



THE BENDER

CBIA, 3833 S. Staples Suite S-212, Corpus Christi, TX 78411 (361) 992- 8911 or Toll Free 1 (866) 672-7029 www.cbiala.org

*"When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that I am responsible."**



The Community of Faith Church (6606 Weber Road Room 16 in Corpus Christi).

- The **Saratoga Group** has open discussion meetings at **12:00 Noon every weekday (Mondays thru Fridays)**.
- The **Lucky Ones Group** has a closed Big Book Study at 7:00 PM on Mondays and open discussion meetings at **7:00 PM on Tuesdays and Thursdays** in the same room.

Cunning & Baffling

One of the most frustrating things about alcoholism in me and in people I care about is that when things get better our disease tells us we can stop doing the very things that made our lives better.

I had a relatively high bottom. I had not lost my career or my relationship. I still had the real estate, the cars, etc. When I was three months sober, I had everything I came for:

- I had not craved a drink for a couple of months;
- My spouse was happy with me; and
- My boss was happy with me;

I thought, "I'm good. I've got this." Fortunately, I was working with a sponsor and going to enough meetings to see what happens to people who don't work with a sponsor and go to enough meetings. I had seen people pull away from the program and return to drinking (*and maybe using drugs*). People had been killed in drunk-driving accidents, died of drug overdoses, one died of acute alcoholism, and several people had just disappeared. It hit me that alcoholism is an incurable, progressive, killer disease and I have it.

I started having drunk dreams. I awoke from dreams which ended with me holding an empty glass with ice cubes smelling of Scotch and thinking "What have I done." My sponsor said "Drunk dreams are like a free fish. (*When they train seals every once in a while the trainer gives the seal a free fish.*) Drunk dreams let you see what a relapse would look like and feel like without having to pay the price of a relapse. Without having the cravings return."

My sponsor suggested I needed to push the envelope on how good I was willing to let my life get and that would take effort on my part. I buckled down and finished working the steps. I started doing more service work. I began attending an outpatient drug and alcohol treatment program.

As I approached my tenth anniversary I was dazzled by the idea of double-digit sobriety and having an entire decade sober. Fortunately, I didn't stop going to meetings, but I cut back on service work and stopped working the steps. The 9th Step Promises started drifting away. A friend who ran a treatment center in Connecticut told me about a study he'd read that suggested that people who relapse after 10 years have a very hard time getting sober again. My first thought was "Maybe I should drink now while the odds are better." Because I was still going to meetings and I told my sponsor and my home group what I was thinking, I could see how insane that idea was and I did not drink. When I got back into service work and resumed working the steps, the promises returned.

Around major milestones (*15, 20, 25 and 30 years*), because I go to a lot of meetings, I seem to hear about somebody who relapsed with about as much or more sobriety than I have. They had achieved the career of their dreams, found the love of their life, etc. They got complacent and cut back and pulled away. I have come to believe that the longer you have been sober, the harder it is to forgive yourself if you relapse and, hence, the harder it is to get sober and stay sober again.

~ Rob M. (2.24.1985) Weber Road Nooners Group, Corpus Christi, TX

MINUTES

CBIA BOARD OF TRUSTEE MEETING

September 12th 2016

I. OPENING: (6:00PM)

- **Ed** opened the meeting with a Moment of Silence followed by Serenity Prayer at 6:02 PM.
- **Jim** read the CBIA Mission Statement.
- **Les** read the General Warranties.
- **Hud** read the 12 Traditions.

II. ATTENDANCE:

- **Ed B.** (*Chair*), **Hud H.** (*Trustee*), **Jim W.** (*Trustee*), **Jimmy M.** (*Trustee*), **Les M.** (*Trustee*) and **Rob M.** (*Office Manager*) were present.
- **Harold B.** (*Financial Trustee*), **Laurie H.** (*Trustee*), and **Kelly J.** (*Asst Office Manager*) were not present.

III. MINUTES:

- Minutes of the Board Meeting of August 8th 2016 were reviewed.
- **Hud** moved to approve the minutes as read. **Jim** seconded. Motion carried.

IV. FINANCIAL REPORTS:

- **Rob** presented the **August 2016 Financial Report:**
 - **Balance Sheet:** Total CBIA funds as of August 31st were \$23,178.07; \$50.00 in Petty Cash; \$8,223.94 in Checking; \$12,602.14 in Prudent Reserve and \$2,301.99 in the Jamboree Account.
 - **Profit & Loss** for the month of August: Group & Individual Contributions \$1,153.96; Gross Sales (*Books, Chips & Medallions*) \$870.50 (*less Cost of Goods Sold \$593.93*); Gross Gain for the month was \$1,430.53; Total Expenses were \$2,687.74. Interest earned was \$0.32 for a Net Loss of \$1,257.21 for the month.
 - **Les** moved to approve the financial report as read. **Hud** seconded. Motion carried.

V. COMMITTEE REPORTS:

- **12th Step:** **Les** said he had nothing to report. It's all good.
- **Archives:** **Jim** said the next display of CBIA archives will be at the Jamboree in January.
- **Bilingual:** **Hud** said there was nothing new to report.
- **Coastal Bender:** **Ed** said the September BENDER looked good and went out on time.

- **Corrections/Treatment Facilities:** **Hud** said we are still supporting the same facilities. He is trying to get a meeting started at the Bee County Jail.
- **Jamboree:** **Jimmy** said he was not able to attend the Committee Meeting in September. He said the committee voted on a theme for the conference and are taking nominations for the local speaker.
- **Nominations:** **Jimmy** said that at our October Quarterly Meeting we will elect four trustees for two year terms starting in January. **Harold** and **Jim** are eligible to stand re-election to full terms and are expected to do so. **Peter** (*Hilltoppers*) and **Todd** (*New Phoenix*) have expressed an interest in running.
- **PI/CPC:** **Jim** said he attended the Area PI/CPC Convention in Victoria. 25 professionals attended the luncheon on Friday and the workshops were well attended.
- **Social:** **Laurie** was not present. **Rob** said the next committee meeting will be on Sunday September 25th at 2:00 PM at New Phoenix. The next event is the Halloween Dance on Saturday October 29th.

VI. OFFICE REPORT: **Rob** said another tenant in the building is closing their office and sold us a desk for \$500. (*They bought it new for \$2,100.*) Our accountant is treating it as a capital expense to be depreciated.

VII. OLD BUSINESS:

- None .

VIII. NEW BUSINESS:

- None.

IX. NEXT MEETING:

- Next CBIA Board of Trustees meeting will be on Monday October 10th at 6:00 PM in the CBIA Office.

X. NEXT QUARTERLY MEETING:

- Next CBIA Quarterly Association meeting is scheduled for 6:00 PM on Monday October 24th at All Saints Episcopal Church (*3026 S Staples*).

XI. CLOSING: Our Father.

- **Hud** moved to adjourn. **Les** seconded. Motion carried.
- **Ed** closed the meeting with prayer at 6:45 PM.

Respectfully submitted,

Rob Marek

Office Manager



Bender Bits & Pieces



Special Events

CBIA Trustee Election (*Monday, October 24th in CC*)

At its Quarterly Association Meeting on Monday, October 24th, the Coastal Bend Intergroup Association elected four new trustees to two year terms starting in January 2017. They are:

- **Harold B.** (*Weber Road Nooners Group*);
- **Jim W.** (*Victoria – Back to Basics Group*);
- **Jimmy V.** (*Goliad – Open Arms Group*); and
- **Todd P.** (*New Phoenix Group*).

Congratulations and thank you for your willingness to serve.

Victoria Unity Day (*November 5th in Victoria*) *

District 7 is holding its annual Unity Day event from 8:00 AM to 3:00 PM on Saturday, November 5th. This popular event will again be held at Grace Presbyterian Church (*3604 N. Ben Jordan in Victoria*). (*See attached flier for details.*)

District 15 PI/CPC Workshop (*Saturday, November 19th in Port A*)

District 15 is hosting a Public Information / Cooperation with the Professional Community Workshop presented by Area 68 PI/CPC Chair Larry L. at 2:00 PM on Saturday November 19th at Trinity by the Sea Episcopal Church (*433 Trojan in Port Aransas*).

Cullen Mall Holiday Candlelight Gratitude Meeting (*Wed., December 14th in CC*) *

The Cullen Mall Group will host its annual Holiday Candlelight Gratitude Meeting at 8:00 PM on Wednesday, December 14th in the scout hut behind Parkway Presbyterian Church (*3707 Santa Fe at Brawner Parkway in Corpus Christi*). Arrive early to get a seat at this popular meeting.



Bender Bits & Pieces



Special Events (Continued)

2017 Coastal Bend Jamboree (January 20th – 22nd in CC)

The 63rd Annual Coastal Bend Jamboree will be held January 20th – 22nd at the Omni Hotel (900 N. Shoreline Boulevard in Corpus Christi). This popular conference is the premier event each year in Coastal Bend Area AA and must not be missed. The hotel is offering a special conference rate of \$118 through December 29th with Group Code 14500812603. (See attached flier. Registration forms should be available after Thanksgiving and will be included with the December BENDER.)

Some of us who know we will be attending the Jamboree and have the funds are registering now. It would help with the Jamboree's cash flow if you can do that. It is now possible to register on-line via Pay Pal or a credit card at the Jamboree web site (www.cbjamboree.org)



Bender Bits & Pieces



Holiday Happenings

Thanksgiving at Alanos (Thursday, November 24th in CC)

The Alanos Group will have its annual Gratitude Meeting at the Alanos Cottage (1635 18th Street in Corpus Christi) at 11:00 AM on November 24th, with a meal afterwards. All are welcome.

Weber Nooners Holiday Meetings at 10:00 AM (Thursday, Nov. 24th and Friday, Nov. 25th)

The Weber Road Nooners Group will have 10:00 AM holiday meetings on Thursday, November 24th and Friday, November 25th in addition to the regularly scheduled noon meetings on those days and the regularly scheduled 5:30 PM meeting on Thursday. The Weber Road Nooners Group meets on the second floor of Travis Baptist Church (5802 Weber Road at Schanen).

Hilltoppers Will Not Meet on Thanksgiving Day or the Day After (November 24th – 25th)

First Methodist Church (900 S. Shoreline in CC) will be closed on Thanksgiving Day and the day after (November 24th – 25th) and Hilltoppers will not have any meetings those days. The regular meeting schedule will resume at noon on Monday, November 28th.

Dorothy's Group Will Not Meet on Thanksgiving Day (November 24th in CC)

Dorothy's Group, which also meets in First Methodist Church, will not meet on Thanksgiving Day (November 24th). The regular meeting schedule will resume on Thursday, December 1st.

CBIA Office Will Be Closed on Thanksgiving Day and the Day After (November 24th – 25th)

The Coastal Bend Intergroup Office will be closed on Thanksgiving Day and the day after (November 24th – 25th). Normal office hours will resume on Monday, November 28th. As usual, the Helpline Committee will answer the phones when the office is closed.



Service Opportunities

Volunteers Needed to Carry the Message in Corrections Facilities

Volunteers are needed to carry the message to alcoholics in corrections facilities. You must be at least 18 years old and not been in trouble with the law (*arrested, incarcerated, pending, etc.*) for at least 18 months.

SATF – Corpus Christi

- **Attend Meetings** to support separate men's and women's meetings at 8:00 PM on alternate Fridays. (*NA provides meetings every other Friday.*) (*New development: prior clearance is now required to attend meetings at SATF.*)
- **Activity Sponsors** take people to meetings once a week or so. (*Minimum one year sober and prior clearance.*)
- **Step Sponsors** work the steps with people. (*Minimum two years sober and prior clearance.*)

Avalon (Formerly Reality Ranch) – Corpus Christi

- **Attend Meetings** to support a men's meeting at 8:00 PM every Sunday. (*Prior clearance is required.*)

Live Oak County Jail – George West

- **Attend Meetings** to support a men's meeting at 7:00 PM every Wednesdays. (*Prior clearance is required.*)

If you are interested in any of these service opportunities, call the CBIA Office (361) 992-8911 during business hours (*M-F 7:30 – 11:30 AM and 1:30 – 5:30 PM*)

Where clearance is required, provide us your full name, as it appears on your driver's license and your driver's license number and state at least a week prior to service.

To volunteer in state prison facilities, you must complete a Department of Criminal Justice training session. This training is very helpful for people who volunteer in any corrections facility, but it is a prerequisite for state prisons. The training is offered in state facilities in Beeville and elsewhere. Call the phone number shown to reserve a seat. (*See attached flier for the full TDCJ training schedule and more information.*)



Bender Bits & Pieces



Service Opportunities (Continued)

Helpline / 12 Step List

The Helpline is staffed by volunteers who are making sure that the hand of AA is available 24 hours a day in the Coastal Bend area by answering the phones overnight (5 PM to 8 AM) and on weekends (8 AM Saturday to 8 AM Sunday; or 8 AM Sunday to 8 AM Monday). A minimum of six months sobriety is required to answer the phones. The helpline is pretty well staffed at present.

If someone needs help beyond meeting information, the helpline passes them to someone on the 12-Step List for a longer conversation and maybe a visit to discuss how to get sober and stay sober. A minimum of two years sobriety is required to be on the 12-Step List. We can always use more people on the 12-Step List. We especially need people (*particularly women*) in the surrounding area (*like Beeville and Alice*). If you would like to be on the 12-Step List or on the Helpline, call Rob or Kelly at the CBIA Office (361) 992-8911 or (866) 672-7029.



Bender Bits & Pieces



District Meetings

District 7 (Saturday, November 19th in Victoria)

District 7's next meeting will be on Saturday, November 19th at 9:00 AM St. Francis Episcopal Church (3002 Miori Lane in Victoria).

District 8C Next Meeting (Saturday, November 19th in Kingsville)

District 8C's next meeting will be on Saturday, November 19th at 1:30 PM at the Serenity Club (819 N. Third Street in Kingsville).

District 8D Next Meeting (Saturday November 19th in CC)

District 8D's next meeting will be at 2:00 PM on Saturday, November 19th at New Phoenix (5433 S. Staples, Suite F, in Corpus Christi).

District 8E (Saturday, November 5th in CC)

District 8E will meet at 1:30 PM on Saturday, November 5th at the 24 Hour Club (302 S Brownlee at Laredo in Corpus Christi).

District 15 Next Meeting (Saturday, November 19th in Port A)

District 15's next meeting will be at 1:00 PM on Saturday, November 19th at Trinity by the Sea Episcopal Church (433 Trojan in Port Aransas). There will be a Public Information / Cooperation with the Professional Community Workshop presented by Area 68 PI/CPC Chair Larry L. at 2:00 PM in the same venue.



Bender Bits & Pieces



Meetings Changes

Port Aransas Group Meeting Times Change from 8:00 PM to 7:00 PM (Daily in Port A)

The daily meetings of the Port Aransas Group will be at 7:00 PM instead of 8:00 PM starting on Sunday, November 6th (*when Daylight Savings Time ends*). This does not affect the potluck speaker meeting on the third Saturday of the month (*Potluck at 7:00 PM; Speaker at 8:00 PM.*). The Port Aransas Group meets daily at Trinity by the Sea Episcopal Church (*433 Trojan in Port Aransas*).



Bender Bits & Pieces



Addresses for Group Contributions for 2016-2018

Coastal Bend Intergroup (Suggested 50% *)

CBIA

3833 S. Staples Suite S-212
Corpus Christi, TX 78411

Districts (Suggested 10% *)

District 7 Treasurer

P.O. Box 5324
Victoria, TX 77903

District 8C Treasurer

P.O. Box 821
Kingsville, TX 78364

District 8D Treasurer

P.O. Box 61135
Corpus Christi, TX 78466

District 8E Treasurer

5413 Timbergate Dr.
Corpus Christi, TX 78413

District 15 Treasurer

2441 Oak Lane
Aransas Pass, TX 78336

Area 68 Southwest Texas (Suggested 10% *)

SWTA 68 Treasurer

P.O. Box 720651
McAllen, TX 78504

General Service Office (Suggested 30% *)

GSO

P.O. Box 459
New York, NY 10163-0459

“* Suggested percentages are from AA Pamphlet F-3, **SELF-SUPPORT: Where Money and Spirituality Mix** (Available on our web site: cbiaa.org under DONATE). Group Contributions are always at the discretion of the group conscience.



Bender Bits & Pieces



Save the Dates

*(Future Events - Fliers included for events flagged with an *.)*

Victoria Unity Day *(November 5th in Victoria) **

District 15 PI/CPC Workshop *(Saturday, November 19th in Port A)*

Cullen Mall Holiday Candlelight Gratitude Meeting *(Wednesday December 14th in CC) **

2017 Coastal Bend Jamboree *(January 20th – 22nd 2017 in Corpus Christi) **

2017 SW Texas Area 68 Corrections Conference *(February 3rd – 5th in San Antonio) **

AA Meeting Schedules for Our Area

Current AA meeting schedules for areas serviced by the Coastal Bend Intergroup are attached:

- **AA Meetings in Corpus Christi ***
- **AA Meetings in CC Surrounding Area ***
- **AA Meetings in Victoria & Surrounding Area ***

Coastal BENDER Mission Statement

Our primary purpose is to carry the AA message to the still suffering alcoholic. A secondary purpose of The Bender is to keep the CBIA Area of South Texas informed as to the events, meeting changes, Board of Trustee actions / decisions, and other news of interest to AA's in the area. Finally, as a newsletter we provide a forum for the broad spectrum of views held by our members. Publication of any article submitted will be at the discretion of the Bender Editor as advised by the CBIA Board. A controversial subject, as long as it does not concern an outside issue and involves principles and not personalities, will be considered for publication. As a general guideline, any letter or article that is of interest to members of AA and in good taste is worthy of publication. However, an article or letter that advocates ignoring or violating the Traditions, Concepts, or General Service Conference actions will not be considered for publication. All decisions will be made under the direction of God as expressed through our group conscience.



James R.	Aransas Pass Group	11/06/2005	11 Years
Jim T.	District 15	11/05/2007	9 Years
Rob C.	Portland	11/06/2001	15 Years
Robert B.	Weber Nooners Group	11/07/1984	32 Years
Derek S.	New Phoenix Group	11/08/2003	13 Years
Sal	District 15	11/10/2003	13 Years
Patrick M.	District 15	11/12/1992	24 Years
Thad K.	District 15	11/14/2006	10 Years
Loralei D.	New Women's Group	11/16/1984	32 Years
Craig H.	District 15	11/17/2005	11 Years
Ridge H.	Weber Nooners Group	11/17/1990	26 Years
Allan J.	Hilltoppers Group	11/18/1998	18 Years
Joe T.	Oso Group	11/23/1979	37 Years
John O.	Hilltoppers Group	11/23/1988	28 Years
Dee A.	District 15	11/23/1994	22 Years
Becky L.	New Women's Group	11/26/1985	31 Years
Shane R.	District 15	11/29/2007	9 Years

Don't see your group's birthdays? For best results e-mail your birthday to CBIA at cbia@grandecom.net.

October 2016

	<u>OFFICE HOURS/Dist. 7</u>	<u>AFTER HOURS</u>	<u>YEAR TO DATE</u>
12 TH STEP CALLS	3 0	0/0	42/3
INFORMATIONAL CALLS	115 10	<i>After Hours only tracks 12th Step calls.</i>	

Intergroup Meetings

CBIA Board of Trustees Monthly Meeting will be held Monday November 14th at 6:00 PM in the CBIA Office (3833 S. Staples, Suite S-212).

CBIA Quarterly Association Meeting will be held Monday January 30th 2016 at 6:00 PM at All Saints Episcopal Church (3026 S. Staples in CC). Each group gets a vote at this meeting.

District Meetings

See Bits & Pieces section for information on district meetings in the Coastal Bend area:

- District 7** (Victoria Area)
- District 8C** (Kingsville - Alice Area)
- District 8D** (Corpus Christi Area)
- District 8E** (Corpus Christi Area)
- District 15** (Portland, Port A, AP, Rockport Area)

Group Announcements

New Phoenix Group Conscience is held the last Sunday of the month at 2:00PM. **Birthdays Night** is first Saturday of the month at 8:00PM. **Potluck Supper** is second Saturday of the month at 7:00 PM. (5433 S. Staples, Suite F in The Boardwalk.)

Hilltoppers Group Conscience is the 1st Tuesday of the month following the Noon meeting. (First United Methodist Church, 900 S. Shoreline Dr., Room 244)

Weber Road Nooners Group Conscience is held the 1st Saturday of each Quarter (Jan/Apr/Jul/Oct) following the 10:00AM meeting. **Birthdays** are celebrated the first Monday of each month at noon. (Travis Baptist Church, 5802 Weber Road at Schanen, park in rear, meeting upstairs.)

Calallen Group Conscience is held the 3rd Wednesday of each month following the 6:30PM meeting. **Birthdays Night** is the 1st Saturday of the month. (Potluck at 6:30PM, Meeting at 8:00PM). (Pass it on Club, 11425 Leopard (Hilltop).

Flour Bluff Unity Group Conscience is held the 2nd Sunday of each month at noon. **Birthdays Night** is the 1st Saturday of the month with **Potluck Supper** at 7:00 PM and **Birthdays Meeting** at 8:00PM at The Anchor Club (320 Anchor St. in CC).

Turning Point Group Conscience is held the 1st Wednesday of each month. **Birthdays Meeting** is last Saturday of the month.

Group Contributions		
GROUP NAME	Oct. 2016	YTD 2016
Alice Group		
Anonymous/Individual Contribution	3.00	112.84
Aransas Pass Group		38.00
Beeville-Freedom Group		
Beeville-Hope Group		
Beeville-Serenity Group		
Beeville-Shepherd's Group		
CC-Alanos		
CC-Bookmarks Group		40.00
CC-Calallen Group		470.30
CC-Clean & Serene Group		
CC-Crosstown Group		
CC-Cullen Mall Group		380.00
CC-Daily Reprieve Group		42.33
CC-Day of AA		100.00
CC-Early Morning Fellowship		
CC-Fellowship Group at Charlie's Place		
CC-Fifth Tradition Group		
CC-Flour Bluff Unity Group		
CC-Happy Hour Meeting		87.79
CC-Hilltoppers Group		
CC-Humility Group		
CC-Just for Today Group		
CC-Mountain Toppers		150.00
CC-Newcomers Meeting		
CC-New Life Group		60.00
CC-New Phoenix Group	28.00	347.28
CC-New Women's Group	76.89	753.83
CC-Oso Group		728.93
CC-Primary Purpose Group		
CC-Rodd Field Group		150.00
CC-Sunset 7 Group (N Padre Island)		640.49
CC-Turning Point Group		
CC-Weber Road Nooners Group	1,300.00	3349.97
CC-Wenholz Women's Group		
CC-Young & Restless (Final Distribution)		163.00
District7	243.57	730.71
Falfurrias-2nd Chance Group	30.00	115.00
Goliad-Open Arms Group		143.43
Ingleside-Living Sober Group		
Karnes City-Mayfield Group		122.00
Kingsville-AL-K Group		
Mathis -Crossroads Group	61.00	111.00
Port Aransas -Port A Day Tripper's Group		
Port Aransas Group		300.00
Port Aransas-Serenity Sisters		10.00
Port Lavaca Group	35.00	107.63
Port O'Connor Group		
Portland -Jaywalkers Group	325.00	510.00
Portland -Nueces Bay Group		
Riviera-SASTO Group		144.00
Robstown Group		
Rockport-Anything Goes Group		166.00
Rockport-Happy Hour Group		120.00
Rockport-Fellowship Group		302.44
Sandia Group		
Schulenburg Group		87.00
Sinton-Grupo Segunda Chanza		
Skidmore Group		
Three Rivers-Choke Canyon Group		50.00
Victoria-Back to Basics Group		849.66
Victoria-For Sinners Only Group		250.00
Victoria-High Nooners Group		100.00
Victoria-Main Stream Group	25.00	75.00
Victoria-Men's Group		65.00
Victoria-Unity Group		20.00
Victoria-Women's Group	15.00	40.00
Yorktown Group	30.80	88.80
TOTAL	\$2,173.26	\$12,122.83

Coastal Bend Intergroup Association

Mission Statement

The mission of the Coastal Bend Intergroup Association is to provide the vital first contact to the alcoholic seeking help. The CBIA office must be maintained for the benefit of those still suffering. Of primary importance to this goal, the CBIA Office is to

- Establish a 24-hour help-line;
- Print meeting schedules; and
- Maintain a 12-Step list

whereby AA groups and individuals are enabled to conduct 12-Step calls which are essential to the growth of AA in the Coastal Bend area.

Coastal Bend Intergroup Association

Services Provided

1. Maintains an office which is open Monday through Friday from 7:30 to 11:30AM and 1:30 to 5:30PM.
2. Provides information and referrals for A.A. inquiries.
3. Maintains a 12 Step listing and calls individuals for 12 Step work.
4. Provides an A.A. listing in the Telephone directory.
5. Provides a 24 hour volunteer phone answering during hours when the office is closed.
6. Publishes meeting schedules of all groups in the Coastal Bend Area at no charge.
7. Publishes a monthly newsletter, the "Coastal Bender", to keep A.A. members informed of local A.A. affairs and special events.
8. Purchases and sales "CONFERENCE APPROVED" literature, and non-conference approved Anniversary Medallions, Sobriety Chips.
9. Conducts monthly Trustee meetings. All members of Alcoholics Anonymous are welcome at these meetings and Group Input is essential.
10. Conducts Quarterly Meetings to keep groups apprised of Intergroup activities, and to seek group participation in CBIA affairs.
11. Maintains service committees for service work in the Coastal Bend Area.