| Karnes City-Mayfield Group               |           |            |
| Kingsville-AL-K Group                    |           |            |
| Mathis -Crossroads Group                 |           |            |
| Port Aransas -Port A Day Tripper's Group |           |            |
| Port Aransas Group                       | 100.00    | 100.00     |
| Port Aransas-Serenity Sisters            |           |            |
| Port Lavaca Group                        | 30.39     | 30.39      |
| Port O'Connor Group                      |           |            |
| Portland -Jaywalkers Group               |           |            |
| Portland -Nueces Bay Group               |           |            |
| Riviera-SASTO Group                      |           |            |
| Robstown Group                           |           |            |
| Rockport-Anything Goes Group             |           |            |
| Rockport-Happy Hour Group                |           | 40.00      |
| Rockport-Fellowship Group                |           | 300.44     |
| Sandia Group                             |           |            |
| Sinton-Grupo Secunda Chanza              |           |            |
| Skidmore Group                           |           |            |
| Three Rivers-Choke Canyon Group          |           | 25.00      |
| Victoria-Back to Basics Group            |           |            |
| Victoria-High Nooners Group              |           |            |
| Victoria-Main Stream Group               |           |            |
| Victoria-Men's Group                     |           |            |
| Victoria-Unity Group                     |           |            |
| Victoria-Women's Group                   |           |            |
| Yorktown Group                           |           | 20.00      |
| TOTAL                                    | \$325.44  | \$1,652.10 |



## Coastal Bend Intergroup Association Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list

whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

## Coastal Bend Intergroup Association Services Provided

1. Maintains an office which is open Monday through Friday from 07:30AM to 11:30AM & 1:30PM to 05:30PM.
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12 Step listing and calls individuals for 12 Step work.
4. Provides an A.A. listing in the Telephone directory.
5. Provides a 24 hour volunteer phone answering during hours when the office is closed.
6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
8. Purchases and sales "CONFERENCE APPROVED" literature, and non-conference approved Anniversary Medallions, Sobriety Chips.
9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
11. Maintains service committees for service work in the Coastal Bend Area.