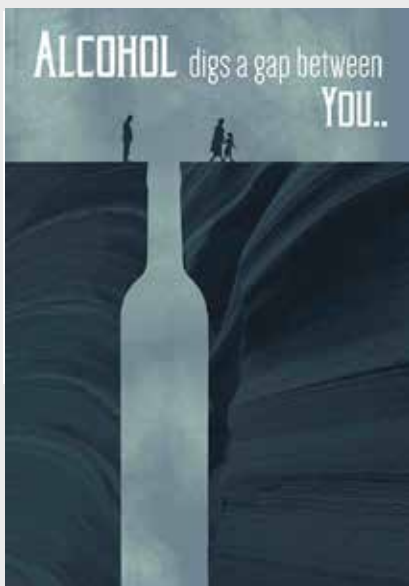




# THE BENDER

**“When anyone,  
anywhere, reaches out  
for help, I want the  
hand of AA always to  
be there. And for that  
I am responsible.”**



**CBIA, 3833 S. Staples Suite  
S-212, Corpus Christi, TX  
78411**

**(361) 992- 8911 or Toll  
Free 1 (866) 672-7029**

**Books and Chips sold by  
appointment.  
[www.cbiaa.org](http://www.cbiaa.org).**

*The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help.*



**W**hile the Island Presbyterian Church is unavailable, the **Sunset 7 Group** is holding face-to-face meetings in gazebos on the boardwalk near the **Briscoe King Pavilion** in Padre Bali Park on Padre Island (15820 Park Rd 22) at **7:00 PM Monday, Wednesday and Friday** and at **8:00 AM on Sunday**.

They also have **AA Meetings on Zoom at 7:00 PM Monday and Wednesday**.

Meeting ID: **837 019 9098** Password: **beach**.

**Index:** 1.Cover: 2.New Beginnings: 3-4.Minutes: 5.Virus &7th Tradition: 6. CBIA&Virus: 7.Meeting Alternatives: 8.Meeting Changes: 9.Face-To-Face: 10-12.Virtual Meetings: 13.Events: 14.Service: 15.District Meetings: 16.Birthdays: 17.Contributions 18.Addresses: 19-20. Spanish

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**CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029**  
[www.cbiaa.org](http://www.cbiaa.org)

## New Beginnings

Early in my recovery, an artist who was also an elder statesman in my home group gave me a bookmark he had made with a watercolor of a caterpillar and a butterfly and the inscription -

*What the caterpillar thought was the end, the butterfly knew as the beginning.*

At the end of my 20-year drinking career drew near, I had the sense that life as I had known it was about to end. My feelings could be described as a pervasive sense of impending doom. I could not imagine life without alcohol. How could I cope with life? How could I ever have fun again? *(Not that I'd been having fun lately.)*

What I did not know was that my new sober life *(happy, joyous, and free for the most part)* would rise like the Phoenix from the ashes of my old drunken life. *(In this case, the bird stumbled around for a while in the fog before it took flight.)*

My progress into the sunlight of the spirit was limited by my faith in my higher power and my willingness to give up my old life -- to let go of old beliefs, behaviors, and attitudes unsuited to the new order. It seems to me that the difficult part of new beginnings is the transition. My first sponsor used to say "When one door closes, another opens. Meanwhile, it's hell in the hallway." Intellectually, I realize that I have to let go of what was to make room for what's next. However, fears test my faith. *"Will I be able to do what I need to do to get through this?" "Will I be happy when I get where I'm going?"*

The essence of my faith is *"If God brought me to it, God will bring me through it."* I need to trust God and walk through it. I need to focus on doing the next right thing and stop worrying about the outcome.

While the end of my drinking / start of my sobriety was the most transformational new beginning in my life, there have been many others: the end of my corporate career/start of my retirement; the end of a long term relationship. In my one day at a time program, each day is a new beginning.

*Rob M. (2.24.1985) Weber Road Nooners Group, Corpus Christi, TX*

# Minutes **CBIA Board Of Trustees Meeting May 12th, 2020**

---

## **I. OPENING:**

**Gail** opened the meeting with the **Serenity Prayer** at **6:10 PM**.

**Linda** read the **CBIA Mission Statement**

**Barb** read the **General Warranties**

**Harry** read the **12 Traditions**

## **II. ATTENDANCE:**

**Gail B.** (*Chair*), **Enrique M.** (*Vice Chair*), **Linda K.** (*Financial Trustee*),

**Barb C-S.** (*Trustee*), **Harry B.** (*Trustee*), **Judy M.** (*Trustee*),

**Ronnie B.** (*Portland-Nueces Bay*), and **Rob M** (*Office Manager*)

were present.

**Anita C-B** (*Trustee*) and **Kelly J.** (*Asst Office Manager*) were not present.

## **III. MINUTES:**

**Minutes** of the Board Meeting of **April 14th** were reviewed.

**Barb** moved to approve the minutes as read. **Judy** seconded.

Motion carried.

## **IV. FINANCIAL REPORTS:**

**Linda** (*Financial Trustee*) presented the April Financial Report.

**Balance Sheet:** Total CBIA funds as of **April 30th** totaled **\$20,966.80**;

**\$50.00** in Petty Cash; **\$3,964.74** in Checking; **\$15,618.67** in Prudent Reserve and

**\$1,333.39** in the Jamboree Account.

### **Profit & Loss for the month of April:**

Group & Individual Contributions **\$2,767.57**;

Gross Sales (*Books, Chips & Medallions*): **\$84.00** (*less Cost of Goods Sold \$69.02*)

Gross Profit for the month was **\$2,782.55**;

Total Expenses were **\$2,976.15** for a Net Loss of **\$193.60** for the month.

**Enrique** moved to approve the financial report.

**Judy** seconded. Motion carried.

## **V. SERVICE AREA REPORTS:**

**12th Step** – **Judy** said all is well. Some people are getting sober with

**ZOOM** meetings only.

**Archives** – **Gail** said she is still working through the unorganized box of archival material she took home.

# Minutes **CBIA Board Of Trustees Meeting May 12th, 2020** (Service Report Area continued)

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**Bilingual** – **Enrique** said he got shells for the Spanish part of the website from **Glenn B.** **Enrique** will give **Rob** a word document for each page and **Rob** will post them on the website.

**Coastal Bender:** **Anita** was not present.

**Corrections/Treatment Facilities:** **Linda** said visitors are still not allowed into the facility.

**Jamboree:** **Harry B.** asked **Rob** if he had any information about the **2021 Jamboree.** **Rob** said he asked **Sheila S. (CBJ Chair)** for a copy of the contract with the hotel. He said it is already too late to cancel the contract for 2021 without the maximum penalty. There is a paragraph letting us off the hook if holding the conference would be illegal or impossible for reasons beyond our control. **Sheila** and/or **Rita S. (CBJ Facilities Chair)** will meet with the hotel to discuss how they are handling events impaired or canceled due to the epidemic.

**Nominations:** Open.

**Public Information/Cooperation with Professional Community:**

**Barb** met with **District 8D PI/CPC.** The district is looking at bidding on having the **Area PI/CPC Convention in Corpus Christi.**

**Social:** **Anita** was not present.

**VI. Office Report:** Office Update – **Rob** said he had nothing to report.

**VII. Old Business:** None.

**VIII. New Business:**

**Barb** moved to keep the office closed until the June board meeting on June 9th and to try selling merchandise (*books, chips and medallions*) over the phone with prearranged curbside pickup available once a week.

**Harry B.** seconded. Motion carried.

**Judy** moved to obtain a prepaid Zoom Professional Account for Board Meetings, Quarterly Meetings and possibly other functions.

**Harry B.** seconded. Motion carried.

**IX. Next Board Meeting:**

Next **CBIA** Board of Trustees Meeting will be on **Monday, July 13th** at **6:00 PM** on **ZOOM.**

**X. Next Quarterly Meeting:**

Next **CBIA** Quarterly Association meeting is scheduled for **6:00 PM on Monday July 27th on ZOOM.**

**XI. Closing:** Our Father.

Respectfully submitted,  
*Rob M.*  
Office Manager

# Corona Virus Pandemic and our 7th Tradition

---

## 7th Tradition During COVID 19

(Sat., Apr.25th)

This year, the challenge is keeping home groups, Districts, Areas, GSO and Intergroup Offices going with reduced revenue from face-to-face meetings. GSO and Intergroup Offices have ongoing overhead for salaries, rent, etc. Individual donations to GSO and CBIA can be made online under the donate tab on our web sites. Some groups and districts can now accept online donations via Venmo or Pay Pal.



## One Local Group

At a recent group conscience, one large local group determined that they would not be able to make donations to service entities until they built back up to their prudent reserve. They suggested that members send a check payable to the group for their No Dues or Fees to the Group Treasurer at his home address. They also suggested that it would be a good idea to send anonymous individual contributions to GSO, the local intergroup office, etc. Those addresses are displayed (*using the Share Screen Feature*) during the announcements at each of their AA Meetings on Zoom. Donations to GSO or intergroup can made online using the donate button on either web site.

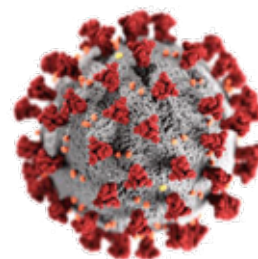
*“God save me from being angry. Thy will be done”.*

***FEAR** – “ We ask Him to remove our fear and direct our attention to what He would have us be.”*

*Pg. 68 Big Book*



# CBIA and the Corona Virus Pandemic



## The Context

The **Center for Disease Control** has asked that large gatherings not be held and that we observe personal space of six feet from other people, not touch and frequently wash our hands for 20 seconds, etc. Elderly people and people in other risk groups are asked to stay home. Serving coffee or anything edible is probably not a good idea. Face masks as of Friday, (July 3) Texas Governor, Greg Abbot, has mandated the wearing of masks in buildings open to the public and outdoor public spaces.

## CBIA Office

**We are closing the office until at least 7/13/2020**, when we will hold our next board meeting. Kelly will work from home in the morning and Rob will work from home in the afternoon Monday thru Friday. The board has determined that while the office is closed, **we will try selling merchandise** (*books, chips, and medallions*) **over the phone with pre-arranged curbside pickup available about once a week** (*generally Monday mornings*).

## Board Meeting

**The July CBIA board meeting** will be held on **Monday, July 13<sup>th</sup>** on **Zoom** so we do not have people traveling from Victoria, AP and Kingsville and we aren't assembling 8 people in our small board room.

## Quarterly Meetings

The next scheduled Quarterly Meeting is set for **7/27/2020 at 6:00 PM on ZOOM**. The Meeting ID: **256 935 0823** and Password: **Quarterly**

## Let Us Know About Meetings Temporarily Suspended

**Please let us know of changes in the status of meetings** - meetings temporarily suspended or meeting again. We are putting the phrase '**Temp Susp**' before the name of the group on our printable schedules, on our meeting data base and the smart phone app Meeting Guide to indicate it is temporarily suspended. Also let us know about **Zoom** meetings if you want them publicized. They must be sponsored by a registered AA Group and conducted as an AA Meeting.

# Alternatives to Face-to-Face Meetings

---

While there is nothing like a face-to-face meeting, many of us need to find other alternatives for the next few weeks or months.

## Telephone Calls

Some of us are calling our sponsors or other people in the program more often than we were. Some groups are using telephone trees to stay in touch. Some of us are calling people in the program we were once close to who are now separated by geography.

## Email

Some of us are emailing our sponsors or other people in the program more often than we were. Some groups are circulating chain emails. *(Consider submitting something you have written for publication as an article in the BENDER.)*

## Listening

to AA Speakers on CD or MP3 files or on web sites like [www.aa-speakers.com](http://www.aa-speakers.com).

## Read

**AA Literature** The stories in the back of the big book offer some of the benefits of attending a speaker meeting.

## On-line or dial-in

There is a link on the CBIA [website www.cbiaa.org](http://www.cbiaa.org) to the Online Intergroup <http://aa-intergroup.org/>. These meetings were set up for loners – people in remote locations and people who are homebound. Lately, traffic from people who ordinarily attend face-to-face meetings has been overwhelming this facility. **Beware** of other sites that offer **alcoholism recovery meetings** that are **not** traditional AA.

**Starting** an on-line or dial-in AA meeting is easier than you think. This link <https://www.nyintergroup.org/remote> provides all the instructions you need to start a meeting with **Google Hangout; Zoom** or Free Conference Call. **Google Hangout** and Zoom are slicker, but Free Conference Call might be easier for someone without a lot of technical skills. It would be a good idea to have this sponsored by an established **face-to-face** meeting and observe all AA Traditions. **DJ** in Victoria has offered her technical skills to help. do this. **Call (361) 484-0365.**

## Read an article in the AA Grapevine.

To give us something to do while we are sheltered at home, the **AA Grapevine** is **allowing free limited access to their web site**. This allows you to read any article in any 2020 issue of the Grapevine. To do this, go to [www.aagrapevine.org/magazine](http://www.aagrapevine.org/magazine). Click on the issue you want to read. Then click on **Table of Contents**. Then click Read under the article you fancy.

*“Almost without exception  
alcoholics are tortured by  
loneliness.”*

*The Language of the Heart,  
Bill's Grapevine Writings 1988*

# Meeting Changes

Please let us know if your group has temporarily suspended meetings due to the Corona Virus Pandemic. Also let us know if meetings have been restarted.

## Face-to-Face AA Meetings Corpus Christi

The following groups in Corpus Christi have notified CBIA that they are **temporarily suspending meetings**:

Alanos Group  
Courage to Change Group  
Cullen Mall Group  
Hilltoppers Group  
New Freedom  
New Life Group  
New Women's Group  
Turning Point Group  
Weber Road Nooners

## Resumed Face to Face Meetings

Anything Goes Meeting  
Bookmarks Group  
Flour Bluff  
Lucky Ones Group  
Newcomers Meeting  
The Calallen Group  
The Happy Hour Meeting  
Saratoga Group  
Unity Group

## The New Phoenix Group

The meeting at 1:15 PM every day.

***This meeting has been discontinued.)***

*"If we still cling to something we will not let go, we ask God to help us be willing."*

*p.76 AA Big Book*

## Mountain Toppers Meeting

*(Meeting has Folded)*

## The Weber Road Nooners Group

has resumed only its 5:30 PM meetings on Tuesday and Thursday and its 10 AM Saturday Face-to-Face AA meetings. These meetings are being held in the church courtyard which can be reached through a gate between the Gym and the main building. 6' social distancing is required at all times. Bring a chair if desired. Restrooms in the church are not available.

## Sunset 7

*(N Padre Island) (7 P Mon, Wed, Fri and 8 A Sun. All meetings are on the beach at Briscoe King Pavilion 15820 Park Rd 22) and 8 A Sun. All meetings are on the beach at Briscoe King Pavilion 15820 Park Rd 22).*

*"I came to A.A. in order to stop drinking; what I received in return was my life."*

*p. 338 AA Big Book*





## Face-to-Face Meetings *(Continued)*

---

### District 15

#### Portland, Port-A, AP, Rockport

##### Portland

The following groups have **temporarily suspended meetings**:

##### Jaywalkers Group

(7 PM Tue at Trident Club)

##### Nueces Bay Group

(6:30 PM Mon, Wed, 7pm Thru at Trident Club)

##### Rockport

The following group has **temporarily suspended meetings**:

##### Happy Hour Group

(5:30 PM Meetings Mon, Wed & Fri)

### District 7

#### Victoria & Surrounding Area

The following groups have **temporarily suspended meetings**:

##### The City of Victoria

All meetings were **temporarily suspended**.

The following groups have **resumed face-to-face meetings**:

##### Golden Slippers

(9AM Saturdays at OLV Cathedral)

##### North Loop

(7pm Tues)

*“The greatest enemies of us alcoholics are resentment, jealousy, envy, frustration, and fear.”*

*p. 145, AA Big Book*

### Victoria Surrounding Area

All meetings have been **temporarily suspended** except for the following groups which are still meeting or **meeting again**:

##### The Flatonina Group

(7pm Thurs only)

##### Goliad Open Arms Group

(6 PM Mon & Thu in Goliad)

##### Mouton Group

(Mondays at 7 PM (Spanish) & 8 PM (English in Mouton)

##### Palacios Group

(3 PM Sun & 7 PM Thu in Palacios)

##### Port Lavaca Group

(7pm Mon, Wed, Fri)

##### Port O'Connor

(7pm Sat)

##### Shiner Group

(Mondays at 8 PM in Shiner)

##### Yoakum Group

(8pm Tues)

##### Yorktown Group

(6 PM Sun & Wed in Yorktown)

### District 8E

West of Corpus Christi, Texas

#### Alice-West of Corpus Christi, Texas

##### Recovery Crew

(7 PM Mon thru Thu) this group has **temporarily suspended face-to-face** meetings in favor of AA meetings on **Zoom**.

7:00 PM Mon thru Thu  
Meeting ID 884 2226 5878,  
Password **not required**

# Coastal Bend Area AA Meetings on Zoom

Please let us know if your group is sponsoring an AA meeting on Zoom which is not listed below and the Group Conscience wants it to be listed. To be listed, it must be sponsored by a registered AA Group and be run as AA meeting with an AA Meeting format, etc.

## **Alice-Recovery Crew**

7:00 PM Mon thru Thu

Meeting ID 884 2226 5878,

Password **not required**

## **CC-Cullen Mall**, 8 PM, Mon, Wed & Sat

Meeting ID: 265 788 954

Password: 330022

<https://zoom.us/j/265788954?pwd=UE96c2wW2hLRGc1VlB5djkvZDhYZz09>

## **CC-Friday Night Speaker Meeting**

8 P Fri Meeting ID: 939 285 7190

Password: 589028

<https://us04web.zoom.us/j/9392857190>

## **CC-New Attitude Group**

M & W 6:00 PM Meeting ID: 714 784 969

Password 954788

<https://us04web.zoom.us/j/714784969>

## **CC-New Phoenix Group**

Mon - Fri 6:30A Sat - Sun 7:00A (all ZOOM)

Meeting ID: 478 114 528

<https://us04web.zoom.us/j/478114528?pwd=S094TytTMElialNWUWdNY2NkVW5Fdz09>

## **CC-New Women's Group**

Mon & Thu 7 PM; Sat 11 AM

Meeting ID: 580 495 1776

Password: NWGroup

<https://us02web.zoom.us/j/5804951776?pwd=K04zVDhDZDBQMmdleWliUVJXSINodz09>

## **CC-Sunset 7 Group**

Mon & Wed 7:00 PM

Meeting ID: 837 019 9098

Password: beach

## **CC-Turning Point**

Wed & Sat 6:30 PM

Meeting ID: 577 043 944 Password: sober

<https://us04web.zoom.us/j/577043944>

## **CC-Weber Rd Nooners**

12 Noon, Daily Meeting ID: 260 214 3828

Password: 676271

<https://us04web.zoom.us/j/2602143828>

<https://us04web.zoom.us/j/542057034>

## **Rockport-Happy Hour Group**

Mon, Wed, Fri 5:30 P

Meeting ID: 392 780 367

Password: **not required**

<https://zoom.us/j/392780367>

## **Victoria-Back to Basics**

7 PM Daily Meeting ID: 662 621 1099

Password: 218223

<https://zoom.us/j/6626211099>

## **Victoria Main Stream Group**

12:00 daily except for Fri and Sunday

Meeting ID: 698 545 080

Password: 003178

## **Victoria-For Sinners Only**

Sun 11:30 AM

Meeting ID: 684 717 620

Password: 4SO#2020

<https://us04web.zoom.us/j/684717620>

## **Victoria-Women's Group**, Tue 6:00 PM

Meeting ID: 624 847 7889

Password: Ladiesrock

<https://us04web.zoom.us/j/6248477889>

# CB Area Google Hangout Meetings

*(Works with any phone – incl. flip/land phones)*

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## New Phoenix Virtual AA Meeting Information

**NOTE: This meeting will continue daily through December 2020 due to the risk of COVID-19**

### Noon Meeting Log-In Info.

**Join Hangouts Meet w/Video**

*\*Requires you download the Google App*

**Web Address/MeetingID: [meet.google/uki-vfae-yki](https://meet.google/uki-vfae-yki)**

**OR..... Join by Phone**

**314-666-3196**

**PIN: 448 014 770**

*"Because of our kinship in suffering, our channels of contact have always been charged with the language of the heart." "Because of our kinship in suffering, our channels of contact have always been charged with.*

*The language of the heart.*

*Bill W.*

# Coastal Bend Area Zello Walkie Talkie Meeting

---

**Why use Zello?** It works on internet connections with limited speed and/or limited data and/or older smartphones.

## How To Get Connected

### 1. Start

by **installing the App Link for Android.**

<https://play.google.com/store/apps/details?id=com.loudtalks>

### Apple Store

download **Free App Zello Walky Talky.**

### 3. Create

an **Account** and **Sign in.**

*(Probably want to use something that meets the 12th Tradition for remaining Anonymous.)*

<https://support.zello.com/hc/en-us/articles/230749047-Zello-Android-User-s-Guide->

### 4. Searching

for **channels** to **add.** You can **search** for channels by using keywords, topics, or a **specific name.**

### 5. On the Main Screen

1. Tap **Channels** Tap to **Add Channel icon** in the lower right corner.

2. tap **Find** a channel, Enter the name or keyword for a channel to search on.

3. Tap the **Search icon** See the channel you want.

4. Tap on the name and then tap +ADD to add the channel to your Channels list.

### 6. Search

for **Clean & Serene** Gbltq STR8 Friendly Meeting Friday 8PM”. In Keeping with the 3rd Tradition “You are a member when you say you are.”

**Clean & Serene** is a Str8 friendly AA Meeting for LGBTQ. Please respect the participants preferred pronouns but everyone must remember that voices can be deceiving. It will normally be set to OPEN but the trusted members will be able to MUTE problem Members.

*“I try hard to hold fast to the truth that a full and thankful heart cannot entertain great conceits. When brimming with gratitude, one’s heartbeat must surely result in outgoing love, the finest emotion we can ever know.”*

*Bill W.*

# Special Events

---

## **The Sunset 7 Group**

**Day of AA in Corpus Christi.**

*(April 18th in CC)*

**This event has been canceled.**

**Organizers hope to restart the event next year.**

## **2020 Texas State AA Convention**

*(June 2020 in Fort Worth)*

**This event has been postponed to 2021.**

## **2020 International Convention**

*(July 2-5 2020 in Detroit, MI)*

**This has been cancelled.**

Virtual event will be on line for the month of July.

<https://convention.aa.org>

## **The Area 68 Summer Workshop**

*(July 31st - August 2nd) in Marble Falls, TX 78654.* **This event has been cancelled.**

**There will be an online event Sat. August 1. (details will follow).**

## **Area 68 PI/CPC Conference**

*(August 21st – 22nd in Austin)*

**This event has been canceled.**

**A Zoom event will be Sat. 22, August.**

**(Details will follow.)**

*Our very lives, as ex-problem drinkers,  
depend upon our constant thought of  
others and how we may help meet their  
needs.*

*If you are an alcoholic who wants to  
get over it, you may already be asking--  
"What do I have to do?"*

*Pg. 20 Big Book*

## **CBIA Septemberfest**

*(Saturday, Sept 19, 2020 in CC).*

**Due to the Pandemic, CBIA will not have Founders Day or the Halloween or New Years Dances this year. Instead, we will have a hybrid event (part ZOOM Workshop, part drive-through pickup) on, September 19, 2020 in CC.** We need help with silent auction items and raffle baskets.

**Note:** 41 cassette tapes available. **Joe and Charlie Big Book Study (8), Big Book Comes Alive (7), A Group of Principles Spiritual in Nature (7), Stepping Through The Steps with Father Malachy (3), Clancy I. Various Topics (10), Mary Ann W. (1)** If interested, contact Barb C-S. If you don't have her info, ask CBIA, (361)-992-8911 during business hours, Mon-Fri. All proceeds to CBIA.

## **The Southwest Regional AA Service Assembly 2020**

*(October 9th – 11th in Amarillo.)*

**NOTE:** **This event may be canceled and/or an event on ZOOM may be scheduled on Saturday October 10th. Details will be provided as they become available.**

## **Coastal Bend Jamboree 2021**

*(Jan. 2021 in CC.)*

**Due to the Pandemic, this event has been moved to (March 19, 20 and 21, 2021 in CC.) (Details will follow.)**



# Service Opportunities

## Volunteers Needed to Carry the Message in Corrections Facilities

Note: Facilities are not allowing outside volunteers in due to the Corona Virus Epidemic. It would be a good idea to check with the facility before visiting.

## Helpline / 12 Step List

The Helpline is staffed by volunteers who are making sure that the hand of AA is available 24 hours a day in the Coastal Bend area by answering the phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday; or 8 AM Sunday to 8 AM Monday).

A minimum of six months sobriety is required to answer the phones.

We need a few additional helpline volunteers at present.

If someone needs help beyond meeting information, the helpline passes them to someone on the 12-Step List for a longer conversation and maybe a visit to discuss how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12-Step List. We can always use more people on the 12-Step List. We especially need people (particularly women) in the surrounding area (like Beeville and Alice). If you would like to be on the 12-Step List or on the Helpline, call Rob or Kelly at the CBIA Office (361) 992-8911 or (866) 672-7029 between 8-11 AM or 2-5 PM.

## Local Stories Wanted for the BENDER

Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to [cbia@grandecom.net](mailto:cbia@grandecom.net) in a Word document or similar format.



*"We were now at Step Three. Many of us said to our Maker, as we understood Him: "God, I offer myself to Thee—to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life. May I do Thy will always!" We thought well before taking this step making sure we were ready; that we could at last abandon ourselves utterly to Him."*

*p. 63, AA Big Book*

## Seventh Step Prayer

*My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen.*

*Chapter 6 - Into Action of the Big Book contains the 7th step prayer*

# Coastal Bend Area District Meetings

## District 7

(Victoria and Surrounding Area)

The next District 7 Meetings will be at **10 AM on August 15th** on **Zoom**.

Meeting ID: **662 621 1099**

Password: **218223**

## District 8D

(City of Corpus Christi)

The next District 8D Meeting will be at **2 PM on Saturday, July 18th** on **Zoom**.

Meeting ID: **843 0854 7661**

Password: **District8D**

:

## District 8E

(Corpus Christi and West)

will be **July 11th at 9:30am** It will be held at the **Calallen Pass It On Club House**.

## District 15

(Northeast of Corpus Christi)

The next District 15 Meeting will be on **Zoom** at **2:pm** on **Saturday July 18th**.

Meeting ID **711 9679 0462**

Password: **D15**

***God**, grant me the  
Serenity, to accept the things  
I can not change, Courage  
to change the things I  
can, and Wisdom to know the  
difference.*

*Reinhold Niebuhr*



## AA History Origins

The origins of Alcoholics Anonymous can be traced to the Oxford Group, a religious movement popular in the United States and Europe in the early 20th century. Members of the Oxford Group practiced a formula of self-improvement by performing self-inventory, admitting wrongs, making amends, using prayer and meditation, and carrying the message to others.

In the early 1930s, a well-to-do Rhode Islander, Rowland H., visited the noted Swiss psychoanalyst Carl Jung for help with his alcoholism. Jung determined that Rowland's case was medically hopeless, and that he could only find relief through a vital spiritual experience. Jung directed him to the Oxford Group.

Rowland later introduced fellow Vermonter Edwin ("Ebby T.") to the group, and the two men along with several others were finally able to keep from drinking by practicing the Oxford Group principles.

One of Ebby's schoolmate friends from Vermont, and a drinking buddy, was Bill W. Ebby sought out his old friend at his home at 182 Clinton Street in Brooklyn, New York, to carry the message of hope.

Bill W. had been a golden boy on Wall Street, enjoying success and power as a stockbroker, but his promising career had been ruined by continuous and chronic alcoholism. Now, approaching 39 years of age, he was learning that his problem was hopeless, progressive, and irreversible. He had sought medical treatment at Towns Hospital in Manhattan, but he was still drinking.

Bill was, at first, unconvinced by Ebby's story of transformation and the claims of the Oxford Group. But in December 1934, after again landing in Towns hospital for treatment, Bill underwent a powerful spiritual experience unlike any he had ever known. His depression and despair were lifted, and he felt free and at peace. Bill stopped drinking, and worked the rest of his life to bring that freedom and peace to other alcoholics. The roots of Alcoholics Anonymous were planted.

*aa.org*

## Coastal Bender Mission Statement

Our primary purpose is to carry the AA message to the still suffering alcoholic. A secondary purpose of **The Bender** is to keep the CBIA Area of South Texas informed as to the events, meeting changes, Board of Trustee actions / decisions, and other news of interest to AA's in the area. Finally, as a newsletter we provide a forum for the broad spectrum of views held by our members. Publication of any article submitted will be at the discretion of the Bender Editor as advised by the CBIA Board. A controversial subject, as long as it does not concern an outside issue and involves principles and not personalities, will be considered for publication. As a general guideline, any letter or article that is of interest to members of AA and in good taste is worthy of publication. However, an article or letter that advocates ignoring or violating the Traditions, Concepts, or General Service Conference actions will not be considered for publication. All decisions will be made under the direction of God as expressed through our group conscience.



Bruce A.	Corpus Christi	07/01/1996	24 Years
Todd D.	Hilltoppers Group	07/04/2006	14 Years
Bob M.	Goliad Open Arms	07/04/1979	41 Years
Vicki B.	Weber Nooners Group	07/05/2001	19 Years
Craig W.	Victoria - Unity Group	07/06/1986	34 Years
Margaret N-P	Hilltoppers Group	07/06/2006	14 Years
Margaret R.	Portland Jaywalkers	07/07/1998	22 Years
Vincent A.	Corpus Christi	07/08/1991	29 Years
Carol R.	Rockport Happy Hour	07/10/1973	47 Years
Gary R.	Rockport Happy Hour	07/12/1975	45 Years
Lori C.	Weber Nooners Group	07/14/2006	14 Years
Chet H.	Rockport	07/20/1987	33 Years
Pam J.	Victoria For Sinners Only	07/22/1996	24 Years
Dan G.	Rockport Fellowship Group	07/29/2005	15 Years
Sharon S.	New Women's Group	07/30/2011	9 Years
Chris M.	Corpus Christi	07/31/1995	25 Years





# Group, District & Intergroup Information

## Intergroup Meetings

**CBIA Board of Trustees Monthly Meeting** will be held Tuesday July 13<sup>th</sup> at 6:00 PM on Zoom.

**CBIA Quarterly Association Meeting** will be held Monday July 27<sup>th</sup> at 6:00 PM on Zoom.

## District Meetings

See Bits & Pieces section for information on district meetings in the Coastal Bend area:

**District 7** (Victoria Area)

**District 8D** (Corpus Christi Area)

**District 8E** (Corpus Christi Area)

**District 15** (Portland, Port A, AP, Rockport Area)

## Group Announcements

**New Phoenix Group Conscience** is held the last Sunday of the month at 1:15 PM. **Birthday Night** is first Saturday of the month at 8:00PM. (5433 S. Staples, Suite F in The Boardwalk.)

**Hilltoppers Group Conscience** is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

**Weber Road Nooners Group Conscience** is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are celebrated the first Monday of each month at noon. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

**Calallen Group Conscience** is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthday Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).)

**Flour Bluff Unity Group Conscience** is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

**Turning Point Group Conscience** is held the 1<sup>st</sup> Wednesday of each month. **Birthday Meeting** is last Saturday of the month.

## Group Contributions

GROUP NAME	JUNE 2020	YTD 2020
Alice Group		
Anonymous/Individual Contribution	111.00	1,985.00
Aransas Pass Group		
Beeville-Freedom Group		
Beeville-Hope Group		
Beeville-Serenity Group		
Beeville-Shepherd's Group		
CC-Alanos		
CC-Bookmarks Group		
CC-Calallen Group		
CC-Clean & Serene Group		
CC-Crosstown Group		
CC-Cullen Mall Group		50.00
CC-Day of AA		
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's Place		
CC-Fifth Tradition Group		
CC-Flour Bluff Unity Group		
CC-Friday Night Speaker Meeting		
CC-Happy Hour Meeting		
CC-Hilltoppers Group		95.60
CC-Humility Group		
CC-Just for Today Group		
CC-Lucky Ones	16.41	29.74
CC-Mountain Toppers	100.00	100.00
CC-New Attitude Meeting		173.79
CC-New Life Group	10.00	60.00
CC-New Phoenix Group	81.00	214.50
CC-New Women's Group	144.00	521.79
CC-Oso Group		207.30
CC-Saratoga Group		100.00
CC-Sunset 7 Group (N Padre Island)		1522.81
CC-Turning Point Group		400.00
CC-Weber Road Nooners Group		804.00
District 7		
District 8C		676.15
Goliad-Open Arms Group		107.00
Hallettsville Group		25.00
Karnes City-Mayfield Group		
Kingsville-AL-K Group		
Moulton Group		
Mathis -Crossroads Group		50.00
Port Aransas Group		400.00
Port Lavaca Group		
Port O'Connor Group		
Portland -Jaywalkers Group		
Portland -Nueces Bay Group		
Quarterly Meeting 7 <sup>th</sup> Tradition		20.00
Riviera-SASTO Group		
Robstown Desire Group		
Rockport-Anything Goes Group		
Rockport-Happy Hour Group		240.00
Rockport-Fellowship Group		
Schulenburg Group		
Sinton-Grupo Secunda Chanza		
Skidmore Group		
Three Rivers-Choke Canyon Group		50.00
Victoria-Airport Group		300.00
Victoria-Back to Basics Group		209.00
Victoria-For Sinners Only Group		30.00
Victoria-Golden Slippers	50.00	75.00
Victoria-High Nooners Group		
Victoria-Main Stream Group	25.00	50.00
Victoria-Men's Group		
Victoria-Unity Group		
Victoria-Women's Group		10.00
Yorktown Group		70.00
<b>TOTAL</b>	<b>\$537.44</b>	<b>\$8,576.68</b>

# Addresses for Group Contributions for 2020-2022

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**Coastal Bend Intergroup**  
*(Suggested 50% \*)*

## **CBIA**

3833 S. Staples Suite S-212  
Corpus Christi, TX 78411

**Districts (Suggested 10% \*)**

## **District 7 Treasurer**

P.O. Box 5324  
Victoria, TX 77903

## **District 8D Treasurer**

P.O. Box 61135  
Corpus Christi, TX 78466

## **District 8E Treasurer**

% Dina P.  
6013 Liptonshire Drive  
Corpus Christi, TX 78415

## **District 15 Treasurer**

% Mike L  
511 Gulf  
Port Aransas, TX 78373

**Area 68 Southwest Texas**  
*(Suggested 10% \*)*

## **SWTA 68 Treasurer**

P.O. Box 716  
Bastrop, TX 78602

**General Service Office**  
*(Suggested 30% \*)*

## **GSO**

P.O. Box 459  
New York, NY 10163-0459

Suggested percentages are from AA pamphlet F-3, **Self-Support: Where Money and Spirituality Mix** (*Available on our web site: [cbiaa.org](http://cbiaa.org) under DONATE*). Group Contributions are always at the discretion of the group conscience.





# Coastal Bend Intergroup Association

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## Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- **Establish a 24-hour help-line**
- **Print meeting schedules**
- **Maintain a 12-Step list**

whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

## Services Provided

- 1. Maintains an office** which is open Monday through Friday from 7:30 to 11:30AM and 1:30 to 5:30PM.
- 2. Provides information** and referrals for A.A. inquiries.
- 3. Maintains a 12 Step listing** and calls individuals for 12 Step work.
- 4. Provides an A.A. listing** in the Telephone directory.
- 5. Provides a 24 hour volunteer** phone answering during hours when the office is closed.
- 6. Publishes meeting schedules** of all groups in the Coastal Bend Area at no charge.
- 7. Publishes a monthly newsletter**, the “Coastal Bender”, to keep A.A. members informed of local A.A. affairs and special events.
- 8. Purchases and sells “Conference Approved” literature**, and non-conference approved Anniversary **Medallions and Sobriety Chips**.
- 9. Conducts monthly Trustee meetings.** All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
- 10. Conducts Quarterly Meetings** to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
- 11. Maintains service committees** for service work in the Coastal Bend Area.

# Asociación Inter-grupo de la Zona Costera

## Declaración de Principios

La misión de la asociación inter-grupo de la zona costera es proveer el primer contacto vital al alcohólico en busca de ayuda. La oficina de AIZC [siglas en español, en inglés CBIA], se mantiene para el beneficio de aquellos que siguen sufriendo. Para cumplir con esta tarea tan importante la oficina de CBIA debe:

- **Establecer una línea de ayuda las 24 horas**
- **Imprimir los horarios de las reuniones de AA**
- **Mantener una lista con los 12 Pasos**

*Con lo cual Grupos de AA e individuos puedan conducir llamados de los 12 Pasos, esenciales en el crecimiento de AA en la Zona Costera.*

## Servicios Prestados

1. Horario de oficina, lunes a viernes de 7:30 a 11:30AM y de 1:30 a 5:30PM.
2. Provee información y referencias sobre A.A. .
3. Mantiene una lista de los 12 Pasos y listado de personas para trabajar los 12 pasos.
4. Provee un listado de A.A. en el directorio telefónico.
5. Provee servicio de voluntarios contestando llamadas las 24 horas mientras la oficina esta cerrada.
6. Publica los horarios de todos los grupos en el área costera sin costo.
7. Publica una hoja informativa, la "Coastal Bender", para mantener a los miembros de A.A. informados de los acontecimientos locales y de los eventos especiales A.A..
8. Compra y venta de literatura "Aprobada en Conferencia" ('CONFERENCE APPROVED'), y mercancía no aprobada como Medallones de Aniversario y Monedas de Sobriedad.
9. Conduce reuniones mensuales de fideicomisarios. Todos los miembros de Alcohólicos Anónimos son bienvenidos a estas reuniones asimismo es importante contar con su opinión.
10. Conduce Reuniones cada cuatro meses para evaluar a los grupos en actividades Inter-grupo y para buscar que participen en cuestiones de la CBIA.
11. Mantiene comités de trabajo para servicio en el área de la zona Costera.

Los Grupos Hispánicos

# Horario

(Rev. 3.1.2019)

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## Grupos en Corpus Christi

**Grupo Nueva Esperanza** (552 Old Robstown Road, Corpus Christi) **8:00 De la Noche** (todos los días).

**Grupo Primer Paso** (1635 18th Street, Corpus Christi) **8:00 De la Noche** (Miercoles);  
Mediodia (Sabado).

**Grupo Serenidad** (408 Brownlee, Corpus Christi) **8:00 De la Noche** (Martes y  
Domingo);

**Grupo Tres Legados** (1019 S. Port, Corpus Christi) **8:00 De la Noche** (Lunes, Martes,  
Miercoles y Jueves);

## Grupo en Flatonia

**Grupo Flatonia** (208 E. North Main Street, Flatonia) **7:00 De la Noche** (Jueves)

## Grupo en Kingsville

**Grupo Un Dia a La Vez** (819 N. 3rd, Kingsville) **7:00 De la Noche** (Miercoles)

## Grupo en Moulton

**Grupo Moulton** (301 N. Hackberry. Moulton) **7:00 De la Noche** (Lunes)

## Grupo en Port Lavaca

**Grupo Nuevo Amanecer** (213 E. Austin, Port Lavaca) **7:00 De la Noche**  
(Lunes, Miercoles y Viernes)

## Grupo en Schulenberg

**Grupo Schulenberg** (901 Kallus, Schulenberg) **7:00 De la Noche** (Domingo)

## Grupo en Sinton

**Grupo Segunda Chance** (215 Sodville, Sinton) **8:00 De la Noche** (Martes y Viernes)

Free e-Mail Subscription to the BENDER and BITS & PIECES

NAME: \_\_\_\_\_

e-MAIL: \_\_\_\_\_

**Easy ways to sign up for our two monthly publications:**

- Send an email with the above information to [cbia@grandecom.net](mailto:cbia@grandecom.net) with the caption "ADD TO BENDER DIST."
- Detach and mail to or drop off this form at the CBIA Office, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411.

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*The Bender is about, by and for members of the AA fellowship. Opinions expressed herein are not to be attributed to Alcoholics Anonymous as a whole, nor does publication of any article imply any endorsement by either AA or the Bender*

*Special Thanks to everyone who made contributions to this months BENDER*

*Compiled and written by Rob M.  
Designed by Harry B.*