



CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 www.cbiala.org

*“When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that I am responsible.”**

How to Listen to God

(This was an original OXFORD GROUP pamphlet distributed in the 1930's)

These are a few simple suggestions for people who are willing to make an experiment. You can discover for yourself the most important and practical thing any human being can ever learn -- how to be in touch with God.

All that is needed is the willingness to try it honestly. Every person who has done this consistently and sincerely has found that it really works.

Before you begin, look over these fundamental points. They are true and are based on the experience of thousands of people.

- God is alive. He always has been and He always will be.
- God knows everything.
- God can do anything.
- God can be everywhere -- all at the same time. *(These are important differences between God and us human beings.)*
- God is invisible -- we can't see Him or touch Him. He is with you now. He is beside you. He surrounds you. He fills the room or the whole place where you are right now. He is in you now. He is in your heart.
- God cares very much for you. He is interested in you. He has a plan for your life. He has an answer for every need and problem you face.
- God will tell you all that you need to know. He will not always tell you all that you want to know.
- God will help you do anything that He asks you to do.

Anyone can be in touch with God, anywhere and at any time, if the conditions are observed. These are the conditions:

- To be quiet and still.
- To listen
- To be honest about every thought that comes.
- To test the thoughts to be sure that they come from God
- To obey.

So with these basic elements as a background, here are specific suggestions on how to listen to God:

- **TAKE TIME** - Find some place and time where you can be alone, quiet, and undisturbed.
- **RELAX** - Sit in a comfortable position. Consciously relax all your muscles. Be loose. There is no hurry. There needs to be no strain during these minutes. God cannot get through to us if we are tense and anxious about later responsibilities.

- **TUNE IN** - Open your heart to God. Either silently or aloud, just say to God in a natural way that you would like to find His plan for your life--you want His answer to the problem or situation that you are facing just now. Be definite and specific in your request.
- **LISTEN** - Just be still, quiet, relaxed and open. Let your mind go "loose". Let God do the talking. Thoughts, ideas, and impressions will begin to come into your mind and heart. Be alert and aware and open to everyone.
- **WRITE** - Here is the important key to the whole process. Write down everything that comes into your mind. Everything. Writing is simply a means of recording so that you can remember later. Don't sort out or edit your thoughts at this point.

Don't say to yourself:

- This thought isn't important;
- This is just an ordinary thought;
- This can't be guidance;
- This isn't nice;
- This can't be from God;
- This is just me thinking . . . etc.

Write down everything that passes through your mind:

- Names of people;
- Things to do;
- Things to say;
- Things that are wrong and need to be made right.

Write down everything:

- Good thoughts - bad thoughts;
- Comfortable thoughts - uncomfortable thoughts;
- "Holy" thoughts - "unholy" thoughts;
- Sensible thoughts - "crazy" thoughts.

Be honest! Write down everything! A thought comes quickly, and it escapes even more quickly unless it is captured and put down.

- **TEST** - When the flow of thoughts slows down, stop. Take a good look at what you have written. Not every thought comes from God. So we need to test our thoughts. Here is where the written record helps us to be able to look at them.
 - Are these thoughts completely honest, pure unselfish and loving?
 - Are these thoughts in line with our duties -- to our family -- to our country?
 - Are these thoughts in line with our understanding of the teachings found in our spiritual literature?
- **CHECK** - When in doubt and when it is important, what does another person who is living two-way prayer think about this thought or action? More light comes in through two windows than one. Someone else who also wants God's plan for our lives may help us to see more clearly. Talk over together what you have written. Many people do this. They tell each other what guidance has come. This is the secret of unity. There are always three sides to every question--your side, my side, and the right side. Guidance shows us which is the right side. Not who is right, but what is right.
- **OBEY** - Carry out the thoughts that have come. You will only be sure of guidance as you go through with it. A rudder will not guide a boat until the boat is moving. As you obey, very often the results will convince you that you are on the right track.

- **BLOCKS?** What if I don't seem to get any definite thoughts? God's guidance is as freely available as the air we breathe. If I am not receiving thoughts when I listen, the fault is not God's. Usually it is because there is something I will not do:
 - Something wrong in my life that I will not face and make right;
 - A habit or indulgence I will not give up;
 - A person I will not forgive;
 - A wrong relationship in my life I will not give up;
 - A restitution I will not make;
 - Something God has already told me to do that I will not obey.

Check these points and be honest. Then try listening again.

- **MISTAKES** Supposing I make a mistake and do something in the name of God that isn't right? Of course we make mistakes. We are humans with many faults. However, God will always honor our sincerity. He will work around and through every honest mistake we make. He will help us make it right. But remember this: some times when we do obey God, someone else may not like it or agree with it. So when there is opposition, it doesn't always mean you have made a mistake. It can mean that the other person doesn't want to know or do what is right. Supposing I fail to do something that I have been told and the opportunity to do it passes. There is only one thing to do. Put it right with God. Tell Him you're sorry. Ask Him to forgive you, then accept His forgiveness and begin again. God is our Father--He is not an impersonal computer. He understands us far better than we do.
- **RESULTS?** - We never know what swimming is like until we get down into the water and try. We will never know what this is like until we sincerely try it. Every person who has tried this honestly finds that a wisdom, not their own, comes into their minds and that a Power greater than human power begins to operate in their lives. It is an endless adventure. There is a way of life, for everyone, everywhere. Anyone can be in touch with the living God, anywhere, anytime, if we fulfill His conditions.
 - When man listens, God speaks.
 - When man obeys, God acts.

This is the law of prayer. God's plan for this world goes forward through the lives of ordinary people who are willing to be governed by Him.

- Chaplain John E. Batterson

Step 11 – Prayer & Meditation

Step 11: Sought through prayer and meditation to improve our conscious contact God as we understood Him, asking only for knowledge of His will for us and the power to carry that out.

Prayer is talking to God.

I believe there are two kinds of prayer:

- **HELP and**
- **THANK YOU.**

Help Prayers

- I ask God to keep me sober today each morning.

- I ask Him to bless each of the people in my life and anyone I am concerned about with health and happiness, peace and prosperity. I do not ask Him to make them well; I do not ask Him to get them to do what I think they should do; -- just to bless them as He sees fit. (*If I cannot control myself and feel I really must ask for something specific, I add 'If it be Your will.'*)
- I ask Him to let me know what He wants me to do; to give me the desire and the discipline to carry it out; to provide me whatever resources I need; and to remove any character defects that get in the way.

My experience suggests that God does not go where He is not invited. If I do not invite God into my day, I am on my own and that is not pretty. Before long I have got my knickers in a twist.

Thank You Prayers

- I thank God for keeping me sober each night.
- I thank God for the things on my standing gratitude list -- for things like sobriety and AA and the people in my life. The things I can be grateful for every day.
- Then I do a few minutes of gratitude du jour. I have learned to go quickly here -- if I dawdle, my mind can turn something new and good into something old and bad. Instead of just appreciating my 'new' car, my mind can head south and dwell on what happened to the 'old' car.

Meditation is listening to God.

This can be a guided meditation -- like something somebody reads to me in a workshop or an inspiring piece I read, a page in DAILY REFLECTIONS.

Or it can be a freestyle meditation where I quiet my mind so I can hear the quiet, gentle voice. BE STILL AND KNOW THAT I AM GOD. This is easiest to do this when I first awaken -- before my mind is off and running. Later in the day I need to work at quieting my mind with something like Yoga, progressive relaxation or deep breathing exercises. Then I just let the thoughts drift through my mind without evaluating them and write them down as they occur. When the thoughts stop, I look over what I've written, deleting any selfish or self-seeking thoughts my ego slipped in. If it's really important or if I am confused about something, I discuss it with somebody else who meditates. This is so productive I can't tell you why I don't do it every day, but I don't.

I believe this step comes where it does, because I needed to clear away the wreckage of the past and the wreckage of the past day before I had a quiet mind. Until then, the voice of my disease was screaming too loud to hear the quiet, gentle voice of my Higher Power. I don't have to go to a silent monastery and walk the cloisters. In the words of the Desiderata, Step 11 makes it possible to "Go placidly amid the noise and haste."

I used to think having balance in my life meant rotating my obsessions. Now I think balance means having a quiet center.

The way I have most often sabotaged the eleventh Step is by worrying. I believe that all thought is prayer and therefore worry is a prayer for something I don't want. When I pray and worry about something, I am giving God mixed messages and clogging the channel. If you are going to pray, why worry? If you are going to worry, why pray? More often these days, I choose to pray and not worry.

~ Rob M. (2.24.1985) Weber Road Nooners Group, Corpus Christi, TX

MINUTES

CBIA BOARD OF TRUSTEE MEETING

September 14th 2015

I. OPENING: (6:00PM)

- **Johnie** opened the meeting with a Moment of Silence followed by Serenity Prayer
- **Tom** read CBIA Mission Statement
- **Ed** read 12 Traditions.

II. ATTENDANCE:

- **Johnie S.** (*Chair*), **Joe R.** (*Vice Chair*), **Tom K.** (*Treasurer*), **Jimmy M.** (*Trustee*), **Phyllis H.** (*Trustee*) and **Rob M.** (*Office Manager*) were present.
- **Kelly J.** (*Assistant Office Manager*) and **Ginger S.** (*Trustee*) were not present.

III. MINUTES:

- Minutes of Board Meeting of August 10th were reviewed.
 - **Phyllis** moved to approve the minutes as read. **Joe** seconded. Motion carried.

IV. FINANCIAL REPORTS:

- **Tom** presented the August Financial Report.
- **Balance Sheet:** Total CBIA funds as of August 31st were \$21,637.84; \$50.00 in Petty Cash; \$6,521.12 in Checking; \$12,600.88 in Prudent Reserve and \$2,465.84 in the Jamboree Account.
- **Profit & Loss** for the month:
 - **Group & Individual Contributions** \$462.22
 - NOTE: Only 6 / 113 groups contributed this month; only 34 / 113 Groups contributed year-to-date.)
 - **Sales** (*Books, Chips & Medallions*) \$1,112.00 (*less Cost of Goods Sold \$801.68*) for a gain of \$855.31;
 - **Total Operating Expenses** for the month were \$2,309.88.
 - **Net Loss** for the Month was \$1,454.57.
- **Ed** moved to approve the financial report. **Jimmy** seconded. Motion carried.

V. COMMITTEE REPORTS:

- **12th Step:** **Phyllis** said she was working on updating the 12-Step list. So far only one person she contacted asked to come off the list.
- **Archives:** **Johnie** said **Rob** gave her a flier from the 1955 Jamboree which he received from the San Antonio Central Service Office. **Tom** said he found 60 wire recordings (*prior to 1954*). 35 were labeled with the name of the speaker. He is pursuing having them copied to digital media.
- **Bilingual:** **Joe** said he had nothing to report.
- **Coastal Bender:** **Ed** said the Bender looks good and went out on time.

- **Corrections/Treatment Facilities:** **Joe** said a new guy is coming to SATF on Fridays and Scott A and his entourage is covering Wednesdays at SATF.
- **Group Outreach:** **Tom** said our purpose here is to carry the message.
- **Jamboree:** **Jimmy** said the theme of the 2016 Jamboree will be “**A Common Solution**”. Online registration will be available at cbjamboree.org. DJ Mike indicated he would charge \$275 per dance (*instead of \$300*) if he does all three dances (*Halloween, New Years and Jamboree*).
- **Nominations:** **Jimmy** said he has identified three potential trustee candidates (*NPG, Port O'Connor & Victoria*).
- **Public Information/Cooperation with the Professional Community:** **Johnie** said the luncheon for professionals on Friday September 25th at Water Street is full. 45 non-AA professionals are coming. The workshop afterwards (*Friday PM and Saturday*) is available to AA members for \$5.
- **Social:** **Ginger** was not present.
- **Web Site:** **Tom** said **Glen B.** (*Oso*) is working on re-doing the web site. It will include a way to contribute online. Glen is not, as previously reported, chairman of a Web Site Committee.

VI. OFFICE REPORT:

- Office Update – **Rob** said he will attend the Intergroup/Central Office Managers Seminar in Fort Lauderdale next weekend (*September 18th – 20th*). **Kelly** will fill in for him while he's away.

VII. OLD BUSINESS:

- None.

VIII. NEW BUSINESS:

- None.

IX. NEXT BOARD MEETING:

- Next CBIA Board of Trustees meeting Monday October 12th 2015 at 6:00 PM in the CBIA Office.

X. NEXT QUARTERLY MEETING:

- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday October 26th at All Saints Episcopal Church (*3026 S Staples*).

XI. CLOSING:

- **Ed** moved to adjourn. **Joe** seconded. Motion carried.
- **Johnie** closed the meeting with prayer at 7:07 PM.

Respectfully submitted,

Rob M.

Office Manager



Bender Bits & Pieces



Thanksgiving Holiday Happenings

Thanksgiving at Alanos (Thursday, November 26th in CC)

The Alanos will have its annual Gratitude Meeting at the Alanos Cottage (1635 18th Street in Corpus Christi) at noon on November 26th, with a meal afterwards. All are welcome.

CBIA Office Closed (Thursday, November 26th and Friday, November 27th in CC)

The Coastal Bend Intergroup Office will be closed Thursday, November 26th and Friday, November 27th in observation of the Thanksgiving Holiday. The helpline committee will answer the phones while the office is closed. The office will re-open at 7:30 AM on Monday, November 30th for normal business hours.

Weber Nooners Holiday Meetings at 10:00 AM (Thursday, Nov. 26th and Friday, Nov. 27th)

The Weber Road Nooners Group will have 10:00 AM holiday meetings on Thursday, November 26th and Friday, November 27th in addition to the regularly scheduled noon meetings on those days and the regularly scheduled 5:30 PM meeting on Thursday. The Weber Road Nooners Group meets on the second floor of Travis Baptist Church (5802 Weber Road at Schanen). They have noon meetings Monday through Saturday and a 10:00 AM meeting on Saturday and 5:30 PM meetings on Tuesday, Wednesday, and Thursday.

Hilltoppers No Meetings when Church is Closed (Thursday, Nov. 26th and Friday, Nov. 27th)

The Hilltoppers Group does not have meetings on days when the church is closed for holidays – Thursday, November 26th and Friday, November 27th. Hilltoppers meets in First Methodist Church (900 S. Shoreline, Room 244). They have noon meetings Monday through Friday and a 5:30 PM meeting on Mondays.

Dorothy's Group No Meeting when Church is Closed (Thursday, November 26th)

Dorothy's Group does not have meetings on days when the church is closed for holidays – Thursday, November 26th. They meet in First Methodist Church (900 S. Shoreline, Room 241). They have a noon women's meeting on Thursdays.



Bender Bits & Pieces



Special Events

CBIA Trustee Election (Monday, October 26th in CC)

At its Quarterly Association Meeting on Monday, October 26th, the Coastal Bend Intergroup Association elected three new trustees to two year terms starting in January 2016. They are:

- Hud H. (*Beeville – Shepherd's Group*)
- Laurie H. (*CC – Flour Bluff Unity Group*)
- L.J.D. (*Falfurrias – 2nd Chance Group*).

Congratulations and thank you for your willingness to serve.

Victoria Unity Day (November 7th in Victoria) *

District 7 is holding its annual Unity Day event from 9:00 AM to 1:30 PM on Saturday, November 7th. This popular event will again be held at Grace Presbyterian Church (*3604 N. Ben Jordan in Victoria*). A workshop on The A.A. Group will be presented by James H., Cathy H., Denise T. and Pam J. (*See enclosed flier.*)

District 8D GSR Workshop (November 14th in CC) *

District 8D will host a General Service Representative Workshop at 3:15 PM on Saturday, November 14th at New Phoenix (*5433 S. Staples, Suite F, in Corpus Christi*). Area 68 Delegate James H. will facilitate. (*See enclosed flier.*)

District 15 GSR Workshop (November 21st in Port A) *

District 15 will host a General Service Representative workshop facilitated by Area 68 Alt. Delegate Denise T. at 3:15 PM on Saturday, November 21st at 2:00 PM at Trinity by the Sea Episcopal Church (*433 Trojan in Port Aransas*). (*See enclosed flier.*)

Cullen Mall Holiday Candlelight Gratitude Meeting (Wednesday, December 16th in CC) *

The Cullen Mall Group will host its annual Holiday Candlelight Gratitude Meeting at 8:00 PM on Wednesday, December 16th in the scout hut behind Parkway Presbyterian Church (*3707 Santa Fe at Brawner Parkway in Corpus Christi*). Arrive early to get a seat at this popular meeting. (*See enclosed flier.*)



Bender Bits & Pieces



Special Events *(Continued)*

2016 Coastal Bend Jamboree *(January 22nd – 24th 2016 in CC) **

After a year at the Holiday Inn Marina, the 62nd Coastal Bend Jamboree will return to the newly-renovated third floor of the Omni Bayfront Hotel. *(See enclosed flier for details.)*



Bender Bits & Pieces



Service Opportunities

2016 Coastal Bend Jamboree Committee (2nd Saturday of each Month in CC)

The 2016 Jamboree Committee meets at 9:30 AM on the 2nd Saturday of each month from now until the Jamboree (January 22nd – 24th, 2016) at the Alanos Cottage 1635 18th Street in Corpus Christi. Some service positions are still available.

Volunteers Needed to Carry the Message in Corrections Facilities

Volunteers are needed to carry the message to alcoholics in corrections facilities. You must be at least 18 years old and not been in trouble with the law (*arrested, incarcerated, pending, etc.*) for at least 18 months. In these situations, men work with men and women work with women.

SATF – Corpus Christi

- **Attend Meetings** to support separate men's and women's meetings at 8:00 PM on alternate Fridays. (*NA provides meetings every other Friday.*) (*New development: prior clearance is now required to attend meetings at SATF.*)
- **Activity Sponsors** take people to meetings once a week or so. (*Minimum one year sober and prior clearance.*)
- **Step Sponsors** work the steps with people. (*Minimum two years sober and prior clearance.*)

Avalon (Formerly Reality Ranch) – Corpus Christi

- **Attend Meetings** to support a men's meeting at 8:00 PM every Sunday. (*Prior clearance is required.*)

Live Oak County Jail – George West

- **Attend Meetings** to support a men's meeting at 7:00 PM every Wednesdays. (*Prior clearance is required.*)



Bender Bits & Pieces



Service Opportunities (Continued)

Volunteers Needed to Carry the Message in Corrections Facilities (Continued)

If you are interested in any of these service opportunities,

- Women should contact District 8D Corrections Chair Joyce T. (*Calallen Group*).
- Men should call CBIA Corrections Trustee Joe R. (*Alanos Group*) for facilities in Corpus Christi.
- Men should call Dist 8E Corrections Chair Jesse T. (*Choke Canyon Group*) for Live Oak County Jail.

Where clearance is required, provide Joyce or Joe or Jesse your full name, as it appears on your driver's license and your driver's license number and state at least a week prior to service. We cannot publish personal phone numbers or email addresses due to anonymity / media concerns. However, you can call the CBIA office (361) 992-8911 during business hours (*M-F 7:30 – 11:30 AM and 1:30 – 5:30 PM*)

Local Stories Wanted for the BENDER

Consider writing your recovery story or an article on an AA topic for publication in this newsletter. Submit your article to cbia@grandecom.net in a Word document or similar format.

Helpline / 12 Step List

The Helpline is staffed by volunteers who are making sure that the hand of AA is available 24 hours a day in the Coastal Bend area by answering the phones overnight (*5 PM to 8 AM*) and on weekends (*8 AM Saturday to 8 AM Sunday; or 8 AM Sunday to 8 AM Monday*). A minimum of six months sobriety is required to answer the phones. The helpline is pretty well staffed at present.

If someone needs help beyond meeting information, the helpline passes them to someone on the 12-Step List for a longer conversation and maybe a visit to discuss how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12-Step List. We can always use more people on the 12-Step List. We especially need people (*particularly women*) in the surrounding area (*like Beeville and Alice*). If you would like to be on the 12-Step List or on the Helpline, call Rob or Kelly at the CBIA Office (361) 992-8911 or (866) 672-7029.



Bender Bits & Pieces



District Meetings

District 7 (Saturday, November 21st in Schulenberg)

District 7's next meeting will be on Saturday, November 21st at 9:30 AM. There will be Service Manual Study at 9:00 AM. The meeting will be held at 901 Kallus in Schulenberg.

District 8C Next Meeting (Saturday, November 21st in Kingsville)

District 8C's next meeting will be on Saturday, November 21st at 1:30 PM. The meeting will be held at the Serenity Club (819 N. Third Street in Kingsville).

District 8D Next Meeting (Saturday November 14th in CC)

District 8D's next meeting will be at 2:00 PM on Saturday, November 14th at New Phoenix (5433 S. Staples, Suite F, in Corpus Christi). Area 68 SW Texas Delegate James H. will lead a GSR workshop following the meeting at 3:15.

District 8E Next Meeting (Saturday, November 21st in CC)

District 8E's next meeting will be at 2:00 PM on Saturday, November 21st at the 24 Hour Club (302 S. Brownlee at Laredo in Corpus Christi). District 8E has elected Daniel B. (New Life Group) DCM for a two-year term starting in January 2016.

District 15 Next Meeting (Saturday, November 21st in Port A.)

District 15's next meeting will be at 1:00 PM on Saturday, November 21st at Trinity by the Sea Episcopal Church (433 Trojan in Port Aransas). Area 68 SW Texas Delegate-Elect Denise T. will facilitate a GSR Workshop at 2:00 PM.



Bender Bits & Pieces



Group Changes

Humility Group Adds Step Study (8:00 PM on Wednesdays in CC)

The Humility Group has changed the format of its 8:00 PM Wednesday meeting to Step Study (SS). Humility meets at noon, 5:30 PM and 8:00 PM seven days a week at 2777D S. Staples at Annapolis (Bel Air Center). They also have 7:00 AM meetings on Saturday and Sunday and a 3:00 PM Women's meeting on Sundays.

Port Aransas Group Changes Meeting Times (7:00 PM Meetings Every Day in Port A.)

The Port Aransas Group has changed its daily meeting time from 8:00 PM to 7:00 PM. The group meets in the pavilion behind Trinity by the Sea Episcopal Church (433 Trojan in Port Aransas).

Eleventh Step Group Discontinues 10:00 AM Meeting on Thursdays (in CC)

The Eleventh Step Group has discontinued its 10:00 AM meeting on Thursdays. They continue to meet at 10:00 AM on Mondays at the Anchor Club (320 Anchor Street in Corpus Christi).



Bender Bits & Pieces



Save the Dates

*(Future Events - Fliers included for events flagged with an *.)*

Victoria Unity Day *(November 7th in Victoria) **

District 8D GSR Workshop *(November 14th in CC) **

District 15 GSR Workshop *(November 21st in Port A) **

Thanksgiving at Alanos *(Thursday, November 26th in CC) **

Cullen Mall Holiday Candlelight Gratitude Meeting *(Wednesday, Dec. 16th in CC) **

2016 Coastal Bend Jamboree *(January 22nd - 24th 2016 in CC) **

AA Meeting Schedules for Our Area

Current AA meeting schedules for areas serviced by the Coastal Bend Intergroup are attached:

- **AA Meetings in Corpus Christi ***
- **AA Meetings in CC Surrounding Area ***
- **AA Meetings in Victoria & Surrounding Area ***

Coastal BENDER Mission Statement

Our primary purpose is to carry the AA message to the still suffering alcoholic. A secondary purpose of The Bender is to keep the CBIA Area of South Texas informed as to the events, meeting changes, Board of Trustee actions / decisions, and other news of interest to AA's in the area. Finally, as a newsletter we provide a forum for the broad spectrum of views held by our members. Publication of any article submitted will be at the discretion of the Bender Editor as advised by the CBIA Board. A controversial subject, as long as it does not concern an outside issue and involves principles and not personalities, will be considered for publication. As a general guideline, any letter or article that is of interest to members of AA and in good taste is worthy of publication. However, an article or letter that advocates ignoring or violating the Traditions, Concepts, or General Service Conference actions will not be considered for publication. All decisions will be made under the direction of God as expressed through our group conscience.



James R.	Aransas Pass Group	11/06/2005	10 Years
Jim T.	District 15	11/05/2007	8 Years
Rob C.	Portland	11/06/2001	14 Years
Robert B.	Weber Nooners Group	11/07/1984	31 Years
Derek S.	Daily Reprieve Group	11/08/2003	12 Years
Sal	District 15	11/10/2003	12 Years
Patrick M.	District 15	11/12/1992	23 Years
Thad K.	District 15	11/14/2006	9 Years
Michael F.	Mountaintoppers	11/15/1984	30 Years
Loralei D.	New Women's Group	11/16/1984	30 Years
Craig H.	District 15	11/17/2005	9 Years
Ridge H.	Oso Group	11/17/1990	24 Years
Allan J.	Hilltoppers Group	11/18/1998	16 Years
Joe T.	Oso Group	11/23/1979	35 Years
John O.	Hilltoppers Group	11/23/1988	26 Years
Dee A.	District 15	11/23/1994	20 Years
Debi U.	Port Aransas Group	11/25/1990	24 Years
Jane B.	Just for Today Group	11/16/1982	32 Years
Becky L.	New Women's Group	11/26/1985	29 Years
Shane R.	District 15	11/29/2007	7 Years

Don't see your group's birthdays? For best results e-mail your birthday to CBIA at cbia@grandecom.net.

October 2015

	<u>OFFICE HOURS</u>	<u>Dist. 7</u>	<u>AFTER HOURS</u>	<u>YEAR TO DATE</u>
12 TH STEP CALLS	6	1	0/0	43/5
INFORMATIONAL CALLS	195	16	<i>After Hours only tracks 12th Step calls.</i>	

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held Monday November 9th at 6:00 PM in the CBIA Office (3833 S. Staples, Suite S-212).

CBIA Quarterly Association Meeting will be held Monday January 25th 2016 at 6:00 PM at All Saints Episcopal Church (3026 S. Staples in CC). Each group gets a vote at this meeting.

District Meetings

See Bits & Pieces section for information on district meetings in the Coastal Bend area:

- District 7** (Victoria Area)
- District 8C** (Kingsville - Alice Area)
- District 8D** (Corpus Christi Area)
- District 8E** (Corpus Christi Area)
- District 15** (Portland, Port A, AP, Rockport Area)

Group Announcements

New Phoenix Group Conscience is held the last Sunday of the month at 2:00PM. **Birthday Night** is first Saturday of the month at 8:00PM. **Potluck Supper** is second Saturday of the month at 7:00 PM. (5433 S. Staples, Suite F in The Boardwalk.)

Hilltoppers Group Conscience is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

Weber Road Nooners Group Conscience is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are celebrated the first Monday of each month at noon. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

Calallen Group Conscience is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthday Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

Flour Bluff Unity Group Conscience is held the 2nd Sunday of each month at noon. **Birthday Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthday Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

Turning Point Group Conscience is held the 1st Wednesday of each month. **Birthday Meeting** is last Saturday of the month.

Group Contributions		
GROUP NAME	Oct. 2015	YTD 2015
CC-Alanos		
Alice Group		
Anonymous/Individual Contribution	20.00	439.08
Aransas Pass Group		76.82
Beeville-Freedom Group		
Beeville-Hope Group		
Beeville-Serenity Group		
Beeville-Shepherd's Group		
CC-Bookmarks Group		43.00
CC-Calallen Group		
CC-Clean & Serene Group		
CC-Crosstown Group		
CC-Cullen Mall Group		420.00
CC-Daily Reprieve Group	100.00	100.00
CC-Day of AA		100.00
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's Place		
CC-Fifth Tradition Group		409.69
CC-Flour Bluff Unity Group		
CC-Friday Night Speaker Meeting		
CC-Hilltoppers Group		969.45
CC-Humility Group		
CC-Just for Today Group		
CC-Mountain Toppers		100.00
CC-Newcomers Meeting		
CC-New Life Group	25.00	85.00
CC-New Phoenix Group	36.00	302.00
CC-New Women's Group	49.27	706.59
CC-Oso Group	300.00	840.00
CC-Primary Purpose Group		
CC-Rodd Field Group		239.00
CC-Sunset 7 Group (N Padre Island)	84.95	558.55
CC-Turning Point Group		
CC-Weber Road Nooners Group	909.39	3,372.00
CC-Wenholz Women's Group		
District7	81.19	811.90
Falfurrias-2nd Chance Group	25.00	80.00
Goliad-Open Arms Group		90.00
Ingleside-Living Sober Group		
Karnes City-Mayfield Group		261.25
Kingsville-AL-K Group		
Mathis -Crossroads Group	80.00	140.00
Port Aransas -Port A Day Tripper's Group		
Port Aransas Group		400.00
Port Aransas-Serenity Sisters		10.00
Port Lavaca Group		74.01
Port O'Connor Group		100.00
Portland -Jaywalkers Group	150.00	150.00
Portland -Nueces Bay Group		
Riviera-SASTO Group		18.00
Robstown Group		
Rockport-Anything Goes Group		
Rockport-Happy Hour Group		120.00
Rockport-Fellowship Group		
Sandia Group	19.00	19.00
Sinton-Grupo Secunda Chanza		30.00
Skidmore Group		50.00
Three Rivers-Choke Canyon Group	25.00	100.00
Victoria-Back to Basics Group		451.00
Victoria-High Nooners Group		100.00
Victoria-Main Stream Group	25.00	200.00
Victoria-Men's Group		75.00
Victoria-Unity Group	75.00	75.00
Victoria-Women's Group		30.00
Yorktown Group	50.00	123.60
TOTAL	\$2,054.80	\$12,269.94

Coastal Bend Intergroup Association

Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list

whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Coastal Bend Intergroup Association

Services Provided

1. Maintains an office which is open Monday through Friday from 07:30AM to 11:30AM & 1:30PM to 05:30PM.
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12 Step listing and calls individuals for 12 Step work.
4. Provides an A.A. listing in the Telephone directory.
5. Provides a 24 hour volunteer phone answering during hours when the office is closed.
6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
8. Purchases and sales "CONFERENCE APPROVED" literature, and non-conference approved Anniversary Medallions, Sobriety Chips.
9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
11. Maintains service committees for service work in the Coastal Bend Area.