

THE BENDER

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 www.cbiaa.org

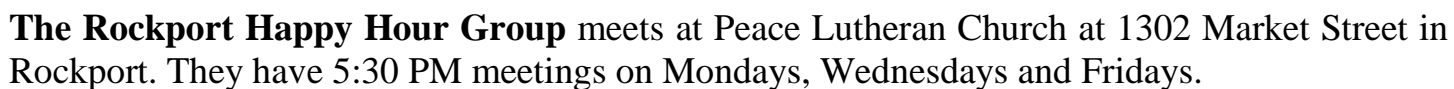
*"When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that I am responsible."**



The Anchor Club (320 Anchor Street in Corpus Christi) is the home of the **Flour Bluff Unity Group**. They have a noon meeting Monday thru Saturday; an 11:00 AM meeting on Sunday; an 8:00 PM meeting on Monday, Wednesday, Friday and Saturday. They have 6:00 PM meetings on Tuesday, Thursday and Sunday and a 6:00 PM men's meeting on Saturday. They have family game night from 9:00 to 11:00 PM on Saturday. The first Saturday of each month they have a potluck at 7:00 PM and a birthday meeting at 8:00 PM.



The Goliad Open Arms Group meets in the Catholic Church at 238 N. Commercial Street in Goliad. They have 6:00 PM meetings on Mondays and Thursdays.



The Rockport Happy Hour Group meets at Peace Lutheran Church at 1302 Market Street in Rockport. They have 5:30 PM meetings on Mondays, Wednesdays and Fridays.

How to Listen to God

(This was an original OXFORD GROUP pamphlet distributed in the 1930's)

These are a few simple suggestions for people who are willing to make an experiment. You can discover for yourself the most important and practical thing any human being can ever learn -- how to be in touch with God.

All that is needed is the willingness to try it honestly. Every person who has done this consistently and sincerely has found that it really works.

Before you begin, look over these fundamental points. They are true and are based on the experience of thousands of people.

- God is alive. He always has been and He always will be.
- God knows everything.
- God can do anything.
- God can be everywhere -- all at the same time. *(These are important differences between God and us human beings.)*
- God is invisible -- we can't see Him or touch Him. He is with you now. He is beside you. He surrounds you. He fills the room or the whole place where you are right now. He is in you now. He is in your heart.
- God cares very much for you. He is interested in you. He has a plan for your life. He has an answer for every need and problem you face.
- God will tell you all that you need to know. He will not always tell you all that you want to know.
- God will help you do anything that He asks you to do.

Anyone can be in touch with God, anywhere and at any time, if the conditions are observed. These are the conditions:

- To be quiet and still.
- To listen
- To be honest about every thought that comes.
- To test the thoughts to be sure that they come from God
- To obey.

So with these basic elements as a background, here are specific suggestions on how to listen to God:

- **TAKE TIME** - Find some place and time where you can be alone, quiet, and undisturbed.
- **RELAX** - Sit in a comfortable position. Consciously relax all your muscles. Be loose. There is no hurry. There needs to be no strain during these minutes. God cannot get through to us if we are tense and anxious about later responsibilities.
- **TUNE IN** - Open your heart to God. Either silently or aloud, just say to God in a natural way that you would like to find His plan for your life--you want His answer to the problem or situation that you are facing just now. Be definite and specific in your request.
- **LISTEN** - Just be still, quiet, relaxed and open. Let your mind go "loose". Let God do the talking. Thoughts, ideas, and impressions will begin to come into your mind and heart. Be alert and aware and open to everyone.

- **WRITE** - Here is the important key to the whole process. Write down everything that comes into your mind. Everything. Writing is simply a means of recording so that you can remember later. Don't sort out or edit your thoughts at this point.

Don't say to yourself:

- This thought isn't important;
- This is just an ordinary thought;
- This can't be guidance;
- This isn't nice;
- This can't be from God;
- This is just me thinking . . . etc.

Write down everything that passes through your mind:

- Names of people;
- Things to do;
- Things to say;
- Things that are wrong and need to be made right.

Write down everything:

- Good thoughts - bad thoughts;
- Comfortable thoughts - uncomfortable thoughts;
- "Holy" thoughts - "unholy" thoughts;
- Sensible thoughts - "crazy" thoughts.

Be honest! Write down everything! A thought comes quickly, and it escapes even more quickly unless it is captured and put down.

- **TEST** - When the flow of thoughts slows down, stop. Take a good look at what you have written. Not every thought comes from God. So we need to test our thoughts. Here is where the written record helps us to be able to look at them.
 - Are these thoughts completely honest, pure unselfish and loving?
 - Are these thoughts in line with our duties -- to our family -- to our country?
 - Are these thoughts in line with our understanding of the teachings found in our spiritual literature?
- **CHECK** - When in doubt and when it is important, what does another person who is living two-way prayer think about this thought or action? More light comes in through two windows than one. Someone else who also wants God's plan for our lives may help us to see more clearly. Talk over together what you have written. Many people do this. They tell each other what guidance has come. This is the secret of unity. There are always three sides to every question--your side, my side, and the right side. Guidance shows us which is the right side. Not who is right, but what is right.
- **OBEY** - Carry out the thoughts that have come. You will only be sure of guidance as you go through with it. A rudder will not guide a boat until the boat is moving. As you obey, very often the results will convince you that you are on the right track.

- **BLOCKS?** What if I don't seem to get any definite thoughts? God's guidance is as freely available as the air we breathe. If I am not receiving thoughts when I listen, the fault is not God's. Usually it is because there is something I will not do:
 - Something wrong in my life that I will not face and make right;
 - A habit or indulgence I will not give up;
 - A person I will not forgive;
 - A wrong relationship in my life I will not give up;
 - A restitution I will not make;
 - Something God has already told me to do that I will not obey.

Check these points and be honest. Then try listening again.

- **MISTAKES** Supposing I make a mistake and do something in the name of God that isn't right? Of course we make mistakes. We are humans with many faults. However, God will always honor our sincerity. He will work around and through every honest mistake we make. He will help us make it right. But remember this: some times when we do obey God, someone else may not like it or agree with it. So when there is opposition, it doesn't always mean you have made a mistake. It can mean that the other person doesn't want to know or do what is right. Supposing I fail to do something that I have been told and the opportunity to do it passes. There is only one thing to do. Put it right with God. Tell Him you're sorry. Ask Him to forgive you, then accept His forgiveness and begin again. God is our Father--He is not an impersonal computer. He understands us far better than we do.
- **RESULTS?** - We never know what swimming is like until we get down into the water and try. We will never know what this is like until we sincerely try it. Every person who has tried this honestly finds that a wisdom, not their own, comes into their minds and that a Power greater than human power begins to operate in their lives. It is an endless adventure. There is a way of life, for everyone, everywhere. Anyone can be in touch with the living God, anywhere, anytime, if we fulfill His conditions.
 - When man listens, God speaks.
 - When man obeys, God acts.

This is the law of prayer. God's plan for this world goes forward through the lives of ordinary people who are willing to be governed by Him.

- Chaplain John E. Batterson

Step 11 – Prayer & Meditation

Step 11: Sought through prayer and meditation to improve our conscious contact God as we understood Him, asking only for knowledge of His will for us and the power to carry that out.

Prayer is talking to God.

I believe there are two kinds of prayer:

- **HELP and**
- **THANK YOU.**

Help Prayers

- I ask God to keep me sober today each morning.
- I ask Him to bless each of the people in my life and anyone I am concerned about with health and happiness, peace and prosperity. I do not ask Him to make them well; I do not ask Him to get them to do what I think they should do; -- just to bless them as He sees fit. *(If I cannot control myself and feel I really must ask for something specific, I add 'If it be Your will.')*
- I ask Him to let me know what He wants me to do; to give me the desire and the discipline to carry it out; to provide me whatever resources I need; and to remove any character defects that get in the way.

My experience suggests that God does not go where He is not invited. If I do not invite God into my day, I am on my own and that is not pretty. Before long I have got my knickers in a twist.

Thank You Prayers

- I thank God for keeping me sober each night.
- I thank God for the things on my standing gratitude list -- for things like sobriety and AA and the people in my life. The things I can be grateful for every day.
- Then I do a few minutes of gratitude du jour. I have learned to go quickly here -- if I dawdle, my mind can turn something new and good into something old and bad. Instead of just appreciating my 'new' car, my mind can head south and dwell on what happened to the 'old' car.

Meditation is listening to God.

This can be a guided meditation -- like something somebody reads to me in a workshop or an inspiring piece I read, a page in DAILY REFLECTIONS.

Or it can be a freestyle meditation where I quiet my mind so I can hear the quiet, gentle voice. BE STILL AND KNOW THAT I AM GOD. This is easiest to do this when I first awaken -- before my mind is off and running. Later in the day I need to work at quieting my mind with something like Yoga, progressive relaxation or deep breathing exercises. Then I just let the thoughts drift through my mind without evaluating them and write them down as they occur. When the thoughts stop, I look over what I've written, deleting any selfish or self-seeking thoughts my ego slipped in. If it's really important or if I am confused about something, I discuss it with somebody else who meditates. This is so productive I can't tell you why I don't do it every day, but I don't.

I believe this step comes where it does, because I needed to clear away the wreckage of the past and the wreckage of the past day before I had a quiet mind. Until then, the voice of my disease was screaming too loud to hear the quiet, gentle voice of my Higher Power. I don't have to go to a silent monastery and walk the cloisters. In the words of the Desiderata, Step 11 makes it possible to "Go placidly amid the noise and haste."

I used to think having balance in my life meant rotating my obsessions. Now I think balance means having a quiet center.

The way I have most often sabotaged the eleventh Step is by worrying. I believe that all thought is prayer and therefore worry is a prayer for something I don't want. When I pray and worry about something, I am giving God mixed messages and clogging the channel. If you are going to pray, why worry? If you are going to worry, why pray? More often these days, I choose to pray and not worry.

~ Rob M. (2.24.1985) Weber Road Nooners Group, Corpus Christi, TX

MINUTES

CBIA BOARD OF TRUSTEE MEETING

September 11th 2017

I. OPENING:

- **Les** opened the meeting with a Moment of Silence followed by Serenity Prayer at 6:00 PM.
- **Harold** read the CBIA Mission Statement.
- **Hud** read the General Warranties.
- **Franny** read the 12 Traditions.

II. ATTENDANCE:

- **Les M.** (*Chair*), **Hud H.** (*Vice Chair*), **Harold B.** (*Financial Trustee*), **Franny J.** (*Trustee*), **Jimmy V.** (*Trustee*), **Laurie H.** (*Trustee*), **Tony R.**, (*DCM - District 15*) and **Rob M** (*Office Manager*) were present.
- **Jim W.** (*Trustee*) and **Kelly J.** (*Asst Office Manager*) were not present

III. MINUTES:

- Minutes of the Board Meeting of August 14th 2017 were reviewed.
 - **Hud** moved to approve the minutes (*as submitted/as revised*). **Jimmy** seconded. Motion carried.

IV. FINANCIAL REPORTS:

- **Harold** presented the **August Financial Report:**
 - **Balance Sheet:** Total CBIA funds as of August 31st were \$29,547.78; \$50.00 in Petty Cash; \$14,493.86 in Checking; \$12,603.41 in Prudent Reserve and \$2,400.51 in the Jamboree Account.
 - **Profit & Loss** for the month of June: Group & Individual Contributions \$590.37; Gross Sales (*Books, Chips & Medallions*) \$526.75 (*less Cost of Goods Sold \$343.19*); Gross Gain for the month was \$773.93; Total Expenses were \$2,957.04, for a Net Loss of \$2,183.11 for the month.
- **Hud** moved to approve the financial report. **Jimmy** seconded. Motion carried.

V. COMMITTEE REPORTS:

- **12th Step:** **Les** said he had nothing to report.
- **Archives:** **Jimmy** said he had nothing to report.
- **Bilingual:** **Jimmy** said he had nothing to report.

- **Coastal Bender:** **Hud** said the Bender went out on time.
- **Corrections/Treatment Facilities:** **Hud** said McConnell has a new warden. Everything else remains the same.
- **Jamboree:** **Franny** said the Committee will select a local speaker and then the Voice and the next meeting.
- **Nominations:** **Franny** said she has 3 people to stand for 3 Trustee positions at the October Quarterly Meeting. She is looking for three more candidates.
- **PI/CPC:** **Jim** was not present.
- **Social:** **Laurie** said the Halloween Dance will be held at All Saints Episcopal Church. Admission will be \$7.00. **Rob** will print tickets for the event. She said the New Year's Eve Dance will be held at Parkway Presbyterian Church.

VI. **OFFICE REPORT:** **Rob** said he had nothing to report.

VII. **OLD BUSINESS:**

- None.

VIII. **NEW BUSINESS:**

- **Tony** talked about the status of AA in his district which was the most affected by Hurricane Harvey. There was discussion about what role if any CBIA should play in hurricane recovery. While individuals in AA can do whatever they want - donating time or money to repair facilities, etc., an AA entity (*like CBIA*) is pretty much limited to replacing lost AA literature. Offers of books and money for books appear to exceed the need. The possibility of Southwest Texas Area 68 getting involved was discussed. **Rob** will determine if the area is willing and able to get involved and in what way.

IX. **STANDING RULES REVIEW** - Skipped.

X. **NEXT MEETING:**

- Next CBIA Board of Trustees meeting will be on Monday October 9th at 6:00 PM in the CBIA Office.

XI. **NEXT QUARTERLY MEETING:**

- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday October 30th at All Saints Episcopal Church (3026 S Staples).

XII. **CLOSING:** Our Father.

- **Hud** moved to adjourn. Jimmy seconded. Motion carried.
- **Les** closed the meeting with prayer at 7:05 PM.

Respectfully submitted,

Rob M.

Office Manager



Bender Bits & Pieces



Holiday Happenings

Thanksgiving at Alanos (*Thursday, November 23rd in CC*)

The Alanos Group will have its annual Gratitude Meeting at the Alanos Cottage (1635 18th Street in Corpus Christi) at 11:00 AM on November 23rd, with a meal afterwards. All are welcome.

Weber Nooners Holiday Meetings at 10:00 AM (*Thursday, Nov. 23rd and Friday, Nov. 24th*)

The Weber Road Nooners Group will have 10:00 AM holiday meetings on Thursday, November 23rd and Friday, November 24th in addition to the regularly scheduled noon meetings on those days and the regularly scheduled 5:30 PM meeting on Thursday. The Weber Road Nooners Group meets on the second floor of Travis Baptist Church (5802 Weber Road at Schanen).

Hilltoppers Will Not Meet on Thanksgiving Day or the Day After (*November 23rd – 24th*)

First Methodist Church (900 S. Shoreline in CC) will be closed on Thanksgiving Day and the day after (*November 23rd – 24th*) and Hilltoppers will not have any meetings those days. The regular meeting schedule will resume at noon on Monday, November 27th.

Dorothy's Group Will Not Meet on Thanksgiving Day (*November 23rd in CC*)

Dorothy's Group, which also meets in First Methodist Church, will not meet on Thanksgiving Day (November 23rd). The regular meeting schedule will resume on Thursday, November 30th.

CBIA Office Will Be Closed on Thanksgiving Day and the Day After (*November 23rd – 24th*)

The Coastal Bend Intergroup Office will be closed on Thanksgiving Day and the day after (*November 23rd – 24th*). Normal office hours will resume on Monday, November 27th. As usual, the Helpline Committee will answer the phones when the office is closed.

Have a Sober Holiday - Tips from the AA Grapevine

Attached are tips from the AA Grapevine for having a Sober Holiday season.



Bender Bits & Pieces



New Trustees Elected to the CBIA Board

The following people were elected to the CBIA Board of Trustees, to serve for two year terms beginning in January 2018:

- Terry M. (*Portland Jaywalkers Group*)
- Rosario T. (*New Phoenix Group*)
- Patricia A. (*New Women's Group*)



Bender Bits & Pieces



Special Events

District 7 Unity Day (November 4th in Victoria) *

District 7 will present Unity Day from 8 AM to 3:00 PM on Saturday, November 4th at Grace Presbyterian Church (3604 N. Ben Jordan in Victoria). The theme will be "We are Not a Glum Lot". Breakfast and Lunch are included. The panel will include a past delegate and three area officers. (See attached flier for more information.) The CBIA mobile book store will be there, selling AA & Grapevine literature, Chips and Medallions.

19th Hispanic Assembly of South Texas (November 10th -12th in CC) *

The 19th Annual Hispanic Assembly of South Texas will be held November 10th - 12th at the Holiday Inn Downtown Marina in Corpus Christi. This conference will be in Spanish with English translators available (See Pages 10-11 for details in Spanish.) There will be a Public Information Event at 10:00 AM on Saturday November 11th as part of the Assembly (See Flier on Page 11).

District 8D Corrections Workshop (November 18th in CC) *

District 8D will host a Corrections Workshop at 3:30 PM on Saturday, November 18th at New Phoenix (5433 S. Staples, Suite H, in Corpus Christi).

District 15 Sponsorship Workshop (November 18th in Portland)

District 15 will host a Sponsorship Workshop at 2:00 PM on Saturday, November 18th at the Trident Club (822 Denver Street in Portland).

2018 Coastal Bend Jamboree (February 2nd - 4th in CC) *

The 2018 Coastal Bend Jamboree will be held February 2nd - 4th, 2018.

HOTEL Reservations

The event will again be held at the Omni Hotel in Corpus Christi. Attached is the registration form. Below is the Omni Hotel information with the code for making phone reservations and the link for making on line reservations. Call the number [1-800-843-6664](tel:1-800-843-6664) (Omni Central Reservation #) and **give group code number** below.

Group Block Name	Group Code	Reservation Dates	Rate/Night	Parking Rate	Deadline for Reservations
2018 Coastal Bend Jamboree	14500813554	Thu., Feb. 1 st – Sun., Feb. 4 th	1 - 4 Guests in Room @ \$121	Current Self Parking - \$12.00 Guests receive 50% Discount	Wed., January 3, 2018

<https://www.omnihotels.com/hotels/corpus-christi/meetings/2018-coastal-bend-jamboree>

Event Registration is now available online at (<http://www.cbjamboree.org/>). The registration form is attached.



Bender Bits & Pieces



Service Opportunities

Volunteers Needed to Carry the Message in Corrections Facilities

Volunteers are needed to carry the message to alcoholics in corrections facilities. You must be at least 18 years old and not been in trouble with the law (*arrested, incarcerated, pending, etc.*) for at least 18 months.

SATF – Corpus Christi

- **Attend Meetings** to support separate men's and women's meetings at 8:00 PM on alternate Fridays. (*NA provides meetings every other Friday.*) (*New development: prior clearance is now required to attend meetings at SATF.*)
- **Activity Sponsors** take people to meetings once a week or so. (*Minimum one year sober and prior clearance.*)
- **Step Sponsors** work the steps with people. (*Minimum two years sober and prior clearance.*)

Avalon (Formerly Reality Ranch) – Corpus Christi

- **Attend Meetings** to support a men's meeting at 8:00 PM every Sunday. (*Prior clearance is required.*)

Live Oak County Jail – George West

- **Attend Meetings** to support a men's meeting at 7:00 PM every Wednesdays. (*Prior clearance is required.*)

If you are interested in any of these service opportunities, call the CBIA Office (361) 992-8911 during business hours (*M-F 7:30 – 11:30 AM and 1:30 – 5:30 PM*)

Where clearance is required, provide us your full name, as it appears on your driver's license, your driver's license number and state and state of issue at least 3 weeks prior to service. You must also indicate which specific meeting(s) you plan to attend.

To volunteer in state prison facilities, you must complete a Department of Criminal Justice training session. This training is very helpful for people who volunteer in any corrections facility, but it is a prerequisite for state jails and prisons. The training is offered in state facilities in Beeville and elsewhere.



Bender Bits & Pieces



Service Opportunities (*Continued*)

Helpline / 12 Step List

The Helpline is staffed by volunteers who are making sure that the hand of AA is available 24 hours a day in the Coastal Bend area by answering the phones overnight (*5 PM to 8 AM*) and on weekends (*8 AM Saturday to 8 AM Sunday; or 8 AM Sunday to 8 AM Monday*). A minimum of six months sobriety is required to answer the phones. The helpline is pretty well staffed at present.

If someone needs help beyond meeting information, the helpline passes them to someone on the 12-Step List for a longer conversation and maybe a visit to discuss how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12-Step List. We can always use more people on the 12-Step List. We especially need people (*particularly women*) in the surrounding area (*like Beeville and Alice*). If you would like to be on the 12-Step List or on the Helpline, call Rob or Kelly at the CBIA Office (361) 992-8911 or (866) 672-7029.



Bender Bits & Pieces



Coastal Bend Area District Meetings

District 7 (Saturday November 18th in Schulenburg)

District 7's next meeting will be on Saturday, November 18th at 9:30 AM at the Expo Building in Wolters Park (901 Kallus in Schulenburg). Service Manual study will be at 9:00 AM.

District 8C (Kingsville Area)

District 8C does not currently have a DCM and no district meetings are scheduled at this time.

District 8D Next Meeting (Saturday November 18th in CC)

District 8D's next meeting will be at 2:00 PM on Saturday, November 18th at New Phoenix (5433 S. Staples, Suite H, in Corpus Christi). There will be a Corrections Workshop at 3:30 PM in the same venue.

District 8E (Saturday, November 4th in CC)

District 8E will meet at 1:30 PM on Saturday, November 4th at the Corpus Christi Christian Fellowship (Multi-Purpose Building at 6602 S. Staples in Corpus Christi).

District 15 (Saturday, November 18th in Portland)

District 15's next meeting will be on Saturday, November 18th 1:00 PM at the Trident Club (822 Denver in Portland). There will be a Sponsorship Workshop at 2:00 PM in the same venue.



Bender Bits & Pieces



Group / Meeting Changes

Blind Faith Group - New Meeting Thursdays in Corpus Christi (1)

The Blind Faith Group will have an open discussion meeting at 7:00 PM on Thursdays at Our Lady of Pilar Church (*1101 Bloomington Street in Corpus Christi*) starting on Thursday, November 9th.

Happy, Joyous & Free - New Meeting Tuesdays in Corpus Christi (1) *

Happy, Joyous & Free now offers an Open Big Book / Step Study at 10:30 AM on Tuesdays at First United Methodist Church (*900 S. Shoreline Blvd, Suite 216, in Corpus Christi.*)

Nueces Bay Group Changes Start Time for Thursday Meeting to 7:00 PM (1)

The Nueces Bay Group will start its Thursday Meeting at 7:00 PM instead of 8:00 PM. They meet at the Trident Club (*822 Denver Street in Portland*).

Free Thinkers Group Adds Monday Meeting & Suspends Tuesday Meeting (1)

The Free Thinkers Group has suspended its 6:00 PM meeting on Tuesdays and added a 7:00 PM meeting on Mondays. They meet at the Unitarian Universalist Church of Corpus Christi (*6901 Holly Road in Corpus Christi*). They also meet at 7:00 PM on Thursdays and at 11:00 AM on Saturdays at the same venue.

Aransas Pass Group Suspends 8 AM & 6 PM Meetings (2)

The Aransas Pass Group has suspended its 8:00 AM (*Wednesday & Saturday*) and 6:00 PM Meetings (*Tuesday & Thursday*). They now meet every day and noon and 8:00 PM and at no other time. Their meetings are held at 202 South 10th Street at Yoakum in Aransas Pass.

Finally Free Group Has Folded (Wednesdays in CC) (2)

The Finally Free Group has folded. They had a 6:00 PM women's meeting on Wednesdays at the Wenholz Women's House (*301 King Street in Corpus Christi*).



Bender Bits & Pieces



Addresses for Group Contributions for 2016-2018

Coastal Bend Intergroup (Suggested 50% *)

CBIA

3833 S. Staples Suite S-212
Corpus Christi, TX 78411

Districts (Suggested 10% *)

District 7 Treasurer

P.O. Box 5324
Victoria, TX 77903

District 8C Treasurer

P.O. Box 821
Kingsville, TX 78364

District 8D Treasurer

P.O. Box 61135
Corpus Christi, TX 78466

District 8E Treasurer

District 15 Treasurer

2441 Oak Lane
Aransas Pass, TX 78336

Area 68 Southwest Texas (Suggested 10% *)

SWTA 68 Treasurer

P.O. Box 720651
McAllen, TX 78504

General Service Office (Suggested 30% *)

GSO

P.O. Box 459
New York, NY 10163-0459

“* Suggested percentages are from AA Pamphlet F-3, **SELF-SUPPORT: Where Money and Spirituality Mix** (Available on our web site: cbiaa.org under DONATE). Group Contributions are always at the discretion of the group conscience.



Bender Bits & Pieces



Save the Dates

*(Future Events - Fliers included for events flagged with an *.)
(Fliers are on the area website aa-swta.org if flagged with an @.)
(Fliers / Registration available on aa.org if flagged with a #.)*

District 7 Unity Day *(November 5th in Victoria) **
Asamblea Hispana Del Sur De Texas *(Noviembre 10-11-12 en CC)*
Junta De Informacion Publica *(Noviembre 11 en CC) **
District 8D Corrections Workshop *(November 18th in CC) **
District 15 Sponsorship Workshop *(November 18th in Portland)*
2018 SWTA 68 Winter Workshop *(January 12-14th in CC) **
2018 Coastal Bend Jamboree *(February 2nd - 4th in CC) **

AA Meeting Schedules for Our Area

For current AA meeting schedules for areas serviced by the Coastal Bend Intergroup, visit our website cbiaa.org - printable schedules.

- **AA Meetings in Corpus Christi ***
- **AA Meetings in CC Surrounding Area ***
- **AA Meetings in Victoria & Surrounding Area ***
- **Los Grupos Hispanos ***

Coastal BENDER Mission Statement

Our primary purpose is to carry the AA message to the still suffering alcoholic. A secondary purpose of The Bender is to keep the CBIA Area of South Texas informed as to the events, meeting changes, Board of Trustee actions / decisions, and other news of interest to AA's in the area. Finally, as a newsletter we provide a forum for the broad spectrum of views held by our members. Publication of any article submitted will be at the discretion of the Bender Editor as advised by the CBIA Board. A controversial subject, as long as it does not concern an outside issue and involves principles and not personalities, will be considered for publication. As a general guideline, any letter or article that is of interest to members of AA and in good taste is worthy of publication. However, an article or letter that advocates ignoring or violating the Traditions, Concepts, or General Service Conference actions will not be considered for publication. All decisions will be made under the direction of God as expressed through our group conscience.



James R.	Aransas Pass Group	11/06/2005	12 Years
Rob C.	Portland	11/06/2001	16 Years
Robert B.	Weber Nooners Group	11/07/1984	33 Years
Derek S.	New Phoenix Group	11/08/2003	14 Years
Sal	Rockport Fellowship Group	11/10/2003	14 Years
Patrick M.	Rockport Fellowship Group	11/12/1992	25 Years
Loralei D.	New Women's Group	11/16/1984	33 Years
Ridge H.	Weber Nooners Group	11/17/1990	27 Years
Allan J.	Hilltoppers Group	11/18/1998	19 Years
Joe T.	Oso Group	11/23/1979	38 Years
John O.	Hilltoppers Group	11/23/1988	29 Years
Becky L.	New Women's Group	11/26/1985	32 Years

Don't see your group's birthdays? For best results e-mail your birthday to CBIA at cbia@grandecom.net.

October 2017

	<u>OFFICE HOURS/Dist. 7</u>		<u>AFTER HOURS</u>	<u>YEAR TO DATE</u>
12TH STEP CALLS	6	3	0/0	48/10
INFORMATIONAL CALLS	148	15	<i>After Hours only tracks 12th Step calls.</i>	

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held Monday November 13th at 6:00 PM in the CBIA Office (3833 S. Staples, Suite S-212).

CBIA Quarterly Association Meeting will be held Monday January 29th at 6:00 PM at All Saints Episcopal Church (3026 S. Staples in CC). Each group gets a vote at this meeting.

District Meetings

See Bits & Pieces section for information on district meetings in the Coastal Bend area:

District 7 (Victoria Area)

District 8C (Kingsville - Alice Area)

District 8D (Corpus Christi Area)

District 8E (Corpus Christi Area)

District 15 (Portland, Port A, AP, Rockport Area)

Group Announcements

New Phoenix Group Conscience is held the last Sunday of the month at 2:00PM. **Birthday Night** is first Saturday of the month at 8:00PM. **Potluck Supper** is second Saturday of the month at 7:00 PM. (5433 S. Staples, Suite F in The Boardwalk.)

Hilltoppers Group Conscience is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

Weber Road Nooners Group Conscience is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are celebrated the first Monday of each month at noon. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

Calallen Group Conscience is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthday Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

Flour Bluff Unity Group Conscience is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

Turning Point Group Conscience is held the 1st Wednesday of each month. **Birthday Meeting** is last Saturday of the month.

Group Contributions

GROUP NAME	OCT 2017	YTD 2017
Alice Group		
Anonymous/Individual Contribution	1.00	67.75
Aransas Pass Group		28.00
Beeville-Freedom Group		
Beeville-Hope Group		
Beeville-Serenity Group		
Beeville-Shepherd's Group		
CC-Alanos		200.00
CC-Bookmarks Group		40.00
CC-Calallen Group		
CC-Clean & Serene Group		
CC-Crosstown Group		
CC-Cullen Mall Group	50.00	350.00
CC-Day of AA		100.00
CC-Dorothy's Group		230.00
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's Place		700.00
CC-Fifth Tradition Group		
CC-Flour Bluff Unity Group		100.00
CC-Friday Night Speaker Meeting		300.00
CC-Happy Hour Meeting		
CC-Hilltoppers Group	1,310.70	2,310.70
CC-Humility Group		200.00
CC-Just for Today Group		
CC-Lucky Ones	35.00	60.00
CC-Mountain Toppers		300.00
CC-Newcomers Meeting		
CC-New Life Group		32.60
CC-New Phoenix Group	69.00	529.24
CC-New Women's Group	107.12	587.04
CC-Oso Group	105.61	274.42
CC-Rodd Field Group	250.00	250.00
CC-Saratoga Group		1,300.00
CC-Sunset 7 Group (N Padre Island)	162.70	619.40
CC-Turning Point Group		
CC-Weber Road Nooners Group	1124.00	3,976.00
CC-Wenholz Women's Group		
District7		487.14
Falfurrias-2nd Chance Group	25.00	75.00
Goliad-Open Arms Group		76.48
Ingleside-Living Sober Group		
Karnes City-Mayfield Group	300.00	600.00
Kingsville-AL-K Group		
Mathis -Crossroads Group		75.00
Port Aransas -Port A Day Tripper's Group		
Port Aransas Group		200.00
Port Aransas-Serenity Sisters		30.00
Port Lavaca Group	27.69	164.37
Port O'Connor Group		
Portland -Jaywalkers Group		223.00
Portland -Nueces Bay Group		
Quarterly Meeting 7 th Tradition	20.00	40.00
Riviera-SASTO Group		260.00
Robstown Group		
Rockport-Anything Goes Group		25.00
Rockport-Happy Hour Group		120.00
Rockport-Fellowship Group		528.38
Sandia Group		37.00
Schulenburg Group	60.00	60.00
Sinton-Grupo Segunda Chanza		
Skidmore Group		
Three Rivers-Choke Canyon Group	50.00	50.00
Victoria-Back to Basics Group	320.27	927.53
Victoria-For Sinners Only Group		
Victoria-High Nooners Group		100.00
Victoria-Main Stream Group		75.00
Victoria-Men's Group		
Victoria-Unity Group	38.79	103.95
Victoria-Women's Group		50.00
Yorktown Group		27.00
TOTAL	\$4,056.88	\$16,890.00

Los Grupos Hispanos HORARIO

Grupo en Corpus Christi

- **Grupo Nueva Esperanza** (552 Old Robstown Road, Corpus Christi) **8:00 De la Noche** (todo los dias).
- **Grupo Primer Paso** (1635 18th Street, Corpus Christi) **8:00 De la Noche** (Miercoles); **Mediodia** (Sabado).
- **Grupo Serenidad** (408 Brownlee, Corpus Christi) **8:00 De la Noche** (Martes y Domingo);
- **Grupo Tres Legados** (1015 S. Port, Corpus Christi) **8:00 De la Noche** (Lunes y Viernes); **6:00 De la Noche** (Sabado y Domingo).

Grupo en Kingsville

- **Grupo Un Dia a La Vez** (819 N. 3rd, Kingsville) **7:00 De la Noche** (Miercoles)

Grupo en Moulton

- **Grupo Moulton** (301 N. Hackberry. Moulton) **7:00 De la Noche** (Lunes)

Grupo en Schulenberg

- **Grupo Schulenberg** (901 Kallus, Schulenberg) **7:00 De la Noche** (Domingo)

Grupo en Sinton

- **Grupo Segunda Chance** (215 Sodville, Sinton) **8:00 De la Noche** (Martes y Viernes)

XIX Asamblea Hispana Del Sur De Texas
Alcoholicos Anonimos
Noviembre 10-11-12, 2017
“Sin Cadenas Ni Vendajes en AA”

(English Translators Available)

Comite Organizador

P.O. Box 7476
Corpus Christi, TX 78467

Hotel Holiday Inn Downtown Marina

707 North Shoreline Blvd
Corpus Christi, TX 78401

(361) 882-1700
1(888)-HOLIDAY

Alcoholicos Anonimos



Tu forma de beber te causa
problemas familiares,
laborales, economicos,
Sociales o de otra indole?

SI TIENES PROBLEMAS CON EL
ALCOHOL O LAS DROGAS
PODEMOS AYUDARTE

"Hotel Holiday Inn Downtown Marina"

Noviembre 11

A las 10:00 am

JUNTA DE INFORMACION PUBLICA

En esta Reunion estaremos informando del funcionamiento de
alcoholicos anonimos y contestaremos gustosamente sus preguntas
(tendremos Café y pan dulce gratis)

707 North Shoreline Blvd Corpus Christi TX 78401

Coastal Bend Intergroup Association Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list

whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Coastal Bend Intergroup Association Services Provided

1. Maintains an office which is open Monday through Friday from 7:30 to 11:30AM and 1:30 to 5:30PM.
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12 Step listing and calls individuals for 12 Step work.
4. Provides an A.A. listing in the Telephone directory.
5. Provides a 24 hour volunteer phone answering during hours when the office is closed.
6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
8. Purchases and sales "CONFERENCE APPROVED" literature, and non-conference approved Anniversary Medallions, Sobriety Chips.
9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
11. Maintains service committees for service work in the Coastal Bend Area.